

2016 Frozen Foot Race 3

Race Date

March 20, 2016

Overall Finish List

5K

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
1		Shawn Lake		196	24	M	1 Top Fin	15:02.1	15:02.8	4:51/M
2		Fred Joslyn		168	31	M	1 30-34	15:02.9	15:03.6	4:51/M
3		Michael Spooner	Harrisburg PA	916	27	M	1 25-29	15:30.8	15:31.3	5:00/M
4		Chris McCabe	Lancaster PA	225	26	M	2 25-29	16:01.8	16:02.4	5:10/M
5		Benjamin Kier	Elizabethtown PA	179	24	M	1 20-24	16:03.0	16:04.0	5:11/M
6		Andrew Sulon	Mechanicsburg PA	920	16	M	1 15-19	16:45.9	16:46.6	5:24/M
7		Emily Giannotti	Ephrata PA	116	23	F	1 Top Fin	16:50.9	16:51.9	5:26/M
8		Kurt Degoede		64	46	M	1 Top Fin	17:54.1	17:55.4	5:46/M
9		Travis Hess	Lititz PA	144	42	M	1 40-44	17:57.1	17:58.4	5:47/M
10		Lyle Stauffer		330	34	M	2 30-34	17:58.6	17:59.5	5:48/M
11		David Funk	Lebanon PA	107	52	M	1 50-54	18:30.1	18:31.5	5:58/M
12		Bob Porambo	PA	271	33	M	3 30-34	18:31.4	18:33.4	5:58/M
13		Dee Dee Shea	Hummelstown PA	298	20	F	1 20-24	18:43.4	18:45.8	6:02/M
14		James Dibble	Middletown PA	68	31	M	4 30-34	18:59.1	19:02.3	6:07/M
15		Isaac Wherley	York PA	934	13	M	1 1-14	19:03.4	19:04.2	6:09/M
16		Danny O Toole		259	17	M	2 15-19	19:16.3	19:20.9	6:13/M
17		Don Wagner	Lititz PA	359	47	M	1 45-49	19:16.3	19:18.4	6:13/M
18		Jp Stauffer	Elizabethtown PA	331	38	M	1 35-39	19:18.0	19:21.7	6:14/M
19		Theodore Umble	Annaville PA	355	22	M	2 20-24	19:24.5	19:26.1	6:15/M
20		Andy Evans	Elizabethtown PA	93	42	M	2 40-44	19:28.9	19:32.0	6:17/M
21		Andrew Smokowicz	Lancaster PA	314	34	M	5 30-34	19:31.4	19:34.1	6:18/M
22		Jason Fisher		100	13	M	2 1-14	19:37.6	19:38.3	6:20/M
23		Bradley Yehl	Elizabethtown PA	376	23	M	3 20-24	19:38.7	19:42.5	6:20/M
24		Glenn Mohler	Ephrata PA	917	54	M	2 50-54	19:42.2	19:46.2	6:21/M
25		Michael Clapper	Lancaster PA	48	50	M	3 50-54	19:44.9	19:47.3	6:22/M
26		Daivd Jackson	Manheim PA	912	12	M	3 1-14	19:51.0	19:52.7	6:24/M
27		Courtney Nowak	Lancaster PA	336	29	F	1 25-29	20:32.9	20:35.0	6:37/M
28		Jeff McCloud		925	46	M	2 45-49	20:33.8	20:36.4	6:38/M
29		Nicholas Jones	Harrisburg PA	167	47	M	3 45-49	20:33.8	20:36.5	6:38/M
30		Dwight Eichelberger	Elizabethtown PA	81	54	M	4 50-54	20:34.5	20:49.8	6:38/M
31		Bob McEvoy	Etown PA	231	44	M	3 40-44	20:37.4	20:43.1	6:39/M
32		Ken Peters	Millersville PA	265	42	M	4 40-44	20:49.2	20:52.8	6:43/M
33		Edward Flick	Mount Joy PA	101	53	M	5 50-54	20:53.6	20:55.2	6:44/M
