

Race Date
May 21, 2022

2022 Rock n Glow
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Milana Breuninger	Lancaster PA	32	16	6	20:02.7	20:02.7	6:27/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Michael Greenwald	Manheim PA	73	18	1	18:35.4	18:35.4	5:59/M

Female 1 to 10

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Aiden Adair	Manheim PA	288	9	58	28:06.4	28:09.4	9:04/M	
2	Bryn Stouch	Manheim PA	209	9	125	34:01.0	34:17.2	10:58/M	
3	Mikayla Trovato	Manheim PA	214	7	169	37:47.4	38:01.4	12:11/M	
4	Elena Sauder	Manheim PA	178	7	171	37:48.2	38:02.5	12:12/M	
5	Dani Seddon	Manheim PA	185	7	182	39:12.8	39:33.5	12:39/M	
6	Addisyn Stouch	Manheim PA	208	7	183	39:13.0	39:34.3	12:39/M	
7	Fiona Dietrich	Akron PA	253	9	215	42:26.4	42:38.4	13:41/M	
8	Tenley Mateer	Manheim PA	130	8	219	42:37.9	42:46.3	13:45/M	
9	Adalynn Newton	Manheim PA	294	8	222	42:50.5	43:24.7	13:49/M	

Male 1 to 10

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Griffin Brandt	Manheim PA	29	9	36	25:55.3	26:01.5	8:22/M	
2	Owen Inthavongsa	Manheim PA	265	10	46	27:02.8	27:04.0	8:43/M	
3	Brycen Hartman	Manheim PA	83	9	74	30:06.5	30:18.0	9:43/M	
4	Noah Seddon	Manheim PA	187	9	104	32:26.7	32:31.3	10:28/M	
5	Carson McDonald	Palmyra PA	135	10	112	33:07.1	33:28.8	10:41/M	
6	Bryce Orwig	Manheim PA	152	9	129	34:33.4	34:50.3	11:09/M	
7	Rick Gergely	Manheim PA	69	10	207	41:15.0	41:40.6	13:18/M	
8	Jayce Moreno	Mount Joy PA	263	8	243	48:06.2	48:43.8	15:31/M	
9	Layne Barnett	Manheim PA	11	5	253	49:22.4	49:42.2	15:56/M	

Female 11 to 14

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Reagan Orwig	Manheim PA	154	13	10	21:47.2	21:50.6	7:02/M	
2	Kaleigh Enck	Manheim PA	59	14	16	22:49.4	22:52.2	7:22/M	
3	Laila Mathin	Manheim PA	131	12	48	27:04.2	27:13.0	8:44/M	
4	Kaylynn Hartman	Manheim PA	84	12	49	27:05.4	27:14.0	8:44/M	
5	Lyla Mateer	Manheim PA	129	12	62	28:22.2	28:29.3	9:09/M	
6	Madden Adair	Manheim PA	289	13	64	28:38.8	28:42.3	9:14/M	
7	Avery Ibach	Manheim PA	102	12	65	28:39.7	28:42.3	9:15/M	
8	Kennley McCown	Harrisburg PA	133	14	70	29:20.4	29:32.9	9:28/M	
9	Naomi Fittery	Manheim PA	279	12	71	29:29.6	29:47.8	9:31/M	
10	Olivia Weaver	Manheim PA	277	12	79	30:17.9	30:36.1	9:46/M	
11	Letteria Olsen	Manheim PA	150	11	81	30:24.1	30:37.0	9:48/M	
12	Gianna Conte	Lititz PA	246	14	96	32:02.7	32:18.5	10:20/M	
13	Mikaela Archuleta	Lititz PA	3	14	103	32:25.8	32:30.1	10:28/M	
14	Emily Addams	Elizabethtown PA	2	13	123	33:48.5	34:18.6	10:54/M	
15	Morgan Sauder	Manheim PA	179	13	133	34:49.9	35:25.2	11:14/M	
16	Mercy Atticks	Columbia PA	4	13	148	35:33.2	36:02.0	11:28/M	
17	Maya Stitzel	Manheim PA	203	13	158	36:59.1	37:07.2	11:56/M	
18	Camryn Stouch	Manheim PA	210	12	213	42:16.9	42:37.9	13:38/M	
19	Marley Martin	Lititz PA	271	14	247	48:15.6	48:44.6	15:34/M	

