

Race Date
March 20, 2016

2016 Frozen Foot Race 3
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Emily Giannotti	Ephrata	116	23	7	16:50.9	16:51.9	5:26/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Shawn Lake		196	24	1	15:02.1	15:02.8	4:51/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Jodi Olympia	Hummelstown	262	43	45	22:00.7	22:03.8	7:06/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Kurt Degoede		64	46	8	17:54.1	17:55.4	5:46/M

Female 1 to 14

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Alison Fink		97	9	108	25:04.3	25:13.9	8:05/M
2	* Josie Spayd		319	9	115	25:28.4	25:49.8	8:13/M
3	* Alexis Kellogg	Lititz	173	13	120	25:47.6	25:50.8	8:19/M
4	Liana Howe	Lancaster	921	13	181	28:45.5	28:52.0	9:16/M
5	Bailey Tennis	Elizabethtown	348	6	219	31:35.5	31:54.1	10:11/M
6	Maria Masorti	Elizabethtown	936	7	288	41:48.5	42:14.3	13:29/M
7	Elizabeth Gingrich		939	9	311	56:05.0	56:05.0	18:05/M
8	Brynlee Kephart		941	8	313	56:07.3	56:07.3	18:06/M

Male 14 and Under

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Isaac Wherley	York	934	13	15	19:03.4	19:04.2	6:09/M
2	* Jason Fisher		100	13	22	19:37.6	19:38.3	6:20/M
3	* David Jackson	Manheim	912	12	26	19:51.0	19:52.7	6:24/M
4	Owen Jackson	Manheim	913	12	34	21:00.9	21:02.3	6:46/M
5	Dalton Fink		98	9	41	21:41.9	21:42.6	7:00/M
6	Fritz Miklos	Elizabethtown	238	12	57	23:10.4	23:12.7	7:28/M
7	Manson Caleca		37	14	89	24:16.6	24:35.4	7:50/M
8	Jacob Buffington	Middletown	31	14	135	26:24.8	26:31.3	8:31/M
9	Riley Myers	Lewistown	248	12	136	26:26.6	26:55.9	8:32/M
10	Mitchell Garber	Elizabethtown	935	11	139	26:46.8	26:49.6	8:38/M
11	Josh Zimmerman	Lititz	382	10	155	27:25.5	27:38.0	8:51/M
12	Ethan Caleca		36	11	168	27:56.4	28:14.8	9:01/M
13	Rory McConnell	Lititz	228	14	212	31:05.9	31:31.8	10:02/M
14	David Adamchak		1	11	223	32:16.8	32:16.8	10:25/M
15	Luka Spayd		320	7	232	33:22.4	33:44.6	10:46/M
16	Cooper Adams	Mechanicsburg	918	14	280	37:37.7	38:05.0	12:08/M

Female 15 to 19

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kyra Buettner	Elizabethtown	30	16	95	24:39.8	24:52.4	7:57/M
2	* Samantha Stackhouse	Elizabethtown	328	15	96	24:39.9	25:02.4	7:57/M
3	* Kallista Scharf	Elizabethtown	288	16	100	24:49.1	25:11.1	8:00/M
4	Sophia McConnell	Lititz	229	18	273	36:48.0	37:14.4	11:52/M

Male 15 to 19

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Andrew Sulon	Mechanicsburg	920	16	6	16:45.9	16:46.6	5:24/M
2	* Danny O Toole		259	17	16	19:16.3	19:20.9	6:13/M
3	* Evan Megoulas	Palmyra	233	17	36	21:04.5	21:17.3	6:48/M
4	Nate DeGoede	Mount Joy	65	15	91	24:20.3	24:42.7	7:51/M
5	Conner Babinchak	Elizabethtown	8	17	97	24:40.0	24:52.6	7:57/M
6	Harry Eichelberger	Elizabethtown	82	16	98	24:40.4	24:52.4	7:57/M
7	Christopher Scharf	Elizabethtown	286	15	101	24:49.3	25:10.3	8:00/M
8	Charles Scharf	Elizabethtown	285	15	102	24:49.8	25:10.8	8:00/M
9	Joshua Williams	Lancaster	371	18	274	36:58.5	37:15.6	11:55/M

