

# Rock N Glow 2014

Race Date  
May 31, 2014

## Overall Finish List

**5K**

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	James Stouch	Manheim PA	1613	43	M	1 Top Fin	17:02.6	17:06.2	5:30/M
2	Jordan Shimer	Manheim PA	1494	19	M	1 19-29	17:18.3	17:21.7	5:35/M
3	Colton Sunderland	Manheim PA	1628	15	M	1 15-18	17:19.3	17:23.7	5:35/M
4	Jonathon Garcia	Myerstown PA	537	17	M	2 15-18	17:33.0	17:36.3	5:40/M
5	Nathan Lachman	Manheim PA	938	17	M	3 15-18	17:40.1	17:43.3	5:42/M
6	Alec Luscher	lititz PA	1011	16	M	4 15-18	17:54.8	17:58.2	5:46/M
7	Steve Gergely	Manheim PA	1985	36	M	1 30-39	18:12.7	18:16.6	5:52/M
8	Ben Wise	Manheim PA	1802	20	M	2 19-29	18:25.2	18:29.4	5:56/M
9	Ian Lauver	Manheim PA	960	15	M	5 15-18	18:42.1	18:46.5	6:02/M
10	Jeff Shenk	Lititz PA	1490	50	M	1 50-59	18:55.0	19:01.8	6:06/M
11	Jackson Crouse	Manheim PA	315	19	M	3 19-29	18:57.6	19:18.3	6:07/M
12	Galen Fitzkee	Manheim PA	474	15	M	6 15-18	18:59.9	19:04.4	6:07/M
13	Cory Texter	Willow Street PA	1647	25	M	4 19-29	19:05.3	19:09.5	6:09/M
14	David Merkey	Manheim PA	1113	14	M	1 11-14	19:13.3	19:26.2	6:12/M
15	Eric Wenger	Lititz PA	1761	37	M	2 30-39	19:31.3	19:35.1	6:18/M
16	Kate Dickow	Lititz PA	353	13	F	1 Top Fin	19:32.9	19:40.0	6:18/M
17	Gary Patterson	Harrisburg PA	1961	15	M	7 15-18	19:38.0	19:41.6	6:20/M
18	Marc Buckwalter	Lititz PA	201	44	M	1 40-49	19:41.1	19:46.1	6:21/M
19	Gavin Tragis	Manheim PA	1896	14	M	2 11-14	19:57.9	20:01.7	6:26/M
20	Dwight Eichelberger	Elizabethtown PA	411	52	M	2 50-59	19:59.4	20:11.0	6:27/M
21	Danae Peters	Manheim PA	1291	18	F	1 15-18	20:03.6	20:08.2	6:28/M
22	Sue Schonman	Lititz PA	1440	49	F	1 40-49	20:04.3	20:10.4	6:28/M
23	Derek Geib	Manheim PA	568	24	M	5 19-29	20:14.7	20:22.6	6:32/M
24	Krista Nikolaus	Columbia PA	1226	41	F	2 40-49	20:16.2	20:25.1	6:32/M
25	Malcolm Senior	New Market MD	1453	63	M	1 60-69	20:16.3	20:21.0	6:32/M
26	Tom Sheaffer	Akron PA	1478	46	M	2 40-49	20:17.0	20:23.7	6:33/M
27	Michael Leitzel	Lititz PA	977	26	M	6 19-29	20:28.0	20:35.5	6:36/M
28	Meg Griffith	Manheim PA	641	27	F	1 19-29	20:31.9	20:36.6	6:37/M
29	Ian Eichelberger	Elizabethtown PA	413	19	M	7 19-29	20:36.0	20:56.9	6:39/M
30	Mark Kozlowski	Manheim PA	1955	28	M	8 19-29	20:36.8	20:52.7	6:39/M
31	Jessica Kozlowski	Manheim PA	1954	27	F	2 19-29	20:37.8	20:53.5	6:39/M
32	Ainars Podzinsh	Manheim PA	164	22	M	9 19-29	20:41.2	20:45.4	6:40/M
33	seth reifsnnyder	manheim PA	1354	25	M	10 19-29	20:42.7	20:52.1	6:41/M
34	Austin Shirk	Elizabethtown PA	1905	16	M	8 15-18	20:51.3	21:06.4	6:44/M
35	Bill Brent	Dover	155	31	M	3 30-39	20:52.4	21:13.1	6:44/M
36	Katelyn Locker	Elizabethtown PA	993	11	F	1 11-14	20:53.5	21:03.8	6:44/M
37	Niko GAVALA	MANHEIM PA	554	13	M	3 11-14	20:54.4	20:58.1	6:45/M
38	Adam Buchmoyer	Manheim PA	193	29	M	11 19-29	20:56.3	21:00.2	6:45/M
39	Ray Truex	Ephrata PA	1676	42	M	3 40-49	20:59.8	21:07.1	6:46/M
40	Michelle Gruber	Mount Joy PA	652	37	F	1 30-39	21:03.0	21:08.1	6:47/M
41	Mallory Sunderland	Manheim PA	1630	13	F	2 11-14	21:07.9	21:14.1	6:49/M
42	Sarah Forgione	Lititz PA	484	40	F	3 40-49	21:09.9	21:18.6	6:49/M
43	Meg Kelly	coatesville PA	866	53	F	1 50-59	21:10.6	21:19.7	6:50/M
44	Joel Harnly	Lititz PA	680	20	M	12 19-29	21:11.0	21:22.6	6:50/M
45	Corey Martin	Lititz PA	1042	15	M	9 15-18	21:13.8	21:22.9	6:51/M
46	Matt Metzger	Lancaster PA	1953	24	M	13 19-29	21:14.8	22:06.7	6:51/M
47	Chris Roye	Elizabethtown PA	1399	25	M	14 19-29	21:16.3	21:22.8	6:52/M
48	Kyle Weaver	Ephrata PA	1745	31	M	4 30-39	21:17.9	21:26.2	6:52/M
49	Scott Miller	Manheim PA	1136	49	M	4 40-49	21:18.0	21:31.9	6:52/M
50	Jon Kumher	ephrata PA	934	21	M	15 19-29	21:18.0	21:38.5	6:52/M
51	Kate Zimmerman	Lititz PA	1869	29	F	3 19-29	21:18.2	21:30.7	6:52/M
52	David Keefer	Cleona PA	850	29	M	16 19-29	21:18.8	21:40.5	6:52/M
53	AUSTIN NELSON	MOUNT JOY PR	1211	12	M	4 11-14	21:19.9	22:39.8	6:53/M
54	Barry Garner	manheim PA	541	36	M	5 30-39	21:24.0	21:33.6	6:54/M
55	Wade Beamesderfer	Manheim PA	78	19	M	17 19-29	21:27.4	21:30.2	6:55/M
56	Dylan Giandalia	Wrightsville PA	584	23	M	18 19-29	21:30.9	21:51.0	6:56/M
57	Coty Martin	Manheim PA	1043	34	M	6 30-39	21:34.0	21:52.3	6:57/M
58	Falon Doutrich	Gap PA	382	25	F	4 19-29	21:34.3	21:39.8	6:57/M
59	Barry Saylor	Lititz PA	1422	24	M	19 19-29	21:36.4	21:48.1	6:58/M
60	Rhoda Smoker	Lebanon PA	1942	27	F	5 19-29	21:41.3	22:26.1	7:00/M
61	Aaron Goss	Manheim PA	626	14	M	5 11-14	21:42.6	21:55.6	7:00/M
62	Jeremy Blanck	Mount Joy PA	108	30	M	7 30-39	21:44.6	21:52.2	7:01/M
63	JOSH NELSON	MOUNT JOY PA	1214	36	M	8 30-39	21:45.1	22:00.2	7:01/M
64	Jordan Rohrer	Manheim PA	1392	17	M	10 15-18	21:48.4	21:52.6	7:02/M
65	Parker Wolfe	Lancaster PA	1812	10	M	1 1-10	21:50.4	21:56.2	7:03/M
66	Sarah Wolfe	Lancaster PA	1813	35	F	2 30-39	21:53.2	21:58.9	7:04/M
67	Mark Ward	Columbia PA	1729	53	M	3 50-59	21:56.3	22:05.8	7:05/M

