

Race Date
June 01, 2019

2019 Rock N Glow
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Kaitlyn Dickow	Lititz PA	143	18	4	17:11.2	17:11.2	5:32/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Galen Fitzkee	Manheim PA	185	20	1	16:57.9	16:57.9	5:27/M

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Female No Age Given

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Heather Miller		856		201	29:06.8	29:31.5	9:23/M

No Age given

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Brodie Daugherty		834	0	76	24:38.3	24:39.6	7:57/M
2	Luke Fisher		831	0	203	29:12.5	29:51.2	9:25/M
3	Matthew Dupler		847	0	408	33:59.1	34:40.3	10:58/M

Female 1 to 10

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Hayden Jennings		866	9	74	24:22.5	24:25.9	7:52/M
2	Kaylee Arter	Manheim PA	745	8	250	30:35.3	31:25.9	9:52/M
3	Haylee Hollinger	Manheim PA	312	8	251	30:36.6	30:53.1	9:52/M
4	Reagan Orwig	Manheim PA	521	10	254	30:39.0	31:11.9	9:53/M
5	Ella Leichty		817	9	296	31:41.6	32:08.6	10:13/M
6	Ashton Brandt	Manheim PA	83	8	302	31:51.1	32:16.8	10:16/M
7	Andy Lopez	Mount Joy PA	422	10	303	31:54.5	32:07.9	10:17/M
8	Aiden Adair	Manheim PA	4	6	314	32:12.2	36:46.4	10:23/M
9	Madelyn Gehman	Manheim PA	206	10	338	32:52.4	33:28.5	10:36/M
10	Hope Hollinger	Manheim PA	314	10	346	32:56.5	33:11.3	10:37/M
11	Madison Behney	Manheim PA	46	10	347	32:59.0	33:14.1	10:38/M
12	Jocelyn Gehman	Manheim PA	205	6	353	33:05.7	33:43.2	10:40/M
13	Letteria Olsen	Manheim PA	517	8	355	33:06.3	33:35.7	10:41/M
14	Bryn Stouch	Manheim PA	652	6	360	33:10.5	33:44.7	10:42/M
15	Gianna Bernat	Manheim PA	64	9	361	33:10.5	33:54.2	10:42/M
16	Alexis Blechschmidt	Washington Boro PA	747	8	368	33:13.7	33:17.4	10:43/M
17	Katie Deitrich		801	10	378	33:33.2	33:34.7	10:49/M
18	Lyla Mateer	Manheim PA	441	5	380	33:34.4	34:15.7	10:50/M
19	Abbey Goff	Manheim PA	228	9	386	33:43.7	33:51.4	10:53/M
20	Mikaela Desautels	Lancaster PA	140	9	410	34:07.2	34:54.0	11:00/M
21	Alice Othmer		852	10	420	34:24.6	34:49.6	11:06/M
22	Violet Santiago	Manheim PA	583	9	457	36:11.6	36:18.6	11:40/M
23	Olivia Denlinger	Manheim PA	133	10	467	36:43.6	37:43.4	11:51/M
24	Tenley Mateer	Manheim PA	442	5	480	37:14.7	37:54.9	12:01/M
25	Kyra Miller		800	8	483	37:21.0	38:28.1	12:03/M
26	Kiera Klopp		844	8	492	37:36.9	37:48.1	12:08/M
27	Madelyn Tedesco	Manheim PA	678	7	519	38:49.3	38:56.1	12:31/M
28	Natalie Behney	Manheim PA	48	8	526	38:55.7	39:33.7	12:33/M
29	Camryn Stouch	Manheim PA	653	9	540	39:29.4	40:02.3	12:44/M
30	Jaelynn Bauder	Akron PA	37	9	574	40:27.6	41:04.9	13:03/M
31	Aryanna Butler	Lititz PA	750	9	585	41:06.9	41:43.7	13:15/M
32	Madden Adair	Manheim PA	5	10	598	41:52.4	41:52.4	13:30/M
33	Johanna Lehr	Ephrata PA	772	9	637	45:00.0	45:16.0	14:31/M
34	Karley Pickel	Manheim PA	538	8	645	45:36.7	45:45.1	14:43/M
35	Emma Trimble	Mount Joy PA	683	4	659	46:05.1	47:07.5	14:52/M
36	Emily Addams	Elizabethtown PA	9	10	662	46:10.3	47:30.5	14:54/M
37	Araceli Bernat	Manheim PA	62	5	667	46:24.0	47:09.5	14:58/M
38	Adeline Fry		828	10	675	46:54.3	47:00.7	15:08/M
39	Avery Griffith	Lititz PA	247	10	680	47:07.7	48:05.6	15:12/M
40	Emma Garner	Manheim PA	199	9	700	47:55.6	49:02.1	15:27/M
41	Julia Gergely	Manheim PA	212	9	713	49:03.5	50:18.8	15:49/M
42	Lyla Housner		804	9	727	49:54.5	49:56.5	16:06/M
43	Grace Jefferson	Manheim PA	361	7	739	50:59.4	52:07.1	16:27/M
44	Makenna Heisey	Manheim PA	278	7	776	54:54.8	56:03.6	17:43/M

Male 1 to 10

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Ethan Miller		799	10	50	23:05.6	24:06.9	7:27/M
2	Liam Risser	Lancaster PA	563	10	71	24:18.4	24:22.8	7:50/M
3	Benjamin Steinmetz	Lititz PA	639	7	94	25:40.1	26:12.8	8:17/M
4	Tyce Miller		853	8	102	25:53.6	25:55.2	8:21/M

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		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
5	Jarred Stoner	Manheim PA	651	10	147	27:20.4	27:33.7	8:49/M
6	Anthony Hummel	Lititz PA	763	10	198	28:52.9	29:13.4	9:19/M
7	Logan Dupler		846	10	223	30:04.4	30:44.8	9:42/M
8	Chase Stitzel	Manheim PA	645	8	277	31:05.4	31:43.1	10:02/M
9	Cole Steinmetz	Lititz PA	640	5	292	31:37.7	32:10.2	10:12/M
10	Athan Schwartz	Lititz PA	601	9	309	32:02.0	32:41.7	10:20/M
11	Connor Gehman	Manheim PA	203	8	316	32:15.3	32:52.3	10:24/M
12	Chester Beach	Lebanon PA	39	10	319	32:18.3	32:33.4	10:25/M
13	Bentley Zeamer	Manheim PA	732	8	323	32:24.4	32:45.3	10:27/M
14	Jack Phillips	Lititz PA	781	6	332	32:43.2	33:39.3	10:33/M
15	Caleb Phillips	Lititz PA	780	6	334	32:45.0	33:41.1	10:34/M
16	Emmett Denlinger	Manheim PA	130	7	340	32:53.3	33:51.8	10:36/M
17	Nathan Bowerman	Manheim PA	78	9	367	33:13.3	34:56.8	10:43/M
18	Cade Newswanger	Manheim PA	501	7	371	33:15.6	34:07.5	10:44/M
19	Owen Inthavongsa	Manheim PA	352	7	385	33:43.5	35:12.3	10:53/M
20	Cohen Inthavongsa	Manheim PA	349	9	390	33:45.7	35:14.1	10:53/M
21	Elijah Horst	Manheim PA	333	10	418	34:22.5	34:46.5	11:05/M
22	Hunter Jahngien	Manheim PA	357	7	468	36:50.2	36:57.8	11:53/M
23	Cole Arter	Manheim PA	744	10	482	37:20.6	38:11.5	12:03/M
24	Andrew Phillips	Lititz PA	536	9	489	37:25.1	38:21.8	12:04/M
25	Levi Horst	Manheim PA	335	6	505	38:15.4	38:38.8	12:20/M
26	Evan Rennix	Mountville PA	554	7	537	39:26.1	40:27.2	12:43/M
27	Bryde Deeter		796	9	571	40:21.1	40:52.2	13:01/M
28	Eli Hockenberry	Manheim PA	299	7	579	40:41.8	41:33.7	13:07/M
29	Gage Ibach	Manheim PA	345	6	606	42:35.1	42:54.9	13:44/M
30	Rowan Crispeno	Lititz PA	120	10	609	42:41.0	43:52.7	13:46/M
31	Zachary Rokosky	Cumbola PA	571	10	621	44:05.6	45:38.9	14:13/M
32	Justice Keller	Landisville PA	376	8	671	46:41.8	46:54.4	15:04/M
33	Maddox Lehr	Lancaster PA	774	7	676	46:59.6	47:15.1	15:09/M
34	Kyan Schload	Marietta PA	596	8	696	47:52.6	49:28.9	15:26/M
35	Andy Goff	Manheim PA	229	9	704	48:18.8	49:07.4	15:35/M
36	Colton Hollinger	Manheim PA	311	5	714	49:03.8	50:36.2	15:49/M
37	Jason Patterson	Manheim PA	527	9	718	49:12.3	50:04.9	15:52/M
38	Cullen Gordon	Mountville PA	237	9	753	52:38.6	52:38.6	16:59/M
39	Aaiden Johnson	Lebanon PA	364	9	764	54:00.1	55:33.3	17:25/M

