

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Female Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|---------------|------------|----------------|------------------|-----------------|-------------|
| 1 | Dd Shea | | 779 | 21 | 6 | 17:40.8 | 17:40.8 | 5:42/M |

Male Open Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
|--------------|-------------|---------------|---------------|------------|----------------|------------------|-----------------|-------------|
| 1 | Zach Mains | Harrisburg PA | 928 | 25 | 1 | 15:24.6 | 15:24.6 | 4:58/M |

Female Masters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
|--------------|--------------------|-------------|---------------|------------|----------------|------------------|-----------------|-------------|
| 1 | Michelle Destefano | | 556 | 47 | 28 | 20:32.7 | 20:35.5 | 6:37/M |

Male Masters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Overall</u> | <u>Chip Time</u> | <u>Gun Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|---------------|------------|----------------|------------------|-----------------|-------------|
| 1 | Daryl Weaver | Lititz PA | 924 | 43 | 3 | 16:25.9 | 16:25.9 | 5:18/M |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Female 1 to 14

| | | | | | | | | -----Total----- | |
|-------|------------------|------------------|--------|-----|---------|-----------|----------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | |
| 1 | * Lucy Stevens | | 806 | 11 | 65 | 23:03.1 | 23:03.1 | 7:26/M | |
| 2 | * Jordan Dirisio | | 562 | 12 | 111 | 25:39.9 | 25:45.7 | 8:16/M | |
| 3 | * Taryn Hummer | Elizabethtown PA | 953 | 12 | 112 | 25:42.6 | 25:48.9 | 8:17/M | |
| 4 | Abby Sedun | Elizabethtown PA | 931 | 12 | 117 | 25:48.4 | 25:54.6 | 8:19/M | |
| 5 | Andrea Rodriguez | | 759 | 12 | 155 | 27:25.1 | 27:31.3 | 8:51/M | |
| 6 | Alexis Kellogg | Lititz PA | 653 | 14 | 157 | 27:26.9 | 27:37.9 | 8:51/M | |
| 7 | Alison Fink | | 587 | 10 | 158 | 27:29.6 | 27:35.3 | 8:52/M | |
| 8 | Maliyah Benson | | 517 | 13 | 163 | 27:34.7 | 27:54.2 | 8:54/M | |
| 9 | Sofia Stalebrink | | 801 | 12 | 192 | 28:23.7 | 28:29.5 | 9:09/M | |
| 10 | Kai Laszakovits | Elizabethtown PA | 951 | 9 | 210 | 28:53.0 | 28:59.2 | 9:19/M | |
| 11 | Emily Bonsall | | 521 | 13 | 217 | 29:00.8 | 29:21.0 | 9:21/M | |
| 12 | Katie Hook | | 888 | 12 | 221 | 29:10.3 | 29:30.2 | 9:25/M | |
| 13 | Susanna Fuddy | | 599 | 9 | 318 | 33:45.7 | 34:00.3 | 10:53/M | |
| 14 | Clarie Fritz | Elizabethtown PA | 921 | 14 | 321 | 33:51.0 | 34:13.4 | 10:55/M | |
| 15 | Evelyn Finch | Elizabethtown PA | 897 | 10 | 410 | 47:12.7 | 47:53.5 | 15:14/M | |
| 16 | Shelby Spickler | | 869 | 7 | 420 | 49:22.2 | 49:59.0 | 15:55/M | |
| 17 | Maya Laboy | Elizabethtown PA | 936 | 9 | 427 | 55:13.9 | 55:53.4 | 17:49/M | |

Male 14 and Under

| | | | | | | | | -----Total----- | |
|-------|-----------------|------------------|--------|-----|---------|-----------|----------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | |
| 1 | * Caleb Hershey | | 628 | 13 | 11 | 18:19.2 | 18:19.2 | 5:55/M | |
| 2 | * Jacob Smith | Lititz PA | 790 | 13 | 16 | 19:05.3 | 19:10.2 | 6:09/M | |
| 3 | * Adam Evans | Elizabethtown PA | 944 | 14 | 19 | 19:33.9 | 19:33.9 | 6:18/M | |
| 4 | David Jackson | | 646 | 13 | 22 | 19:45.8 | 19:45.8 | 6:22/M | |
| 5 | Evan Eshleman | | 579 | 13 | 23 | 19:46.3 | 19:46.3 | 6:23/M | |
| 6 | Owen Jackson | Manheim PA | 648 | 13 | 38 | 21:21.0 | 21:21.0 | 6:53/M | |
| 7 | Darren Diverio | Manheim PA | 929 | 13 | 40 | 21:22.3 | 21:22.6 | 6:54/M | |
| 8 | Evan Smith | | 793 | 14 | 53 | 22:35.8 | 22:40.0 | 7:17/M | |
| 9 | Dalton Fink | | 588 | 10 | 57 | 22:47.9 | 22:47.9 | 7:21/M | |
| 10 | Riley Myers | Lewistown PA | 721 | 13 | 61 | 22:55.2 | 23:30.7 | 7:24/M | |
| 11 | Daltin Batche | | 867 | 11 | 64 | 23:02.9 | 23:02.9 | 7:26/M | |
| 12 | Mitchell Garber | Elizabethtown PA | 968 | 12 | 105 | 25:20.5 | 25:23.9 | 8:10/M | |
| 13 | Owen Gensemer | | 605 | 13 | 143 | 26:57.1 | 27:15.0 | 8:42/M | |
| 14 | Nathan Lloyd | Elizabethtown PA | 910 | 9 | 144 | 26:57.4 | 27:30.7 | 8:42/M | |
| 15 | Ethan Cronin | | 542 | 12 | 179 | 27:59.4 | 28:16.9 | 9:02/M | |
| 16 | Sullivan Norris | Carlisle PA | 907 | 13 | 200 | 28:37.5 | 28:56.5 | 9:14/M | |
| 17 | Ryan Lownsbery | | 686 | 13 | 207 | 28:47.0 | 29:16.8 | 9:17/M | |
| 18 | Steven Sauer | | 768 | 14 | 214 | 28:54.8 | 28:54.8 | 9:19/M | |
| 19 | Boston Libhart | Lititz PA | 912 | 12 | 300 | 32:40.6 | 32:45.4 | 10:32/M | |
| 20 | Luke Barton | | 510 | 13 | 356 | 36:36.3 | 37:06.8 | 11:48/M | |

Female 15 to 19

| | | | | | | | | -----Total----- | |
|-------|-------------------|------------------|--------|-----|---------|-----------|----------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | |
| 1 | * Livia Jackson | Manheim PA | 926 | 15 | 100 | 25:08.9 | 25:09.1 | 8:06/M | |
| 2 | * Carleigh Roche | | 756 | 15 | 123 | 26:11.2 | 26:16.7 | 8:27/M | |
| 3 | * Kyra Buettner | Elizabethtown PA | 530 | 18 | 150 | 27:06.9 | 27:22.1 | 8:45/M | |
| 4 | Madison Ebersole | | 570 | 17 | 257 | 30:42.2 | 30:57.5 | 9:54/M | |
| 5 | Elizabeth Develin | | 559 | 17 | 279 | 31:34.1 | 32:10.1 | 10:11/M | |
| 6 | Erin Lownsbery | | 684 | 15 | 325 | 34:09.6 | 34:40.3 | 11:01/M | |