Female 20 to 24

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Dee Dee Shea	Hummelstown	298	20	13	18:43.4	18:45.8	6:02/M
2	* Briena Coleman	Lebanon	56	23	250	34:23.0	34:37.6	11:05/M
3	* Julie Hess	Elizabethtown	937	21	251	34:34.8	34:48.8	11:09/M
4	Rhiannon Vulgamore	Palmyra	358	23	260	35:39.4	36:09.2	11:30/M

Male 20 to 24

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Benjamin Kier	Elizabethtown	179	24	5	16:03.0	16:04.0	5:11/M
2	* Theodore Umble	Annville	355	22	19	19:24.5	19:26.1	6:15/M
3	* Bradley Yehl	Elizabethtown	376	23	23	19:38.7	19:42.5	6:20/M
4	Matt Deibler	Mount Joy	66	21	39	21:30.8	21:40.4	6:56/M
5	Matt Greenholt	Mechanicsburg	121	22	53	22:14.6	22:22.6	7:10/M
6	Jack Hess	Hershey	933	23	92	24:30.4	24:43.9	7:54/M

Female 25 to 29

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Courtney Nowak	Lancaster	336	29	27	20:32.9	20:35.0	6:37/M
2	* Brittany Hartman		134	29	76	23:37.3	23:39.6	7:37/M
3	* Kara Newcomer	Lancaster	251	29	167	27:53.1	27:59.4	9:00/M
4	Gina Davis	Etters	63	28	175	28:16.6	28:24.7	9:07/M
5	Jessica Trimble	Mount Joy	352	29	213	31:10.0	31:45.2	10:03/M
6	Amy Snyder	Mount Joy	316	28	227	32:45.2	33:03.0	10:34/M
7	Katie Pollak	Mechanicsburg	270	27	267	36:20.1	36:38.5	11:43/M
8	Rebecca Myers		250	26	269	36:20.9	36:36.0	11:43/M
9	Andrea Dunkle	Dover	76	25	283	38:04.2	38:53.8	12:17/M
10	Jessica Lint	Red Lion	207	27	284	38:22.9	38:54.0	12:23/M
11	Elyse Chaprnka		43	26	305	50:05.4	50:37.8	16:09/M

Male 25 to 29

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Michael Spooner	Harrisburg	916	27	3	15:30.8	15:31.3	5:00/M
2	* Chris McCabe	Lancaster	225	26	4	16:01.8	16:02.4	5:10/M
3	* Benjamin Schlosser	Mount Joy	290	29	61	23:15.5	23:18.2	7:30/M
4	Matt Houseman	Enola	156	29	99	24:40.9	24:50.3	7:57/M
5	Marco Martinez	Hummelstown	218	28	137	26:33.7	26:51.4	8:34/M
6	Mitch Romig	Mount Joy	279	29	179	28:35.9	28:51.0	9:13/M
7	Dustin Trimble	Mount Joy	351	29	214	31:10.0	31:45.3	10:03/M
8	Matthew Martinez	Hummelstown	219	25	235	33:30.3	33:47.0	10:48/M
9	Randal Lint	Red Lion	208	28	240	33:43.7	34:14.3	10:53/M
10	Zachary Dunkle	Dover	77	26	256	35:09.6	35:39.5	11:20/M