Female 11 to 14

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Milana Breuninger	Lancaster PA	93	13	33	22:07.8	22:10.3	7:08/M
2	Kaleigh Enck	Manheim PA	162	11	34	22:10.5	22:12.0	7:09/M
3	Abby Ames	Lancaster PA	14	14	37	22:19.6	22:36.3	7:12/M
4	Morgan Miller		854	12	49	23:01.6	23:03.3	7:25/M
5	Samantha Eisenhofer	Sinking Spring PA	161	12	56	23:34.0	23:39.2	7:36/M
6	Isabella Reber	Manheim PA	546	14	66	24:06.1	24:08.1	7:46/M
7	Hannah Schwartz	Akron PA	604	13	69	24:13.9	24:18.7	7:49/M
8	Haley Jarvis	Lititz PA	765	13	122	26:27.0	26:28.7	8:32/M
9	Avery Bernhardt	Manheim PA	66	14	134	26:58.9	27:36.5	8:42/M
10	Laura Kahler	Lititz PA	371	12	156	27:53.6	28:43.4	9:00/M
11	Ashtyn Kahler	Lititz PA	368	12	162	27:58.6	28:48.9	9:01/M
12	Julia Kahler	Lititz PA	370	11	170	28:09.8	28:59.1	9:05/M
13	Kaela McCarthy	Manheim PA	453	13	185	28:33.3	28:44.7	9:13/M
14	Kylie Stitzel		811	11	186	28:33.5	29:11.3	9:13/M
15	Allison Zook	Lititz PA	739	13	194	28:44.9	28:49.9	9:16/M
16	Sienna Mitchell	Manheim PA	480	13	205	29:14.3	29:26.3	9:26/M
17	Paige Garner	Manheim PA	201	11	212	29:30.9	29:47.5	9:31/M
18	Reagan Ibach	Manheim PA	347	12	213	29:30.9	29:47.5	9:31/M
19	Julia Barto	Lititz PA	33	14	226	30:10.2	30:38.2	9:44/M
20	Laci Nelson		819	12	236	30:20.3	30:52.0	9:47/M
21	Laura King	Manheim PA	767	14	241	30:24.9	31:27.2	9:48/M
22	Emma Herman	Manheim PA	285	12	248	30:34.9	31:12.9	9:52/M
23	Rachel Stephens	Manheim PA	643	14	259	30:47.4	31:30.8	9:56/M
24	Ava Kenneff	Manheim PA	383	14	261	30:47.9	31:31.0	9:56/M
25	Sara Inthavongsa	Manheim PA	354	11	280	31:15.9	31:30.7	10:05/M
26	Lizzy Neifert	Manheim PA	498	13	282	31:19.0	31:46.5	10:06/M
27	Emily Straley	Elizabethtown PA	659	11	297	31:42.8	31:58.7	10:14/M
28	Katelyn Shelly	Manheim PA	608	11	345	32:55.6	33:10.1	10:37/M
29	Haley Knouse	Lancaster PA	769	11	348	33:04.1	33:05.3	10:40/M
30	Madison Reed	Mountville PA	549	11	369	33:14.0	33:17.8	10:43/M
31	Grace Weidman	Ephrata PA	711	12	392	33:46.2	33:52.0	10:54/M
32	Peyton Fischer	Lancaster PA	180	14	403	33:53.1	33:58.2	10:56/M
33	Bethany Stoltzfus	Strasburg PA	649	13	404	33:53.5	33:58.8	10:56/M

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Female 11 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
34	Anna Horst	Manheim PA	331	12	407	33:58.6	34:22.3	10:57/M
35	Rachel Ferree	Marietta PA	176	12	415	34:15.2	34:30.9	11:03/M
36	Cali Inthavongsa	Manheim PA	348	11	422	34:29.0	35:28.9	11:07/M
37	Carly Miller	Lititz PA	778	14	428	34:45.8	35:06.8	11:13/M
38	Madison Sauder	Manheim PA	589	14	429	34:50.5	35:50.5	11:14/M
39	Vivian Cramer		851	12	438	35:06.3	35:32.7	11:19/M
40	Ava Othmer		826	12	445	35:38.7	36:04.4	11:30/M
41	Elisa Rankin	Manheim PA	544	11	461	36:19.1	36:46.0	11:43/M
42	Mallory Berkheimer		836	12	463	36:20.4	37:21.3	11:43/M
43	Monica Herman	Manheim PA	287	13	472	36:59.8	37:38.1	11:56/M
44	Madison Korom	Manheim PA	394	14	491	37:35.7	38:24.3	12:07/M
45	Sarah Hess	Manheim PA	295	14	497	37:53.8	38:47.7	12:13/M
46	Allie Parke	Manheim PA	525	11	498	37:55.6	38:55.0	12:14/M
47	Hannah Weaver	Manheim PA	701	13	515	38:34.2	39:48.8	12:26/M
48	Makayla Weaver	Elizabethtown PA	704	11	536	39:25.3	40:22.7	12:43/M
49	Gwendolynne Smith		802	11	542	39:34.6	41:01.9	12:46/M
50	Adriana Siegrist	Wrightsville PA	612	14	561	40:11.3	41:28.1	12:58/M
51	Mackenzie Bernot	Manheim PA	68	13	566	40:20.1	40:52.3	13:01/M
52	Lia Bentivogli	New Providence PA	58	13	590	41:24.1	42:36.8	13:21/M
53	Kylie Mays	Lancaster PA	448	11	592	41:35.1	43:06.5	13:25/M
54	Rachel Ruffner	Manheim PA	577	13	601	42:09.5	43:00.2	13:36/M
55	Julie Strausbaugh	Manheim PA	660	11	611	43:21.6	44:08.0	13:59/M
56	Ally Neifert	Manheim PA	495	11	619	43:52.5	44:23.9	14:09/M
57	Skyler Ganster	East Petersburg PA	195	12	690	47:36.8	48:54.8	15:21/M
58	Kyleigh McQuaid	Lititz PA	461	13	751	52:36.1	53:06.7	16:58/M
59	Evelyn Gordon	Mountville PA	238	12	754	52:38.7	52:38.7	16:59/M
60	Shannon English	Lititz PA	166	13	755	52:38.9	53:09.2	16:59/M

Male 11 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Ben Causak	Lebanon PA	113	12	10	19:26.2	19:28.0	6:16/M
2	Brady Schwartz		809	14	13	19:51.3	19:56.6	6:24/M
3	Keagan Eisenhofer	Sinking Spring PA	160	11	17	20:02.4	20:04.2	6:28/M
4	Hunter Brady	Wrightsville PA	80	14	19	20:20.3	20:44.9	6:34/M
5	Reid Hoobber		858	11	26	21:17.4	21:37.9	6:52/M
6	Carter Vinson	Washington Boro PA	692	13	29	21:48.2	22:04.5	7:02/M
7	Benjamin Ginder	Manheim PA	219	14	31	21:54.9	22:02.6	7:04/M
8	Devin Zook	Leola PA	741	14	55	23:31.2	23:43.4	7:35/M
9	Dalton Becker	Lititz PA	43	13	78	24:48.7	25:02.5	8:00/M
10	Jason Swartz	Manheim PA	671	13	83	24:55.9	25:26.0	8:02/M
11	Caleb Swartz	Manheim PA	670	12	88	25:25.4	25:54.8	8:12/M
12	Aj Schwartz	Lititz PA	600	12	89	25:30.3	26:11.5	8:14/M
13	Peyton Bernhardt	Manheim PA	67	12	93	25:39.7	25:40.8	8:16/M
14	Juan Lopez	Mount Joy PA	423	14	101	25:50.3	26:08.9	8:20/M
15	Luke Gibble	Manheim PA	217	13	117	26:16.7	26:35.0	8:28/M
16	Noah Patton	Columbia PA	529	13	136	27:03.9	28:37.0	8:44/M
17	Noah Brady	Wrightsville PA	82	12	145	27:17.7	27:41.3	8:48/M
18	Hunter Abbott	Manheim PA	1	13	175	28:16.7	28:32.2	9:07/M
19	Cole Price		822	13	188	28:37.2	28:43.1	9:14/M
20	Logan Rieg	Manheim PA	560	13	190	28:40.1	29:28.1	9:15/M
21	Landen Statts	Manheim PA	634	12	214	29:36.6	30:23.1	9:33/M
22	Landen Sauder	Manheim PA	588	11	258	30:46.8	31:37.8	9:55/M
23	Aj Hondru	Manheim PA	319	12	284	31:26.3	31:44.9	10:08/M
24	Drew Schwartz	Lititz PA	602	14	287	31:32.6	32:14.2	10:10/M
25	Cole Schwartz		810	14	288	31:32.9	32:12.3	10:10/M
26	Roman Kourt	New Holland PA	396	11	328	32:28.5	33:03.2	10:28/M
27	Ryan Beiler	Akron PA	51	14	396	33:46.8	34:00.4	10:54/M
28	Landyn Desautels	Lancaster PA	139	11	409	34:04.2	34:51.0	10:59/M
29	Nate Sauder	Manheim PA	590	13	441	35:17.4	36:28.7	11:23/M
30	Hunter Hurst		813	12	476	37:04.0	37:38.3	11:57/M
31	Aiden Garner	Manheim PA	197	12	531	39:04.2	39:52.2	12:36/M
32	Adam Wiekrykas	Ranson WV	720	12	546	39:44.8	40:03.2	12:49/M
33	Rodney Sauder	Manheim PA	591	13	572	40:23.8	41:34.2	13:02/M
34	Brady Dillner	Lititz PA	146	11	600	42:08.8	43:09.7	13:35/M
35	Zachary Zahora	Manheim PA	731	11	604	42:29.5	43:18.1	13:42/M
36	Jay Hollinger	Manheim PA	315	11	628	44:18.8	44:47.9	14:17/M
37	Aidan Gutshall	Manheim PA	252	11	629	44:21.6	44:49.7	14:18/M
38	Nick Fischer	Lancaster PA	179	11	634	44:35.5	45:58.7	14:23/M
39	Damon Barto	Lititz PA	31	13	716	49:05.7	50:32.7	15:50/M
40	Trevor Brandt	Manheim PA	87	12	736	50:53.7	52:07.8	16:25/M
41	Reagan Miller		798	12	762	53:35.6	53:42.2	17:17/M

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Male 11 to 14

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Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
42	Nathan Landis	Ephrata PA	405	13	779	55:18.5	56:44.7	17:50/M

