

Race Date
May 30, 2015

Rock N Glow 2015
Age Group Results

5K

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Daryl Weaver	Lititz	1649	42	1	16:15.5	16:15.5	5:15/M

Rock N Glow 2015

Age Group Results

5K

Race Date
May 30, 2015

Male 1 to 10

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Landon McGallicher		1818	10	44	21:55.8	21:58.3	7:04/M
2	Jase Colino	Landisville	314	10	96	23:28.2	23:41.4	7:34/M
3	Ben Causak		286	8	106	23:44.2	23:45.0	7:39/M
4	Gabe Redcay	Mount Joy	1308	10	120	24:04.4	24:16.1	7:46/M
5	Max Hudson		794	10	165	25:12.4	25:13.8	8:08/M
6	Zachary Benner	Mount Joy	100	10	172	25:16.1	25:16.9	8:09/M
7	Carter Mitchell	Lancaster	1129	10	173	25:16.9	25:18.2	8:09/M
8	Jude Guerrisi		638	7	174	25:17.3	26:17.5	8:09/M
9	Logan McGallicher		1819	10	211	26:04.9	26:47.1	8:25/M
10	Keagan Eisenhofer		438	7	290	27:19.7	28:21.6	8:49/M
11	Jacob Hess	Manheim	1804	10	306	27:34.0	28:31.4	8:54/M
12	Easton Kellow	River Vale	844	8	351	28:05.2	29:19.7	9:04/M
13	Jason Keiser	Ephrata	842	10	353	28:06.9	28:45.7	9:04/M
14	Grant Burkholder	Manheim	229	10	365	28:20.3	29:42.2	9:08/M
15	Kye Watson		1840	9	396	28:49.7	29:41.6	9:18/M
16	Aaron Cassel	Manheim	275	8	401	28:53.1	30:56.0	9:19/M
17	Dylan Neff	Manheim	1180	10	402	28:53.1	28:54.0	9:19/M
18	Kameron Sheffer		1418	9	406	28:57.2	29:52.3	9:20/M
19	Ethan Caleca	Lititz	244	10	407	28:57.7	29:11.8	9:20/M
20	MARTIN GIO		573	9	450	29:31.5	29:46.7	9:31/M
21	Brody Hydock		1816	7	460	29:40.2	29:59.6	9:34/M
22	Jaycen Conrad	Elizabethtown	318	9	479	29:55.1	30:27.8	9:39/M
23	Elijah Heckendorn		680	7	559	30:56.1	31:06.4	9:59/M
24	Jake Zimmerman		1767	6	585	31:15.6	32:19.7	10:05/M
25	Avery Kirchner	Manheim	877	7	644	31:47.9	32:58.5	10:15/M
26	Brody Longenecker		996	8	658	31:59.2	33:25.9	10:19/M
27	Owen Yost		1731	10	661	32:01.3	32:56.4	10:20/M
28	Evan Kensey		850	7	713	32:42.9	32:48.7	10:33/M
29	Juan Lopez		1001	10	737	33:05.7	33:58.5	10:40/M
30	Luke Forwood		504	10	750	33:18.0	34:03.6	10:45/M
31	A.J. Hondru		759	8	755	33:26.4	34:46.9	10:47/M
32	Henry Von Stetten		1622	8	772	33:36.3	34:56.2	10:50/M
33	Hunter Hurst		795	8	775	33:38.5	34:22.4	10:51/M
34	Joshua Maymi		1064	8	810	34:04.0	35:30.3	10:59/M
35	Adam Wiekrykas	Owings Mills	1687	8	814	34:07.7	34:14.3	11:00/M
36	Tyson Kilgore		857	8	834	34:25.3	36:19.2	11:06/M
37	Drew Smith		1479	9	846	34:33.4	37:31.7	11:09/M
38	Luke Hodgson		742	10	870	34:51.7	35:23.7	11:15/M
39	Carter Patrick		1859	8	878	34:56.4	37:56.7	11:16/M
40	Nick Maddox		1022	10	883	35:03.1	35:26.0	11:18/M
41	Chase Kirchner	Manheim	879	7	885	35:03.7	36:15.1	11:18/M
42	Graham Hinton		732	6	910	35:16.7	36:09.2	11:23/M
43	Tavan Schoenberger	Elizabethtown	1865	9	926	35:34.4	35:35.8	11:28/M
44	Brody Reber		1893	6	936	35:45.5	36:49.0	11:32/M
45	Elijah Hehnly		1895	6	937	35:45.7	36:48.8	11:32/M
46	Nick Longenecker		999	10	948	35:50.9	37:17.1	11:34/M
47	Nathan Savage		1838	8	956	36:00.5	36:53.8	11:37/M
48	Jeremiah Kilheffer		859	7	1032	37:16.4	40:30.0	12:01/M
49	DJ Warihay	manheim	1640	10	1051	37:37.4	38:53.3	12:08/M
50	Brady Sprout	Quarryville	1518	9	1081	38:05.0	40:19.0	12:17/M
51	Gavin Shaw	Quarryville	1409	9	1082	38:07.0	40:19.6	12:18/M
52	Colin Kukura		927	9	1090	38:13.7	39:48.3	12:20/M
53	Kai Hollingshead	Red Lion	755	10	1094	38:14.8	38:17.8	12:20/M
54	Daniel Brubaker	Lititz	200	10	1128	38:58.3	41:54.9	12:34/M
55	Hayden Hilton		728	9	1160	39:38.9	43:09.7	12:47/M
56	Jack Packer	Lititz	1239	6	1165	39:43.5	41:36.7	12:49/M
57	Gavin Jahnigen		1829	8	1177	39:53.7	41:42.0	12:52/M
58	Collin Bernstein		108	7	1178	39:53.8	41:41.9	12:52/M
59	Jesse Hurst		796	10	1190	40:00.9	40:46.3	12:54/M
60	Noah Maclary		1016	8	1247	41:23.3	42:03.1	13:21/M
61	Max Luciano		1855	10	1269	41:52.7	44:19.3	13:30/M
62	Devin Zook	Leola	1776	10	1297	42:27.4	43:28.4	13:42/M
63	Jack Sofillas		1507	8	1312	42:53.8	43:00.7	13:50/M
64	Isaac Ludwig	Lititz	1007	7	1381	44:21.2	46:09.8	14:18/M
65	Zachary Zahora		1748	7	1417	45:07.8	47:37.7	14:33/M
66	Nathan Sauder		1364	9	1478	46:51.4	48:13.7	15:07/M
67	Rodney Sauder		1365	9	1480	46:52.6	48:13.8	15:07/M
68	Bronson Young	Lancaster	1741	6	1496	47:28.4	50:32.4	15:19/M
69	Colton Rutt		1351	7	1501	47:31.0	50:24.8	15:20/M
70	Austin Doan		408	6	1589	52:48.5	54:45.5	17:02/M
71	Jack Lammey	Adamstown	940	7	1638	54:38.6	57:32.3	17:37/M

Male 11 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Niko Gavala	MANHEIM	546	14	12	19:19.5	19:19.5	6:14/M
2	Kyle Lathan	manheim	949	14	22	20:23.1	20:23.2	6:35/M
3	Josh Wenger		1669	13	32	21:13.3	21:13.6	6:51/M
4	Ryan Horner		771	13	36	21:36.5	21:37.4	6:58/M
5	Luke Redcay	Mount Joy	1310	11	45	21:59.7	22:00.3	7:05/M
6	Juan Spencer		1515	14	46	22:02.7	22:07.1	7:06/M
7	Kaden Long	Manheim	994	11	47	22:10.1	22:10.3	7:09/M
8	Dallan Schoenberger		1864	12	66	22:43.6	22:44.7	7:20/M
9	Raymond Truex, IV		1600	13	67	22:43.8	22:47.9	7:20/M
10	Steven Manuel		1848	13	71	22:53.2	24:00.9	7:23/M
11	Colby Wagner	Manheim	1627	13	83	23:12.0	24:13.5	7:29/M
12	Joshua Schmidhuber		1378	14	98	23:30.1	23:39.0	7:35/M
13	Kole Rankin		1301	13	102	23:33.0	23:42.1	7:36/M
14	Ben Wagner	Manheim	1625	13	112	23:56.3	24:58.8	7:43/M
15	Darren Bertin	Manheim	111	13	116	24:01.6	24:10.1	7:45/M
16	Reed Lawrence	Lancaster	957	12	122	24:08.6	24:23.9	7:47/M
17	Jack Shipley	Lancaster	1435	12	129	24:15.3	24:30.8	7:49/M
18	Samuel Becker		79	13	179	25:21.1	25:22.6	8:11/M
19	Gabriel Damon	manheim	345	13	203	25:59.0	26:33.2	8:23/M
20	Connor Brooks	Manheim	192	12	205	25:59.9	26:53.8	8:23/M
21	Matt Hoffer		745	14	208	26:03.0	27:12.0	8:24/M
22	Mason Caleca	Lititz	245	13	219	26:12.1	26:25.5	8:27/M
23	Scott Westfield	Mount Joy	1675	13	222	26:13.1	26:33.2	8:27/M
24	Brady Weaver		1647	11	223	26:17.6	28:03.9	8:29/M
25	Paul Hurst		797	12	226	26:18.2	27:01.6	8:29/M
26	Logan Coolbeth		326	14	230	26:18.9	26:35.9	8:29/M
27	Regan Thomason		1582	14	241	26:27.8	26:35.6	8:32/M
28	Ethan Harner		660	13	242	26:29.3	27:04.0	8:33/M
29	TJ Faulkner		464	13	251	26:36.0	27:10.5	8:35/M
30	Logan Burkholder		232	12	266	26:55.5	28:18.5	8:41/M
31	Dylan Hollywood		758	12	286	27:16.4	29:07.2	8:48/M
32	Josiah Stauffer		1787	13	292	27:20.7	28:00.1	8:49/M
33	Logen Sheffer		1419	12	321	27:46.9	28:42.5	8:57/M
34	Kristian Citko	Manheim	296	11	327	27:53.7	28:51.1	9:00/M
35	Carson Brooks	Manheim	191	11	363	28:18.1	29:12.6	9:08/M
36	Isaac Martin		1044	13	366	28:21.9	29:01.5	9:09/M
37	Mason Ludwig		1009	12	372	28:25.2	30:14.6	9:10/M
38	Tom Uhl		1792	13	382	28:34.6	28:42.0	9:13/M
39	Tanner Haines		1823	12	383	28:35.2	29:44.3	9:13/M
40	Mason Ober	Lititz	1222	12	384	28:35.2	29:44.4	9:13/M
41	Alex Bricker		185	14	394	28:48.7	29:13.2	9:17/M
42	Logan Conrad	Elizabethown	320	11	398	28:50.6	29:24.4	9:18/M
43	Owen Von Stetten	MANHEIM	1623	14	419	29:05.3	30:04.8	9:23/M
44	Ethan Stoltzfus		1538	11	523	30:32.6	31:56.4	9:51/M
45	Dawson Shelley		1422	11	527	30:33.6	32:31.6	9:51/M
46	Zachary Melhorn	manheim	1097	13	540	30:42.9	31:58.4	9:54/M
47	Patrick McGlynn		1085	12	546	30:48.5	32:01.3	9:56/M
48	Conner Zeamer	Manheim	1756	14	572	31:07.7	32:07.2	10:02/M
49	Christopher Pagano II		1242	13	597	31:22.5	32:24.3	10:07/M
50	Trey Altland		17	11	639	31:45.9	33:07.4	10:15/M
51	Stefan Savin		1369	11	640	31:46.0	33:07.0	10:15/M
52	Daniel Pelletier	Mount Joy	1261	14	660	31:59.7	32:59.1	10:19/M
53	Corbin Moore	Manheim	1141	12	712	32:42.7	32:48.8	10:33/M
54	Landon Watson		1841	11	726	32:51.4	33:43.8	10:36/M
55	Derek Benedict	Manheim	89	12	740	33:08.4	34:00.9	10:41/M
56	Eric Kreider		916	11	765	33:34.2	34:20.8	10:50/M
57	Devynne Neville		1196	12	804	33:59.5	34:22.6	10:58/M
58	Gage McCabe		1069	13	847	34:33.4	35:36.4	11:09/M
59	Nicholas Wee	Manheim	1661	13	848	34:34.7	35:37.1	11:09/M
60	Robby Maddox		1023	12	881	35:00.9	35:24.3	11:17/M
61	Cole Meyer		1110	13	918	35:23.4	36:51.1	11:25/M
62	Justin Brubaker	Lititz	204	14	920	35:29.5	38:24.6	11:27/M
63	Xavier Luciano		1856	14	967	36:11.7	38:38.6	11:40/M
64	Hunter Deets		360	12	1005	36:43.8	38:45.6	11:51/M
65	Ian Kormos		899	13	1066	37:54.2	40:27.5	12:14/M
66	Owen Kormos	Manheim	901	11	1077	38:02.3	40:34.6	12:16/M
67	Connor Book		1827	14	1334	43:27.3	44:10.4	14:01/M
68	Scott Reisinger		1317	12	1341	43:34.3	44:01.9	14:03/M
69	Beau Shreiner		1449	11	1408	44:56.0	47:45.7	14:30/M
70	Carter Burkholder	Manheim	225	12	1471	46:45.7	49:27.0	15:05/M
71	Ivan Rivera		1780	11	1587	52:29.1	55:35.3	16:56/M
72	Max Bricker		188	11	1599	53:18.0	56:16.9	17:12/M
73	Lyla McCarter		1072	11	1668	57:57.2	1:01:08.4	18:42/M

Male 15 to 18

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Colton Sunderland	Manheim	1561	16	2	17:16.3	17:19.4	5:34/M		
2	Ian Lauver	Manheim	953	16	7	17:57.7	18:01.3	5:47/M		
3	KEONDRE WILLOUGHBY		1697	15	11	19:15.3	19:15.7	6:13/M		
4	Galen Fitzkee	Manheim	487	16	13	19:22.4	19:25.2	6:15/M		
5	Ian Burkholder		230	17	24	20:45.6	21:28.5	6:42/M		
6	MARTIN CLAY		304	17	34	21:23.9	21:31.9	6:54/M		
7	Austin Shirk	Elizabethtown	1438	17	35	21:25.9	21:56.9	6:55/M		
8	R Connor Pavlik	Manheim	1259	17	51	22:14.4	22:18.3	7:10/M		
9	Caleb Enck		446	17	82	23:10.9	23:27.2	7:28/M		
10	Ben Coolbeth		324	16	103	23:33.8	23:50.7	7:36/M		
11	David Fantom		460	18	118	24:03.3	25:33.0	7:45/M		
12	Jordan Rohrer	Manheim	1338	18	168	25:13.8	25:16.7	8:08/M		
13	Micah Garber		534	16	253	26:36.9	26:59.4	8:35/M		
14	Pierce Blevins		131	15	268	26:56.9	27:41.5	8:41/M		
15	Dalton Benedict	Manheim	88	17	269	26:58.6	28:11.2	8:42/M		
16	Cory Meunier		1108	18	293	27:21.4	28:02.3	8:49/M		
17	Ben Weaver	Manheim	1646	16	323	27:49.0	28:40.6	8:58/M		
18	Isaac Gutierrez		1872	18	359	28:15.5	28:47.4	9:07/M		
19	Aaron Goss	Manheim	592	15	371	28:25.2	31:09.4	9:10/M		
20	Ronald Reighard		1315	18	374	28:28.1	29:46.0	9:11/M		
21	Dacoda Winters	windsor	1707	16	389	28:47.2	28:49.1	9:17/M		
22	Gabe Lukas		1010	18	403	28:55.7	30:22.8	9:20/M		
23	Henry Nikolet	Mount Joy	1203	17	433	29:21.6	30:17.8	9:28/M		
24	Sean Moyer		1156	18	591	31:19.3	32:03.2	10:06/M		
25	Da'Shaun Neville		1195	17	739	33:07.3	33:58.0	10:41/M		
26	Reilly Workman		1727	17	743	33:14.9	35:03.4	10:43/M		
27	Chad Neely		1179	16	860	34:43.0	36:29.4	11:12/M		
28	Andrew Bookman		160	16	985	36:29.4	36:55.9	11:46/M		
29	Blake Strausbaugh		1554	17	989	36:32.8	37:24.7	11:47/M		
30	Zack Zeamer	Manheim	1758	15	1134	39:05.2	41:10.3	12:36/M		
31	Luke Worytko		1729	16	1242	41:13.5	43:22.8	13:18/M		
32	Seth Huber		793	15	1328	43:24.4	44:08.9	14:00/M		
33	Jesse Gutierrez		1871	16	1490	47:27.4	48:00.0	15:18/M		
34	Connor Haines		1822	15	1535	49:27.1	52:49.9	15:57/M		

Male 19 to 29

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Jackson Crouse	Manheim	334	20	3	17:24.7	17:45.5	5:37/M		
2	Corey Johnson		823	24	4	17:49.6	17:49.6	5:45/M		
3	Cory Texter		1880	27	8	18:46.0	18:46.0	6:03/M		
4	Barry Saylor	Lititz	1371	25	16	19:47.4	19:52.1	6:23/M		
5	COLTON MARTIN		1037	20	21	20:22.3	20:29.4	6:34/M		
6	Derek Geib	Manheim	552	25	30	21:12.6	21:15.1	6:50/M		
7	Benjamin Engle		455	29	37	21:39.5	22:00.9	6:59/M		
8	Zack Kauffman		834	26	49	22:12.4	22:28.3	7:10/M		
9	E Reid Pavlik	Manheim	1255	21	52	22:15.1	22:34.7	7:11/M		
10	Darren Achey	Oley	2	29	53	22:21.8	22:32.0	7:13/M		
11	Evan Horst		777	23	55	22:23.8	22:32.9	7:13/M		
12	DARNELL MARTIN		1038	27	69	22:48.4	22:57.0	7:21/M		
13	JARRED MARTIN		1042	19	76	22:59.3	23:07.3	7:25/M		
14	Wade Beamesderfer	Manheim	77	20	77	22:59.9	23:20.2	7:25/M		
15	Brian Consylman	manheim	321	25	79	23:01.3	23:05.4	7:25/M		
16	EVAN HAMILTON	New Cumberland	654	28	88	23:20.7	24:11.1	7:32/M		
17	Noah Martin	Manheim	1049	19	92	23:24.3	23:31.9	7:33/M		
18	Ryan Bollinger		148	29	101	23:32.8	23:57.9	7:35/M		
19	Colton Sauder	Manheim	1362	24	105	23:42.9	23:57.9	7:39/M		
20	ANTHONY HOOVER		769	21	127	24:13.0	24:21.3	7:49/M		
21	Brandon Brackbill		173	19	130	24:18.8	24:38.6	7:50/M		
22	Dillan Enck		448	23	152	24:47.5	25:01.2	8:00/M		
23	Anthony Burkhardt		221	28	166	25:12.6	26:38.8	8:08/M		
24	Jon Diffenderfer	Akron	402	26	184	25:30.3	26:00.2	8:14/M		
25	Nick Horst		1874	28	187	25:36.0	26:41.6	8:15/M		
26	Tim Ring		1329	24	212	26:05.0	26:35.6	8:25/M		
27	Eric Wisler		1711	26	244	26:29.5	27:34.4	8:33/M		
28	Aaron Zavora		1752	26	248	26:31.0	27:12.8	8:33/M		
29	Jeff Hamley		655	29	267	26:56.9	29:48.6	8:41/M		
30	Micheal Kowalick Jr		907	29	274	27:02.1	27:47.7	8:43/M		
31	Benjamin Pinkerton		1281	19	280	27:13.1	28:21.8	8:47/M		
32	Grant Miller		1117	23	296	27:25.9	28:00.2	8:51/M		
33	Shawn Hontz		763	24	298	27:27.0	28:37.3	8:51/M		
34	Corey Laughlin		950	21	308	27:35.5	27:58.0	8:54/M		

