

Frozen Foot Races February

Race Date
February 18, 2024

Overall Finish List

5K

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Doug Wingate	Elizabethtown PA	980	38	M	1: Open	18:15.8	5:53/M
2	Bob Porambo	Elizabethtown PA	919	43	M	1: Masters	19:17.3	6:13/M
3	Jeffrey Slade	New Cumberland PA	938	38	M	1: 35-39	19:21.7	6:15/M
4	Kyle Daily	Elizabethtown PA	839	44	M	1: 40-44	19:55.0	6:25/M
5	William Rummel	York PA	929	38	M	2: 35-39	19:58.1	6:26/M
6	Scott Susten	Ephrata PA	979	49	M	1: 45-49	20:00.3	6:27/M
7	Daniel Loizeaux	Bainbridge PA	891	42	M	2: 40-44	20:39.9	6:40/M
8	Declan Barber	Mount Joy PA	813	26	M	1: 25-29	21:19.8	6:53/M
9	Conrad Heisey	Elizabethtown PA	872	33	M	1: 30-34	21:34.3	6:58/M
10	Seth Manning	Mount Joy PA	898	13	M	1: 1-14	21:36.9	6:58/M
11	Mark Stoltzfus	Ephrata PA	946	50	M	1: 50-54	22:04.9	7:07/M
12	Jenn Fisher	Middletown PA	852	44	F	1: Open	22:14.6	7:11/M
13	Don Morrison	Coatesville PA	976	73	M	1: 70-74	22:34.0	7:17/M
14	Jonathan Croft	Hummelstown PA	836	38	M	3: 35-39	22:42.7	7:20/M
15	Cathy Ginder	Millersville PA	859	37	F	1: 35-39	22:47.6	7:21/M
16	Mitchell Bitner	Elizabethtown PA	821	27	M	2: 25-29	22:54.8	7:24/M
17	Claire Sahd	Lancaster PA	930	14	F	1: 1-14	23:08.6	7:28/M
18	Abigail Reed	Marietta PA	925	14	F	2: 1-14	23:11.3	7:29/M
19	Riley Myers	Lewistown PA	906	20	M	1: 20-24	23:14.8	7:30/M
20	Brenda Daily	Elizabethtown PA	838	40	F	1: Masters	23:16.3	7:30/M
21	Lena Glick	Lancaster PA	862	14	F	3: 1-14	23:34.9	7:36/M
22	Tim Haak	Elizabethtown PA	867	43	M	3: 40-44	23:38.8	7:38/M
23	Christina Kline	Lititz PA	880	37	F	2: 35-39	24:15.1	7:49/M
24	Lou Starzl	East Petersburg PA	944	47	M	2: 45-49	24:16.6	7:50/M
25	Jodi Olympia	Hummelstown PA	913	52	F	1: 50-54	24:31.2	7:55/M
26	Carrie Booth	East Petersburg PA	822	44	F	1: 40-44	24:35.4	7:56/M
27	Trent Wenger	Lancaster PA	963	21	M	2: 20-24	24:52.0	8:01/M
28	Jeffrey Pierdon		993	14	M	2: 1-14	25:05.8	8:06/M
29	Joyce Loizeaux	Elizabethtown PA	892	42	F	2: 40-44	25:22.8	8:11/M
30	Jeffrey Stouch	Mount Joy PA	983	64	M	1: 60-64	25:23.3	8:11/M
31	Jennica Wenger	Lancaster PA	962	21	F	1: 20-24	25:47.0	8:19/M
32	Karin Laszakovits	Elizabethtown PA	886	48	F	1: 45-49	25:47.9	8:19/M
33	Joel Valvo	Palmyra PA	956	46	M	3: 45-49	26:15.5	8:28/M
34	Julia Ernst	East Petersburg PA	847	14	F	4: 1-14	26:16.1	8:28/M
35	Ashley Griesemer	Reinholds PA	865	37	F	3: 35-39	26:40.0	8:36/M
36	Ezekiel Ginder	Millersville PA	860	15	M	1: 15-19	26:41.5	8:37/M
37	Evelyn Carroll	Lancaster PA	830	15	F	1: 15-19	26:54.7	8:41/M
38	Courtland Howard	Red Lion PA	874	68	M	1: 65-69	27:01.1	8:43/M
39	Andrew Carroll	Lancaster PA	829	51	M	2: 50-54	27:06.6	8:45/M
40	Erica Baer	Lancaster PA	812	43	F	3: 40-44	27:09.5	8:46/M
41	Jean Kilheffer Hess	Columbia PA	878	49	F	2: 45-49	27:22.2	8:50/M
42	Dan Witmer	East Petersburg PA	982	45	M	4: 45-49	27:24.6	8:51/M
43	Donna Vasiloff	New Cumberland PA	957	50	F	2: 50-54	27:30.2	8:52/M
44	Matthew Yorty		987	49	M	5: 45-49	27:33.1	8:53/M
45	Michael Ungemach	Ephrata PA	954	40	M	4: 40-44	27:44.1	8:57/M
46	Nicole Hart	Boiling Springs PA	870	53	F	3: 50-54	28:04.0	9:03/M
47	Fred Cramer	Camp Hill PA	835	62	M	2: 60-64	28:21.3	9:09/M