# Rock N Glow 2014

Race Date  
May 31, 2014

## Overall Finish List

**5K**

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
68	Jay DeHart	Manheim PA	341	29	M	20 19-29	21:56.8	22:08.7	7:05/M
69	Andrew Lackman	Lancaster PA	939	30	M	9 30-39	22:00.1	22:21.4	7:06/M
70	Micheal Gruber	Mount Joy PA	651	35	M	10 30-39	22:01.9	22:08.1	7:06/M
71	Natalie Blanck	Mount Joy PA	109	29	F	6 19-29	22:02.5	22:10.4	7:06/M
72	Coleen Parmer	Lancaster PA	1890	36	F	3 30-39	22:04.7	22:24.9	7:07/M
73	Garret Olson	Elizabethtown PA	1252	24	M	21 19-29	22:05.2	22:26.9	7:07/M
74	Isabella Forgione	Lititz PA	483	12	F	3 11-14	22:07.9	22:15.6	7:08/M
75	R Connor Pavlik	Manheim PA	1283	16	M	11 15-18	22:08.5	22:13.4	7:08/M
76	Chase Marquette	Manheim PA	1034	13	M	6 11-14	22:08.8	22:13.5	7:08/M
77	Chris Pagano Pagano	Manheim PA	1263	46	M	5 40-49	22:10.6	22:22.3	7:09/M
78	Marianne Fitzkee	Manheim PA	475	13	F	4 11-14	22:15.0	22:21.6	7:11/M
79	Priscilla Caliz	Ephrata PA	223	28	F	7 19-29	22:16.0	22:42.4	7:11/M
80	Michael Gage	Landisville PA	528	43	M	6 40-49	22:16.9	22:44.6	7:11/M
81	Darren Achey	Oley PA	4	28	M	22 19-29	22:18.5	23:02.2	7:12/M
82	Charis Dinger	Manheim PA	362	16	F	2 15-18	22:20.1	22:25.4	7:12/M
83	Abby Landis	Ephrata PA	952	25	F	8 19-29	22:25.2	22:52.1	7:14/M
84	Jordan Mitchell	Mount Joy PA	1141	18	F	3 15-18	22:25.3	22:30.2	7:14/M
85	Mike Hockenberry	Manheim PA	754	30	M	11 30-39	22:28.1	22:44.4	7:15/M
86	Steve Douple	Manheim PA	380	42	M	7 40-49	22:28.3	22:37.1	7:15/M
87	Rachel Clinton	Lancaster PA	273	30	F	4 30-39	22:30.1	22:36.1	7:15/M
88	Melissa Kalicicki	Manheim PA	839	33	F	5 30-39	22:33.4	22:45.6	7:16/M
89	Adam Forry	Manheim PA	485	37	M	12 30-39	22:37.5	22:46.9	7:18/M
90	Noah Martin	Manheim PA	1054	18	M	12 15-18	22:39.2	24:36.2	7:18/M
91	Alex Beamesderfer	Manheim PA	68	21	M	23 19-29	22:40.3	22:52.0	7:19/M
92	Steve Ketterer	Lancaster PA	875	31	M	13 30-39	22:41.1	22:48.2	7:19/M
93	Chad Landers	Lancaster PA	950	31	M	14 30-39	22:41.3	22:51.5	7:19/M
94	EVAN HAMILTON	New Cumberland PA	670	27	M	24 19-29	22:42.2	23:03.6	7:19/M
95	Samantha blanck	Manheim PA	110	32	F	6 30-39	22:45.5	26:01.6	7:20/M
96	Ryan Packer	Lititz PA	1261	37	M	15 30-39	22:46.1	23:07.7	7:21/M
97	Jack Packer	Lititz PA	1259	5	M	2 1-10	22:46.3	23:08.0	7:21/M
98	Amber Maurer	Manheim PA	1068	11	F	5 11-14	22:46.5	22:57.8	7:21/M
99	Les Ruhl	Lititz PA	1401	46	M	8 40-49	22:47.3	23:08.4	7:21/M
100	Jennifer Nikolaus	Mount Joy PA	1225	39	F	7 30-39	22:47.7	22:56.6	7:21/M
101	Nathan Musser	Ephrata PA	1191	19	M	25 19-29	22:48.8	23:09.0	7:21/M
102	Wave Mosher	mountjoy PA	1167	35	M	16 30-39	22:49.4	23:04.0	7:22/M
103	Derrick Snyder	PA	1552	30	M	17 30-39	22:51.7	23:26.7	7:22/M
104	Ben Collbeth	Manheim PA	283	15	M	13 15-18	22:52.2	23:06.5	7:23/M
105	Halle Funk	Manheim PA	522	14	F	6 11-14	22:52.6	22:58.2	7:23/M
106	Michael Smith	Manheim PA	1543	21	M	26 19-29	22:58.6	23:10.6	7:25/M
107	Justin Foreman	manheim PA	482	30	M	18 30-39	22:59.1	23:25.6	7:25/M
108	Darren Bowman	Lititz PA	140	46	M	9 40-49	23:06.7	23:30.5	7:27/M
109	joy Phelan	Conetoga PA	1298	44	F	4 40-49	23:07.2	23:27.6	7:27/M
110	Roger Shirey	Manheim PA	1500	50	M	4 50-59	23:07.3	23:35.0	7:27/M
111	Tristram Ford	Manheim PA	481	21	M	27 19-29	23:07.4	24:46.4	7:27/M
112	Alexandra Stairs	Lancaster PA	1575	32	F	8 30-39	23:07.5	23:31.1	7:27/M
113	Stacy Hondru	Manheim PA	772	36	F	9 30-39	23:08.6	23:29.4	7:28/M
114	Jason Hondru	manheim PA	771	37	M	19 30-39	23:10.1	23:30.9	7:28/M
115	Laith Witmer	Plano TX	1808	14	M	7 11-14	23:12.6	23:31.7	7:29/M
116	Luke Redcay	Mount Joy PA	1340	10	M	3 1-10	23:15.7	23:22.8	7:30/M
117	Scott Zerkowski	Denver PA	1859	51	M	5 50-59	23:16.1	23:43.8	7:30/M
118	Kaden Long	Manheim PA	996	10	M	4 1-10	23:16.7	23:22.8	7:30/M
119	John VanBlargan	Manheim PA	1682	45	M	10 40-49	23:21.2	23:50.9	7:32/M
120	Terry Frey	Mount Joy PA	502	53	M	6 50-59	23:22.5	23:44.2	7:32/M
121	Joseph Jr Anavitae	Lancaster PA	24	13	M	8 11-14	23:22.9	23:31.7	7:32/M
122	Vanessa Vastyan	Manheim PA	1697	25	F	9 19-29	23:23.0	23:43.7	7:33/M
123	Robert Carey	Lititz PA	238	48	M	11 40-49	23:23.8	23:57.3	7:33/M
124	John Trovato	Lititz PA	1673	33	M	20 30-39	23:24.1	23:48.8	7:33/M
125	Dwight Gehman	Mount Joy PA	557	30	M	21 30-39	23:25.5	24:25.3	7:33/M
126	Bryce Dombach	mount joy PA	370	12	M	9 11-14	23:25.6	24:02.7	7:33/M
127	Lauren Elhajj	Lititz PA	416	29	F	10 19-29	23:26.4	23:43.6	7:34/M
128	Carina Reeser	Manheim PA	1358	26	F	11 19-29	23:29.6	24:24.7	7:35/M
129	Colby Wagner	Manheim PA	1713	12	M	10 11-14	23:31.0	23:44.5	7:35/M
130	Steven Cawley	Lancaster PA	252	37	M	22 30-39	23:31.4	24:43.8	7:35/M
131	Kyle Lathan	manheim PA	958	13	M	11 11-14	23:34.0	23:38.1	7:36/M
132	Kendra Beittel	New Holland PA	82	22	F	12 19-29	23:38.4	24:02.5	7:37/M
133	Adam Reifsnnyder	Lititz PA	1353	20	M	28 19-29	23:40.0	23:49.9	7:38/M
134	Mark Murr	Manheim PA	1181	42	M	12 40-49	23:40.5	23:55.1	7:38/M