Female 15 to 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Arielle Breuninger	Lancaster PA	91	15	25	21:12.7	21:14.3	6:50/M
2	Amanda Fry	Mount Joy PA	189	16	58	23:39.3	23:58.9	7:38/M
3	Olivia Sunderland	Manheim PA	669	15	61	23:41.2	23:43.2	7:38/M
4	Marianne Fitzkee	Manheim PA	186	18	96	25:41.8	25:44.3	8:17/M
5	Sara Hooper		820	16	114	26:12.5	26:32.6	8:27/M
6	Julie Rittenhouse		840	15	121	26:22.5	27:08.3	8:30/M
7	Sarah Hershey	Paradise PA	290	17	140	27:08.8	27:38.8	8:45/M
8	Becca Keppley	Manheim PA	387	18	167	28:06.6	28:24.2	9:04/M
9	Rachel Horner	Lititz PA	328	15	177	28:20.8	28:34.2	9:08/M
10	Kenna Price		821	15	187	28:36.3	28:42.3	9:14/M
11	Erin Haldeman	Lititz PA	259	16	191	28:40.5	29:10.3	9:15/M
12	Sarah Rittenhouse		839	18	244	30:26.8	31:12.1	9:49/M
13	Madison Root	Ephrata PA	574	18	246	30:30.5	32:01.6	9:50/M
14	Jordan Smith		862	17	247	30:31.2	31:16.4	9:51/M
15	Hope Hendershot	Manheim PA	282	18	304	31:55.8	32:26.8	10:18/M
16	Meghan Healy	Manheim PA	272	18	312	32:09.8	32:28.0	10:22/M
17	Belle Kourt	Lititz PA	771	15	327	32:27.8	33:02.5	10:28/M
18	Emma Levitan	Manheim PA	415	15	352	33:05.6	34:22.7	10:40/M
19	Morgan Ferree	Marietta PA	175	15	374	33:19.2	33:35.3	10:45/M
20	Emily Dietz	Lebanon PA	144	15	474	37:01.0	37:40.0	11:56/M
21	Ellie McCabe	Manheim PA	451	15	475	37:01.1	37:40.1	11:56/M
22	Erin Weaver	Elizabethtown PA	700	15	535	39:22.0	40:19.9	12:42/M
23	Emma Weaver	Elizabethtown PA	699	15	687	47:22.2	48:17.8	15:17/M
24	Samantha Mays	Lancaster PA	449	17	783	56:03.6	57:20.9	18:05/M

Male 15 to 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Isaac Martin	Manheim PA	431	17	12	19:46.4	19:46.4	6:23/M
2	Ryan Horner	Lititz PA	329	17	15	19:59.3	20:05.1	6:27/M
3	Michael Greenwald	Manheim PA	245	15	16	20:00.6	20:03.0	6:27/M
4	Kole Rankin	Manheim PA	545	17	22	20:54.3	20:57.0	6:45/M
5	Carson Brooks	Manheim PA	94	15	23	20:56.7	20:58.8	6:45/M
6	Ezekiel Ruffner	Manheim PA	576	15	24	20:58.7	21:00.8	6:46/M
7	Colby Richard	Lititz PA	558	15	30	21:52.9	22:24.8	7:03/M
8	Darren Diverio	Manheim PA	152	16	39	22:34.1	22:36.9	7:17/M
9	Mason Caleca	Lititz PA	109	17	53	23:18.1	23:49.0	7:31/M
10	Jeremy Bell	Lititz PA	54	17	104	25:59.4	26:22.7	8:23/M
11	Gage McCabe	Manheim PA	452	17	110	26:08.5	26:28.3	8:26/M
12	Joshua Hershey	Paradise PA	760	15	131	26:51.1	27:22.1	8:40/M
13	Bailey Miller	Lititz PA	473	15	143	27:14.5	27:34.8	8:47/M
14	Logan Bortner	Manheim PA	76	17	148	27:36.0	27:39.6	8:54/M
15	Kyle Huncher	Mount Joy PA	344	15	182	28:25.7	28:38.2	9:10/M
16	Joey Aten	Lancaster PA	21	16	196	28:48.0	29:17.5	9:17/M
17	Stephen Halbruner	Mechanicsburg PA	258	17	350	33:05.0	33:31.7	10:40/M
18	Tyler Edwards	Lebanon PA	159	15	400	33:50.7	34:47.9	10:55/M
19	Carson Brenize	Ephrata PA	90	18	430	34:52.2	36:21.6	11:15/M
20	Luke Barton	Manheim PA	35	15	485	37:22.4	37:56.0	12:03/M
21	Gage Meckley	Lititz PA	776	15	584	41:06.2	41:43.8	13:15/M
22	Ivan Rivera	Manheim PA	564	15	710	48:49.9	49:56.3	15:45/M

Female 19 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Sarah Hollinger	Mount Joy PA	316	21	59	23:39.7	23:59.0	7:38/M
2	Michelle Pike	Louisville KY	783	27	67	24:07.3	24:16.2	7:47/M
3	Nikki Showalter	Elizabethtown PA	610	26	68	24:12.8	24:15.1	7:48/M
4	Dakota Blagg	Washington DC	69	24	92	25:38.6	26:22.7	8:16/M
5	Alysia Wisler	Leola PA	723	28	112	26:11.8	27:43.0	8:27/M

2019 Rock N Glow

Age Group Results

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Race Date
June 01, 2019

Female 19 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
6	Taylor Landis	Brownstown PA	408	23	115	26:14.1	26:18.4	8:28/M
7	Jessica Wharton	Marietta PA	716	26	120	26:22.4	26:36.5	8:30/M
8	Julie McFarland	Mount Joy PA	456	22	126	26:42.5	27:19.9	8:37/M
9	Emily Sterner	Elizabethtown PA	644	28	130	26:47.7	27:22.6	8:38/M
10	Rachel Hershey	Paradise PA	289	19	133	26:56.7	27:26.9	8:41/M
11	Jen Abrams	Lebanon PA	3	29	139	27:07.0	27:16.1	8:45/M
12	Carissa Harnish	Hummelstown PA	267	26	161	27:58.3	29:03.2	9:01/M
13	Madeleine Weaver	Leola PA	792	19	164	28:00.0	28:38.4	9:02/M
14	Halle Funk	Lancaster PA	191	20	179	28:22.3	28:32.3	9:09/M
15	Jesse Rohrbaugh	Denver PA	567	22	180	28:25.0	28:50.2	9:10/M
16	Kristin Horton	New Holland PA	337	25	181	28:25.4	28:50.4	9:10/M
17	Elysha Kendrick	Ephrata PA	379	25	193	28:43.3	29:27.0	9:16/M
18	Kelsey Kendrick	Lancaster PA	380	27	195	28:47.3	29:31.0	9:17/M
19	Megan Rutledge	Leola PA	580	28	197	28:52.0	29:10.1	9:19/M
20	Catherine Prozzill		830	27	202	29:12.3	29:51.4	9:25/M
21	Anna Brubaker	Lebanon PA	748	20	204	29:12.5	30:10.8	9:25/M
22	Sara McKee	Manheim PA	460	23	208	29:18.4	29:27.3	9:27/M
23	Emily Nolt	New Holland PA	779	25	211	29:26.5	29:47.1	9:30/M
24	Gaby Brubaker	Lititz PA	98	24	221	30:03.6	30:35.4	9:42/M
25	Renée Ormond	Lititz PA	519	24	222	30:03.8	30:35.6	9:42/M
26	Desiree Myers	Elizabethtown PA	489	23	225	30:09.7	30:53.6	9:44/M
27	Kailey Fesenmyer	Ephrata PA	177	28	228	30:11.4	30:32.3	9:44/M
28	Taylor Martin	Mount Joy PA	437	25	256	30:43.2	31:13.3	9:55/M
29	Samantha Enck	Manheim PA	163	27	267	30:50.1	31:20.5	9:57/M
30	Priscilla Tran	Pottsville PA	681	20	271	30:53.8	31:06.7	9:58/M
31	Annie Nelson		807	23	279	31:13.8	31:45.8	10:04/M
32	Jessica Przybylski	York PA	784	28	289	31:35.1	32:05.2	10:11/M
33	Janelle Martin	Manheim PA	432	22	305	31:56.0	32:34.2	10:18/M
34	Natalie Zeamer	Manheim PA	734	28	324	32:24.7	32:45.0	10:27/M
35	Holly Hendershot	Manheim PA	281	20	330	32:33.2	33:04.0	10:30/M
36	Cambrie Miller	Manheim PA	474	19	341	32:54.6	34:21.3	10:37/M
37	Janna Ames	Lancaster PA	17	28	344	32:54.8	33:13.6	10:37/M
38	Krystal Huber	Manheim PA	341	24	354	33:06.0	33:56.2	10:41/M
39	Emily Romberger	Mount Joy PA	572	24	357	33:07.0	33:56.8	10:41/M
40	Mckenzie Smith	Elizabethtown PA	620	23	373	33:17.7	33:58.2	10:44/M
41	Alicia Rivera		806	27	383	33:37.1	34:06.8	10:51/M
42	Kelsey Wenger	Lititz PA	715	23	389	33:45.6	35:11.9	10:53/M
43	Rebecca Myers	Mechanicsburg PA	490	29	393	33:46.6	34:11.3	10:54/M
44	Kayleen Wenger	Lititz PA	714	20	401	33:51.2	35:18.3	10:55/M
45	Ana Jaynes	Marietta PA	359	27	416	34:15.7	34:31.1	11:03/M
46	Tess Onink	Harrisburg PA	518	26	432	34:54.3	35:44.8	11:15/M
47	Rachael Levitan	Manheim PA	417	20	433	34:57.3	36:14.1	11:16/M
48	Kylie Funk	Lititz PA	192	19	436	35:04.5	36:06.3	11:19/M
49	Alyssa Jones	Lititz PA	366	20	437	35:04.5	36:06.1	11:19/M
50	Katelyn Grazan	Manheim PA	243	24	449	35:43.4	36:26.5	11:31/M
51	Karly Burkhart	Peach Bottom PA	104	22	450	35:51.8	36:09.4	11:34/M
52	Christina Nolt	Lancaster PA	504	25	454	35:57.1	37:13.4	11:36/M
53	Brittany Nash	East Petersburg PA	491	27	465	36:29.8	37:17.9	11:46/M
54	Maggie Vanbrakle	Manheim PA	687	21	487	37:24.4	37:24.4	12:04/M
55	Aja Cunningham	Lancaster PA	753	22	493	37:41.1	38:33.0	12:09/M
56	Brittany Balmer	Manheim PA	746	22	494	37:41.7	38:33.3	12:09/M
57	Michelle Krynski	Downingtown PA	399	29	516	38:39.9	39:38.1	12:28/M
58	Diana Sauder	Manheim PA	585	27	553	40:03.0	41:25.6	12:55/M
59	Melissa Stehman	Manheim PA	638	28	577	40:31.8	41:54.0	13:04/M
60	Rachel Athey	Ellicott City MD	22	27	587	41:21.5	41:51.1	13:20/M
61	Liz Borders	Mount Joy PA	74	27	589	41:22.2	41:51.1	13:21/M
62	Sydney Smith	Manheim PA	622	19	591	41:31.3	42:45.5	13:24/M
63	Amanda Groff	Manheim PA	249	28	595	41:39.6	42:35.0	13:26/M
64	Melody Houpt	Wellsboro PA	340	24	610	43:21.2	44:07.6	13:59/M
65	Megan Gembe	York PA	208	27	632	44:28.4	45:20.9	14:21/M
66	Elana Dise	Lititz PA	150	21	639	45:16.9	45:55.7	14:36/M
67	Gwynn Goretzke	Elizabethtown PA	240	27	642	45:30.7	46:45.8	14:41/M
68	Ausialee Breisch	Denver PA	89	28	647	45:48.7	47:03.9	14:46/M
69	Brianna Mead	East Earl PA	462	24	648	45:49.8	46:38.9	14:47/M
70	Kirstin Patterson	Denver PA	528	26	651	45:56.3	46:39.9	14:49/M
71	Jacqueline Coe	Manheim PA	115	26	652	45:56.5	46:39.7	14:49/M
72	Annie Long	Fallston MD	421	28	654	46:03.6	47:04.1	14:51/M
73	Krystal Osman	Lykens PA	523	29	669	46:27.0	47:31.8	14:59/M
74	Ashley Hoover	Manheim PA	325	29	670	46:31.4	47:38.7	15:00/M
75	Nikkie Keller	Landisville PA	377	29	672	46:43.2	46:55.7	15:04/M
76	Tina Burkhart	Brownstown PA	105	29	689	47:24.1	48:17.1	15:17/M
77	Lindsey Miller	East Petersburg PA	477	23	701	47:55.7	49:22.5	15:27/M
78	Alyssa Heisey	Manheim PA	277	21	702	48:05.4	49:32.1	15:31/M
79	Brittany Kemper	Lititz PA	378	29	728	49:56.6	51:08.2	16:06/M
80	Dejah Walker		863	20	732	50:08.2	50:52.8	16:10/M
81	Kelsey Bear	Quarryville PA	42	24	742	51:19.1	52:40.2	16:33/M