34		Owen Jackson	Manheim PA	913	12	M	4 1-14	21:00.9	21:02.3	6:46/M
35		Jarrod Kulp		195	47	M	4 45-49	21:03.7	21:16.2	6:47/M
36		Evan Megoulas	Palmyra PA	233	17	M	3 15-19	21:04.5	21:17.3	6:48/M
37		Brian Mitchell	Denver PA	923	58	M	1 55-59	21:24.3	21:26.0	6:54/M
38		Tim Gelden		115	30	M	6 30-34	21:26.7	21:31.2	6:55/M
39		Matt Deibler	Mount Joy PA	66	21	M	4 20-24	21:30.8	21:40.4	6:56/M
40		Michael Landis	Lebanon PA	198	45	M	5 45-49	21:40.5	21:46.6	6:59/M
41		Dalton Fink		98	9	M	5 1-14	21:41.9	21:42.6	7:00/M
42		Jonathan Keller	Harrisburg PA	172	32	M	7 30-34	21:46.4	21:58.9	7:01/M
43		John Gilbert	Palmyra PA	117	47	M	6 45-49	21:55.0	22:01.4	7:04/M
44		Carrie Booth	Elizabethtown PA	22	36	F	1 35-39	21:57.6	22:03.7	7:05/M
45		Jodi Olympia	Hummelstown PA	262	43	F	1 Top Fin	22:00.7	22:03.8	7:06/M
46		Lou Starzl	Elizabethtown PA	931	39	M	2 35-39	22:06.2	22:12.1	7:08/M
47		David Mann	Lebanon PA	215	52	M	6 50-54	22:07.3	22:13.7	7:08/M
48		Robert Sterner	Elizabethtown PA	332	40	M	5 40-44	22:07.4	22:24.9	7:08/M
49		Jerry Higley	Lebanon PA	145	60	M	1 60-69	22:09.0	22:13.5	7:09/M
50		John Gates	PA	112	42	M	6 40-44	22:10.0	22:24.8	7:09/M
51		Mark Ward	Columbia PA	361	55	M	2 55-59	22:12.7	22:29.8	7:10/M
52		Bennett Hughes	Hershey PA	157	34	M	8 30-34	22:13.9	22:18.7	7:10/M
53		Matt Greenholt	Mechanicsburg PA	121	22	M	5 20-24	22:14.6	22:22.6	7:10/M
54		Andrew Sholly	Palmyra PA	305	37	M	3 35-39	22:32.6	22:45.0	7:16/M
55		Jay Zimmerman	Elizabethtown PA	381	40	M	7 40-44	22:51.1	23:00.1	7:22/M
56		Cherith Shaffer	Manheim PA	295	30	F	1 30-34	23:07.2	23:11.4	7:27/M
57		Fritz Miklos	Elizabethtown PA	238	12	M	6 1-14	23:10.4	23:12.7	7:28/M
58		Stephen Stoll	Lititz PA	334	45	M	7 45-49	23:11.6	23:14.7	7:29/M
59		Tom Howe	Lititz PA	922	49	M	8 45-49	23:12.3	23:18.8	7:29/M
60		Maura Ebersole	Elizabethtown PA	80	34	F	2 30-34	23:14.3	23:22.0	7:30/M
61		Benjamin Schlosser	Mount Joy PA	290	29	M	3 25-29	23:15.5	23:18.2	7:30/M
62		Holly Kahler	Lititz PA	169	37	F	2 35-39	23:19.0	23:27.3	7:31/M
63		Mike Blessing	Grantville PA	20	48	M	9 45-49	23:21.7	23:28.5	7:32/M
64		Andy Carroll		39	43	M	8 40-44	23:22.0	23:32.7	7:32/M
65		Randy Mladenoff	Hershey PA	241	62	M	2 60-69	23:24.7	23:35.6	7:33/M
66		Susan Miklos	Elizabethtown PA	239	44	F	1 40-44	23:25.1	23:27.3	7:33/M
67		Crissy Stoeffler	Elizabethtown PA	333	33	F	3 30-34	23:27.7	23:36.6	7:34/M

