

Race Date
May 12, 2019

Mothers Day 5K
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Kelly Dworak	Carlisle PA	1197	56	6	23:05.7	23:05.7	7:26/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Ryan Liscinski		1245	28	1	19:08.2	19:08.2	6:10/M

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Female 14 and Under

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Adyson Haak	Elizabethtown PA	1202	13	10	27:38.2	27:39.9	8:55/M
2	* Klyynn Peters		1228	6	34	55:33.0	55:42.9	17:55/M

Male Age 15 to 19

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Asher Stein	Landisville PA	1233	15	3	21:38.0	21:39.4	6:59/M

Male 20 to 29

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kyle French	Pittsburgh PA	1199	23	4	22:20.6	22:21.7	7:12/M
2	* Joshua Thompson	Harrisburg PA	1235	24	17	35:32.8	35:35.9	11:28/M

Female 30 to 39

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Carrie Haak	Elizabethtown PA	1203	39	7	24:16.1	24:17.2	7:50/M
2	* Jamie Auker	Elizabethtown PA	1188	39	12	30:00.6	30:05.4	9:41/M
3	* Becky Henderson	Elizabethtown PA	1204	36	14	32:56.6	33:01.8	10:37/M
4	Jennifer Volchko	Elizabethtown PA	1238	35	15	34:20.3	34:25.9	11:05/M
5	Liz Dalton	Elizabethtown PA	1193	32	21	37:11.3	37:16.6	12:00/M
6	Jennifer Reed	Elizabethtown PA	1232	32	22	37:15.3	37:20.5	12:01/M
7	Maura Ebersole	Wrightsville PA	1242	38	28	44:43.4	44:46.6	14:25/M
8	Kiley Peters		1227	33	36	55:33.2	55:42.9	17:55/M

Male 30 to 39

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jeremy King	Harrisburg PA	1211	38	2	19:54.5	19:54.7	6:25/M
2	* david labagy		1247	31	5	23:02.4	23:04.1	7:26/M
3	* James Laff	Elizabethtown PA	1214	32	20	37:11.0	37:16.5	12:00/M
4	Jonathan Peters		1226	33	35	55:33.1	55:43.2	17:55/M

Female 40 to 49

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Lisa Urban	Manheim PA	1236	45	16	34:24.6	34:28.8	11:06/M
2	* Jo Hershey	Elizabethtown PA	1244	40	18	35:46.1	35:49.9	11:32/M
3	* Karin Laszakovits	Elizabethtown PA	1215	43	31	47:28.2	47:30.1	15:19/M

Male 40 to 49

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Samuel Stein	Landisville PA	1234	44	9	26:08.7	26:11.1	8:26/M

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Female 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Susan Keiffer		1241	57	23	38:02.2	38:05.7	12:16/M
2 *	Colleen Knutsen	Palmyra PA	1212	54	24	40:00.5	40:06.2	12:54/M
3 *	Tina George	Elizabethtown PA	1200	57	26	41:51.7	41:56.6	13:30/M
4	Julia Adams	Elizabethtown PA	1187	53	33	47:30.9	47:40.5	15:19/M

Male 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Richard Long	Camp Hill PA	1217	59	13	30:39.3	30:43.4	9:53/M
2 *	Mitchell Forry		1248	54	30	46:12.6	46:24.0	14:54/M

Female 60 and Over

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Deb Plummer	Enola PA	1230	61	8	25:52.1	25:53.1	8:21/M
2 *	Rose Ward	Columbia PA	1246	67	19	37:06.3	37:07.7	11:58/M
3 *	Cynthia Ebersole	Mount Joy PA	1243	65	27	44:43.0	44:46.4	14:25/M
4	Lois Davidson	Elizabethtown PA	1194	74	32	47:28.5	47:30.4	15:19/M
5	Carol Nelson	Lititz PA	1224	70	38	59:01.3	59:10.0	19:02/M

Male 60 and Over

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Dan Morra		1223	61	11	27:42.2	27:44.5	8:56/M
2 *	Ray Hershey	Mount Joy PA	1205	60	25	40:11.8	40:21.5	12:58/M
3 *	Ralph Detrick	Elizabethtown PA	1196	78	29	45:30.3	45:34.9	14:41/M
4	James Nelson	Lititz PA	1225	70	37	58:56.8	59:05.3	19:01/M