

Race Date
October 21, 2017

Hempfield Glow Run 2017
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Delaney Minder	Lancaster PA	13	403	5	20:28.9	6:36/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Adam Cless	Columbia PA	32	367	1	18:50.0	6:05/M

Hempfield Glow Run 2017
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5K

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Allison Rush		8	443	50	30:41.3	9:54/M
2 *	Sophia Bernhardt	Pequea PA	10	298	64	36:12.8	11:41/M
3 *	Bailey Lapinski	Lancaster PA	8	397	81	52:31.6	16:56/M

Male 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brayden Hostetter	Lancaster PA	10	388	18	23:17.9	7:31/M
2 *	Aj Georgelis		10	440	37	27:37.3	8:55/M
3 *	Jansen Hutton	Lancaster PA	9	390	45	29:33.9	9:32/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lily Clinton	Lancaster PA	13	435	14	22:20.8	7:12/M
2 *	Callie Segro	Mount Joy PA	12	413	15	22:21.0	7:13/M
3 *	Hana Hiraoka	Lancaster PA	13	386	20	23:26.2	7:34/M
4	Elowyn Crescenzi	Lancaster PA	13	369	24	24:46.7	7:59/M
5	Kelsea Dague	Salunga PA	13	370	31	26:12.2	8:27/M
6	Violet Roman	Lancaster PA	11	411	32	26:13.6	8:27/M
7	Keira Boensch		13	447	38	27:38.3	8:55/M
8	Molly Heilshorn	Lancaster PA	12	384	40	28:13.5	9:06/M
9	Kiersta Gilliland		13	448	51	30:49.8	9:56/M
10	Adriana Siegrist	Columbia PA	12	429	63	35:54.3	11:35/M
11	Tessa Grosh	Lancaster PA	11	380	67	36:56.6	11:55/M
12	Samantha Bernhardt	Pequea PA	11	299	70	37:37.8	12:08/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Darren Diverio	Manheim PA	14	432	2	19:31.9	6:18/M
2 *	Parker Wolfe	Lancaster PA	13	424	3	19:48.3	6:23/M
3 *	Asher Stein	PA	12	415	4	20:24.7	6:35/M
4	Logan Muhlberg	Landisville PA	13	405	6	20:38.0	6:39/M
5	Isaiah Hollinger		13	442	7	20:52.9	6:44/M
6	Emerson Long		11	427	8	20:57.3	6:45/M
7	Chase Dishongh	Columbia PA	12	371	16	23:16.1	7:30/M
8	T Maguire	Landisville PA	11	434	17	23:17.7	7:31/M
9	Mitchell Dishongh	Columbia PA	12	372	19	23:23.1	7:33/M

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Male 11 to 14

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10	Riley Hornberger		12	426	33	26:27.1	8:32/M
11	Benedict Flinchbaugh	Lancaster PA	12	375	35	27:29.2	8:52/M
12	Nick Gontz	Landisville PA	12	378	41	28:13.8	9:06/M
13	Spencer Stein	Landisville PA	11	414	54	32:55.7	10:37/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lilly Heilshorn	Lancaster PA	15	385	39	28:13.4	9:06/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Daniele Cahall	Lancaster PA	28	365	58	34:14.6	11:03/M
2 *	Ally Gearhart	Landisville PA	27	376	62	35:51.9	11:34/M
3 *	Jes Welch	Mechanicsburg PA	28	423	76	44:55.0	14:29/M
4	Katie Kauffman	Landisville PA	23	391	79	50:09.4	16:11/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Justin Bullard	Lancaster PA	28	363	12	22:14.6	7:10/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rachel Clinton	Lancaster PA	34	436	9	21:16.7	6:52/M
2 *	Cathy Ginder	Lancaster PA	30	377	11	21:57.7	7:05/M
3 *	Rachel White	Lancaster PA	30	446	22	24:13.1	7:49/M
4	Amy Hostetter	Lancaster PA	34	389	27	25:36.9	8:15/M
5	Abby Cless	Columbia PA	36	368	30	25:42.3	8:17/M
6	Amber York		36	430	34	26:44.2	8:37/M
7	Angela Kilby	Columbia PA	35	393	44	29:19.4	9:27/M
8	Karen Garner	Manheim PA	38	438	46	29:45.6	9:36/M
9	Melissa Rush		39	444	49	30:41.1	9:54/M
10	Christine Lutes	Dallastown PA	34	401	52	31:30.3	10:10/M
11	Adriene Oatman	Columbia PA	36	407	59	34:31.8	11:08/M
12	Tracey Keller	Lancaster PA	38	392	60	35:41.6	11:31/M

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Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
13	Jessica Black	Lititz PA	36	362	66	36:42.9	11:50/M
14	Theresa Bernhardt	Pequea PA	39	360	69	37:37.5	12:08/M
15	Jess Kling	Salunga PA	37	394	72	37:44.8	12:10/M
16	Nicki Plumbo		36	445	74	40:49.3	13:10/M
17	Courtney Tranovich	Landisville PA	30	421	77	44:59.8	14:31/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joseph Landis	Lititz PA	34	396	10	21:50.4	7:03/M
2 *	Tommie Black	Lititz PA	31	361	21	23:47.7	7:40/M
3 *	Cory Zink	Columbia PA	34	425	53	31:45.3	10:15/M
4	Adam Bernhardt	Pequea PA	39	359	65	36:13.5	11:41/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lilian Smith	Landisville PA	40	431	28	25:36.9	8:15/M
2 *	Judy Gontz	Landisville PA	41	379	42	28:28.3	9:11/M
3 *	Sara Grosh	Lancaster PA	45	381	68	36:57.1	11:55/M
4	Nickie Fasnacht	Mount Joy PA	43	374	73	37:45.1	12:11/M
5	Melissa Lapinski	Lancaster PA	41	399	75	41:09.7	13:16/M
6	Angela Delaney	Landisville PA	40	437	78	45:00.7	14:31/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Long		44	428	13	22:16.4	7:11/M
2 *	Brian Hornberger	Lancaster PA	45	387	23	24:30.8	7:54/M
3 *	Patrick Morrison	Strasburg PA	44	404	26	24:49.0	8:00/M
4	Dennis Oatman	Columbia PA	44	408	36	27:33.7	8:53/M
5	Heeju Choi	Lancaster PA	43	366	47	29:52.1	9:38/M
6	Tony Georgelis		47	439	48	30:12.1	9:45/M
7	Samuel Stein	Landisville PA	42	416	55	32:56.6	10:37/M
8	Anthony Lapinski	Lancaster PA	41	398	80	52:31.4	16:56/M

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Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Risa Paskoff	Lancaster PA	57	410	57	33:38.8	10:51/M
2 *	Leslie Gearhart		57	441	61	35:51.9	11:34/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Donald Diverio		56	433	25	24:47.8	8:00/M
2 *	Peter O'Donoghue	Mountville PA	56	409	29	25:39.2	8:16/M

Female 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Rose Ward	Columbia PA	66	422	56	33:29.1	10:48/M

Male 60 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Duane McHale	Millersville PA	61	402	43	28:36.4	9:14/M
2 *	Norm Eshleman	Lancaster PA	65	373	71	37:39.3	12:09/M