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5K

Place							-----Total-----			
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	
68	Neely Spicer	Mount Gretna PA	323	40	F	2 40-44	23:27.7	23:45.6	7:34/M	
69	Jerry Schaber		283	35	M	4 35-39	23:30.7	23:39.8	7:35/M	
70	Karin Laszakovits	Elizabethtown PA	200	39	F	3 35-39	23:30.8	23:42.4	7:35/M	
71	Peter O Donoghue	Mountville PA	258	54	M	7 50-54	23:32.3	23:34.3	7:35/M	
72	Michael Heider	Lancaster PA	135	51	M	8 50-54	23:32.9	23:44.7	7:35/M	
73	Lisa Cameron	Lititz PA	38	56	F	1 55-59	23:33.7	23:45.1	7:36/M	
74	Matthew Hix	Landisville PA	152	33	M	9 30-34	23:35.1	23:59.1	7:36/M	
75	Darren Bowman	Lititz PA	24	46	M	10 45-49	23:37.1	23:40.6	7:37/M	
76	Brittany Hartman		134	29	F	2 25-29	23:37.3	23:39.6	7:37/M	
77	Bill Sheibley	Duncannon PA	301	52	M	9 50-54	23:44.7	23:53.9	7:39/M	
78	Mark Laufer	Mountville PA	203	58	M	3 55-59	23:45.0	23:56.3	7:40/M	
79	Stefanie Flynn	Elizabethtown PA	103	32	F	4 30-34	23:48.7	24:01.0	7:41/M	
80	Nicole Hart	Boiling Springs PA	133	45	F	1 45-49	23:49.8	24:03.8	7:41/M	
81	Meghann Pierdon	Bainbridge PA	266	37	F	4 35-39	23:52.3	23:57.6	7:42/M	
82	Kristopher Bleecher	Mount Joy PA	19	37	M	5 35-39	23:52.5	24:12.5	7:42/M	
83	Lindsay Norris	Elizabethtown PA	255	31	F	5 30-34	23:52.8	24:04.8	7:42/M	
84	Barbara Sulon	Mechanicsburg PA	919	51	F	1 50-54	23:54.5	24:10.0	7:43/M	
85	Timothy Sullivan	Hummelstown PA	342	49	M	11 45-49	24:10.7	24:47.2	7:48/M	
86	Lisa Maggip		930	30	F	6 30-34	24:11.4	24:24.1	7:48/M	
87	Kevin Kleinfelter	Lebanon PA	180	52	M	10 50-54	24:13.2	24:20.3	7:49/M	
88	Michael Silvestrini	Lancaster PA	309	31	M	10 30-34	24:16.0	24:29.3	7:50/M	
89	Manson Caleca		37	14	M	7 1-14	24:16.6	24:35.4	7:50/M	
90	Mike Sheibley	Hummelstown PA	302	57	M	4 55-59	24:18.8	24:28.8	7:50/M	
91	Nate Degoede	Mount Joy PA	65	15	M	4 15-19	24:20.3	24:42.7	7:51/M	
92	Jack Hess	Hershey PA	933	23	M	6 20-24	24:30.4	24:43.9	7:54/M	
93	Jennifer Kristich	Palmyra PA	194	40	F	3 40-44	24:31.4	24:38.9	7:55/M	
94	Derrick Snyder		317	33	M	11 30-34	24:38.1	24:58.0	7:57/M	
95	Kyra Buettner	Elizabethtown PA	30	16	F	1 15-19	24:39.8	24:52.4	7:57/M	
96	Samantha Stackhouse	Elizabethtown PA	328	15	F	2 15-19	24:39.9	25:02.4	7:57/M	
97	Conner Babinchak	Elizabethtown PA	8	17	M	5 15-19	24:40.0	24:52.6	7:57/M	
98	Harry Eichelberger	Elizabethtown PA	82	16	M	6 15-19	24:40.4	24:52.4	7:57/M	
99	Matt Houseman	Enola PA	156	29	M	4 25-29	24:40.9	24:50.3	7:57/M	