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48	Matthew Carter	Lititz PA	831	31	M	2: 30-34	28:31.2	9:12/M
49	Michelle Ungemach	Ephrata PA	955	47	F	3: 45-49	29:01.3	9:22/M
50	Jenn O'Donnell	Mechanicsburg PA	909	47	F	4: 45-49	29:06.0	9:23/M
51	Dalton Leash	York PA	887	27	M	3: 25-29	29:11.0	9:25/M
52	Wallace Rejrat	Palmyra PA	926	38	M	4: 35-39	29:20.8	9:28/M
53	Pamela Formica	Lititz PA	853	56	F	1: 55-59	29:32.0	9:32/M
54	Paul Schmidt	Elizabethtown PA	932	37	M	5: 35-39	29:53.0	9:38/M
55	Josie Spayd		994	17	F	2: 15-19	30:00.7	9:41/M
56	Ed Spayd		995	50	M	3: 50-54	30:00.7	9:41/M
57	Kaitlyn Ream	Washington Boro PA	924	18	F	3: 15-19	30:08.3	9:43/M
58	Shane Neiffer	Pottstown PA	907	38	F	4: 35-39	30:08.7	9:43/M
59	Alexander Krieger	Mount Joy PA	882	32	M	3: 30-34	30:42.4	9:54/M
60	Lydia Mellinger	Lancaster PA	901	33	F	1: 30-34	30:44.5	9:55/M
61	Carter Kline		992	11	M	3: 1-14	30:50.3	9:57/M
62	William Krieger	Mount Joy PA	883	63	M	3: 60-64	30:53.9	9:58/M
63	Monique Dykman	Lancaster PA	846	31	F	2: 30-34	31:00.5	10:00/M
64	Jodi Myers	Lewistown PA	905	51	F	4: 50-54	31:04.3	10:01/M
65	Patrick Mitchell	Grantville PA	903	50	M	4: 50-54	31:26.2	10:08/M
66	Brad Westhafer	Mechanicsburg PA	966	72	M	2: 70-74	31:38.8	10:13/M
67	Laurel Kratz		990	58	F	2: 55-59	31:47.4	10:15/M
68	Janet Wendler	Lancaster PA	961	74	F	1: 70-74	31:56.1	10:18/M
69	Connie Buckwalter	Lititz PA	826	53	F	5: 50-54	32:07.9	10:22/M
70	Anya Goldina	Elizabethtown PA	863	43	F	4: 40-44	32:48.9	10:35/M
71	Lillian Kohler	East Petersburg PA	988	12	F	5: 1-14	33:01.0	10:39/M
72	Jacob Pierdon	Bainbridge PA	917	9	M	4: 1-14	33:17.6	10:44/M
73	Meghann Pierdon	Bainbridge PA	918	44	F	5: 40-44	33:18.0	10:45/M
74	James Richards	Harrisburg PA	928	47	M	6: 45-49	33:24.0	10:46/M
75	Anna Stephenson	Elizabethtown PA	977	35	F	5: 35-39	33:25.3	10:47/M
76	Erin Hodos	Elizabethtown PA	873	37	F	6: 35-39	33:27.7	10:48/M
77	Fred Kohler	Lancaster PA	981	70	M	3: 70-74	33:32.1	10:49/M
78	Rebecca Gottshall	Columbia PA	864	53	F	6: 50-54	33:46.6	10:54/M
79	Edward Beck	Harrisburg PA	815	60	M	4: 60-64	34:06.0	11:00/M
80	Frances Weyer	Mechanicsburg PA	968	33	F	3: 30-34	34:33.8	11:09/M
81	Heather Gebhart	Elizabethtown PA	857	39	F	7: 35-39	34:53.1	11:15/M
82	Alison Grobengieser	Hummelstown PA	986	23	F	2: 20-24	34:58.4	11:17/M
83	Kimberly Hays	Hershey PA	871	40	F	6: 40-44	35:18.7	11:23/M
84	Rose Ward	Columbia PA	958	72	F	2: 70-74	35:21.0	11:24/M
85	Sophia Yorty	Annville PA	973	11	F	6: 1-14	35:26.2	11:26/M
86	James Nesbitt	Elizabethtown PA	908	49	M	7: 45-49	35:48.2	11:33/M
87	Stephanie Mader	Harrisburg PA	897	47	F	5: 45-49	35:58.3	11:36/M
88	Joanie Miller	Hummelstown PA	985	26	F	1: 25-29	36:23.9	11:44/M
89	Matthew Stoltzfus	Bird In Hand PA	947	40	M	5: 40-44	36:41.4	11:50/M
90	Karl Smith	Manheimmanhiem	943	53	M	5: 50-54	36:58.1	11:56/M
91	Loretta Whitcraft	New Holland PA	969	51	F	7: 50-54	37:03.6	11:57/M
92	Alice Bierly	Elizabethtown PA	820	14	F	7: 1-14	37:09.7	11:59/M
93	Emily Addams	Elizabethtown PA	808	15	F	4: 15-19	37:09.7	11:59/M
94	Brian Frey	Ephrata PA	854	52	M	6: 50-54	37:15.5	12:01/M

