

2023 Feb Frozen Foot

Race Date
February 19, 2023

Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	Cole Nissley	Harrisburg PA	925	27	M	1 Open	16:48.4	16:48.4	5:25/M
2	Matthew Bomberger		996	37	M	1 35-39	17:14.2	17:16.6	5:34/M
3	Corey Johnson	Lititz PA	899	32	M	1 30-34	17:20.2	17:21.5	5:36/M
4	Daryl Weaver		989	49	M	1 Masters	17:36.7	17:36.7	5:40/M
5	Sam Bishop		980	18	M	1 15-19	19:26.9	19:28.6	6:16/M
6	Julie Halteman	Elizabethtown PA	891	30	F	1 Open	19:36.3	19:36.3	6:19/M
7	Kurt Degoede	Mount Joy PA	871	53	M	1 50-54	19:49.1	19:51.2	6:24/M
8	Corey Thudium	Lititz PA	961	32	M	2 30-34	20:12.4	20:16.3	6:31/M
9	Daniel Loizeaux	Elizabethtown PA	912	41	M	1 40-44	20:37.0	20:39.2	6:39/M
10	Kyle Daily	Elizabethtown PA	870	43	M	2 40-44	20:38.8	20:41.9	6:40/M
11	Caleb Martin	Leola PA	915	14	M	1 1-14	20:41.5	20:46.7	6:40/M
12	Levi Sell	Lititz PA	979	13	M	2 1-14	20:42.3	20:44.7	6:41/M
13	Jack Hightower	Millersville PA	895	16	M	2 15-19	20:57.0	20:59.1	6:45/M
14	Jazzy Lopez	East Petersburg PA	914	15	F	1 15-19	21:02.1	21:04.5	6:47/M
15	Penn Smith		986	19	M	3 15-19	21:24.5	21:27.3	6:54/M
16	Elijah Swift		960	17	M	4 15-19	21:34.0	21:42.3	6:57/M
17	Rodney Nissly		477	54	M	2 50-54	21:53.1	21:55.1	7:04/M
18	Richard Sievers	Elizabethtown PA	948	64	M	1 60-64	22:07.7	22:11.0	7:08/M
19	Patrick Falk		992	15	M	5 15-19	22:13.5	22:16.9	7:10/M
20	Amy Falk	Hummelstown PA	883	51	F	1 Masters	22:18.4	22:18.4	7:11/M
21	Paul Montgomery	Reading PA	921	36	M	2 35-39	22:21.1	22:32.4	7:13/M
22	Tyler Caudill	Elizabethtown PA	865	23	M	1 20-24	22:30.5	22:34.7	7:16/M
23	Joel Valvo	Palmyra PA	965	45	M	1 45-49	22:35.2	22:37.9	7:17/M
24	Jodi Olympia	Hummelstown PA	926	52	F	1 50-54	23:12.5	23:17.2	7:29/M
25	Trevor Slade	Annaville PA	950	29	M	1 25-29	23:16.8	23:21.3	7:31/M
26	Tara Borgna	Lancaster PA	857	46	F	1 45-49	23:19.0	23:24.2	7:31/M
27	John Gilbert		998	54	M	3 50-54	23:26.5	23:29.8	7:34/M
28	Jordan Degroft	Elizabethtown PA	872	16	M	6 15-19	23:37.2	23:44.1	7:37/M
29	Adam Koring		991	51	M	4 50-54	23:48.7	23:53.3	7:41/M
30	Jenna Gest		981	19	F	2 15-19	23:58.3	24:03.4	7:44/M
31	Phillip Stoltzfur		478	55	M	1 55-59	23:58.9	24:04.2	7:44/M
32	Brenda Daily	Elizabethtown PA	869	39	F	1 35-39	24:12.8	24:16.6	7:49/M
33	Kim Martin	Leola PA	916	40	F	1 40-44	24:31.7	24:38.2	7:55/M
34	Bruce Hubbs	Lebanon PA	898	24	M	2 20-24	24:38.8	24:41.9	7:57/M
35	Amanda Hippensteel	Lancaster PA	896	34	F	1 30-34	25:01.0	25:11.3	8:04/M
36	Allison Shaffner	Elizabethtown PA	946	12	F	1 1-14	25:02.2	25:05.9	8:05/M
37	Antonio Mendez	Marietta PA	919	37	M	3 35-39	25:04.6	25:12.5	8:05/M
38	Meghann Pierdon	Bainbridge PA	929	43	F	2 40-44	25:13.5	25:17.5	8:08/M
39	Chase Widders	Lititz PA	972	15	M	7 15-19	25:21.4	25:28.2	8:11/M
40	Kerrin Horning	Elizabethtown PA	897	35	F	2 35-39	25:24.3	25:34.6	8:12/M
41	Laura Reinike	Holtwood PA	937	45	F	2 45-49	25:45.2	25:51.5	8:18/M
42	Brandon Legerlotz	Lititz PA	911	31	M	3 30-34	26:05.3	26:08.2	8:25/M
43	Sarah Brendle	Landisville PA	859	42	F	3 40-44	26:08.1	26:14.2	8:26/M