100	Kallista Scharf	Elizabethtown PA	288	16	F	3 15-19	24:49.1	25:11.1	8:00/M	
101	Christopher Scharf	Elizabethtown PA	286	15	M	7 15-19	24:49.3	25:10.3	8:00/M	
102	Charles Scharf	Elizabethtown PA	285	15	M	8 15-19	24:49.8	25:10.8	8:00/M	
103	Mackenzie Compton		57	37	F	5 35-39	24:51.8	24:56.1	8:01/M	
104	Zachary Shenk	Elizabethtown PA	304	35	M	6 35-39	24:59.3	25:07.2	8:04/M	
105	Jim Doyle	Lancaster PA	74	70	M	1 70-99	25:00.3	25:05.6	8:04/M	
106	Adam Biuckians	Lancaster PA	16	36	M	7 35-39	25:00.7	25:11.8	8:04/M	
107	Ron Fink	Elizabethtown PA	99	46	M	12 45-49	25:03.8	25:14.3	8:05/M	
108	Alison Fink		97	9	F	1 1-14	25:04.3	25:13.9	8:05/M	
109	Lauren Herman	Manheim PA	142	40	F	4 40-44	25:05.8	25:10.0	8:05/M	
110	Scott Buffington	Middletown PA	32	45	M	13 45-49	25:12.2	25:19.0	8:08/M	
111	David Craft		60	37	M	8 35-39	25:14.3	25:43.6	8:08/M	
112	Dan Harnick	Lancaster PA	131	60	M	3 60-69	25:18.2	25:25.6	8:10/M	
113	Susan Monroe	York PA	242	34	F	7 30-34	25:19.1	25:43.6	8:10/M	
114	Ed Spayd		318	41	M	9 40-44	25:28.4	25:50.7	8:13/M	
115	Josie Spayd		319	9	F	2 1-14	25:28.4	25:49.8	8:13/M	
116	Manny Williams	Elizabethtown PA	927	41	F	5 40-44	25:29.3	25:45.1	8:13/M	
117	David Williams	Elizabethtown PA	928	45	M	14 45-49	25:29.9	25:45.3	8:13/M	
118	Maryglo Stroik	Mount Gretna PA	338	33	F	8 30-34	25:33.6	25:52.7	8:15/M	
119	Susan Kenderdine		174	38	F	6 35-39	25:42.3	25:51.9	8:17/M	
120	Alexis Kellogg	Lititz PA	173	13	F	3 1-14	25:47.6	25:50.8	8:19/M	
121	Leah Yingling	Elizabethtown PA	377	31	F	9 30-34	25:48.2	25:57.6	8:19/M	
122	Michelle Keadle-Taylor	Elizabethtown PA	170	49	F	2 45-49	25:52.0	26:03.5	8:21/M	
123	Shannon Eichenseer	Etters PA	83	31	F	10 30-34	25:54.6	26:08.6	8:21/M	
124	Carie Reigel	Richland PA	274	37	F	7 35-39	25:55.5	26:15.0	8:22/M	
125	Shawn Vonstein	Lancaster PA	356	45	M	15 45-49	25:55.9	26:23.4	8:22/M	
126	Cathleen Jennings		163	46	F	3 45-49	25:56.2	26:03.7	8:22/M	
127	Wallace Rejrat	Elizabethtown PA	275	30	M	12 30-34	26:00.0	26:16.6	8:23/M	
128	Sorita Averill	Reading PA	915	54	F	2 50-54	26:00.6	26:06.3	8:23/M	
129	Laura Sholly	Palmyra PA	306	37	F	8 35-39	26:02.3	26:14.5	8:24/M	
130	Michael Roland		278	41	M	10 40-44	26:04.8	26:30.1	8:25/M	
131	Thomas Blanck	Manheim PA	18	59	M	5 55-59	26:12.3	26:20.4	8:27/M	
132	Gary Gehret	Reinholds PA	113	58	M	6 55-59	26:16.3	26:30.7	8:28/M	
133	Laura Bujold		33	31	F	11 30-34	26:20.8	26:35.9	8:30/M	
134	Nathan Newcomer		253	36	M	9 35-39	26:22.4	26:28.5	8:30/M	

