

Race Date
September 15, 2017

Lions 5K Country Run/Walk
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Diana Griffiths		46	277	14	23:30.0	7:35/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Miller		22	294	1	18:55.6	6:06/M

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Female 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Hanna Zook		13	278	20	25:28.5	8:13/M
2 *	Kathleen Stoltzfus	Leola PA	14	268	21	25:30.0	8:14/M
3 *	Caroline Kulp		12	284	31	31:14.5	10:05/M
4	Anna Hartanft		11	287	35	34:06.3	11:00/M

Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dante Velasco		13	288	6	21:41.1	7:00/M
2 *	Nathaniel Stoltzfus Jr	Leola PA	9	270	22	26:34.0	8:34/M

Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lauren Nedrow	Lancaster PA	16	261	26	28:41.9	9:15/M
2 *	Rachel Stoltzfus		17	289	27	28:50.1	9:18/M
3 *	Elizabeth McCombs	Leola PA	17	259	47	1:02:46.7	20:15/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Mervin Lee King		19	296	3	19:06.3	6:10/M
2 *	Lloyd Petersheim		19	292	8	22:02.0	7:06/M
3 *	Leon Huyard		15	283	11	23:06.6	7:27/M
4	Daniel Stoltzfus	Leola PA	19	269	12	23:25.6	7:33/M
5	Austin Nedrow	Lancaster PA	16	262	16	24:03.5	7:45/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Courtney Longenecker	Reamstown PA	20	256	33	33:46.7	10:54/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Ruben Miller		20	295	4	21:30.3	6:56/M
2 *	Mahlon King		22	293	9	22:47.2	7:21/M
3 *	Sean Weaver	Lancaster PA	26	272	10	23:05.0	7:27/M

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Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Alison Poole		39	279	15	23:57.6	7:44/M
2 *	Courtney Costello	Lancaster PA	37	249	17	24:05.2	7:46/M
3 *	Shannon Dumser	Lancaster PA	39	252	24	28:38.2	9:14/M
4	Carrie Falduts	Leola PA	39	254	25	28:40.1	9:15/M
5	Stephanie Smith	Lancaster PA	32	267	34	33:55.1	10:56/M
6	Robyn Silfies	Lancaster PA	32	264	45	1:01:31.6	19:51/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Steven Stoltzfus		34	280	2	19:00.0	6:08/M
2 *	Matt Smith	Lancaster PA	33	266	13	23:28.8	7:34/M
3 *	Joel Yudit		38	273	38	42:32.3	13:43/M
4	Daniel Silfies	Lancaster PA	36	265	44	1:01:31.5	19:51/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michelle Kanjappu		40	281	19	25:07.5	8:06/M
2 *	Cindy McCombs	Leola PA	48	258	48	1:02:46.9	20:15/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Justin Kulp		41	285	30	31:14.3	10:05/M
2 *	Jason Dodd	Leola PA	46	250	42	1:00:46.0	19:36/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lynn Dodd	Leola PA	51	251	41	1:00:04.3	19:23/M
2 *	Kelly Nedrow	Lancaster PA	50	260	43	1:00:48.7	19:37/M
3 *	Virginia Puleo		51	291	46	1:02:46.3	20:15/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Bob Bergman		58	290	5	21:32.5	6:57/M

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Male 50 to 59

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2 *	Duane Christy		54	276	7	21:44.6	7:01/M
3 *	Peter O Donoghue	Mountville PA	56	263	18	24:37.6	7:56/M
4	Nicholas Bybel		59	282	29	30:56.4	9:59/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Karen Eby		67	286	32	33:15.9	10:44/M
2 *	Gloria Gay		66	275	40	44:19.6	14:18/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dale Gay		69	274	23	27:40.4	8:55/M
2 *	Dennis Wanner	Ronks PA	67	271	28	29:38.7	9:34/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Frank McCardell	Strasburg PA	74	257	36	34:08.0	11:01/M
2 *	Gregory Kerek	Lancaster PA	78	255	37	39:03.4	12:36/M
3 *	Clair Clawser	Campbelltown PA	72	248	39	44:00.7	14:12/M