

Place			-----Total-----						
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	Zach Mains	Harrisburg PA	763	25	M	1 Top Fin	15:36.3	15:36.3	5:02/M
2	Chris McCabe	Manheim PA	769	27	M	1 25-29	15:54.2	15:54.2	5:08/M
3	Daryl Weaver	Lititz PA	351	43	M	1 Top Fin	16:26.0	16:26.0	5:18/M
4	Brent Edwards	Hazleton PA	629	30	M	1 30-34	17:18.6	17:18.6	5:35/M
5	Adler Brining	Hanover PA	576	15	M	1 15-19	17:38.9	17:38.9	5:41/M
6	Lyle Stauffer		884	35	M	1 35-39	17:49.7	17:49.7	5:45/M
7	Dd Shea		857	21	F	1 Top Fin	17:56.6	17:56.6	5:47/M
8	Caleb Hershey		693	13	M	1 1-14	17:59.5	17:59.5	5:48/M
9	Jon Fox		649	38	M	2 35-39	18:16.8	18:16.8	5:54/M
10	Bob Porambo	PA	821	36	M	3 35-39	18:38.0	18:38.0	6:01/M
11	Clayton Blöse	Mountville PA	571	24	M	1 20-24	18:45.3	18:45.3	6:03/M
12	Kurt DeGoede	Mount Joy	607	47	M	1 45-49	18:48.4	18:48.4	6:04/M
13	Doug Leaman		746	46	M	2 45-49	18:50.5	18:50.5	6:05/M
14	Leah Maher	New Providence PA	355	25	F	1 25-29	19:00.4	19:00.4	6:08/M
15	Adam Evans	Elizabethtown PA	639	14	M	2 1-14	19:10.4	19:10.4	6:11/M
16	Evan Eshleman		636	13	M	3 1-14	19:38.9	19:38.9	6:20/M
17	West Brining	Hanover PA	577	47	M	3 45-49	19:40.9	19:40.9	6:21/M
18	Danny O'Tolle	Newport PA	811	18	M	2 15-19	19:44.6	19:49.3	6:22/M
19	Daniel Chirico		587	53	M	1 50-54	19:58.4	19:58.4	6:26/M
20	Bradley Yehl	Elizabethtown PA	995	24	M	2 20-24	20:00.6	20:00.6	6:27/M
21	Jim Schwalm		855	41	M	1 40-44	20:03.5	20:03.5	6:28/M
22	Justin Hirst		697	36	M	4 35-39	20:11.0	20:11.0	6:31/M
23	Steve Koons	Hummelstown PA	733	52	M	2 50-54	20:23.9	20:24.2	6:35/M
24	Michelle Destefano		609	47	F	1 Top Fin	20:40.4	20:43.9	6:40/M
25	Jeff McCloud		770	47	M	4 45-49	20:46.3	20:46.3	6:42/M
26	Rob Eberz	Elizabethtown PA	350	39	M	5 35-39	20:50.8	21:08.3	6:43/M
27	Derrie Miller	Abbottstown PA	367	25	M	2 25-29	20:51.5	20:55.5	6:44/M
28	Chris Yengo	Hummelstown PA	360	48	M	5 45-49	20:52.7	21:03.1	6:44/M
29	Joel Eshleman		637	38	M	6 35-39	20:55.7	20:56.5	6:45/M
30	Darren Diverio	Manheim PA	618	13	M	4 1-14	21:03.9	21:03.9	6:47/M
31	Evan Megoulas	Palmyra PA	777	19	M	3 15-19	21:09.7	21:11.0	6:49/M
32	Lou Starzl	Elizabethtown PA	883	40	M	2 40-44	21:19.4	21:19.4	6:53/M
33	John Rodgers	Lancaster PA	836	53	M	3 50-54	21:27.9	21:29.6	6:55/M
34	Kelly Fox		650	37	F	1 35-39	21:28.4	21:30.5	6:55/M
35	Michael Landis	Lebanon PA	741	46	M	6 45-49	21:35.7	21:36.5	6:58/M
36	Matthew Davis	Lebanon PA	370	37	M	7 35-39	21:36.5	21:39.6	6:58/M
37	Dalton Fink		647	10	M	5 1-14	21:47.1	21:47.1	7:02/M
38	Bob McEvoy	Etown PA	773	47	M	7 45-49	21:49.5	21:52.0	7:02/M
39	Jim Roche	Lancaster PA	835	55	M	1 55-59	21:50.1	21:50.1	7:03/M
40	Nate DeGoede	Mount Joy PA	608	16	M	4 15-19	21:57.2	22:01.6	7:05/M
41	Jeff Sanden		842	56	M	2 55-59	21:57.2	21:58.9	7:05/M
42	Rebecca Sollenberger		875	41	F	1 40-44	22:00.5	22:01.5	7:06/M
43	Jacob Buffington	Middletown PA	582	15	M	5 15-19	22:03.9	22:03.9	7:07/M
44	Benjamin Schlosser	Mount Joy PA	850	30	M	2 30-34	22:06.2	22:06.2	7:08/M
45	Eric Johnson	Blue Grass IA	313	33	M	3 30-34	22:06.8	22:06.8	7:08/M
46	Mike Blessing	Grantville PA	354	49	M	8 45-49	22:13.7	22:14.4	7:10/M
47	Jerry Higley	Lebanon PA	696	62	M	1 60-69	22:15.2	22:17.4	7:11/M
48	Bryan Glatfelter	Lancaster PA	672	43	M	3 40-44	22:15.6	22:18.1	7:11/M
49	Sarah Miller		785	34	F	1 30-34	22:16.8	22:20.7	7:11/M
50	Richard Dickerson		612	54	M	4 50-54	22:18.2	22:19.7	7:12/M
51	Ryan Sheidy		861	41	M	4 40-44	22:18.6	22:21.1	7:12/M
52	Andy Evans	Elizabethtown PA	640	42	M	5 40-44	22:22.9	22:22.9	7:13/M
53	Dwight Eichelberger	Elizabethtown PA	630	55	M	3 55-59	22:49.9	23:00.1	7:22/M
54	Nick Rossi	Elizabethtown PA	372	34	M	4 30-34	22:50.9	22:53.9	7:22/M
55	Daltin Batche		563	11	M	6 1-14	22:55.2	22:55.2	7:24/M
56	Tim Golden	Hershey	674	31	M	5 30-34	23:04.5	23:05.9	7:26/M
57	Lucy Stevens		886	11	F	1 1-14	23:06.1	23:06.1	7:27/M
58	Carrie Booth	Elizabethtown PA	573	37	F	2 35-39	23:12.6	23:16.3	7:29/M
59	Doug Kramer		734	47	M	9 45-49	23:18.4	23:26.3	7:31/M
60	Tray Lilly	Lancaster PA	349	14	M	7 1-14	23:19.3	23:48.4	7:31/M
61	Patrick Ward		977	38	M	8 35-39	23:26.0	23:29.8	7:34/M
62	Meghann Pierdon	Bainbridge PA	816	37	F	3 35-39	23:27.1	23:28.5	7:34/M
63	Darren Bowman	Lititz PA	574	49	M	10 45-49	23:28.5	23:29.4	7:34/M
64	Sara Johnson	Blue Grass IA	315	33	F	2 30-34	23:34.6	23:34.6	7:36/M
65	Michael Heider	Lancaster PA	689	54	M	5 50-54	23:35.0	23:41.6	7:36/M
66	Scott Buffington	Middletown PA	583	46	M	11 45-49	23:40.2	23:40.2	7:38/M
67	Bill Sheibley	Duncannon PA	859	53	M	6 50-54	23:43.2	23:46.7	7:39/M