2019 Rock N Glow

Age Group Results

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Race Date
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Female 19 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
82	Madi Taylor	Quarryville PA	676	20	743	51:19.8	52:40.4	16:33/M	
83	Kayla Pavlik	Manheim PA	531	27	750	52:34.1	53:27.7	16:57/M	
84	Taylor Gibble	Manheim PA	218	23	759	53:17.1	54:49.0	17:11/M	
85	Samantha Martin	Lebanon PA	434	27	766	54:00.9	55:33.8	17:25/M	
86	Emily Bardell	Manheim PA	28	23	775	54:47.7	56:17.3	17:40/M	
87	Laura Pazumas	Mount Joy PA	533	22	785	59:00.9	59:45.3	19:02/M	

Male 19 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Cole Sunderland	Manheim PA	667	20	2	16:59.9	17:02.6	5:29/M	
2	Barry Saylor	Lititz PA	594	29	21	20:40.5	20:43.9	6:40/M	
3	Jesse Rutledge	Leola PA	579	28	27	21:18.9	21:25.0	6:52/M	
4	Shawn Hoover	Leola PA	326	23	28	21:26.2	21:46.7	6:55/M	
5	Dustin Ames	Lancaster PA	16	27	32	22:07.4	22:25.5	7:08/M	
6	Zachary Good	East Earl PA	235	19	35	22:12.8	22:33.6	7:10/M	
7	Dawson Copenhaver	Lebanon PA	752	21	36	22:13.4	22:31.1	7:10/M	
8	Neil Weaver		864	24	41	22:35.9	22:57.4	7:17/M	
9	Ryan McKee	Manheim PA	459	19	65	23:57.7	24:01.3	7:44/M	
10	Alexander Abrams	Lebanon PA	2	27	99	25:46.3	25:55.1	8:19/M	
11	Trung Pham	Elizabethtown PA	535	28	119	26:22.1	26:37.0	8:30/M	
12	Joshua Nash	East Petersburg PA	492	29	123	26:27.6	27:17.5	8:32/M	
13	Matt Stauffer	Manheim PA	636	29	128	26:45.4	27:07.2	8:38/M	
14	Shawn Hontz	Landisville PA	322	28	129	26:45.5	27:05.1	8:38/M	
15	Brandon Aukamp	Landisville PA	23	27	155	27:52.0	28:10.7	8:59/M	
16	Tanner Smith	Washington DC	623	27	184	28:33.2	29:17.7	9:13/M	
17	Geoffrey Heller	Lebanon PA	759	20	189	28:39.8	29:37.8	9:15/M	
18	Yeong Kim	Pottsville PA	391	26	268	30:51.6	31:04.0	9:57/M	
19	Tyler Wilson	Marietta PA	722	25	269	30:52.0	30:58.0	9:57/M	
20	Dan Styer	Terre Hill PA	665	19	270	30:52.4	31:39.0	9:57/M	
21	Calen Woltski		808	23	278	31:11.7	31:44.1	10:04/M	
22	Aaron Smith	Elizabethtown PA	614	24	370	33:14.1	33:54.7	10:43/M	
23	Jesse Gibble	Manheim PA	216	24	384	33:43.4	35:11.1	10:53/M	
24	Ben Robinson	Lititz PA	566	29	426	34:41.0	35:52.0	11:11/M	
25	Dean Nolt	Lancaster PA	505	26	452	35:57.0	37:13.7	11:36/M	
26	Trenton Holm	Lititz PA	318	27	562	40:15.8	40:33.9	12:59/M	
27	Tyler Poff	Wrightsville PA	540	27	588	41:21.9	41:50.4	13:20/M	
28	Morgan Ash	East Earl PA	19	29	603	42:28.3	43:01.7	13:42/M	
29	Austin Bear	Quarryville PA	40	19	653	45:58.4	45:58.4	14:50/M	
30	Nikolas Landis	Ephrata PA	406	19	781	55:26.4	56:44.5	17:53/M	

Female 30 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Meg Griffith	Manheim PA	758	32	20	20:37.3	20:39.5	6:39/M	
2	Ellen Vogt	Manheim PA	694	39	46	22:47.7	22:56.6	7:21/M	
3	Erin Farmer	Manheim PA	170	39	57	23:36.0	23:44.0	7:37/M	
4	Carina Reeser	Manheim PA	552	31	62	23:47.3	24:16.0	7:40/M	
5	Melanie Zeiset	Terre Hill PA	736	33	64	23:54.8	23:57.4	7:43/M	
6	Stephanie Rada	Manheim PA	542	35	75	24:37.5	24:37.5	7:56/M	
7	Carolyn Vogt	Lancaster PA	693	32	77	24:45.7	24:49.1	7:59/M	
8	Kristina Brubaker	Manheim PA	99	39	81	24:52.5	26:06.2	8:01/M	
9	Kristen Altdoerffer	Lititz PA	13	35	105	25:59.7	26:07.9	8:23/M	
10	Tiana Webb	Lititz PA	710	35	107	26:00.7	26:09.2	8:23/M	
11	Amanda Kenneff	Anville PA	381	33	124	26:29.7	26:37.9	8:33/M	
12	Sarah Keener	Mount Joy PA	373	34	125	26:40.7	27:24.3	8:36/M	
13	Erin Engle	Collegeville PA	164	36	149	27:42.1	27:46.9	8:56/M	
14	Sheila Wenger	Ephrata PA	793	37	150	27:42.7	27:52.0	8:56/M	
15	Amy Risser	Lancaster PA	562	37	154	27:50.6	27:54.8	8:59/M	
16	Rachael Harnish	Singers Glen VA	269	31	160	27:58.0	29:03.0	9:01/M	
17	Kristin Shearer	Columbia PA	607	31	165	28:03.4	28:51.4	9:03/M	
18	Karen Strauss	Schuylkill Haven PA	661	36	168	28:07.0	28:16.6	9:04/M	
19	Jenny Mitchell	Manheim PA	479	38	206	29:16.0	29:27.0	9:26/M	
20	Renee Kegarise	Manheim PA	374	36	220	30:03.0	30:17.6	9:42/M	
21	Megan Sybel	Leola PA	674	32	224	30:08.5	30:20.0	9:43/M	
22	Allison Reifsnnyder	Manheim PA	553	31	227	30:10.8	30:23.2	9:44/M	
23	Rachel Hoffman	Lititz PA	309	36	232	30:16.2	31:11.7	9:46/M	
24	Sara Deppen	Elizabethtown PA	134	31	233	30:16.6	31:23.3	9:46/M	