Race Date  
May 31, 2014

# Rock N Glow 2014

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
135	Tom Stone	Manheim PA	1609	43	M	13 40-49	23:40.9	24:05.8	7:38/M
136	Jeremy Martin	Myerstown PA	1048	24	M	29 19-29	23:41.2	23:59.9	7:38/M
137	Zachary Benner	Mount Joy PA	1908	9	M	5 1-10	23:41.7	23:49.2	7:38/M
138	Damon Deck	Landisville PA	333	15	M	14 15-18	23:42.8	23:54.0	7:39/M
139	Emily Melton	New Cumberland PA	1111	31	F	10 30-39	23:42.9	23:57.0	7:39/M
140	Corby Burkholder	Manheim PA	206	36	M	23 30-39	23:43.0	23:55.4	7:39/M
141	Travis Krall	Lebanon PA	1897	29	M	30 19-29	23:43.7	24:02.7	7:39/M
142	Chris Glessner	Washington Boro PA	601	32	M	24 30-39	23:43.9	24:32.5	7:39/M
143	Kyle Zeamer	Manheim PA	1851	16	M	15 15-18	23:44.8	26:42.3	7:39/M
144	John HOSLER Hosler	Lititz PA	785	16	M	16 15-18	23:45.8	26:42.2	7:40/M
145	Loren Benner	Mount Joy PA	1911	44	M	14 40-49	23:48.0	24:36.4	7:41/M
146	Andrew Hill	Lancaster PA	748	29	M	31 19-29	23:48.2	24:09.8	7:41/M
147	Sierra Zimmerman	Ephrata PA	1873	12	F	7 11-14	23:57.0	24:09.2	7:44/M
148	Michael Gerace	Lebanon PA	575	43	M	15 40-49	23:57.0	24:07.0	7:44/M
149	Rachel Lacek	Manheim PA	937	21	F	13 19-29	23:59.3	24:47.0	7:44/M
150	Adam Ampsacher	Elizabethtown PA	21	19	M	32 19-29	23:59.5	24:47.2	7:44/M
151	Codi Bollinger	Manheim PA	122	13	F	8 11-14	23:59.9	24:09.1	7:44/M
152	Kallee Locker	Elizabethtown PA	992	9	F	1 1-10	24:00.8	24:10.3	7:45/M
153	William Burrichter	Columbia PA	214	44	M	16 40-49	24:00.8	24:23.8	7:45/M
154	David Goff	Manheim PA	605	42	M	17 40-49	24:01.1	24:08.0	7:45/M
155	Amanda Burrichter	Columbia PA	212	13	F	9 11-14	24:01.8	24:11.1	7:45/M
156	Lily Clinton	Lancaster PA	272	9	F	2 1-10	24:02.6	24:08.8	7:45/M
157	Glenn Nolt	Manheim PA	1234	64	M	2 60-69	24:03.6	24:26.3	7:45/M
158	Missy Harbach	MANHEIM PA	676	39	F	11 30-39	24:03.8	24:23.0	7:45/M
159	Lynn Rohal	Landisville PA	1390	36	F	12 30-39	24:04.1	24:26.8	7:46/M
160	Josiah Nauman	Manheim PA	1203	14	M	12 11-14	24:14.3	24:33.0	7:49/M
161	Maria Delgado	Lititz PA	345	41	F	5 40-49	24:15.5	24:25.5	7:49/M
162	Shane Hentz	New Cumberland PA	720	19	M	33 19-29	24:21.6	26:17.6	7:51/M
163	Lu Ann Wise	Manheim PA	1980	57	F	2 50-59	24:23.3	24:40.4	7:52/M
164	Ava Wentling	Cleona PA	1768	8	F	3 1-10	24:24.6	25:39.0	7:52/M
165	Jamie Groff	Akron PA	644	35	M	25 30-39	24:26.2	24:47.9	7:53/M
166	Troy Gadberry	Mountville PA	526	36	M	26 30-39	24:30.8	25:43.9	7:54/M
167	Don Huntz	Manheim PA	1965	51	M	7 50-59	24:34.2	25:01.3	7:55/M
168	Chris Hupp	Lebanon PA	810	32	M	27 30-39	24:34.8	24:54.9	7:55/M
169	Barry Zug	Coraopoli PA	1969	45	M	18 40-49	24:35.4	24:58.9	7:56/M
170	Kristopher Bleecher	Mount Joy PA	114	37	M	28 30-39	24:35.9	25:13.1	7:56/M
171	Joseph Vigilante	Lebanon PA	1702	25	M	34 19-29	24:36.9	24:56.3	7:56/M
172	Elyse Kufera	Jarrettsville MD	930	19	F	14 19-29	24:37.6	24:54.4	7:56/M
173	Lauren Allen	Dillsburg PA	17	29	F	15 19-29	24:40.8	25:18.6	7:57/M
174	Matthew Klaassen	mohnton PA	898	23	M	35 19-29	24:41.1	25:14.4	7:58/M
175	Elizabeth Neifert	Orwigsburg PA	1210	40	F	6 40-49	24:41.1	25:21.6	7:58/M
176	Michael Gaffney	harrisburg PA	527	30	M	29 30-39	24:41.2	25:11.7	7:58/M
177	Mark Munkittrick	Lititz PA	1179	39	M	30 30-39	24:43.2	25:39.3	7:58/M
178	Andrew Siegrist	Manheim PA	1516	13	M	13 11-14	24:43.8	27:41.8	7:58/M
179	MADALYN NELSON	MOUNT JOY PA	1216	14	F	10 11-14	24:44.0	24:58.8	7:59/M
180	Nicole Hardy	Manheim PA	677	29	F	16 19-29	24:49.2	25:26.9	8:00/M
181	MADALYN HOSLER	Lititz PA	786	14	F	11 11-14	24:53.5	25:06.4	8:02/M
182	Laura Good		618	40	F	7 40-49	24:53.7	25:06.4	8:02/M
183	Todd Glessner	Mount Joy PA	602	29	M	36 19-29	24:54.3	25:43.6	8:02/M
184	Michelle Weaver	Ephrata PA	1749	29	F	17 19-29	24:54.3	25:20.4	8:02/M
185	Dalton Benedict	Manheim PA	84	16	M	17 15-18	24:55.8	25:07.0	8:02/M
186	Matthew Angstadt	Hummelstown PA	26	37	M	31 30-39	24:56.7	25:22.9	8:03/M
187	Tom Blanck	manheim PA	111	57	M	8 50-59	24:59.7	25:08.7	8:04/M
188	Pamela Yunginger	Lititz PA	1842	52	F	3 50-59	25:01.7	25:21.0	8:04/M
189	John Meck	Lancaster PA	1100	21	M	37 19-29	25:02.2	25:17.5	8:05/M
190	Mitch Detwiler	Lititz PA	351	14	M	14 11-14	25:03.3	26:48.5	8:05/M
191	Stephanie Stoltzfus	Morgantown PA	1606	17	F	4 15-18	25:03.6	25:42.8	8:05/M
192	Crystal Illigasch	Lancaster PA	820	27	F	18 19-29	25:04.0	26:09.2	8:05/M
193	Melanie Miller	Mount Joy PA	1134	25	F	19 19-29	25:04.3	25:50.5	8:05/M
194	Katie Nissley	Elizabethtown PA	1231	26	F	20 19-29	25:04.6	25:41.2	8:05/M
195	Dustin Strickler	Lititz PA	1618	44	M	19 40-49	25:05.3	25:14.5	8:05/M
196	Jason Thompson	Manheim PA	1654	38	M	32 30-39	25:05.7	26:14.9	8:05/M
197	Courtney Murphy	Lititz PA	1180	27	F	21 19-29	25:09.0	25:31.3	8:07/M
198	Read Ingold	Manheim PA	825	27	M	38 19-29	25:10.6	27:42.2	8:07/M
199	Allison Weaver	Lititz PA	1738	23	F	22 19-29	25:10.9	25:16.8	8:07/M
200	Lisa Soders	Lancaster PA	1901	34	F	13 30-39	25:12.5	25:44.3	8:08/M
201	Desiree Tack	Leola PA	1900	30	F	14 30-39	25:12.5	25:44.2	8:08/M

