

Race Date  
September 09, 2023

# Sasquatch Preservation Trail Run 2023

## Age Group Results

### 5K

#### Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sherry Stick	Sykesville MD	45	261	3	22:34.4	7:17/M
2	Angela Coco	York PA	29	42	9	24:55.3	8:02/M
3	Brianna Mink	York PA	12	193	12	25:10.9	8:07/M

#### Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Micah Brydon	Maytown PA	16	31	1	19:51.0	6:24/M
2	William Edwards	Camp Hill PA	29	64	2	20:42.0	6:41/M
3	Jonathan Gable	York PA	45	85	4	22:46.9	7:21/M

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### 5K

#### Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Brooke Mink	York PA	12	194	15	25:19.3	8:10/M
2	* June Rebert	York PA	11	221	20	25:42.3	8:18/M
3	* Magdalena Rayburn	York PA	13	217	22	25:47.2	8:19/M
4	Willow Dean	Seven Valleys PA	11	51	40	28:14.7	9:07/M
5	Millie Sweitzer	Red Lion PA	9	266	49	29:27.3	9:30/M
6	Isabelle Gable	York PA	12	83	108	37:44.1	12:10/M
7	Lily Steelman	Seven Valleys PA	12	256	124	39:45.6	12:50/M
8	Remington Locke	Shade Gap PA	10	160	133	41:51.1	13:30/M
9	Anya Rayburn	York PA	10	215	149	43:47.4	14:08/M
10	Catherine Savoie	Jacobus PA	10	240	153	44:22.0	14:19/M
11	Noe Knott		14	151	169	47:42.2	15:23/M
12	Adelynn Dearman	York PA	11	52	175	53:08.6	17:09/M

#### Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* O Kauffman	Felton PA	12	129	10	25:03.2	8:05/M
2	* Parker Steelman	Seven Valleys PA	10	257	28	26:52.8	8:40/M
3	* Eli Erikson	Harrisburg PA	12	71	29	26:53.0	8:40/M
4	Fischer MacKison	Seven Valleys PA	11	169	32	27:08.7	8:45/M
5	Mitchell Sweitzer	Red Lion PA	14	267	46	29:14.3	9:26/M
6	Grayson Reyna	Mount Wolf PA	9	225	75	33:13.2	10:43/M
7	Luke Ambrose	York PA	12	1	79	34:03.7	10:59/M
8	Sam Steelman	Seven Valleys PA	7	259	99	36:24.6	11:45/M

#### Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Abigail Fisher	Shrewsbury PA	17	78	33	27:11.0	8:46/M
2	* Ava Lund	Glen Rock PA	16	168	52	30:03.0	9:42/M
3	* Natalie Herlt	Etters PA	15	109	101	36:38.6	11:49/M
4	Addy Erikson	Harrisburg PA	15	69	127	40:06.6	12:56/M
5	Maia Bailey	Carlisle PA	19	8	146	43:21.4	13:59/M

#### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ethan Bethke	Dallastown PA	15	17	6	23:33.7	7:36/M

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#### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Deanna Chesko	York PA	27	35	84	34:33.7	11:09/M
2	* Adison Nargiz	Hanover PA	24	762	87	34:41.9	11:12/M
3	* Ally Arnold	York PA	29	4	97	35:56.8	11:36/M
4	Alyssa Folcomer	York PA	26	80	109	38:05.9	12:17/M
5	Jamaia Waterbury	New Cumberland PA	27	277	110	38:05.9	12:17/M
6	Brandi Carbaugh	York PA	27	33	143	43:04.8	13:54/M

#### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Ian Moore	York PA	29	200	5	23:24.3	7:33/M
2	* Elias Grow	Stewartstown PA	21	305	7	23:37.0	7:37/M
3	* Ned Einsig	New Cumberland PA	29	301	13	25:14.7	8:09/M
4	Matthew Levitsky	Hanover PA	25	758	35	27:30.9	8:53/M
5	Mitchell Schue	York PA	27	246	85	34:33.9	11:09/M
6	Matthew Miller	Dallastown PA	27	192	159	46:07.3	14:53/M

