

2018 Frozen Foot Race 3

Race Date
March 18, 2018

Overall Finish List

5K

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Lyle Stauffer	Ephrata	324	36	M	***** 35-39	17:15.3	5:34/M
2	Deedee Shea	Hummelstown PA	293	22	F	***** 20-24	17:29.5	5:38/M
3	Emily Giannotti	Ephrata PA	606	25	F	1 25-29	17:43.5	5:43/M
4	Luke Hinegardner	Lebanon PA	142	14	M	1 1-14	17:44.0	5:43/M
5	Caleb Hershey		133	14	M	2 1-14	18:08.2	5:51/M
6	Ryan Liscinski		608	27	M	1 25-29	18:42.3	6:02/M
7	Kurt Degoede	Mount Joy PA	57	48	M	***** 45-49	18:48.4	6:04/M
8	Jere Gish		626	43	M	1 40-44	18:53.8	6:05/M
9	Bob Porambo	Elizabethtown PA	257	37	M	1 35-39	19:14.8	6:12/M
10	Chris Metka	Etters	212	37	M	2 35-39	20:03.0	6:28/M
11	Amanda Kane	Palmyra PA	164	31	F	1 30-34	20:31.5	6:37/M
12	Walter Newcomer	Manheim PA	233	62	M	1 60-64	20:37.7	6:39/M
13	Darren Diverio	Manheim PA	61	14	M	3 1-14	20:40.0	6:40/M
14	Brendon O'Connell		612	16	M	1 15-19	20:45.6	6:42/M
15	Daniel Swift		335	15	M	2 15-19	20:49.7	6:43/M
16	Daniel Loizeaux	Elizabethtown PA	198	36	M	3 35-39	21:02.8	6:47/M
17	Evan Smith	Hershey PA	306	15	M	3 15-19	21:06.8	6:48/M
18	Dalton Fink	Elizabethtown PA	88	11	M	4 1-14	21:07.8	6:49/M
19	Michael Landis	Lebanonlebanon	182	47	M	1 45-49	21:08.3	6:49/M
20	Elizabeth Vila	Lebanon	348	13	F	1 1-14	21:14.1	6:51/M
21	Ed Flick	Mount Joy PA	91	55	M	1 55-59	21:27.5	6:55/M
22	Jay Zimmerman	Ephrata PA	368	42	M	2 40-44	21:38.6	6:59/M
23	Braetan Peters	Annaville PA	254	14	F	2 1-14	21:38.7	6:59/M
24	Dwight Eichelberger	Elizabethtown PA	71	56	M	2 55-59	21:43.7	7:00/M
25	Wesley Bucher	Elizabethtown PA	24	51	M	1 50-54	21:43.9	7:00/M
26	Benjamin Schlosser	Mount Joy PA	283	31	M	1 30-34	21:51.5	7:03/M
27	Lou Starzl	Elizabethtown PA	322	41	M	3 40-44	22:01.4	7:06/M
28	Nate Degoede	Mount Joy	56	17	M	4 15-19	22:05.6	7:07/M
29	Laura Brenner	Lancaster PA	20	26	F	2 25-29	22:13.1	7:10/M
30	Tim Hinegardner	Lebanon PA	143	50	M	2 50-54	22:15.9	7:11/M
31	Riley Myers	Lewistown PA	228	14	M	5 1-14	22:20.0	7:12/M
32	Doug Travis		340	46	M	2 45-49	22:33.2	7:16/M
33	Jerry Higley	Lebanon PA	141	63	M	2 60-64	22:34.1	7:17/M
34	Denise McMillan	Columbia	208	46	F	***** 45-49	22:37.5	7:18/M
35	Sarah Miller	Elizabethtown PA	214	35	F	1 35-39	22:52.7	7:23/M
36	Jason Laudermilch	Elizabethtown PA	186	44	M	4 40-44	23:00.5	7:25/M
37	Don Morrison		603	67	M	1 65-69	23:02.7	7:26/M
38	Jodi Olympia	Hummelstown	239	46	F	1 45-49	23:21.2	7:32/M
39	Darren Bowman	Lititz PA	14	50	M	3 50-54	23:21.6	7:32/M
40	Kathleen Medley	Franklinville NJ	209	53	F	1 50-54	23:27.8	7:34/M
41	Matthew Larramore	Elizabethtown PA	183	25	M	2 25-29	23:31.4	7:35/M
42	Emily Bancroft	Elizabethtown	4	26	F	3 25-29	23:37.0	7:37/M
43	Brenda Daily	Elizabethtown PA	52	34	F	2 30-34	23:56.2	7:43/M
44	Peter O Donoghue	Mountville PA	237	56	M	3 55-59	23:59.5	7:44/M
45	Karin Laszakovits	Elizabethtown PA	184	42	F	1 40-44	24:03.5	7:45/M
46	Michael Heider	Lancasterlancaster	127	55	M	4 55-59	24:06.4	7:46/M
47	Lindsay Texter	Millersville PA	339	39	F	2 35-39	24:10.3	7:48/M