Race Date
May 30, 2015

Rock N Glow 2015

Age Group Results

5K

Male 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
35	Jonathan Keiffer		840	25	315	27:39.3	29:33.4	8:55/M
36	Lance Klaassen	ephrata	882	26	319	27:41.0	28:11.1	8:56/M
37	Randall Martens		1032	29	332	27:56.3	27:59.3	9:01/M
38	Kerwin Brackbill	Manheim	174	22	334	27:57.3	28:17.3	9:01/M
39	Bo Graber		601	20	339	27:58.1	28:43.0	9:01/M
40	Chad Rapp	Bainbridge	1302	28	341	27:59.2	28:12.8	9:02/M
41	Brent Smoker		1493	28	344	28:00.1	28:50.7	9:02/M
42	Tucker Glick		577	27	361	28:16.1	29:22.9	9:07/M
43	Nathan Brandt	Manheim	177	19	362	28:17.5	28:38.7	9:07/M
44	Michael McCord		1076	21	373	28:27.4	29:45.0	9:11/M
45	Tyler Clisham		311	20	380	28:34.0	29:45.9	9:13/M
46	Daniel Burkholder		227	27	386	28:40.9	28:42.7	9:15/M
47	Jason Mossburg		1150	28	426	29:17.4	30:59.3	9:27/M
48	Evan Graeff		604	23	428	29:19.9	30:55.4	9:27/M
49	Justin Knapp		887	26	451	29:31.5	30:57.2	9:31/M
50	Conrad Berquist		110	25	464	29:41.0	30:22.8	9:35/M
51	Dusin Frey		509	25	465	29:41.3	30:31.1	9:35/M
52	Derek Burkholder		228	23	476	29:52.8	30:36.9	9:38/M
53	Jason Landis		944	28	482	29:58.9	31:04.8	9:40/M
54	Austin Wisler		1709	24	483	29:59.6	31:04.9	9:40/M
55	Justin Lane		945	27	530	30:34.8	31:04.0	9:52/M
56	Justin Shelly	Manheim	1423	19	574	31:08.4	31:46.6	10:03/M
57	Cody Stiffler		1869	25	608	31:30.9	33:03.5	10:10/M
58	Adam Dienner	Lancaster	396	28	618	31:35.8	31:39.9	10:11/M
59	Michael Brown		198	19	642	31:47.0	32:07.8	10:15/M
60	Klrk Beltle		83	28	646	31:48.8	34:15.6	10:15/M
61	William Schimp		1376	26	652	31:56.2	32:30.9	10:18/M
62	Justin Miller		1120	28	653	31:57.9	32:33.8	10:18/M
63	Chad Fisher	LEOLA	479	27	672	32:10.7	34:01.8	10:23/M
64	Bill Wendler		1809	28	679	32:18.6	33:37.0	10:25/M
65	Jeremiah Bernat		1879	23	708	32:40.0	34:53.8	10:32/M
66	John Shinsky	Mount Joy	1432	25	711	32:41.9	33:31.4	10:33/M
67	Jon Reppert		1320	28	714	32:43.1	33:33.9	10:33/M
68	Jordan Blanck		127	27	715	32:43.2	33:33.7	10:33/M
69	John Powl		1285	24	728	32:55.7	33:36.5	10:37/M
70	Randy Shirk		1445	29	734	33:00.7	33:13.2	10:39/M
71	Timothy Yacko		1732	25	753	33:25.5	34:03.1	10:47/M
72	Kevin Kocot		893	26	754	33:25.6	34:02.8	10:47/M
73	Korbyn Peterson		1274	22	784	33:43.9	36:00.2	10:53/M
74	Kyle Gardner		536	25	791	33:52.8	36:09.1	10:55/M
75	Jared Longenecker		997	29	808	34:02.2	35:29.2	10:59/M
76	Dakota Shackelford		1406	20	849	34:37.4	34:57.8	11:10/M
77	Jeff Feeman	Strasburg	468	25	875	34:53.8	35:53.4	11:15/M
78	Conner Nafziger		1170	23	882	35:02.4	36:52.9	11:18/M
79	Jordan Fitting		484	25	924	35:33.2	38:08.4	11:28/M
80	Nate Andros		28	28	1017	37:00.9	37:48.8	11:56/M
81	Colin O'Sullivan		1236	24	1026	37:12.4	37:41.7	12:00/M
82	Brandon Painter		1246	29	1105	38:25.4	41:35.0	12:24/M
83	Matt Gorkaski		590	24	1145	39:14.7	40:04.1	12:39/M
84	Bob Campbell		251	28	1189	39:59.3	40:20.8	12:54/M
85	Joe Meisenbach	Mount Joy	1093	25	1195	40:04.7	40:42.9	12:55/M
86	Matthew Apperson		30	26	1266	41:50.2	43:06.2	13:30/M
87	Jerry Plunkert, JR		1283	24	1325	43:23.8	46:02.7	14:00/M
88	Alex Mayer	Akron	1063	26	1373	44:13.3	47:38.4	14:16/M
89	Joshua Pavlik	Manheim	1257	25	1380	44:19.6	47:11.3	14:18/M
90	Bryan O'mara		1231	27	1436	45:35.9	48:23.6	14:42/M
91	Andrew Breisch		180	27	1444	45:45.2	48:40.1	14:45/M
92	Adam Flurry	Lancaster	490	28	1459	46:12.4	49:05.1	14:54/M
93	Jd Deshong		383	29	1465	46:36.6	50:07.1	15:02/M
94	Alexander Sahd		1353	29	1594	52:57.7	53:45.6	17:05/M
95	Alex Mitchell		1127	22	1613	53:41.5	57:02.0	17:19/M
96	David Timm		1585	29	1692	1:10:59.5	1:14:10.8	22:54/M

Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Steve Gergely	Manheim	561	37	5	17:51.3	17:51.3	5:45/M
2	Paul Davey		350	34	6	17:52.8	17:52.8	5:46/M
3	William Brent		1831	32	14	19:39.2	19:41.9	6:20/M
4	Eric Wenger	Lititz	1667	38	18	20:04.7	20:05.7	6:28/M
5	David Wolfe		1717	37	27	20:58.1	20:58.4	6:46/M
6	Troy Hossler		1844	36	40	21:45.4	21:51.1	7:01/M

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Male 30 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
7	Corby Burkholder	Manheim	226	37	42	21:45.7	22:02.8	7:01/M
8	Jay DeHart	Manheim	364	30	54	22:22.3	22:31.4	7:13/M
9	Adam Forry	Manheim	499	38	58	22:28.6	22:42.9	7:15/M
10	John Trovato	Lititz	1598	34	64	22:41.2	22:55.9	7:19/M
11	Dan Bowerman		166	35	70	22:51.6	23:23.0	7:22/M
12	Kevin Bricker		187	38	72	22:53.9	23:18.0	7:23/M
13	Justin Foreman	manheim	494	30	73	22:55.4	23:19.2	7:24/M
14	Derrick Kreiser		918	30	80	23:03.8	23:16.0	7:26/M
15	Kyle Shaak		1405	31	81	23:05.6	23:18.0	7:27/M
16	Mike Hockenberry	Manheim	740	31	84	23:16.5	23:37.9	7:30/M
17	Dustin Johns		821	35	86	23:18.8	23:33.3	7:31/M
18	Kristopher Bleecher	Mount Joy	129	38	97	23:28.3	24:46.5	7:34/M
19	Dwight Gehman	Mount Joy	550	31	108	23:44.7	24:17.3	7:39/M
20	Eric Redcay	Mount Joy	1307	39	119	24:04.0	24:15.9	7:46/M
21	Philip Auman		39	36	124	24:09.8	24:13.2	7:47/M
22	Ryan Stoner		1547	32	125	24:10.0	24:10.4	7:48/M
23	Michael Gaffney	harrisburg	522	31	132	24:28.7	24:58.5	7:54/M
24	Ryan Stauffer		1824	35	135	24:31.5	25:45.0	7:55/M
25	Derrick Snyder		1500	32	137	24:32.7	25:48.9	7:55/M
26	Dave Groff		622	38	154	24:51.0	26:43.6	8:01/M
27	Chris Grube		632	38	160	25:03.3	25:38.4	8:05/M
28	Keith Rokosky		1339	35	181	25:23.1	25:42.3	8:11/M
29	Brian Hornberger		1806	39	240	26:27.6	27:21.1	8:32/M
30	Carlos DeJesus		1875	34	264	26:52.6	26:57.7	8:40/M
31	Jason Cox		330	39	295	27:23.9	29:15.3	8:50/M
32	Keith Swigert		1568	32	305	27:33.5	27:44.9	8:53/M
33	Timothy Hensley	Ephrata	700	34	320	27:42.8	28:19.6	8:56/M
34	Brad Hoffer		744	38	322	27:48.4	29:05.0	8:58/M
35	Chris Swigert		1567	32	347	28:02.5	28:14.3	9:03/M
36	Lane Burkholder	Manheim	231	39	364	28:19.8	29:42.3	9:08/M
37	Jeff Ludwig	Lititz	1008	37	370	28:25.1	30:14.6	9:10/M
38	Dustin Conrad	Elizabethtown	317	39	399	28:51.2	29:24.2	9:18/M
39	Michael Boozer		163	39	424	29:11.4	30:45.9	9:25/M
40	Dustin Cassel		279	30	437	29:23.9	31:23.0	9:29/M
41	Stan Prince		1291	37	462	29:40.8	31:17.2	9:34/M
42	Jason Stoudt		1551	33	504	30:19.7	31:36.8	9:47/M
43	Mark Sweigart		1566	33	505	30:19.9	32:05.5	9:47/M
44	Jeff Myers	Akron	1169	33	510	30:20.5	31:26.7	9:47/M
45	Derek Boehler		138	35	516	30:26.1	31:46.3	9:49/M
46	Steven Moyer		1157	37	533	30:37.1	31:54.0	9:53/M
47	Michael Cunningham		339	33	548	30:48.6	31:19.8	9:56/M
48	Josh Enck	Manheim	450	39	553	30:51.0	31:02.5	9:57/M
49	Tom Haag		640	31	570	31:06.3	31:13.2	10:02/M
50	Jonathan Shirk		1440	36	576	31:09.9	32:20.6	10:03/M
51	Jay Zimmerman	Ephrata	1768	34	588	31:16.2	32:20.6	10:05/M
52	Kyle Hein		1882	37	624	31:37.4	33:01.2	10:12/M
53	Dan Yost	Manheim	1739	35	671	32:10.2	33:04.8	10:23/M
54	Ed Marberger	Saint Clair	1886	34	678	32:17.9	32:42.0	10:25/M
55	Bobby Fultz		518	31	691	32:25.9	33:37.2	10:27/M
56	Alex Alvarez		18	32	703	32:36.3	33:50.0	10:31/M
57	Jason Hertzog	Leola	715	36	710	32:41.8	35:55.0	10:33/M
58	Matthew Smoker		1494	35	716	32:45.2	33:34.2	10:34/M
59	Ryan Eberly		423	33	722	32:47.5	34:37.6	10:35/M
60	Darren Iovino		810	35	731	32:59.2	34:04.0	10:38/M
61	Jason Hondru	manheim	760	38	757	33:27.5	34:48.6	10:47/M
62	Jere Zimmerman		1770	30	762	33:32.7	35:02.5	10:49/M
63	Andrew Stoyko		1553	34	785	33:43.9	36:00.3	10:53/M
64	Justin Weaver		1653	35	817	34:08.6	35:55.9	11:01/M
65	Matt Watson		1843	36	823	34:16.3	35:08.9	11:03/M
66	Jourdan Martin		1043	30	831	34:22.8	35:19.0	11:05/M
67	Dan Kilgore		856	39	836	34:26.6	36:20.2	11:06/M
68	Robert Gettis		567	37	837	34:28.3	37:31.9	11:07/M
69	Garret Barbush		51	30	842	34:31.7	34:59.0	11:08/M
70	Scott Walsh	Lancaster	1635	38	845	34:33.1	37:00.8	11:09/M
71	Mike Graeff		605	33	864	34:46.2	35:51.3	11:13/M
72	Jeremiah Rineer		1326	36	940	35:48.6	37:52.7	11:33/M
73	Ryan Gish		576	39	961	36:07.5	38:00.0	11:39/M
74	Jeffrey Hutchinson		801	32	978	36:23.4	38:26.0	11:44/M
75	David Gouak		597	37	979	36:23.9	37:08.7	11:44/M
76	Joel Yudt		1746	36	1009	36:46.4	38:38.3	11:52/M
77	Jonathan Kilheffer		860	35	1028	37:14.0	40:29.8	12:01/M
78	Rick Neidermyer		1185	36	1044	37:34.1	40:13.0	12:07/M
79	Adam Bonanno	Manheim	152	38	1063	37:50.8	40:41.7	12:12/M
80	Matt LaFrance		934	30	1074	37:59.3	40:19.2	12:15/M
81	Brian Elliott		443	38	1078	38:02.4	40:31.4	12:16/M
82	Buddy Hollingshead		754	33	1092	38:14.4	38:17.2	12:20/M

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Male 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
83	Robert Biddle	Manheim	115	34	1096	38:15.1	39:55.1	12:20/M
84	Travis Shaw	Quarryville	1411	39	1130	39:02.6	41:15.3	12:35/M
85	Ross Rodruad		1837	31	1163	39:42.3	41:07.2	12:48/M
86	Ryan Packer	Lititz	1241	38	1167	39:44.0	41:37.2	12:49/M
87	Robert Ekis		439	39	1184	39:56.2	41:37.8	12:53/M
88	Shannon Blevins		133	38	1222	40:45.4	41:29.9	13:09/M
89	Paul Ganster	East Petersburg	530	39	1240	41:09.6	43:55.9	13:16/M
90	Andrew Charles	Lancaster	289	32	1256	41:35.6	43:18.4	13:25/M
91	Austin Henderson		694	35	1282	42:07.7	44:49.7	13:35/M
92	Kenneth Ray		1305	38	1288	42:16.9	44:20.7	13:38/M
93	Elijah Bernat		106	33	1296	42:26.5	44:39.9	13:41/M
94	Ivan King		869	31	1366	44:04.2	45:12.2	14:13/M
95	Richard DeLaney		367	38	1383	44:24.1	46:05.0	14:19/M
96	Mike Book		1825	31	1432	45:26.2	46:08.7	14:39/M
97	George Shaak		1897	35	1434	45:27.1	47:24.8	14:40/M
98	Michael Link	Lititz	982	34	1468	46:41.9	49:59.2	15:04/M
99	Doug Young	LANCASTER	1742	33	1494	47:28.0	50:32.6	15:19/M
100	Jeremy Blanck	Mount Joy	126	31	1502	47:32.2	49:46.6	15:20/M
101	Charles Logan		990	31	1569	51:16.7	52:54.7	16:32/M
102	Jeremy Mays		1065	39	1609	53:37.4	53:37.4	17:18/M
103	Chris Vogt		1618	35	1614	53:43.1	57:07.3	17:20/M
104	Jeremy Wolgemuth		1721	30	1687	1:10:51.1	1:14:10.1	22:51/M

Male 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Don Wagner	Lititz	1628	47	15	19:45.5	19:48.3	6:22/M
2	Jason Deery		357	43	17	19:47.7	19:51.1	6:23/M
3	Erik Sell		1395	45	23	20:35.5	20:44.5	6:38/M
4	Cgad Knouse		891	42	29	21:08.8	21:13.3	6:49/M
5	Ray Truex		1601	43	41	21:45.5	21:50.4	7:01/M
6	Chris Pagano		1243	47	63	22:41.1	22:55.4	7:19/M
7	Jason Dickow		391	44	87	23:20.1	23:23.0	7:32/M
8	Korey Schload	Marietta	1377	43	93	23:24.7	23:26.9	7:33/M
9	Mark Murr	Manheim	1162	44	100	23:32.2	23:44.6	7:35/M
10	Matthew Burkholder		234	41	109	23:48.5	24:05.8	7:41/M
11	Darren Bowman	Lititz	169	47	113	23:57.4	24:00.8	7:44/M
12	Dave Goff		1835	43	126	24:12.9	24:20.3	7:48/M
13	Terry Lauver	Manheim	954	48	131	24:19.9	24:42.7	7:51/M
14	Michael Marquette		1029	41	147	24:39.6	25:01.7	7:57/M
15	Loren Benner	Mount Joy	99	45	158	24:57.9	25:12.0	8:03/M
16	Brant Widrick		1682	45	163	25:09.7	26:10.2	8:07/M
17	Christopher Spizzieri		1516	40	177	25:20.2	25:20.2	8:10/M
18	Keith Roberts		1799	46	194	25:43.9	26:25.4	8:18/M
19	Ed Gallagher		526	45	196	25:45.0	27:04.5	8:18/M
20	Chris Sherr		1427	40	201	25:55.4	26:16.5	8:22/M
21	Scott Huber	Manheim	792	42	210	26:04.6	26:22.7	8:25/M
22	Scott Martin	Manheim	1051	47	216	26:08.1	26:49.3	8:26/M
23	James Peters		1271	43	220	26:12.7	26:23.3	8:27/M
24	Mark Munkittrick	Lititz	1159	40	224	26:17.8	28:00.3	8:29/M
25	Tim Merkt	Elizabethtown	1104	42	239	26:27.3	27:28.1	8:32/M
26	Eric Haines		1820	46	282	27:14.7	28:39.2	8:47/M
27	Luigi Gutierrez		1870	44	294	27:22.0	27:46.4	8:50/M
28	Jody Owad		1237	44	297	27:26.6	27:31.3	8:51/M
29	Jim Hovan		786	44	302	27:30.5	28:29.1	8:52/M
30	Bill Zeamer		1753	45	316	27:39.5	29:45.5	8:55/M
31	Joseph Citko	Manheim	295	46	328	27:53.8	28:51.3	9:00/M
32	Mike Parmer		1249	42	342	27:59.3	28:45.0	9:02/M
33	Troy Mitchell	Lancaster	1132	43	357	28:12.0	28:13.9	9:06/M
34	Neal Benedict		92	46	375	28:30.7	29:23.7	9:12/M
35	John VanBlargan	Manheim	1608	46	390	28:47.5	29:32.9	9:17/M
36	Eric Shultz	Mount Joy	1452	46	405	28:56.7	30:02.8	9:20/M
37	Jose Cabrera		240	41	455	29:34.1	31:20.4	9:32/M
38	Todd Hydock		1813	43	463	29:40.9	29:59.8	9:34/M
39	Dave Cassel	Manheim	278	45	474	29:51.1	31:54.2	9:38/M
40	Don DeHart	Lancaster	363	41	487	30:06.6	31:20.2	9:43/M
41	Jon Hess		1805	41	502	30:17.8	31:15.8	9:46/M
42	Jamie Harr		664	47	526	30:33.6	31:38.5	9:51/M
43	Adrian Shelley	MANHEIM	1420	42	529	30:34.8	32:32.8	9:52/M
44	Kirk Groff		625	49	561	30:57.9	32:26.0	9:59/M
45	Gary Coolbeth		325	42	584	31:15.5	31:32.3	10:05/M
46	Shane Matthews	Manheim	1059	40	601	31:24.6	32:47.5	10:08/M