Female 30 to 34

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Cherith Shaffer	Manheim	295	30	56	23:07.2	23:11.4	7:27/M
2	* Maura Ebersole	Elizabethtown	80	34	60	23:14.3	23:22.0	7:30/M
3	* Crissy Stoeffler	Elizabethtown	333	33	67	23:27.7	23:36.6	7:34/M
4	Stefanie Flynn	Elizabethtown	103	32	79	23:48.7	24:01.0	7:41/M
5	Lindsay Norris	Elizabethtown	255	31	83	23:52.8	24:04.8	7:42/M
6	Lisa Maggip		930	30	86	24:11.4	24:24.1	7:48/M
7	Susan Monroe	York	242	34	113	25:19.1	25:43.6	8:10/M
8	Maryglo Stroik	Mount Gretna	338	33	118	25:33.6	25:52.7	8:15/M
9	Leah Yingling	Elizabethtown	377	31	121	25:48.2	25:57.6	8:19/M
10	Shannon Eichenseer	Etters	83	31	123	25:54.6	26:08.6	8:21/M
11	Laura Bujold		33	31	133	26:20.8	26:35.9	8:30/M
12	Mandy Schlegel		289	33	151	27:16.1	27:36.7	8:48/M
13	Kelcey Bucks	Lebanon	29	33	185	28:51.1	29:10.4	9:18/M
14	Michele Stum	Steelton	339	32	190	29:15.3	29:29.8	9:26/M
15	Elizabeth Fenstermacher	Lancaster	96	30	211	31:05.9	31:37.1	10:02/M
16	Katie Pennay	Hummelstown	263	31	217	31:27.3	31:35.8	10:09/M
17	Lauren Eriksen	East Petersburg	86	32	220	31:59.9	32:16.5	10:19/M
18	Elizabeth Schneider	Mount Joy	291	31	224	32:30.1	33:03.3	10:29/M
19	Amy Koerner	Columbia	184	33	238	33:32.5	33:52.9	10:49/M
20	Dana Schlader	Lancaster	914	32	241	33:46.3	34:09.1	10:54/M
21	Jennifer Tennis	Elizabethtown	349	32	254	34:59.8	35:18.4	11:17/M
22	Kira Zimmerman	Myerstown	383	31	258	35:32.6	35:58.9	11:28/M
23	Megan Becker	Lititz	11	30	276	37:03.9	37:33.7	11:57/M
24	Jessica Hutchinson	Marietta	158	34	289	42:25.7	42:49.9	13:41/M
25	Jessica Smith		312	33	293	43:57.3	44:26.1	14:11/M

Female 30 to 34

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
26	Kim Adams	Lititz	4	33	301	45:55.8	46:23.6	14:49/M
27	Crystal Shaak	Lebanon	294	34	302	46:00.0	46:26.8	14:50/M

Male 30 to 34

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Fred Joslyn		168	31	2	15:02.9	15:03.6	4:51/M
2	* Lyle Stauffer		330	34	10	17:58.6	17:59.5	5:48/M
3	* Bob Porambo		271	33	12	18:31.4	18:33.4	5:58/M
4	James Dibble	Middletown	68	31	14	18:59.1	19:02.3	6:07/M
5	Andrew Smokowicz	Lancaster	314	34	21	19:31.4	19:34.1	6:18/M
6	Tim Gelden		115	30	38	21:26.7	21:31.2	6:55/M
7	Jonathan Keller	Harrisburg	172	32	42	21:46.4	21:58.9	7:01/M
8	Bennett Hughes	Hershey	157	34	52	22:13.9	22:18.7	7:10/M
9	Matthew Hix	Landisville	152	33	74	23:35.1	23:59.1	7:36/M
10	Michael Silvestrini	Lancaster	309	31	88	24:16.0	24:29.3	7:50/M
11	Derrick Snyder		317	33	94	24:38.1	24:58.0	7:57/M
12	Wallace Rejrat	Elizabethtown	275	30	127	26:00.0	26:16.6	8:23/M
13	Luke Johnson		164	34	174	28:16.4	28:21.4	9:07/M
14	Michael Emerick	Mechanicsburg	924	31	177	28:23.8	28:33.3	9:09/M
15	Eric Schneider	Mount Joy	292	34	197	29:38.8	30:11.6	9:34/M
16	Jim Pollak	Mountville	269	30	268	36:20.2	36:38.6	11:43/M