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48	Madeleine Weaver	Leola PA	354	18	F	1 15-19	24:13.3	7:49/M
49	Robert Sterner	Elizabethtown PA	326	42	M	5 40-44	24:19.3	7:51/M
50	Jonathan Croft	Hummelstown	44	32	M	2 30-34	24:24.8	7:52/M
51	Mitchell Hanna		613	45	M	3 45-49	24:25.5	7:53/M
52	Mark Puliski		262	53	M	4 50-54	24:26.5	7:53/M
53	Elijah Miller	Elizabethtown PA	218	13	M	6 1-14	24:37.7	7:56/M
54	Kimberly Nein	Elizabethtown PA	231	26	F	4 25-29	24:40.5	7:57/M
55	Susan Kenderdine	Elizabethtown	169	40	F	2 40-44	24:43.1	7:58/M
56	Crissy Stoeffler	Elizabethtown PA	327	35	F	3 35-39	24:52.5	8:01/M
57	Randy Mladenoff	Hershey PA	220	64	M	3 60-64	24:53.1	8:02/M
58	Mark Ward	Columbia PA	350	57	M	5 55-59	24:55.0	8:02/M
59	Mike Blessing	Grantville PA	601	50	M	5 50-54	25:01.2	8:04/M
60	Maura Ebersole	Wrightsville PA	68	36	F	4 35-39	25:05.6	8:05/M
61	Lisa Cameron	Lititz PA	34	58	F	1 55-59	25:06.0	8:06/M
62	Joe Lee		615	57	M	6 55-59	25:15.2	8:09/M
63	Deb Plummer		256	60	F	1 60-64	25:23.5	8:11/M
64	Connie Buckwalter	Lititz PA	30	47	F	2 45-49	25:32.1	8:14/M
65	Mark Laufer	Mountville PA	187	60	M	4 60-64	25:36.9	8:15/M
66	Stefanie Flynn	Elizabethtown	92	34	F	3 30-34	25:37.2	8:16/M
67	Kelly Parks	Annaville PA	247	51	F	2 50-54	25:37.2	8:16/M
68	Beth Forry	Elizabethtown PA	94	52	F	3 50-54	25:39.4	8:16/M
69	Kyle Valentine	Elizabethtown PA	346	13	M	7 1-14	25:40.4	8:17/M
70	Karalyn Kempinski	Lititz PA	168	45	F	3 45-49	25:51.2	8:20/M
71	Mitchell Garber	Elizabethtown PA	101	13	M	8 1-14	25:58.5	8:23/M
72	Jillian Shank	Wrightsville PA	292	12	F	3 1-14	25:59.5	8:23/M
73	Samantha Bennici	New Milford PA	12	22	F	1 20-24	25:59.9	8:23/M
74	Greg Orris	Harrisburg PA	241	48	M	4 45-49	26:10.9	8:26/M
75	Andrea Behm	Easton PA	10	19	F	2 15-19	26:26.2	8:32/M
76	Alison Fink	Elizabethtown PA	87	11	F	4 1-14	26:29.2	8:33/M
77	Leah Yingling	Elizabethtown	366	33	F	4 30-34	26:36.2	8:35/M
78	Sharon Parrish	Carlisle PA	249	57	F	2 55-59	26:38.5	8:35/M
79	Mindy Miller		217	35	F	5 35-39	26:44.4	8:37/M
80	Albert Kurtz	Dover PA	181	70	M	1 70-99	26:46.8	8:38/M
81	Jessica Pron	Pottstown PA	260	20	F	2 20-24	26:48.1	8:39/M
82	Ethan Cronin	Elizabethtown	48	13	M	9 1-14	26:48.1	8:39/M
83	Carleigh Roche	Lancaster	269	16	F	3 15-19	26:57.3	8:42/M
84	Jason Fitterer	Hershey PA	90	43	M	6 40-44	26:58.5	8:42/M
85	Lori Uptegraph	Lititz PA	344	49	F	4 45-49	27:13.5	8:47/M
86	Brandy Neide	Elizabethtown PA	230	36	F	6 35-39	27:21.5	8:49/M
87	Bethany Barger	Palmyra PA	7	38	F	7 35-39	27:22.6	8:50/M
88	Bill Sherman	Palmyra PA	616	48	M	5 45-49	27:22.7	8:50/M
89	Sarah Fairbanks		79	23	F	3 20-24	27:23.0	8:50/M
90	Carie Reigel	Richland PA	264	39	F	8 35-39	27:44.9	8:57/M
91	Breanna Hummer	Mount Joy PA	159	26	F	5 25-29	27:57.7	9:01/M
92	Pamela Bucher	Elizabethtown	25	49	F	5 45-49	28:00.9	9:02/M
93	Tessa Cronin	Elizabethtown PA	47	11	F	5 1-14	28:17.9	9:07/M
94	Denise Valentine	Elizabethtown PA	345	45	F	6 45-49	28:18.0	9:08/M