# Frozen Foot 2017 Race 3

Race Date

March 19, 2017

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
68	Peter O'Donoghue		806	55	M	4 55-59	23:51.8	23:51.8	7:42/M
69	Andrew Sholly	Palmyra PA	863	39	M	9 35-39	23:52.8	24:04.1	7:42/M
70	Brenda Daily		601	33	F	3 30-34	23:52.9	23:59.5	7:42/M
71	John Rickle		830	58	M	5 55-59	23:54.2	23:54.6	7:43/M
72	Kristi French	Mechanicsburg PA	653	32	F	4 30-34	24:08.4	24:15.3	7:47/M
73	Connor Pushart	Camp Hill PA	371	12	M	8 1-14	24:08.9	24:09.1	7:47/M
74	Dave Merkt		780	46	M	12 45-49	24:09.2	24:18.9	7:47/M
75	Evan Smith		869	14	M	9 1-14	24:10.6	24:13.4	7:48/M
76	Conner Babinchak		342	18	M	6 15-19	24:12.2	24:25.1	7:48/M
77	Maura Ebersole	Elizabethtown PA	628	35	F	4 35-39	24:15.2	24:16.2	7:49/M
78	Maddie Remillard		828	18	F	1 15-19	24:19.9	24:26.0	7:51/M
79	Steve Remillard		829	50	M	7 50-54	24:22.9	24:28.5	7:52/M
80	Melissa Hanigosky	Buffalo NY	686	25	F	2 25-29	24:25.0	24:29.9	7:53/M
81	Steve Bareuther		346	54	M	8 50-54	24:26.2	24:26.7	7:53/M
82	Brian Hutchison		709	27	M	3 25-29	24:29.4	24:33.0	7:54/M
83	Mark Laufer	Mountville PA	745	59	M	6 55-59	24:30.8	24:37.7	7:54/M
84	Carleigh Roche		834	15	F	2 15-19	24:31.3	24:34.5	7:55/M
85	Randy Mladenoff	Hershey PA	791	63	M	2 60-69	24:38.5	24:41.6	7:57/M
86	Jack Yengo	Hummelstown PA	359	17	M	7 15-19	24:39.5	24:50.0	7:57/M
87	Tom Sheckard		858	44	M	6 40-44	24:40.8	25:22.5	7:57/M
88	Nicole Hart	Boiling Springs PA	688	46	F	1 45-49	24:42.6	24:48.2	7:58/M
89	Harrison Eichelberger		631	17	M	8 15-19	24:44.1	24:56.9	7:59/M
90	Don Good		675	40	M	7 40-44	24:45.4	24:51.3	7:59/M
91	Mike Johnson	Aspers PA	314	33	M	6 30-34	24:47.0	24:47.0	8:00/M
92	Elliot Farver		643	16	M	9 15-19	24:48.1	25:22.6	8:00/M
93	Jen Kristich		736	41	F	2 40-44	25:06.3	25:20.9	8:06/M
94	Mark Gallick	Elizabethtown PA	661	43	M	8 40-44	25:06.5	25:12.7	8:06/M
95	Lucas Wenger		979	15	M	10 15-19	25:09.6	25:10.9	8:07/M
96	Mark Poliski		818	52	M	9 50-54	25:09.6	25:19.9	8:07/M
97	Doris Olney		808	56	F	1 55-59	25:14.3	25:21.1	8:08/M
98	Ethan Cronin		594	12	M	10 1-14	25:20.7	25:40.5	8:10/M
99	Timothy Sullivan	Hummelstown PA	895	52	M	10 50-54	25:21.6	26:01.8	8:11/M
100	Rob Cronin		595	40	M	9 40-44	25:22.1	25:41.7	8:11/M
101	Kathy Sauer		845	40	F	3 40-44	25:26.0	25:35.7	8:12/M
102	Adam Welter		374	40	M	10 40-44	25:27.3	25:27.3	8:13/M
103	Brant Widrick	Columbia Pa PA	984	46	M	13 45-49	25:30.8	25:41.3	8:14/M
104	Katie Vanetten	Hershey PA	322	23	F	1 20-24	25:35.1	25:54.3	8:15/M
105	Jennifer O'Donnell		805	40	F	4 40-44	25:37.5	25:46.2	8:16/M
106	Jordan Dirisio		616	12	F	2 1-14	25:50.2	25:57.1	8:20/M
107	Josie Spayd	Elizabethtown PA	353	10	F	3 1-14	25:51.7	26:06.5	8:20/M
108	Alison Fink		646	10	F	4 1-14	25:52.3	26:07.3	8:21/M
109	Jerry Schaber		848	36	M	10 35-39	25:57.5	26:14.3	8:22/M
110	Carie Reigel	Richland PA	825	38	F	5 35-39	25:58.8	26:20.7	8:23/M
111	Robert Wolffkiel		993	49	M	14 45-49	25:59.5	26:06.3	8:23/M
112	Gary Gehrat		664	60	M	3 60-69	26:09.0	26:16.4	8:26/M
113	Laurie Funk	Lebanon PA	660	53	F	1 50-54	26:09.0	26:12.8	8:26/M
114	Tom Blanck	Manheim PA	569	60	M	4 60-69	26:09.1	26:16.7	8:26/M
115	Lori Dirisio	Elizabethtown PA	617	52	F	2 50-54	26:09.1	26:15.7	8:26/M
116	Ron Fink	Elizabethtown PA	648	49	M	15 45-49	26:11.7	26:26.9	8:27/M
117	Shawn Miller		787	40	M	11 40-44	26:14.1	26:30.9	8:28/M
118	Susan Kenderdine		720	39	F	6 35-39	26:15.5	26:39.5	8:28/M
119	Kyra Buettner	Elizabethtown PA	581	18	F	3 15-19	26:17.4	26:30.4	8:29/M
120	Karen Moore		792	49	F	2 45-49	26:18.0	26:26.2	8:29/M
121	Danielle Miller	Abbottstown PA	368	26	F	3 25-29	26:19.8	26:29.6	8:29/M
122	Jessica Rauchut		824	23	F	2 20-24	26:19.9	26:23.1	8:29/M
123	Zachary Shenk	Elizabethtown PA	862	38	M	11 35-39	26:28.4	26:31.8	8:32/M
124	Sharon Parrish		812	56	F	2 55-59	26:28.6	26:34.5	8:32/M
125	Stephanie Mader		761	40	F	5 40-44	26:29.3	26:38.5	8:33/M
126	Derrick Snyder	Manheim PA	874	33	M	7 30-34	26:33.1	26:57.2	8:34/M
127	Ron Trimmell		963	49	M	16 45-49	26:33.4	26:43.0	8:34/M
128	Leah Yingling		996	32	F	5 30-34	26:35.5	26:59.4	8:35/M
129	Shawn Vonstein	Lancaster PA	971	46	M	17 45-49	26:39.8	26:53.9	8:36/M
130	Matthew Wagner		974	35	M	12 35-39	26:46.7	27:15.8	8:38/M
131	Connie Buckwalter	Lititz PA	580	46	F	3 45-49	26:48.3	26:50.1	8:39/M
132	James Drumm		620	52	M	11 50-54	26:48.3	26:49.8	8:39/M
133	Sue McCune		772	50	F	3 50-54	26:49.9	26:52.0	8:39/M
134	Ryan Lownsbery		758	13	M	11 1-14	26:52.0	27:09.8	8:40/M