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95	Trish Labonte	Newark DE	885	38	F	8: 35-39	37:43.4	12:10/M
96	Christy Smith	Newark DE	941	36	F	9: 35-39	37:44.0	12:10/M
97	Hal Darr	York PA	840	76	M	1: 75-79	37:57.6	12:15/M
98	Jill Breneman	Mt Joy PA	825	45	F	6: 45-49	37:59.8	12:15/M
99	Pamela Szajnuik	Enola PA	950	58	F	3: 55-59	38:07.9	12:18/M
100	Erica Zinkan		998	63	F	1: 60-64	38:25.8	12:24/M
101	Becky Smith	Elizabethtown PA	940	46	F	7: 45-49	38:40.2	12:28/M
102	Tonya Beck	Manheim PA	817	53	F	8: 50-54	38:47.1	12:31/M
103	Susan Truxal	Lancaster PA	953	72	F	3: 70-74	39:11.7	12:39/M
104	Connie Wertz	Mechanicsburg PA	964	58	F	4: 55-59	39:44.5	12:49/M
105	Christopher Booth	Millersville	823	50	M	7: 50-54	40:04.2	12:56/M
106	Stacy Karli	Elizabethtown PA	876	47	F	8: 45-49	40:15.7	12:59/M
107	Carin Schrum	Hummelstown PA	933	56	F	5: 55-59	40:26.3	13:03/M
108	Jodi Groff	Lancaster PA	866	49	F	9: 45-49	40:34.6	13:05/M
109	Olivia Davies	Landisville PA	841	13	F	8: 1-14	40:45.2	13:09/M
110	David Palya	Lancaster PA	915	60	M	5: 60-64	41:12.6	13:18/M
111	Melissa Batula	Jonestown PA	814	55	F	6: 55-59	41:38.4	13:26/M
112	Carrie Bornmann	Elizabethtown PA	824	53	F	9: 50-54	41:38.9	13:26/M
113	Debra Vanek	Mount Joy PA	984	66	F	1: 65-69	43:34.1	14:03/M
114	Mark Bellavia	Lancaster PA	818	63	M	6: 60-64	43:57.1	14:11/M
115	Gretchen Berkheimer	Marietta PA	819	48	F	10: 45-49	44:09.9	14:15/M
116	Judy Anttonen	Millersville PA	809	82	F	1: 80-99	45:18.9	14:37/M
117	Sherry Quickel	Elizabethtown PA	922	44	F	7: 40-44	45:37.9	14:43/M
118	Amy Addams	Elizabethtown PA	807	58	F	7: 55-59	46:30.1	15:00/M
119	James Fulkerson	Lancaster PA	855	66	M	2: 65-69	46:30.3	15:00/M
120	Jennifer Fields	York PA	850	45	F	11: 45-49	46:30.5	15:00/M
121	Daniel Kenny	Elizabethtown PA	877	47	M	8: 45-49	46:31.0	15:00/M
122	Justin Repsch	Elizabethtown PA	927	49	M	9: 45-49	46:47.6	15:06/M
123	Marlene Cosner	Harrisburg PA	834	63	F	2: 60-64	46:53.3	15:08/M
124	Morgan Ash	Denver PA	810	33	M	4: 30-34	47:42.9	15:24/M
125	Michelle Cave	Bernville PA	832	31	F	4: 30-34	47:46.3	15:25/M
126	Sharyn McHenry	Grantville PA	899	69	F	2: 65-69	48:12.5	15:33/M
127	Nannette Handley	Mechanicsburg PA	869	64	F	3: 60-64	48:20.5	15:36/M
128	Teresa Ernst	Lancaster PA	848	74	F	4: 70-74	52:42.7	17:00/M