

2023 Arm of Hope 5K

Age Group Results

5K

Race Date
May 06, 2023

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Anna Hawbaker		394	22	16	22:56.6	22:56.6	7:23/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Nathan Merlo		419	17	1	18:29.8	18:29.8	5:58/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Patricia Bender		372	40	8	21:13.2	21:13.2	6:50/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Kyle Daily	Elizabethtown PA	378	43	4	20:06.6	20:06.6	6:29/M

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Female 5 to 9

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Autumn Fitz		385	9	62	37:34.1	37:47.1	12:07/M

Male 5 to 9

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Barrett Daily		381	8	68	40:18.9	40:23.9	13:00/M

Female 10 to 14

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Lottie Silveira		429	14	23	24:15.1	24:18.0	7:49/M
2	* Jenna Wivell		445	14	30	25:17.5	25:20.3	8:10/M
3	Abigail Nissly		463	14	36	27:37.5	27:45.3	8:55/M
4	Melissa Kueemeereza		462	10	61	37:32.7	37:45.2	12:07/M
5	Clara Daily		380	11	73	46:41.2	46:46.6	15:04/M

Male 10 to 14

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Derek Ippolito		400	14	7	21:02.7	21:04.7	6:47/M
2	* Zekiel Bender		371	10	33	26:22.8	26:25.5	8:31/M
3	Bryce Ippolito		401	11	55	33:41.9	33:44.4	10:52/M

Female 15 to 19

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Sally King		407	16	37	27:39.4	27:48.2	8:55/M
2	* Carly Hoffman		397	15	44	29:18.8	29:22.2	9:27/M
3	Sophia Merlo		457	17	69	40:23.4	40:29.0	13:02/M

Male 15 to 19

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Trevor Merlo		418	17	2	18:57.9	18:59.1	6:07/M
2	* Aiden Kay		404	15	6	21:00.4	21:02.1	6:47/M
3	Aiden Ippolito		399	16	12	22:29.2	22:30.4	7:15/M
4	Kyrel Ebersole		454	16	38	28:42.0	28:50.5	9:15/M
5	Caden Zimmerman		453	17	39	28:42.8	28:50.1	9:16/M
6	Mark Ogilvie		423	18	66	38:53.6	39:22.8	12:33/M

Female 20 to 24

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Hannah Martin		414	22	45	29:24.3	29:31.5	9:29/M
2	* Laura Nolt		455	22	78	47:28.7	47:42.5	15:19/M
3	Hannah Fisher		456	24	79	47:28.8	47:42.5	15:19/M
4	Hannah Belmont		370	23	86	57:35.7	58:07.5	18:35/M

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Male 20 to 24

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Benjamin Fruchtl		387	24	10	21:52.0	21:56.0	7:03/M
2 *	Matthew Merlo		417	22	11	22:26.4	22:28.3	7:14/M
3	Jacob Keiser		448	21	13	22:35.0	22:36.6	7:17/M
4	Kenton Belmont		369	23	51	31:23.9	31:50.2	10:08/M

Female 25 to 29

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Rachel Bartow		365	27	41	28:49.5	28:55.6	9:18/M
2 *	Rachel Perry		424	29	43	29:05.6	29:16.1	9:23/M
3	Emmie Romberger	Mount Joy PA	426	28	49	30:45.3	30:56.9	9:55/M
4	Alexandra Schaller		427	29	58	36:09.3	36:21.0	11:40/M
5	Erika Belmont		368	27	60	37:32.4	37:45.2	12:07/M

Male 25 to 29

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Caleb Basile		367	29	5	20:26.4	20:28.4	6:36/M
2 *	Aaron Smith		430	26	17	22:57.1	23:00.8	7:24/M
3	Joe Tetreault		435	29	34	27:16.4	27:43.0	8:48/M
4	Matthew Bartow		366	29	40	28:49.1	28:55.5	9:18/M
5	Caleb Fish		382	29	52	31:52.2	32:20.4	10:17/M
6	John Ogilvie		446	27	67	39:18.6	39:45.0	12:41/M

