

Race Date
March 17, 2024

2024 Frozen Foot Races March
Age Group Results

10K

Female Open Winners

Place	Name	Bib No	Age	Pos	5K Split		Finish			-----Total-----		
					Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	Katelyn Wolf	171	33	1	30:28.1	9:46/M	1	32:58.0	10:12/M	1:03:26.1	1:03:26.1	10:12/M

Male Open Winners

Place	Name	Bib No	Age	Pos	5K Split		Finish			-----Total-----		
					Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	Travis Luckenbaugh	97	39	1	19:17.3	6:10/M	1	20:41.6	6:25/M	39:59.0	39:59.0	6:25/M

Female Masters Winners

Place	Name	Bib No	Age	Pos	5K Split		Finish			-----Total-----		
					Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	Andrea Stonebraker	148	46	1	30:45.8	9:50/M	1	31:55.1	10:04/M	1:02:41.0	1:02:41.0	10:04/M

Male Masters Winners

Place	Name	Bib No	Age	Pos	5K Split		Finish			-----Total-----		
					Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	Chris Fisher	49	47	1	21:28.9	6:55/M	1	21:29.6	6:56/M	42:58.5	42:58.5	6:56/M

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Male 30 to 34

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	* Cameron Loula	96	30	1	22:58.5	7:25/M	1	24:21.7	7:38/M	47:20.2	47:25.4	7:38/M
2	* Adam Swartz	151	31	2	25:30.8	8:14/M	2	26:09.5	8:20/M	51:40.3	51:57.3	8:20/M
3	* Garret Olson	115	33	3	26:21.0	8:30/M	3	28:02.7	8:46/M	54:23.7	54:28.9	8:46/M

Male 35 to 39

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	* James Hammer	67	38	1	25:15.2	8:09/M	1	27:52.7	8:34/M	53:08.0	53:14.0	8:34/M
2	* Adam Dienner	42	37	2	33:11.4	10:42/M	2	33:06.3	10:42/M	1:06:17.7	1:06:27.5	10:42/M

Female 40 to 44

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	* Gina Barnak	9	40	1	33:31.1	10:49/M	1	34:39.5	11:00/M	1:08:10.6	1:08:22.4	11:00/M

Male 40 to 44

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	* Brian Kohler	175	42	1	20:42.2	6:41/M	1	22:36.2	6:59/M	43:18.4	43:28.8	6:59/M

Female 45 to 49

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	* Lori Klein	82	49	2	34:30.7	11:08/M	1	33:06.9	10:54/M	1:07:37.7	1:08:02.5	10:54/M
2	* Stephanie Yorty	172	48	1	33:31.2	10:49/M	2	34:39.2	11:00/M	1:08:10.5	1:08:22.2	11:00/M

Male 45 to 49

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	* Joshua Losito	95	48	1	21:43.9	7:01/M	1	22:26.9	7:08/M	44:10.8	44:16.6	7:08/M

Female 50 to 54

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1	* Jodi Stauffer	147	50	2	31:09.2	10:03/M	1	33:06.0	10:22/M	1:04:15.2	1:04:21.8	10:22/M

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Male 50 to 54

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1 *	Curt Sisco	140	53	1	27:05.0	8:44/M	1	27:26.3	8:48/M	54:31.3	54:47.4	8:48/M

Female 55 to 59

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1 *	Renee Dipilla	43	58	1	31:30.6	10:10/M	1	33:10.8	10:26/M	1:04:41.4	1:04:46.3	10:26/M

Female 60 to 64

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1 *	Donna Ornosky	117	61	1	32:05.2	10:21/M	1	32:41.4	10:27/M	1:04:46.6	1:05:02.4	10:27/M

Male 60 to 64

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1 *	Tim Shenk	138	60	1	28:59.8	9:21/M	1	30:33.9	9:36/M	59:33.7	59:49.2	9:36/M

Male 65 to 69

Place	Name	Bib No	Age	5K Split		Finish		-----Total-----				
				Pos	Time	Pace	Pos	Time	Pace	Chip Time	Gun Time	Pace
1 *	Richard Sievers	139	65	1	24:39.0	7:57/M	1	26:05.7	8:11/M	50:44.7	50:54.3	8:11/M
2 *	Nicholas Bybel , Jr	25	65	2	30:53.4	9:58/M	2	32:44.8	10:16/M	1:03:38.3	1:03:53.7	10:16/M
3 *	Dave McSherry	105	68	3	32:13.9	10:24/M	3	31:24.6	10:16/M	1:03:38.6	1:03:57.0	10:16/M