Male 15 to 19

| | | | | | | | | -----Total----- | |
|-------|-----------------------|---------------|--------|-----|---------|-----------|----------|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace | |
| 1 | * Nicholas Gerencser | Lititz PA | 930 | 18 | 5 | 16:50.3 | 16:50.3 | 5:26/M | |
| 2 | * Adler Briningner | Hanover PA | 954 | 15 | 7 | 17:47.2 | 17:47.2 | 5:44/M | |
| 3 | * Danny O'Tolle | Newport PA | 938 | 18 | 20 | 19:38.7 | 19:45.4 | 6:20/M | |
| 4 | Zach Leaman | | 678 | 16 | 36 | 21:17.0 | 21:22.5 | 6:52/M | |
| 5 | Jacob Buffington | Middletown PA | 531 | 15 | 45 | 21:43.8 | 21:43.8 | 7:00/M | |
| 6 | Nate Degoede | Mount Joy PA | 555 | 16 | 54 | 22:38.6 | 22:38.6 | 7:18/M | |
| 7 | Lucas Wenger | | 839 | 15 | 96 | 24:59.1 | 25:00.2 | 8:04/M | |
| 8 | Elliot Farver | | 879 | 16 | 135 | 26:37.8 | 27:20.8 | 8:35/M | |
| 9 | Harrison Eichelberger | | 574 | 17 | 147 | 27:04.1 | 27:19.3 | 8:44/M | |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Male 15 to 19

| | | -----Total----- | | | | | | |
|-------|------------------|------------------|--------|-----|---------|-----------|----------|--------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 10 | Conner Babinchak | Elizabethtown PA | 885 | 18 | 148 | 27:04.6 | 27:19.5 | 8:44/M |

Female 20 to 24

| | | -----Total----- | | | | | | |
|-------|--------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Jessica Rauchut | | 746 | 23 | 114 | 25:44.0 | 25:46.7 | 8:18/M |
| 2 | * Elizabeth Hivner | | 635 | 24 | 134 | 26:35.2 | 26:48.2 | 8:35/M |
| 3 | * Maddie Baggett | Lewistown PA | 969 | 23 | 141 | 26:54.0 | 26:54.0 | 8:41/M |
| 4 | Sara McKee | | 700 | 21 | 238 | 30:12.8 | 30:22.0 | 9:45/M |
| 5 | Taylor Destefano | | 557 | 21 | 322 | 33:53.3 | 34:20.0 | 10:56/M |
| 6 | Lori Noble | | 728 | 24 | 403 | 44:42.9 | 45:19.2 | 14:25/M |
| 7 | Jessica Gonzalez | Middletown PA | 914 | 22 | 412 | 47:46.9 | 48:16.1 | 15:25/M |
| 8 | roxann hevel | | 973 | 23 | 413 | 47:47.3 | 48:16.3 | 15:25/M |

Male 20 to 24

| | | -----Total----- | | | | | | |
|-------|-----------------|------------------|--------|-----|---------|-----------|----------|--------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Clayton Blose | Mountville PA | 937 | 24 | 9 | 17:56.0 | 17:56.0 | 5:47/M |
| 2 | * Bradley Yehl | Elizabethtown PA | 854 | 24 | 17 | 19:11.0 | 19:15.9 | 6:11/M |
| 3 | * Cody Senseney | | 777 | 21 | 76 | 23:49.7 | 24:12.6 | 7:41/M |
| 4 | Kyle Stayer | | 804 | 24 | 156 | 27:25.8 | 27:49.1 | 8:51/M |

Female 25 to 29

| | | -----Total----- | | | | | | |
|-------|---------------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Kaitlyn Mader | | 688 | 28 | 24 | 19:49.6 | 19:49.6 | 6:24/M |
| 2 | * Melissa Hanigosky | Buffalo NY | 904 | 25 | 68 | 23:19.3 | 23:26.1 | 7:31/M |
| 3 | * Emily Bancroft | Elizabethtown PA | 505 | 25 | 99 | 25:07.6 | 25:09.1 | 8:06/M |
| 4 | Janelle Garber | Lancaster PA | 956 | 28 | 101 | 25:15.3 | 25:37.5 | 8:09/M |
| 5 | Caitlin Buckley | | 527 | 27 | 110 | 25:39.8 | 26:11.7 | 8:16/M |
| 6 | Erica Bareuther | Lancaster PA | 957 | 25 | 118 | 25:54.4 | 25:58.1 | 8:21/M |
| 7 | Daniela Julain | Mount Joy PA | 964 | 27 | 131 | 26:23.6 | 26:27.8 | 8:31/M |
| 8 | Gina Davis | Etters PA | 551 | 29 | 187 | 28:10.7 | 28:33.2 | 9:05/M |
| 9 | Chelsey Fredlund | | 874 | 27 | 195 | 28:25.4 | 28:57.6 | 9:10/M |
| 10 | Lydia Mellinger | | 704 | 26 | 199 | 28:36.9 | 28:49.4 | 9:14/M |
| 11 | Samantha Miller | | 708 | 26 | 245 | 30:21.7 | 30:37.2 | 9:47/M |
| 12 | Lisa Daniels | | 549 | 29 | 247 | 30:23.8 | 30:49.0 | 9:48/M |
| 13 | Melissa Schreiber | Myerstown PA | 775 | 28 | 249 | 30:27.8 | 30:43.2 | 9:49/M |
| 14 | Johanna Romain | | 882 | 29 | 298 | 32:33.3 | 32:52.7 | 10:30/M |
| 15 | Brittany Burchatz | | 533 | 26 | 319 | 33:46.7 | 34:03.8 | 10:54/M |
| 16 | Evan Foley | | 590 | 25 | 320 | 33:47.8 | 34:04.7 | 10:54/M |
| 17 | Chelsea Kirincic | | 661 | 25 | 334 | 34:40.4 | 34:40.4 | 11:11/M |
| 18 | Beverly Ponterio | | 743 | 26 | 397 | 43:29.1 | 43:38.6 | 14:02/M |
| 19 | Marisa Fulmer | | 892 | 28 | 401 | 44:38.9 | 45:16.4 | 14:24/M |

Male 25 to 29

| | | -----Total----- | | | | | | |
|-------|-------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Chris McCabe | Manheim PA | 693 | 27 | 2 | 15:45.5 | 15:45.5 | 5:05/M |
| 2 | * Ethan Mellinger | | 703 | 26 | 50 | 22:26.1 | 22:37.7 | 7:14/M |
| 3 | * Brian Hutchison | | 644 | 27 | 139 | 26:52.0 | 26:54.4 | 8:40/M |
| 4 | Chad Fulmer | Mount Joy PA | 900 | 29 | 402 | 44:39.0 | 45:16.4 | 14:24/M |
| 5 | Chad Rapp | | 884 | 29 | 405 | 44:52.0 | 45:28.9 | 14:28/M |
| 6 | Morgan Ash | East Earl PA | 943 | 26 | 417 | 48:18.3 | 48:21.1 | 15:35/M |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Female 30 to 34