Female 35 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Carrie Booth	Elizabethtown	22	36	44	21:57.6	22:03.7	7:05/M
2	* Holly Kahler	Lititz	169	37	62	23:19.0	23:27.3	7:31/M
3	* Karin Laszakovits	Elizabethtown	200	39	70	23:30.8	23:42.4	7:35/M
4	Meghann Pierdon	Bainbridge	266	37	81	23:52.3	23:57.6	7:42/M
5	Mackenzie Compton		57	37	103	24:51.8	24:56.1	8:01/M
6	Susan Kenderdine		174	38	119	25:42.3	25:51.9	8:17/M
7	Carie Reigel	Richland	274	37	124	25:55.5	26:15.0	8:22/M
8	Laura Sholly	Palmyra	306	37	129	26:02.3	26:14.5	8:24/M
9	Jeneve Stambaugh	Camp Hill	329	37	140	26:47.3	26:52.9	8:38/M
10	Kim Stone	Bressler	335	36	142	26:52.1	26:57.4	8:40/M
11	Jessica Schaber	Elizabethtown	284	35	166	27:53.1	28:03.5	9:00/M
12	Audrey Caleca	Lititz	35	39	169	27:57.0	28:15.9	9:01/M
13	Amy Kern		178	35	180	28:39.6	28:56.9	9:15/M
14	Kimberly Ernst	East Petersburg	89	37	188	29:08.8	29:32.3	9:24/M
15	Stephanie Benneroff	Lititz	14	39	189	29:14.5	29:17.9	9:26/M
16	Anne Garber	Elizabethtown	110	39	193	29:25.0	29:42.4	9:29/M
17	Kelly Muldowney	Lancaster	243	36	194	29:28.1	29:44.1	9:30/M
18	Amanda Heisey-Gallagher	Elizabethtown	138	38	200	29:46.7	30:02.7	9:36/M
19	Ashley Westphal	Lancaster	367	35	202	29:52.4	30:03.0	9:38/M
20	Jen Clemmer	Jonestown	49	36	204	30:13.4	30:38.0	9:45/M
21	Mary Ober	Mount Joy	260	39	209	30:49.8	31:23.7	9:56/M
22	Allison Leathery	York	205	36	225	32:42.0	32:50.8	10:33/M
23	Sue Itleson	Palmyra	160	39	228	32:58.5	33:18.3	10:38/M
24	Ellen Zazulak	Elizabethtown	379	38	244	34:07.3	34:15.6	11:00/M
25	Naomi Brought		27	35	246	34:14.1	34:31.8	11:03/M
26	Erin Geib	Manheim	114	38	248	34:16.7	34:36.7	11:03/M
27	Kristi Ritter	Elizabethtown	276	37	271	36:35.9	37:02.3	11:48/M
28	Colleen Bowen		23	38	292	43:10.3	43:37.8	13:55/M
29	Erin Gingrich		940	38	312	56:06.3	56:06.3	18:06/M

Male 35 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jp Stauffer	Elizabethtown	331	38	18	19:18.0	19:21.7	6:14/M
2	* Lou Starzl	Elizabethtown	931	39	46	22:06.2	22:12.1	7:08/M
3	* Andrew Sholly	Palmyra	305	37	54	22:32.6	22:45.0	7:16/M
4	Jerry Schaber		283	35	69	23:30.7	23:39.8	7:35/M
5	Kristopher Blecher	Mount Joy	19	37	82	23:52.5	24:12.5	7:42/M

Male 35 to 39

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
6	Zachary Shenk	Elizabethtown	304	35	104	24:59.3	25:07.2	8:04/M
7	Adam Biuckians	Lancaster	16	36	106	25:00.7	25:11.8	8:04/M
8	David Craft		60	37	111	25:14.3	25:43.6	8:08/M
9	Nathan Newcomer		253	36	134	26:22.4	26:28.5	8:30/M
10	Ben Lorah	Camp Hill	210	36	152	27:18.0	27:48.4	8:48/M
11	Michael Checco	Elizabethtown	46	38	196	29:36.0	29:55.9	9:33/M
12	Joel Ernst		88	37	210	31:00.7	31:23.0	10:00/M
13	Nate Gingrich		938	35	310	56:03.5	56:03.5	18:05/M