# Frozen Foot 2017 Race 3

Race Date

March 19, 2017

## Overall Finish List

5K

Place								-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	
135	Brian Lownsbery		755	48	M	18 45-49	26:52.6	27:10.0	8:40/M	
136	Elizabeth Hivner		701	24	F	3 20-24	26:55.4	27:26.4	8:41/M	
137	Sami Stoner		892	18	F	4 15-19	26:57.8	26:57.8	8:42/M	
138	Jack Hess	Hershey	375	24	M	3 20-24	26:58.1	26:58.1	8:42/M	
139	Sorita Averill	Reading PA	366	56	F	3 55-59	27:08.2	27:14.6	8:45/M	
140	Greg Orris		810	47	M	19 45-49	27:08.9	27:24.0	8:45/M	
141	Matt Musser		793	44	M	12 40-44	27:16.6	27:53.4	8:48/M	
142	Dean Newswanger		798	55	M	7 55-59	27:17.0	27:22.7	8:48/M	
143	Amanda Heisey-Gallagher	Elizabethtown PA	691	39	F	7 35-39	27:17.8	27:25.6	8:48/M	
144	Dan Harnick	Lancaster PA	687	62	M	5 60-69	27:19.2	27:27.2	8:49/M	
145	Luka Spayd	Elizabethtown PA	352	8	M	12 1-14	27:25.1	27:35.9	8:51/M	
146	William Krieger		735	56	M	8 55-59	27:26.2	27:42.9	8:51/M	
147	Darlene Swift		899	46	F	4 45-49	27:27.2	27:38.3	8:51/M	
148	Richard Long	Camp Hill PA	753	57	M	9 55-59	27:29.2	27:47.2	8:52/M	
149	Wallace Rejrat	Elizabethtown PA	827	31	M	8 30-34	27:31.9	27:40.5	8:53/M	
150	Mike Sheibley	Hummelstown PA	860	58	M	10 55-59	27:36.2	27:40.4	8:54/M	
151	Christopher Skundrich	Lancaster PA	320	50	M	12 50-54	27:38.6	27:41.2	8:55/M	
152	Kristen Weingardt		978	44	F	6 40-44	27:41.8	27:59.2	8:56/M	
153	Derek Slabaugh		866	36	M	13 35-39	27:51.3	28:39.7	8:59/M	
154	Scott Kennedy	Middletown PA	722	45	M	20 45-49	27:55.5	28:11.9	9:00/M	
155	Christine Willet		986	45	F	5 45-49	27:56.2	28:14.3	9:01/M	
156	Ed Lammando		740	59	M	11 55-59	27:56.4	28:20.1	9:01/M	
157	Gina Davis	Etters PA	604	29	F	4 25-29	28:01.0	28:10.4	9:02/M	
158	Fred Kohler		731	63	M	6 60-69	28:02.1	28:29.4	9:03/M	
159	Darby Valego		967	39	F	8 35-39	28:03.9	28:11.5	9:03/M	
160	Ashley Klick		729	31	F	6 30-34	28:07.3	28:14.6	9:04/M	
161	Annette Drohan	Mount Joy PA	308	48	F	6 45-49	28:07.4	28:38.8	9:04/M	
162	Marisa Fulmer		659	28	F	5 25-29	28:08.8	28:22.7	9:05/M	
163	Jan Grinstead	Palmyra PA	678	39	F	9 35-39	28:22.3	28:27.2	9:09/M	
164	Scott Lithgow	Mount Joy PA	751	56	M	12 55-59	28:24.2	28:26.6	9:10/M	
165	Kelly Fuddy		657	34	F	7 30-34	28:27.1	28:59.0	9:11/M	
166	Emily Sirinides		865	35	F	10 35-39	28:27.5	28:59.2	9:11/M	
167	Lydia Mellinger		779	26	F	6 25-29	28:27.6	28:49.4	9:11/M	
168	Patrick Mitchell	Lebanon PA	790	42	M	13 40-44	28:28.9	28:47.1	9:11/M	
169	Daivd Craft	Womelsdorf PA	592	38	M	14 35-39	28:29.1	29:04.7	9:11/M	
170	Susan Graver	Lancaster PA	677	53	F	4 50-54	28:29.8	28:37.2	9:11/M	
171	Megan Nolt		803	41	F	7 40-44	28:35.3	28:56.6	9:13/M	
172	Maryglo Stroik	Mount Gretna PA	893	35	F	11 35-39	28:39.9	28:45.2	9:15/M	
173	Amanda Sauder		843	35	F	12 35-39	28:42.8	29:04.5	9:15/M	
174	Thomas Gorman		676	30	M	9 30-34	28:48.9	29:30.3	9:17/M	
175	Susan Miller		788	41	F	8 40-44	28:55.2	29:15.1	9:20/M	
176	Richard Troutman	Manheim PA	964	68	M	7 60-69	28:55.7	29:00.1	9:20/M	
177	Madison Ebersole		627	17	F	5 15-19	29:02.7	29:15.4	9:22/M	
178	Richard Newton		800	33	M	10 30-34	29:09.1	29:23.1	9:24/M	
179	Patrick Kiley		725	43	M	14 40-44	29:10.3	29:21.9	9:25/M	
180	Monica Kiley		724	45	F	7 45-49	29:10.6	29:21.9	9:25/M	
181	Jenn Evans	East Earl PA	361	27	F	7 25-29	29:14.9	29:19.4	9:26/M	
182	Tom Maganas		762	53	M	13 50-54	29:16.9	29:30.9	9:26/M	
183	Erin Snader		872	37	F	13 35-39	29:17.4	29:27.4	9:27/M	
184	Kelly Wobrak		992	57	F	4 55-59	29:22.2	29:51.9	9:28/M	
185	Mitch Romig	Mount Joy PA	840	32	M	11 30-34	29:25.9	29:38.1	9:29/M	
186	Ben Lorah	Camp Hill PA	754	38	M	15 35-39	29:26.4	30:02.4	9:30/M	
187	Elyse Pollak		819	32	F	8 30-34	29:28.5	30:08.4	9:30/M	
188	Lisa Daniels		602	29	F	8 25-29	29:29.3	30:08.5	9:31/M	
189	Stephanie Bennecoff		565	40	F	9 40-44	29:30.5	29:41.2	9:31/M	
190	Alexis Kellogg	Lititz PA	719	14	F	5 1-14	29:31.1	29:41.6	9:31/M	
191	Marty Stevens		887	54	M	14 50-54	29:36.8	30:19.3	9:33/M	
192	Kelcey Bucks	Lebanon PA	579	35	F	14 35-39	29:40.9	29:46.3	9:34/M	
193	Timothy Merkt		782	44	M	15 40-44	29:43.2	29:58.7	9:35/M	
194	Theresa Burkholder		584	49	F	8 45-49	29:43.7	30:10.1	9:35/M	
195	Steven Sauer		846	14	M	13 1-14	29:44.3	29:44.3	9:35/M	
196	Mary Nestor		796	62	F	1 60-69	29:44.6	29:50.5	9:35/M	
197	William McCune	Lancaster PA	318	53	M	15 50-54	29:45.4	29:47.4	9:36/M	
198	Nichole Feldenzer	Palmyra PA	644	43	F	10 40-44	29:45.8	30:25.0	9:36/M	
199	Cindy Hendershott	Elizabethtown PA	692	58	F	5 55-59	29:47.3	29:57.5	9:36/M	
200	Melanie Wenger		980	45	F	9 45-49	29:48.9	29:48.9	9:37/M	
201	Dawn Groleau	Harrisburg PA	680	47	F	10 45-49	29:49.2	29:58.1	9:37/M	