Male 11 to 14

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Tony Figueroa	Lebanon PA	292	14	4	19:59.2	20:01.3	6:27/M	
2	Tanner Slick	East Petersburg PA	300	12	13	21:59.5	22:00.0	7:06/M	
3	Aiden Davis	Lebanon PA	286	13	14	22:46.6	22:50.6	7:21/M	
4	Nathan Bowerman	Manheim PA	28	12	19	23:06.1	23:08.3	7:27/M	
5	Jarred Stoner	Manheim PA	206	14	26	24:47.0	24:49.7	8:00/M	
6	Rowan Bergman	Lititz PA	16	13	29	25:11.5	25:30.4	8:08/M	
7	Jonathan Hubler	Manheim PA	298	14	33	25:33.2	25:44.8	8:15/M	
8	Chase Stitzel	Manheim PA	201	11	73	29:35.7	29:42.7	9:33/M	
9	Mason Eakman	Manheim PA	55	14	82	30:28.8	30:34.3	9:50/M	
10	Sean Sandoe	Lancaster PA	175	13	93	31:41.8	32:10.9	10:13/M	
11	Brady Dillner	Lititz PA	52	14	106	32:33.1	32:58.6	10:30/M	
12	Kadin Wright	Mount Joy PA	224	11	156	36:42.5	36:49.2	11:51/M	
13	Tommy Troutman	Manheim PA	297	13	193	39:43.0	39:54.0	12:49/M	
14	Aidan Gutshall	Manheim PA	77	14	194	39:45.0	39:55.9	12:49/M	
15	Zachary Zahora	Manheim PA	227	14	198	40:15.8	40:41.9	12:59/M	

2022 Rock n Glow

Age Group Results

Race Date
May 21, 2022

5K

Male 11 to 14

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
16	Braydon Newton	Manheim PA	295	12	224	43:42.1	44:16.8	14:06/M
17	Logan Newton	Manheim PA	296	11	225	43:43.3	44:17.4	14:06/M
18	Garrett Barnett	Manheim PA	10	14	261	53:21.1	53:39.8	17:13/M

Female 15 to 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Arielle Breuning	Lancaster PA	31	18	7	20:10.1	20:11.5	6:30/M
2	Reagan Ibach	Manheim PA	103	15	21	23:21.6	23:23.4	7:32/M
3	Riley Sensenig	Lititz PA	259	15	66	28:41.2	28:59.0	9:15/M
4	Ally Sheppard	Denver PA	188	17	76	30:08.8	30:28.7	9:43/M
5	Kennedy Conte	Lititz PA	262	16	97	32:09.6	32:25.3	10:22/M
6	Hannah Weaver	Manheim PA	278	16	116	33:21.0	33:39.0	10:45/M
7	Riley Sauder	Manheim PA	180	16	132	34:48.8	35:24.3	11:14/M
8	Lexi Cox	Manheim PA	44	15	135	34:50.4	35:25.7	11:14/M
9	Anna Haldeman	Manheim PA	80	18	146	35:19.5	35:37.1	11:24/M
10	Katelyn School	Lititz PA	267	16	147	35:21.5	35:36.9	11:24/M
11	Naomi Atticks	Columbia PA	5	16	155	36:39.2	36:45.5	11:49/M
12	Victoria Kolawa	Lititz PA	272	15	160	37:11.5	37:41.5	12:00/M
13	Ava Clinton	Lititz PA	268	15	164	37:44.3	38:14.6	12:10/M
14	Emily Hough	Lititz PA	273	15	166	37:45.1	38:14.8	12:11/M
15	Madison Korom	Manheim PA	239	17	189	39:27.4	39:59.2	12:44/M
16	Payton Miller	Manheim PA	141	16	201	40:33.4	40:51.7	13:05/M
17	Adriana Siegrist	Wrightsville PA	192	17	228	44:30.8	44:58.2	14:22/M
18	Kate Hough	Lititz PA	274	15	248	48:16.4	48:45.4	15:34/M