# Rock N Glow 2014

## Overall Finish List

5K

Race Date  
May 31, 2014

Place							-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace	
202	Sarah Keener	Bainbridge PA	855	29	F	23 19-29	25:14.4	25:50.0	8:08/M	
203	Cordell Musser	ephrata PA	1184	48	M	20 40-49	25:15.7	25:43.6	8:09/M	
204	Stephanie Newswanger	Manheim PA	1223	36	F	15 30-39	25:16.1	25:35.5	8:09/M	
205	Douglas Motter	Lancaster PA	1169	53	M	9 50-59	25:17.4	26:11.7	8:09/M	
206	Lisa Weaver	Ephrata PA	1747	20	F	24 19-29	25:20.3	25:46.6	8:10/M	
207	Owen Von Stetten	MANheim PA	1708	13	M	15 11-14	25:24.7	25:40.7	8:12/M	
208	Harrison Eichelberger	Elizabethtown PA	412	14	M	16 11-14	25:24.7	25:50.4	8:12/M	
209	Brian Von Stetten	Manheim PA	1707	44	M	21 40-49	25:25.1	25:41.2	8:12/M	
210	Brent Suereth	Harrisburg PA	1625	35	M	33 30-39	25:26.6	27:05.0	8:12/M	
211	Wendy Fry	Mount Joy PA	509	41	F	8 40-49	25:26.8	26:11.0	8:12/M	
212	Beth Karpel	Mount Joy PA	844	42	F	9 40-49	25:27.4	26:11.9	8:13/M	
213	Michelle Krall	Lebanon PA	1898	27	F	25 19-29	25:27.4	25:47.6	8:13/M	
214	Heather Groff	Mount Joy PA	643	37	F	16 30-39	25:27.8	25:45.8	8:13/M	
215	Luke Lastinger	Manheim PA	957	10	M	6 1-10	25:28.1	26:24.2	8:13/M	
216	Matt Heffelfinger	Wernersville PA	703	29	M	39 19-29	25:29.1	25:41.3	8:13/M	
217	Jessica Tragus	Columbia PA	1662	30	F	17 30-39	25:30.5	25:36.2	8:14/M	
218	Anna Middleton	Manheim PA	1121	16	F	5 15-18	25:31.7	25:36.9	8:14/M	
219	Amy Yunginger	Lititz PA	1839	14	F	12 11-14	25:31.9	25:51.4	8:14/M	
220	Steve Buchanan	Lancaster PA	190	46	M	22 40-49	25:32.2	26:26.1	8:14/M	
221	Matthew Mahonski	Ephrata PA	1017	37	M	34 30-39	25:33.7	26:05.6	8:15/M	
222	Sierra Stoltzfus		1915	0	F	1 0-0	25:34.6	25:40.5	8:15/M	
223	Alex Agesen	Manheim PA	13	18	F	6 15-18	25:34.8	25:40.4	8:15/M	
224	Olivia Sunderland	Manheim PA	1631	10	F	4 1-10	25:37.0	25:44.5	8:16/M	
225	Sandy Gadberry	Mountville PA	525	36	F	18 30-39	25:38.7	26:51.2	8:16/M	
226	Brenna McIntyre	Lititz PA	1094	9	F	5 1-10	25:41.6	26:53.3	8:17/M	
227	Heather McIntyre	Lititz PA	1095	38	F	19 30-39	25:41.7	26:53.1	8:17/M	
228	Crissy Stoeffler	Elizabethtown PA	1601	32	F	20 30-39	25:41.7	26:17.3	8:17/M	
229	Steve Witmer	Plano TX	1809	42	M	23 40-49	25:41.7	26:07.1	8:17/M	
230	Janelle Peters	Manheim PA	1292	21	F	26 19-29	25:43.9	26:40.9	8:18/M	
231	Leah Yingling	Elizabethtown PA	1823	30	F	21 30-39	25:45.4	26:21.6	8:18/M	
232	Chad Rapp	Bainbridge PA	1328	27	M	40 19-29	25:45.7	26:22.5	8:18/M	
233	Jim Orr	Lancaster PA	1949	53	M	10 50-59	25:45.8	26:47.9	8:18/M	
234	Bernadette Sheaffer	Akron PA	1475	46	F	10 40-49	25:45.8	26:08.2	8:18/M	
235	Hannah Zimmerman	Ephrata PA	1866	10	F	6 1-10	25:47.9	25:59.9	8:19/M	
236	Kelly Abrahamson	Mount Joy PA	2	12	F	13 11-14	25:49.8	26:02.9	8:20/M	
237	Jaiden Neff	Manheim PA	1207	12	F	14 11-14	25:50.3	26:02.9	8:20/M	
238	Anita Keppley	Manheim PA	869	38	F	22 30-39	25:50.6	25:58.4	8:20/M	
239	D'Von Stallings		1577	27	M	41 19-29	25:50.8	26:39.4	8:20/M	
240	Eric Redcay	Mount Joy PA	1338	38	M	35 30-39	25:51.5	26:30.0	8:20/M	
241	Gabe Redcay	Mount Joy PA	1339	9	M	7 1-10	25:51.5	26:29.9	8:20/M	
242	Joseph Kutch	Lebanon PA	935	22	M	42 19-29	25:51.7	26:02.3	8:20/M	
243	Cade Zeamer	Manheim PA	1846	13	M	17 11-14	25:52.3	28:49.3	8:21/M	
244	Joan Yunginger	New Holland PA	1840	51	F	4 50-59	25:52.5	26:16.7	8:21/M	
245	Caitlyn Kambourglos	Lancaster PA	841	16	F	7 15-18	25:52.6	26:38.5	8:21/M	
246	Jon Diffenderfer	Akron PA	360	25	M	43 19-29	25:52.7	26:25.3	8:21/M	
247	Annaliese Kambourglos	Lancaster PA	840	19	F	27 19-29	25:52.9	26:38.6	8:21/M	
248	Amy Siegrist	Mt. Joy PA	1515	31	F	23 30-39	25:53.5	26:30.2	8:21/M	
249	Audrey Caleca	lititz PA	220	38	F	24 30-39	25:56.0	26:27.4	8:22/M	
250	Mason Caleca	Lititz PA	222	12	M	18 11-14	25:56.0	26:27.3	8:22/M	
251	Christine Shimer	Manheim PA	1493	47	F	11 40-49	25:56.2	27:15.1	8:22/M	
252	Julie McFarland	Mount Joy PA	1089	17	F	8 15-18	25:56.7	26:55.4	8:22/M	
253	Katelyn Grazan	Manheim PA	633	19	F	28 19-29	25:58.1	26:06.4	8:23/M	
254	Deirdre Kohr	York PA	907	50	F	5 50-59	25:58.7	26:10.7	8:23/M	
255	Stephan VanDerPloog	Lebanon PA	1686	40	M	24 40-49	25:59.1	26:31.5	8:23/M	
256	Nathan Eisenberg	Lancaster PA	1885	21	M	44 19-29	25:59.2	27:12.6	8:23/M	
257	Alexandra Kerrek	Lititz PA	872	14	M	19 11-14	25:59.3	26:30.9	8:23/M	
258	Sarah Capoferri	Lancaster PA	236	13	F	15 11-14	25:59.7	26:23.3	8:23/M	
259	Nadine Yunginger	New Holland, PA	1841	23	F	29 19-29	25:59.7	26:23.1	8:23/M	
260	Lauren Hartzler	Manheim PA	689	15	F	9 15-18	26:00.0	26:15.4	8:23/M	
261	Brian Karsnitz	York PA	158	52	M	11 50-59	26:02.6	26:14.0	8:24/M	
262	Allison Dombach	Manheim PA	369	15	F	10 15-18	26:03.7	26:19.6	8:24/M	
263	CHRISTINA GAVALA	MANHEIM PA	551	15	F	11 15-18	26:03.9	26:19.2	8:24/M	
264	Darren Bertin	Manheim PA	95	12	M	20 11-14	26:04.1	26:18.5	8:25/M	
265	Timo Witmer	Plano TX	1810	11	M	21 11-14	26:04.3	26:34.7	8:25/M	
266	Gloria Conner	Manheim PA	291	45	F	12 40-49	26:04.3	26:15.1	8:25/M	
267	Reyn Patton	Scottsdale AZ	1277	11	M	22 11-14	26:04.5	27:41.1	8:25/M	
268	Jaime Coble	Elizabethtown PA	277	32	F	25 30-39	26:05.2	26:26.4	8:25/M	