| | | | | | | | | -----Total----- |
|-------|---------------------|------------------|--------|-----|---------|-----------|----------|-----------------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Amanda Kane | | 650 | 30 | 30 | 20:45.3 | 20:45.3 | 6:42/M |
| 2 | * Sarah Miller | | 709 | 34 | 47 | 21:50.0 | 21:52.4 | 7:03/M |
| 3 | * Brenda Daily | | 548 | 33 | 84 | 24:12.8 | 24:17.2 | 7:48/M |
| 4 | Dawn Ciuk | | 866 | 34 | 93 | 24:50.0 | 24:52.1 | 8:01/M |
| 5 | Erica Warren | | 836 | 34 | 98 | 25:07.5 | 25:10.4 | 8:06/M |
| 6 | Kristi French | Mechanicsburg PA | 898 | 32 | 102 | 25:15.4 | 25:27.7 | 8:09/M |
| 7 | Leah Yingling | Elizabethtown PA | 855 | 32 | 113 | 25:43.0 | 26:30.0 | 8:18/M |
| 8 | Jenny Shireman | | 783 | 33 | 211 | 28:53.0 | 29:22.9 | 9:19/M |
| 9 | Elyse Pollak | | 872 | 32 | 243 | 30:20.2 | 30:48.6 | 9:47/M |
| 10 | Amy Cserny | | 545 | 34 | 255 | 30:40.2 | 30:48.0 | 9:54/M |
| 11 | Cara Krodol | | 670 | 30 | 263 | 31:04.6 | 31:20.2 | 10:01/M |
| 12 | Linda Cruz | Elizabethtown PA | 911 | 34 | 283 | 31:42.1 | 32:15.8 | 10:14/M |
| 13 | Kelly Fuddy | | 598 | 34 | 316 | 33:44.0 | 33:58.6 | 10:53/M |
| 14 | Michelle Giera | | 607 | 33 | 326 | 34:16.5 | 34:54.2 | 11:03/M |
| 15 | Kira Zimmerman | Myerstown PA | 858 | 32 | 327 | 34:20.0 | 34:45.9 | 11:05/M |
| 16 | Amanda Ruth | Lebanon PA | 764 | 34 | 331 | 34:31.0 | 34:57.3 | 11:08/M |
| 17 | Julie Gottlieb | | 891 | 33 | 332 | 34:33.9 | 35:01.0 | 11:09/M |
| 18 | Ashley Count | | 540 | 33 | 344 | 35:42.0 | 35:42.0 | 11:31/M |
| 19 | Dana Schlader | Lancaster PA | 889 | 33 | 347 | 35:54.2 | 36:11.0 | 11:35/M |
| 20 | Elizabeth Schneider | | 774 | 32 | 364 | 37:58.6 | 38:34.2 | 12:15/M |
| 21 | stephanie arbelaez | | 972 | 33 | 382 | 40:11.9 | 40:47.5 | 12:58/M |
| 22 | Nicole Barnhart | | 509 | 32 | 399 | 44:19.6 | 45:02.6 | 14:18/M |
| 23 | Aubrey Day | | 552 | 33 | 400 | 44:19.8 | 45:02.6 | 14:18/M |
| 24 | Amy Snyder | Mount Joy PA | 796 | 31 | 422 | 49:27.8 | 50:04.4 | 15:57/M |

Male 30 to 34

| | | | | | | | | -----Total----- |
|-------|----------------------|------------------|--------|-----|---------|-----------|----------|-----------------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Brent Edwards | Hazleton PA | 916 | 30 | 4 | 16:47.4 | 16:47.4 | 5:25/M |
| 2 | * Benjamin Schlosser | Mount Joy PA | 772 | 30 | 33 | 21:05.7 | 21:05.7 | 6:48/M |
| 3 | * Tim Golden | Hershey | 958 | 31 | 60 | 22:53.3 | 22:53.6 | 7:23/M |
| 4 | Jonathan Croft | | 541 | 31 | 82 | 24:09.0 | 24:29.4 | 7:47/M |
| 5 | Wallace Rejrat | Elizabethtown PA | 749 | 31 | 146 | 27:01.6 | 27:02.5 | 8:43/M |
| 6 | Thomas Gorman | | 883 | 30 | 226 | 29:22.0 | 29:50.6 | 9:28/M |
| 7 | Yohandy Portal-Perez | Harrisburg PA | 960 | 31 | 229 | 29:33.6 | 30:05.0 | 9:32/M |
| 8 | Mitch Romig | Mount Joy PA | 761 | 32 | 276 | 31:26.7 | 31:35.9 | 10:08/M |
| 9 | Jose Cruz | | 544 | 33 | 282 | 31:42.0 | 32:15.4 | 10:14/M |
| 10 | Cory Zink | | 859 | 33 | 296 | 32:27.8 | 32:58.2 | 10:28/M |

Female 35 to 39

| | | | | | | | | -----Total----- |
|-------|-------------------------|--------------------|--------|-----|---------|-----------|----------|-----------------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Kelly Fox | | 593 | 37 | 56 | 22:39.6 | 22:56.1 | 7:18/M |
| 2 | * Carrie Booth | Elizabethtown PA | 523 | 37 | 86 | 24:21.2 | 24:25.9 | 7:51/M |
| 3 | * Maura Ebersole | Elizabethtown PA | 572 | 35 | 95 | 24:57.2 | 25:01.5 | 8:03/M |
| 4 | Carie Reigel | Richland PA | 747 | 38 | 106 | 25:32.5 | 25:51.7 | 8:14/M |
| 5 | Lauren Golis | | 881 | 35 | 119 | 26:02.6 | 26:05.8 | 8:24/M |
| 6 | Susan Kenderdine | | 654 | 39 | 130 | 26:23.6 | 26:27.1 | 8:31/M |
| 7 | Amy Schreffler | Middletown PA | 939 | 36 | 136 | 26:41.0 | 27:08.1 | 8:36/M |
| 8 | Emily Sirinides | | 786 | 35 | 166 | 27:40.5 | 27:55.6 | 8:55/M |
| 9 | Jan Grinstead | Palmyra PA | 615 | 39 | 172 | 27:50.8 | 27:59.9 | 8:59/M |
| 10 | Amanda Heisey-Gallagher | Elizabethtown PA | 626 | 39 | 175 | 27:54.1 | 28:05.3 | 9:00/M |
| 11 | Mindy Czapinski | | 547 | 35 | 184 | 28:05.2 | 28:30.1 | 9:04/M |
| 12 | Amanda Sauder | | 766 | 35 | 190 | 28:13.1 | 28:47.5 | 9:06/M |
| 13 | Kelcey Bucks | Lebanon PA | 528 | 35 | 218 | 29:02.4 | 29:11.1 | 9:22/M |
| 14 | Maryglo Stroik | Mount Gretna PA | 812 | 35 | 219 | 29:02.6 | 29:10.9 | 9:22/M |
| 15 | Ashley Westphal | Lancaster PA | 841 | 36 | 230 | 29:42.4 | 29:52.4 | 9:35/M |
| 16 | Katherine Zitrick | | 860 | 36 | 251 | 30:31.0 | 30:44.8 | 9:51/M |
| 17 | Erin Snader | | 794 | 37 | 258 | 30:44.0 | 31:10.6 | 9:55/M |
| 18 | Jessica Schaber | Elizabethtown PA | 771 | 36 | 259 | 30:46.7 | 30:56.6 | 9:55/M |
| 19 | Bridget Hudacs | | 642 | 38 | 262 | 30:51.6 | 31:00.6 | 9:57/M |
| 20 | Lauren Ernst | | 577 | 38 | 273 | 31:22.0 | 31:49.1 | 10:07/M |
| 21 | Kelly Kotchish | Red Lion PA | 949 | 38 | 285 | 31:47.2 | 31:54.7 | 10:15/M |
| 22 | Kimberly Ernst | East Petersburg PA | 876 | 38 | 287 | 31:49.8 | 32:08.1 | 10:16/M |
| 23 | Antinia Franco | | 594 | 37 | 311 | 33:31.1 | 33:31.1 | 10:49/M |
| 24 | Megan Benson | | 516 | 39 | 315 | 33:41.9 | 34:00.8 | 10:52/M |
| 25 | Michele Wagner | | 833 | 37 | 324 | 34:09.3 | 34:11.8 | 11:01/M |
| 26 | Stacey Yeager | | 853 | 38 | 329 | 34:25.9 | 35:07.3 | 11:06/M |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Female 35 to 39