2019 Rock N Glow

Age Group Results

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Race Date
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Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
25	Rebecca Ruch	York PA	787	38	234	30:17.7	31:03.3	9:46/M
26	Angela Stoudt	Manheim PA	656	36	235	30:18.6	31:12.5	9:46/M
27	Casey Hess	Manheim PA	292	39	237	30:20.4	31:14.2	9:47/M
28	Lauren Bergman	Lititz PA	59	38	239	30:23.1	31:12.0	9:48/M
29	Julie Lehr	Lancaster PA	773	37	242	30:25.9	30:41.5	9:49/M
30	Brittany Hartman	Manheim PA	270	32	252	30:36.9	30:53.9	9:52/M
31	Alicia Statts	Manheim PA	633	32	255	30:42.2	31:29.2	9:54/M
32	Tasha Leitch	Lock Haven PA	412	38	263	30:49.0	31:11.5	9:56/M
33	Aimee Klopp		842	35	266	30:49.3	31:01.9	9:56/M
34	Stephanie Styer	New Holland PA	666	30	272	30:57.0	31:44.5	9:59/M
35	Monica Stitzel	Manheim PA	648	38	276	31:05.2	31:42.6	10:02/M
36	Colleen Steinmetz	Lititz PA	641	36	291	31:37.5	32:13.1	10:12/M
37	Nicole Griest	Mount Joy PA	246	39	295	31:41.3	32:44.0	10:13/M
38	Jami Brandt	Manheim PA	84	35	301	31:50.8	32:16.6	10:16/M
39	Karissa Davis	Reinholds PA	127	33	313	32:11.4	33:22.6	10:23/M
40	Shea Barlett	Lebanon PA	29	32	317	32:15.7	32:30.7	10:24/M
41	Michele Stum		874	35	336	32:50.0	33:17.2	10:35/M
42	Amanda Shinsky	Mount Joy PA	609	30	342	32:54.7	33:13.6	10:37/M
43	Allison Gehman	Manheim PA	202	35	351	33:05.5	33:42.7	10:40/M
44	Laurie Olsen	Manheim PA	516	35	356	33:06.5	33:35.6	10:41/M
45	Kim Stangl	Manheim PA	631	32	376	33:19.4	34:53.7	10:45/M
46	Stacy Reed	Manheim PA	551	37	377	33:21.4	33:28.8	10:45/M
47	Valerie Smoker	Ephrata PA	625	31	381	33:36.2	34:22.5	10:50/M
48	Ashley Holm	Lititz PA	317	31	388	33:45.5	34:04.7	10:53/M
49	Wendy Huffman	Mount Joy PA	343	36	391	33:45.7	33:58.5	10:53/M
50	Alisa Sauder	Manheim PA	584	37	397	33:48.0	34:39.9	10:54/M
51	Brooke Say	Lancaster PA	593	38	398	33:48.0	33:54.6	10:54/M
52	Stacie Doman	Lancaster PA	154	36	399	33:49.0	33:55.3	10:55/M
53	Kristin Messick	Mount Joy PA	467	38	411	34:07.4	35:04.4	11:00/M
54	Kathy Desautels	Lancaster PA	138	36	413	34:12.3	35:00.1	11:02/M
55	Kathy Horst	Manheim PA	334	37	419	34:23.0	34:46.7	11:05/M
56	Megan Fisher	Lancaster PA	182	39	421	34:26.8	34:57.8	11:06/M
57	Samantha Maurer	Fredericksburg PA	445	30	434	35:00.0	35:54.4	11:17/M
58	Julie Keim	Lancaster PA	375	38	435	35:00.3	35:39.2	11:17/M
59	Maggie Hagan	Lititz PA	256	30	439	35:13.4	36:24.0	11:22/M
60	Elizabeth Young	Nottingham PA	726	34	444	35:36.7	35:58.3	11:29/M
61	Krista Schwartz	Lititz PA	605	39	456	36:06.5	36:46.5	11:39/M
62	Danielle Buzzelli	Lancaster PA	108	31	460	36:19.0	36:38.3	11:43/M
63	Jordan Irvin	Elizabethtown PA	355	32	478	37:06.0	37:48.5	11:58/M
64	Samara Richards	Lancaster PA	559	38	479	37:12.7	37:37.0	12:00/M
65	Amy Arter	Manheim PA	742	36	484	37:21.8	38:13.1	12:03/M
66	Gretchen Smith	Manheim PA	615	35	488	37:24.5	37:24.5	12:04/M
67	Jackie Phillips	Lititz PA	537	35	490	37:27.9	38:24.6	12:05/M
68	Megan Shaffer	Lebanon PA	789	36	496	37:46.9	42:14.2	12:11/M
69	Yukary Lopez	Mount Joy PA	425	38	500	37:59.9	38:24.3	12:15/M
70	Stephanie Smith	Leola PA	621	34	501	38:08.4	39:44.3	12:18/M
71	Lindsey Martorana		814	30	520	38:49.6	39:47.6	12:31/M
72	Christine Tedesco	Manheim PA	677	33	521	38:51.6	38:58.5	12:32/M
73	Lindsay Rhine	Willow Street PA	557	35	524	38:55.0	39:31.4	12:33/M
74	Erin Callahan	Manheim PA	110	37	527	38:55.7	39:51.4	12:33/M
75	Elizabeth Behney	Manheim PA	45	37	529	39:00.8	39:37.4	12:35/M
76	Amber Redcay	Shrewsbury PA	547	39	530	39:01.9	39:06.3	12:35/M
77	Shelby Heim	Manheim PA	276	35	534	39:21.0	40:58.5	12:42/M
78	Jaclyn Allwein	Myerstown PA	12	38	538	39:28.1	39:47.0	12:44/M
79	Jodi Lehman	Camp Hill PA	411	34	547	39:45.5	40:02.9	12:49/M
80	Lauren Noland	Manheim PA	503	38	548	39:45.9	40:27.9	12:49/M
81	Nicole Pfaff		841	36	549	39:46.0	40:27.9	12:50/M
82	Danielle Haley	Lititz PA	260	32	550	39:47.4	40:36.7	12:50/M
83	Lisa Henderson	Manheim PA	284	32	552	39:58.3	41:13.0	12:54/M
84	Trisha Weaver	Manheim PA	708	33	556	40:03.4	41:25.5	12:55/M
85	Melissa Lowe	Mountville PA	426	39	563	40:18.6	41:01.8	13:00/M
86	Alli Stover	York PA	657	39	565	40:20.0	41:01.9	13:01/M
87	Amanda Zoll	Lititz PA	738	39	575	40:28.4	41:05.1	13:03/M
88	Shannon Hockenberry	Manheim PA	301	31	578	40:41.4	41:33.8	13:07/M
89	Carol Hess	Lititz PA	291	37	582	40:56.7	42:34.2	13:12/M
90	Kimberly Matthews	Ephrata PA	443	36	583	41:02.7	41:33.7	13:14/M
91	Lyndsey Smith	Ephrata PA	618	30	586	41:15.2	42:21.2	13:18/M
92	Jessica Sauder	Manheim PA	587	39	593	41:38.8	42:51.1	13:26/M
93	Heather Coonan		824	35	596	41:43.5	42:42.4	13:27/M
94	Holly Miller	Harrisburg PA	475	32	599	41:55.2	42:57.3	13:31/M
95	Stephanie Zahora	Manheim PA	730	39	605	42:32.6	43:20.7	13:43/M
96	Amber Hoover	Manheim PA	324	37	612	43:26.5	44:33.5	14:01/M
97	Tammy Martin	Manheim PA	436	39	615	43:30.2	44:10.4	14:02/M
98	Jennifer Buffington	Manheim PA	102	31	617	43:42.3	44:03.4	14:06/M
99	Jessica Kauffman	Manheim PA	372	31	641	45:29.3	46:45.1	14:40/M
100	Marianne English	Lititz PA	165	39	646	45:43.0	46:14.0	14:45/M

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Age Group Results

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Female 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
101	Melissa Sickles	Lititz PA	611	33	649	45:49.9	46:16.2	14:47/M
102	Rebecca Stambaugh	Lititz PA	630	32	650	45:53.2	46:19.3	14:48/M
103	Jeanna McEvoy	Mount Joy PA	455	36	655	46:04.3	47:04.4	14:52/M
104	Amanda Youtz	Lancaster PA	729	31	656	46:04.4	47:04.2	14:52/M
105	Jessica Trimble	Mount Joy PA	684	33	658	46:05.1	47:07.0	14:52/M
106	Julie Bernat	Manheim PA	65	37	673	46:43.4	47:28.8	15:04/M
107	Jessica Grundza	Mount Joy PA	251	35	679	47:06.4	47:48.1	15:12/M
108	Jaclyn Griffith	Lititz PA	248	38	681	47:08.9	48:04.9	15:12/M
109	Jennifer Edwards	Lebanon PA	158	38	685	47:20.4	48:16.9	15:16/M
110	Steph Prokopik	Lititz PA	541	35	686	47:20.7	48:13.8	15:16/M
111	Jenee Ganster	East Petersburg PA	194	39	691	47:37.5	48:54.6	15:22/M
112	Dawn Hornberger	Millville PA	762	39	692	47:38.4	48:54.5	15:22/M
113	Elizabeth Fisher	Lancaster PA	181	39	693	47:38.5	49:08.9	15:22/M
114	Carolyn Vigilante	Anncville PA	689	32	697	47:52.8	48:27.6	15:26/M
115	Laurie Gettis	Manheim PA	214	37	703	48:13.8	49:48.6	15:33/M
116	Rachael Rivera	Manheim PA	565	35	712	48:50.9	49:57.1	15:45/M
117	Laura Inthavongsa	Manheim PA	351	38	715	49:04.0	50:35.6	15:50/M
118	Ashley Ulrich	Mount Joy PA	686	31	723	49:49.5	50:47.7	16:04/M
119	Jennifer Riggs	Manheim PA	561	36	724	49:50.1	50:48.2	16:05/M
120	Christine Radcliffe	Manheim PA	543	30	729	49:57.7	51:08.4	16:07/M
121	Michelle Rennix	Mountville PA	555	35	746	51:44.8	52:46.5	16:41/M
122	Casey Mumma	Wrightsville PA	485	33	758	52:51.0	53:16.2	17:03/M
123	Heather Chernich		843	34	761	53:25.2	53:37.1	17:14/M
124	Jessica Lefever	Marietta PA	410	39	768	54:10.2	55:16.3	17:28/M
125	Jennifer Jefferson	Manheim PA	363	34	777	54:55.1	56:03.9	17:43/M
126	Missy Weaver	Lititz PA	706	38	782	55:26.8	56:52.3	17:53/M