# Rock N Glow 2014

## Overall Finish List

5K

Race Date  
May 31, 2014

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
269	Nolan Deck	Landisville PA	337	13	M	23 11-14	26:05.7	26:33.9	8:25/M
270	Dax Kelly	elizabethtown PA	864	9	M	8 1-10	26:06.8	27:43.6	8:25/M
271	Herbert Karg	Lebanon PA	842	29	M	45 19-29	26:07.3	27:01.9	8:25/M
272	Sarah Hamilton	Pine Grove PA	672	30	F	26 30-39	26:11.3	27:48.4	8:27/M
273	Hillary Snavely	Manheim PA	1548	25	F	30 19-29	26:11.3	26:56.5	8:27/M
274	John Kegarise	Manheim PA	857	64	M	3 60-69	26:12.2	26:39.4	8:27/M
275	Candace DeBord	Lancaster PA	330	32	F	27 30-39	26:12.4	26:36.9	8:27/M
276	Ashlee Miller	Lancaster PA	1122	29	F	31 19-29	26:12.7	26:38.7	8:27/M
277	Joshua Berkey	akron PA	93	31	M	36 30-39	26:15.1	28:28.1	8:28/M
278	Michele Criste	Lancaster PA	312	48	F	13 40-49	26:16.0	27:26.8	8:28/M
279	Ben Nissley	Elizabethtown PA	1229	21	M	46 19-29	26:16.3	26:53.7	8:28/M
280	Alisha Good	Lancaster PA	609	20	F	32 19-29	26:16.4	26:53.5	8:28/M
281	Carter Mitchell	Lancaster PA	1140	9	M	9 1-10	26:18.5	27:24.5	8:29/M
282	Ashley Kilhefner	Ephrata PA	877	18	F	12 15-18	26:19.1	26:53.0	8:29/M
283	David Kilhefner	Ephrata PA	878	26	M	47 19-29	26:19.3	26:53.4	8:29/M
284	Gloria Sandoe	Newmanstown PA	1414	53	F	6 50-59	26:21.0	26:31.8	8:30/M
285	Mike Winters	Lititz PA	1801	40	M	25 40-49	26:21.1	27:11.7	8:30/M
286	Kristen Musser	ephrata PA	1189	16	F	13 15-18	26:21.2	26:49.8	8:30/M
287	Troy Mitchell	Lancaster PA	1144	42	M	26 40-49	26:22.5	27:28.6	8:30/M
288	Logan Collbeth	Manheim PA	284	13	M	24 11-14	26:27.0	26:42.0	8:32/M
289	Scott Martin	Manheim PA	1057	46	M	27 40-49	26:27.1	26:48.9	8:32/M
290	Caitlin Musser	ephrata PA	1183	20	F	33 19-29	26:27.4	26:55.9	8:32/M
291	Laura Brenner	Lancaster PA	154	23	F	34 19-29	26:31.5	26:50.4	8:33/M
292	Ben Weaver	Manheim PA	1740	15	M	18 15-18	26:32.0	27:13.5	8:34/M
293	Jacklyn Popielarski	Lancaster PA	1314	22	F	35 19-29	26:32.2	26:50.5	8:34/M
294	Anika Haski	Lancaster PA	692	12	F	16 11-14	26:32.9	26:45.6	8:34/M
295	Derric Wenger	Ephrata PA	1760	34	M	37 30-39	26:32.9	26:56.8	8:34/M
296	Sheila Wenger	Ephrata PA	1765	32	F	28 30-39	26:33.0	26:56.8	8:34/M
297	Justin Shelly	Manheim PA	1921	18	M	19 15-18	26:33.1	27:15.1	8:34/M
298	Taylor Kauffman	Lititz PA	848	12	F	17 11-14	26:33.2	26:45.8	8:34/M
299	Tracey Campbell	Mount joy PA	231	41	F	14 40-49	26:35.0	27:22.2	8:35/M
300	Kayla Eller	Manheim PA	418	15	F	14 15-18	26:36.3	26:48.0	8:35/M
301	Joel Siegrist	East Earl PA	1517	25	M	48 19-29	26:38.5	27:56.5	8:35/M
302	Eleanor Deeg	lancaaster PA	338	11	F	18 11-14	26:38.7	27:56.1	8:35/M
303	Terry Lauver	Manheim PA	961	47	M	28 40-49	26:40.0	27:07.8	8:36/M
304	Courtney Hamilton	Wilmington DE	669	31	F	29 30-39	26:41.2	27:30.3	8:36/M
305	Melanie VanDerPloog	Lebanon PA	1685	37	F	30 30-39	26:42.2	27:15.7	8:37/M
306	Kerwin Brackbill	Manheim PA	145	21	M	49 19-29	26:42.8	27:48.4	8:37/M
307	Valarie Bucher	Manheim PA	192	37	F	31 30-39	26:43.9	27:54.1	8:37/M
308	Tara Greiner	Lititz PA	1886	21	F	36 19-29	26:44.8	27:58.1	8:37/M
309	Timothy Merkt	Elizabethtown PA	1115	41	M	29 40-49	26:45.1	27:21.4	8:38/M
310	Isabella Hain	Maytown PA	661	11	F	19 11-14	26:45.8	26:59.5	8:38/M
311	Korey Schload	Marietta PA	1432	42	M	30 40-49	26:47.3	27:00.8	8:38/M
312	Giovanna Ortiz	Manheim PA	1254	20	F	37 19-29	26:47.4	27:53.0	8:38/M
313	Heather Hershey	Lititz PA	728	34	F	32 30-39	26:47.7	27:30.4	8:38/M
314	Kelli Campbell	Mountville PA	230	12	F	20 11-14	26:47.8	27:01.1	8:38/M
315	Isabella Wendler	manheim PA	1759	12	F	21 11-14	26:48.4	27:01.6	8:39/M
316	Beth Hershey	Mount Joy PA	724	26	F	38 19-29	26:49.5	27:27.0	8:39/M
317	Steven Cassel	York PA	250	58	M	12 50-59	26:49.6	28:04.1	8:39/M
318	Sam Martin	Manheim PA	1056	22	F	39 19-29	26:49.9	28:10.3	8:39/M
319	Colleen Gergely	Manheim PA	576	36	F	33 30-39	26:51.4	27:27.9	8:40/M
320	Kim Spangle	York PA	1561	44	F	15 40-49	26:51.9	27:06.8	8:40/M
321	Keagan Eienhofer	Sinking Spring PA	414	6	M	10 1-10	26:53.1	28:03.3	8:40/M
322	Todd Eisenhofer	Sinking Spring PA	1899	34	M	38 30-39	26:53.8	28:03.9	8:40/M
323	Judy Haldeman	Manheim PA	665	46	F	16 40-49	26:54.8	27:01.6	8:41/M
324	TED GAVALA	MANHEIM PA	553	51	M	13 50-59	26:55.8	27:11.2	8:41/M
325	Marcia Fellenbaum	Washington Boro PA	455	35	F	34 30-39	26:58.0	27:21.5	8:42/M
326	Cheryl Ginder	Manheim PA	592	26	F	40 19-29	26:58.5	27:21.6	8:42/M
327	Justin McClenaghan	Lancaster PA	1081	20	M	50 19-29	26:58.9	27:29.6	8:42/M
328	Janelle Cachelin	Lititz PA	219	34	F	35 30-39	26:59.2	27:48.9	8:42/M
329	Michele Clagett	Lebanon PA	266	42	F	17 40-49	27:00.5	27:23.9	8:43/M
330	Erin Haldeman	Lititz PA	664	11	F	22 11-14	27:01.0	27:50.1	8:43/M
331	Cheryl Haus	Manheim PA	698	30	F	36 30-39	27:01.1	27:27.2	8:43/M
332	Sadie Moore	Lancaster PA	1157	27	F	41 19-29	27:01.2	27:27.1	8:43/M
333	Kim Hostetter	Manheim PA	789	43	F	18 40-49	27:01.5	28:27.4	8:43/M
334	Megan Donlan	Hummelstown PA	374	20	F	42 19-29	27:01.6	30:17.6	8:43/M
335	Timothy Hensley	Ephrata PA	719	33	M	39 30-39	27:01.8	29:17.7	8:43/M