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Kelly Rose	Dover PA	35	235	30	27:01.1	8:43/M
2	* Renee Green	York PA	35	93	36	27:43.8	8:57/M
3	* Emily Howell	Lewisburg PA	30	116	43	28:26.1	9:10/M
4	Rebecca Zeller	Seven Valleys PA	35	295	44	28:52.7	9:19/M
5	Tracy Myers	Dallastown PA	36	204	47	29:14.9	9:26/M
6	Natalee Gunderson	York PA	36	98	50	29:50.3	9:38/M
7	Lindsay Weber	York PA	34	282	51	29:58.7	9:40/M
8	Kathryn Rapp	Downingtown PA	34	214	57	30:59.1	10:00/M
9	Cari Bowen	York PA	37	23	61	31:36.3	10:12/M
10	Juliana Hickey	York PA	32	110	66	31:56.4	10:18/M
11	Stacy Coover	Fayetteville PA	37	45	67	32:05.7	10:21/M
12	Coral Jackson		33	123	72	33:02.4	10:39/M
13	Lindsay Chronister	Hellam PA	35	40	90	35:02.7	11:18/M
14	Marissa Putnam	York PA	33	761	122	39:19.3	12:41/M
15	Stephanie Steelman	Seven Valleys PA	36	260	125	39:49.0	12:51/M
16	Jaci Braund	Mechanicsburg PA	34	26	128	40:11.8	12:58/M
17	Emma Reed	Thomasville PA	30	222	132	41:17.5	13:19/M
18	Elizabeth Locke	Shade Gap PA	36	158	135	41:54.3	13:31/M
19	Jackie Hammers	York PA	39	104	137	42:12.3	13:37/M
20	Molly Richardson	Mechanicsburg PA	30	229	139	42:25.7	13:41/M

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## Age Group Results

### 5K

#### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
21	Jenna Kinsley	Seven Valleys PA	30	142	158	46:05.7	14:52/M
22	Jennifer Lonquist	Springfield PA	36	165	160	46:08.9	14:53/M
23	Molly Kinsley	Seven Valleys PA	31	145	161	46:41.7	15:04/M
24	Elizabeth Miller	Dallastown PA	34	188	162	46:54.3	15:08/M
25	Kristin Knott		34	150	174	50:13.9	16:12/M

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Nathan Humphrey		31	117	14	25:16.8	8:09/M
2 *	Brett Kerchner	York PA	30	136	19	25:38.8	8:16/M
3 *	Rich Erdlen	York PA	37	756	24	26:14.3	8:28/M
4	Joe Hill		37	111	27	26:51.8	8:40/M
5	Eric Chronister	Hellam PA	33	39	34	27:29.6	8:52/M
6	Tota Ram Gautam	Dillsburg PA	37	304	42	28:22.8	9:09/M
7	Zachary Leisey	New Oxford PA	33	312	64	31:47.1	10:15/M
8	Thomas McCarron	Dover PA	33	178	76	33:19.0	10:45/M
9	Aaron Dalton	Lancaster PA	35	47	78	33:39.5	10:51/M
10	Greg Bianco	York PA	38	18	91	35:05.6	11:19/M
11	Phong Dang	York PA	38	48	103	37:03.5	11:57/M
12	Mike Zeller	Seven Valleys PA	37	293	130	41:15.2	13:18/M
13	Philip Locke	Shade Gap PA	39	159	134	41:51.3	13:30/M
14	Adam Giera	Hanover PA	39	90	141	42:39.5	13:46/M
15	Daniel Lonquist	Brookhaven PA	30	164	155	45:49.2	14:47/M
16	Chris Terrill	Springfield PA	33	270	156	45:50.1	14:47/M
17	Andrew Kinsley	Seven Valleys PA	31	140	157	46:05.6	14:52/M