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95	Mark Leaman	Lancaster PA	188	61	M	5 60-64	28:28.5	9:11/M
96	Dean Newswanger	Newmanstown PA	235	56	M	7 55-59	28:33.7	9:13/M
97	Katie Doster	Manheim PA	62	28	F	6 25-29	28:35.3	9:13/M
98	Erin Farmer	Manheim PA	82	38	F	9 35-39	28:35.5	9:13/M
99	Scott Kenedy		170	46	M	6 45-49	28:36.7	9:14/M
100	Jordyn Cronin		45	7	F	6 1-14	28:36.7	9:14/M
101	Rob Cronin	Elizabethtown PA	46	41	M	7 40-44	28:39.2	9:15/M
102	David Craft	Womelsdorf PA	43	39	M	4 35-39	28:42.6	9:15/M
103	Joyce Loizeaux	Elizabethtown PA	197	36	F	10 35-39	29:02.0	9:22/M
104	Kelly Fuddy	Elizabethtown	95	35	F	11 35-39	29:09.7	9:24/M
105	Thomas Gorman		625	31	M	3 30-34	29:12.4	9:25/M
106	Rick Showers		297	63	M	6 60-64	29:24.2	9:29/M
107	Dan Harnick	Lancaster PA	125	63	M	7 60-64	29:26.9	9:30/M
108	Richard Troutman	Manheim PA	342	69	M	2 65-69	29:28.3	9:30/M
109	Emily Sirinides	Elizabethtown PA	300	36	F	12 35-39	29:33.1	9:32/M
110	Bob Hivner	Landisville PA	146	59	M	8 55-59	29:35.9	9:33/M
111	Kendall Hein	Elizabethtown PA	129	12	F	7 1-14	29:38.6	9:34/M
112	Palmer Lockard	Palmyra PA	193	66	M	3 65-69	29:38.6	9:34/M
113	Jo Hershey	Elizabethtown PA	134	38	F	13 35-39	29:40.3	9:34/M
114	Darlene Swift		334	48	F	7 45-49	29:42.3	9:35/M
115	Melissa Hanigosky	Paoli PA	124	26	F	7 25-29	29:43.9	9:35/M
116	Gayle Merkt	Elizabethtown PA	211	45	F	8 45-49	29:44.1	9:35/M
117	Kara Newcomer	Lancaster PA	232	31	F	5 30-34	29:44.7	9:35/M
118	Gina Davis	Etters PA	54	30	F	6 30-34	29:54.6	9:39/M
119	Ann Ash	East Earl PA	308	57	F	3 55-59	29:55.7	9:39/M
120	Jim Roche	Lancaster PA	268	56	M	9 55-59	29:55.7	9:39/M
121	Kelly Greene	Mount Joy PA	120	33	F	7 30-34	29:57.1	9:40/M
122	Maryglo Stroik	Mount Gretna	329	36	F	14 35-39	30:02.8	9:41/M
123	Curtis Smith	Hershey PA	305	57	M	10 55-59	30:07.9	9:43/M
124	Jack Hess	Hershey	609	25	M	3 25-29	30:10.0	9:44/M
125	Amanda Sauder	Lititz PA	278	36	F	15 35-39	30:14.4	9:45/M
126	Anne Garber	Elizabethtown PA	100	42	F	3 40-44	30:22.9	9:48/M
127	Scott Miller	Manheim PA	215	53	M	6 50-54	30:23.0	9:48/M
128	Mary Miller	Manheim PA	216	53	F	4 50-54	30:23.0	9:48/M
129	Elliot Farver	Elizabethtown PA	84	17	M	5 15-19	30:25.5	9:49/M
130	Haley Hoffman		150	16	F	4 15-19	30:25.6	9:49/M
131	Shirley De Perrot	Lititz PA	55	56	F	4 55-59	30:31.6	9:51/M
132	Kelcey Bucks	Lebanon PA	29	36	F	16 35-39	30:36.0	9:52/M
133	Cynthia Jenkins	Bloomsburg PA	162	59	F	5 55-59	30:40.8	9:54/M
134	Amanda Schreiber	Lancaster	285	25	F	8 25-29	30:51.5	9:57/M
135	Ford Eichelberger	Paoli	72	24	M	1 20-24	30:53.4	9:58/M
136	Carrie Beamenderfer	Elizabethtown PA	9	34	F	8 30-34	30:56.5	9:59/M
137	Jodi Myers	Bellefonte	227	45	F	9 45-49	30:57.6	9:59/M
138	Bridget Treese	Elizabethtown PA	341	35	F	17 35-39	30:57.7	9:59/M
139	Susan Truxal	Lancaster PA	343	66	F	1 65-69	30:59.0	10:00/M
140	Rick Lown	Elizabethtown PA	199	51	M	7 50-54	31:01.4	10:00/M
141	Tina Laudermilch	Elizabethtown	185	43	F	4 40-44	31:18.1	10:06/M