Male 15 to 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Carson Brooks	Manheim PA	33	18	5	19:59.7	20:03.7	6:27/M
2	Hunter Hurst	Manheim PA	100	15	35	25:54.9	26:00.3	8:22/M
3	Dawson Koch	Myerstown PA	114	18	41	26:37.1	26:44.3	8:35/M
4	Aiden Tuten	Lititz PA	270	15	43	26:58.2	27:27.5	8:42/M
5	Trey Mitchell	Lititz PA	269	15	44	26:59.6	27:28.7	8:42/M
6	Blake Fasnacht	Manheim PA	62	15	45	27:01.4	27:06.7	8:43/M
7	Gabe Knudsen	Manheim PA	299	15	61	28:12.2	28:23.9	9:06/M

Female 19 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Julie Heisey	Lancaster PA	88	27	20	23:08.5	23:15.3	7:28/M
2	Katherine Browe	Ephrata PA	34	27	34	25:35.7	25:51.3	8:15/M
3	Brittany Stevenson	Pequea PA	199	29	42	26:56.3	27:01.0	8:41/M
4	Jessica Delaney	Tremont PA	51	27	56	27:53.5	27:57.7	9:00/M
5	Bethany Wenger	Lititz PA	220	23	63	28:31.7	28:48.9	9:12/M
6	Krystal Huber	Manheim PA	99	27	84	30:57.5	31:08.9	9:59/M
7	Lily Wagner	Manheim PA	217	20	88	31:10.0	31:27.2	10:03/M
8	Deirdre White	Lancaster PA	240	22	90	31:22.6	31:33.1	10:07/M
9	Alaysha Iwais	West Palm Beach FL	241	20	91	31:22.7	31:33.0	10:07/M
10	Cadence Mae		302	22	99	32:11.6	32:15.2	10:23/M
11	Raia Kreiser	Jonestown PA	242	23	111	33:04.5	33:32.5	10:40/M
12	Alyssa Heisey	Manheim PA	87	24	134	34:50.3	35:06.5	11:14/M
13	Deanne High	Lititz PA	91	21	137	34:51.1	35:07.0	11:15/M
14	Nicole Eberly	Ephrata PA	56	22	138	34:51.6	35:08.3	11:15/M
15	Elena Martin	Terre Hill PA	124	22	144	35:10.5	35:27.0	11:21/M
16	Caitlin Corcoran	Leola PA	43	26	161	37:16.8	37:40.5	12:02/M
17	Brittany White	Lancaster PA	221	29	162	37:28.6	37:45.7	12:05/M
18	Michelle Holweger	Lansdale PA	93	27	165	37:44.7	38:06.9	12:11/M
19	Keri Essig	Marietta PA	61	28	179	39:06.7	39:36.3	12:37/M
20	Taylor Bollinger	Lititz PA	25	23	195	39:49.8	40:07.8	12:51/M
21	Mckayla Miller	Manheim PA	140	20	202	40:45.6	41:04.2	13:09/M
22	Melody Boisvert	Landisville PA	23	25	217	42:33.4	42:48.2	13:44/M
23	Bethany Kristich	Manheim PA	116	22	226	44:17.9	44:49.2	14:17/M
24	Amanda Chase		285	29	230	44:53.5	45:07.1	14:29/M

2022 Rock n Glow

Age Group Results

5K

Race Date
May 21, 2022

Female 19 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
25	Kristina Sanger	Landisville PA	176	24	233	45:31.8	45:49.5	14:41/M
26	Natalie Sanchez	Leola PA	174	26	255	49:31.0	49:54.7	15:58/M
27	Randi Beamenderfer	Palmyra PA	12	29	257	50:02.0	50:35.0	16:08/M