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Male 40 to 49

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
47	Steven Sattazahn		1786	45	629	31:39.8	33:15.0	10:13/M		
48	Kevin McCarty	Lancaster	1073	41	633	31:43.1	33:15.7	10:14/M		
49	Kent Hartzler		668	42	643	31:47.8	33:49.3	10:15/M		
50	Michael Schreiber	York	1387	41	647	31:50.3	34:05.8	10:16/M		
51	John Brooks	Manheim	194	40	648	31:51.1	32:45.6	10:16/M		
52	David Forwood		502	44	649	31:53.5	32:39.5	10:17/M		
53	Joe Garber		533	47	667	32:06.3	32:33.1	10:21/M		
54	Jake Nolt		1208	46	688	32:20.9	33:56.9	10:26/M		
55	John Wimer	York	1702	49	742	33:13.1	33:58.8	10:43/M		
56	David Hoffman		748	40	761	33:28.6	35:20.9	10:48/M		
57	Brian Von Stetten	Manheim	1621	45	774	33:37.4	34:57.1	10:51/M		
58	Anthony Liang		978	42	793	33:53.6	35:25.7	10:56/M		
59	Craig Stitzel		1533	42	806	34:00.6	36:20.2	10:58/M		
60	Jeff Longenecker		998	48	822	34:15.5	37:43.9	11:03/M		
61	Chad Kirchner		878	41	890	35:06.4	36:17.4	11:19/M		
62	Mike Hinton		735	40	904	35:15.8	36:09.5	11:22/M		
63	Kevin Patrick		1860	44	911	35:18.5	38:19.2	11:23/M		
64	James Book	New Providence	159	48	944	35:49.5	36:59.5	11:33/M		
65	Douglas Bertin		112	44	952	35:55.9	37:55.3	11:35/M		
66	David Brubaker	Lititz	201	44	954	35:58.2	38:56.2	11:36/M		
67	Dean Beamesderfer	Manheim	71	46	964	36:10.6	37:36.2	11:40/M		
68	Tim Johns		822	47	994	36:36.3	38:59.1	11:48/M		
69	Garry Dubbs	manheim	415	46	998	36:40.9	37:55.4	11:50/M		
70	Joe McFarland		1082	49	1010	36:57.7	39:24.8	11:55/M		
71	TIM HOBAN		739	45	1022	37:08.6	38:41.9	11:59/M		
72	Dan Conrad		316	47	1050	37:37.1	37:52.7	12:08/M		
73	James Stouch	Manheim	1548	44	1058	37:45.5	40:19.5	12:11/M		
74	Justin Kukura	Stewartsville	929	42	1093	38:14.5	39:48.3	12:20/M		
75	Ken Kowalski	Manheim	911	49	1123	38:51.4	39:17.8	12:32/M		
76	Bryan Zeamer		1754	44	1133	39:04.8	41:11.1	12:36/M		
77	Matthew Goss	Manheim	594	44	1137	39:06.8	41:52.1	12:37/M		
78	Keith Wissing	Lititz	1714	42	1207	40:21.0	42:01.3	13:01/M		
79	John Lukas		1789	42	1237	41:03.7	42:43.2	13:15/M		
80	Eric Kormos		898	49	1241	41:13.4	43:46.3	13:18/M		
81	Jason Horst		1794	40	1254	41:31.1	44:31.1	13:24/M		
82	Manuel Luciano		1858	44	1267	41:52.1	44:19.3	13:30/M		
83	Rick McCord		1078	45	1281	42:07.0	45:07.9	13:35/M		
84	Richard Pavlik	Manheim	1260	47	1291	42:20.9	44:55.9	13:39/M		
85	Louis Rossi	Palmyra	1343	44	1301	42:39.4	44:47.9	13:45/M		
86	Les Ruhl	Lititz	1348	47	1331	43:25.5	45:10.0	14:00/M		
87	Mike Williamson		1696	45	1345	43:41.1	47:06.7	14:05/M		
88	Ken Schwebel		1909	43	1357	43:58.3	44:56.4	14:11/M		
89	Ty Espenshade		459	41	1359	44:01.1	46:57.1	14:12/M		
90	Nate Levitan	Manheim	970	42	1375	44:14.6	47:08.2	14:16/M		
91	Aaron Henderson		693	41	1400	44:38.9	47:20.6	14:24/M		
92	Tom Stone	Manheim	1544	44	1411	44:58.9	46:57.8	14:30/M		
93	Tim King	Manheim	872	49	1416	45:06.8	47:09.2	14:33/M		
94	Standrick Patton		1253	49	1489	47:23.7	50:27.2	15:17/M		
95	Dave Heeter		682	49	1508	48:00.4	50:00.9	15:29/M		
96	Jason Hall		651	41	1516	48:10.6	49:51.0	15:32/M		
97	REGGIE WILLOUGHBY		1698	46	1557	50:39.8	54:05.2	16:20/M		
98	Clinton Dixon	Manheim	407	47	1606	53:35.2	55:02.0	17:17/M		
99	Philip Moore		1144	41	1612	53:40.6	56:35.7	17:19/M		
100	Michael Baronsky		58	44	1663	57:46.4	1:01:01.8	18:38/M		
101	PETE AVILEZ		41	44	1666	57:50.8	1:00:54.1	18:39/M		
102	DANIEL MCKEE		1087	44	1675	58:45.4	1:00:34.7	18:57/M		

Male 50 to 59

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Walter Newcomer	Manheim	1198	59	33	21:23.4	21:25.4	6:54/M		
2	Scott Miller	Manheim	1124	50	60	22:33.2	22:38.0	7:16/M		
3	James Drumm	Quarryville	414	51	65	22:42.8	22:43.2	7:19/M		
4	Jim Knauss		888	58	134	24:31.0	24:39.5	7:55/M		
5	Joel Weaver	Lititz	1652	52	141	24:36.5	25:37.3	7:56/M		
6	Roger Shirey	Manheim	1437	51	142	24:38.1	24:51.0	7:57/M		
7	Scott Zerkowski	Denver	1761	52	157	24:56.6	25:06.4	8:03/M		
8	Stan Wisler		1712	57	190	25:39.9	26:46.6	8:16/M		
9	TED GAVALA	MANHEIM	547	52	200	25:50.4	29:26.3	8:20/M		
10	Tom Blanck	Manheim	128	58	207	26:00.5	26:04.9	8:23/M		
11	Rick Frey		513	59	256	26:39.5	26:41.8	8:36/M		
12	Brian Stone		1541	51	257	26:41.1	26:58.8	8:36/M		

Male 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
13	Doug Sanders		1356	53	260	26:42.4	27:48.7	8:37/M
14	John Shirk		1439	52	289	27:19.3	28:58.5	8:49/M
15	Marc Robeson	Manheim	1333	50	301	27:29.4	27:35.9	8:52/M
16	Joe Gorlaski		589	53	393	28:48.6	29:38.4	9:17/M
17	Brian Hoerner	Harrisburg	743	57	414	29:01.2	29:56.1	9:22/M
18	Phil Huber	Manheim	791	59	416	29:03.8	29:58.6	9:22/M
19	Steven Cassel	York	284	59	456	29:34.2	30:40.2	9:32/M
20	Timothy Darling	Hershey	349	55	490	30:08.5	31:32.1	9:43/M
21	Edward Cunliffe		338	53	494	30:11.7	31:33.7	9:44/M
22	John C Trovato		1599	59	503	30:19.5	31:09.5	9:47/M
23	Glen Beiler	Akron	80	56	513	30:23.4	31:59.4	9:48/M
24	Donald Fitzkee		486	52	535	30:37.4	31:58.5	9:53/M
25	Jay Kina		864	54	602	31:24.8	31:35.2	10:08/M
26	Nate Snyder	Manheim	1504	54	635	31:43.7	32:32.0	10:14/M
27	Jeffrey Hendershot		690	51	669	32:08.3	32:38.6	10:22/M
28	Scot Ash		35	55	699	32:32.3	34:54.7	10:30/M
29	Harry Kinard	Columbia	866	58	707	32:39.9	35:08.8	10:32/M
30	Joseph LaFrance	Manheim	933	55	751	33:21.6	34:54.1	10:45/M
31	Jon Asuncion		1901	53	799	33:57.5	35:17.6	10:57/M
32	Charles Hosler		781	58	820	34:11.7	37:34.8	11:02/M
33	James Brennan		181	53	951	35:55.3	38:13.0	11:35/M
34	Mark Aho		10	58	970	36:19.2	38:55.0	11:43/M
35	Kevin Bookman	Manheim	161	52	984	36:28.9	36:55.6	11:46/M
36	Lyndon Girvin	Mountville	574	55	1029	37:14.3	37:18.5	12:01/M
37	David Dietz	Lititz	399	59	1120	38:45.6	41:13.9	12:30/M
38	Russell Horrocks		775	57	1243	41:14.0	42:50.0	13:18/M
39	Jeff Grazan	Middletown	609	55	1244	41:19.0	43:34.2	13:20/M
40	Rick Bemis		84	54	1258	41:37.0	42:50.3	13:25/M
41	Karen Napier		1173	51	1413	45:00.5	47:34.4	14:31/M
42	Glenn Burkhart		222	50	1454	46:10.0	49:24.4	14:54/M
43	Jack Lewis		974	56	1513	48:03.5	49:19.1	15:30/M
44	Jeff Hathaway		675	53	1558	50:44.0	52:47.7	16:22/M
45	Peter Sahn		1354	55	1596	53:00.0	53:48.6	17:06/M
46	Bill Wiegmann		1685	57	1619	54:00.5	57:25.5	17:25/M
47	Jeff Blose		136	52	1677	58:52.0	1:00:35.6	18:59/M

Male 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Glenn Nolt	Manheim	1206	65	117	24:02.9	24:27.4	7:45/M
2	Geams Blevins	Lititz	130	68	162	25:07.5	25:20.5	8:06/M
3	John Kegarise	Manheim	839	65	250	26:33.6	27:08.9	8:34/M
4	Mike Fausnacht	Elizabethtown	466	62	262	26:45.8	26:56.5	8:38/M
5	Bob Campbell		250	63	283	27:14.7	28:31.8	8:47/M
6	Steven Hoffman		750	63	378	28:31.9	29:48.4	9:12/M
7	Jeff Bare	Mount Joy	53	63	429	29:20.3	30:09.4	9:28/M
8	John Young	Manheim	1743	62	447	29:29.8	30:47.4	9:31/M
9	Richard Troutman	Manheim	1596	67	486	30:03.0	30:50.9	9:42/M
10	Edward Myers		1168	61	492	30:09.5	30:27.8	9:44/M
11	Larry Yoder	Manheim	1736	66	829	34:21.6	34:56.9	11:05/M
12	Keith Stinchcomb		1834	62	838	34:30.0	35:40.3	11:08/M
13	Allan Shopp		1446	66	866	34:47.5	35:41.4	11:13/M
14	Mike Gerhard	Manheim	563	64	891	35:08.6	36:28.1	11:20/M
15	Steve Desjardins		385	60	1206	40:19.2	42:14.1	13:00/M
16	Martin Bruce		210	63	1230	40:55.5	42:32.8	13:12/M
17	Philip Gerhart		564	64	1265	41:43.8	43:41.4	13:27/M
18	Joseph Figueroa		473	61	1307	42:44.0	43:14.3	13:47/M
19	John Koval		905	61	1360	44:02.3	47:30.4	14:12/M
20	Thomas Gates		543	61	1509	48:00.5	50:01.0	15:29/M
21	Ron Henderson		692	62	1601	53:26.2	56:45.3	17:14/M
22	Carl Kline		884	62	1620	54:01.5	57:22.2	17:25/M
23	Renaud deVitry		389	65	1664	57:49.4	1:00:00.9	18:39/M
24	Ralph Westfield	Mount Joy	1674	60	1674	58:26.1	58:45.8	18:51/M

Male 70 and over

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* John Silveri		1460	72	892	35:10.8	37:04.1	11:21/M

Race Date
May 30, 2015

Rock N Glow 2015
Age Group Results

5K

Male 70 and over

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
2	Lee Barshinger	Manheim	63	75	1025	37:11.7	39:09.4	12:00/M
3	N. Clair Clawser		303	70	1116	38:36.8	39:58.9	12:27/M
4	Herman Ramig	Lancaster	1299	70	1384	44:27.0	46:46.4	14:20/M

Race Date
May 30, 2015

Rock N Glow 2015
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Danae Peters	Manheim	1270	19	9	18:51.2	18:52.7	6:05/M

Race Date
May 30, 2015

Rock N Glow 2015

Age Group Results

5K

Female No Age Given

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Izzy Lukas		1011	0	368	28:22.7	29:02.4	9:09/M
2	Tina Lukas		1012	0	404	28:55.9	30:22.9	9:20/M

Female 1 to 10

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Lauren Leister		963	10	110	23:48.6	23:52.5	7:41/M
2	Abby Ames		20	10	114	23:57.6	24:47.0	7:44/M
3	Kalee Locker	Elizabethtown	985	10	191	25:41.1	25:43.4	8:17/M
4	Aubrey Williamson		1693	10	195	25:44.4	25:53.0	8:18/M
5	Hailey Mertz		1908	10	318	27:40.8	30:39.4	8:55/M
6	Maeve Hydock		1815	10	335	27:57.5	28:16.2	9:01/M
7	Adeline Brubaker		199	10	412	28:59.7	29:51.7	9:21/M
8	Emily Kukura		928	7	469	29:44.6	31:18.8	9:35/M
9	Mackenzie Ridilla	Mt Joy	1324	10	518	30:31.3	32:38.4	9:51/M
10	Ava Enck		445	8	552	30:50.8	31:02.0	9:57/M
11	Rachel Bertin		113	9	566	30:59.4	32:57.7	10:00/M
12	Cale Moore	Manheim	1140	9	568	30:59.9	31:05.8	10:00/M
13	Allison Warihay	manheim	1638	8	604	31:26.9	32:44.7	10:08/M
14	Kendall Hein		1883	9	625	31:37.5	33:01.2	10:12/M
15	Laghan Shelly	Manheim	1784	10	628	31:39.7	33:15.1	10:13/M
16	Emma Schneider		1380	8	748	33:16.7	34:24.0	10:44/M
17	Emma Herman		701	8	771	33:35.8	34:24.4	10:50/M
18	Alyssa Roedema		1334	8	777	33:38.9	35:42.2	10:51/M
19	Addy Sheaffer		1413	10	782	33:43.2	36:03.7	10:53/M
20	Bella Munkittrick		1161	9	896	35:12.6	36:56.1	11:21/M
21	Hannah Packer	Lititz	1238	9	902	35:14.9	36:58.9	11:22/M
22	Keaira Jones		825	9	905	35:16.0	36:59.9	11:23/M
23	Kami Geib		554	10	927	35:35.2	35:36.1	11:29/M
24	Gretta Brubaker	Lititz	202	8	953	35:58.2	38:55.8	11:36/M
25	Delaney Gouak		598	10	981	36:26.3	37:08.8	11:45/M
26	Riley Deets		361	9	996	36:38.1	38:39.6	11:49/M
27	Madelyn Gehman		551	6	1011	36:58.0	39:25.1	11:55/M
28	Campbell Shelley		1421	7	1013	36:59.3	37:24.8	11:56/M
29	Alexandra Benson		103	10	1014	36:59.3	39:38.5	11:56/M
30	Raya Hay		679	6	1019	37:01.8	39:13.2	11:56/M
31	Alice Carroll		272	8	1020	37:07.9	38:07.8	11:58/M
32	Addie Ames		21	8	1023	37:09.3	38:04.7	11:59/M
33	Hannah Kilheffer		858	9	1033	37:16.9	40:30.6	12:01/M
34	Genna Eberly		419	10	1034	37:20.2	39:11.2	12:03/M
35	Elisa Rankin		1300	7	1036	37:22.3	39:32.1	12:03/M
36	Michaela Neidermyer		1183	9	1043	37:33.7	40:12.6	12:07/M
37	Shannon Williamson		1692	8	1048	37:35.5	41:02.0	12:07/M
38	Sara Brubaker		209	9	1102	38:24.3	41:20.9	12:23/M
39	Addy Ober		1218	10	1108	38:32.9	41:39.4	12:26/M
40	Taylor Capizzi	Lititz	264	9	1168	39:45.8	40:04.7	12:49/M
41	Erin Shipley	Lancaster	1434	9	1171	39:47.5	40:03.8	12:50/M
42	Morgan Conway		322	8	1176	39:53.2	41:45.9	12:52/M
43	Kyla Benner	Mount Joy	95	7	1182	39:55.9	41:21.4	12:53/M
44	Adyson Haak		641	9	1200	40:12.8	42:05.8	12:58/M
45	Hannah Eckerd	Lancaster	431	10	1214	40:27.0	42:54.7	13:03/M
46	Hannah Espenshade		458	7	1221	40:42.9	40:50.9	13:08/M
47	Lila Kellow	river vale	846	6	1225	40:46.4	42:02.0	13:09/M
48	Olivia Smith		1489	9	1253	41:29.9	43:28.3	13:23/M
49	Madison Schwebel		1390	7	1273	41:56.3	42:56.1	13:32/M
50	Brooke Auker		37	10	1286	42:14.4	43:42.8	13:37/M
51	Elizabeth Talley	Ephrata	1573	8	1294	42:24.9	43:27.7	13:41/M
52	Gianna Bernat		107	5	1295	42:25.5	44:38.7	13:41/M
53	Sarah Hondru		761	9	1322	43:16.5	44:37.5	13:57/M
54	Jaelynn Neidermyer		1182	8	1323	43:18.4	46:35.6	13:58/M
55	Lyla Mateer		1055	5	1336	43:28.8	44:04.7	14:01/M
56	Olivia Tatman	Lancaster	1576	8	1346	43:41.1	46:24.3	14:05/M
57	Abigail Smith		1474	9	1370	44:06.4	46:42.6	14:14/M
58	Samantha Levitan		972	8	1376	44:14.6	47:08.4	14:16/M
59	Cali Inthavongsa		807	7	1394	44:36.4	47:36.7	14:23/M
60	Magdalena Turner		1603	9	1395	44:36.8	47:33.4	14:23/M
61	Laura King	Manheim	871	9	1415	45:06.5	47:09.0	14:33/M
62	Paige Shaak		1898	6	1433	45:26.8	47:24.4	14:39/M
63	Lauren Moore		1877	9	1482	47:04.6	48:38.5	15:11/M
64	Kylie Hein		1884	7	1488	47:23.4	48:52.0	15:17/M
65	Gretchen Long		993	6	1495	47:28.2	48:56.6	15:19/M
66	Adriana Siegrist		1456	10	1504	47:43.2	50:47.0	15:24/M

Female 1 to 10

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
67	Kendall Heeter		684	8	1511	48:01.2	50:01.0	15:29/M
68	MADISON MCKEE		1090	10	1517	48:15.1	50:00.1	15:34/M
69	Melanie Hollingshead		756	7	1522	48:36.5	50:44.8	15:41/M
70	Katie Hook		767	10	1531	49:20.7	51:48.0	15:55/M
71	Madison Frey		510	5	1551	50:22.0	52:30.5	16:15/M
72	Kelly Lam		936	10	1590	52:49.0	54:45.9	17:02/M
73	Sophia Roedema		1336	10	1595	52:58.0	55:05.4	17:05/M
74	Belle Bonanno	Manheim	153	8	1604	53:32.8	56:22.3	17:16/M
75	Kylie Mays		1066	7	1608	53:36.7	53:36.7	17:17/M
76	Jenna Leschner		966	7	1643	56:21.4	59:10.0	18:11/M
77	Hailey Treier		1593	10	1646	56:40.2	1:00:01.0	18:17/M
78	Ramey Diehl	Manheim	395	7	1649	56:43.9	1:00:15.9	18:18/M
79	Cara Minnerly		1125	7	1656	57:23.7	1:00:21.0	18:31/M
80	Genevieve Tripple		1594	4	1658	57:38.9	1:00:51.8	18:35/M
81	Sierra Merkel		1101	9	1661	57:44.3	58:15.9	18:37/M