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142	Deborah Schneider	Harrisburg PA	284	54	F	5 50-54	31:18.4	10:06/M
143	Kyle Hein	Elizabethtown PA	128	39	M	5 35-39	31:18.9	10:06/M
144	Melanie Payton	Mount Joy	250	44	F	5 40-44	31:20.5	10:06/M
145	Angela Fitterer	Hershey PA	89	43	F	6 40-44	31:21.7	10:07/M
146	Laurie Dove	Palmyra PA	63	58	F	6 55-59	31:25.3	10:08/M
147	Steve Wasserman		619	56	M	11 55-59	31:25.9	10:08/M
148	Michele Stum	Steelton PA	330	34	F	9 30-34	31:28.1	10:09/M
149	Darby Lewes		190	71	F	1 70-99	31:31.9	10:10/M
150	Kim Spangle	York PA	312	48	F	10 45-49	31:34.7	10:11/M
151	Ena Marie Banks	Lititz	5	58	F	7 55-59	31:35.1	10:11/M
152	Reed Mask	Elizabethtown PA	200	44	M	8 40-44	31:44.6	10:14/M
153	Shannon Stepanian	Elizabethtown PA	325	40	F	7 40-44	31:48.3	10:15/M
154	Jill Kennett	Lititz	173	56	F	8 55-59	31:48.4	10:15/M
155	Stephanie Gingrich		111	49	F	11 45-49	31:50.5	10:16/M
156	Jessica Straining	Harrisburg PA	328	37	F	18 35-39	31:57.4	10:18/M
157	Amanda Santana	New Cumberland	277	38	F	19 35-39	31:57.4	10:18/M
158	Ashely Klick		624	32	F	10 30-34	31:59.2	10:19/M
159	Debra Guerreiro	Hamden CT	122	52	F	6 50-54	32:01.7	10:20/M
160	Janet Wendler	Lancaster PA	356	68	F	2 65-69	32:07.5	10:22/M
161	Gisselle Talley	Ephrata PA	337	48	F	12 45-49	32:09.3	10:22/M
162	Mitch Romig	Mount Joy PA	271	33	M	4 30-34	32:24.2	10:27/M
163	Lori Newswanger	Newmanstown PA	234	53	F	7 50-54	32:40.3	10:32/M
164	Alicia Dunlop	Annaville PA	65	52	F	8 50-54	32:41.3	10:33/M
165	Marlene Weaver	Leola PA	353	43	F	8 40-44	32:43.8	10:33/M
166	Melissa Wissler	Leola PA	361	42	F	9 40-44	32:43.8	10:33/M
167	Luke Barton		621	14	M	10 1-14	32:50.4	10:35/M
168	Heather Gebhart	Elizabethtown PA	104	33	F	11 30-34	32:51.6	10:36/M
169	Sue Ruhl	Manheim PA	272	61	F	2 60-64	33:00.4	10:39/M
170	Jan Gaspich	Palmyra PA	102	53	F	9 50-54	33:00.8	10:39/M
171	Susan Graver	Lititz PA	119	54	F	10 50-54	33:03.9	10:40/M
172	Anthony Gladfelter	Elizabethtown PA	113	59	M	12 55-59	33:15.7	10:44/M
173	Jeannine Hohman	Lititz	151	52	F	11 50-54	33:19.6	10:45/M
174	Andrea Famous	Mount Joy	81	42	F	10 40-44	33:22.2	10:46/M
175	Amy Artman	Manheim PA	2	52	F	12 50-54	33:36.8	10:50/M
176	Jessica Schaber	Elizabethtown PA	281	37	F	20 35-39	33:43.5	10:53/M
177	Jessica Fultz	Elizabethtown PA	97	29	F	9 25-29	33:45.7	10:53/M
178	Cara Krodel	Lebanon	180	31	F	12 30-34	33:53.0	10:56/M
179	Christopher Bradley	Elizabethtown PA	16	56	M	13 55-59	33:54.9	10:56/M
180	Aimee Merchlinski	Middletown PA	210	38	F	21 35-39	34:12.8	11:02/M
181	Jill Bucks	Elizabthtown PA	28	65	F	3 65-69	34:15.9	11:03/M
182	Alex Saup		623	32	M	5 30-34	34:20.7	11:05/M
183	Scott Lithgow	Mount Joy PA	192	57	M	14 55-59	34:38.5	11:10/M
184	Rebecca Myers	Mechanicsburg PA	229	28	F	10 25-29	34:39.0	11:11/M
185	Jose Cruz	Elizabethtown	49	34	M	6 30-34	34:40.3	11:11/M
186	Linda Cruz	Elizabethtown	50	35	F	22 35-39	34:41.5	11:11/M
187	Janel Leymeister	Hummelstown PA	191	53	F	13 50-54	34:45.6	11:13/M
188	Mary Susan Weidman	Palmyra PA	355	65	F	4 65-69	34:47.9	11:13/M