44	Jack Gest		982	53	M	5 50-54	26:11.3	26:15.9	8:27/M
45	Vincent Keefer	Lancaster PA	901	15	M	8 15-19	26:12.9	26:15.7	8:27/M
46	Jason Smith	Stevens PA	952	38	M	4 35-39	26:21.6	26:28.0	8:30/M
47	Dalton Leash	York PA	910	26	M	2 25-29	26:27.6	26:35.9	8:32/M
48	Joyce Loizeaux	Elizabethtown PA	913	41	F	4 40-44	26:32.4	26:36.7	8:34/M
49	Michael Trimble	Elizabethtown PA	962	50	M	6 50-54	27:09.8	27:14.6	8:46/M
50	Sonya Widders	Lititz PA	973	43	F	5 40-44	27:10.7	27:17.7	8:46/M
51	James Smith	Elizabethtown PA	951	45	M	2 45-49	27:20.2	27:23.0	8:49/M
52	Sam Coyl		987	45	M	3 45-49	27:34.7	27:46.4	8:54/M
53	Kacie Wetzel	Lititz PA	970	38	F	3 35-39	27:55.5	28:00.4	9:00/M
54	Lori Klein	Lebanon PA	905	48	F	3 45-49	27:57.2	28:08.2	9:01/M
55	Nicole Hart	Boiling Springs PA	892	52	F	2 50-54	28:12.9	28:20.4	9:06/M
56	Kaitlyn Ream	Washington Boro PA	936	17	F	3 15-19	28:20.2	28:29.1	9:08/M
57	Sydney Swarhout	Elizabethtown PA	956	12	F	2 1-14	28:25.0	28:29.0	9:10/M
58	Maliyah Brady	Bainbridge PA	858	13	F	3 1-14	28:28.5	28:32.2	9:11/M
59	Sarah Grow Martz	Harrisburg PA	889	27	F	1 25-29	28:31.2	28:36.7	9:12/M
60	Kathleen Romine	Landisville PA	942	39	F	4 35-39	28:31.9	28:42.5	9:12/M
61	Jay Rhoads	Columbia PA	938	40	M	3 40-44	28:56.9	29:08.3	9:20/M
62	Nate Smith		481	40	M	4 40-44	28:58.0	29:09.3	9:21/M
63	Matthew Eberts	Lancaster PA	879	45	M	4 45-49	29:16.3	29:25.6	9:27/M
64	Rob Devereaux		983	34	M	4 30-34	29:18.3	29:28.5	9:27/M
65	David Bliss	Harrisburg PA	855	46	M	5 45-49	29:25.4	29:33.9	9:29/M
66	Maura Ebersole	Wrightsville PA	878	41	F	6 40-44	29:52.4	30:02.1	9:38/M
67	Frank Morton		994	71	M	1 70-74	30:08.2	30:14.1	9:43/M

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Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	
68	Jodi Myers	State College PA	923	50	F	3 50-54	30:11.8	30:17.2	9:44/M	
69	James Richards	Harrisburg PA	939	46	M	6 45-49	30:16.6	30:28.4	9:46/M	
70	Susan Gilbert		997	55	F	1 55-59	30:27.3	30:36.1	9:49/M	
71	Donna Ornosky	East Greenville PA	927	60	F	1 60-64	30:36.8	30:44.6	9:53/M	
72	Jodi Stauffer	Pequea PA	954	50	F	4 50-54	30:40.2	30:44.5	9:54/M	
73	Renee Dipilla	Peach Bottom PA	876	57	F	2 55-59	31:02.1	31:07.8	10:01/M	
74	Shawn Degroft	Elizabethtown PA	873	44	M	5 40-44	31:27.7	31:35.6	10:09/M	
75	Jim Doyle	Lancaster PA	877	77	M	1 75-79	31:45.0	31:54.7	10:15/M	
76	Cindy Hendershott		993	64	F	2 60-64	31:58.7	32:04.3	10:19/M	
77	Darlene Swift	Palmyra PA	959	53	F	5 50-54	32:01.9	32:10.5	10:20/M	
78	William Krieger		1000	62	M	2 60-64	32:07.5	32:14.7	10:22/M	
79	Carrie Beamenderfer	Elizabethtown PA	852	39	F	5 35-39	32:21.7	32:30.1	10:26/M	
80	Kevin Uhland	Felton PA	964	37	M	5 35-39	33:10.1	33:14.2	10:42/M	
81	Natasha Clarke	Lancaster PA	866	31	F	2 30-34	33:17.2	33:29.9	10:44/M	
82	Any Goldina	Elizabethtown PA	886	42	F	7 40-44	33:17.3	33:29.9	10:44/M	
83	Katelyn Wolf	Marietta PA	974	32	F	3 30-34	33:33.8	33:44.4	10:50/M	
84	Mandy Thudium		479	33	F	4 30-34	33:34.3	33:47.3	10:50/M	