# Rock N Glow 2014

## Overall Finish List

5K

Race Date  
May 31, 2014

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
336	Elizabeth Maldonado	Lancaster PA	1019	24	F	43 19-29	27:03.2	28:03.8	8:44/M
337	Rebecca Keppley	Manheim PA	870	13	F	23 11-14	27:03.2	29:01.3	8:44/M
338	James King	Lancaster PA	882	44	M	31 40-49	27:03.4	28:07.0	8:44/M
339	Julie Garman	Ephrata PA	540	39	F	37 30-39	27:05.5	27:47.4	8:44/M
340	James Roark	Akron PA	1375	40	M	32 40-49	27:05.7	27:58.3	8:44/M
341	Walter Newcomer	Manheim PA	1221	58	M	14 50-59	27:06.2	27:28.5	8:45/M
342	Samuel Westphal	lancaster PA	1779	14	M	25 11-14	27:06.2	28:11.5	8:45/M
343	Kara Newcomer	Lancaster PA	1219	27	F	44 19-29	27:06.6	27:28.7	8:45/M
344	Annie Johnston	Lititz PA	834	23	F	45 19-29	27:07.3	27:19.3	8:45/M
345	Richard Troutman	Manheim PA	1672	66	M	4 60-69	27:07.9	27:39.9	8:45/M
346	Lily Wagner	Manheim PA	1719	12	F	24 11-14	27:09.4	27:22.3	8:45/M
347	Mackenzie Nolan	Columbia PA	1232	19	F	46 19-29	27:11.3	28:21.7	8:46/M
348	Eric Shultz	Mount joy PA	1512	45	M	33 40-49	27:11.6	27:45.3	8:46/M
349	Rebecca Wood	lancaster PA	1818	30	F	38 30-39	27:11.7	27:24.9	8:46/M
350	Caileigh Ciepiela	Columbia PA	263	19	F	47 19-29	27:11.7	28:22.0	8:46/M
351	Maegan Weisberg	Felton PA	1756	23	F	48 19-29	27:12.2	27:29.0	8:46/M
352	Reed Lawrence	Lancaster PA	965	11	M	26 11-14	27:12.7	27:56.1	8:46/M
353	Jack Shipley	Lancaster PA	1499	11	M	27 11-14	27:13.3	27:56.6	8:47/M
354	Michelle Cavallaro	Lititz PA	251	40	F	19 40-49	27:13.7	27:37.0	8:47/M
355	Jennifer Shultz	Mount Joy PW	1513	45	F	20 40-49	27:13.8	27:47.0	8:47/M
356	Sydney Schonman	Lititz PA	1441	14	F	25 11-14	27:13.8	27:25.1	8:47/M
357	Jim Rausch	Dover PA	1331	53	M	15 50-59	27:14.4	27:53.8	8:47/M
358	Nico Thompson	Harrisburg PA	1655	27	M	51 19-29	27:14.4	27:32.6	8:47/M
359	Katie Nace	Manheim PA	1198	15	F	15 15-18	27:15.4	27:26.5	8:47/M
360	Dan Yost	Manheim PA	1832	34	M	40 30-39	27:15.7	28:25.1	8:47/M
361	Shawn Serfass	east petersburg PA	1458	46	M	34 40-49	27:16.7	28:18.8	8:48/M
362	Allison Morningstar	York PA	1162	16	F	16 15-18	27:17.1	28:47.7	8:48/M
363	Nicholas Troutman	Wernersville PA	1671	28	M	52 19-29	27:17.4	28:44.8	8:48/M
364	Miranda Shirk	Hummelstown PA	1505	28	F	49 19-29	27:18.6	28:45.8	8:48/M
365	Jeff Myers	Akron PA	1197	32	M	41 30-39	27:18.8	28:09.3	8:48/M
366	Emily Bitner	Elizabethtown PA	103	15	F	17 15-18	27:19.4	28:26.5	8:49/M
367	Jeremy Walker	Lancaster PA	1723	25	M	53 19-29	27:19.5	28:38.5	8:49/M
368	Julia Raybold	Elizabethtown PA	1332	12	F	26 11-14	27:19.6	28:54.2	8:49/M
369	Shalisa Brubaker	New Holland PA	184	25	F	50 19-29	27:19.6	28:38.1	8:49/M
370	T. Renee Copenhaver	Lititz PA	305	23	F	51 19-29	27:20.6	28:38.3	8:49/M
371	Ben Thompson	manheim PA	1653	27	M	54 19-29	27:20.7	28:20.5	8:49/M
372	Denise Stauffer	Manheim PA	1581	56	F	7 50-59	27:21.7	28:04.5	8:49/M
373	Thomas Ginder	Manheim PA	594	40	M	35 40-49	27:22.2	28:02.2	8:50/M
374	Jacob Hess	Manheim PA	736	9	M	11 1-10	27:22.6	28:22.4	8:50/M
375	Lisa Haefner	lancaster PA	656	51	F	8 50-59	27:27.6	28:02.1	8:51/M
376	Sarah Sylvia	Manheim PA	1638	34	F	39 30-39	27:29.1	28:10.3	8:52/M
377	Jonathan Hess	manheim PA	738	40	M	36 40-49	27:29.2	28:30.2	8:52/M
378	Samantha Spaide	Pottstown PA	1559	27	F	52 19-29	27:29.2	28:10.4	8:52/M
379	Josh Varner	Manheim PA	1689	13	M	28 11-14	27:29.7	29:54.9	8:52/M
380	Karen Garner	Manheim PA	543	35	F	40 30-39	27:30.6	28:20.9	8:52/M
381	Brett Kreider	Manheim PA	1971	12	M	29 11-14	27:31.3	27:45.0	8:53/M
382	Ed Marberger	Saint Clair PA	1024	33	M	42 30-39	27:31.4	28:05.8	8:53/M
383	Shawn Hontz	Manheim PA	774	23	M	55 19-29	27:32.8	27:59.6	8:53/M
384	Jennifer McKinley	Lancaster PA	1096	27	F	53 19-29	27:33.0	28:43.6	8:53/M
385	Dale Edgell	Ephrata PA	407	46	M	37 40-49	27:35.8	28:35.2	8:54/M
386	Jase Colino	Landisville PA	281	9	M	12 1-10	27:36.1	28:05.8	8:54/M
387	John Wimer	York PA	1913	48	M	38 40-49	27:37.8	28:06.0	8:55/M
388	Lisa Colino	Landisville PA	282	37	F	41 30-39	27:37.9	28:07.8	8:55/M
389	Sam Reese	Lancaster PA	1351	28	M	56 19-29	27:38.2	28:59.3	8:55/M
390	Grant Patrick	Manheim PA	1272	14	M	30 11-14	27:42.1	27:55.4	8:56/M
391	Melissa Funk	Manheim PA	524	34	F	42 30-39	27:43.1	28:31.0	8:56/M
392	Amanda Husser	Manheim PA	812	27	F	54 19-29	27:44.2	29:27.3	8:57/M
393	Mia Reed	Manheim PA	1346	12	F	27 11-14	27:44.3	27:55.2	8:57/M
394	Paul Carnes	Marietta PA	241	30	M	43 30-39	27:44.8	27:52.1	8:57/M
395	Taylor Orr	Lancaster PA	1950	11	F	28 11-14	27:45.1	28:45.2	8:57/M
396	Rachel VanBlargan	Manheim PA	1683	14	F	29 11-14	27:46.7	28:16.3	8:57/M
397	Melanie Henery	Mount Gretna PA	716	36	F	43 30-39	27:47.8	28:49.2	8:58/M
398	Kristian Citko	Manheim PA	265	10	M	13 1-10	27:48.1	28:48.7	8:58/M
399	James Slaugh	Lancaster PA	1530	11	M	31 11-14	27:49.0	27:57.5	8:58/M
400	Kimberly Martin	Lititz PA	1052	32	F	44 30-39	27:49.4	28:28.1	8:58/M
401	Stacy Orr	Lancaster PA	1948	42	F	21 40-49	27:49.9	28:50.2	8:58/M
402	Joshua Mitchell	Elizabethtown PA	1142	26	M	57 19-29	27:50.8	27:57.0	8:59/M