Female 40 to 44

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Susan Miklos	Elizabethtown	239	44	66	23:25.1	23:27.3	7:33/M
2	* Neely Spicer	Mount Gretna	323	40	68	23:27.7	23:45.6	7:34/M
3	* Jennifer Kristich	Palmyra	194	40	93	24:31.4	24:38.9	7:55/M
4	Lauren Herman	Manheim	142	40	109	25:05.8	25:10.0	8:05/M
5	Manny Williams	Elizabethtown	927	41	116	25:29.3	25:45.1	8:13/M
6	Jodi Myers	Lewistown	246	43	146	27:03.4	27:32.4	8:44/M
7	Marian Keener	Lancaster	171	44	150	27:15.0	27:34.8	8:47/M
8	Heather Senft	Palmyra	293	42	153	27:20.0	27:44.0	8:49/M
9	Melissa Wissler	Leola	373	40	170	27:57.7	28:04.9	9:01/M
10	Gayle Merkt	Elizabethtown	235	42	206	30:34.0	30:47.3	9:52/M
11	Nichole Feldenzer	Palmyra	95	42	221	32:10.9	32:43.3	10:23/M
12	Mary Checco	Elizabethtown	45	40	222	32:16.0	32:35.8	10:25/M
13	Tanya Runnels	Elizabethtown	193	44	234	33:30.3	33:57.1	10:48/M
14	Melissa Greiner	Elizabethtown	124	43	249	34:20.9	34:42.0	11:05/M
15	Judi Snyder	Annville	315	44	252	34:41.0	34:50.3	11:11/M
16	Jen Bashore	Newmanstown	10	40	259	35:38.6	35:58.0	11:30/M
17	Lyndell Sahd	Lancaster	281	41	261	35:53.8	36:06.2	11:35/M
18	Stacey Conrad	Millersville	58	40	278	37:04.1	37:25.6	11:57/M
19	Anne Masorti	Elizabethtown	223	40	287	41:48.5	42:14.3	13:29/M
20	Tanya Kramer	Spring Grove	186	41	295	44:06.3	44:29.4	14:14/M

Male 40 to 44

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Travis Hess	Lititz	144	42	9	17:57.1	17:58.4	5:47/M
2	* Andy Evans	Elizabethtown	93	42	20	19:28.9	19:32.0	6:17/M
3	* Bob McEvoy	Etown	231	44	31	20:37.4	20:43.1	6:39/M
4	Ken Peters	Millersville	265	42	32	20:49.2	20:52.8	6:43/M
5	Robert Sterner	Elizabethtown	332	40	48	22:07.4	22:24.9	7:08/M
6	John Gates		112	42	50	22:10.0	22:24.8	7:09/M
7	Jay Zimmerman	Elizabethtown	381	40	55	22:51.1	23:00.1	7:22/M
8	Andy Carroll		39	43	64	23:22.0	23:32.7	7:32/M
9	Ed Spayd		318	41	114	25:28.4	25:50.7	8:13/M
10	Michael Roland		278	41	130	26:04.8	26:30.1	8:25/M
11	Tim Merkt	Elizabethtown	236	42	141	26:48.3	27:01.8	8:39/M
12	Scott Kennedy	Middletown	177	42	154	27:24.9	27:24.9	8:50/M
13	Ryan Sheidy		303	40	156	27:26.4	28:37.8	8:51/M
14	Mark Murr	Manheim	245	43	164	27:51.5	28:10.4	8:59/M
15	Brian Frey	Lancaster	105	42	172	28:02.7	28:24.4	9:03/M
16	David Scharf	Elizabethtown	287	44	173	28:14.6	28:37.6	9:06/M
17	Patrick Mitchell	Lebanon	240	41	176	28:21.6	28:42.3	9:09/M
18	Reed Mask	Elizabethtown	222	42	198	29:44.8	30:06.8	9:35/M
19	Tim Kramer	Spring Grove	187	40	294	44:06.1	44:29.2	14:14/M