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189	Rachel McCarthy	Marietta PA	202	32	F	13 30-34	34:51.8	11:15/M
190	Janet Atim	Elizabethtown PA	3	35	F	23 35-39	35:39.8	11:30/M
191	Suzanne Szczepanski	Elizabethtown PA	336	62	F	3 60-64	35:59.4	11:36/M
192	Marcy Wolf	Hummelstown PA	363	66	F	5 65-69	36:19.4	11:43/M
193	Jen Witmer		362	48	F	13 45-49	36:22.9	11:44/M
194	Melissa Nolt	Manheim PA	236	45	F	14 45-49	36:28.0	11:46/M
195	Denise Hess	Lititz PA	137	51	F	14 50-54	36:28.9	11:46/M
196	Kendra Smith	Lancaster	303	22	F	4 20-24	36:43.5	11:51/M
197	Erin Geib	Manheim PA	108	40	F	11 40-44	36:54.8	11:54/M
198	Stacy Owens	Elizabethtown PA	245	41	F	12 40-44	37:08.0	11:59/M
199	Cynthia Ebersole	Mount Joy	67	63	F	4 60-64	37:12.0	12:00/M
200	Margaret Saunders	Lancaster PA	280	61	F	5 60-64	37:13.1	12:00/M
201	Patricia Cole	Palmyra	41	55	F	9 55-59	37:18.2	12:02/M
202	Wendy Smith	York PA	304	55	F	10 55-59	37:19.6	12:02/M
203	Alison Williams	Harrisburg PA	359	46	F	15 45-49	37:23.8	12:04/M
204	Chrissy Buchmoyer	Marietta PA	26	43	F	13 40-44	37:27.5	12:05/M
205	Sheila Rodriguez	Elizabethtown PA	270	47	F	16 45-49	37:34.4	12:07/M
206	Bob Horst	Lancaster PA	156	87	M	2 70-99	38:03.6	12:16/M
207	Courtney Farr	East Petersburg PA	83	29	F	11 25-29	38:39.8	12:28/M
208	Kristi Ritter	Elizabethtown PA	266	39	F	24 35-39	39:03.5	12:36/M
209	Christopher Shank	Wrightsville	291	14	M	11 1-14	39:15.3	12:40/M
210	Doreen Stauffer	Lancaster PA	323	54	F	15 50-54	39:18.3	12:41/M
211	Marycatherine Hess	Hershey PA	136	60	F	6 60-64	39:35.8	12:46/M
212	Julie Hess		610	23	F	5 20-24	40:23.6	13:02/M
213	Amy Snyder	Mount Joy PA	311	32	F	14 30-34	40:31.5	13:04/M