# Rock N Glow 2014

Race Date  
May 31, 2014

## Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
403	Manda Strickler	Elizabethtown PA	1619	23	F	55 19-29	27:51.1	27:56.9	8:59/M
404	Jaunine Fouche	Mount Gretna PA	488	45	F	22 40-49	27:51.3	28:20.8	8:59/M
405	Sonya Widders	Lititz PA	1784	34	F	45 30-39	27:51.4	28:30.1	8:59/M
406	Joseph Citko	Manheim PA	264	45	M	39 40-49	27:51.5	28:52.4	8:59/M
407	Karen Good	Ephrata PA	616	27	F	56 19-29	27:51.8	28:17.1	8:59/M
408	Shane Good	Elm PA	622	18	M	20 15-18	27:54.0	28:58.2	9:00/M
409	Jay Zimmerman	Ephrata PA	1867	33	M	44 30-39	27:54.8	28:44.9	9:00/M
410	Anna Mitchell	Lancaster PA	1139	33	F	46 30-39	27:58.7	29:04.5	9:01/M
411	Jerry Yoder	Lititz PA	1826	50	M	16 50-59	27:59.2	28:16.0	9:02/M
412	Grace Roberts	MANHEIM PA	1381	13	F	30 11-14	28:00.1	28:53.4	9:02/M
413	Corbin Moore	Manheim PA	1153	11	M	32 11-14	28:00.9	29:27.8	9:02/M
414	Rich Spangler	York PA	1562	35	M	45 30-39	28:02.7	28:43.9	9:03/M
415	Joe Droege	Mount Joy PA	386	30	M	46 30-39	28:03.3	29:17.1	9:03/M
416	Melanie DeHart	Lancaster PA	342	38	F	47 30-39	28:04.8	29:02.9	9:03/M
417	Don DeHart	Lancaster PA	340	40	M	40 40-49	28:05.1	29:02.8	9:04/M
418	Jean Benedict	Manheim PA	86	46	F	23 40-49	28:05.4	29:37.8	9:04/M
419	Brittany Benner	Mount Joy PA	1910	12	F	31 11-14	28:07.3	28:38.3	9:04/M
420	Isabella Pagano	Manheim PA	1265	13	F	32 11-14	28:07.4	29:12.0	9:04/M
421	Kaitlyn Marnoch	Ephrata PA	1031	13	F	33 11-14	28:07.6	28:26.6	9:04/M
422	Nhiek Mongkon	Lebanon PA	1923	42	M	41 40-49	28:08.1	28:48.3	9:05/M
423	Naria Mongkon	Lebanon PA	1922	33	F	48 30-39	28:08.2	28:47.9	9:05/M
424	William Marnoch	Ephrata PA	1033	10	M	14 1-10	28:08.3	28:27.2	9:05/M
425	Kim Becker	elizabethtown PA	80	25	F	57 19-29	28:08.3	28:46.2	9:05/M
426	Rory Klingensmith	Hummelstown PA	900	14	F	34 11-14	28:08.5	29:50.5	9:05/M
427	Michele Santana	lebanon PA	1415	36	F	49 30-39	28:08.8	28:28.7	9:05/M
428	Lauren Epler	Hummelstown PA	429	14	F	35 11-14	28:10.2	29:51.6	9:05/M
429	Kevin Iddings	Lititz PA	818	40	M	42 40-49	28:10.7	29:41.5	9:05/M
430	Katlyn Eckman	Manheim PA	405	23	F	58 19-29	28:10.8	28:46.6	9:05/M
431	Sami Maddox	manheim PA	1015	12	F	36 11-14	28:11.8	29:05.1	9:05/M
432	Brittany Griffith	Manhiem PA	639	20	F	59 19-29	28:13.2	30:11.3	9:06/M
433	Caleb Martin	Manheim PA	1038	20	M	58 19-29	28:13.5	30:11.2	9:06/M
434	Deborah Pagano	Manheim PA	1264	46	F	24 40-49	28:13.9	29:22.5	9:06/M
435	Scott Huber	Manheim PA	801	41	M	43 40-49	28:15.6	30:26.7	9:07/M
436	Gwen Callahan	Mount Joy PA	224	39	F	50 30-39	28:16.2	28:33.3	9:07/M
437	Adam Smerick	manheim PA	1536	33	M	47 30-39	28:19.2	28:57.6	9:08/M
438	Julie Keim	Lancaster PA	859	33	F	51 30-39	28:19.5	29:20.3	9:08/M
439	Tina Snyder	Manheim PA	1556	50	F	9 50-59	28:20.2	29:24.5	9:08/M
440	Laura Maurer	Leola PA	1069	32	F	52 30-39	28:20.3	28:58.8	9:08/M
441	Kasiana Brown	camp hill PA	167	14	F	37 11-14	28:21.2	30:11.6	9:09/M
442	Rachel Clouser	Grantville PA	275	13	F	38 11-14	28:21.2	30:12.0	9:09/M
443	Marc Robeson	Manheim PA	1382	49	M	44 40-49	28:21.7	28:37.3	9:09/M
444	Trenton Mann	Columbia PA	1022	11	M	33 11-14	28:22.5	28:26.7	9:09/M
445	Kendra Feigert	Mt. Joy PA	454	41	F	25 40-49	28:24.5	29:50.2	9:10/M
446	Grant Burkholder	Manheim PA	208	9	M	15 1-10	28:26.5	29:20.1	9:10/M
447	Alexa Campbell	Manheim PA	228	21	F	60 19-29	28:27.3	29:46.8	9:11/M
448	Lane Burkholder	Manheim PA	209	38	M	48 30-39	28:28.1	29:20.9	9:11/M
449	mason Ober	Lititz PA	1246	12	M	34 11-14	28:28.2	30:15.4	9:11/M
450	Leslie McCarthy	Manheim PA	1078	37	F	53 30-39	28:28.2	28:44.1	9:11/M
451	Brenda Balmer	Lebanon PA	47	45	F	26 40-49	28:28.9	29:43.8	9:11/M
452	Beth Witmer	Plano TX	1805	42	F	27 40-49	28:29.2	28:58.9	9:11/M
453	Scott Shenk	Lancaster PA	1488	29	M	59 19-29	28:30.0	29:14.6	9:12/M
454	Amanda Simmons	Alexandria VA	1912	36	F	54 30-39	28:30.6	29:47.5	9:12/M
455	Courtney Lewis	Lancaster PA	985	36	F	55 30-39	28:30.8	29:47.8	9:12/M
456	Erica Hollenbaugh	Ephrata PA	765	28	F	61 19-29	28:32.0	29:16.5	9:12/M
457	Frosoula Romano	Lancaster PA	1393	38	F	56 30-39	28:34.2	30:09.4	9:13/M
458	Faith Enck	Manheim PA	423	10	F	7 1-10	28:34.9	28:49.6	9:13/M
459	Victoria Benner	Mount Joy PA	1909	11	F	39 11-14	28:34.9	29:23.9	9:13/M
460	Derek Benedict	Manheim PA	85	11	M	35 11-14	28:35.1	30:08.0	9:13/M
461	Josh Enck	Manheim PA	424	38	M	49 30-39	28:35.3	28:50.1	9:13/M
462	Teresa Skidmore	Lititz PA	1526	35	F	57 30-39	28:35.9	29:18.4	9:13/M
463	Sharyn Slick	Lancaster PA	1902	67	F	1 60-69	28:36.0	28:46.3	9:14/M
464	Hannah Motter	Lancaster PA	1170	16	F	18 15-18	28:36.3	30:12.1	9:14/M
465	Shannon Knorr	Windsor PA	902	51	F	10 50-59	28:39.9	28:56.5	9:15/M
466	Ben Wagner	Manheim PA	1712	12	M	36 11-14	28:40.9	28:55.1	9:15/M
467	Chris Pagano II	Manheim PA	1262	12	M	37 11-14	28:41.3	28:54.7	9:15/M
468	Mary McGallicher	Manheim PA	1091	42	F	28 40-49	28:45.2	29:52.1	9:16/M
469	Taura Thompson	Manheim PA	1657	38	F	58 30-39	28:45.8	29:52.6	9:16/M