Female 11 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1 *	Kate Dickow	Lititz	392	14	10	19:05.7	19:07.7	6:09/M
2	Katelyn Locker	Elizabethtown	986	12	28	21:06.3	21:08.7	6:48/M
3	Mallory Sunderland	Manheim	1563	14	31	21:12.9	21:14.6	6:50/M
4	Bella Forgione		495	11	48	22:10.8	22:12.8	7:09/M
5	Caitlyn Wagner		1626	14	57	22:24.6	22:28.3	7:14/M
6	Sierra Zimmerman	Ephrata	1773	13	62	22:37.0	22:41.7	7:18/M
7	Marianne Fitzkee	Manheim	488	14	78	23:00.3	23:02.6	7:25/M
8	Brittany Benner	Mount Joy	98	13	95	23:26.1	23:28.5	7:34/M
9	Jessica Williamson		1695	12	99	23:31.7	23:39.8	7:35/M
10	Hannah Zimmerman	Ephrata	1766	11	107	23:44.5	23:49.1	7:39/M
11	Amber Maurer	Manheim	1061	12	111	23:51.4	24:00.1	7:42/M
12	Alexis Hosler	Lititz	779	13	138	24:33.1	25:34.6	7:55/M
13	Matthew Wash		1643	12	140	24:36.4	24:43.8	7:56/M
14	Alyssa Turner		1602	14	151	24:47.1	24:58.5	8:00/M
15	Olivia Sunderland	Manheim	1564	11	170	25:14.9	25:16.9	8:08/M
16	Rebecca Keppley	Manheim	854	14	175	25:17.8	25:20.6	8:09/M
17	Maddie Smith		1486	14	225	26:18.0	26:23.1	8:29/M
18	Faith Enck	Manheim	449	11	254	26:37.2	26:48.9	8:35/M
19	Sydney Neuman		1193	14	258	26:41.1	26:46.0	8:36/M
20	Joye Martin		1045	14	261	26:42.9	27:22.2	8:37/M
21	Amy Winger		1704	14	287	27:16.5	28:43.6	8:48/M
22	Ellie Clauss		301	14	304	27:33.4	28:09.8	8:53/M
23	Ashley Hartzler	Manhiem	667	14	312	27:37.4	27:54.2	8:55/M
24	Ashlan Smit		1791	14	317	27:40.6	27:48.7	8:55/M
25	Riley Hydock		1814	11	325	27:51.7	28:10.4	8:59/M
26	Sami Maddox	manheim	1024	13	391	28:47.7	30:02.7	9:17/M
27	MARTIN MARIYA		1027	12	400	28:52.0	29:08.0	9:19/M
28	Ella Sheaffer		1846	11	413	29:00.3	29:51.8	9:21/M
29	Alex Katrinak		1812	14	448	29:29.9	29:46.7	9:31/M
30	Grace Cassel	Manheim	280	11	473	29:51.0	31:54.4	9:38/M
31	Rylee Diffenderfer		404	13	499	30:13.7	30:29.6	9:45/M
32	Hannah Zartman		1751	13	500	30:14.2	30:29.8	9:45/M
33	Cassandra Christoffel	Lancaster	293	11	521	30:31.9	32:38.6	9:51/M
34	GRACE ROBERTS	MANHEIM	1332	14	524	30:33.3	30:51.7	9:51/M
35	Emma Leister		962	13	541	30:43.2	31:36.1	9:55/M
36	Lexi Mattern		1057	12	542	30:43.9	31:36.9	9:55/M
37	Serenity Blevins		132	13	550	30:50.5	31:33.0	9:57/M
38	Lexi Geib		555	14	554	30:51.1	32:26.1	9:57/M
39	Anna Smith		1475	12	562	30:58.1	31:34.0	9:59/M
40	Paige Laurence		1904	11	563	30:59.2	32:07.8	10:00/M
41	Caroline Palumbo		1905	11	564	30:59.2	32:07.9	10:00/M
42	Lily Hahn	Elizabethtown	646	14	571	31:06.9	32:51.3	10:02/M
43	Allison Cassel	Manheim	276	14	573	31:07.7	31:24.4	10:02/M
44	Gabrielle Eberly		418	13	582	31:14.9	32:16.4	10:05/M
45	Erin Haldeman	Lititz	649	12	589	31:17.3	32:06.7	10:05/M
46	Brynne Wesner		1673	12	593	31:20.4	32:49.6	10:06/M
47	Lily Redcay		1309	13	594	31:20.5	32:49.8	10:06/M
48	Allie Neuman		1194	14	600	31:24.3	31:29.6	10:08/M
49	Hope Hendershot		689	14	607	31:30.9	32:01.6	10:10/M
50	Victoria Hendersson		698	13	612	31:33.7	33:03.6	10:11/M
51	Emma Kensey		849	11	620	31:36.6	31:42.4	10:12/M
52	Gillian Martin		1039	11	634	31:43.7	31:49.5	10:14/M
53	Madison Hartzler	Manheim	670	11	641	31:46.8	33:48.7	10:15/M

Female 11 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
54	Jules Frank		506	12	662	32:02.2	33:02.2	10:20/M
55	Camryn Burkholder		224	13	673	32:11.2	33:45.9	10:23/M
56	Laura Forwood		503	14	693	32:26.8	33:41.8	10:28/M
57	McKayla Shelly	Manheim	1785	13	702	32:35.2	33:21.4	10:31/M
58	Laken Hoffman		749	11	756	33:27.2	35:19.7	10:47/M
59	Page Stinchcomb		1833	14	763	33:33.6	34:43.3	10:49/M
60	Maggie Eckert		432	14	798	33:57.1	35:23.9	10:57/M
61	Megan Stitzel		1534	12	807	34:00.7	36:20.0	10:58/M
62	Autumn Swope		1570	14	809	34:03.7	34:15.8	10:59/M
63	Audrey Hovan		784	11	825	34:17.6	35:16.4	11:04/M
64	Saige Wolgemuth		1724	14	859	34:40.8	36:48.5	11:11/M
65	Moriah Garber		535	12	867	34:47.9	35:13.0	11:13/M
66	Abbigail Altland		15	13	919	35:29.5	36:54.8	11:27/M
67	Megan Brubaker	Lititz	208	13	921	35:29.9	38:25.7	11:27/M
68	Olivia Herr		707	12	923	35:32.1	37:27.1	11:28/M
69	Lexi Kohler	Manheim	896	14	930	35:39.0	37:27.0	11:30/M
70	Jena Beamesderfer	Manheim	74	14	965	36:10.7	37:36.0	11:40/M
71	Katherine Simon		1464	14	975	36:22.6	37:48.3	11:44/M
72	Jasmeng Lo	Leola	983	14	976	36:22.7	36:34.9	11:44/M
73	Annyka Savin		1368	13	977	36:23.1	37:48.6	11:44/M
74	Emma Levitan	Manheim	969	11	995	36:37.9	39:18.1	11:49/M
75	Virginia Dubbs	manheim	416	14	1000	36:40.9	37:55.2	11:50/M
76	Jenna Nolt		1210	12	1003	36:42.8	38:17.8	11:50/M
77	Mariah Burkholder		1790	13	1004	36:43.4	38:18.0	11:51/M
78	Taylor Bloom	Manheim	135	11	1021	37:08.1	38:08.0	11:59/M
79	Emily Williamson		1694	14	1047	37:35.4	41:01.9	12:07/M
80	Olivia Jenkins		817	12	1070	37:56.9	39:36.5	12:14/M
81	Britney Tran		1592	14	1076	38:02.3	39:34.4	12:16/M
82	Audrey Miller	Manheim	1115	12	1099	38:21.0	39:09.5	12:22/M
83	Angela Ouimet		828	11	1101	38:23.4	40:54.2	12:23/M
84	Kenzie Peters		1906	13	1117	38:37.6	39:26.5	12:27/M
85	Kelly Lyons		1013	14	1131	39:02.7	39:21.7	12:35/M
86	Hannah Kowalski	Manheim	910	14	1152	39:22.7	40:11.3	12:42/M
87	Victoria Benner	Mount Joy	96	12	1175	39:51.8	41:17.5	12:51/M
88	Julia Sell		1396	14	1181	39:55.3	40:41.4	12:53/M
89	Ellie Krushinski	Lititz	920	12	1202	40:14.7	40:48.9	12:59/M
90	Jenna Ober		1219	11	1204	40:16.9	40:50.9	12:59/M
91	Danielle Haus		677	13	1208	40:21.4	42:26.9	13:01/M
92	Grace Maclary		1015	11	1228	40:51.2	41:30.2	13:11/M
93	Jaylee Stringham		1557	12	1245	41:19.7	43:57.8	13:20/M
94	Lily Wiker		1689	11	1246	41:23.0	43:38.1	13:21/M
95	Baylee Sexton	elizabethtown	1402	14	1249	41:24.1	43:55.1	13:21/M
96	Jaimie Nolt		1207	11	1262	41:43.3	42:22.0	13:27/M
97	Tattiana Figueroa	Lancaster	474	14	1298	42:33.3	43:02.6	13:44/M
98	Ellie McCabe		1068	11	1299	42:33.7	44:57.0	13:44/M
99	Alex Hasselback		1891	11	1308	42:47.0	43:51.6	13:48/M
100	Sara Hooper		765	12	1363	44:03.7	46:40.5	14:13/M
101	Kate Hooper		764	12	1364	44:03.9	46:40.0	14:13/M
102	Lea Brenner		1862	14	1378	44:17.4	44:45.1	14:17/M
103	Olivia Denlinger		378	14	1379	44:17.7	44:45.2	14:17/M
104	Olivia Stone	Manheim	1543	12	1407	44:54.9	46:53.5	14:29/M
105	Lillian Mitchell	Lancaster	1130	12	1429	45:23.7	45:47.2	14:38/M
106	Madison Capizzi		263	11	1430	45:24.9	45:48.6	14:39/M
107	Kristyn Zook	Leola	1777	14	1451	46:06.8	47:10.0	14:52/M
108	Skylar Hashbarger		673	13	1452	46:08.8	48:09.7	14:53/M
109	Delaney Baringer		55	14	1461	46:25.1	47:01.6	14:58/M
110	Adrienne Nolt		1205	14	1462	46:25.6	47:01.7	14:58/M
111	Miranda Phelan	Conestoga	1276	14	1519	48:19.6	50:11.3	15:35/M
112	Mollie Leitch	Lititz	964	12	1520	48:19.8	50:11.3	15:35/M
113	Becca Maddox		1020	11	1539	49:32.8	50:25.7	15:59/M
114	Nina Bonanno	Manheim	155	12	1603	53:30.7	56:20.1	17:15/M
115	Lindsey Simon		1465	12	1618	53:59.2	56:43.3	17:25/M
116	Carsyn Greene		611	13	1633	54:34.5	57:04.9	17:36/M
117	Molly Kintzer		875	11	1659	57:39.8	58:10.6	18:36/M
118	Josephine Baronsky		57	11	1660	57:40.0	1:00:51.8	18:36/M
119	Zoe Merkel		1102	11	1662	57:45.7	58:16.2	18:38/M
120	Kaylie Minnerly		1126	11	1680	59:03.4	1:02:00.2	19:03/M
121	Samantha Mays		1067	13	1684	1:05:05.1	1:05:05.1	21:00/M

Female 15 to 18

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	

Female 15 to 18

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Charis Dinger	Manheim	405	17	39	21:42.1	21:46.1	7:00/M
2	Billie Jo Bollinger		146	15	56	22:24.2	22:28.7	7:14/M
3	Deirdre White		1679	15	75	22:55.9	22:59.5	7:24/M
4	Madison Leakway		958	15	85	23:18.3	23:22.1	7:31/M
5	TAYLOR WIEDERRECHT		1684	16	91	23:23.9	23:27.6	7:33/M
6	MARTIN KINSEY		874	15	115	24:00.4	24:04.6	7:45/M
7	Erin Steinweg		1528	18	121	24:05.7	24:09.4	7:46/M
8	Lauryn Ober		1221	15	149	24:47.0	25:04.7	8:00/M
9	Jeremy Spangle		1510	18	156	24:55.0	25:01.4	8:02/M
10	Madi Morris		1148	18	176	25:17.9	25:35.6	8:09/M
11	Julie McFarland	Mount Joy	1083	18	178	25:21.0	25:54.8	8:11/M
12	Melissa Gibble	Lititz	570	15	182	25:24.9	25:43.0	8:12/M
13	Lauren Hartzler	Manheim	669	16	229	26:18.9	26:34.4	8:29/M
14	Kianna King	New Holland	870	16	233	26:22.0	27:55.2	8:30/M
15	Aspen Bollinger		145	15	255	26:37.9	27:05.6	8:35/M
16	Jamie Martin	Stevens	1040	18	285	27:15.4	27:49.9	8:47/M
17	Kylie Gallagher		527	15	291	27:20.5	28:47.7	8:49/M
18	Madison Barron		62	17	309	27:35.7	30:24.8	8:54/M
19	Lexie Eberly		422	17	310	27:35.9	30:24.8	8:54/M
20	Alyssa Ames		23	15	343	28:00.1	28:50.2	9:02/M
21	Kara Benedict		91	15	377	28:31.4	29:23.6	9:12/M
22	Natalie Burkholder		235	15	410	28:59.4	29:44.0	9:21/M
23	Christina Gavala	MANHEIM	544	16	411	28:59.5	29:05.4	9:21/M
24	Alandra Santos		1358	17	418	29:05.0	30:10.6	9:23/M
25	Rachel VanBlargan	Manheim	1609	15	420	29:07.2	29:52.6	9:24/M
26	Liza Graybill		608	17	430	29:21.1	30:39.9	9:28/M
27	Sierra Stoltzfus		1540	17	431	29:21.2	29:41.7	9:28/M
28	Katelyn Greene		614	16	438	29:24.0	30:23.9	9:29/M
29	Hannah Barbush	Manheim	52	15	454	29:33.7	29:59.0	9:32/M
30	Jovonna Jewell		818	18	495	30:12.2	30:46.7	9:45/M
31	Kaitlyn Stewart	DENVER	1531	18	497	30:13.3	33:09.0	9:45/M
32	Emily Stoltzfus	manheim	1537	16	508	30:20.4	31:45.6	9:47/M
33	Emma Beamesderfer	Manheim	73	17	509	30:20.4	31:45.6	9:47/M
34	Courtney Hampton		656	16	511	30:22.5	30:59.2	9:48/M
35	Elisabeth Barge		54	15	555	30:52.7	31:40.9	9:57/M
36	Kayla Eller	Manheim	441	16	577	31:10.1	31:17.6	10:03/M
37	Holly Hendershot		688	16	610	31:32.1	32:03.3	10:10/M
38	Abby Landis	Ephrata	941	17	613	31:33.9	32:36.8	10:11/M
39	Grace Harr		663	15	650	31:55.0	32:59.6	10:18/M
40	Grace Eckert		1797	15	659	31:59.4	33:25.5	10:19/M
41	MaKenna Madar		1018	15	676	32:15.9	33:22.7	10:24/M
42	Paige Rice		1323	17	689	32:22.3	33:08.6	10:26/M
43	Grace Kensinger		852	18	727	32:54.7	34:59.9	10:37/M
44	Courtney Weaver	Mt. Joy	1648	17	741	33:09.6	34:00.3	10:42/M
45	Emily Wolfe		1718	17	744	33:14.9	35:03.3	10:43/M
46	Madison Labrecque		930	18	749	33:17.9	33:59.5	10:44/M
47	Halina Dorofee	lititz	409	17	752	33:21.7	35:31.7	10:45/M
48	Lizzie Wash	Lititz	1642	15	767	33:34.8	33:53.1	10:50/M
49	Savannah Sheaffer		1414	15	781	33:42.6	36:03.4	10:52/M
50	Makenzie Burkholder		233	16	786	33:48.6	35:12.0	10:54/M
51	Nastya Filippova		476	17	794	33:54.2	35:48.6	10:56/M
52	Priya Desai	Manheim	382	16	816	34:08.4	36:18.2	11:01/M
53	Cheyenne Sensenig		1398	18	818	34:09.0	36:57.0	11:01/M
54	Kylie Brandt		1900	15	844	34:31.9	36:50.0	11:08/M
55	Morissa Gouak		599	16	850	34:37.9	35:20.8	11:10/M
56	Sydney Delpi		372	16	851	34:38.1	35:20.8	11:10/M
57	Alyssa Bomberger		149	18	912	35:18.7	37:28.8	11:23/M
58	Katie Meyer		1111	16	929	35:38.6	37:09.5	11:30/M
59	Dawn Lam		937	16	969	36:15.6	37:47.5	11:42/M
60	Cassandra Rambler		1296	17	988	36:32.8	37:24.4	11:47/M
61	Rachael Levitan	Manheim	971	16	997	36:40.5	39:20.7	11:50/M
62	Ames Ames		22	18	1024	37:09.9	38:05.0	11:59/M
63	Heidi Ebersole		424	17	1075	38:02.1	40:50.2	12:16/M
64	Malinda Heisey		685	18	1084	38:08.4	38:48.9	12:18/M
65	Ashley Kowalski	Manheim	909	18	1088	38:12.9	40:18.0	12:19/M
66	Jenna Black	Ephrata	124	16	1114	38:33.8	40:39.3	12:26/M
67	Karly Fawber		467	18	1121	38:49.9	39:10.4	12:31/M
68	Jessica Goss		593	18	1132	39:03.8	41:49.7	12:36/M
69	Smeta Groff		1800	17	1151	39:21.1	39:40.5	12:42/M
70	Amber Cassel		277	16	1164	39:42.7	41:15.7	12:48/M
71	Natalie Cassel		282	17	1166	39:43.8	41:16.3	12:49/M
72	Alyssa Edris		1911	18	1172	39:48.0	40:09.0	12:50/M
73	Taylor Pychewicz		1294	17	1187	39:56.8	41:43.6	12:53/M
74	Kayla Clements		308	17	1188	39:57.2	41:43.8	12:53/M
75	Maggie Vanbrakle		1610	17	1212	40:23.0	41:10.1	13:02/M
76	Brook Heisey		1910	18	1233	40:58.3	41:19.1	13:13/M

Race Date
May 30, 2015

Rock N Glow 2015

Age Group Results

5K

Female 15 to 18

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
77	Molly McCord		1077	17	1271	41:54.1	44:55.4	13:31/M
78	Liz Schwebel		1389	17	1274	41:56.9	42:55.0	13:32/M
79	Hannah Danese		346	15	1300	42:34.1	43:13.8	13:44/M
80	Andrea Funk		520	15	1314	42:58.9	45:25.0	13:52/M
81	Grace Deputy		379	16	1337	43:29.1	44:05.1	14:02/M
82	Sydney Smith		1492	15	1352	43:55.6	46:54.2	14:10/M
83	Asia Hoffman		747	16	1354	43:55.8	46:54.6	14:10/M
84	Sarah Demmy		375	17	1406	44:54.6	47:44.9	14:29/M
85	Paige Gross		630	15	1453	46:09.7	48:10.1	14:53/M
86	Jaime Gross		628	16	1472	46:45.7	48:45.5	15:05/M
87	Kelly Hester	Lancaster	721	15	1491	47:27.9	48:00.4	15:18/M
88	Kassandra Bennett	Landisville	102	16	1497	47:28.7	48:00.7	15:19/M
89	LAUREN MCKEE		1088	15	1518	48:15.2	50:04.1	15:34/M
90	Savannah Drouillard		413	16	1526	48:55.5	51:21.6	15:47/M

