

2023 Arm of Hope 5K

Race Date
May 06, 2023

Overall Finish List

5K

Place							-----Total-----		
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Nathan Merlo		419	17	M	1 Open	18:29.8	18:29.8	5:58/M
2	Trevor Merlo		418	17	M	1 15-19	18:57.9	18:59.1	6:07/M
3	Dustin Hammarberg		393	34	M	1 30-34	19:05.1	19:09.7	6:09/M
4	Kyle Daily	Elizabethtown PA	378	43	M	1 Masters	20:06.6	20:06.6	6:29/M
5	Caleb Basile		367	29	M	1 25-29	20:26.4	20:28.4	6:36/M
6	Aiden Kay		404	15	M	2 15-19	21:00.4	21:02.1	6:47/M
7	Derek Ippolito		400	14	M	1 10-14	21:02.7	21:04.7	6:47/M
8	Patricia Bender		372	40	F	1 Masters	21:13.2	21:13.2	6:50/M
9	William Caleb Landis		410	32	M	2 30-34	21:28.1	21:56.4	6:56/M
10	Benjamin Fruchtl		387	24	M	1 20-24	21:52.0	21:56.0	7:03/M
11	Matthew Merlo		417	22	M	2 20-24	22:26.4	22:28.3	7:14/M
12	Aiden Ippolito		399	16	M	3 15-19	22:29.2	22:30.4	7:15/M
13	Jacob Keiser		448	21	M	3 20-24	22:35.0	22:36.6	7:17/M
14	Rodney Nissly		422	55	M	1 55-59	22:44.0	22:46.9	7:20/M
15	Brenda Daily	Elizabethtown PA	379	39	F	1 35-39	22:55.1	22:57.2	7:24/M
16	Anna Hawbaker		394	22	F	1 Open	22:56.6	22:56.6	7:23/M
17	Aaron Smith		430	26	M	2 25-29	22:57.1	23:00.8	7:24/M
18	Donald Benkendorf		373	31	M	3 30-34	22:59.4	23:03.3	7:25/M
19	Katie Eckman		460	30	F	1 30-34	23:02.9	23:06.1	7:26/M
20	Phillip Kark		403	57	M	2 55-59	23:44.5	23:48.9	7:40/M
21	Julia Walsh		438	35	F	2 35-39	23:55.9	24:20.2	7:43/M
22	Peter Merlo		416	53	M	1 50-54	24:05.2	24:08.8	7:46/M
23	Lottie Silveira		429	14	F	1 10-14	24:15.1	24:18.0	7:49/M
24	Matt Silveira		428	36	M	1 35-39	24:15.4	24:18.5	7:49/M
25	Jill McClelland		415	37	F	3 35-39	24:25.8	24:31.8	7:53/M
26	Jeff Stouch		434	64	M	1 60-64	24:41.3	24:43.6	7:58/M
27	Kara Werner		442	48	F	1 45-49	24:56.3	25:01.1	8:03/M
28	John Walsh		437	37	M	2 35-39	25:08.2	25:32.0	8:07/M
29	Maylene Garrett		388	64	F	1 60-64	25:14.2	25:23.4	8:08/M
30	Jenna Wivell		445	14	F	2 10-14	25:17.5	25:20.3	8:10/M
31	J Mark Wenger		440	53	M	2 50-54	25:19.8	25:28.3	8:10/M
32	Bonnie Kleinhans		408	61	F	2 60-64	26:21.9	26:30.9	8:30/M
33	Zekiell Bender		371	10	M	2 10-14	26:22.8	26:25.5	8:31/M
34	Joe Tetreault		435	29	M	3 25-29	27:16.4	27:43.0	8:48/M
35	Kirk Belmont		452	55	M	3 55-59	27:33.5	27:55.1	8:53/M
36	Abigail Nissly		463	14	F	3 10-14	27:37.5	27:45.3	8:55/M
37	Sally King		407	16	F	1 15-19	27:39.4	27:48.2	8:55/M
38	Kyrel Ebersole		454	16	M	4 15-19	28:42.0	28:50.5	9:15/M
39	Caden Zimmerman		453	17	M	5 15-19	28:42.8	28:50.1	9:16/M
40	Matthew Bartow		366	29	M	4 25-29	28:49.1	28:55.5	9:18/M
41	Rachel Bartow		365	27	F	1 25-29	28:49.5	28:55.6	9:18/M
42	Flossie Kark		402	53	F	1 50-54	28:52.0	28:58.2	9:19/M
43	Rachel Perry		424	29	F	2 25-29	29:05.6	29:16.1	9:23/M
44	Carly Hoffman		397	15	F	2 15-19	29:18.8	29:22.2	9:27/M
45	Hannah Martin		414	22	F	1 20-24	29:24.3	29:31.5	9:29/M
46	Kendra Martin		413	45	F	2 45-49	29:27.8	29:35.0	9:30/M
47	Betsy Stecz		451	58	F	1 55-59	29:49.5	30:04.4	9:37/M
48	Joe Stecz		450	57	M	4 55-59	30:27.7	30:45.0	9:50/M
49	Emmie Romberger	Mount Joy PA	426	28	F	3 25-29	30:45.3	30:56.9	9:55/M
50	Mark Steven Smith		431	60	M	2 60-64	31:19.5	31:24.0	10:06/M
51	Kenton Belmont		369	23	M	4 20-24	31:23.9	31:50.2	10:08/M
52	Caleb Fish		382	29	M	5 25-29	31:52.2	32:20.4	10:17/M
53	Fred Kohler	Lancaster PA	458	70	M	1 70-99	32:09.1	32:15.2	10:22/M
54	David Spayde		433	30	M	4 30-34	33:11.6	33:41.3	10:42/M
55	Bryce Ippolito		401	11	M	3 10-14	33:41.9	33:44.4	10:52/M
56	Laura Benkendorf		374	33	F	2 30-34	34:01.5	34:09.9	10:59/M
57	Jordan Landis		411	30	F	3 30-34	36:08.9	36:21.0	11:40/M
58	Alexandra Schaller		427	29	F	4 25-29	36:09.3	36:21.0	11:40/M
59	Bob Wells		439	52	M	3 50-54	36:55.0	37:14.2	11:55/M
60	Erika Belmont		368	27	F	5 25-29	37:32.4	37:45.2	12:07/M
61	Melissa Kueemeereza		462	10	F	4 10-14	37:32.7	37:45.2	12:07/M
62	Autumn Fitz		385	9	F	1 5-9	37:34.1	37:47.1	12:07/M
63	Steve Ginder		459	54	M	4 50-54	37:59.8	38:07.6	12:15/M
64	Samantha Ginder		391	30	F	4 30-34	38:00.3	38:07.7	12:16/M
65	Clair Ginder		390	80	M	2 70-99	38:00.9	38:07.6	12:16/M
66	Mark Ogilvie		423	18	M	6 15-19	38:53.6	39:22.8	12:33/M
67	John Ogilvie		446	27	M	6 25-29	39:18.6	39:45.0	12:41/M