Male 19 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Joshua Hershey	Manheim PA	90	24	8	20:17.4	20:18.8	6:33/M
2	Todd Cook	Elizabethtown PA	233	24	15	22:47.9	22:51.2	7:21/M
3	Trevor Hosler	Manheim PA	94	23	24	24:31.0	24:39.3	7:55/M
4	Nathanael Hostetter	Lebanon PA	97	24	31	25:32.5	25:39.3	8:14/M
5	Jaden Bollinger	Lititz PA	24	22	32	25:32.6	25:39.1	8:14/M
6	Kade Kegarise	Manheim PA	106	19	40	26:11.1	26:18.5	8:27/M
7	Bruce Hubbs	Lebanon PA	98	23	57	27:54.7	28:21.6	9:00/M
8	Jackson Conte	Lititz PA	244	19	78	30:12.6	30:28.0	9:45/M
9	Tyler Townsend		303	28	98	32:11.4	32:15.1	10:23/M
10	Tyler Brown	Lancaster PA	35	23	101	32:22.1	32:39.9	10:26/M
11	Benjamin Gingrich	Manheim PA	71	19	114	33:09.9	33:28.2	10:42/M
12	Brandon Mireles	Meyerstown PA	248	27	178	38:46.0	38:58.8	12:30/M
13	Dylan Dombroski	Coal Township PA	54	29	209	41:32.1	41:59.9	13:24/M
14	Jeremiah Snyder	Manheim PA	195	20	227	44:30.4	44:57.8	14:21/M

Female 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Carina Reeser	Manheim PA	163	34	25	24:33.2	24:54.5	7:55/M
2	Andrea Cap	York PA	280	32	30	25:24.9	25:32.7	8:12/M
3	Brittany Hartman	Manheim PA	82	35	75	30:07.7	30:18.5	9:43/M
4	Laurie Olsen	Manheim PA	149	38	83	30:53.0	31:05.9	9:58/M
5	Sarah McGuckin	Lansdale PA	136	30	87	31:00.7	31:24.0	10:00/M
6	Tracy Musser	Manheim PA	146	31	94	31:43.2	32:01.6	10:14/M
7	Cathie Kabana	Port Carbon PA	105	31	100	32:20.1	32:24.3	10:26/M
8	Erika Schell	Manheim PA	182	32	109	32:55.0	33:11.8	10:37/M
9	Kayley Stoner	Manheim PA	207	30	110	32:55.6	33:12.0	10:37/M
10	Angela McDonald	Palmyra PA	134	38	113	33:07.4	33:29.0	10:41/M
11	Victoria Cox	Lancaster PA	276	32	118	33:24.0	33:37.4	10:46/M
12	April Sheffer	Dover PA	281	36	122	33:44.4	33:52.9	10:53/M
13	Becky Lutz	Reinholds PA	121	35	139	34:53.6	35:15.1	11:15/M
14	Kim Stangl	Manheim PA	198	35	143	35:08.0	35:20.3	11:20/M
15	Desiree Kline	Ephrata PA	113	31	149	35:36.8	35:45.3	11:29/M
16	Christine Lutes	Dallastown PA	120	38	150	35:37.9	35:57.8	11:30/M
17	Heidi Piechowski	Ephrata PA	157	34	153	36:25.0	36:43.0	11:45/M
18	Kristen Oberholtzer	Manheim PA	148	32	167	37:46.8	38:10.3	12:11/M
19	Ashley Trovato	Manheim PA	213	36	168	37:46.9	38:00.9	12:11/M
20	Beth Sauder	Manheim PA	177	32	170	37:47.8	38:02.0	12:12/M
21	Barbara Seddon	Manheim PA	184	34	184	39:15.7	39:37.6	12:40/M
22	Rebeca Santos	Lancaster PA	254	37	187	39:22.5	39:37.2	12:42/M
23	Allison Reifsnyder	Manheim PA	164	34	204	40:56.2	41:30.9	13:12/M
24	Laura Moyer	Manheim PA	236	35	205	40:58.6	41:34.2	13:13/M
25	Kathleen Peach	Lebanon PA	156	38	206	40:58.8	41:12.3	13:13/M
26	Maryanne Richardson	Lancaster PA	257	36	216	42:33.4	42:48.3	13:44/M
27	Christine Ebersole	Elizabethtown PA	57	37	221	42:49.8	43:00.9	13:49/M
28	Kayla Pavlik	Manheim PA	155	30	229	44:36.0	44:41.9	14:23/M
29	Jacqueline McNeill	Middletown PA	139	33	242	47:46.0	48:10.4	15:25/M
30	Brittany Rodriguez	Manheim PA	169	34	249	48:17.5	48:27.6	15:35/M
31	Rebecca McMinn	Lancaster PA	138	38	250	48:30.7	49:01.6	15:39/M
32	Anna Rutherford	Lancaster PA	172	33	251	48:30.7	49:01.6	15:39/M
33	Danielle Barnett	Manheim PA	9	38	254	49:26.9	49:46.8	15:57/M