85	Andrew Martz	Harrisburg PA	917	26	M	3 25-29	33:36.5	33:41.7	10:50/M	
86	Suzette Kreider	Elizabethtown PA	906	62	F	3 60-64	33:59.1	34:07.2	10:58/M	
87	Brad Westhafer		999	71	M	2 70-74	34:06.7	34:18.6	11:00/M	
88	Rebecca Gottshall	Columbia PA	887	52	F	6 50-54	34:35.0	34:50.5	11:09/M	
89	Barbara Kurtz	Lititz PA	908	58	F	3 55-59	35:33.0	35:40.3	11:28/M	
90	Dave Wenger	Palmyra PA	968	55	M	2 55-59	35:40.5	35:53.5	11:31/M	
91	Carin Schrum	Hummelstown PA	945	55	F	4 55-59	35:41.4	35:53.6	11:31/M	
92	Gretchen Berkheimer	Marietta PA	853	47	F	4 45-49	35:43.0	35:58.5	11:31/M	
93	Rose Ward	Columbia PA	967	71	F	1 70-74	36:11.7	36:18.3	11:41/M	
94	Ronald Trimnell	New Cumberland PA	963	55	M	3 55-59	36:18.1	36:34.9	11:43/M	
95	Jo Hershey	Elizabethtown PA	893	43	F	8 40-44	36:40.1	36:52.1	11:50/M	
96	Adam Giera	Hanover PA	885	38	M	6 35-39	36:49.5	37:01.3	11:53/M	
97	Malinda Swartzwelder	Columbia PA	958	44	F	9 40-44	37:32.9	37:49.0	12:07/M	
98	Susan Truxol		988	71	F	2 70-74	38:17.2	38:21.3	12:21/M	
99	Sue Ruhl	Manheim PA	943	66	F	1 65-69	38:32.8	38:42.8	12:26/M	
100	Jillian Justice	Lititz PA	900	33	F	5 30-34	39:33.7	39:44.6	12:46/M	
101	Cora Quickel	Elizabethtown PA	933	12	F	4 1-14	39:47.3	39:53.4	12:50/M	
102	Beth-Ann Quickel	Bainbridge PA	932	40	F	10 40-44	39:48.3	39:54.2	12:50/M	
103	Rebecca Smith	Elizabethtown PA	953	45	F	5 45-49	40:09.3	40:18.2	12:57/M	
104	Connie Wertz	Halifax PA	969	57	F	5 55-59	40:18.7	40:30.2	13:00/M	
105	Fred Kohler		995	70	M	3 70-74	40:24.8	40:41.5	13:02/M	
106	Lucy Downing		480	8	F	5 1-14	40:27.3	40:40.4	13:03/M	
107	Andrea Black	Mount Joy PA	854	42	F	11 40-44	40:28.3	40:41.0	13:03/M	
108	William Quickel	Elizabethtown PA	935	11	M	3 1-14	41:10.9	41:18.3	13:17/M	
109	Sherry Quickel	Elizabethtown PA	934	43	F	12 40-44	41:15.0	41:21.4	13:18/M	
110	Kristina Landvater	Hershey PA	909	55	F	6 55-59	41:25.8	41:38.1	13:22/M	
111	Ashley Hertzler	Leola PA	894	37	F	6 35-39	41:48.3	42:03.5	13:29/M	
112	Patricia Allwein	Mount Gretna PA	851	73	F	3 70-74	42:09.0	42:18.4	13:36/M	
113	Christine Fake	Lititz PA	882	59	F	7 55-59	42:56.7	43:06.4	13:51/M	
114	John Gomez		984	43	M	6 40-44	43:09.3	43:19.1	13:55/M	
115	Lily Borge	Willow Street PA	978	10	F	6 1-14	43:39.2	43:55.1	14:05/M	
116	Shannon Moyer	Lebanon PA	922	31	F	6 30-34	43:45.3	43:50.0	14:07/M	
117	Judy Anthonck		985	81	F	1 80-99	43:47.5	43:56.2	14:08/M	
118	Erin Borge	Willow Street PA	856	37	F	7 35-39	43:52.2	44:07.5	14:09/M	
119	Sharyn McHenry	Grantville PA	918	68	F	2 65-69	44:27.7	44:42.4	14:21/M	
120	Morgan Ash		990	32	M	5 30-34	44:50.7	45:01.6	14:28/M	
121	Nancy Shrom	Ephrata PA	947	62	F	4 60-64	46:44.9	46:54.6	15:05/M	
122	Teresa Ernst	Lancaster PA	880	74	F	4 70-74	46:57.9	47:12.2	15:09/M	
123	Andrew Rockey	Washington Boro PA	940	10	M	4 1-14	48:07.3	48:21.5	15:31/M	
124	Jessica O'hara	Washington Boro PA	928	37	F	8 35-39	49:07.5	49:21.2	15:51/M	
125	Ralph Detrick	Elizabethtown PA	874	82	M	1 80-99	50:19.8	50:34.9	16:14/M	
126	Alissa Kurtz	Elizabethtown PA	907	34	F	7 30-34	50:29.1	50:37.0	16:17/M	