# Frozen Foot 2017 Race 3

Race Date

March 19, 2017

## Overall Finish List

5K

Place								-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace	
202	Terry Lukehart	Lancaster PA	759	59	M	13 55-59	29:49.5	30:10.8	9:37/M	
203	Donna Felice		645	47	F	11 45-49	29:51.4	30:07.6	9:38/M	
204	Shirley De Perrot		606	55	F	6 55-59	29:54.5	30:04.2	9:39/M	
205	Curtis Smith		868	56	M	14 55-59	29:54.9	30:13.7	9:39/M	
206	Eric Schneider	Mount Joy PA	852	35	M	16 35-39	29:56.4	30:16.7	9:39/M	
207	Jill McKee		774	47	F	12 45-49	30:02.2	30:12.8	9:41/M	
208	Mary Oliveira		807	45	F	13 45-49	30:02.2	30:18.0	9:41/M	
209	Andrea Rodriguez		837	12	F	6 1-14	30:04.6	30:11.6	9:42/M	
210	Samantha Miller		784	26	F	9 25-29	30:07.7	30:12.9	9:43/M	
211	Scott Keddie		717	42	M	16 40-44	30:09.1	30:24.9	9:44/M	
212	Stephanie Gingrich		671	48	F	14 45-49	30:11.8	30:23.3	9:44/M	
213	Jessica Schaber	Elizabethtown PA	849	36	F	15 35-39	30:16.3	30:32.2	9:46/M	
214	Melissa Schreiber	Myerstown PA	853	28	F	10 25-29	30:19.5	30:23.7	9:47/M	
215	Mary Ober	Mount Joy PA	804	41	F	11 40-44	30:20.0	30:54.6	9:47/M	
216	Mary Checco	Elizabethtown PA	585	42	F	12 40-44	30:21.2	30:40.7	9:47/M	
217	Donald Dohner		619	56	M	15 55-59	30:22.7	30:53.2	9:48/M	
218	Carrie Heinsey		690	41	F	13 40-44	30:23.3	30:46.8	9:48/M	
219	Ashley Westphal	Lancaster PA	981	36	F	16 35-39	30:23.6	30:46.9	9:48/M	
220	Maureen Fairbanks		641	51	F	5 50-54	30:29.0	30:38.1	9:50/M	
221	Susan Truxal	Lancaster PA	965	65	F	2 60-69	30:29.7	30:34.1	9:50/M	
222	Ena Marie Banks		345	57	F	7 55-59	30:33.5	30:36.2	9:51/M	
223	Melissa Wissler	Leola PA	991	41	F	14 40-44	30:36.7	30:44.6	9:52/M	
224	Jayne Duncan		622	60	F	3 60-69	30:41.1	30:49.2	9:54/M	
225	Christ Megoulas	Palmyra PA	776	58	M	16 55-59	30:47.4	30:50.7	9:56/M	
226	Gisselle Talley	Ephrata PA	962	47	F	15 45-49	30:50.4	31:17.7	9:57/M	
227	Jose Cruz		596	33	M	12 30-34	30:52.9	31:30.9	9:57/M	
228	Heather Givens	Mountville PA	310	46	F	16 45-49	30:52.9	31:27.0	9:57/M	
229	Linda Cruz	Elizabethtown PA	597	34	F	9 30-34	30:53.0	31:31.2	9:58/M	
230	Bobbi Johnson		714	51	F	6 50-54	30:54.1	31:05.5	9:58/M	
231	Chantel Gish	Mount Joy PA	309	21	F	4 20-24	30:54.2	31:03.6	9:58/M	
232	Linda Armstrong		347	67	F	4 60-69	31:00.3	31:15.6	10:00/M	
233	Melissa Fryberger		656	49	F	17 45-49	31:01.4	31:28.5	10:00/M	
234	Lori Newswanger		799	52	F	7 50-54	31:06.7	31:14.2	10:02/M	