Female 45 to 49

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Nicole Hart	Boiling Springs	133	45	80	23:49.8	24:03.8	7:41/M
2	* Michelle Keadle-Taylor	Elizabethtown	170	49	122	25:52.0	26:03.5	8:21/M
3	* Cathleen Jennings		163	46	126	25:56.2	26:03.7	8:22/M
4	Heather Heisey	Elizabethtown	137	45	145	27:00.8	27:16.6	8:43/M
5	Donna Nice	Harrisburg	254	46	163	27:47.8	27:59.1	8:58/M

Female 45 to 49

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
6	Dawn Groleau	Harrisburg	126	45	171	28:00.3	28:12.0	9:02/M
7	Gisselle Talley	Ephrata	346	45	184	28:51.0	29:08.2	9:18/M
8	Michele Stackhouse		327	46	201	29:48.7	30:13.3	9:37/M
9	Linda Lownsbery	Elizabethtown	211	46	229	33:04.8	33:25.8	10:40/M
10	Stephanie Gingrich	Ephrata	118	47	231	33:20.5	33:47.0	10:45/M
11	Monica Elbert	Lancaster	85	46	233	33:27.5	33:51.5	10:47/M
12	Karen Bramley	Hummelstown	26	49	243	33:53.2	34:21.7	10:56/M
13	Tina Hinkle		149	49	270	36:33.8	36:47.0	11:47/M
14	Melissa Landry	Lebanon	199	45	286	39:14.8	39:39.1	12:39/M
15	Donna Daub	Stevens	62	49	309	53:23.2	53:52.3	17:13/M

Male 45 to 49

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Don Wagner	Lititz	359	47	17	19:16.3	19:18.4	6:13/M
2	* Jeff McCloud		925	46	28	20:33.8	20:36.4	6:38/M
3	* Nicholas Jones	Harrisburg	167	47	29	20:33.8	20:36.5	6:38/M
4	Jarrold Kulp		195	47	35	21:03.7	21:16.2	6:47/M
5	Michael Landis	Lebanon	198	45	40	21:40.5	21:46.6	6:59/M
6	John Gilbert	Palmyra	117	47	43	21:55.0	22:01.4	7:04/M
7	Stephen Stoll	Lititz	334	45	58	23:11.6	23:14.7	7:29/M
8	Tom Howe	Lititz	922	49	59	23:12.3	23:18.8	7:29/M
9	Mike Blessing	Grantville	20	48	63	23:21.7	23:28.5	7:32/M
10	Darren Bowman	Lititz	24	46	75	23:37.1	23:40.6	7:37/M
11	Timothy Sullivan	Hummelstown	342	49	85	24:10.7	24:47.2	7:48/M
12	Ron Fink	Elizabethtown	99	46	107	25:03.8	25:14.3	8:05/M
13	Scott Buffington	Middletown	32	45	110	25:12.2	25:19.0	8:08/M
14	David Williams	Elizabethtown	928	45	117	25:29.9	25:45.3	8:13/M
15	Shawn Vonstein	Lancaster	356	45	125	25:55.9	26:23.4	8:22/M
16	Greg Grove	Elizabethtown	127	47	160	27:42.1	27:58.1	8:56/M
17	Eric Koehler	Lancaster	183	49	162	27:46.5	27:56.5	8:57/M
18	Gerhard Wendt	Harrisburg	366	45	182	28:46.9	29:44.4	9:17/M
19	John Adams	Mechanicsburg	3	46	297	44:25.8	44:54.4	14:20/M