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68	Barrett Daily		381	8	M	1 5-9	40:18.9	40:23.9	13:00/M
69	Sophia Merlo		457	17	F	3 15-19	40:23.4	40:29.0	13:02/M
70	Deb Vanek		436	65	F	1 65-69	40:53.7	41:02.7	13:12/M
71	Erica Boll		377	33	F	5 30-34	42:06.0	42:13.9	13:35/M
72	Brandon Boll		376	40	M	1 40-44	42:06.3	42:14.2	13:35/M
73	Clara Daily		380	11	F	5 10-14	46:41.2	46:46.6	15:04/M
74	Carolyn Wenger		441	52	F	2 50-54	46:54.9	47:13.6	15:08/M
75	Katelyn Talmadge		447	34	F	6 30-34	47:14.0	47:31.4	15:14/M
76	Brevney Ulrich		449	45	F	3 45-49	47:16.6	47:31.9	15:15/M
77	Cindy Wivell		461	51	F	3 50-54	47:19.4	47:35.1	15:16/M
78	Laura Nolt		455	22	F	2 20-24	47:28.7	47:42.5	15:19/M
79	Hannah Fisher		456	24	F	3 20-24	47:28.8	47:42.5	15:19/M
80	Gale Longenecker		412	54	F	4 50-54	50:46.2	50:54.2	16:23/M
81	Fran Gibbs		389	55	F	2 55-59	50:47.2	50:54.2	16:23/M
82	Janeice Fisher		384	52	F	5 50-54	53:21.2	53:33.8	17:13/M
83	Jessica Widrick	Columbia PA	443	50	F	6 50-54	53:22.2	53:34.8	17:13/M
84	Lynn Benkendorf		375	65	F	2 65-69	54:18.3	54:36.0	17:31/M
85	Becky Smith		432	59	F	3 55-59	54:20.6	54:35.6	17:32/M
86	Hannah Belmont		370	23	F	4 20-24	57:35.7	58:07.5	18:35/M
87	Jennifer Fish		383	34	F	7 30-34	57:35.7	58:07.0	18:35/M
88	Tony Monaco		421	33	M	5 30-34	59:41.0	1:00:05.8	19:15/M
89	Christine Monaco		420	33	F	8 30-34	59:41.6	1:00:06.0	19:15/M