235	Kimberly Ernst	East Petersburg PA	634	38	F	17 35-39	31:08.5	31:23.7	10:03/M	
236	Linda Lownsbery	Elizabethtown PA	757	47	F	18 45-49	31:17.5	31:36.4	10:05/M	
237	Donna Nice	Harrisburg PA	801	47	F	19 45-49	31:17.6	31:26.5	10:05/M	
238	Michael Checco	Elizabethtown PA	586	39	M	17 35-39	31:19.0	31:38.9	10:06/M	
239	Antinia Franco		651	37	F	18 35-39	31:19.3	31:47.0	10:06/M	
240	Reed Mask	Elizabethtown PA	766	43	M	17 40-44	31:37.7	31:50.9	10:12/M	
241	Bridget Hudacs		707	38	F	19 35-39	31:43.3	31:57.1	10:14/M	
242	Carol Dudzinski		621	46	F	20 45-49	31:48.0	32:05.0	10:15/M	
243	Judith Phipps		815	53	F	8 50-54	31:54.6	32:22.2	10:17/M	
244	Jan Gaspich	Palmyra PA	662	52	F	9 50-54	31:54.8	32:19.9	10:17/M	
245	Joel Ernst		633	40	M	18 40-44	31:59.1	32:22.2	10:19/M	
246	Cathy Utz		966	51	F	10 50-54	31:59.2	32:14.6	10:19/M	
247	Fred Wagaman		973	54	M	16 50-54	32:03.3	32:12.7	10:20/M	
248	Lauren Dungan		623	58	F	8 55-59	32:10.4	32:23.9	10:23/M	
249	Butch Dimitris	Lancaster PA	614	59	M	17 55-59	32:15.4	32:54.5	10:24/M	
250	Carrie Fritz		655	41	F	15 40-44	32:17.5	32:31.7	10:25/M	
251	Amy Artman		348	51	F	11 50-54	32:22.7	32:42.1	10:26/M	
252	Michelle Quino-Drescher		822	52	F	12 50-54	32:25.9	32:35.6	10:27/M	
253	Karin Laszakovits	Elizabethtown PA	744	41	F	16 40-44	32:27.6	32:37.7	10:28/M	
254	Kai Laszakovits	Elizabethtown PA	743	9	F	7 1-14	32:28.0	32:37.7	10:28/M	
255	Tina Entenman		632	43	F	17 40-44	32:31.6	32:39.8	10:29/M	
256	Catherine Hess	Hershey PA	311	22	F	5 20-24	32:31.7	32:43.0	10:29/M	
257	Clarence Hitz		698	56	M	18 55-59	32:32.8	32:56.2	10:30/M	
258	Erika Bailey		343	43	F	18 40-44	32:42.1	33:15.2	10:33/M	
259	Jeannine Hohman		702	51	F	13 50-54	32:53.5	33:10.2	10:36/M	
260	Earl Ruhl	Manheim PA	357	61	M	8 60-69	32:56.1	33:19.1	10:37/M	
261	Sue Ittleson	Palmyra PA	710	40	F	19 40-44	32:57.1	33:29.7	10:38/M	
262	Lynn Williams		989	60	F	5 60-69	32:57.6	33:15.9	10:38/M	
263	Kathy Sullivan	Hummelstown PA	894	51	F	14 50-54	33:01.8	33:32.7	10:39/M	
264	Michael Flood	Lancaster PA	365	65	M	9 60-69	33:03.6	33:04.1	10:40/M	
265	Megan Benson		568	39	F	20 35-39	33:24.5	33:38.0	10:46/M	
266	Bruce Whiteley	Lititz PA	983	67	M	10 60-69	33:32.0	33:40.7	10:49/M	
267	Katie Hook		703	12	F	8 1-14	33:33.2	33:54.6	10:49/M	
268	Kira Zimmerman	Myerstown PA	1000	32	F	10 30-34	33:38.3	33:49.6	10:51/M	