#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Katherine Miller	York PA	41	191	25	26:33.0	8:34/M
2 *	Jen Rebert	York PA	44	220	38	27:54.7	9:00/M
3 *	Megan Dean	Seven Valleys PA	40	50	41	28:21.5	9:09/M
4	Becky Kile	York PA	43	138	69	32:16.2	10:25/M
5	Janet Love	Maytown PA	43	167	70	32:21.6	10:26/M
6	Julie Heffner	Red Lion PA	43	107	77	33:33.2	10:49/M
7	Jennie Reyna	Mount Wolf PA	45	226	82	34:24.7	11:06/M
8	Sarah Brown	Glen Rock PA	41	29	83	34:26.0	11:06/M
9	Kara Valore	Windsor PA	45	323	88	34:54.0	11:15/M
10	Jen Kauffman	Felton PA	46	127	93	35:18.6	11:23/M

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#### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
11	Kristin Jensen	New Cumberland PA	47	307	96	35:38.6	11:30/M
12	Hilary Erikson	Harrisburg PA	44	72	104	37:24.8	12:04/M
13	Trang Doan	Harrisburg PA	40	58	111	38:11.8	12:19/M
14	Kelly Dearman	York PA	40	53	117	38:30.7	12:25/M
15	Stacey Connors	Mechanicsburg PA	45	298	129	41:06.9	13:16/M
16	Lori Keohane	Mount Wolf PA	46	135	136	42:07.6	13:35/M
17	Amber Warrington	Red Lion PA	47	276	151	43:53.7	14:10/M
18	Michelle Dedrick	Jacobus PA	45	54	170	47:46.1	15:25/M

#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Hunter Mink	York PA	40	195	16	25:19.6	8:10/M
2	* Jeremy Kile	York PA	46	139	17	25:31.9	8:14/M
3	* Chris Martin	York PA	48	173	23	26:11.7	8:27/M
4	Matt Gulden	Dallastown PA	40	97	26	26:41.6	8:37/M
5	Neal Erickson	York PA	40	68	37	27:51.3	8:59/M
6	Dan Juliano	Jacobus PA	47	126	39	28:02.2	9:03/M
7	Josh MacKison	Seven Valleys PA	47	170	45	29:13.4	9:26/M
8	Bradley Wallace	York PA	45	275	59	31:12.2	10:04/M
9	Matthew Hunley	Red Lion PA	40	118	63	31:45.2	10:15/M
10	Jason Six	Downingtown PA	43	249	81	34:23.3	11:06/M
11	Michael Sweitzer	Red Lion PA	43	265	89	34:59.2	11:17/M
12	Ryan Steelman	Seven Valleys PA	44	258	100	36:24.8	11:45/M
13	Nazareth Eppley	Mechanicsburg PA	41	302	112	38:11.9	12:19/M
14	Chad Rebert	York PA	46	219	119	38:36.1	12:27/M
15	Andy Erikson	Harrisburg PA	47	70	121	38:58.1	12:34/M
16	Tim Ambrose	York PA	40	2	138	42:18.2	13:39/M
17	Brian Henderson	Carlisle PA	49	757	145	43:18.6	13:58/M
18	Josh Reyna	Mount Wolf PA	42	227	167	47:26.3	15:18/M
19	Jeffrey Tate	York PA	48	269	177	54:53.1	17:42/M
20	Danny Love	Maytown PA	45	166	179	1:20:20.9	25:55/M

#### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	* Adrienne Brenner	York PA	50	27	53	30:07.6	9:43/M
2	* Chrystal Young	York PA	51	290	58	31:04.8	10:02/M
3	* Natalie Oster	Lancaster PA	50	210	60	31:22.7	10:07/M
4	Carolyn Migliori	Pequea PA	56	186	62	31:44.8	10:14/M