Male 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Corey Johnson	Lititz PA	104	31	3	19:40.9	19:41.0	6:21/M
2	Jesse Rutledge	Leola PA	173	31	9	21:37.4	21:41.0	6:59/M

Race Date
May 21, 2022

2022 Rock n Glow

Age Group Results

5K

Male 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
3	David Keefer		284	36	22	23:24.3	23:29.4	7:33/M
4	Peter Stevenson	Pequea PA	200	33	28	25:11.0	25:14.9	8:07/M
5	Gregory Forstater	Ephrata PA	64	31	39	26:10.9	26:26.8	8:27/M
6	Tommie Black	Lititz PA	20	36	60	28:10.0	28:16.0	9:05/M
7	Steven Keefer		283	33	107	32:43.2	32:48.4	10:33/M
8	Danny Seddon	Manheim PA	186	35	115	33:13.3	33:18.1	10:43/M
9	Justin Orwig	Manheim PA	153	39	127	34:19.0	34:38.7	11:04/M
10	Kyle Hartman	Manheim PA	85	35	131	34:41.1	34:52.7	11:11/M
11	Jeffrey Wilkerson	Palmyra PA	222	37	142	35:07.2	35:20.1	11:20/M
12	Roger Bailey	Manheim PA	301	39	172	37:52.7	38:16.2	12:13/M
13	Ryan Martin	Manheim PA	125	38	181	39:12.6	39:22.3	12:39/M
14	Morgan Ash	East Earl PA	229	32	237	45:43.7	46:11.2	14:45/M