Female 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Meg Griffith	Manheim	619	28	19	20:06.1	20:07.4	6:29/M
2	Angel Eshleman		457	28	50	22:14.3	22:28.4	7:10/M
3	Elaine Wagler		1624	28	104	23:36.5	23:48.3	7:37/M
4	Olga Clark		300	28	139	24:34.6	24:47.7	7:55/M
5	Katie Martin		1047	23	150	24:47.1	25:01.8	8:00/M
6	Sam Enck		453	23	153	24:47.7	25:01.1	8:00/M
7	Stephanie Keener		837	24	167	25:12.8	26:38.9	8:08/M
8	Amanda Groff		621	24	171	25:16.0	25:30.4	8:09/M
9	April Book		157	27	186	25:31.5	26:40.7	8:14/M
10	Marisa Fulmer		517	26	193	25:42.6	25:56.4	8:17/M
11	Amy Martin		1034	26	198	25:49.8	26:00.6	8:20/M
12	Shalisa Walker		1633	26	199	25:49.8	26:00.4	8:20/M
13	Carolyn Kocot		892	25	202	25:57.3	26:34.7	8:22/M
14	Nicole Lane		946	26	209	26:03.6	26:32.3	8:24/M
15	Amy Bollinger	Lancaster	144	25	217	26:08.3	26:37.3	8:26/M
16	Miranda Shirk	Hummelstown	1444	29	221	26:12.9	27:32.7	8:27/M
17	Alysia Goodman		585	24	243	26:29.5	27:34.5	8:33/M
18	Hillary Snavelly	Manheim	1499	26	245	26:30.1	27:08.1	8:33/M
19	Dana Dotterman		410	19	246	26:30.5	27:30.1	8:33/M
20	Caitie Hosler		780	23	247	26:30.7	27:12.4	8:33/M
21	Kim Horst		778	22	249	26:31.7	27:21.8	8:33/M
22	T. Renee Copenhaver	Lititz	328	24	252	26:36.6	26:48.2	8:35/M
23	Elizabeth Maldonado	Lancaster	1026	25	272	27:01.1	27:30.6	8:43/M
24	Colleen DeHart	Manheim	362	29	273	27:02.0	27:11.7	8:43/M
25	Kensey Melhorn		1095	29	277	27:10.6	28:18.1	8:46/M
26	Kelsey Perry		1267	27	284	27:15.1	29:14.8	8:47/M
27	Ashley King		1781	27	288	27:16.7	28:30.6	8:48/M
28	Kacy Shaw		1410	25	299	27:27.3	28:09.0	8:51/M
29	Melanie Nolt		1214	24	300	27:29.0	30:20.5	8:52/M
30	Brittany Cutarelli		342	24	313	27:37.7	28:11.3	8:55/M
31	Lindsay Faro		463	26	314	27:37.8	28:11.4	8:55/M
32	Amanda Shinsky	Mount Joy	1431	26	324	27:49.7	28:39.7	8:58/M
33	SAMANTHA MCELLHENNEY		1080	19	330	27:55.1	28:45.2	9:00/M
34	Kailey Fesenmyer	Lancaster	471	24	331	27:56.2	30:00.7	9:01/M
35	Giovanna Ortiz	Manheim	1235	21	333	27:56.9	28:16.5	9:01/M
36	Emily Schnader		1379	21	336	27:57.6	28:54.4	9:01/M
37	Alli Graber		600	23	337	27:58.0	28:42.9	9:01/M
38	Julie Marshall		1031	27	350	28:03.8	29:37.0	9:03/M
39	Ashley Trovato		1597	29	352	28:06.7	28:56.7	9:04/M
40	Brittany Lenz		965	23	354	28:07.6	29:39.6	9:04/M
41	Colette Root		1341	28	356	28:11.3	29:19.3	9:05/M
42	Tania Smaldone		1472	29	360	28:15.9	29:22.7	9:07/M
43	Beth Weidman		1662	29	369	28:23.4	29:55.4	9:09/M
44	Meghan Clisham		310	23	381	28:34.4	29:46.3	9:13/M
45	Ashley Kilhefner	Ephrata	862	19	385	28:35.7	29:30.3	9:13/M
46	Audrey Landis	manheim	942	25	388	28:45.7	29:24.6	9:16/M
47	Allison Reifsnnyder	Manheim	1314	27	409	28:59.2	30:09.0	9:21/M
48	Natalie Holland		752	24	421	29:08.8	29:45.6	9:24/M
49	Kaitlin Vargo		1611	24	425	29:17.0	30:30.7	9:27/M
50	Kristin Ort		1234	25	427	29:18.8	29:52.4	9:27/M
51	Shayna Burkholder		237	21	441	29:26.2	30:10.6	9:30/M
52	Laura Brenner	Lancaster	183	24	442	29:26.6	30:35.4	9:30/M
53	Kelly Frederick		507	27	444	29:26.9	30:31.4	9:30/M
54	Maggie Harmon		659	26	457	29:35.2	30:12.0	9:33/M

Rock N Glow 2015

Age Group Results

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Race Date
May 30, 2015

Female 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
55	Faith Putney		1782	25	466	29:41.8	30:48.0	9:35/M
56	Karyn Rubright		1854	25	467	29:42.6	29:45.7	9:35/M
57	Samantha Wolfe		1720	21	471	29:46.8	31:34.6	9:36/M
58	Aimee Geier	lanca	557	25	481	29:57.8	30:04.4	9:40/M
59	Natalie Snyder	Manheim	1503	24	484	30:01.1	31:39.2	9:41/M
60	Alison Stoltzfus	manheim	1536	19	512	30:23.4	30:59.8	9:48/M
61	Katelyn Ort		1233	21	514	30:25.5	30:59.8	9:49/M
62	Emily Sell		1394	26	525	30:33.4	31:11.9	9:51/M
63	Krystal Huber	Manheim	790	20	537	30:39.8	31:41.5	9:53/M
64	Emmie Grassetti		606	20	538	30:39.9	31:41.6	9:53/M
65	Jess Ruhl		1347	28	556	30:55.3	32:26.8	9:58/M
66	Erin Ruhl	Lebanon	1345	21	558	30:55.5	32:26.9	9:58/M
67	Ashley Lavenice	manheim	955	29	565	30:59.4	33:00.6	10:00/M
68	Jennifer Hooven	Lancaster	768	27	578	31:10.2	33:05.6	10:03/M
69	Kelsey Kendrick		1795	23	595	31:21.3	32:39.1	10:07/M
70	Jessica McGlynn		1084	21	596	31:21.7	32:34.7	10:07/M
71	Jacquelyn Hoover		770	23	606	31:30.6	33:03.5	10:10/M
72	Janelle Martin	Manheim	1041	19	615	31:34.4	32:37.2	10:11/M
73	Alyssa Dienner		397	27	616	31:35.5	31:40.1	10:11/M
74	Ashley Nauman		1175	29	617	31:35.7	32:32.5	10:11/M
75	Wendy Messner		1106	26	626	31:39.0	33:16.2	10:13/M
76	Karin Anderson		27	26	627	31:39.3	33:40.7	10:13/M
77	Shelby Schaeffer		1375	22	632	31:43.0	33:18.8	10:14/M
78	Julissa Eberly		421	27	651	31:55.3	33:16.5	10:18/M
79	Karly Spangle	York	1511	19	654	31:58.3	32:19.5	10:19/M
80	Sarah Bohn		141	28	655	31:58.5	32:33.7	10:19/M
81	Nicole Diffenderfer		403	26	656	31:58.9	32:53.5	10:19/M
82	Katelyn Haneman		657	27	657	31:59.0	33:45.3	10:19/M
83	McKenzie Pavlik	Manheim	1258	19	664	32:04.8	34:39.1	10:21/M
84	Denise Zimmerman		1765	28	670	32:09.4	33:38.7	10:22/M
85	Samantha Bowen	Fredericksburg	165	26	677	32:17.3	33:36.1	10:25/M
86	Katherine Weidman		1664	23	680	32:19.4	33:13.5	10:25/M
87	Lauren Cameron		1808	25	687	32:20.8	33:38.6	10:26/M
88	Ashley Edmondson		434	25	692	32:26.3	33:37.5	10:28/M
89	Valerie Smoker	Ephrata	1495	27	697	32:29.9	33:20.5	10:29/M
90	Whitney Zerbe		1760	26	700	32:34.3	34:11.3	10:30/M
91	Christina Nale	palmyra	1171	25	704	32:37.1	33:51.4	10:31/M
92	Shawna Nale	Harrisburg	1172	29	705	32:37.1	33:51.4	10:31/M
93	Kelly Callahan		1796	23	719	32:45.7	34:04.0	10:34/M
94	Sarah Mellinger		1888	27	721	32:46.8	35:01.5	10:34/M
95	Kayla Montgomery		1139	27	724	32:50.1	33:41.7	10:35/M
96	Nicole Reppert		1321	28	725	32:50.2	33:41.7	10:35/M
97	Kayla Haldeman	Manheim	650	27	729	32:55.8	34:33.4	10:37/M
98	Whitney Reed		1313	23	732	32:59.5	33:59.9	10:38/M
99	Tanya Fritz	myerstown	1885	29	733	33:00.3	33:23.6	10:39/M
100	Kirsten Gochnauer		580	20	758	33:27.8	33:52.1	10:47/M
101	Kayla Cook		323	24	764	33:33.9	35:20.5	10:49/M
102	AJ Wampler		1637	27	768	33:34.9	36:15.0	10:50/M
103	Carley Rambler		1297	24	769	33:35.1	35:20.7	10:50/M
104	Lindsay Sasko		1361	28	795	33:57.0	34:37.2	10:57/M
105	Briana Landis		943	28	801	33:58.5	35:06.8	10:57/M
106	Emily Spence		1513	26	812	34:07.6	35:13.1	11:00/M
107	Senia Phillips		1278	20	819	34:09.2	35:41.0	11:01/M
108	Jennifer Crossley		333	26	821	34:14.8	34:44.2	11:03/M
109	Alyssa Martin		1033	24	830	34:22.5	35:18.9	11:05/M
110	Ashlie Enck	Lititz	444	29	835	34:26.6	34:33.6	11:06/M
111	Dana Sciola		1391	19	852	34:38.8	34:59.2	11:10/M
112	Kristin Shearer	Mount Joy	1415	27	853	34:39.0	36:01.4	11:11/M
113	Makayla Laughlin		951	21	857	34:39.8	35:04.3	11:11/M
114	Sarah Smith		1490	27	873	34:53.4	37:23.8	11:15/M
115	Mattie Evans		1788	25	876	34:54.1	35:53.4	11:15/M
116	Samantha Preston		1286	24	887	35:04.6	36:54.8	11:19/M
117	Breanna Mellott		1099	21	888	35:04.7	38:26.6	11:19/M
118	Trisha Weaver	Manheim	1658	29	889	35:05.3	35:46.4	11:19/M
119	ELICIA HORST		776	19	900	35:14.8	35:43.0	11:22/M
120	Alanna Apperson	Elizabethtown	29	25	903	35:15.2	36:30.2	11:22/M
121	Jenna Logan		991	27	906	35:16.1	36:53.8	11:23/M
122	Ashley Transue		1868	21	908	35:16.3	36:03.8	11:23/M
123	Keri Crouse	Palmyra	335	24	917	35:23.0	36:50.8	11:25/M
124	Erika Campbell		252	20	928	35:37.2	36:50.5	11:29/M
125	Shelly Strausser		1555	26	932	35:43.4	35:53.4	11:31/M
126	Katie Nolt		1212	26	933	35:43.4	35:53.6	11:31/M
127	Melissa Stehman	Manheim	1525	24	934	35:44.1	36:23.5	11:32/M
128	Lisa Henderson		696	28	939	35:46.4	37:31.6	11:32/M
129	Rebecca Lincoln		980	19	945	35:49.7	37:10.1	11:33/M
130	Heather Ecker		430	26	947	35:49.9	38:07.5	11:33/M

Race Date
May 30, 2015

Rock N Glow 2015

Age Group Results

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Female 19 to 29

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
131	ALYSSA SMALE		1473	19	957	36:00.8	36:53.9	11:37/M
132	Danielle Fitting		483	25	963	36:08.6	38:43.4	11:39/M
133	Mylinh Lam		939	22	968	36:13.2	37:44.3	11:41/M
134	Jessica Heller		686	25	973	36:21.1	38:42.2	11:44/M
135	Jamie Mihoch		1112	22	1002	36:42.7	37:01.3	11:50/M
136	Megan Clelan		306	27	1008	36:46.3	39:06.1	11:52/M
137	Jazmin Derr		381	23	1016	36:59.5	37:24.6	11:56/M
138	Alycia Gorlaski		587	26	1018	37:00.9	37:48.6	11:56/M
139	Erika Shych		1455	24	1027	37:12.4	37:41.7	12:00/M
140	Katherine Horst		1793	27	1037	37:23.1	40:22.6	12:04/M
141	Monica Sensenig		1830	20	1045	37:34.2	40:20.7	12:07/M
142	Melissa Mosebach		1149	29	1062	37:49.2	38:46.6	12:12/M
143	Sabrina Campbell		256	28	1064	37:51.3	38:13.2	12:13/M
144	Kelly Sweigart	East Earl	1565	24	1080	38:02.9	38:49.9	12:16/M
145	Diana Shenk	Manheim	1425	23	1083	38:08.0	38:48.9	12:18/M
146	Allison Bitner		122	22	1085	38:08.6	38:09.3	12:18/M
147	Nikkole Amber	Manheim	19	28	1104	38:25.3	41:34.9	12:24/M
148	Krystle Cassel		281	28	1118	38:38.6	40:39.2	12:28/M
149	Melissa Renik	Lebanon	1319	22	1119	38:39.4	40:56.0	12:28/M
150	Sarai Hartnett	Lancaster	666	26	1125	38:54.1	39:15.9	12:33/M
151	Jessica Mohler		1134	28	1126	38:57.1	41:00.2	12:34/M
152	Johanna Black	conestoga	125	23	1129	39:00.1	39:20.8	12:35/M
153	Sarah Kuhn	Lancaster	924	27	1135	39:06.3	39:27.3	12:37/M
154	Andrea Pugliese	Manheim	1292	27	1138	39:07.4	39:27.3	12:37/M
155	Julie Shea		1412	28	1139	39:07.9	40:37.8	12:37/M
156	Allison King		867	20	1143	39:13.5	40:00.4	12:39/M
157	Chelsea Giacchi		569	25	1146	39:14.9	40:04.1	12:39/M
158	Sara Mueller		1158	26	1149	39:19.5	41:23.6	12:41/M
159	Sarah Shreiner		1451	20	1153	39:28.6	41:32.0	12:44/M
160	Hilary Horst		1873	27	1154	39:30.9	40:38.8	12:45/M
161	Courtney Moore	lititz	1142	19	1155	39:34.1	41:02.3	12:46/M
162	Alicia Statts	manheim	1523	27	1156	39:34.4	41:02.5	12:46/M
163	Jen Carnathan		269	29	1159	39:38.7	43:09.7	12:47/M
164	Barb Rodruad		1836	28	1162	39:42.0	41:07.1	12:48/M
165	Heather Griesemer	Ephrata	617	28	1185	39:56.4	41:38.0	12:53/M
166	Lindsay Koehn		894	26	1192	40:02.6	40:06.9	12:55/M
167	Amanda Nissley	Manheim	1204	26	1194	40:03.7	40:42.9	12:55/M
168	Ashley Hilton	Manheim	727	28	1205	40:18.6	43:49.3	13:00/M
169	Sara Bruton		214	28	1224	40:46.1	43:30.6	13:09/M
170	Melissa Kuhar	Kirkwood	923	27	1232	40:57.0	42:20.8	13:13/M
171	Jean Townsley	mount joy	1590	20	1235	41:00.8	42:23.8	13:14/M
172	Dana Rhea	Lancaster	1322	23	1250	41:24.5	42:52.0	13:21/M
173	Hannah Finger		477	20	1251	41:26.4	42:53.6	13:22/M
174	Melissa Yarzabek		1733	26	1261	41:42.3	44:13.8	13:27/M
175	Katelyn Lear		959	26	1264	41:43.8	43:11.3	13:27/M
176	Chelsea Barr		60	25	1268	41:52.4	43:49.2	13:30/M
177	Jessica Barnhart		56	29	1276	41:57.1	43:30.6	13:32/M
178	Lauren Kowalick		908	27	1278	42:00.6	45:36.1	13:33/M
179	Abigail Short		1447	21	1283	42:07.7	44:45.8	13:35/M
180	Kelsie Hess	Manheim	719	26	1284	42:07.9	44:45.8	13:35/M
181	Felicia Cruz	Indiana	337	21	1316	43:00.6	43:29.6	13:52/M
182	Melody Hubbard	Mount Joy	788	26	1326	43:23.9	46:02.8	14:00/M
183	Paige Service		1400	26	1338	43:32.5	45:26.5	14:03/M
184	Tasha Madison		1025	26	1340	43:33.6	46:11.8	14:03/M
185	Ashley Griffith		618	26	1351	43:54.5	46:32.7	14:10/M
186	Ara Hess Calderon		717	26	1365	44:04.1	44:51.3	14:13/M
187	Marilyn Lantz		947	28	1368	44:04.4	45:12.1	14:13/M
188	Taylor Barto		65	20	1390	44:32.8	47:32.8	14:22/M
189	Jessica Horning	Ephrata	772	29	1409	44:57.4	46:51.0	14:30/M
190	Erica Hilbert		724	29	1418	45:08.3	47:38.0	14:34/M
191	Britney Adams		5	27	1437	45:36.0	48:22.9	14:43/M
192	Julie Messina		1105	27	1438	45:38.8	46:12.3	14:43/M
193	Heather Bowman		170	24	1440	45:39.9	46:12.0	14:44/M
194	Ausialea Breisch		1903	24	1445	45:45.6	48:40.4	14:45/M
195	Randi Boyd	Mount Joy	172	22	1447	45:49.6	48:56.6	14:47/M
196	Lauren Miller	Manheim	1121	23	1456	46:11.8	49:18.9	14:54/M
197	Nicole Herman		704	23	1457	46:12.0	49:18.9	14:54/M
198	Amanda Flurry	Lancaster	491	28	1460	46:12.5	49:05.2	14:54/M
199	MaryAnne Koval		906	25	1463	46:26.8	49:53.6	14:59/M
200	Heather Birtel		119	29	1464	46:33.5	50:04.1	15:01/M
201	Mariah Gansel		528	20	1466	46:38.8	49:40.7	15:03/M
202	Heather Goodyear		586	28	1485	47:16.5	49:57.1	15:15/M
203	Katie Essel		1867	23	1512	48:02.0	51:09.2	15:30/M
204	Saline Yoder	Manheim	1738	28	1514	48:04.4	49:45.0	15:30/M
205	Courtney Beltle		82	27	1525	48:55.1	51:21.5	15:47/M
206	Elisabeth Garrett		542	26	1536	49:28.6	52:45.3	15:57/M