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Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
135	Jacob Buffington	Middletown PA	31	14	M	8 1-14	26:24.8	26:31.3	8:31/M
136	Riley Myers	Lewistown PA	248	12	M	9 1-14	26:26.6	26:55.9	8:32/M
137	Marco Martinez	Hummelstown PA	218	28	M	5 25-29	26:33.7	26:51.4	8:34/M
138	Susan Graver	Lancaster PA	120	52	F	3 50-54	26:45.2	27:04.9	8:38/M
139	Mitchell Garber	Elizabethtown PA	935	11	M	10 1-14	26:46.8	26:49.6	8:38/M
140	Jeneve Stambaugh	Camp Hill PA	329	37	F	9 35-39	26:47.3	26:52.9	8:38/M
141	Tim Merkt	Elizabethtown PA	236	42	M	11 40-44	26:48.3	27:01.8	8:39/M
142	Kim Stone	Bressler PA	335	36	F	10 35-39	26:52.1	26:57.4	8:40/M
143	Gary Brown	Lancaster PA	28	54	M	11 50-54	26:56.2	27:05.0	8:41/M
144	Mike Fausnacht	Elizabethtown PA	94	62	M	4 60-69	26:57.4	27:08.1	8:42/M
145	Heather Heisey	Elizabethtown PA	137	45	F	4 45-49	27:00.8	27:16.6	8:43/M
146	Jodi Myers	Lewistown PA	246	43	F	6 40-44	27:03.4	27:32.4	8:44/M
147	Brian Boycan	Paradise PA	932	61	M	5 60-69	27:05.8	27:19.0	8:44/M
148	Wayne Johnson		165	64	M	6 60-69	27:09.4	27:14.5	8:45/M
149	Bill Krieger		189	55	M	7 55-59	27:10.3	27:31.2	8:46/M
150	Marian Keener	Lancaster PA	171	44	F	7 40-44	27:15.0	27:34.8	8:47/M
151	Mandy Schlegel		289	33	F	12 30-34	27:16.1	27:36.7	8:48/M
152	Ben Lorah	Camp Hill PA	210	36	M	10 35-39	27:18.0	27:48.4	8:48/M
153	Heather Senft	Palmyra PA	293	42	F	8 40-44	27:20.0	27:44.0	8:49/M
154	Scott Kennedy	Middletown PA	177	42	M	12 40-44	27:24.9	27:24.9	8:50/M
155	Josh Zimmerman	Lititz PA	382	10	M	11 1-14	27:25.5	27:38.0	8:51/M
156	Ryan Sheidy		303	40	M	13 40-44	27:26.4	28:37.8	8:51/M
157	Candace Cossik		59	52	F	4 50-54	27:27.2	28:38.2	8:51/M
158	Richard Troutman	Manheim PA	353	66	M	7 60-69	27:35.2	27:42.8	8:54/M
159	Steve Wasserman	Lebanon PA	929	54	M	12 50-54	27:39.8	27:56.7	8:55/M
160	Greg Grove	Elizabethtown PA	127	47	M	16 45-49	27:42.1	27:58.1	8:56/M
161	Diane Herber	Lancaster PA	141	58	F	2 55-59	27:45.1	27:53.8	8:57/M
162	Eric Koehler	Lancaster PA	183	49	M	17 45-49	27:46.5	27:56.5	8:57/M
163	Donna Nice	Harrisburg PA	254	46	F	5 45-49	27:47.8	27:59.1	8:58/M
164	Mark Murr	Manheim PA	245	43	M	14 40-44	27:51.5	28:10.4	8:59/M
165	Walter Newcomer	Manheim PA	252	59	M	8 55-59	27:53.0	27:59.2	9:00/M
166	Jessica Schaber	Elizabethtown PA	284	35	F	11 35-39	27:53.1	28:03.5	9:00/M
167	Kara Newcomer	Lancaster PA	251	29	F	3 25-29	27:53.1	27:59.4	9:00/M
168	Ethan Caleca		36	11	M	12 1-14	27:56.4	28:14.8	9:01/M
169	Audrey Caleca	Lititz PA	35	39	F	12 35-39	27:57.0	28:15.9	9:01/M
170	Melissa Wissler	Leola PA	373	40	F	9 40-44	27:57.7	28:04.9	9:01/M
171	Dawn Groleau	Harrisburg PA	126	45	F	6 45-49	28:00.3	28:12.0	9:02/M
172	Brian Frey	Lancaster PA	105	42	M	15 40-44	28:02.7	28:24.4	9:03/M
173	David Scharf	Elizabethtown PA	287	44	M	16 40-44	28:14.6	28:37.6	9:06/M
174	Luke Johnson		164	34	M	13 30-34	28:16.4	28:21.4	9:07/M
175	Gina Davis	Etters PA	63	28	F	4 25-29	28:16.6	28:24.7	9:07/M
176	Patrick Mitchell	Lebanon PA	240	41	M	17 40-44	28:21.6	28:42.3	9:09/M
177	Michael Emerick	Mechanicsburg PA	924	31	M	14 30-34	28:23.8	28:33.3	9:09/M
178	Terry Lukehart	Lancaster PA	213	58	M	9 55-59	28:30.3	28:59.3	9:12/M
179	Mitch Romig	Mount Joy PA	279	29	M	6 25-29	28:35.9	28:51.0	9:13/M
180	Amy Kern		178	35	F	13 35-39	28:39.6	28:56.9	9:15/M
181	Liana Howe	Lancaster PA	921	13	F	4 1-14	28:45.5	28:52.0	9:16/M
182	Gerhard Wendt	Harrisburg PA	366	45	M	18 45-49	28:46.9	29:44.4	9:17/M
183	Butch Dimitris	Lancaster PA	70	58	M	10 55-59	28:49.4	29:14.9	9:18/M
184	Gisselle Talley	Ephrata PA	346	45	F	7 45-49	28:51.0	29:08.2	9:18/M
185	Kelcey Bucks	Lebanon PA	29	33	F	13 30-34	28:51.1	29:10.4	9:18/M
186	Mary Haldeman	Manheim PA	130	56	F	3 55-59	28:57.5	29:18.9	9:20/M
187	Susan Truxal	Lancaster PA	354	64	F	1 60-69	29:06.7	29:13.8	9:23/M
188	Kimberly Ernst	East Petersburg PA	89	37	F	14 35-39	29:08.8	29:32.3	9:24/M
189	Stephanie Benneroff	Lititz PA	14	39	F	15 35-39	29:14.5	29:17.9	9:26/M
190	Michele Stum	Steelton PA	339	32	F	14 30-34	29:15.3	29:29.8	9:26/M
191	Shirley Perrot		264	54	F	5 50-54	29:22.5	29:38.8	9:28/M
192	Jan Gaspich	Palmyra PA	111	51	F	6 50-54	29:22.8	29:48.3	9:28/M
193	Anne Garber	Elizabethtown PA	110	39	F	16 35-39	29:25.0	29:42.4	9:29/M
194	Kelly Muldowney	Lancaster PA	243	36	F	17 35-39	29:28.1	29:44.1	9:30/M
195	Christ Megoulas	Palmyra PA	232	56	M	11 55-59	29:30.9	29:41.9	9:31/M
196	Michael Checco	Elizabethtown PA	46	38	M	11 35-39	29:36.0	29:55.9	9:33/M
197	Eric Schneider	Mount Joy PA	292	34	M	15 30-34	29:38.8	30:11.6	9:34/M
198	Reed Mask	Elizabethtown PA	222	42	M	18 40-44	29:44.8	30:06.8	9:35/M
199	Barbara Raifsnider	Oley PA	272	53	F	7 50-54	29:46.1	29:54.2	9:36/M
200	Amanda Heisey-Gallagher	Elizabethtown PA	138	38	F	18 35-39	29:46.7	30:02.7	9:36/M
201	Michele Stackhouse		327	46	F	8 45-49	29:48.7	30:13.3	9:37/M