## Frozen Foot 2017 Race 3

Race Date  
March 19, 2017

Overall Finish List

5K

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
	269	Lori Noble		802	24	F	6 20-24	33:44.6	34:15.4	10:53/M
	270	Anthony Kenneff		723	65	M	11 60-69	33:49.0	34:09.2	10:55/M
	271	Taylor Destefano		610	21	F	7 20-24	33:56.9	34:29.7	10:57/M
	272	Mary Wise		990	38	F	21 35-39	33:59.6	34:05.5	10:58/M
	273	Erin Blough		572	38	F	22 35-39	33:59.7	34:05.4	10:58/M
	274	Loretta Sauder	Ephrata PA	844	44	F	20 40-44	34:00.2	34:31.0	10:58/M
	275	Christine Fake		642	53	F	15 50-54	34:25.0	34:50.8	11:06/M
	276	Julie Hess	Elizabethtown PA	373	22	F	8 20-24	34:30.0	34:43.4	11:08/M
	277	Luis Cosenzo	Mechanicsburg PA	356	47	M	21 45-49	34:46.0	34:58.6	11:13/M
	278	Ashley Court		591	33	F	11 30-34	34:48.0	35:06.8	11:14/M
	279	Jen Rittel		832	41	F	21 40-44	34:48.7	35:11.0	11:14/M
	280	Tara Swartz		898	50	M	17 50-54	34:52.0	35:09.0	11:15/M
	281	Chelsea Kirincic		727	25	F	11 25-29	34:58.2	35:05.8	11:17/M
	282	Jolonda Hopwood		704	49	F	21 45-49	34:59.3	35:19.7	11:17/M
	283	Joel Yudt	Lititz PA	998	38	M	18 35-39	35:00.4	35:29.3	11:17/M
	284	Cynthia Ebersole		626	62	F	6 60-69	35:02.7	35:18.4	11:18/M
	285	Kristi Ritter	Elizabethtown PA	833	38	F	23 35-39	35:10.7	35:21.4	11:21/M
	286	Sara Shaneor	Elizabethtown PA	856	38	F	24 35-39	35:24.6	35:38.3	11:25/M
	287	Michele Wagner		975	37	F	25 35-39	35:38.1	35:57.0	11:30/M
	288	Dana Schlader	Lancaster PA	325	33	F	12 30-34	35:43.4	36:09.8	11:31/M
	289	Leigh Kaliss		715	40	F	22 40-44	35:55.7	36:04.5	11:35/M
	290	Suzanne Szczepanski	Elizabethtown PA	961	61	F	7 60-69	36:01.8	36:19.9	11:37/M
	291	Dawn Ciuk		588	34	F	13 30-34	36:07.5	36:16.5	11:39/M
	292	Wendy Smith	York PA	871	54	F	16 50-54	36:09.7	36:39.4	11:40/M
	293	Jennifer Ridenour	Lititz PA	831	39	F	26 35-39	36:19.5	36:31.7	11:43/M
	294	Amy Johnson	Madrid IA	312	43	F	23 40-44	36:23.4	36:44.4	11:44/M
	295	Patricia Cole	Palmyra PA	590	54	F	17 50-54	36:30.9	36:56.6	11:46/M
	296	Kim Dicostanzo		613	55	F	9 55-59	36:43.9	36:54.1	11:51/M
	297	Rose Anna Stillwagon		889	59	F	10 55-59	36:53.1	37:23.1	11:54/M
	298	Melissa Landry	Lebanon PA	742	46	F	22 45-49	37:00.9	37:25.9	11:56/M
	299	Frederick Vos	Lancaster PA	972	62	M	12 60-69	37:06.4	37:11.8	11:58/M
	300	Dave Williams		988	64	M	13 60-69	37:08.7	37:42.7	11:59/M
	301	Bob Horst	Lancaster PA	706	86	M	1 70-99	37:14.3	37:20.0	12:01/M