Female 50 to 54

						-----Total-----		
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Barbara Sulon	Mechanicsburg	919	51	84	23:54.5	24:10.0	7:43/M
2	* Sorita Averill	Reading	915	54	128	26:00.6	26:06.3	8:23/M
3	* Susan Graver	Lancaster	120	52	138	26:45.2	27:04.9	8:38/M
4	Candace Cossik		59	52	157	27:27.2	28:38.2	8:51/M
5	Shirley Perrot		264	54	191	29:22.5	29:38.8	9:28/M
6	Jan Gaspich	Palmyra	111	51	192	29:22.8	29:48.3	9:28/M
7	Barbara Raifsnider	Oley	272	53	199	29:46.1	29:54.2	9:36/M
8	Lorraine Hahn	Stevens	129	52	203	29:59.1	30:09.0	9:40/M
9	Janel Leymeister	Hummelstown	206	51	207	30:41.9	30:47.0	9:54/M
10	Kathy Sullivan	Hummelstown	341	50	216	31:23.9	31:51.1	10:07/M
11	Lori Flick	Mount Joy	102	50	236	33:31.7	33:50.7	10:49/M
12	Keli Anderson	Elizabethtown	5	50	245	34:09.8	34:30.2	11:01/M
13	Wendy Smith	York	313	53	253	34:42.6	34:56.3	11:12/M
14	Dawn Spencer	New Holland	321	51	264	36:03.5	36:24.0	11:38/M
15	Colleen Knutsen	Palmyra	182	50	266	36:06.9	36:30.1	11:39/M
16	Kathi Markley	Lancaster	217	53	272	36:40.8	36:54.8	11:50/M
17	Kim Hitz	Hummelstown	151	54	282	37:55.4	38:10.2	12:14/M
18	Patricia Cole	Palmyra	55	53	298	44:26.3	44:34.0	14:20/M
19	Cindy Frey	Mount Joy	106	52	299	44:55.0	45:27.0	14:29/M
20	Marci Clingenpeel	Manheim	53	53	300	44:55.2	45:26.8	14:29/M
21	Kim Kennedy	Elizabethtown	175	54	303	46:47.2	47:03.9	15:05/M

Male 50 to 54

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	David Funk	Lebanon	107	52	11	18:30.1	18:31.5	5:58/M
2 *	Glenn Mohler	Ephrata	917	54	24	19:42.2	19:46.2	6:21/M

2016 Frozen Foot Race 3

Race Date

March 20, 2016

Age Group Results

5K

Male 50 to 54

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
3 *	Michael Clapper	Lancaster	48	50	25	19:44.9	19:47.3	6:22/M
4	Dwight Eichelberger	Elizabethtown	81	54	30	20:34.5	20:49.8	6:38/M
5	Edward Flick	Mount Joy	101	53	33	20:53.6	20:55.2	6:44/M
6	David Mann	Lebanon	215	52	47	22:07.3	22:13.7	7:08/M
7	Peter O Donoghue	Mountville	258	54	71	23:32.3	23:34.3	7:35/M
8	Michael Heider	Lancaster	135	51	72	23:32.9	23:44.7	7:35/M
9	Bill Sheibley	Duncannon	301	52	77	23:44.7	23:53.9	7:39/M
10	Kevin Kleinfelter	Lebanon	180	52	87	24:13.2	24:20.3	7:49/M
11	Gary Brown	Lancaster	28	54	143	26:56.2	27:05.0	8:41/M
12	Steve Wasserman	Lebanon	929	54	159	27:39.8	27:56.7	8:55/M
13	Chip Hitz	Hummelstown	150	54	215	31:21.5	31:36.1	10:07/M
14	Paul Mauro		224	51	218	31:32.5	31:58.5	10:10/M
15	Bob Hinkle		148	50	262	35:57.9	36:10.8	11:36/M

Female 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Lisa Cameron	Lititz	38	56	73	23:33.7	23:45.1	7:36/M
2 *	Diane Herber	Lancaster	141	58	161	27:45.1	27:53.8	8:57/M
3 *	Mary Haldeman	Manheim	130	56	186	28:57.5	29:18.9	9:20/M
4	Cindy Hendershott	Elizabethtown	139	56	205	30:23.4	30:41.4	9:48/M
5	Jayne Duncan		75	59	208	30:49.3	30:56.9	9:56/M
6	Marycatherine Hess	Hershey	143	57	281	37:55.1	38:10.2	12:14/M
7	Norma Martinez	Hummelstown	220	55	296	44:24.1	44:38.4	14:19/M
8	Pamela Eusi		92	59	307	52:07.3	52:40.0	16:49/M