2016 Frozen Foot Race 3

Race Date
March 20, 2016

Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
202	Ashley Westphal	Lancaster PA	367	35	F	19 35-39	29:52.4	30:03.0	9:38/M
203	Lorraine Hahn	Stevens PA	129	52	F	8 50-54	29:59.1	30:09.0	9:40/M
204	Jen Clemmer	Jonestown PA	49	36	F	20 35-39	30:13.4	30:38.0	9:45/M
205	Cindy Hendershott	Elizabethtown PA	139	56	F	4 55-59	30:23.4	30:41.4	9:48/M
206	Gayle Merkt	Elizabethtown PA	235	42	F	10 40-44	30:34.0	30:47.3	9:52/M
207	Janel Leymeister	Hummelstown PA	206	51	F	9 50-54	30:41.9	30:47.0	9:54/M
208	Jayne Duncan		75	59	F	5 55-59	30:49.3	30:56.9	9:56/M
209	Mary Ober	Mount Joy PA	260	39	F	21 35-39	30:49.8	31:23.7	9:56/M
210	Joel Ernst		88	37	M	12 35-39	31:00.7	31:23.0	10:00/M
211	Elizabeth Fenstermacher	Lancaster PA	96	30	F	15 30-34	31:05.9	31:37.1	10:02/M
212	Rory McConnell	Lititz PA	228	14	M	13 1-14	31:05.9	31:31.8	10:02/M
213	Jessica Trimble	Mount Joy PA	352	29	F	5 25-29	31:10.0	31:45.2	10:03/M
214	Dustin Trimble	Mount Joy PA	351	29	M	7 25-29	31:10.0	31:45.3	10:03/M
215	Chip Hitz	Hummelstown PA	150	54	M	13 50-54	31:21.5	31:36.1	10:07/M
216	Kathy Sullivan	Hummelstown PA	341	50	F	10 50-54	31:23.9	31:51.1	10:07/M
217	Katie Pennay	Hummelstown PA	263	31	F	16 30-34	31:27.3	31:35.8	10:09/M
218	Paul Mauro		224	51	M	14 50-54	31:32.5	31:58.5	10:10/M
219	Bailey Tennis	Elizabethtown PA	348	6	F	5 1-14	31:35.5	31:54.1	10:11/M
220	Lauren Eriksen	East Petersburg PA	86	32	F	17 30-34	31:59.9	32:16.5	10:19/M
221	Nichole Feldenzer	Palmyra PA	95	42	F	11 40-44	32:10.9	32:43.3	10:23/M
222	Mary Checco	Elizabethtown PA	45	40	F	12 40-44	32:16.0	32:35.8	10:25/M
223	David Adamchak		1	11	M	14 1-14	32:16.8	32:16.8	10:25/M
224	Elizabeth Schneider	Mount Joy PA	291	31	F	18 30-34	32:30.1	33:03.3	10:29/M
225	Allison Leathery	York PA	205	36	F	22 35-39	32:42.0	32:50.8	10:33/M
226	Rose Ward	Columbia PA	362	64	F	2 60-69	32:43.4	32:52.1	10:33/M
227	Amy Snyder	Mount Joy PA	316	28	F	6 25-29	32:45.2	33:03.0	10:34/M
228	Sue Ittleson	Palmyra PA	160	39	F	23 35-39	32:58.5	33:18.3	10:38/M
229	Linda Lowmsbery	Elizabethtown PA	211	46	F	9 45-49	33:04.8	33:25.8	10:40/M
230	Mary Susan Weidman	Palmyra PA	363	63	F	3 60-69	33:12.5	33:37.6	10:43/M
231	Stephanie Gingrich	Ephrata PA	118	47	F	10 45-49	33:20.5	33:47.0	10:45/M
232	Luka Spayd		320	7	M	15 1-14	33:22.4	33:44.6	10:46/M
233	Monica Elbert	Lancaster PA	85	46	F	11 45-49	33:27.5	33:51.5	10:47/M
234	Tanya Runnels	Elizabethtown PA	193	44	F	13 40-44	33:30.3	33:57.1	10:48/M