Male 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Lyle Stauffer	Ephrata PA	635	38	3	17:09.1	17:12.7	5:32/M
2	Daniel Shelly	Manheim PA	790	35	5	17:46.2	17:47.2	5:44/M
3	Daniel Dixon		849	30	9	18:56.8	18:58.1	6:06/M
4	Josh Griffith		829	34	14	19:59.0	20:01.3	6:27/M
5	Jonathan Pombo		861	32	18	20:13.3	20:27.3	6:31/M
6	Seth Doman	Lancaster PA	153	34	38	22:28.7	22:33.3	7:15/M
7	Linford Zeiset	Terre Hill PA	735	35	40	22:35.6	22:38.6	7:17/M
8	Edward Schwartz	Manheim PA	603	34	47	22:51.6	23:07.5	7:22/M
9	Matt Weitzel	Lititz PA	713	39	51	23:11.8	23:53.3	7:29/M
10	Chad Landers	Stevens PA	402	36	52	23:13.3	23:26.3	7:29/M
11	Jon Diffenderfer	Akron PA	145	30	54	23:18.6	23:22.9	7:31/M
12	Zachary Martin	Mount Pleasant Mills PA	438	33	63	23:53.2	24:02.8	7:42/M
13	Jordon Griffith	Manheim PA	757	33	72	24:20.0	24:36.4	7:51/M
14	Keith Rokosky	Cumbola PA	570	39	73	24:22.0	24:48.4	7:52/M
15	Jack Kenneff	Anncville PA	385	37	82	24:53.9	25:01.5	8:02/M
16	Matt Smith	Leola PA	619	34	86	25:12.7	26:57.8	8:08/M
17	Adam Say	Lancaster PA	592	38	91	25:35.8	25:41.4	8:15/M
18	Gregory Steinmetz	Lititz PA	642	38	95	25:41.0	26:14.1	8:17/M
19	Garret Barbush	Manheim PA	27	34	97	25:43.2	26:17.0	8:18/M
20	Brad Hertler		859	38	98	25:45.2	25:57.0	8:18/M
21	Matthew Bransby	Manheim PA	88	37	108	26:01.3	26:09.9	8:24/M
22	Eric Wisler	Leola PA	724	30	113	26:12.5	27:43.1	8:27/M
23	Joseph Landis	Lititz PA	404	35	116	26:15.4	26:39.0	8:28/M
24	Rob Kidhardt	Manheim PA	390	30	127	26:42.6	26:54.7	8:37/M
25	Michael Shirk	East Earl PA	791	31	135	27:00.3	27:14.2	8:43/M
26	Todd Bergman	Lititz PA	60	39	137	27:06.0	27:54.4	8:45/M
27	Derrick Snyder	Manheim PA	626	36	138	27:06.5	28:01.0	8:45/M
28	Zachary Brooks	Schuylkill Haven PA	96	35	152	27:47.5	27:58.0	8:58/M
29	Ryan Nolt	Drumore PA	508	31	158	27:55.2	28:13.2	9:00/M
30	Brian Tash	Lancaster PA	675	36	176	28:19.6	28:52.2	9:08/M
31	Jonathan White	Anncville PA	717	32	192	28:41.5	29:16.9	9:15/M
32	Matthew Stouch	Ephrata PA	655	30	216	29:36.7	29:58.1	9:33/M
33	Joe Vigilante	Manheim PA	690	30	218	29:50.9	30:26.7	9:37/M
34	Ryan Lehr	Lancaster PA	775	39	243	30:26.4	30:41.6	9:49/M
35	Brandon Arter	Manheim PA	743	39	249	30:35.1	31:25.4	9:52/M
36	Jason Sauder	Manheim PA	586	38	265	30:49.3	31:39.3	9:56/M
37	Jason Becker	Lititz PA	44	38	275	31:03.9	31:18.0	10:01/M
38	Justin Orwig	Manheim PA	520	36	306	31:58.7	32:31.6	10:19/M
39	Aaron Schwartz	Lititz PA	599	39	307	32:00.7	32:41.7	10:19/M
40	Jared Zeamer	Manheim PA	733	30	322	32:24.3	32:46.3	10:27/M
41	Neil Messick	Mount Joy PA	468	39	331	32:33.4	33:30.4	10:30/M
42	Dwight Gehman	Manheim PA	204	35	337	32:51.4	33:28.2	10:36/M

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Male 30 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
43	Elijah Bernat	Manheim PA	63	37	363	33:12.0	33:54.7	10:43/M	
44	David Mershon	Marietta PA	466	32	364	33:12.7	33:30.3	10:43/M	
45	Daniel Bowerman	Manheim PA	77	39	365	33:12.8	34:57.1	10:43/M	
46	Jeffrey Wilkerson	Palmyra PA	721	34	375	33:19.3	34:53.8	10:45/M	
47	Brent Smoker	Ephrata PA	624	32	382	33:36.8	34:22.8	10:50/M	
48	Jordan Desautels	Lancaster PA	137	36	412	34:11.5	35:00.2	11:02/M	
49	Dustin Heistand	Manheim PA	280	38	440	35:15.4	36:05.1	11:22/M	
50	Stephen Buck	East Petersburg PA	749	36	455	36:03.0	36:38.5	11:38/M	
51	Jason Santiago	Manheim PA	582	36	458	36:11.9	36:18.6	11:40/M	
52	Kyle Hartman	Manheim PA	271	32	495	37:46.3	38:50.5	12:11/M	
53	Juan C Lopez	Mount Joy PA	424	36	499	37:58.8	38:23.8	12:15/M	
54	Merle Horst	Manheim PA	336	37	506	38:15.6	38:38.6	12:20/M	
55	Matthew Behney	Manheim PA	47	38	528	38:57.0	39:34.4	12:34/M	
56	Adam Miller	Lititz PA	471	38	560	40:07.1	40:28.8	12:56/M	
57	Eli Bracken	Elizabethtown PA	79	32	573	40:26.0	41:28.0	13:03/M	
58	Mike Hockenberry	Manheim PA	300	35	580	40:41.9	41:34.3	13:07/M	
59	Ryan Martin	Manheim PA	433	35	608	42:40.7	43:21.3	13:46/M	
60	Jeff Groff	Manheim PA	250	30	636	44:48.0	45:44.1	14:27/M	
61	Jesse Stum		875	39	638	45:08.6	45:36.4	14:34/M	
62	Tony Nearhoof	Denver PA	493	30	640	45:20.3	46:36.0	14:37/M	
63	Dustin Trimble	Mount Joy PA	682	33	657	46:04.6	47:06.6	14:52/M	
64	Brian Fasnacht	Elizabethtown PA	172	30	665	46:19.2	47:24.1	14:56/M	
65	Jeff Edwards	Lebanon PA	157	37	683	47:14.5	48:11.0	15:14/M	
66	Jason Jefferson	Manheim PA	362	34	738	50:58.6	52:07.8	16:26/M	

Female 40 to 49

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Melissa Reed	Marietta PA	550	41	80	24:50.7	24:54.8	8:01/M	
2	Wendy Fry	Mount Joy PA	190	46	85	25:09.0	25:29.1	8:07/M	
3	Katie Smith	Lititz PA	617	40	103	25:53.8	26:04.4	8:21/M	
4	Cameron Avery	Lititz PA	24	41	118	26:19.4	26:27.8	8:29/M	
5	Connie Buckwalter	Lititz PA	100	48	132	26:51.6	26:55.4	8:40/M	
6	Kelly Stoltzfus	Denver PA	650	45	146	27:18.5	27:44.1	8:48/M	
7	Jen Allison	Mount Joy PA	11	45	159	27:57.7	28:47.3	9:01/M	
8	Leslie McCarthy	Manheim PA	454	42	171	28:11.3	28:23.0	9:05/M	
9	Michelle Knouse	Lancaster PA	770	41	172	28:12.4	28:22.9	9:06/M	
10	Holly Kahler	Lititz PA	369	40	173	28:13.2	29:02.4	9:06/M	
11	Jennifer Reppert	Myerstown PA	556	41	174	28:15.3	28:30.3	9:07/M	
12	Elizabeth Neifert	Orwigsburg PA	496	45	183	28:30.2	29:08.2	9:12/M	
13	Debbie Beidler	Lititz PA	49	46	207	29:17.7	29:58.9	9:27/M	
14	Christina Myers	Mount Joy PA	488	48	209	29:21.6	30:12.4	9:28/M	
15	Joann Sunderland	Manheim PA	668	46	210	29:21.8	30:12.8	9:28/M	
16	Jessica Barto	Lititz PA	32	42	229	30:12.5	30:40.9	9:45/M	
17	Mandy Miller		855	41	231	30:15.6	30:40.2	9:45/M	
18	Heidi Hollinger	Manheim PA	313	40	253	30:38.4	30:54.3	9:53/M	
19	Kelly Czyzewski	Lititz PA	122	41	257	30:44.8	31:10.3	9:55/M	
20	Tricia Kenneff	Manheim PA	386	43	262	30:48.9	31:31.5	9:56/M	
21	Stacy Hondru	Manheim PA	321	41	285	31:29.6	31:48.7	10:09/M	
22	Gayle Merkt	Elizabethtown PA	464	46	294	31:41.1	32:43.9	10:13/M	
23	Amy Straley	Elizabethtown PA	658	42	298	31:42.9	31:58.3	10:14/M	
24	Farah Hummel	Lititz PA	764	42	299	31:45.3	32:05.5	10:15/M	
25	Brienna Root	Ephrata PA	573	44	308	32:01.1	33:28.3	10:20/M	
26	Rachel Causak	Lebanon PA	114	45	310	32:06.7	33:10.0	10:21/M	
27	Lisa Good	Ephrata PA	234	42	315	32:15.0	33:06.4	10:24/M	
28	Rachael Kostecki	New Holland PA	395	44	318	32:16.2	33:20.1	10:25/M	
29	Heather Meckley	Lititz PA	777	41	325	32:27.5	33:02.6	10:28/M	
30	Jennifer Brandt	Manheim PA	85	45	333	32:44.6	33:58.9	10:34/M	
31	Stephanie Newswanger	Manheim PA	502	41	372	33:16.2	34:07.5	10:44/M	
32	Sandra Halbruner	Mechanicsburg PA	257	49	406	33:56.2	34:22.7	10:57/M	
33	Nickie Madilia	Mount Joy PA	427	45	423	34:31.5	35:32.2	11:08/M	
34	Amy Hamilton	Lititz PA	263	49	424	34:37.9	35:24.8	11:10/M	
35	Tammy Price		823	44	431	34:53.3	34:53.3	11:15/M	
36	Jennifer Othmer		825	44	446	35:38.9	36:04.3	11:30/M	
37	Sheri Horner	Lititz PA	330	46	453	35:57.1	36:11.3	11:36/M	
38	Goss Michele		845	47	462	36:19.1	37:05.0	11:43/M	
39	Gretchen Berkheimer	Marietta PA	61	43	464	36:21.2	37:21.3	11:44/M	
40	Katrina Hurst		812	42	477	37:04.2	37:38.8	11:57/M	
41	Kerri Mateer	Manheim PA	440	41	481	37:15.0	37:55.3	12:01/M	
42	Carrie Falduts	Leola PA	169	41	502	38:08.9	39:44.3	12:18/M	
43	Erin Geib	Manheim PA	207	41	512	38:33.3	39:28.6	12:26/M	
44	Marci Dean	Manheim PA	128	47	518	38:44.7	38:57.0	12:30/M	