Female 19 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
207	Katie Beamesderfer	Manheim	76	24	1540	49:32.9	52:09.9	15:59/M	
208	Kaitlyn Lewis		975	21	1543	49:51.3	51:07.0	16:05/M	
209	Noha Hashem		674	28	1556	50:38.4	53:46.7	16:20/M	
210	Saige Demmy		374	20	1559	50:44.9	53:37.0	16:22/M	
211	Amy Logan	Columbia	989	27	1570	51:16.7	52:54.9	16:32/M	
212	Linda Lam		938	29	1588	52:48.3	54:45.3	17:02/M	
213	Caite Cluck		1845	26	1610	53:38.1	56:34.0	17:18/M	
214	Shannon Mitchell	Columbia	1131	26	1617	53:59.0	57:20.8	17:25/M	
215	Valerie Ruhl	Manheim	1349	29	1623	54:08.5	57:40.4	17:28/M	
216	Elyzabeth Maule		1060	20	1628	54:17.0	57:00.2	17:31/M	
217	Kamyl Anderson		26	24	1629	54:25.4	57:59.2	17:33/M	
218	Trista Kuhn		925	24	1630	54:25.5	57:59.3	17:33/M	
219	Lauren Clark		298	29	1645	56:40.0	1:00:00.5	18:17/M	
220	Salyiena Lo	Leola	984	22	1681	1:00:08.0	1:00:20.8	19:24/M	
221	Ashley Canterbury		260	26	1685	1:05:57.9	1:07:35.1	21:16/M	
222	Leah Wolgemuth		1723	27	1688	1:10:53.4	1:14:11.4	22:52/M	
223	Hannah Timm		1586	23	1690	1:10:57.1	1:14:10.3	22:53/M	
224	Arika Zook		1902	26	1691	1:10:59.0	1:14:10.6	22:54/M	

Female 30 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Laura Boll Peifer		143	33	26	20:48.4	20:51.9	6:43/M	
2	Michelle Gruber	Mount Joy	634	38	43	21:50.6	21:51.2	7:03/M	
3	April Weaver		1644	31	61	22:33.6	22:40.3	7:16/M	
4	Greta Stoner		1545	33	68	22:45.6	22:52.0	7:20/M	
5	Erin Moyer		1153	37	74	22:55.9	23:13.1	7:24/M	
6	Kathryn Sikorski	Lancaster	1459	33	89	23:21.1	23:43.6	7:32/M	
7	Audrey Caleca	lititz	243	39	90	23:23.2	23:36.3	7:33/M	
8	Jen Fern		469	37	94	23:25.6	23:38.3	7:33/M	
9	Jeane Bowerman		167	35	133	24:30.1	25:02.4	7:54/M	
10	Carol Mearig		1092	33	136	24:32.2	24:43.9	7:55/M	
11	Janet Kucera		922	36	144	24:38.3	24:49.4	7:57/M	
12	Ellen Vogt	Landisville	1619	35	145	24:39.2	25:14.3	7:57/M	
13	Lisa Colino	Landisville	315	38	146	24:39.3	24:52.6	7:57/M	
14	Stephanie Newswanger	Manheim	1200	37	159	25:00.9	25:15.2	8:04/M	
15	Anita Keppley	Manheim	853	39	180	25:21.3	25:26.4	8:11/M	
16	Stephanie Rada		1295	31	183	25:29.4	26:26.6	8:13/M	
17	Whitney Albrecht		11	30	188	25:36.1	26:22.3	8:15/M	
18	Annette Uriondo		1606	36	192	25:41.9	25:43.7	8:17/M	
19	Amy Siegrist	Mt. Joy	1457	32	197	25:47.6	26:12.5	8:19/M	
20	Mandy Shirey		1436	37	204	25:59.9	26:31.8	8:23/M	
21	Candace DeBord	Lancaster	355	33	206	26:00.1	26:08.2	8:23/M	
22	Christina Diffenderfer		401	36	214	26:06.8	26:20.6	8:25/M	
23	Jackie Weaver		1651	33	215	26:07.9	27:54.4	8:25/M	
24	Collen Gergely		560	37	227	26:18.5	26:29.2	8:29/M	
25	Tiana Webb	Lititz	1659	31	228	26:18.8	26:47.2	8:29/M	
26	Kimberly Martin	Lititz	1048	33	231	26:19.5	26:44.6	8:29/M	
27	Emily Williams		1691	32	235	26:23.4	26:28.9	8:31/M	
28	Michelle Ludwig		497	33	236	26:24.0	27:01.9	8:31/M	
29	Katie Bell	Elizabethtown	81	36	238	26:24.8	26:48.1	8:31/M	
30	Emmy Savage	Ephrata	1367	38	265	26:55.2	27:09.3	8:41/M	
31	Sonya Widders	Lititz	1681	35	270	27:00.6	27:25.8	8:43/M	
32	Stephanie Herr		708	34	271	27:00.7	27:08.8	8:43/M	
33	Mary Ellen Shirk		1443	31	275	27:06.7	27:19.7	8:45/M	
34	Kimberly Matthews	Manheim	1058	33	281	27:14.0	28:31.9	8:47/M	
35	Sarah Sylvia	Manheim	1572	36	307	27:34.1	27:56.5	8:54/M	
36	Ellie Eisenhofer		437	37	311	27:37.1	28:38.7	8:55/M	
37	Kaitlin McGuire		1086	30	326	27:52.9	28:01.5	8:59/M	
38	Nikki Penozo		1265	37	338	27:58.0	28:58.2	9:01/M	
39	Tammy Stauffer		1524	36	346	28:00.4	29:47.6	9:02/M	
40	Nicole Hoffer		746	35	348	28:03.5	29:20.4	9:03/M	
41	Brittney Hix		736	30	349	28:03.7	29:24.6	9:03/M	
42	Anna Mitchell	Lancaster	1128	34	355	28:08.3	28:10.1	9:05/M	
43	Melissa Funk	Manheim	521	35	387	28:44.7	29:41.2	9:16/M	
44	Amy Davis		352	31	392	28:48.4	29:00.8	9:17/M	
45	Amie Sheffer		1417	32	395	28:49.1	29:44.8	9:18/M	
46	Regina Scanlin	Marietta	1372	39	415	29:03.2	31:09.1	9:22/M	
47	Melissa Santos		1359	35	417	29:04.4	30:10.5	9:23/M	
48	Julie Caplinger		266	37	432	29:21.5	29:36.1	9:28/M	
49	Frosoula Romano	Lancaster	1340	39	435	29:22.6	29:55.6	9:28/M	
50	Stephane Smith		1491	38	436	29:23.7	29:55.8	9:29/M	

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Female 30 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
51	Lauren Elhadj	Lititz	1803	30	439	29:24.6	29:36.2	9:29/M
52	Casey Voelmle		1617	31	440	29:24.9	29:36.3	9:29/M
53	Ashley Sherwood		1428	31	445	29:28.5	29:40.6	9:30/M
54	Megan Hensley	Ephrata	699	37	452	29:32.6	30:09.4	9:32/M
55	Jennifer Prince		1290	34	461	29:40.8	31:17.2	9:34/M
56	Stephanie Good	New Holland	584	31	468	29:42.9	30:16.0	9:35/M
57	Amanda Kukura		926	36	470	29:44.7	31:18.7	9:35/M
58	Alison Hamby	Landisville	652	34	472	29:50.9	31:12.5	9:37/M
59	Melissa Wise		1708	30	475	29:51.8	32:25.4	9:38/M
60	Monica Stitzel	Manheim	1535	34	485	30:02.3	32:23.1	9:41/M
61	Melanie DeHart	Lancaster	365	39	488	30:06.6	31:20.0	9:43/M
62	Karen Garner	Manheim	539	36	493	30:10.3	31:07.1	9:44/M
63	Allison Gehman	Mount Joy	549	31	496	30:12.5	31:42.9	9:45/M
64	Stephanie Shelly		1424	31	498	30:13.3	30:38.4	9:45/M
65	Holly Gerke		565	36	501	30:15.9	30:30.0	9:45/M
66	Heather Hinkel		729	32	506	30:20.0	32:02.0	9:47/M
67	Taryn Boehler		139	33	515	30:26.1	31:46.2	9:49/M
68	Julie Keim	Lancaster	841	34	517	30:28.1	31:31.7	9:50/M
69	Maria Clark	Lancaster	299	35	520	30:31.9	32:38.1	9:51/M
70	Michael Gibbons		571	30	522	30:32.1	32:32.9	9:51/M
71	Alli Stover	York	1552	35	531	30:35.5	30:52.1	9:52/M
72	Rachel Moyer		1155	33	534	30:37.2	31:54.1	9:53/M
73	Madeline Masters		1054	30	543	30:44.1	32:26.3	9:55/M
74	Angie Carper		270	38	544	30:45.1	31:10.4	9:55/M
75	Angie Eichelberger	Lancaster	435	36	545	30:45.3	31:10.9	9:55/M
76	Shannon Cunningham		340	31	547	30:48.6	31:19.8	9:56/M
77	Jamie Wolf		1715	30	549	30:49.6	32:10.4	9:56/M
78	Laura Oberle		1224	30	557	30:55.3	31:36.0	9:58/M
79	Amy Good	York	581	39	560	30:56.2	31:21.6	9:59/M
80	Kristina Shirk		1441	35	575	31:09.9	32:20.5	10:03/M
81	Clarissa Baxter	Ephrata	69	30	579	31:11.5	32:02.4	10:04/M
82	Jamie Heckendorn		681	34	580	31:12.8	32:00.5	10:04/M
83	Kelly Greene		615	30	581	31:13.8	32:54.3	10:04/M
84	Sarah Zimmerman	Ephrata	1772	33	587	31:16.1	32:20.1	10:05/M
85	Megan Chism		291	38	590	31:18.5	33:32.9	10:06/M
86	Jill Freedman	Hummelstown	508	35	598	31:22.7	32:38.6	10:07/M
87	Laurie Olsen	Manheim	1230	31	599	31:24.3	32:14.4	10:08/M
88	April Warihay	Manheim	1639	35	605	31:27.2	32:44.7	10:09/M
89	Lindsey Haag		639	30	609	31:32.0	31:39.0	10:10/M
90	Kristina Brubaker		207	35	614	31:34.3	33:35.0	10:11/M
91	Angela Stoudt	Manheim	1550	32	621	31:36.8	32:54.0	10:12/M
92	Jennifer Kiesel		855	30	622	31:37.1	33:01.2	10:12/M
93	Lindsay Texter	Lititz	1783	36	630	31:39.9	33:15.3	10:13/M
94	April Rineer	Conestoga	1325	37	636	31:43.8	33:00.2	10:14/M
95	Jennifer Miller	Mount Joy	1118	35	663	32:04.4	33:43.3	10:21/M
96	Pamela Dupont	Manheim	417	32	686	32:20.6	32:47.8	10:26/M
97	Sarah Horning	Lancaster	773	33	694	32:27.2	33:28.0	10:28/M
98	Erin Geib		553	37	696	32:28.5	33:47.3	10:28/M
99	Rosene Groff		626	36	706	32:39.6	34:31.7	10:32/M
100	Jennifer Cox		331	36	709	32:41.1	34:32.0	10:33/M
101	Amy Risser		1330	33	717	32:45.3	33:14.6	10:34/M
102	Laina Wiker		1688	38	718	32:45.6	35:00.9	10:34/M
103	Jacqueline Phillips	lititz	1277	31	738	33:07.1	35:11.2	10:41/M
104	Lisa Locker		987	38	747	33:16.3	34:23.8	10:44/M
105	Trina Hurst		798	38	776	33:38.5	34:22.4	10:51/M
106	Jaime Hetsko	Mout Joy	722	37	778	33:39.4	35:42.3	10:51/M
107	Julie Reisinger		1318	37	779	33:39.5	34:52.1	10:51/M
108	Dawn Hornberger		1807	35	788	33:49.3	36:36.3	10:55/M
109	ASHLEY WHARTON	landisville	1678	31	789	33:51.0	34:02.9	10:55/M
110	COLLEEN STEINMETZ		1526	32	797	33:57.1	34:37.3	10:57/M
111	Jennifer Brubaker		203	39	803	33:59.5	34:55.0	10:58/M
112	Jennifer Spence		1514	32	813	34:07.7	35:13.3	11:00/M
113	Jodi Stuber	Camp Hill	1559	30	815	34:08.0	34:14.3	11:01/M
114	Nicole Watson		1842	37	832	34:23.2	35:15.4	11:05/M
115	Monica Wagner	Quarryville	1630	35	833	34:23.9	35:43.5	11:05/M
116	Erin Bills		117	33	840	34:30.5	36:08.9	11:08/M
117	Eden BARBUSH		50	31	841	34:31.2	34:58.6	11:08/M
118	Danielle Iovino		809	31	855	34:39.3	35:43.5	11:11/M
119	Kelley Wolgemuth		1722	35	863	34:44.2	36:51.7	11:12/M
120	Cory Graeff		603	32	865	34:47.1	35:51.6	11:13/M
121	Beth Rinehart		1802	37	868	34:50.7	36:15.5	11:14/M
122	Teresa Rinehart		1327	38	869	34:50.8	36:15.3	11:14/M
123	Brandy Hodgson		741	38	871	34:52.1	35:24.3	11:15/M
124	Angela Keefer		836	33	872	34:53.3	35:11.0	11:15/M
125	Sherri Gagne		523	37	877	34:55.6	36:12.8	11:16/M
126	mindy benjamin	Levittown	93	38	879	34:57.6	37:19.9	11:16/M

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Female 30 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
127	Veronica Swope		1571	33	886	35:03.9	35:16.2	11:18/M
128	Amanda Frank		505	35	893	35:11.7	36:13.0	11:21/M
129	Angie Munkittrick		1160	38	894	35:12.2	36:56.2	11:21/M
130	Brittany Guerrisi		637	30	895	35:12.3	36:13.1	11:21/M
131	Maena Packer	Lititz	1240	37	898	35:14.4	36:59.0	11:22/M
132	Corrie Reed	Manheim	1312	33	899	35:14.5	35:22.5	11:22/M
133	Amy Morris		1147	35	901	35:14.9	35:48.4	11:22/M
134	Angie Jones		824	35	907	35:16.1	37:00.6	11:23/M
135	Katie Cleland		307	30	913	35:19.9	35:48.2	11:24/M
136	Julie McCauley		1074	32	914	35:20.1	35:48.3	11:24/M
137	Heather Dangolovich		347	34	922	35:31.1	37:12.3	11:27/M
138	Jennifer Zimmerman	Hershey	1769	37	938	35:46.3	38:07.0	11:32/M
139	Kelly Reber		1894	36	941	35:48.8	36:52.3	11:33/M
140	Candi Brooks		190	38	942	35:49.1	38:07.1	11:33/M
141	Kimberly Kope		897	39	950	35:55.2	38:12.7	11:35/M
142	Jacey Gish	Manheim	575	35	962	36:08.4	38:00.7	11:39/M
143	Jennifer Schaefer		1373	31	966	36:11.6	38:44.5	11:40/M
144	Amy Gouak		596	36	980	36:26.0	37:10.2	11:45/M
145	Yukary Hernandez		705	34	986	36:29.9	37:22.6	11:46/M
146	Kimberly Bost		164	38	990	36:33.0	38:34.9	11:47/M
147	Jessica Hutchinson	Marietta	802	34	991	36:33.2	38:35.0	11:47/M
148	Natalie Luciano		1857	30	992	36:34.2	39:03.7	11:48/M
149	Brittany Loeffler		988	31	999	36:40.9	37:59.9	11:50/M
150	Alicia Benson		104	37	1012	36:59.0	39:38.7	11:56/M
151	Amanda Yiengst		1734	38	1015	36:59.4	37:25.2	11:56/M
152	Tracy Kilheffer		861	33	1030	37:16.1	40:30.4	12:01/M
153	Katie Rogers		1337	32	1031	37:16.2	38:57.6	12:01/M
154	Brandy Long		992	39	1035	37:22.1	39:31.8	12:03/M
155	Trina Piaskowski	Manheim	1279	30	1039	37:26.0	39:47.8	12:05/M
156	Christina Carroll	Lancaster	273	39	1052	37:39.6	38:40.0	12:09/M
157	Sarah Primak		1289	31	1068	37:56.7	39:46.6	12:14/M
158	Michele Smith		1487	39	1072	37:58.4	40:35.9	12:15/M
159	Lynette Coon	Lancaster	327	33	1073	37:58.8	40:36.0	12:15/M
160	Heather Mellinger		1098	39	1079	38:02.4	38:50.0	12:16/M
161	Lauren Nazzaro		1177	35	1087	38:12.7	40:22.2	12:19/M
162	Valerie Biddle	Manheim	116	36	1095	38:14.9	39:54.9	12:20/M
163	Erika Hehny		1896	36	1098	38:19.0	39:23.2	12:22/M
164	Erin Callahan		246	33	1100	38:23.0	40:32.3	12:23/M
165	Laura Musser		1165	37	1111	38:33.6	40:16.5	12:26/M
166	Shannon Paules		1254	31	1112	38:33.7	39:44.9	12:26/M
167	Emily Jacobs		813	34	1115	38:34.1	40:17.6	12:26/M
168	Chrissy Shaw	Quarryville	1408	37	1124	38:53.9	41:07.2	12:33/M
169	Kristi Sprout	Quarryville	1519	37	1127	38:57.9	41:12.5	12:34/M
170	Marisa Flowers		489	30	1136	39:06.6	41:34.5	12:37/M
171	Krista Reed		1311	36	1140	39:08.0	40:37.4	12:37/M
172	KATIE SLAUCH-BOOZER		1471	33	1141	39:08.6	40:42.5	12:37/M
173	Danielle Brunozzi		212	32	1144	39:13.5	41:09.9	12:39/M
174	Nicole George		559	35	1157	39:36.3	42:22.3	12:46/M
175	Heather Capizzi	Lititz	262	36	1170	39:46.1	40:04.9	12:50/M
176	Missy Hartman		665	33	1173	39:48.7	41:00.1	12:50/M
177	Angela DeLaney		366	38	1174	39:49.0	41:28.6	12:51/M
178	Stacey Bernstein	Lititz	109	39	1180	39:55.1	41:42.6	12:53/M
179	Beth Burchett		220	32	1193	40:03.1	40:07.3	12:55/M
180	Valerie O'Donnell		1226	31	1197	40:11.4	40:52.4	12:58/M
181	Carrie Haak		642	35	1198	40:11.4	42:05.7	12:58/M
182	Elisabeth Deeb		356	31	1199	40:11.5	40:52.5	12:58/M
183	Nicole Ferrari		470	38	1203	40:15.5	43:23.5	12:59/M
184	Paula Lucy	Ephrata	1004	39	1209	40:21.6	42:26.9	13:01/M
185	Shirley Kensey		851	39	1210	40:22.0	40:28.3	13:01/M
186	Gretchen Smith		1483	31	1213	40:23.1	41:10.2	13:02/M
187	Leighann Walsh	Lancaster	1634	34	1215	40:27.2	42:54.9	13:03/M
188	Denise Claycomb		305	33	1218	40:37.1	43:46.8	13:06/M
189	Angela Shreiner		1448	37	1219	40:40.8	41:27.0	13:07/M
190	Kimberly Kellow	River Vale	845	37	1223	40:46.0	42:01.6	13:09/M
191	Heather Sherman		1426	33	1227	40:51.0	43:59.8	13:11/M
192	Michelle Bartlett	Levittown	64	35	1229	40:55.4	42:33.0	13:12/M
193	KARI HESS	Manheim	718	33	1238	41:05.2	44:26.6	13:15/M
194	Kelly Smith		1484	39	1252	41:29.7	43:28.3	13:23/M
195	Jennifer Stringham		1558	36	1255	41:34.9	44:13.0	13:25/M
196	Jenna Jahnigen		1828	34	1259	41:37.5	43:26.2	13:25/M
197	Christine Maclary		1014	38	1260	41:41.9	42:21.7	13:27/M
198	Tiffany Krum		919	39	1270	41:53.3	44:35.8	13:31/M
199	Lisa Dise		406	31	1275	41:56.9	45:09.7	13:32/M
200	Jenee Ganster	East Petersburg	529	35	1280	42:05.2	44:51.9	13:35/M
201	Alicia Santiago	Manheim	1357	32	1285	42:11.1	44:49.6	13:36/M
202	Kris Auker		38	34	1287	42:14.7	43:42.8	13:37/M