235	Matthew Martinez	Hummelstown PA	219	25	M	8 25-29	33:30.3	33:47.0	10:48/M
236	Lori Flick	Mount Joy PA	102	50	F	11 50-54	33:31.7	33:50.7	10:49/M
237	Mark Bellavia	Lancaster PA	13	55	M	12 55-59	33:32.3	33:46.0	10:49/M
238	Amy Koerner	Columbia PA	184	33	F	19 30-34	33:32.5	33:52.9	10:49/M
239	Scott Lithgow	Mount Joy PA	209	55	M	13 55-59	33:32.6	33:53.1	10:49/M
240	Randal Lint	Red Lion PA	208	28	M	9 25-29	33:43.7	34:14.3	10:53/M
241	Dana Schlader	Lancaster PA	914	32	F	20 30-34	33:46.3	34:09.1	10:54/M
242	Cynthia Ebersole	Mount Joy PA	79	61	F	4 60-69	33:50.1	34:12.7	10:55/M
243	Karen Bramley	Hummelstown PA	26	49	F	12 45-49	33:53.2	34:21.7	10:56/M
244	Ellen Zazulak	Elizabethtown PA	379	38	F	24 35-39	34:07.3	34:15.6	11:00/M
245	Keli Anderson	Elizabethtown PA	5	50	F	12 50-54	34:09.8	34:30.2	11:01/M
246	Naomi Brought		27	35	F	25 35-39	34:14.1	34:31.8	11:03/M
247	Bob Horst	Lancaster PA	155	85	M	2 70-99	34:15.8	34:26.9	11:03/M
248	Erin Geib	Manheim PA	114	38	F	26 35-39	34:16.7	34:36.7	11:03/M
249	Melissa Greiner	Elizabethtown PA	124	43	F	14 40-44	34:20.9	34:42.0	11:05/M
250	Briena Coleman	Lebanon PA	56	23	F	2 20-24	34:23.0	34:37.6	11:05/M
251	Julie Hess	Elizabethtown PA	937	21	F	3 20-24	34:34.8	34:48.8	11:09/M
252	Judi Snyder	Annaville PA	315	44	F	15 40-44	34:41.0	34:50.3	11:11/M
253	Wendy Smith	York PA	313	53	F	13 50-54	34:42.6	34:56.3	11:12/M
254	Jennifer Tennis	Elizabethtown PA	349	32	F	21 30-34	34:59.8	35:18.4	11:17/M
255	John Markley	Lancaster PA	216	61	M	8 60-69	35:00.1	35:12.2	11:17/M
256	Zachary Dunkle	Dover PA	77	26	M	10 25-29	35:09.6	35:39.5	11:20/M
257	Terry Ernst	Lancaster PA	87	66	F	5 60-69	35:24.1	35:47.6	11:25/M
258	Kira Zimmerman	Myerstown PA	383	31	F	22 30-34	35:32.6	35:58.9	11:28/M
259	Jen Bashore	Newmanstown PA	10	40	F	16 40-44	35:38.6	35:58.0	11:30/M
260	Rhiannon Vulgamore	Palmyra PA	358	23	F	4 20-24	35:39.4	36:09.2	11:30/M
261	Lyndell Sahd	Lancaster PA	281	41	F	17 40-44	35:53.8	36:06.2	11:35/M
262	Bob Hinkle		148	50	M	15 50-54	35:57.9	36:10.8	11:36/M
263	Roger Spencer	New Holland PA	322	58	M	14 55-59	36:03.1	36:23.7	11:38/M
264	Dawn Spencer	New Holland PA	321	51	F	14 50-54	36:03.5	36:24.0	11:38/M
265	Bruce Whiteley	Lititz PA	369	66	M	9 60-69	36:06.8	36:21.6	11:39/M
266	Colleen Knutsen	Palmyra PA	182	50	F	15 50-54	36:06.9	36:30.1	11:39/M
267	Katie Pollak	Mechanicsburg PA	270	27	F	7 25-29	36:20.1	36:38.5	11:43/M
268	Jim Pollak	Mountville PA	269	30	M	16 30-34	36:20.2	36:38.6	11:43/M