| | | | | | | | | -----Total----- |
|-------|--------------------|------------------|--------|-----|---------|-----------|----------|-----------------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 27 | Tia Slabaugh | | 789 | 37 | 338 | 34:58.7 | 35:36.8 | 11:17/M |
| 28 | Ellen Zazulak | Elizabethtown PA | 857 | 39 | 342 | 35:34.4 | 35:47.5 | 11:28/M |
| 29 | Kristi Ritter | Elizabethtown PA | 755 | 38 | 343 | 35:41.6 | 36:07.6 | 11:31/M |
| 30 | Erin Geib | Manheim PA | 604 | 39 | 353 | 36:33.6 | 36:47.6 | 11:47/M |
| 31 | Carey Manz | | 691 | 38 | 357 | 36:38.9 | 37:04.7 | 11:49/M |
| 32 | Amy Custer | | 546 | 35 | 365 | 38:05.6 | 38:33.3 | 12:17/M |
| 33 | Erin Stewart | | 808 | 38 | 369 | 38:42.8 | 39:18.5 | 12:29/M |
| 34 | Erin Blough | | 520 | 38 | 370 | 38:49.5 | 39:35.8 | 12:31/M |
| 35 | Mary Wise | | 849 | 38 | 378 | 39:43.5 | 40:29.8 | 12:49/M |
| 36 | Mandy Staul | Hummelstown PA | 963 | 38 | 379 | 39:56.9 | 40:25.1 | 12:53/M |
| 37 | Jessica Hutchinson | Marietta PA | 643 | 36 | 381 | 40:09.4 | 40:23.5 | 12:57/M |
| 38 | Jessica Smith | York PA | 908 | 35 | 414 | 47:51.1 | 48:33.6 | 15:26/M |
| 39 | Vickie Abdelnaby | | 501 | 36 | 425 | 53:00.8 | 53:40.8 | 17:06/M |

Male 35 to 39

| | | | | | | | | -----Total----- |
|-------|--------------------|------------------|--------|-----|---------|-----------|----------|-----------------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Lyle Stauffer | | 803 | 35 | 8 | 17:51.0 | 17:51.0 | 5:45/M |
| 2 | * Timothy Ebersole | Middletown PA | 959 | 36 | 10 | 18:05.1 | 18:05.1 | 5:50/M |
| 3 | * Jon Fox | | 592 | 38 | 12 | 18:20.2 | 18:20.2 | 5:55/M |
| 4 | Bob Porambo | PA | 744 | 36 | 15 | 19:00.8 | 19:00.8 | 6:08/M |
| 5 | Justin Hirst | | 631 | 36 | 25 | 19:56.4 | 19:56.4 | 6:26/M |
| 6 | Joel Eshleman | | 580 | 38 | 27 | 20:32.5 | 20:34.8 | 6:37/M |
| 7 | Patrick Ward | | 835 | 38 | 58 | 22:50.4 | 22:51.0 | 7:22/M |
| 8 | Andrew Sholly | Palmyra PA | 784 | 39 | 71 | 23:30.9 | 23:38.2 | 7:35/M |
| 9 | Zachary Shenk | Elizabethtown PA | 782 | 38 | 108 | 25:34.9 | 25:47.2 | 8:15/M |
| 10 | Jeremy Golis | | 880 | 36 | 122 | 26:10.0 | 26:13.5 | 8:26/M |
| 11 | Jerry Schaber | | 770 | 36 | 128 | 26:18.5 | 26:29.1 | 8:29/M |
| 12 | Daivd Craft | Womelsdorf PA | 922 | 38 | 133 | 26:34.3 | 26:56.3 | 8:34/M |
| 13 | Andy Lloyd | Elizabethtown PA | 909 | 36 | 145 | 26:57.4 | 27:30.7 | 8:42/M |
| 14 | Matthew Wagner | | 832 | 35 | 171 | 27:49.8 | 28:18.6 | 8:58/M |
| 15 | Ben Lorah | Camp Hill PA | 971 | 38 | 223 | 29:16.8 | 29:40.1 | 9:26/M |
| 16 | Michael Checco | Elizabethtown PA | 537 | 39 | 244 | 30:21.0 | 30:35.3 | 9:47/M |
| 17 | Eric Schneider | Mount Joy PA | 773 | 35 | 252 | 30:31.4 | 31:06.8 | 9:51/M |
| 18 | Corey Schreffler | Middletown PA | 940 | 39 | 254 | 30:34.5 | 31:02.0 | 9:52/M |
| 19 | Luke Howell | | 641 | 36 | 317 | 33:45.5 | 34:00.3 | 10:53/M |
| 20 | Joel Yudt | Lititz PA | 934 | 38 | 350 | 36:10.4 | 36:30.5 | 11:40/M |
| 21 | Gene Barton Jr. | | 511 | 39 | 377 | 39:30.9 | 40:00.9 | 12:45/M |

Female 40 to 44

| | | | | | | | | -----Total----- |
|-------|------------------------|------------------|--------|-----|---------|-----------|----------|-----------------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Tara Keefer | | 652 | 40 | 35 | 21:11.9 | 21:11.9 | 6:50/M |
| 2 | * Rebecca Sollenberger | | 797 | 41 | 37 | 21:19.2 | 21:23.6 | 6:53/M |
| 3 | * Leigh Kaliss | | 865 | 40 | 75 | 23:47.1 | 23:49.2 | 7:40/M |
| 4 | Jen Kristich | | 669 | 41 | 79 | 24:03.1 | 24:16.6 | 7:45/M |
| 5 | Diane Millhouse | | 714 | 40 | 109 | 25:38.0 | 25:38.0 | 8:16/M |
| 6 | Kathy Sauer | | 767 | 40 | 132 | 26:27.0 | 26:29.7 | 8:32/M |
| 7 | miller susan | | 966 | 41 | 151 | 27:11.8 | 27:38.2 | 8:46/M |
| 8 | Megan Nolt | | 729 | 41 | 167 | 27:41.0 | 28:15.4 | 8:56/M |
| 9 | Jennifer O'Donnell | | 731 | 40 | 177 | 27:55.1 | 28:01.2 | 9:00/M |
| 10 | Stephanie Mader | | 687 | 40 | 178 | 27:58.7 | 28:04.6 | 9:01/M |
| 11 | Lisa Hall | | 621 | 42 | 180 | 28:00.6 | 28:06.7 | 9:02/M |
| 12 | Jessica Widrick | Columbia PA | 845 | 43 | 186 | 28:07.8 | 28:22.7 | 9:04/M |
| 13 | Dana Kauffman | Carlisle PA | 905 | 44 | 203 | 28:43.2 | 29:02.0 | 9:16/M |
| 14 | Kristen Weingardt | | 838 | 44 | 209 | 28:48.5 | 29:01.7 | 9:17/M |
| 15 | Karin Laszakovits | Elizabethtown PA | 675 | 41 | 212 | 28:53.2 | 28:59.3 | 9:19/M |
| 16 | Stephanie Bennecoff | | 514 | 40 | 213 | 28:54.1 | 29:05.0 | 9:19/M |
| 17 | Nichole Feldenzer | Palmyra PA | 585 | 43 | 220 | 29:05.8 | 29:44.0 | 9:23/M |
| 18 | Anne Masorti | Elizabethtown PA | 893 | 41 | 225 | 29:20.9 | 29:43.1 | 9:28/M |
| 19 | Jodi Myers | Lewistown PA | 720 | 44 | 227 | 29:27.5 | 30:02.9 | 9:30/M |
| 20 | Carrie Heinsey | | 871 | 41 | 231 | 29:45.4 | 29:55.4 | 9:36/M |
| 21 | Mary Checco | Elizabethtown PA | 536 | 42 | 240 | 30:17.1 | 30:31.1 | 9:46/M |
| 22 | Kristen Hummer | Elizabethtown PA | 950 | 41 | 241 | 30:18.8 | 30:28.4 | 9:46/M |
| 23 | Meghan Stalebrink | | 800 | 42 | 256 | 30:40.8 | 30:46.9 | 9:54/M |
| 24 | Tara Gensemer | | 606 | 40 | 272 | 31:21.8 | 31:49.2 | 10:07/M |
| 25 | Tina Entenman | | 575 | 43 | 277 | 31:32.3 | 31:50.5 | 10:10/M |
| 26 | Gayle Merkt | Elizabethtown PA | 706 | 44 | 295 | 32:09.7 | 32:30.9 | 10:22/M |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Female 40 to 44