Female 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Greta Stoner	Manheim PA	205	40	11	21:47.4	21:48.6	7:02/M
2	Samantha Blanck	Manheim PA	21	40	23	23:27.4	23:29.9	7:34/M
3	Jeane Bowerman	Manheim PA	27	42	50	27:13.0	27:16.8	8:47/M
4	Jennifer Hossler	Lititz PA	95	40	51	27:18.8	27:32.9	8:49/M
5	Rose Vega	Landisville PA	215	42	52	27:19.7	27:32.7	8:49/M
6	Renee Adair	Manheim PA	291	43	67	28:48.4	28:50.5	9:18/M
7	Shelley Marshall	Harrisburg PA	123	46	69	29:20.3	29:32.9	9:28/M
8	Monica Stitzel	Manheim PA	204	41	72	29:35.1	29:42.5	9:33/M
9	Melissa Reed	Marietta PA	161	44	85	30:58.6	31:31.0	10:00/M
10	Erin Callahan	Manheim PA	38	40	86	30:59.1	31:25.3	10:00/M
11	Kristi Hartman	Lebanon PA	235	45	92	31:38.1	31:45.6	10:12/M
12	Mariely Santiago	Millersville PA	256	44	95	31:48.1	32:08.0	10:16/M
13	Angie Kilby	Columbia PA	112	40	102	32:25.1	32:45.1	10:27/M
14	Jennifer Sumrall	Lancaster PA	258	42	105	32:30.5	32:45.6	10:29/M
15	Michelle McKinsey	Dover PA	137	47	117	33:22.4	33:31.8	10:46/M
16	Kelly Czyzewski	Lititz PA	47	46	120	33:29.6	34:02.2	10:48/M
17	Jessica Black	Lititz PA	19	40	124	34:00.8	34:09.1	10:58/M
18	Tiffany Stanford	Mountville PA	197	40	126	34:01.4	34:16.8	10:59/M
19	Katrina Hurst	Manheim PA	101	45	136	34:51.0	35:16.6	11:15/M
20	Lauren Bergman	Lititz PA	15	41	140	34:57.8	35:17.5	11:17/M
21	Stacy Reed	Manheim PA	162	40	151	35:39.4	35:48.0	11:30/M
22	Pamela Lindstrom	Mountville PA	118	42	152	36:02.8	36:16.6	11:38/M
23	Kerri Mateer	Manheim PA	128	44	159	36:59.2	37:08.0	11:56/M
24	Bridget Conte	Lititz PA	245	44	186	39:20.7	39:36.9	12:42/M
25	Erin Geib	Manheim PA	66	44	191	39:40.9	39:59.9	12:48/M
26	Tina Sauder	Manheim PA	181	46	192	39:41.9	40:17.8	12:48/M
27	Angela Smith	Landisville PA	193	42	196	40:02.9	40:18.0	12:55/M
28	Stephanie Zahora	Manheim PA	226	42	199	40:17.6	40:42.9	13:00/M
29	Shannon Carlino	Manheim PA	40	48	203	40:53.2	41:00.3	13:11/M
30	Colleen Gergely	Manheim PA	67	43	208	41:18.0	41:44.1	13:19/M
31	Jennifer Becker	Elysburg PA	266	42	211	42:04.9	42:32.5	13:35/M
32	Valerie Dillner	Lititz PA	53	43	220	42:49.4	43:14.6	13:49/M
33	Jamie Newton	Manheim PA	293	44	223	43:34.9	44:08.9	14:04/M
34	Angel Shonk	Lititz PA	189	49	231	45:04.4	45:26.0	14:32/M
35	Samara Richards	Lancaster PA	166	41	235	45:33.9	45:43.4	14:42/M
36	Shannon Teets	Elizabethtown PA	212	40	236	45:40.8	45:51.9	14:44/M
37	Tammy Martin	Manheim PA	126	41	241	47:15.8	47:25.5	15:15/M
38	Davita Walker	Birdsboro PA	218	41	244	48:11.2	48:36.5	15:33/M
39	Nicole Burkholder	Manheim PA	232	47	245	48:12.7	48:34.1	15:33/M
40	Shelly Dehoff	Broque PA	234	48	260	52:55.0	53:21.2	17:04/M

Male 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Matthew Davis	Lebanon PA	287	42	12	21:56.5	22:00.2	7:05/M
2	Stuart Heisey	Lititz PA	89	44	18	23:00.0	23:06.6	7:25/M
3	Lee Brandt	Manheim PA	30	44	37	25:56.2	26:01.9	8:22/M
4	Daniel Bowerman	Manheim PA	26	42	47	27:03.4	27:06.5	8:44/M
5	Jason Sholley	Newmanstown PA	237	40	54	27:43.3	27:50.0	8:57/M
6	Larry Rickey	Landisville PA	168	47	55	27:45.8	27:59.5	8:57/M
7	Mike Adair	Manheim PA	290	43	59	28:06.6	28:09.6	9:04/M
8	Ben Lutz	Reinholds PA	122	41	89	31:17.6	31:40.2	10:06/M

Male 40 to 49

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
9	Terry Atticks	Columbia PA	6	49	128	34:32.7	35:02.9	11:09/M	
10	Todd Bergman	Lititz PA	17	42	141	34:58.7	35:17.7	11:17/M	
11	Kristopher Bleacher	Mount Joy PA	22	45	154	36:37.9	36:56.6	11:49/M	
12	Kevin Cwynar	Clarksburg MD	46	45	157	36:45.4	36:53.0	11:51/M	
13	David Crays	Dover PA	45	48	163	37:31.8	37:41.5	12:06/M	
14	Mitchell Smith	Manheim PA	194	45	175	38:33.8	38:54.8	12:26/M	
15	Jeremy Stouch	Manheim PA	211	46	185	39:17.4	39:39.8	12:40/M	
16	Valentino Conte	Lititz PA	243	47	188	39:23.5	39:39.1	12:42/M	
17	Troy Dean	Manheim PA	50	46	212	42:11.2	42:23.0	13:37/M	
18	Chad Mateer	Manheim PA	127	45	218	42:37.7	42:47.0	13:45/M	
19	Ryan Gibson	Elizabethtown PA	238	44	239	46:49.7	47:16.1	15:06/M	
20	Lane Burkholder	Manheim PA	231	46	246	48:12.9	48:34.0	15:33/M	