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Female 40 to 49

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
45	Denice Weaver	Manheim PA	698	45	523	38:53.8	39:51.3	12:33/M		
46	Doretta Hess	Lancaster PA	294	42	525	38:55.6	39:31.6	12:33/M		
47	Lauren Herman	Manheim PA	286	44	532	39:07.1	39:38.6	12:37/M		
48	Maraget Smith		803	41	544	39:35.5	41:02.7	12:46/M		
49	Jennifer Inthavongsa	Manheim PA	350	43	545	39:41.3	41:10.5	12:48/M		
50	Patricia Mousch	Lititz PA	484	42	551	39:54.7	41:33.5	12:52/M		
51	Kristen Leichty		816	47	555	40:03.2	40:29.4	12:55/M		
52	April Miller	Lititz PA	472	40	559	40:06.9	40:28.0	12:56/M		
53	Rebecca Gottshall	Columbia PA	241	48	564	40:19.6	41:02.7	13:00/M		
54	Rochelle Meiskey	Columbia PA	463	46	567	40:20.3	41:02.4	13:01/M		
55	Erika Deeter		794	40	569	40:20.6	40:52.5	13:01/M		
56	Amy Bauder	Akron PA	36	40	576	40:29.7	41:06.2	13:04/M		
57	Catherine Kreider	Lebanon PA	398	44	594	41:39.3	42:35.2	13:26/M		
58	Valerie Dillner	Lititz PA	147	40	602	42:10.1	43:10.6	13:36/M		
59	Stacy Crispeno	Lititz PA	121	49	613	43:28.9	44:41.2	14:01/M		
60	Marisa Magnuson	Lancaster PA	428	42	614	43:29.4	44:41.5	14:02/M		
61	Heather Denlinger	Manheim PA	131	41	620	43:54.1	45:18.2	14:10/M		
62	Julie Rokosky	Cumbola PA	569	41	622	44:05.9	45:39.2	14:13/M		
63	Kelly Neifert	Manheim PA	497	40	623	44:06.0	44:37.0	14:14/M		
64	Stacey Marley	Manheim PA	430	48	626	44:15.3	45:15.0	14:16/M		
65	Tiffany Crawford	Manheim PA	119	43	627	44:15.6	45:15.0	14:16/M		
66	Diane Ferree	Marietta PA	173	41	630	44:27.2	44:44.4	14:20/M		
67	Marsha Pickel	Manheim PA	539	40	643	45:36.2	45:44.6	14:43/M		
68	April Hanna	Conestoga PA	265	45	644	45:36.3	45:46.0	14:43/M		
69	Jeanette Crabb	Lykens PA	117	49	660	46:07.7	47:12.7	14:53/M		
70	Michelle Fry		827	48	677	47:02.7	47:10.0	15:10/M		
71	Karen Garner	Manheim PA	200	40	682	47:14.0	48:20.8	15:14/M		
72	Kelli Weaver	Elizabethtown PA	702	44	688	47:22.3	48:16.2	15:17/M		
73	Selena Edgell	Lancaster PA	156	41	694	47:42.2	49:11.7	15:23/M		
74	Kimberly Smale	Shrewsbury PA	613	43	699	47:54.5	47:59.1	15:27/M		
75	Jennifer Bentivogli	New Providence PA	57	42	705	48:21.7	49:34.6	15:36/M		
76	Christine Hosler	Columbia PA	339	42	707	48:44.4	50:18.8	15:43/M		
77	Tammy Moran	Reinholds PA	483	47	709	48:48.1	50:25.7	15:45/M		
78	Karen Daube	Quarryville PA	124	49	717	49:10.3	50:22.9	15:52/M		
79	Cathy Patterson	Manheim PA	526	43	719	49:17.9	50:09.9	15:54/M		
80	Shelly Hivner	York PA	761	47	720	49:18.8	49:33.2	15:54/M		
81	Bobbi Conley	Red Lion PA	751	47	721	49:19.7	49:33.9	15:55/M		
82	Jennifer Goff	Manheim PA	231	47	722	49:21.3	50:44.6	15:55/M		
83	Latosha Walker	York PA	696	40	733	50:09.9	50:54.6	16:11/M		
84	Colleen Gergely	Manheim PA	211	41	744	51:23.0	52:37.0	16:35/M		
85	Jennifer Bear	Quarryville PA	41	44	749	52:00.9	53:26.2	16:46/M		
86	Melissa Obetz	Columbia PA	513	40	752	52:38.0	52:38.0	16:59/M		
87	Heidi Fischer	Lancaster PA	178	44	756	52:43.8	52:43.8	17:00/M		
88	Amanda Kerr	Tamaqua PA	766	40	760	53:20.2	53:37.1	17:12/M		
89	Tracey Johnson	Lebanon PA	365	47	763	53:59.0	55:32.4	17:25/M		
90	Tammy Gingrich	Lebanon PA	223	49	765	54:00.6	55:33.1	17:25/M		
91	Deborah Tobias	Manheim PA	679	41	772	54:43.9	56:06.9	17:39/M		
92	Amy Bell	Manheim PA	53	40	774	54:44.9	56:05.8	17:39/M		
93	Che' Landis	Ephrata PA	403	45	780	55:21.3	56:45.7	17:51/M		
94	Erin Pazumas	East Petersburg PA	532	45	784	58:58.6	59:43.2	19:01/M		

Male 40 to 49

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Steve Gergely	Manheim PA	213	41	6	18:16.6	18:18.2	5:54/M		
2	Leroy Ketter		860	40	7	18:45.0	18:56.5	6:03/M		
3	Jere Gish	Hershey PA	755	44	8	18:46.9	18:50.4	6:03/M		
4	Corby Burkholder	Manheim PA	106	41	11	19:29.9	19:32.5	6:17/M		
5	Brian Zook	Lititz PA	740	44	42	22:41.4	22:47.5	7:19/M		
6	John Overmeyer	Lancaster PA	524	48	45	22:46.8	23:08.6	7:21/M		
7	Joel Smith	Lititz PA	616	45	48	22:53.2	23:03.9	7:23/M		
8	Barry Garner	Manheim PA	198	41	70	24:14.8	24:39.4	7:49/M		
9	Brad Ginder	Manheim PA	220	41	79	24:49.7	24:59.5	8:00/M		
10	Garry Miller		797	40	84	25:08.5	26:09.2	8:06/M		
11	Brant Widrick	Columbia PA	718	49	144	27:14.6	27:53.4	8:47/M		
12	Matt Burkholder	Lititz PA	107	45	151	27:44.8	27:49.9	8:57/M		
13	Timothy Merkt	Elizabethtown PA	465	46	166	28:04.2	28:44.1	9:03/M		
14	Dusty Moran	Reinholds PA	482	46	169	28:09.6	29:46.9	9:05/M		
15	Chris Horner	Lititz PA	327	48	178	28:21.0	28:34.8	9:09/M		
16	Jason Brady	Wrightsville PA	81	41	199	28:58.7	29:22.6	9:21/M		
17	Andrew Reed	Manheim PA	548	40	215	29:36.7	29:44.1	9:33/M		
18	John Brooks	Manheim PA	95	44	238	30:21.4	30:24.3	9:47/M		

2019 Rock N Glow

Age Group Results

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Race Date
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Male 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
19	Kristopher Blecher	Mount Joy PA	72	42	264	30:49.0	31:45.2	9:56/M
20	Owen Fox	Lancaster PA	754	43	274	31:01.4	31:23.8	10:00/M
21	Adam Neifert	Manheim PA	494	40	281	31:17.9	31:46.7	10:05/M
22	Jason Hondru	Manheim PA	320	42	286	31:32.1	31:52.0	10:10/M
23	Matthew Hall	Littlestown PA	262	41	290	31:35.1	32:05.2	10:11/M
24	Lin Hooper		818	49	293	31:40.3	32:07.4	10:13/M
25	Lee Brandt	Manheim PA	86	41	300	31:50.1	32:16.5	10:16/M
26	Troy Barto	Lititz PA	34	43	320	32:18.6	32:47.0	10:25/M
27	Mike Adair	Manheim PA	6	40	321	32:18.7	36:52.8	10:25/M
28	John Phillips	Lititzlititz PA	782	42	335	32:46.1	33:43.4	10:34/M
29	Jason Denlinger	Manheim PA	132	41	339	32:53.1	33:51.6	10:36/M
30	Chad Mateer	Manheim PA	439	42	379	33:34.4	34:15.0	10:50/M
31	David Goff	Manheim PA	230	47	387	33:44.9	33:52.3	10:53/M
32	Jason Weidman	Ephrata PA	712	41	394	33:46.6	33:52.7	10:54/M
33	Michael Schreiber	York PA	598	45	402	33:52.8	34:45.1	10:55/M
34	Jeremy Mays	Lancaster PA	447	43	414	34:13.0	35:41.7	11:02/M
35	Scott Hanna	Conestoga PA	266	47	417	34:20.8	34:29.8	11:05/M
36	Jeramie Shaffer	Lebanon PA	788	40	459	36:13.0	40:44.0	11:41/M
37	Mark Jahnigen	Manheim PA	358	43	469	36:51.0	36:58.6	11:53/M
38	Matt Lassel		835	49	470	36:52.0	37:09.5	11:54/M
39	Troy Dean	Manheim PA	129	43	517	38:42.4	38:54.3	12:29/M
40	Kent Weaver	Manheim PA	703	49	522	38:53.7	39:51.5	12:33/M
41	Travis Hess	Lititz PA	296	46	533	39:19.1	40:58.0	12:41/M
42	Jeremy Stouch	Manheim PA	654	43	539	39:29.3	40:03.5	12:44/M
43	Matt Weaver	Elizabethtown PA	705	49	541	39:32.0	40:28.5	12:45/M
44	Brian Bortner	Manheim PA	75	45	581	40:43.3	41:10.5	13:08/M
45	Dennis Harnish	Quarryville PA	268	41	597	41:47.4	43:10.2	13:29/M
46	Jason Ibach	Manheim PA	346	42	607	42:35.5	42:54.9	13:44/M
47	Matt Strehl	Lebanon PA	662	42	616	43:42.1	44:02.1	14:06/M
48	Marc Ferree	Marietta PA	174	44	631	44:27.5	44:44.4	14:20/M
49	Jonathan Gordon	Mountville PA	239	42	635	44:42.6	44:42.6	14:25/M
50	Robert Gettis	Manheim PA	215	41	666	46:22.0	47:58.5	14:57/M
51	Korey Schload	Marietta PA	595	47	698	47:52.9	49:29.3	15:26/M
52	Alejandro Galarza	Manheim PA	193	47	711	48:50.6	49:57.0	15:45/M
53	Louis Rossi	Palmyra PA	786	48	741	51:15.1	52:16.7	16:32/M
54	Chad Barto	Lititz PA	30	45	748	52:00.5	53:25.3	16:46/M
55	Rich Gingrich	Lebanon PA	222	49	767	54:01.1	55:33.0	17:25/M
56	Brent Hollinger	Manheim PA	310	48	770	54:21.7	55:54.2	17:32/M
57	Paul Bell	Manheim PA	55	47	771	54:22.4	55:44.1	17:32/M
58	Mike Tobias	Manheim PA	680	48	773	54:43.9	56:10.1	17:39/M

