

2019 Frozen Foot RC 2

Age Group Results

Race Date
February 17, 2019

10K

Female Open Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Katherine Frantz	White Hall MD	1392	32	9	42:21.9	42:21.9	6:57/M

Male Open Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Alex Pearson		1141	33	1	34:04.2	34:04.2	5:35/M

Female Masters Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Denise McMillan	Columbia PA	1420	47	16	46:34.0	46:34.0	7:37/M

Male Masters Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Jay McMillan	Columbia PA	1421	46	4	39:49.2	39:49.2	6:31/M

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Male 15 to 19

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Isaac Traina	Lebanon PA	1451	15	7	42:08.0	42:10.8	6:54/M	
2 *	Jacob Buffington	Middletown PA	1372	17	10	42:36.6	42:39.5	6:59/M	
3 *	Dakota Bender	Manheim PA	1367	15	41	56:25.7	56:28.7	9:15/M	

Female 20 to 24

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Brianna Komiske	Sykesville MD	1413	20	31	52:26.5	52:40.2	8:36/M	

Male Age 20-24

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	David Schleifenheimer		1145	24	51	58:22.9	58:31.5	9:34/M	

Female 25 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Juliana Ross		1460	25	12	42:52.5	42:53.8	7:02/M	
2 *	Bridget Fox	Duncannon PA	1391	25	20	49:05.6	49:29.0	8:03/M	
3 *	Megan Gotowski	Highland Park NJ	1400	28	21	50:08.8	50:10.8	8:13/M	
4	Melanie Hemmings	Marietta PA	1405	28	33	52:35.8	53:00.3	8:37/M	
5	Ashley Martin	York SC	1419	25	60	1:03:30.0	1:03:34.2	10:25/M	
6	Joanna Adams	Havre De Grace MD	1365	29	61	1:03:43.5	1:04:07.3	10:27/M	
7	Marisa Wagner	Lititz PA	1454	27	70	1:12:57.6	1:13:16.0	11:58/M	

Male 25 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Brad Sweigart	Mechanicsburg PA	1450	29	2	34:25.4	34:25.6	5:39/M	
2 *	Blair Williams	Carlisle PA	1455	29	3	38:54.9	38:55.4	6:23/M	
3 *	Derek Rozanski	Middletown PA	1438	27	8	42:08.9	42:08.9	6:54/M	
4	Kyle Small	Elizabethtown PA	1443	26	17	47:43.4	47:54.1	7:49/M	
5	Michael Fleming	Marietta PA	1389	29	64	1:05:27.5	1:05:44.2	10:44/M	

Female 30 to 34

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Nicole Smith	Milford NJ	1445	34	29	52:16.5	52:28.5	8:34/M	
2 *	Jessica Trimble	Mount Joy PA	1452	33	34	52:39.4	52:51.9	8:38/M	
3 *	Kate Parker	Lititz PA	1427	32	52	58:43.1	59:11.8	9:38/M	
4	Jessica Gustafson	Mount Joy PA	1403	34	54	59:49.1	59:57.7	9:48/M	
5	Ashley Klick	Myerstown PA	1926	33	58	1:01:21.8	1:01:53.0	10:03/M	
6	Angela Adams	Aberdeen MD	1364	31	62	1:03:46.2	1:04:10.1	10:27/M	

Male 30 to 34

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Doug Boswell	Camp Hill PA	1369	34	14	45:14.6	45:21.4	7:25/M	
2 *	Don Pu	Harrisburg PA	1436	30	53	59:39.5	59:57.9	9:47/M	
3 *	Stephen Fean	Glenmoore PA	1386	31	55	59:57.0	1:00:06.0	9:50/M	

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Female 35 to 39

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Alicia Brumbach	Lancaster PA	1371	35	15	45:54.0	45:55.6	7:31/M	
2	* Sarah Brendle	Landisville PA	1370	38	18	48:14.6	48:15.9	7:54/M	
3	* Kristina Fulton	Lancaster PA	1395	35	35	52:41.3	52:43.8	8:38/M	
4	Tara Wright	Mount Joy PA	1458	37	38	54:25.2	54:56.6	8:55/M	
5	Jacqui Derr	Ickesburg PA	1382	35	43	56:43.9	57:13.0	9:18/M	
6	Rebecca Bishop-Gassert	Mechanicsburg PA	1368	35	45	57:10.2	57:14.5	9:22/M	
7	Melissa Wisniewski	Mountville PA	1457	36	48	57:57.1	58:34.6	9:30/M	
8	Christina Helfrick	Mount Joy PA	1404	36	59	1:03:11.8	1:03:40.9	10:21/M	
9	Angie Shultz	Lebanon PA	1441	37	72	1:15:23.9	1:15:55.5	12:21/M	
10	Nora Frisk	Mercer PA	1393	36	74	1:16:53.6	1:17:07.0	12:36/M	