Female 50 to 59

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Diana Griffiths	Lititz PA	76	51	27	24:50.5	24:56.6	8:01/M	
2	Lorinda Koch	Myerstown PA	115	53	38	26:08.1	26:14.9	8:26/M	
3	Sarah Wood	Denver PA	223	50	77	30:09.3	30:28.9	9:44/M	
4	Kelli Stouch	Manheim PA	251	51	80	30:22.2	30:27.1	9:48/M	
5	Diane Beaston	Marietta PA	13	52	108	32:53.0	33:16.6	10:36/M	
6	Suzanne Daub	Lebanon PA	48	50	145	35:13.4	35:41.8	11:22/M	
7	Marci Dean	Manheim PA	49	50	174	38:18.8	38:31.5	12:22/M	
8	Jennifer Ross	Lititz PA	250	53	180	39:09.0	39:22.1	12:38/M	
9	Amy Addams	Elizabethtown PA	1	57	190	39:33.4	40:03.9	12:46/M	
10	Missi Mills	Lebanonlebanon PA	142	53	200	40:26.2	40:54.3	13:03/M	
11	Kara Irvine	Lititz PA	249	53	232	45:18.1	45:32.6	14:37/M	
12	Judith Bitner	Mount Joy PA	18	53	256	50:01.7	50:34.4	16:08/M	
13	Cerrita Reed	Manheim PA	160	59	262	54:57.2	55:27.6	17:44/M	

Male 50 to 59

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Eric Stouch	Manheim PA	252	51	2	19:06.1	19:09.3	6:10/M	
2	Shawn Reniker	Lititz PA	165	55	17	22:55.9	23:02.4	7:24/M	
3	Karl Kesselring	Glen Mills PA	107	55	53	27:26.0	27:30.1	8:51/M	
4	Jay Troy Kibler	Manheim PA	108	57	119	33:28.9	33:34.4	10:48/M	
5	Fred Wagaman	Denver PA	216	59	130	34:40.4	34:55.1	11:11/M	
6	T. Daniel Richards	Lancaster PA	167	51	252	49:11.0	49:25.0	15:52/M	

Female 60 to 69

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Gail Campbell	Manheim PA	39	65	173	37:56.3	37:59.1	12:14/M	
2	Ann Ash	East Earl PA	228	61	176	38:37.3	39:02.4	12:28/M	
3	Debb Redcay	Ephrata PA	158	66	210	41:55.6	42:05.1	13:32/M	
4	Helen Holweger	Lansdale PA	92	61	234	45:33.4	45:56.1	14:42/M	
5	Dolores Walker	Lititz PA	219	63	238	46:06.8	46:31.6	14:53/M	
6	Jerri May	Wrightsville PA	132	69	258	52:18.7	52:44.8	16:52/M	
7	Deb Bryant	York PA	230	67	259	52:53.7	53:20.9	17:04/M	

Male 60 to 69

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Brian Reed	Manheim PA	159	60	68	29:16.2	29:34.4	9:27/M	
2	Chuck Kidhardt	New Holland PA	109	65	121	33:36.1	33:49.5	10:50/M	
3	Scot Ash	East Earl PA	282	62	177	38:37.5	39:02.6	12:28/M	
4	Glen Beiler	Akron PA	14	63	214	42:26.1	42:38.1	13:41/M	

Race Date
May 21, 2022

2022 Rock n Glow
Age Group Results

5K

Male 70 and over

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Chris Harris	Lancaster PA	81	72	197	40:15.6	40:59.8	12:59/M
2	Paul Miller	Harrisburg PA	275	74	240	46:53.5	47:20.2	15:08/M