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Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
203	Conni Ray		1304	38	1289	42:17.3	44:20.8	13:38/M
204	Sara Elizabeth		440	32	1310	42:47.7	43:27.8	13:48/M
205	Garnet Sofillas		1506	36	1313	42:54.3	43:01.6	13:50/M
206	Pam Neidermyer		1184	35	1324	43:21.8	46:39.0	13:59/M
207	Carrie Bonanno		154	37	1327	43:24.4	46:15.1	14:00/M
208	Kerri Mateer		1056	37	1335	43:28.1	44:04.3	14:01/M
209	Tessa Torborg		1589	33	1339	43:33.4	45:26.4	14:03/M
210	Tiffany Thomas	Columbia	1580	31	1342	43:34.8	44:02.0	14:03/M
211	Beth Diehl		394	32	1347	43:46.5	44:28.1	14:07/M
212	Laura Weaver		1655	30	1362	44:03.7	46:40.7	14:13/M
213	Michelle Hydock		803	33	1369	44:05.8	46:42.8	14:13/M
214	Sarah Henderson		697	36	1377	44:15.1	46:57.1	14:16/M
215	Jen Garner	Manheim	538	39	1386	44:27.5	46:18.2	14:20/M
216	Jessica Stoner		1546	30	1388	44:28.9	46:47.1	14:21/M
217	Alisa Hershey	Lancaster	712	34	1391	44:32.9	46:09.2	14:22/M
218	Laura Inthavongsa		808	34	1393	44:36.3	47:36.7	14:23/M
219	Jessica Wisniewski	Manheim	1713	34	1410	44:57.5	46:50.8	14:30/M
220	Heather Chernich	Lebanon	290	30	1412	44:59.2	46:41.0	14:31/M
221	Stephanie Zahora		1747	35	1419	45:09.0	47:38.1	14:34/M
222	Danielle Vitti	Lititz	1616	35	1420	45:10.6	47:26.3	14:34/M
223	Mandy Boyd		171	38	1423	45:12.8	47:47.0	14:35/M
224	Rebecca Boerst		140	36	1425	45:14.0	47:38.4	14:35/M
225	Heather Herr		706	33	1426	45:15.4	48:25.2	14:36/M
226	Amanda Ludwig	Lititz	1005	35	1427	45:16.6	47:05.5	14:36/M
227	April Vassilos		1612	34	1428	45:17.3	48:23.5	14:36/M
228	Jennifer Book		1826	32	1431	45:25.5	46:09.2	14:39/M
229	Amy Novack	Lancaster	1216	31	1435	45:30.8	46:14.0	14:41/M
230	Kaylene Brubaker		206	39	1442	45:44.1	48:46.8	14:45/M
231	Bethany Sauer		1366	33	1450	46:03.1	47:41.4	14:51/M
232	Jennifer Hashbarger		672	31	1469	46:44.7	48:44.8	15:05/M
233	Amy Lewis	Columbia	973	35	1470	46:44.8	49:59.1	15:05/M
234	Becky Link	Lititz	981	31	1474	46:47.8	49:58.8	15:05/M
235	Becky Hertzog	Leola	714	35	1475	46:48.2	49:59.0	15:06/M
236	Jessica Kennedy		848	35	1476	46:49.3	49:17.6	15:06/M
237	Jessica Sauder	manheim	1363	35	1479	46:52.0	48:14.2	15:07/M
238	Jessica Grundza	Mount Joy	635	32	1483	47:06.6	49:21.0	15:12/M
239	Cheri Bennage		94	30	1484	47:16.2	49:57.1	15:15/M
240	Lil Long		995	38	1492	47:27.9	48:56.7	15:18/M
241	Shannon Young	Lancaster	1744	33	1493	47:27.9	50:31.7	15:18/M
242	HEATHER HOBAN		738	39	1499	47:31.0	50:59.7	15:20/M
243	Julie Rutt		1352	37	1500	47:31.0	50:24.8	15:20/M
244	Holly Heeter		683	34	1510	48:01.1	50:01.0	15:29/M
245	Katherine Brown	harrisburg	197	35	1515	48:05.8	49:46.5	15:31/M
246	Lindsay Troop		1595	34	1528	49:08.6	52:09.1	15:51/M
247	Angelina Hook		766	35	1532	49:21.6	51:48.3	15:55/M
248	Danielle Seibert	Lancaster	1392	38	1547	50:03.2	53:22.4	16:09/M
249	Kyron Delinko	reading	370	33	1548	50:05.7	53:29.2	16:09/M
250	Christine Hosler	Columbia	782	38	1550	50:07.2	53:28.9	16:10/M
251	Missy Frey	windsor	512	36	1552	50:22.3	52:30.6	16:15/M
252	Tiffany Arnold		31	32	1553	50:22.6	53:04.8	16:15/M
253	Cindy UConn		1605	38	1555	50:38.1	53:46.4	16:20/M
254	Molly Caldwell		242	30	1567	51:00.5	54:20.2	16:27/M
255	Kristin Smith		1485	30	1574	51:49.9	55:02.3	16:43/M
256	ANGELA WOLFE		1716	30	1575	51:50.5	55:03.0	16:43/M
257	Shelby Weber	Mount Joy	1660	31	1577	51:53.0	54:54.3	16:44/M
258	Lisa Grube		633	39	1582	51:59.6	54:47.0	16:46/M
259	Laurie Gettis		568	33	1584	52:10.6	55:25.7	16:50/M
260	Rachael Rivera		1779	31	1597	53:04.4	56:10.4	17:07/M
261	Jaclyn Hinkle		731	30	1607	53:35.3	55:00.6	17:17/M
262	Nicole Moore		1143	30	1611	53:39.4	56:34.7	17:18/M
263	Michelle Dengler	Adamstown	377	34	1636	54:37.9	57:32.4	17:37/M
264	Robyn Iglehart		805	39	1641	55:21.4	58:19.3	17:51/M
265	Amanda Buckel	Manheim	217	30	1647	56:41.4	1:00:01.4	18:17/M
266	Angela Diehl	Manheim	393	38	1648	56:43.3	1:00:15.4	18:18/M
267	Bobbi Hollingshead	Red Lion	753	32	1650	56:44.4	58:58.1	18:18/M
268	Jenny Baronsky		59	39	1665	57:50.6	1:01:02.3	18:39/M
269	Holli McCarter	Mountville	1071	32	1669	57:58.9	1:01:10.2	18:42/M
270	Cat de Nooijer		353	36	1679	59:02.7	1:01:59.9	19:03/M
271	Anisa Candy		259	33	1682	1:00:44.1	1:03:26.4	19:35/M
272	Elizabeth Fisher		481	35	1683	1:04:43.7	1:04:43.7	20:53/M
273	Rebekah Bowers		168	36	1686	1:09:09.1	1:12:18.1	22:18/M

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Female 40 to 49

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Michelle Deery		358	42	20	20:19.6	20:22.9	6:33/M
2	Krista Nikolaus	Columbia	1202	42	25	20:47.0	20:50.1	6:42/M
3	Lisa Mast		1053	40	38	21:40.6	21:47.7	6:59/M
4	Sarah Forgione	Lititz	496	41	59	22:32.8	22:35.5	7:16/M
5	Jennifer Nikolaus	Mount Joy	1201	40	123	24:09.3	24:12.8	7:47/M
6	Missy Harbach	MANHEIM	658	40	128	24:14.9	24:28.6	7:49/M
7	Maria Delgado	Lititz	369	42	143	24:38.1	24:39.4	7:57/M
8	Rachel Causak		287	41	161	25:03.8	27:28.9	8:05/M
9	Bobbi Seyfert		1404	41	164	25:10.8	26:10.2	8:07/M
10	Tracey Campbell	Mount Joy	258	42	169	25:14.9	25:40.9	8:08/M
11	Beth Karpel	Mount Joy	832	43	185	25:31.3	25:46.8	8:14/M
12	Wendy Fry	Mount Joy	514	42	189	25:37.3	25:53.3	8:16/M
13	Julie Garman	Ephrata	537	40	213	26:06.3	26:20.0	8:25/M
14	joy Phelan	Conetoga	1275	45	218	26:10.3	27:11.2	8:26/M
15	Bernadette Sheaffer	Akron	498	47	232	26:20.4	26:57.8	8:30/M
16	Patricia Keiser		843	40	234	26:23.4	27:01.9	8:31/M
17	Lynn Hershey		713	49	237	26:24.7	26:46.4	8:31/M
18	Krista Ober		1220	43	259	26:42.3	27:10.8	8:37/M
19	Raquel Lake		935	40	263	26:51.7	28:50.3	8:40/M
20	Elizabeth Neifert	Orwigsburg	1186	41	276	27:08.6	27:43.6	8:45/M
21	Michelle Klein	Manheim	883	41	279	27:12.9	28:11.0	8:46/M
22	Monica Bereschak		105	40	303	27:31.1	28:05.9	8:53/M
23	Denise Harr		662	47	329	27:54.3	28:59.6	9:00/M
24	Dina Brandt		176	47	340	27:58.6	28:45.1	9:01/M
25	Rachel Hofstetter		751	40	345	28:00.4	29:47.7	9:02/M
26	Stephanie Hartzler	Manhiem	671	42	358	28:15.2	29:06.3	9:07/M
27	Beth Roberts		1798	48	367	28:22.3	29:05.8	9:09/M
28	Jean Benedict	Manheim	90	47	376	28:31.1	29:23.7	9:12/M
29	JoAnn Sunderland	Manheim	1562	42	379	28:32.0	29:34.0	9:12/M
30	Jennifer Shultz	Mount Joy	1453	46	408	28:57.7	30:03.1	9:20/M
31	Tracy Krushinski	lititz	921	45	422	29:09.8	29:37.8	9:24/M
32	Wera Savin		1370	49	423	29:11.3	30:34.4	9:25/M
33	Judith Ring	Hatboro	1328	47	434	29:21.9	30:17.6	9:28/M
34	Kim Spangle	York	1512	45	446	29:29.5	29:35.5	9:31/M
35	Susan Altland		16	43	449	29:31.4	30:55.2	9:31/M
36	CAROL MARTIN		1036	44	458	29:37.2	29:52.7	9:33/M
37	Christine Barbera	Lancaster	49	40	459	29:37.7	29:56.8	9:33/M
38	SHELLY BURKHOLDER		238	49	477	29:53.0	30:37.0	9:38/M
39	Karen Conrad	Elizabethtown	319	43	478	29:54.7	30:27.4	9:39/M
40	Brenda Balmer	Lebanon	46	46	480	29:56.3	31:33.8	9:39/M
41	Mary McGallicher	Manheim	1817	43	507	30:20.0	31:02.9	9:47/M
42	Jennifer Lauris	lititz	952	42	528	30:34.4	32:04.8	9:52/M
43	Caroline Lawrence	Lancaster	956	47	532	30:36.2	30:52.5	9:52/M
44	Sara Good		1839	43	536	30:37.4	31:00.0	9:53/M
45	Janet Christoffel	Lancaster	294	44	539	30:41.8	32:48.5	9:54/M
46	Nikki Dean		354	44	551	30:50.8	32:20.3	9:57/M
47	Allison Hahn	Elizabethtown	645	44	567	30:59.6	32:44.2	10:00/M
48	Nancy Stoltzfus		1539	41	569	31:01.4	31:21.9	10:00/M
49	Alyssa Grube	Akron	631	44	586	31:15.9	32:36.3	10:05/M
50	Denise Redcay	Mount Joy	1306	43	592	31:19.4	32:49.1	10:06/M
51	Kristina Baker	Columbia	45	45	603	31:25.0	32:55.1	10:08/M
52	Mary Mallis		1811	40	611	31:33.2	31:50.2	10:11/M
53	Michele Goss	Manheim	595	43	619	31:36.3	34:15.9	10:12/M
54	Gina Bray	Lancaster	178	45	631	31:42.7	33:15.7	10:14/M
55	Lisa Banzhof		48	45	637	31:44.2	32:59.5	10:14/M
56	Ann Stevens	Lancaster	1530	41	638	31:44.7	32:59.3	10:14/M
57	Kimberly Kirchner	Manheim	880	40	645	31:48.2	32:59.3	10:15/M
58	Gayle Merkt	Elizabethtown	1103	42	665	32:05.1	34:01.7	10:21/M
59	Christine Binkley	New Holland	118	41	668	32:08.1	33:49.2	10:22/M
60	Maria Kinney		873	48	674	32:15.6	33:28.0	10:24/M
61	Roseanne Madar		1019	45	675	32:15.7	33:22.7	10:24/M
62	Melissa Melhorn	manheim	1096	40	681	32:19.5	33:35.2	10:25/M
63	Joanne Weidman		1663	49	683	32:20.1	33:13.8	10:26/M
64	Amy Garber		532	45	684	32:20.1	32:46.9	10:26/M
65	Twila Gerlach		566	46	690	32:25.6	34:57.0	10:27/M
66	Kathy Fausnacht	Ephrata	465	42	695	32:27.3	33:31.1	10:28/M
67	Nora Martin		1050	41	701	32:34.8	32:41.0	10:30/M
68	Kristen Kormos		900	44	720	32:45.9	33:14.4	10:34/M
69	Leann Yoder	Myerstown	1737	41	723	32:50.0	34:28.8	10:35/M
70	Debra Kraybill		914	40	735	33:04.0	34:18.2	10:40/M
71	Tracey Bertin	Manheim	114	41	736	33:05.3	35:02.6	10:40/M
72	Mary Orndorff		1232	42	745	33:15.4	34:57.9	10:44/M
73	Mary Snyder		1502	44	746	33:16.3	34:58.1	10:44/M
74	Denise Gochnauer		579	49	759	33:27.9	33:52.4	10:47/M
75	Gina Colella		313	45	766	33:34.6	35:39.1	10:50/M
76	Lauren Herman		702	40	770	33:35.6	34:24.4	10:50/M

Race Date
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Age Group Results

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Female 40 to 49

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
77	Lisa Jackson	Levittown	811	45	773	33:36.6	34:17.8	10:50/M
78	Amy Benner	Mount Joy	97	44	780	33:41.3	35:06.5	10:52/M
79	Julie Eberly		420	41	783	33:43.4	35:33.8	10:53/M
80	Laura Wash	Lititz	1641	42	787	33:48.7	35:33.6	10:54/M
81	Vikki Stark		249	49	790	33:52.5	35:05.8	10:55/M
82	Carrie Meyer	Manheim	1109	40	796	33:57.0	35:28.0	10:57/M
83	Anh Liang	Lititz	977	43	800	33:58.0	35:29.5	10:57/M
84	Gaila Lescinskiene		968	42	802	33:59.0	35:40.8	10:58/M
85	Rosemary Sheaffer		1847	44	805	33:59.5	34:55.1	10:58/M
86	Denice Weaver	Manheim	1650	41	824	34:16.8	35:36.4	11:03/M
87	Stephanie Snader		1497	44	826	34:17.8	35:15.0	11:04/M
88	Rebecca Sprenkle	Lancaster	1517	40	827	34:18.3	37:20.6	11:04/M
89	Bethany Hovan		785	41	828	34:19.3	35:18.1	11:04/M
90	Jen Brandt		1899	41	843	34:31.8	36:50.7	11:08/M
91	Roxann Koser	Mount Joy	903	46	854	34:39.3	36:02.6	11:11/M
92	Lisa Ayers	Annville	42	43	861	34:43.2	36:20.8	11:12/M
93	Jennifer Tobin		1588	41	874	34:53.8	35:11.2	11:15/M
94	Shannon Ginder	Manheim	572	41	880	34:57.9	37:19.9	11:16/M
95	Rachael Kelly	New Holland	847	40	884	35:03.5	36:44.7	11:18/M
96	Kerri Hinton		734	41	909	35:16.6	36:09.4	11:23/M
97	Corie Hynicker		804	42	915	35:20.5	37:29.3	11:24/M
98	Melissa Petersheim	Manheim	1273	44	916	35:21.6	36:39.6	11:24/M
99	Jenn Simmons	Lititz	1462	44	935	35:44.6	37:39.6	11:32/M
100	Cindy Book	New Providence	158	47	943	35:49.1	36:59.2	11:33/M
101	Janae Nolt		1209	49	946	35:49.8	36:17.8	11:33/M
102	Lisa Napierala	Lebanon	1174	47	949	35:54.5	38:12.5	11:35/M
103	Diane Dickison		390	44	955	35:59.6	36:53.7	11:36/M
104	Carolyn Fitzkee		485	48	960	36:05.1	37:50.7	11:38/M
105	Jill Curley		341	47	972	36:20.4	38:35.7	11:43/M
106	Mary Enck		452	45	974	36:21.3	39:00.7	11:44/M
107	Nicole Schomp	Lebanon	1384	43	982	36:26.3	38:11.8	11:45/M
108	Nicole Danz	Lebanon	348	42	983	36:26.7	38:12.1	11:45/M
109	Michelle Labrecque	Ephrata	931	46	1001	36:41.3	37:23.1	11:50/M
110	Dawn Deets	Mountville	359	40	1006	36:44.3	38:45.5	11:51/M
111	Stacey Dietrich		398	42	1038	37:24.1	37:56.0	12:04/M
112	Kathy Ames		24	45	1040	37:26.8	38:22.7	12:05/M
113	Tiffany Enck	manheim	454	41	1042	37:29.6	39:53.7	12:05/M
114	Danielle Adams Williamson		4	41	1046	37:35.0	41:02.2	12:07/M
115	Trish Tempalski	Manheim	1578	41	1049	37:36.8	37:52.6	12:08/M
116	Tammy Myer	Manheim	1167	42	1053	37:41.0	40:05.0	12:09/M
117	Jessica Widrick	Columbia	1683	42	1055	37:42.5	39:40.1	12:10/M
118	Fawn Davies	Elizabethtown	351	46	1056	37:42.6	39:38.1	12:10/M
119	Kelli Stouch		1549	44	1057	37:45.1	40:19.5	12:11/M
120	Sandy Roth	Reinholds	1778	49	1059	37:46.1	40:22.3	12:11/M
121	Myrna Beachy		70	42	1060	37:47.6	39:00.6	12:11/M
122	Stacey Gagne		524	40	1061	37:48.0	39:05.2	12:12/M
123	Lara Primak		1287	47	1067	37:55.7	39:46.0	12:14/M
124	Natalie Primak		1288	45	1069	37:56.9	39:46.4	12:14/M
125	Ronda Moore	Manheim	1145	44	1071	37:57.0	38:03.8	12:15/M
126	Alanna Worytko		1728	40	1089	38:13.1	40:22.3	12:20/M
127	Yiota Gavala	MANHEIM	548	46	1097	38:16.4	40:53.0	12:21/M
128	Deanette Yoder	Myerstown	1735	45	1106	38:28.3	40:07.6	12:25/M
129	Beth Smith		1477	42	1107	38:29.7	39:59.7	12:25/M
130	Melissa Nolt		1215	42	1110	38:33.3	39:44.7	12:26/M
131	Lisa Kowalski	Manheim	912	44	1122	38:51.2	39:17.8	12:32/M
132	Sue Cammauf		248	43	1148	39:17.7	41:26.6	12:40/M
133	SHARON WILLOUGHBY		1699	43	1150	39:19.9	42:46.4	12:41/M
134	Stephanie Weaver	New Holland	1657	42	1158	39:36.9	41:59.8	12:46/M
135	Jewel Mast	Denver	1052	43	1161	39:40.2	42:03.7	12:48/M
136	Dan Greene		612	43	1169	39:46.0	42:15.5	12:50/M
137	Amy Shipley	Lancaster	1433	45	1179	39:54.1	40:10.7	12:52/M
138	Mara Sell		1397	45	1183	39:56.1	40:41.5	12:53/M
139	Stacy Clauss		302	42	1186	39:56.5	42:47.9	12:53/M
140	Angela Forwood	Manheim	501	42	1191	40:01.3	41:48.7	12:55/M
141	Joan Miller	Manheim	1119	46	1196	40:04.8	42:50.9	12:55/M
142	Karen Grycon		636	44	1211	40:22.0	41:42.7	13:01/M
143	Tiffany Goble		578	41	1217	40:36.3	43:09.2	13:06/M
144	Candace Sexton	elizabethtown	1403	44	1220	40:41.9	43:12.9	13:07/M
145	Heather Stone		1542	48	1231	40:56.8	43:49.0	13:12/M
146	Marjorie Townsley		1591	44	1234	41:00.5	42:23.9	13:14/M
147	Rochelle Meiskey	Columbia	1094	42	1239	41:05.5	42:50.5	13:15/M
148	Pam Cassel	Manheim	283	43	1257	41:36.6	43:41.0	13:25/M
149	Megan Nolt		1213	40	1263	41:43.4	42:21.8	13:27/M
150	Stacey Marley		1028	44	1272	41:54.1	44:36.3	13:31/M
151	Jayne Pavlik	Manheim	1256	48	1290	42:20.7	44:55.7	13:39/M
152	Veasna Nuon	Mount Joy	1217	49	1293	42:22.9	43:54.5	13:40/M