| | | | | | | | | | -----Total----- | |
|-------|----------------|--------------|--------|-----|---------|-----------|----------|--|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | | Pace | |
| 27 | Mary Ober | Mount Joy PA | 730 | 41 | 299 | 32:35.4 | 33:13.8 | | 10:31/M | |
| 28 | Sue Ittleson | Palmyra PA | 645 | 40 | 309 | 33:25.9 | 33:40.7 | | 10:47/M | |
| 29 | Loretta Sauder | Ephrata PA | 941 | 44 | 310 | 33:28.5 | 34:09.7 | | 10:48/M | |
| 30 | Carrie Fritz | | 596 | 41 | 323 | 33:57.1 | 34:19.8 | | 10:57/M | |
| 31 | Erika Bailey | | 504 | 43 | 335 | 34:42.1 | 34:56.4 | | 11:12/M | |
| 32 | Jen Rittel | | 754 | 41 | 341 | 35:26.1 | 35:45.8 | | 11:26/M | |
| 33 | Kerry Gill | | 609 | 42 | 371 | 38:51.9 | 39:26.5 | | 12:32/M | |
| 34 | Jennifer Frey | | 595 | 42 | 387 | 41:02.8 | 41:26.5 | | 13:14/M | |
| 35 | Megan Hershey | | 887 | 41 | 394 | 42:17.9 | 42:56.2 | | 13:38/M | |
| 36 | Nikki Geesey | | 601 | 41 | 419 | 49:12.1 | 49:20.5 | | 15:52/M | |

Male 40 to 44

| | | | | | | | | | -----Total----- | |
|-------|---------------------|------------------|--------|-----|---------|-----------|----------|--|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | | Pace | |
| 1 | * Jim Schwalm | | 877 | 41 | 21 | 19:41.6 | 19:42.4 | | 6:21/M | |
| 2 | * Andy Evans | Elizabethtown PA | 945 | 42 | 42 | 21:33.7 | 21:36.9 | | 6:57/M | |
| 3 | * Lou Starzl | Elizabethtown PA | 802 | 40 | 51 | 22:30.8 | 22:34.9 | | 7:15/M | |
| 4 | Bryan Glatfelter | Lancaster PA | 612 | 43 | 55 | 22:39.1 | 22:39.7 | | 7:18/M | |
| 5 | Ryan Sheidy | | 781 | 41 | 66 | 23:07.1 | 23:34.7 | | 7:27/M | |
| 6 | Robert Sterner | Elizabethtown PA | 805 | 41 | 89 | 24:26.3 | 24:27.9 | | 7:53/M | |
| 7 | Don Good | | 614 | 40 | 92 | 24:46.1 | 25:03.7 | | 7:59/M | |
| 8 | Tom Sheckard | | 780 | 44 | 94 | 24:50.4 | 25:35.3 | | 8:01/M | |
| 9 | Mark Gallick | Elizabethtown PA | 600 | 43 | 103 | 25:16.0 | 25:36.5 | | 8:09/M | |
| 10 | Shawn Miller | | 712 | 40 | 142 | 26:57.0 | 27:23.7 | | 8:42/M | |
| 11 | Rob Cronin | | 543 | 40 | 182 | 28:03.1 | 28:20.5 | | 9:03/M | |
| 12 | Patrick Mitchell | Lebanon PA | 715 | 42 | 197 | 28:26.5 | 28:43.6 | | 9:10/M | |
| 13 | Patrick Kiley | | 659 | 43 | 204 | 28:43.5 | 29:02.7 | | 9:16/M | |
| 14 | Reed Mask | Elizabethtown PA | 864 | 43 | 250 | 30:29.9 | 30:46.5 | | 9:50/M | |
| 15 | Scott Keddie | | 651 | 42 | 266 | 31:14.5 | 31:38.5 | | 10:05/M | |
| 16 | Kristopher Bleecher | Mount Joy PA | 519 | 40 | 291 | 31:59.6 | 32:13.3 | | 10:19/M | |
| 17 | Matt Musser | | 890 | 44 | 297 | 32:28.1 | 32:58.7 | | 10:28/M | |
| 18 | Anthony Spickler | | 868 | 44 | 421 | 49:23.3 | 50:00.1 | | 15:56/M | |

Female 45 to 49

| | | | | | | | | | -----Total----- | |
|-------|--------------------|--------------------|--------|-----|---------|-----------|----------|--|-----------------|--|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | | Pace | |
| 1 | * Ann Jackson | Manheim PA | 927 | 48 | 62 | 22:58.8 | 22:59.0 | | 7:25/M | |
| 2 | * Jodi Olympia | Hummelstown PA | 899 | 45 | 70 | 23:23.1 | 23:23.1 | | 7:33/M | |
| 3 | * Nicole Hart | Boiling Springs PA | 624 | 46 | 115 | 25:44.8 | 26:00.7 | | 8:18/M | |
| 4 | Kris Holtzman | | 637 | 46 | 152 | 27:20.9 | 27:51.7 | | 8:49/M | |
| 5 | Connie Buckwalter | Lititz PA | 529 | 46 | 160 | 27:30.6 | 27:34.9 | | 8:52/M | |
| 6 | Christine Willet | | 870 | 45 | 169 | 27:43.3 | 27:50.7 | | 8:56/M | |
| 7 | Karen Moore | | 717 | 49 | 170 | 27:48.9 | 28:08.9 | | 8:58/M | |
| 8 | Melanie Wenger | | 840 | 45 | 183 | 28:05.0 | 28:09.0 | | 9:04/M | |
| 9 | Annette Drohan | | 565 | 48 | 188 | 28:11.8 | 28:45.2 | | 9:05/M | |
| 10 | Darlene Swift | | 817 | 46 | 202 | 28:41.5 | 28:53.1 | | 9:15/M | |
| 11 | Monica Kiley | | 658 | 45 | 206 | 28:43.8 | 29:02.8 | | 9:16/M | |
| 12 | Gisselle Talley | Ephrata PA | 820 | 47 | 224 | 29:18.7 | 29:42.6 | | 9:27/M | |
| 13 | Dawn Groleau | Harrisburg PA | 617 | 47 | 233 | 29:55.5 | 30:07.0 | | 9:39/M | |
| 14 | Stephanie Gingrich | | 611 | 48 | 235 | 30:09.4 | 30:20.8 | | 9:44/M | |
| 15 | Jill McKee | | 699 | 47 | 237 | 30:12.5 | 30:21.8 | | 9:45/M | |
| 16 | Donna Felice | | 586 | 47 | 239 | 30:14.5 | 30:28.2 | | 9:45/M | |
| 17 | Carol Dudzinski | | 567 | 46 | 242 | 30:18.8 | 30:26.7 | | 9:46/M | |
| 18 | Carrie Celesky | | 535 | 48 | 265 | 31:07.3 | 31:38.6 | | 10:02/M | |
| 19 | Christina Varner | | 826 | 49 | 269 | 31:15.2 | 31:49.9 | | 10:05/M | |
| 20 | Kim Spangle | York PA | 873 | 47 | 270 | 31:15.9 | 31:39.4 | | 10:05/M | |
| 21 | Linda Lownsbery | Elizabethtown PA | 685 | 47 | 278 | 31:32.6 | 32:02.8 | | 10:10/M | |
| 22 | Theresa Burkholder | | 534 | 49 | 281 | 31:37.7 | 32:00.6 | | 10:12/M | |
| 23 | Melissa Fryberger | | 597 | 49 | 284 | 31:44.0 | 32:08.0 | | 10:14/M | |
| 24 | Sharon Young | | 856 | 46 | 290 | 31:56.6 | 32:13.0 | | 10:18/M | |
| 25 | Donna Nice | Harrisburg PA | 727 | 47 | 294 | 32:04.7 | 32:16.3 | | 10:21/M | |
| 26 | Jolonda Hopwood | | 638 | 49 | 301 | 32:42.4 | 33:06.1 | | 10:33/M | |
| 27 | Fawn Davies | | 550 | 48 | 306 | 33:10.4 | 33:31.7 | | 10:42/M | |
| 28 | Holly Brooks | | 526 | 47 | 312 | 33:33.6 | 33:46.3 | | 10:49/M | |
| 29 | Sheila Rodriguez | | 760 | 46 | 355 | 36:35.8 | 36:45.1 | | 11:48/M | |
| 30 | Melissa Landry | Lebanon PA | 674 | 46 | 358 | 36:51.0 | 37:17.9 | | 11:53/M | |
| 31 | Lisa Hornung | Elizabethtown PA | 639 | 49 | 361 | 37:27.2 | 37:58.5 | | 12:05/M | |
| 32 | Traci Glover | Strasburg PA | 613 | 48 | 362 | 37:39.0 | 38:04.8 | | 12:09/M | |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Female 45 to 49