	302	Elizabeth Schneider		851	32	F	14 30-34	37:31.5	38:03.7	12:06/M
	303	Mark Bellavia	Lancaster PA	564	56	M	19 55-59	37:43.4	37:58.3	12:10/M
	304	Colleen Knutsen	Palmyra PA	730	52	F	18 50-54	37:55.7	38:22.6	12:14/M
	305	Gina Leed		750	48	F	23 45-49	38:04.1	38:35.0	12:17/M
	306	Sheila Rodriguez		838	46	F	24 45-49	38:09.4	38:40.3	12:18/M
	307	Lee Vanetten	Hershey PA	323	57	M	20 55-59	38:13.6	38:40.6	12:20/M
	308	Ralph Detrick	Elizabethtown PA	611	76	M	2 70-99	38:21.0	38:39.3	12:22/M
	309	Johanna Romain		839	29	F	12 25-29	38:33.9	38:59.7	12:26/M
	310	Terry Ernst	Lancaster PA	635	67	F	8 60-69	38:44.4	39:13.9	12:30/M
	311	Traci Glover	Strasburg PA	673	48	F	25 45-49	38:51.0	39:25.0	12:32/M
	312	Amanda Ruth	Lebanon PA	841	34	F	15 30-34	38:55.1	39:20.3	12:33/M
	313	Ellen Zazulak	Elizabethtown PA	999	39	F	27 35-39	39:05.5	39:22.2	12:36/M
	314	Jeannie Kontis		732	51	F	19 50-54	39:22.2	39:36.5	12:42/M
	315	Marycatherine Hess	Hershey PA	695	59	F	11 55-59	39:39.4	40:05.1	12:47/M
	316	Kim Hitz	Hummelstown PA	699	56	F	12 55-59	39:39.6	40:05.4	12:47/M
	317	Sue Ruhl	Manheim PA	358	60	F	9 60-69	40:02.2	40:23.3	12:55/M
	318	Gene Barton	Elizabethtown PA	362	39	M	19 35-39	40:02.7	40:23.6	12:55/M
	319	Jennifer Frey		654	42	F	24 40-44	40:35.2	41:06.6	13:05/M
	320	Amy Snyder	Mount Joy PA	873	31	F	16 30-34	40:46.6	41:18.8	13:09/M
	321	Carol Lebo		749	74	F	1 70-99	41:03.9	41:21.4	13:15/M
	322	Jessica Widrick	Columbia PA	985	43	F	25 40-44	41:16.1	41:36.5	13:19/M
	323	Fawn Davies		603	48	F	26 45-49	41:29.3	41:49.4	13:23/M
	324	John Lohman		752	57	M	21 55-59	41:36.4	42:14.5	13:25/M
	325	Judy Swarthout	Elizabethtown PA	897	67	F	10 60-69	41:39.2	41:48.4	13:26/M
	326	Karen Bramley	Hummelstown PA	575	52	F	20 50-54	41:40.0	42:04.9	13:26/M
	327	Caroline Barnhart		561	52	F	21 50-54	41:40.2	42:04.9	13:26/M
	328	Gayle Merkt	Elizabethtown PA	781	44	F	26 40-44	41:57.5	42:16.8	13:32/M
	329	Emily McCall	Halifax PA	317	25	F	13 25-29	42:21.9	42:56.3	13:40/M
	330	Richard McCullough	Lititz PA	771	82	M	3 70-99	42:22.6	42:34.8	13:40/M
	331	Beverly Ponterio		820	26	F	14 25-29	42:23.3	42:47.8	13:40/M
	332	Kerry Gill		669	42	F	27 40-44	42:42.7	43:20.6	13:46/M
	333	Michelle Giera		668	33	F	17 30-34	45:40.9	45:40.9	14:44/M
	334	Kim Kennedy	Elizabethtown PA	721	55	F	13 55-59	47:21.7	47:45.1	15:16/M
	335	Stephanie Geib	Manheim PA	666	55	F	14 55-59	48:32.7	49:06.0	15:39/M