Male 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Brian Mitchell	Denver	923	58	37	21:24.3	21:26.0	6:54/M
2 *	Mark Ward	Columbia	361	55	51	22:12.7	22:29.8	7:10/M
3 *	Mark Laufer	Mountville	203	58	78	23:45.0	23:56.3	7:40/M
4	Mike Sheibley	Hummelstown	302	57	90	24:18.8	24:28.8	7:50/M
5	Thomas Blanck	Manheim	18	59	131	26:12.3	26:20.4	8:27/M
6	Gary Gehret	Reinholds	113	58	132	26:16.3	26:30.7	8:28/M
7	Bill Krieger		189	55	149	27:10.3	27:31.2	8:46/M
8	Walter Newcomer	Manheim	252	59	165	27:53.0	27:59.2	9:00/M
9	Terry Lukehart	Lancaster	213	58	178	28:30.3	28:59.3	9:12/M
10	Butch Dimitris	Lancaster	70	58	183	28:49.4	29:14.9	9:18/M
11	Christ Megoulas	Palmyra	232	56	195	29:30.9	29:41.9	9:31/M
12	Mark Bellavia	Lancaster	13	55	237	33:32.3	33:46.0	10:49/M
13	Scott Lithgow	Mount Joy	209	55	239	33:32.6	33:53.1	10:49/M
14	Roger Spencer	New Holland	322	58	263	36:03.1	36:23.7	11:38/M
15	Rene Martinez	Hummelstown	221	56	304	48:34.1	48:51.3	15:40/M

Female 60 to 69

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Susan Truxal	Lancaster	354	64	187	29:06.7	29:13.8	9:23/M
2 *	Rose Ward	Columbia	362	64	226	32:43.4	32:52.1	10:33/M
3 *	Mary Susan Weidman	Palmyra	363	63	230	33:12.5	33:37.6	10:43/M
4	Cynthia Ebersole	Mount Joy	79	61	242	33:50.1	34:12.7	10:55/M
5	Terry Ernst	Lancaster	87	66	257	35:24.1	35:47.6	11:25/M
6	Judy Mondschein	Hummelstown	926	61	277	37:03.9	37:35.4	11:57/M
7	Judy Swarthout	Elizabethtown	343	65	290	42:33.2	42:49.9	13:44/M
8	Marianleibforth Chaprnka	Phoenix	44	60	306	50:33.9	51:07.1	16:18/M
9	Donna Zvorsky	Elizabethtown	384	62	308	53:22.0	53:51.4	17:13/M

2016 Frozen Foot Race 3

Race Date
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Age Group Results

5K

Male 60 to 69

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Jerry Higley	Lebanon	145	60	49	22:09.0	22:13.5	7:09/M
2 *	Randy Mladenoff	Hershey	241	62	65	23:24.7	23:35.6	7:33/M
3 *	Dan Harnick	Lancaster	131	60	112	25:18.2	25:25.6	8:10/M
4	Mike Fausnacht	Elizabethtown	94	62	144	26:57.4	27:08.1	8:42/M
5	Brian Boycan	Paradise	932	61	147	27:05.8	27:19.0	8:44/M
6	Wayne Johnson		165	64	148	27:09.4	27:14.5	8:45/M
7	Richard Troutman	Manheim	353	66	158	27:35.2	27:42.8	8:54/M
8	John Markley	Lancaster	216	61	255	35:00.1	35:12.2	11:17/M
9	Bruce Whiteley	Lititz	369	66	265	36:06.8	36:21.6	11:39/M
10	Frederick Vos	Lancaster	357	61	285	38:30.0	38:39.9	12:25/M

Female 70 and over

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Judy Anttonen	Millersville	7	74	275	37:00.8	37:09.3	11:56/M

Male 70 and over

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1 *	Jim Doyle	Lancaster	74	70	105	25:00.3	25:05.6	8:04/M
2 *	Bob Horst	Lancaster	155	85	247	34:15.8	34:26.9	11:03/M
3 *	Ralph Detrick	Elizabethtown	67	73	279	37:36.8	38:00.0	12:08/M
4	Richard McCullough	Lititz	230	80	291	42:33.5	42:44.7	13:44/M