214	Ralph Detrick	Elizabethtown PA	59	77	M	3 70-99	40:32.0	13:05/M
215	Traci Glover	Mount Joy PA	114	49	F	17 45-49	40:47.7	13:09/M
216	Brian Shank	Wrightsville PA	290	45	M	7 45-49	41:26.5	13:22/M
217	Rose Ward	Columbia	351	66	F	6 65-69	41:49.1	13:29/M
218	Mark Bellavia	Lancaster PA	11	57	M	15 55-59	42:28.7	13:42/M
219	Karen Bramley	Elizabethtown PA	17	53	F	16 50-54	42:38.9	13:45/M
220	Caroline Barnhart		630	54	F	17 50-54	42:39.1	13:45/M
221	Cheryl Good	Manheim	115	53	F	18 50-54	43:00.3	13:52/M
222	Christopher Guessford		301	44	M	9 40-44	43:29.9	14:02/M
223	Judith Mondschein	Palmyra PA	222	63	F	7 60-64	44:42.9	14:25/M
224	Carol Lebo	Myerstown PA	189	75	F	2 70-99	44:48.6	14:27/M
225	Julianne Browne	Strasburg PA	22	52	F	19 50-54	45:17.9	14:36/M
226	Jodi Groff	Lancaster PA	121	43	F	14 40-44	45:19.9	14:37/M
227	Carter Cless		39	5	M	12 1-14	46:10.1	14:54/M
228	Jen Cless		40	31	F	15 30-34	46:10.5	14:54/M
229	Kelly Muldowney	Lancaster PA	225	39	F	25 35-39	47:39.9	15:22/M
230	Michael Silvestrini	Lancaster PA	298	34	M	7 30-34	47:39.9	15:22/M
231	Richard McCullough	Lititz PA	205	84	M	4 70-99	47:55.2	15:27/M
232	Lisa Puliski		261	52	F	20 50-54	51:58.4	16:46/M
233	Steve Deperrot	Lititz PA	58	56	M	16 55-59	51:59.1	16:46/M
234	Bruce Kennett		172	69	M	4 65-69	52:51.7	17:03/M
235	Rick Rocchi		607	63	M	8 60-64	54:04.5	17:26/M

2018 Frozen Foot Race 3

Overall Finish List

5K

Race Date
March 18, 2018

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
236	Pamela Eusi	Harrisburg PA	78	61	F	8 60-64	56:58.8	18:23/M
237	Sara Shaneor	Elizabethtown PA	289	39	F	26 35-39	1:00:28.7	19:30/M
238	Mandy Minto		219	38	F	27 35-39	1:00:28.7	19:30/M