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Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total----- Chip Time	Gun Time	Pace
153	Beth Rossi	Palymyra	1342	46	1305	42:41.3	44:47.9	13:46/M
154	Nichole McCabe		1070	41	1311	42:51.3	45:14.7	13:49/M
155	Gisselle Talley	Ephrata	1574	45	1315	42:59.5	44:02.7	13:52/M
156	Jenn Schwebel		1388	41	1321	43:16.5	44:15.1	13:57/M
157	Jennifer Bennett		101	46	1330	43:25.0	45:21.3	14:00/M
158	Michele Eller		442	47	1343	43:35.2	45:12.0	14:04/M
159	Deb Steinmetz		1527	47	1344	43:35.2	45:12.2	14:04/M
160	Cynthia Tatman	Lancaster	1575	42	1349	43:49.6	46:32.4	14:08/M
161	Amy McMinn	Lancaster	1091	43	1350	43:52.3	45:43.2	14:09/M
162	Samanta Cassinera		285	41	1353	43:55.7	46:51.3	14:10/M
163	Dana Cedeno		288	47	1355	43:56.6	44:41.7	14:10/M
164	Amy Huber		789	42	1358	43:58.9	44:43.4	14:11/M
165	Jeanette Carmichael		268	48	1371	44:09.4	46:01.1	14:15/M
166	Tamara Campbell	Lancaster	257	47	1374	44:13.7	47:38.7	14:16/M
167	Kimberly Fulgenzi	Lititz	516	49	1387	44:28.5	46:47.1	14:21/M
168	Carol Costa Ouimet		329	41	1389	44:29.6	46:59.7	14:21/M
169	Regina Dagen	Lancaster	344	47	1392	44:33.3	46:09.2	14:22/M
170	Mary Turner		1604	41	1396	44:37.0	47:34.2	14:24/M
171	Jessica Bair		44	41	1397	44:37.7	47:25.0	14:24/M
172	Gretchen Brusco		213	44	1398	44:37.8	47:24.9	14:24/M
173	Leslie Henderson	Manheim	695	40	1401	44:39.1	47:20.7	14:24/M
174	Angie Lefever		961	44	1402	44:41.5	47:42.8	14:25/M
175	Dawn McEwan		1081	45	1414	45:00.8	47:34.4	14:31/M
176	Debbie Aszmus	Lititz	36	42	1421	45:11.9	47:27.8	14:35/M
177	Christine Colantoni	Lititz	312	45	1422	45:12.7	47:29.3	14:35/M
178	Darlene Miller Sommers		1114	44	1424	45:13.9	47:38.3	14:35/M
179	Melissa Schaeffer		1374	40	1441	45:40.1	47:55.9	14:44/M
180	Judith Bitner	Mount Joy	123	46	1446	45:48.5	48:57.2	14:46/M
181	Kim Groff		624	46	1449	45:59.8	47:31.0	14:50/M
182	Melanie McCord		1075	42	1467	46:39.2	49:40.4	15:03/M
183	Nicole Burkholder	Manheim	236	40	1473	46:47.7	49:28.9	15:05/M
184	Thile Kreider		917	42	1477	46:49.5	49:29.1	15:06/M
185	Dori Moore		1878	42	1486	47:17.1	48:51.1	15:15/M
186	Niki Bloom	Manheim	134	41	1487	47:20.5	48:24.2	15:16/M
187	Wendy Grazan	Manheim	610	47	1498	47:30.9	49:46.9	15:19/M
188	Wendy Forshey		500	40	1503	47:34.7	49:08.8	15:21/M
189	Becky Winters	windsor	1706	46	1521	48:36.1	50:44.9	15:41/M
190	Julie Martin		1046	47	1523	48:53.0	50:21.5	15:46/M
191	Darla Musser	Manheim	1163	46	1527	48:56.9	51:36.6	15:47/M
192	Elizabeth Smith		1482	44	1530	49:20.2	50:16.9	15:55/M
193	Kathy Brubaker	Lititz	205	45	1533	49:23.3	52:27.9	15:56/M
194	Cindy Haines		1821	44	1534	49:25.8	52:49.8	15:56/M
195	Laurie Pychewicz		1293	44	1537	49:28.9	52:45.5	15:57/M
196	Cathy Maddox	manheim	1021	47	1538	49:32.1	50:25.4	15:59/M
197	Donna Beamesderfer	Manheim	72	45	1541	49:33.0	52:09.8	15:59/M
198	Wendy Oberdorf		1223	48	1546	50:03.1	53:22.6	16:09/M
199	Sherri Parson		1251	45	1549	50:06.1	53:07.9	16:10/M
200	Lisa Demmy		373	40	1560	50:46.0	53:37.0	16:23/M
201	Jen Shreiner		1450	43	1561	50:46.6	53:37.1	16:23/M
202	Stacy Montes		1138	44	1568	51:08.0	53:45.0	16:30/M
203	Stephanie Zimmerman	Manheim	1762	46	1571	51:33.9	54:57.6	16:38/M
204	Tina Stewart	DENVER	1532	46	1572	51:33.9	54:58.4	16:38/M
205	Audra Smith		1476	42	1573	51:47.0	52:12.9	16:42/M
206	Karen Buscavage		239	44	1581	51:56.9	54:41.5	16:45/M
207	Lynn Fantom		461	47	1591	52:52.5	56:00.9	17:03/M
208	Debra Roedema		1335	48	1593	52:57.6	55:05.5	17:05/M
209	Kelly Bricker		186	41	1600	53:18.1	56:16.9	17:12/M
210	Christine Hinkle	Manheim	730	47	1605	53:34.1	55:00.8	17:17/M
211	Rachel Wiegmann		1686	46	1616	53:58.0	57:22.7	17:25/M
212	Michelle Simon		1466	47	1622	54:03.3	56:47.4	17:26/M
213	Gwen Newell		1199	48	1625	54:09.5	56:00.4	17:28/M
214	Jessica Patton Maule		1252	46	1627	54:16.9	57:00.1	17:30/M
215	Sherry Farmer		462	40	1631	54:26.8	58:00.7	17:34/M
216	Tracy Walter	Reinholds	1636	44	1632	54:32.1	57:08.1	17:35/M
217	Joanna Shekart		1863	42	1635	54:35.9	56:05.4	17:36/M
218	Gina Greene	Akron	613	45	1637	54:37.9	57:08.2	17:37/M
219	Penny Leschner		967	44	1644	56:21.6	59:10.2	18:11/M
220	Kelly Thomason		1581	49	1653	57:12.8	57:23.8	18:27/M
221	Dawn Hauser	Manheim	678	47	1654	57:13.4	59:39.4	18:27/M
222	Mindy Carreras		271	44	1655	57:13.6	59:39.4	18:27/M
223	Michelle Merkel		1100	43	1657	57:35.9	58:06.4	18:35/M
224	Jen Johanning	Manheim	820	40	1672	58:16.9	1:01:15.1	18:48/M
225	Lori Brady		175	44	1673	58:17.5	1:01:15.3	18:48/M
226	LISA MCKEE		1089	42	1676	58:50.2	1:00:35.2	18:59/M
227	Tammy Blose	Lebanon	137	46	1678	58:52.4	1:00:34.8	18:59/M

Female 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Doris Olney		1229	55	148	24:40.5	24:50.6	7:57/M
2	Mikki Good	Elizabethtown	1850	50	155	24:52.8	26:12.1	8:01/M
3	Sue Senter	Manheim	1399	52	278	27:11.7	28:05.0	8:46/M
4	Joan Gorklaski		588	53	397	28:50.3	29:38.7	9:18/M
5	Elaine Brenner	Lancaster	182	50	443	29:26.9	30:35.7	9:30/M
6	Kathy Weaver	Lititz	1654	53	453	29:33.4	30:34.7	9:32/M
7	Mary Miller	Manheim	1122	50	489	30:08.2	30:14.4	9:43/M
8	Pamela Hertzog	Marietta	716	50	491	30:09.1	31:32.0	9:44/M
9	Tina Snyder	Manheim	1505	51	519	30:31.8	32:10.1	9:51/M
10	Gail Horrocks		774	59	583	31:15.4	32:50.8	10:05/M
11	Gail Campbell		254	58	623	31:37.2	32:49.7	10:12/M
12	Coleen Pike		1280	54	666	32:05.7	33:09.8	10:21/M
13	Eunice Metzler		1107	56	682	32:19.7	34:40.8	10:25/M
14	Sue Sollenberger		1508	50	685	32:20.3	32:57.7	10:26/M
15	Ann Ash	East Earl	34	54	698	32:32.1	34:54.5	10:30/M
16	Ena Banks		47	55	730	32:56.4	34:50.2	10:37/M
17	Cheryl Good		582	51	760	33:28.1	33:52.1	10:48/M
18	Patty Bender		87	51	792	33:52.9	36:16.8	10:55/M
19	Elaine Moyer		1152	57	811	34:05.4	36:28.8	11:00/M
20	Mary Stinchcomb		1832	59	839	34:30.2	35:40.2	11:08/M
21	Diane Winger		1705	51	858	34:39.9	36:06.9	11:11/M
22	Beth Neely		1178	51	862	34:43.3	36:29.5	11:12/M
23	Beulah M. Snavely		1498	54	897	35:13.9	37:35.4	11:22/M
24	Cynthia Stephens		1529	56	925	35:33.3	36:58.4	11:28/M
25	Sharon Dietz	Lititz	400	58	931	35:39.2	38:06.7	11:30/M
26	Sandy Hilbert		725	59	958	36:01.1	37:41.4	11:37/M
27	Susan Fisher		482	51	959	36:02.4	37:56.0	11:37/M
28	Faith Moore	lititz	1146	51	987	36:30.6	37:59.1	11:46/M
29	Donna Delcollo	Lancaster	368	58	993	36:35.8	38:31.0	11:48/M
30	Wendy Hathaway		676	51	1007	36:45.0	38:48.4	11:51/M
31	Wendy Sheeler		1416	52	1041	37:28.2	39:37.5	12:05/M
32	Karen Nolt		1211	53	1065	37:53.9	40:44.6	12:13/M
33	Lori Shirk	Ephrata	1442	50	1086	38:12.3	40:27.0	12:19/M
34	Kathy Kizeik		881	54	1091	38:14.1	40:59.2	12:20/M
35	Alice Geisel	Manheim	558	54	1103	38:24.8	39:55.8	12:23/M
36	Denise Moyer		1151	52	1109	38:32.9	41:39.4	12:26/M
37	Carol Zartman		1750	50	1113	38:33.7	38:49.2	12:26/M
38	Lauren Graber		602	52	1142	39:13.3	40:00.1	12:39/M
39	Lisa Figurelle		475	50	1147	39:17.5	41:26.5	12:40/M
40	Sandy Bookman	Manheim	162	55	1201	40:14.1	40:40.9	12:59/M
41	Donna Wisler		1710	57	1226	40:47.0	43:31.0	13:09/M
42	Robyn Bauder	Elizabethtown	67	54	1248	41:23.4	43:19.2	13:21/M
43	Alison LaFrance	Manheim	932	50	1277	41:59.1	43:31.3	13:33/M
44	Nancy Becker		78	51	1279	42:03.2	44:13.8	13:34/M
45	Whitney Crouse	Manheim	336	50	1292	42:22.5	44:28.7	13:40/M
46	Debra Kauffman	Lebanon	833	55	1302	42:39.9	44:48.0	13:45/M
47	Cheryl Heverling	Palmyra	723	51	1303	42:41.0	44:48.1	13:46/M
48	Elaine Leech	Manheim	960	53	1304	42:41.0	45:16.6	13:46/M
49	Beth Kinard	Columbia	865	56	1306	42:41.3	45:16.8	13:46/M
50	Pam Hasselback		1892	58	1309	42:47.2	43:51.8	13:48/M
51	Debbie Pelletier	Mount Joy	1262	51	1317	43:01.7	44:47.5	13:53/M
52	Maureen Latanishen		948	56	1318	43:06.4	45:23.0	13:54/M
53	Dana Rutledge		1350	56	1320	43:16.3	43:54.1	13:57/M
54	Deborah Ruhl	Lititz	1344	57	1329	43:24.7	45:09.2	14:00/M
55	Cindy Barrett		61	51	1332	43:25.8	45:22.0	14:00/M
56	Lisa Yost	Mountville	1740	51	1333	43:25.8	45:08.7	14:00/M
57	Cindy Templeton		1579	58	1348	43:46.6	44:29.1	14:07/M
58	Terri Parmarter		1248	59	1356	43:58.1	44:43.5	14:11/M
59	Ann Koval		904	59	1361	44:03.0	47:30.2	14:13/M
60	Laurel Hess		720	58	1367	44:04.3	44:51.6	14:13/M
61	Victoria Lowe	Manheim	1003	57	1372	44:11.2	45:50.8	14:15/M
62	Tina Zerbe		1759	50	1382	44:21.2	46:03.3	14:18/M
63	Cindi Smith		1478	53	1403	44:41.5	47:43.0	14:25/M
64	Susan Schoenberger		1383	59	1404	44:48.4	46:58.8	14:27/M
65	Linda Lilley		979	56	1405	44:54.4	47:29.4	14:29/M
66	Julia Deputy		380	53	1439	45:39.2	46:12.2	14:44/M
67	Sherri Wilcox	Manheim	1690	56	1448	45:57.1	46:40.0	14:49/M
68	Sherri Burkhart		223	51	1455	46:10.4	49:24.6	14:54/M
69	Ellen Souders	Lancaster	1509	56	1507	47:49.5	50:21.4	15:25/M
70	Jolyn Finger		478	54	1524	48:53.7	50:22.1	15:46/M
71	Linda Lewis		1861	56	1542	49:51.0	51:07.3	16:05/M
72	Sherri Amick		25	51	1554	50:23.1	53:04.7	16:15/M
73	Linda Karns	Manheim	831	52	1562	50:55.2	54:18.5	16:25/M
74	Diane Knepp	Manheim	889	57	1566	50:56.6	54:18.9	16:26/M
75	Karen Lewis		976	54	1578	51:53.9	54:15.5	16:44/M
76	Doreen Obetz	Manheim	1225	55	1579	51:56.3	54:16.9	16:45/M

Race Date
May 30, 2015

Rock N Glow 2015

Age Group Results

5K

Female 50 to 59

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
77	Roxanne Wenrich		1671	54	1580	51:56.8	54:41.5	16:45/M		
78	Rochelle Stuter		1560	55	1583	52:10.5	55:25.7	16:50/M		
79	Karen Oglesby		1228	59	1586	52:23.8	55:16.5	16:54/M		
80	Soraya Sâhd		1355	53	1592	52:56.8	53:45.3	17:05/M		
81	Robin Greiner	Manheim	616	56	1598	53:11.8	56:42.8	17:09/M		
82	Carola Wood		1725	51	1615	53:44.5	56:35.2	17:20/M		
83	Patricia Kline		885	50	1621	54:01.6	57:22.6	17:25/M		
84	Gail Ruhl		1346	53	1624	54:08.7	57:40.4	17:28/M		
85	Jennifer Kohler	Manheim	895	51	1626	54:11.1	56:01.9	17:29/M		
86	Cynthia Porta	Manheim	1284	59	1634	54:35.4	58:05.0	17:36/M		
87	Tina Golden		433	52	1651	56:45.1	58:58.7	18:18/M		
88	JUDITH AVILEZ		40	54	1667	57:50.9	1:00:54.7	18:39/M		
89	Debora deVitry		386	56	1670	58:07.8	1:00:19.2	18:45/M		
90	Pat Weaver	Manheim	1656	50	1671	58:07.9	1:00:18.5	18:45/M		
91	Sheri Timm		1587	57	1689	1:10:55.6	1:14:11.3	22:53/M		

Female 60 to 69

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Lynn Work		1726	62	856	34:39.5	36:26.9	11:11/M		
2	Carol Krause		913	67	971	36:20.3	38:35.9	11:43/M		
3	Diane Bates	Akron	66	61	1054	37:41.6	39:26.4	12:09/M		
4	Suzzette Bolinder		142	68	1216	40:28.6	42:44.8	13:03/M		
5	Sue Ursprung		1607	60	1319	43:15.8	45:21.9	13:57/M		
6	Marge Kipe	Leola	876	62	1385	44:27.1	46:46.5	14:20/M		
7	Kathy Hinton		733	66	1443	45:44.2	46:38.4	14:45/M		
8	LuAnn Campbell		255	61	1458	46:12.1	49:44.2	14:54/M		
9	Terry Young	Manheim	1745	60	1481	46:59.6	48:22.3	15:09/M		
10	Jeri May		1062	62	1505	47:44.1	50:48.5	15:24/M		
11	Debra Ford		493	60	1506	47:49.2	50:21.0	15:25/M		
12	Carolyn Peters		1269	66	1529	49:08.7	52:09.3	15:51/M		
13	Sue Baumgardner		68	61	1544	49:58.7	52:47.3	16:07/M		
14	Theresa Eisele		436	60	1545	50:00.7	52:48.2	16:08/M		
15	Audrey Brosey	Manheim	195	60	1563	50:55.5	54:18.7	16:25/M		
16	Donna Gerhard	Manheim	562	64	1564	50:55.6	54:18.7	16:25/M		
17	Lyn Geib	Manheim	556	63	1565	50:56.5	54:18.8	16:26/M		
18	Pattie Desjardins		384	64	1576	51:53.0	54:55.0	16:44/M		
19	Marilyn Gray		607	63	1585	52:17.3	55:39.7	16:52/M		
20	Jane Henderson		691	61	1602	53:27.6	56:46.3	17:15/M		
21	Linda Siegrist		1458	65	1639	54:55.5	58:01.0	17:43/M		
22	Brenda Knouse		890	60	1640	54:59.2	55:36.4	17:44/M		
23	Delores Mohr		1135	60	1642	55:21.7	58:19.1	17:51/M		
24	Judy Dengler		376	62	1652	57:08.8	1:00:03.0	18:26/M		

Female 70 and over

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Nadine Speece		1801	71	1236	41:01.9	41:21.4	13:14/M		
2	Louise Staffieri	Manheim	1520	72	1399	44:38.6	46:24.3	14:24/M		