# Frozen Foot 2017 Race 3

Race Date  
March 19, 2017

## Overall Finish List

**5K**

<b>Place</b>		<b>City</b>	<b>Bib No</b>	<b>Age</b>	<b>Gen</b>	<b>AG Place</b>	<b>-----Total-----</b>		<b>Pace</b>
<b>Overall</b>	<b>Name</b>						<b>Chip Time</b>	<b>Gun Time</b>	
336	Nancy Schrom		854	56	F	15 55-59	49:38.0	50:06.8	16:01/M
337	Vickie Abdelnaby		552	36	F	28 35-39	50:58.7	51:32.1	16:26/M
338	Shelby Spickler		879	7	F	9 1-14	51:01.2	51:43.2	16:27/M
339	Anthony Spickler		878	44	M	19 40-44	51:01.6	51:43.8	16:27/M
340	Carolyn Laboy		738	45	F	27 45-49	51:02.4	51:36.0	16:28/M
341	Jessica Smith	York PA	394	35	F	29 35-39	51:36.6	51:36.6	16:39/M
342	Melissa Vanetten	Hershey PA	324	55	F	16 55-59	51:37.5	52:02.9	16:39/M
343	Nora Haefele		681	59	F	17 55-59	51:49.5	52:17.3	16:43/M
344	Lisa Poliski		817	51	F	22 50-54	53:26.6	53:54.9	17:14/M
345	John Holtman	Lititz PA	363	51	M	18 50-54	53:27.0	53:54.1	17:15/M
346	Steve Deperrot	Lititz PA	364	55	M	22 55-59	53:27.4	53:54.4	17:15/M
347	Elsie Gilliland		670	74	F	2 70-99	54:25.4	55:00.2	17:33/M
348	Pamela Eusi		638	60	F	11 60-69	54:35.6	55:05.5	17:36/M