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## Age Group Results

### 5K

#### Female 50 to 59

Place	Name	City	Age	Bib No	Overall	Time	Pace
5	Stacy Markel	Mount Wolf PA	53	172	65	31:49.1	10:16/M
6	Jennifer Schaefer	Lititz PA	51	243	68	32:08.7	10:22/M
7	Vickie Huska	Seven Valleys PA	56	120	95	35:34.5	11:29/M
8	Jennifer Conley	Windsor PA	52	44	98	36:20.8	11:44/M
9	Genine Bashore	Reading PA	50	13	102	36:55.3	11:55/M
10	Akiko Meguro	Carlisle PA	54	181	105	37:40.2	12:09/M
11	Rebecca Firestone	York PA	55	77	107	37:41.5	12:10/M
12	Sheila Edwards	Camp Hill PA	55	63	116	38:28.8	12:25/M
13	Keyra McBurnett	York PA	53	176	126	40:00.8	12:54/M
14	Michelle Riley	York PA	50	317	142	42:48.3	13:48/M
15	Rie Bailey	Carlisle PA	52	9	144	43:18.5	13:58/M
16	Kathy Mensinger	Thomasville PA	53	184	147	43:25.6	14:01/M
17	Michaele Rayburn	York PA	52	218	150	43:50.6	14:09/M
18	Marian Savoie	Jacobus PA	50	241	152	44:22.0	14:19/M
19	Darby Ash	Stewartstown PA	54	5	154	44:26.5	14:20/M
20	Alexandra Chiaruttini	York PA	52	36	163	47:13.0	15:14/M
21	Kristine Wasilewski	York PA	57	326	164	47:13.3	15:14/M
22	Anne Kinsley	Seven Valleys PA	57	141	165	47:15.3	15:15/M
23	Kristin Bielski	Red Lion PA	53	19	168	47:34.1	15:21/M
24	Brandy Schofield	York PA	52	245	173	50:01.2	16:08/M
25	Della Krodel	York PA	56	154	176	53:28.5	17:15/M

#### Male 50 to 59

Place	Name	City	Age	Bib No	Overall	Time	Pace
1	* Tim Shealer	York PA	50	760	8	24:35.6	7:56/M
2	* Lee Schmelyun	Glennville PA	52	319	11	25:09.6	8:07/M
3	* Rob Bowen	York PA	53	24	18	25:33.6	8:15/M
4	Eric Guyer	Chambersburg PA	52	100	21	25:44.5	8:18/M
5	Greg Oster	Lancaster PA	50	209	31	27:02.4	8:43/M
6	William Flaherty	Abbottstown PA	59	303	56	30:56.2	9:59/M
7	Steven Zinn		58	331	73	33:02.7	10:40/M
8	Tsutomu Ishimaru	York PA	50	121	80	34:11.1	11:02/M
9	Dave Huska	Seven Valleys PA	59	119	94	35:34.4	11:29/M
10	Todd Bryant	Carlisle PA	52	30	106	37:40.9	12:09/M
11	David Firestone	York PA	55	76	114	38:23.6	12:23/M
12	Stephen Dick	York PA	51	57	123	39:27.2	12:44/M
13	Corey Mensinger	Thomasville PA	51	183	140	42:26.3	13:41/M
14	Anthony Felty	Mount Joy PA	50	74	166	47:20.1	15:16/M
15	Shane Snyder	Hanover PA	56	251	178	58:26.4	18:51/M

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### 5K

#### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Neida Lau	York PA	61	155	55	30:17.7	9:46/M
2 *	Penny Hornock	York PA	65	115	86	34:41.0	11:11/M
3 *	Sandra Farrell	Cockeysville MD	62	73	118	38:32.9	12:26/M

#### Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Doug Williams	York PA	60	287	48	29:21.5	9:28/M
2 *	Clint Myers	York PA	63	202	54	30:16.1	9:46/M
3 *	James Norton	York PA	64	207	71	32:54.6	10:37/M
4	Kevin Strine	York PA	60	264	92	35:09.5	11:20/M
5	John Miller	Lewisberry PA	62	190	113	38:17.3	12:21/M
6	Joel Hornock	York PA	67	114	115	38:24.0	12:23/M
7	Bill Gable	Boiling Springs PA	69	81	120	38:48.3	12:31/M
8	Dean Stauffer	Dallastown PA	62	254	171	49:00.2	15:48/M
9	David Weaver	Mount Gretna PA	66	280	172	49:12.5	15:52/M

#### Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Heide Mobius		84	199	148	43:25.8	14:01/M

#### Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Armand1 Meyer		75	763	74	33:05.0	10:40/M
2 *	Paul Zeller	White Hall MD	72	294	131	41:15.4	13:19/M