Male 35 to 39

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Andrew Wisniewski	Mountville PA	1456	38	28	51:59.3	52:37.1	8:31/M	
2	* Joshua Huber	Elizabethtown PA	1407	36	49	58:08.0	58:25.7	9:32/M	

Female 40 to 44

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Heidi Kirsch	Columbia MD	1409	40	19	49:01.9	49:13.2	8:02/M	
2	* Brenda Spackman	Mount Joy PA	1448	43	24	50:58.4	51:09.8	8:21/M	
3	* Kathy Sauer	Lancaster PA	1440	42	46	57:16.7	57:41.4	9:23/M	
4	Lori Klein	Lebanon PA	1410	44	47	57:28.4	57:39.5	9:25/M	
5	Sue (ittleson) Maloney	Palmyra PA	1363	42	73	1:15:24.3	1:15:55.6	12:22/M	

Male 40 to 44

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Gale Hess		1139	40	6	42:04.7	42:05.1	6:54/M	
2	* Michael Phillips	Lititz PA	1429	42	11	42:48.1	42:53.0	7:01/M	
3	* Brett Kehler	Elizabethtown PA	1408	41	25	51:35.1	51:38.2	8:27/M	
4	James Smith	Elizabethtown PA	1444	41	30	52:17.7	52:25.3	8:34/M	

Female 45 to 49

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Erin Mengel	New Cumberland PA	1422	45	26	51:52.2	51:55.7	8:30/M	
2	* Sharon Smith	Mechanicsburg PA	1446	47	27	51:57.9	52:01.1	8:31/M	
3	* Amie Mull	Lititz PA	1425	45	37	54:23.6	54:28.6	8:55/M	
4	Melissa Nolt	Mount Joy PA	1426	46	40	56:19.5	56:30.8	9:14/M	
5	Sharon Young	York Haven PA	1459	48	57	1:00:56.6	1:01:07.0	9:59/M	
6	Michele Stackhouse	Elizabethtown PA	1449	49	65	1:06:15.3	1:06:53.5	10:52/M	
7	Kelly Litofsky	Lititz PA	1416	49	71	1:14:15.9	1:14:32.3	12:10/M	
8	Christina Davis	Seven Valleys PA	1380	49	77	1:27:31.4	1:28:09.8	14:21/M	

Male 45 to 49

-----Total-----									
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Travis Hess	Lititz PA	1406	45	5	41:37.2	41:38.9	6:49/M	
2	* Chris Lammando	Elizabethtown PA	1414	48	22	50:24.0	51:06.7	8:16/M	
3	* Sean Fitzsimmons	Morgantown WV	1387	47	36	53:59.9	54:13.1	8:51/M	

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Race Date
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Female 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Karen Moore	Perkiomenville PA	1423	51	23	50:48.8	50:56.0	8:20/M
2 *	Maureen Fairbanks		1144	53	63	1:04:20.6	1:04:28.9	10:33/M
3 *	Traci Glover	Mount Joy PA	1399	50	75	1:23:51.5	1:24:25.8	13:45/M

Male 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	John Gilbert	Palmyra PA	1398	50	13	44:58.1	45:03.7	7:22/M
2 *	James Drumm	Quarryville PA	1384	54	32	52:34.9	52:38.4	8:37/M

Female 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Christine Foreman	Hummelstown PA	1390	59	50	58:17.1	58:24.3	9:33/M
2 *	Mimi Plona	Lemoyne PA	1432	58	69	1:12:49.7	1:13:13.2	11:56/M

Male 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Larry Portzline	Camp Hill PA	1435	57	78	1:38:59.3	1:39:44.6	16:14/M

Female 60 to 64

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Tina Pope	Cochranville PA	1434	62	76	1:27:30.4	1:28:09.2	14:21/M

Male 60 to 64

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Mark Laufer	Mountville PA	1415	61	42	56:34.4	56:40.9	9:16/M
2 *	Gary Gehret		1140	62	44	56:57.3	57:06.7	9:20/M
3 *	Nick Bybel		1142	60	56	1:00:55.5	1:01:05.1	9:59/M
4	Robert Rabuck	Harrisburg PA	2008	60	67	1:08:03.1	1:08:21.8	11:09/M

Male 65 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Fred Kohler	Lancaster PA	1412	65	39	55:09.3	55:13.7	9:02/M
2 *	Gary Stern		1138	67	66	1:07:39.4	1:07:51.7	11:05/M

Male 70 and Over

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	John Commander	New Holland PA	1377	72	68	1:09:01.7	1:09:14.3	11:19/M