| | | -----Total----- | | | | | | |
|-------|-----------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 33 | Gina Leed | | 681 | 48 | 367 | 38:38.6 | 39:19.5 | 12:28/M |
| 34 | Rita Becker | | 512 | 49 | 374 | 39:05.8 | 39:47.1 | 12:36/M |
| 35 | Jennifer Finch | Elizabethtown PA | 896 | 45 | 411 | 47:16.0 | 47:57.7 | 15:15/M |
| 36 | Diana Netherton | | 723 | 48 | 416 | 48:03.2 | 48:31.5 | 15:30/M |
| 37 | Carolyn Laboy | | 671 | 45 | 426 | 55:13.1 | 55:53.7 | 17:49/M |

Male 45 to 49

| | | -----Total----- | | | | | | |
|-------|-------------------|-------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Doug Leaman | | 677 | 46 | 13 | 18:37.6 | 18:42.4 | 6:00/M |
| 2 | * Kurt DeGoede | Mount Joy | 554 | 47 | 14 | 18:39.3 | 18:39.3 | 6:01/M |
| 3 | * West Brininger | Hanover PA | 955 | 47 | 18 | 19:26.7 | 19:26.7 | 6:16/M |
| 4 | Jeff McCloud | | 694 | 47 | 34 | 21:06.6 | 21:06.7 | 6:48/M |
| 5 | John Gilbert | Palmyra PA | 608 | 48 | 39 | 21:21.8 | 21:23.4 | 6:53/M |
| 6 | Doug Kramer | | 667 | 47 | 41 | 21:30.0 | 21:30.6 | 6:56/M |
| 7 | Bob McEvoy | Etown PA | 698 | 47 | 44 | 21:36.9 | 21:38.2 | 6:58/M |
| 8 | Michael Landis | Lebanon PA | 673 | 46 | 46 | 21:45.7 | 21:47.4 | 7:01/M |
| 9 | Jaime Jackson | | 647 | 48 | 48 | 21:55.9 | 21:55.9 | 7:04/M |
| 10 | Brian Mummert | | 718 | 45 | 69 | 23:20.9 | 23:33.6 | 7:32/M |
| 11 | Dave Merkt | | 705 | 46 | 73 | 23:40.2 | 23:44.4 | 7:38/M |
| 12 | Phillip Stoltzfus | | 810 | 49 | 81 | 24:05.8 | 24:11.2 | 7:46/M |
| 13 | Robert Wolfkiel | | 852 | 49 | 90 | 24:39.0 | 24:39.0 | 7:57/M |
| 14 | Scott Buffington | Middletown PA | 532 | 46 | 97 | 25:07.1 | 25:07.1 | 8:06/M |
| 15 | Charles Dye | Hershey | 965 | 48 | 104 | 25:19.2 | 25:22.4 | 8:10/M |
| 16 | Massie Fox | Mechanicsville MD | 919 | 48 | 124 | 26:12.9 | 26:54.7 | 8:27/M |
| 17 | Brant Widrick | Columbia Pa PA | 844 | 46 | 125 | 26:14.2 | 26:29.6 | 8:28/M |
| 18 | Shawn Vonstein | Lancaster PA | 829 | 46 | 140 | 26:52.1 | 27:04.4 | 8:40/M |
| 19 | Ron Trimmell | | 821 | 49 | 149 | 27:06.7 | 27:27.0 | 8:45/M |
| 20 | Ron Fink | Elizabethtown PA | 589 | 49 | 153 | 27:21.8 | 27:35.9 | 8:49/M |
| 21 | Greg Orris | | 735 | 47 | 159 | 27:30.5 | 27:58.2 | 8:52/M |
| 22 | Julius DiRisio | Elizabethtown PA | 932 | 46 | 164 | 27:36.5 | 27:43.6 | 8:54/M |
| 23 | Scott Kennedy | Middletown PA | 655 | 45 | 165 | 27:36.5 | 27:43.2 | 8:54/M |
| 24 | Brent Kauffman | Carlisle PA | 906 | 46 | 189 | 28:12.8 | 29:03.6 | 9:06/M |
| 25 | Joseph Bonsall | | 522 | 49 | 194 | 28:24.7 | 28:45.0 | 9:10/M |
| 26 | Brian Lownsbery | | 683 | 48 | 293 | 32:02.9 | 32:02.9 | 10:20/M |

Female 50 to 54

| | | -----Total----- | | | | | | |
|-------|-------------------------|-------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Laurie Funk | Lebanon PA | 961 | 53 | 91 | 24:42.3 | 24:47.4 | 7:58/M |
| 2 | * Lori DiRisio | Elizabethtown PA | 563 | 52 | 121 | 26:09.4 | 26:16.5 | 8:26/M |
| 3 | * Sue McCune | Lancaster PA | 696 | 50 | 138 | 26:46.0 | 26:48.4 | 8:38/M |
| 4 | Logan White | | 842 | 52 | 161 | 27:31.8 | 27:45.3 | 8:53/M |
| 5 | Susan Graver | Lancaster PA | 948 | 53 | 162 | 27:33.8 | 27:36.9 | 8:53/M |
| 6 | Bobbi Johnson | Duncannon PA | 649 | 51 | 246 | 30:23.3 | 30:47.6 | 9:48/M |
| 7 | Maureen Fairbanks | | 582 | 51 | 261 | 30:49.3 | 31:08.9 | 9:56/M |
| 8 | Jeannine Hohman | Lititz PA | 636 | 51 | 264 | 31:06.9 | 31:28.2 | 10:02/M |
| 9 | Mary Miller | Manheim PA | 710 | 52 | 268 | 31:15.0 | 31:38.1 | 10:05/M |
| 10 | Lorraine Hahn | Stevens PA | 619 | 53 | 275 | 31:26.0 | 31:37.3 | 10:08/M |
| 11 | Judith Phipps | | 739 | 53 | 280 | 31:37.3 | 32:00.3 | 10:12/M |
| 12 | Kathy Sullivan | Hummelstown PA | 813 | 51 | 286 | 31:47.7 | 32:12.6 | 10:15/M |
| 13 | Cathy Utz | | 824 | 51 | 288 | 31:52.0 | 32:04.0 | 10:17/M |
| 14 | Jan Gaspich | Palmyra PA | 970 | 52 | 289 | 31:55.9 | 32:34.8 | 10:18/M |
| 15 | Joy Muscarella | | 719 | 53 | 304 | 32:59.0 | 33:25.3 | 10:38/M |
| 16 | Michelle Quino-Drescher | | 745 | 52 | 307 | 33:14.9 | 33:19.9 | 10:43/M |
| 17 | Lori Newswanger | | 725 | 52 | 313 | 33:36.6 | 33:47.2 | 10:50/M |
| 18 | Christine Fake | | 583 | 53 | 333 | 34:36.2 | 35:00.0 | 11:10/M |
| 19 | Lisa Poliski | | 741 | 51 | 336 | 34:42.2 | 35:10.0 | 11:12/M |
| 20 | Sue Bensinger | Elizabethtown PA | 515 | 50 | 345 | 35:43.6 | 36:27.5 | 11:31/M |
| 21 | Patricia Cole | Palmyra PA | 967 | 54 | 346 | 35:46.2 | 36:25.5 | 11:32/M |
| 22 | Wendy Smith | York PA | 791 | 54 | 359 | 37:02.6 | 37:18.8 | 11:57/M |
| 23 | Julie Fox | Mechanicsville MD | 918 | 52 | 366 | 38:06.0 | 38:48.6 | 12:17/M |
| 24 | Colleen Knutsen | Palmyra PA | 663 | 52 | 368 | 38:41.8 | 38:58.8 | 12:29/M |
| 25 | Jeannie Kontis | | 665 | 51 | 380 | 40:02.3 | 40:19.7 | 12:55/M |
| 26 | Karen Bramley | Hummelstown PA | 525 | 52 | 391 | 41:34.3 | 42:04.8 | 13:25/M |
| 27 | Caroline Barnhart | | 508 | 52 | 392 | 41:35.3 | 42:05.2 | 13:25/M |
| 28 | Michele Stipe | Lititz PA | 809 | 53 | 396 | 42:35.7 | 42:57.2 | 13:44/M |
| 29 | Martha Van Splinter | Lititz PA | 902 | 52 | 398 | 43:58.4 | 44:23.2 | 14:11/M |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Female 50 to 54