Female 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Doris Kenneff	Manheim PA	384	59	109	26:02.1	26:09.7	8:24/M
2	Lori Switzer	Ephrata PA	673	55	163	27:59.1	28:22.0	9:02/M
3	Jill McKee	Manheim PA	458	50	219	29:52.6	30:01.5	9:38/M
4	Stephanie Steck	Jonestown PA	637	53	230	30:12.7	30:27.5	9:45/M
5	Ann Ash	East Earl PA	18	58	245	30:27.3	31:16.8	9:49/M
6	Melissa Gockley	Reinholds PA	226	51	273	30:57.8	31:49.2	9:59/M
7	Cheryl Heverling	Palmyra PA	297	55	343	32:54.8	33:33.4	10:37/M
8	Lorie Goodman	Ephrata PA	236	51	349	33:04.5	34:32.7	10:40/M
9	Lisa Haefner	Lancaster PA	255	56	358	33:08.9	33:33.7	10:41/M
10	Ena Marie Banks	Lititz PA	26	59	366	33:13.0	33:27.6	10:43/M
11	Victoria Stark	Mount Joy PA	632	53	442	35:20.3	35:42.9	11:24/M
12	Larene Miller	Manheim PA	476	54	447	35:39.1	36:57.2	11:30/M
13	Andrea Dissler	Lititz PA	151	54	466	36:30.1	37:17.6	11:46/M
14	Carolyn Fitzkee	Manheim PA	183	52	471	36:55.4	37:44.3	11:55/M
15	Denise Hess	Lititz PA	293	53	473	37:00.6	37:20.2	11:56/M
16	Chris Ruf	Mount Joy PA	575	59	504	38:15.2	38:57.4	12:20/M
17	Karen Nolt	Manheim PA	507	57	508	38:17.7	38:57.9	12:21/M
18	Laura Baltes	Lancaster PA	25	50	509	38:18.2	39:57.2	12:21/M
19	Denise Gochnauer	Mount Joy PA	225	53	511	38:33.2	38:43.0	12:26/M
20	Cheryl Good	Mount Joy PA	233	55	513	38:33.6	38:43.1	12:26/M
21	Cheryl Eshelman	Lancaster PA	168	56	514	38:34.0	38:43.5	12:26/M
22	Fawn Davies	Elizabethtown PA	126	50	554	40:03.1	41:00.7	12:55/M
23	Robyn Bauder	Elizabethtown PA	38	58	557	40:03.7	41:01.0	12:55/M
24	Julie Lauder Milch	Reinholds PA	409	57	558	40:05.1	41:16.1	12:56/M
25	Jenny Rohrer	Manheim PA	568	54	618	43:46.4	44:52.0	14:07/M
26	Suzanne Derr	Ephrata PA	135	56	625	44:11.8	45:19.6	14:15/M
27	Amy Addams	Elizabethtown PA	8	54	663	46:11.2	47:31.4	14:54/M
28	Shelly Budde	Mechanicsburg PA	101	53	668	46:26.9	47:46.2	14:59/M

2019 Rock N Glow

Age Group Results

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Race Date
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Female 50 to 59

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
29	Alvina Osman	Enola PA	522	52	695	47:51.6	48:55.5	15:26/M
30	Cheryl Good	Manheim PA	232	54	706	48:38.2	49:29.7	15:41/M
31	Vanessa Weaver	Marietta PA	709	50	735	50:48.8	52:01.1	16:23/M
32	Jayne Pavlik	Manheim PA	530	52	737	50:57.3	51:51.1	16:26/M
33	Beth Rossi	Palmyra PA	785	50	740	51:14.8	52:16.4	16:32/M
34	Terry Gutshall	Manheim PA	254	51	745	51:32.3	52:10.8	16:37/M
35	Vicki Sweigart	Ephrata PA	672	50	757	52:50.9	53:16.3	17:03/M
36	Colleen Dabella	Ephrata PA	123	51	778	55:17.8	56:41.9	17:50/M

Male 50 to 59

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	John Breuninger	Lancaster PA	92	50	43	22:42.0	22:45.1	7:19/M
2	Peter O'Donoghue	Mountville PA	511	58	60	23:39.7	23:51.3	7:38/M
3	John Vanblargan		832	50	87	25:20.3	25:25.8	8:10/M
4	Jeff Shank		867	55	100	25:49.3	26:06.7	8:20/M
5	Steve Bell	Lititz PA	56	52	106	26:00.0	26:22.9	8:23/M
6	Mark Leichty		815	50	111	26:11.6	26:39.3	8:27/M
7	Richard Schnader	East Earl PA	597	54	141	27:10.4	27:31.6	8:46/M
8	Scott Martin	Manheim PA	435	51	142	27:13.6	27:56.1	8:47/M
9	Jeff Crouse		857	55	157	27:55.0	28:19.1	9:00/M
10	Allen Dise	Lititz PA	149	58	217	29:48.2	31:06.7	9:37/M
11	Tim King	Manheim PA	768	53	240	30:23.9	31:26.9	9:48/M
12	Fred Wagaman	Denver PA	695	56	260	30:47.9	30:51.8	9:56/M
13	Scot Ash	East Earl PA	20	59	283	31:19.9	32:10.4	10:06/M
14	Jeffrey Hendershot	Manheim PA	283	55	329	32:33.2	33:04.0	10:30/M
15	Robert Landis	Ephrata PA	407	52	425	34:38.4	35:56.2	11:10/M
16	John Vigilante	Lebanon PA	691	57	427	34:44.3	35:19.8	11:12/M
17	Steve Heckman	Annaville PA	275	52	503	38:11.3	38:34.1	12:19/M
18	Rick Hamilton	Lititz PA	264	59	507	38:15.9	39:02.5	12:20/M
19	Tim Derr	Richland PA	136	53	510	38:18.9	38:46.7	12:21/M
20	Rob Deeter		795	51	568	40:20.4	40:52.3	13:01/M
21	Michael Crabb	Lykens PA	118	52	661	46:09.4	47:14.7	14:53/M
22	Robert Addams	Elizabethtown PA	10	52	664	46:11.5	47:30.4	14:54/M
23	Don Brown		833	59	674	46:49.4	48:05.3	15:06/M
24	Jeffrey Grazan	Mount Joy PA	242	59	678	47:05.7	47:47.4	15:11/M
25	Kevin Gutshall	Manheim PA	253	51	725	49:51.8	50:30.0	16:05/M

Female 60 to 69

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Gail Campbell	Manheim PA	112	62	311	32:08.8	32:30.9	10:22/M
2	Nancy Levasseur	Lancaster PA	414	63	359	33:10.0	33:54.2	10:42/M
3	Frances Jeblee	East Earl PA	360	62	405	33:55.4	34:45.6	10:56/M
4	Marcella Goehrig	Manheim PA	227	63	448	35:40.1	36:57.7	11:30/M
5	Sue Ruhl	Manheim PA	578	62	486	37:22.6	37:56.2	12:03/M
6	Wendy Grazan	Manheim PA	244	61	624	44:11.6	44:54.7	14:15/M
7	Jerri May	Wrightsville PA	446	66	684	47:16.7	48:33.5	15:15/M
8	Brigitte Litzenberger	Manheim PA	420	66	708	48:46.1	49:54.3	15:44/M
9	Lib Kettering	Manheim PA	388	67	769	54:19.8	55:44.4	17:31/M

Male 60 to 69

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Walter Newcomer	Manheim PA	499	63	44	22:44.4	22:48.9	7:20/M
2	Glenn Nolt	Manheim PA	506	69	90	25:33.9	25:49.8	8:15/M
3	Tom Blanck	Manheim PA	71	62	153	27:49.3	28:02.1	8:58/M
4	Chuck Kidhardt	New Holland PA	389	62	200	29:06.3	29:18.4	9:23/M
5	Glen Beiler	Akron PA	50	60	395	33:46.7	34:00.3	10:54/M
6	Anthony Kenneff	Manheim PA	382	67	443	35:32.9	35:41.2	11:28/M
7	Charles Hosler	Brockton PA	338	62	451	35:54.8	37:28.9	11:35/M
8	Bill Gingrich	Elizabethtown PA	221	61	543	39:35.3	40:22.7	12:46/M
9	John Young	Manheim PA	727	66	570	40:20.9	41:34.0	13:01/M
10	Dennis Oconnor	Elizabethtown PA	514	62	633	44:29.4	45:16.9	14:21/M

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Age Group Results

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Female 70 and over

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Pat Musser	Lititz PA	486	72	362	33:10.6	33:17.6	10:42/M
2	Brooke Daniels		805	89	726	49:53.7	49:55.8	16:05/M
3	Beverly Koller	York PA	393	72	731	50:07.5	51:34.0	16:10/M
4	Marlene Penepacker	Manheim PA	534	72	734	50:27.7	51:10.7	16:16/M
5	Barbara Dirks	Lancaster PA	148	73	747	51:46.6	53:11.6	16:42/M

Male 70 and over

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Larry Yoder	Manheim PA	725	70	326	32:27.6	33:05.8	10:28/M
2	Dennis McGlaughlin	York PA	457	72	730	50:06.9	51:33.8	16:10/M