Female 30 to 34

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Katie Eckman		460	30	19	23:02.9	23:06.1	7:26/M
2 *	Laura Benkendorf		374	33	56	34:01.5	34:09.9	10:59/M
3	Jordan Landis		411	30	57	36:08.9	36:21.0	11:40/M
4	Samantha Ginder		391	30	64	38:00.3	38:07.7	12:16/M
5	Erica Boll		377	33	71	42:06.0	42:13.9	13:35/M
6	Katelyn Talmadge		447	34	75	47:14.0	47:31.4	15:14/M
7	Jennifer Fish		383	34	87	57:35.7	58:07.0	18:35/M
8	Christine Monaco		420	33	89	59:41.6	1:00:06.0	19:15/M

Male 30 to 34

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Dustin Hammarberg		393	34	3	19:05.1	19:09.7	6:09/M
2 *	William Caleb Landis		410	32	9	21:28.1	21:56.4	6:56/M
3	Donald Benkendorf		373	31	18	22:59.4	23:03.3	7:25/M
4	David Spayde		433	30	54	33:11.6	33:41.3	10:42/M
5	Tony Monaco		421	33	88	59:41.0	1:00:05.8	19:15/M

Female 35 to 39

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Brenda Daily	Elizabethtown PA	379	39	15	22:55.1	22:57.2	7:24/M
2 *	Julia Walsh		438	35	21	23:55.9	24:20.2	7:43/M
3	Jill McClelland		415	37	25	24:25.8	24:31.8	7:53/M

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Male 35 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Matt Silveira		428	36	24	24:15.4	24:18.5	7:49/M
2	* John Walsh		437	37	28	25:08.2	25:32.0	8:07/M

Male 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Brandon Boll		376	40	72	42:06.3	42:14.2	13:35/M

Female 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kara Werner		442	48	27	24:56.3	25:01.1	8:03/M
2	* Kendra Martin		413	45	46	29:27.8	29:35.0	9:30/M
3	Brevney Ulrich		449	45	76	47:16.6	47:31.9	15:15/M

Female 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Flossie Kark		402	53	42	28:52.0	28:58.2	9:19/M
2	* Carolyn Wenger		441	52	74	46:54.9	47:13.6	15:08/M
3	Cindy Wivell		461	51	77	47:19.4	47:35.1	15:16/M
4	Gale Longenecker		412	54	80	50:46.2	50:54.2	16:23/M
5	Janeice Fisher		384	52	82	53:21.2	53:33.8	17:13/M
6	Jessica Widrick	Columbia PA	443	50	83	53:22.2	53:34.8	17:13/M

Male 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Peter Merlo		416	53	22	24:05.2	24:08.8	7:46/M
2	* J Mark Wenger		440	53	31	25:19.8	25:28.3	8:10/M
3	Bob Wells		439	52	59	36:55.0	37:14.2	11:55/M
4	Steve Ginder		459	54	63	37:59.8	38:07.6	12:15/M

Female 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Betsy Stecz		451	58	47	29:49.5	30:04.4	9:37/M
2	* Fran Gibbs		389	55	81	50:47.2	50:54.2	16:23/M
3	Becky Smith		432	59	85	54:20.6	54:35.6	17:32/M

Male 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Rodney Nissly		422	55	14	22:44.0	22:46.9	7:20/M
2	* Phillip Kark		403	57	20	23:44.5	23:48.9	7:40/M
3	Kirk Belmont		452	55	35	27:33.5	27:55.1	8:53/M
4	Joe Stecz		450	57	48	30:27.7	30:45.0	9:50/M

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Age Group Results

5K

Race Date
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Female 60 to 64

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Maylene Garrett		388	64	29	25:14.2	25:23.4	8:08/M
2 *	Bonnie Kleinhans		408	61	32	26:21.9	26:30.9	8:30/M

Male 60 to 64

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Jeff Stouch		434	64	26	24:41.3	24:43.6	7:58/M
2 *	Mark Steven Smith		431	60	50	31:19.5	31:24.0	10:06/M

Female 65 to 69

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Deb Vanek		436	65	70	40:53.7	41:02.7	13:12/M
2 *	Lynn Benkendorf		375	65	84	54:18.3	54:36.0	17:31/M

Male 70 and Over

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Fred Kohler	Lancaster PA	458	70	53	32:09.1	32:15.2	10:22/M
2 *	Clair Ginder		390	80	65	38:00.9	38:07.6	12:16/M