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
|-------|--------------------|------------|--------|-----|---------|-----------|----------|---------|
| 30 | Marcia Clingenpeel | Manheim PA | 539 | 54 | 407 | 45:31.4 | 46:05.1 | 14:41/M |

Male 50 to 54

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
|-------|-----------------------|----------------|--------|-----|---------|-----------|----------|---------|
| 1 | * Steve Koons | Hummelstown PA | 901 | 52 | 26 | 20:14.3 | 20:15.7 | 6:32/M |
| 2 | * Daniel Chirico | | 538 | 53 | 29 | 20:41.4 | 20:41.4 | 6:40/M |
| 3 | * John Rodgers | Lancaster PA | 758 | 53 | 31 | 20:50.7 | 20:55.9 | 6:43/M |
| 4 | Richard Dickerson | | 560 | 54 | 52 | 22:32.1 | 22:35.9 | 7:16/M |
| 5 | James Drumm | | 566 | 52 | 63 | 22:59.0 | 22:59.0 | 7:25/M |
| 6 | Bill Sheibley | Duncannon PA | 920 | 53 | 72 | 23:31.1 | 23:38.8 | 7:35/M |
| 7 | Michael Heider | Lancaster PA | 625 | 54 | 77 | 23:55.0 | 23:57.8 | 7:43/M |
| 8 | Steve Bareuther | | 507 | 54 | 78 | 23:57.9 | 24:01.3 | 7:44/M |
| 9 | Timothy Sullivan | Hummelstown PA | 814 | 52 | 87 | 24:23.9 | 25:11.7 | 7:52/M |
| 10 | Mark Poliski | | 742 | 52 | 88 | 24:25.9 | 24:37.4 | 7:53/M |
| 11 | Timothy Leary | | 679 | 51 | 116 | 25:46.5 | 25:48.5 | 8:19/M |
| 12 | Bob Kreider | Manheim PA | 895 | 54 | 173 | 27:51.2 | 28:02.9 | 8:59/M |
| 13 | Tom Maganas | | 689 | 53 | 196 | 28:26.2 | 28:43.6 | 9:10/M |
| 14 | Christopher Skundrich | | 787 | 50 | 215 | 28:56.1 | 29:06.6 | 9:20/M |
| 15 | William McCune | Lancaster PA | 697 | 53 | 216 | 28:57.3 | 29:07.2 | 9:20/M |
| 16 | Marty Stevens | | 807 | 54 | 248 | 30:27.2 | 30:27.2 | 9:49/M |
| 17 | Scott Miller | Manheim PA | 711 | 52 | 271 | 31:16.8 | 31:41.1 | 10:05/M |
| 18 | Fred Wagaman | | 831 | 54 | 292 | 32:01.0 | 32:09.4 | 10:20/M |
| 19 | Jonathan Foulds | | 591 | 51 | 415 | 48:02.9 | 48:31.6 | 15:30/M |

Female 55 to 59

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
|-------|----------------------|------------------|--------|-----|---------|-----------|----------|---------|
| 1 | * Doris Olney | | 734 | 56 | 120 | 26:03.8 | 26:14.1 | 8:24/M |
| 2 | * Sharon Parrish | | 736 | 56 | 126 | 26:15.7 | 26:31.6 | 8:28/M |
| 3 | * Kelly Wobrak | | 851 | 57 | 205 | 28:43.6 | 28:59.8 | 9:16/M |
| 4 | Cindy Hendershott | Elizabethtown PA | 627 | 58 | 222 | 29:10.6 | 29:29.0 | 9:25/M |
| 5 | Ann Ash | East Earl PA | 942 | 56 | 228 | 29:31.6 | 29:35.6 | 9:31/M |
| 6 | Ena Marie Banks | | 506 | 57 | 274 | 31:22.2 | 31:40.3 | 10:07/M |
| 7 | Lauren Dungan | | 569 | 58 | 302 | 32:45.3 | 32:57.6 | 10:34/M |
| 8 | Mary Haldeman | Manheim PA | 620 | 57 | 305 | 33:00.4 | 33:34.5 | 10:39/M |
| 9 | Ann Shryock | | 785 | 55 | 354 | 36:33.7 | 37:08.9 | 11:47/M |
| 10 | Kim Dicostanzo | | 561 | 55 | 360 | 37:18.9 | 37:23.9 | 12:02/M |
| 11 | Rose Anna Stillwagon | | 878 | 59 | 375 | 39:08.9 | 39:49.1 | 12:37/M |
| 12 | kerry halloran | | 917 | 57 | 383 | 40:31.6 | 41:04.4 | 13:04/M |
| 13 | Cheryl Dinner | Elizabethtown PA | 935 | 58 | 385 | 40:43.0 | 41:05.1 | 13:08/M |
| 14 | Kim Hitz | Hummelstown PA | 633 | 56 | 388 | 41:10.3 | 41:32.0 | 13:17/M |
| 15 | Marycatherine Hess | Hershey PA | 629 | 59 | 389 | 41:10.7 | 41:32.2 | 13:17/M |
| 16 | Stephanie Geib | Manheim PA | 603 | 55 | 404 | 44:43.0 | 45:19.4 | 14:25/M |
| 17 | Nancy Schrom | | 776 | 56 | 406 | 45:02.3 | 45:27.4 | 14:32/M |
| 18 | Kim Kennedy | Elizabethtown PA | 656 | 55 | 408 | 46:39.3 | 47:14.0 | 15:03/M |
| 19 | Karen Kreider | | 894 | 59 | 409 | 47:09.1 | 47:50.7 | 15:13/M |
| 20 | Nora Haefele | | 618 | 59 | 423 | 50:55.5 | 51:35.8 | 16:25/M |