2016 Frozen Foot Race 3

Race Date
March 20, 2016

Overall Finish List

5K

Place							-----Total-----		
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
269	Rebecca Myers		250	26	F	8 25-29	36:20.9	36:36.0	11:43/M
270	Tina Hinkle		149	49	F	13 45-49	36:33.8	36:47.0	11:47/M
271	Kristi Ritter	Elizabethtown PA	276	37	F	27 35-39	36:35.9	37:02.3	11:48/M
272	Kathi Markley	Lancaster PA	217	53	F	16 50-54	36:40.8	36:54.8	11:50/M
273	Sophia McConnell	Lititz PA	229	18	F	4 15-19	36:48.0	37:14.4	11:52/M
274	Joshua Williams	Lancaster PA	371	18	M	9 15-19	36:58.5	37:15.6	11:55/M
275	Judy Anttonen	Millersville PA	7	74	F	1 70-99	37:00.8	37:09.3	11:56/M
276	Megan Becker	Lititz PA	11	30	F	23 30-34	37:03.9	37:33.7	11:57/M
277	Judy Mondschein	Hummelstown PA	926	61	F	6 60-69	37:03.9	37:35.4	11:57/M
278	Stacey Conrad	Millersville PA	58	40	F	18 40-44	37:04.1	37:25.6	11:57/M
279	Ralph Detrick	Elizabethtown PA	67	73	M	3 70-99	37:36.8	38:00.0	12:08/M
280	Cooper Adams	Mechanicsburg PA	918	14	M	16 1-14	37:37.7	38:05.0	12:08/M
281	Marycatherine Hess	Hershey PA	143	57	F	6 55-59	37:55.1	38:10.2	12:14/M
282	Kim Hitz	Hummelstown PA	151	54	F	17 50-54	37:55.4	38:10.2	12:14/M
283	Andrea Dunkle	Dover PA	76	25	F	9 25-29	38:04.2	38:53.8	12:17/M
284	Jessica Lint	Red Lion PA	207	27	F	10 25-29	38:22.9	38:54.0	12:23/M
285	Frederick Vos	Lancaster PA	357	61	M	10 60-69	38:30.0	38:39.9	12:25/M
286	Melissa Landry	Lebanon PA	199	45	F	14 45-49	39:14.8	39:39.1	12:39/M
287	Anne Masorti	Elizabethtown PA	223	40	F	19 40-44	41:48.5	42:14.3	13:29/M
288	Maria Masorti	Elizabethtown PA	936	7	F	6 1-14	41:48.5	42:14.3	13:29/M
289	Jessica Hutchinson	Marietta PA	158	34	F	24 30-34	42:25.7	42:49.9	13:41/M
290	Judy Swarthout	Elizabethtown PA	343	65	F	7 60-69	42:33.2	42:49.9	13:44/M
291	Richard McCullough	Lititz PA	230	80	M	4 70-99	42:33.5	42:44.7	13:44/M
292	Colleen Bowen		23	38	F	28 35-39	43:10.3	43:37.8	13:55/M
293	Jessica Smith		312	33	F	25 30-34	43:57.3	44:26.1	14:11/M
294	Tim Kramer	Spring Grove PA	187	40	M	19 40-44	44:06.1	44:29.2	14:14/M
295	Tanya Kramer	Spring Grove PA	186	41	F	20 40-44	44:06.3	44:29.4	14:14/M
296	Norma Martinez	Hummelstown PA	220	55	F	7 55-59	44:24.1	44:38.4	14:19/M
297	John Adams	Mechanicsburg PA	3	46	M	19 45-49	44:25.8	44:54.4	14:20/M
298	Patricia Cole	Palmyra PA	55	53	F	18 50-54	44:26.3	44:34.0	14:20/M
299	Cindy Frey	Mount Joy PA	106	52	F	19 50-54	44:55.0	45:27.0	14:29/M
300	Marci Clingenpeel	Manheim PA	53	53	F	20 50-54	44:55.2	45:26.8	14:29/M
301	Kim Adams	Lititz PA	4	33	F	26 30-34	45:55.8	46:23.6	14:49/M
302	Crystal Shaak	Lebanon PA	294	34	F	27 30-34	46:00.0	46:26.8	14:50/M
303	Kim Kennedy	Elizabethtown PA	175	54	F	21 50-54	46:47.2	47:03.9	15:05/M
304	Rene Martinez	Hummelstown PA	221	56	M	15 55-59	48:34.1	48:51.3	15:40/M
305	Elyse Chaprnka		43	26	F	11 25-29	50:05.4	50:37.8	16:09/M
306	Marianleibforth Chaprnka	Phoenix MD	44	60	F	8 60-69	50:33.9	51:07.1	16:18/M
307	Pamela Eusi		92	59	F	8 55-59	52:07.3	52:40.0	16:49/M
308	Donna Zvorsky	Elizabethtown PA	384	62	F	9 60-69	53:22.0	53:51.4	17:13/M
309	Donna Daub	Stevens PA	62	49	F	15 45-49	53:23.2	53:52.3	17:13/M
310	Nate Gingrich		938	35	M	13 35-39	56:03.5	56:03.5	18:05/M
311	Elizabeth Gingrich		939	9	F	7 1-14	56:05.0	56:05.0	18:05/M
312	Erin Gingrich		940	38	F	29 35-39	56:06.3	56:06.3	18:06/M
313	Brynlee Kephart		941	8	F	8 1-14	56:07.3	56:07.3	18:06/M