Male 55 to 59

| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
|-------|-----------------------|------------------|--------|-----|---------|-----------|----------|--------|
| 1 | * Dwight Eichelberger | Elizabethtown PA | 573 | 55 | 32 | 20:58.4 | 21:05.0 | 6:46/M |
| 2 | * Jim Roche | Lancaster PA | 757 | 55 | 43 | 21:34.2 | 21:34.2 | 6:57/M |
| 3 | * Jeff Sanden | | 765 | 56 | 49 | 22:11.8 | 22:12.9 | 7:09/M |
| 4 | Andrew Wren | Hershey | 952 | 55 | 67 | 23:09.5 | 23:10.5 | 7:28/M |
| 5 | Peter O'Donoghue | | 732 | 55 | 74 | 23:42.4 | 23:42.4 | 7:39/M |
| 6 | John Rickle | | 752 | 58 | 80 | 24:03.9 | 24:03.9 | 7:45/M |
| 7 | Mark Laufer | Mountville PA | 676 | 59 | 85 | 24:20.3 | 24:23.1 | 7:51/M |
| 8 | Mike Sheibley | Hummelstown PA | 862 | 58 | 127 | 26:17.1 | 26:26.3 | 8:29/M |
| 9 | Richard Long | Camp Hill PA | 903 | 57 | 129 | 26:21.9 | 26:30.2 | 8:30/M |
| 10 | Ed Lammando | | 672 | 59 | 154 | 27:22.9 | 27:36.9 | 8:50/M |
| 11 | Glenn Shirk | Port Royal PA | 946 | 57 | 168 | 27:42.2 | 27:45.5 | 8:56/M |
| 12 | Bob Hivner | | 634 | 58 | 174 | 27:52.8 | 28:05.5 | 8:59/M |

Frozen Foot 2017 Race 1

Age Group Results

5K

Race Date
January 15, 2017

Male 55 to 59

| | | -----Total----- | | | | | | |
|-------|-----------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 13 | Christ Megoulas | Palmyra PA | 701 | 58 | 176 | 27:54.3 | 28:03.2 | 9:00/M |
| 14 | Dean Newswanger | | 724 | 55 | 181 | 28:02.8 | 28:13.4 | 9:03/M |
| 15 | Terry Lukehart | Lancaster PA | 933 | 59 | 185 | 28:07.1 | 28:20.5 | 9:04/M |
| 16 | William Krieger | | 668 | 56 | 191 | 28:15.9 | 28:24.7 | 9:07/M |
| 17 | Scott Lithgow | Mount Joy PA | 682 | 56 | 198 | 28:27.2 | 28:40.7 | 9:11/M |
| 18 | Butch Dimitris | Lancaster PA | 915 | 59 | 232 | 29:49.6 | 30:02.6 | 9:37/M |
| 19 | Curtis Smith | | 792 | 56 | 236 | 30:11.0 | 30:20.6 | 9:44/M |
| 20 | Clarence Hitz | | 632 | 56 | 314 | 33:41.7 | 34:02.2 | 10:52/M |
| 21 | Donald Dohner | | 564 | 56 | 339 | 35:03.3 | 35:45.3 | 11:18/M |
| 22 | Mark Bellavia | Lancaster PA | 513 | 56 | 351 | 36:11.8 | 36:20.3 | 11:40/M |
| 23 | John Lohman | | 863 | 57 | 384 | 40:33.9 | 41:03.8 | 13:05/M |

Female 60 to 69

| | | -----Total----- | | | | | | |
|-------|---------------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Susan Truxal | Lancaster PA | 823 | 65 | 234 | 30:07.7 | 30:07.7 | 9:43/M |
| 2 | * mary nestor | | 962 | 62 | 253 | 30:31.5 | 30:49.7 | 9:51/M |
| 3 | * Linda Armstrong | | 502 | 67 | 260 | 30:47.5 | 31:06.6 | 9:56/M |
| 4 | Jayne Duncan | | 568 | 60 | 267 | 31:14.8 | 31:29.3 | 10:05/M |
| 5 | Lynn Williams | | 848 | 60 | 303 | 32:47.8 | 33:10.7 | 10:35/M |
| 6 | Suzanne Szczepanski | Elizabethtown PA | 819 | 61 | 328 | 34:22.9 | 34:39.7 | 11:05/M |
| 7 | Cynthia Ebersole | | 571 | 62 | 330 | 34:29.7 | 34:44.7 | 11:07/M |
| 8 | Terry Ernst | Lancaster PA | 576 | 67 | 372 | 38:55.2 | 39:17.0 | 12:33/M |
| 9 | Sue Ruhl | | 763 | 60 | 376 | 39:30.7 | 40:01.4 | 12:45/M |
| 10 | Martha Jolly | Rock Tavern NY | 947 | 61 | 386 | 40:51.2 | 41:23.3 | 13:11/M |
| 11 | Judy Swarthout | Elizabethtown PA | 815 | 67 | 395 | 42:28.7 | 42:30.2 | 13:42/M |
| 12 | Winnie Mathews | | 692 | 64 | 418 | 49:12.0 | 49:20.7 | 15:52/M |

Male 60 to 69

| | | -----Total----- | | | | | | |
|-------|-------------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Jerry Higley | Lebanon PA | 630 | 62 | 59 | 22:51.4 | 22:55.4 | 7:22/M |
| 2 | * Randy Mladenoff | Hershey PA | 716 | 63 | 83 | 24:11.9 | 24:13.7 | 7:48/M |
| 3 | * Tom Blanck | Manheim PA | 518 | 60 | 107 | 25:33.8 | 25:33.8 | 8:15/M |
| 4 | Fred Kohler | Lancaster PA | 664 | 63 | 137 | 26:43.1 | 26:43.5 | 8:37/M |
| 5 | Dan Harnick | Lancaster PA | 623 | 62 | 193 | 28:24.2 | 28:34.3 | 9:10/M |
| 6 | Richard Troutman | Manheim PA | 822 | 68 | 201 | 28:40.9 | 28:42.0 | 9:15/M |
| 7 | Ronald Monahan | Elizabethtown PA | 913 | 60 | 208 | 28:47.2 | 28:55.7 | 9:17/M |
| 8 | Skip Ruhl | | 762 | 61 | 308 | 33:20.6 | 33:52.5 | 10:45/M |
| 9 | Robert Kilgore | | 660 | 60 | 337 | 34:46.0 | 35:17.8 | 11:13/M |
| 10 | Anthony Kenneff | | 657 | 65 | 340 | 35:17.3 | 35:28.7 | 11:23/M |
| 11 | Frederick Vos | Lancaster PA | 830 | 62 | 349 | 36:05.3 | 36:13.0 | 11:38/M |
| 12 | Bruce Whiteley | Lititz PA | 843 | 67 | 352 | 36:24.0 | 36:34.6 | 11:45/M |
| 13 | Dave Williams | | 847 | 64 | 363 | 37:53.7 | 38:18.5 | 12:13/M |

Female 70 and over

| | | -----Total----- | | | | | | |
|-------|-------------------|-----------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Elsie Gilliland | | 610 | 74 | 424 | 51:17.4 | 51:50.7 | 16:33/M |

Male 70 and over

| | | -----Total----- | | | | | | |
|-------|----------------------|------------------|--------|-----|---------|-----------|----------|---------|
| Place | Name | City | Bib No | Age | Overall | Chip Time | Gun Time | Pace |
| 1 | * Bob Horst | Lancaster PA | 640 | 86 | 348 | 35:55.5 | 36:01.0 | 11:35/M |
| 2 | * Ralph Detrick | Elizabethtown PA | 558 | 76 | 373 | 38:57.0 | 39:19.6 | 12:34/M |
| 3 | * Richard McCullough | Lititz PA | 695 | 82 | 390 | 41:10.8 | 41:23.3 | 13:17/M |
| 4 | Brian Condron | Lancaster PA | 925 | 72 | 393 | 42:00.5 | 42:29.7 | 13:33/M |