Race Date  
May 31, 2014

# Rock N Glow 2014

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
470	Celine Schell	Leola PA	1429	17	F	19 15-18	28:45.9	29:14.1	9:16/M
471	David Barker	Gettysburg PA	57	36	M	50 30-39	28:46.1	29:14.0	9:17/M
472	Monica Stitzel	Manheim PA	1600	33	F	59 30-39	28:46.2	29:51.7	9:17/M
473	Stephanie Fleck	Columbia PA	1984	31	F	60 30-39	28:47.6	29:12.4	9:17/M
474	Jennifer Nolt	Lancaster PA	1235	23	F	62 19-29	28:48.3	30:24.6	9:17/M
475	ASHLEY WHARTON	landisville PA	1781	30	F	61 30-39	28:49.2	30:31.0	9:18/M
476	McKayla Shelly	Manheim PA	1486	12	F	40 11-14	28:49.2	29:00.0	9:18/M
477	Amy Shealer	Gettysburg PA	1479	37	F	62 30-39	28:50.1	29:21.7	9:18/M
478	Jaime Shoenfelt	Manheim PA	1507	37	F	63 30-39	28:53.4	30:36.8	9:19/M
479	Emmy Savage	Ephrata PA	1421	37	F	64 30-39	28:53.4	29:35.4	9:19/M
480	Stephanie Good	New Holland PA	623	30	F	65 30-39	28:53.6	29:45.3	9:19/M
481	Teresa Duffy	Lancaster PA	390	33	F	66 30-39	28:53.9	29:52.7	9:19/M
482	Dennis Conrad	Lebanon PA	294	34	M	51 30-39	28:55.2	29:09.2	9:20/M
483	Mathew Stricker	Wernersville PA	1616	22	M	60 19-29	28:55.3	30:53.1	9:20/M
484	Clayton Stitzel	Manheim PA	1599	38	M	52 30-39	28:56.6	30:02.3	9:20/M
485	Scott Westfield	Mount Joy PA	1777	12	M	38 11-14	28:57.7	31:22.9	9:20/M
486	Brian Hoerner	Harrisburg PA	1884	56	M	17 50-59	28:58.0	29:52.3	9:21/M
487	Phil Huber	Manheim PA	1883	58	M	18 50-59	28:58.6	29:52.5	9:21/M
488	Rebecca Brubaker	Mount Joy PA	183	39	F	67 30-39	28:59.9	29:49.1	9:21/M
489	Dacoda Winters	windsor PA	1799	15	M	21 15-18	29:01.1	31:07.2	9:22/M
490	Kevin Stauffer	lancaster PA	1582	20	M	61 19-29	29:02.7	30:38.6	9:22/M
491	Laura Marks	Lancaster PA	1026	37	F	68 30-39	29:04.4	30:14.6	9:23/M
492	Owen Patrick	Manheim PA	1274	11	M	39 11-14	29:05.9	29:20.3	9:23/M
493	Kayla Miller	Lancaster PA	1129	25	F	63 19-29	29:06.3	29:51.2	9:23/M
494	Timothy Darling	Hershey PA	324	54	M	19 50-59	29:06.4	30:30.0	9:23/M
495	Holly Schlosser	Ephrata PA	1433	35	F	69 30-39	29:07.4	29:56.2	9:24/M
496	Jim Feese	Elizabethtown PA	453	41	M	45 40-49	29:08.3	29:40.5	9:24/M
497	Jayden Feese	Elizabethtown PA	452	11	M	40 11-14	29:08.4	29:40.5	9:24/M
498	Paetyn Zeamer	Manheim PA	1852	15	F	20 15-18	29:09.1	30:00.0	9:24/M
499	Kelly Burrichter	Columbia PA	213	49	F	29 40-49	29:09.4	29:42.0	9:24/M
500	Abby Wagner	Manheim PA	1711	16	F	21 15-18	29:09.7	30:00.0	9:24/M
501	Hunter Reed	Manheim PA	1345	17	M	22 15-18	29:10.1	30:00.6	9:25/M
502	Anna Brubaker	Mount Joy PA	174	9	F	8 1-10	29:10.5	29:59.0	9:25/M
503	Evelyn Campbell	Manheim PA	229	32	F	70 30-39	29:10.6	30:00.0	9:25/M
504	Alyssa Grube	Akron PA	648	43	F	30 40-49	29:11.1	30:04.8	9:25/M
505	Joy Meley	Lancaster PA	1107	39	F	71 30-39	29:13.4	30:30.7	9:25/M
506	Amy Delozier	Palmyra PA	347	30	F	72 30-39	29:14.0	29:21.2	9:26/M
507	Christine Barbera	Lancaster PA	1931	39	F	73 30-39	29:14.3	29:22.9	9:26/M
508	Seth Kirby	Elizabethtown PA	892	23	M	62 19-29	29:14.6	30:32.3	9:26/M
509	Amber Hershey	Mount Joy PA	723	15	F	22 15-18	29:14.9	30:21.6	9:26/M
510	Leigha Bucks	mount joy PA	198	19	F	64 19-29	29:15.5	30:21.8	9:26/M
511	Ben Pinkerton	Manheim PA	1310	18	M	23 15-18	29:15.6	29:53.1	9:26/M
512	Wes Gomez	lancaster PA	607	25	M	63 19-29	29:16.3	29:43.9	9:26/M
513	Kevin McCarty	Lancaster PA	1079	40	M	46 40-49	29:16.7	30:41.6	9:26/M
514	Gina Bray	Lancaster PA	152	44	F	31 40-49	29:17.4	30:42.0	9:27/M
515	Ariel Weaver	MANHEIM PA	1739	22	F	65 19-29	29:17.5	30:03.1	9:27/M
516	Connie Buckwalter	Lititz PA	200	43	F	32 40-49	29:18.0	29:26.9	9:27/M
517	Kathryn Sikorski	Lancaster PA	1521	32	F	74 30-39	29:18.4	31:02.0	9:27/M
518	Lisa Atkins	Lititz PA	32	37	F	75 30-39	29:18.4	30:01.0	9:27/M
519	Sarah Horning	Lancaster PA	780	32	F	76 30-39	29:18.5	31:01.9	9:27/M
520	Lisa Ruth-Sahd	Mountville PA	1405	52	F	11 50-59	29:19.0	30:16.0	9:27/M
521	Kalee Fahndrich	Mount Joy PA	440	15	F	23 15-18	29:19.9	30:26.6	9:27/M
522	Adam Zuirn	Manheim PA	1878	27	M	64 19-29	29:20.0	30:38.1	9:28/M
523	Cindy Leonard	Coatesville PA	979	53	F	12 50-59	29:20.8	30:19.6	9:28/M
524	Kailey Fesenmyer	Lancaster PA	458	23	F	66 19-29	29:21.5	30:01.9	9:28/M
525	Allison Cassel	Manheim PA	246	13	F	41 11-14	29:21.7	29:52.8	9:28/M
526	Kaitlin Behmer	Lancaster PA	81	25	F	67 19-29	29:21.7	30:07.3	9:28/M
527	Amy Good	Mt. Joy PA	610	38	F	77 30-39	29:21.8	30:05.1	9:28/M
528	John Shinsky	Mount Joy PA	1496	24	M	65 19-29	29:23.2	29:57.0	9:29/M
529	Natalie Waltz	Leola PA	1728	18	F	24 15-18	29:23.3	29:54.1	9:29/M
530	Olivia Clelan	Newmanstown PA	268	19	F	68 19-29	29:23.9	29:54.5	9:29/M
531	Jason Keiser	Ephrata PA	1940	9	M	16 1-10	29:24.2	31:41.9	9:29/M
532	Lori Switzer	Ephrata PA	1635	50	F	13 50-59	29:24.4	30:15.6	9:29/M
533	Ann Ash	East Earl PA	30	53	F	14 50-59	29:25.5	30:58.2	9:29/M
534	Addie Bird	Newmanstown PA	101	35	F	78 30-39	29:25.9	30:09.2	9:29/M
535	Corinne Avellino	Lafayette Hill PA	33	14	F	42 11-14	29:27.1	29:43.9	9:30/M
536	Heather Colleen	Lancaster PA	285	25	F	69 19-29	29:27.8	30:27.2	9:30/M



# Rock N Glow 2014

Race Date  
May 31, 2014

## Overall Finish List

**5K**

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
537	Dashaun Neville	manheim PA	1218	16	M	24 15-18	29:27.8	29:53.2	9:30/M
538	Melissa Otto	Lititz PA	1256	44	F	33 40-49	29:27.9	29:44.5	9:30/M
539	Conner Zeamer	Manheim PA	1847	13	M	41 11-14	29:28.6	29:42.9	9:30/M
540	Mary Miller	Manheim PA	1133	49	F	34 40-49	29:28.7	29:44.0	9:30/M
541	Trisha Keiser	Ephrata PA	1939	39	F	79 30-39	29:28.7	31:46.4	9:30/M
542	Sue Senter	Manheim PA	1456	51	F	15 50-59	29:28.9	30:57.0	9:30/M
543	Jamie Schneider	Denver PA	1914	37	F	80 30-39	29:29.0	30:11.6	9:31/M
544	Rebecca Broome	East earl PA	162	27	F	70 19-29	29:29.2	29:59.8	9:31/M
545	Matthew Wash	Lititz PA	1735	11	M	42 11-14	29:33.4	32:12.2	9:32/M
546	Courtney Kready	Manheim PA	919	25	F	71 19-29	29:33.6	30:52.4	9:32/M
547	Jennifer Bracelin	lititz PA	143	28	F	72 19-29	29:34.1	30:04.2	9:32/M
548	Pamela Hertzog	marietta PA	733	49	F	35 40-49	29:36.5	31:00.1	9:33/M
549	Michele Achey	Mount Joy PA	6	30	F	81 30-39	29:37.3	30:21.4	9:33/M
550	Nancy Husser	Manheim PA	813	53	F	16 50-59	29:37.4	31:20.5	9:33/M
551	Ashley Hartzler	Manhiem PA	687	13	F	43 11-14	29:38.7	30:09.9	9:34/M
552	Pamela Dupont	Manheim PA	395	31	F	82 30-39	29:38.7	32:43.8	9:34/M
553	Ariah Bucks	mount jot PA	197	19	F	73 19-29	29:39.3	30:46.1	9:34/M
554	Meghan Healy	Manheim PA	702	13	F	44 11-14	29:40.4	31:39.0	9:34/M
555	Carisa Martin	Womelsdorf PA	1039	33	F	83 30-39	29:41.2	30:56.3	9:35/M
556	Amanda Martin	stevens PA	1037	29	F	74 19-29	29:41.4	30:56.5	9:35/M
557	Alison Hamby	Landisville PA	667	33	F	84 30-39	29:45.3	30:34.3	9:36/M
558	Kelly Funk	manheim PA	520	28	F	75 19-29	29:45.7	30:20.6	9:36/M
559	Samantha Eisenhofer	Sinking Spring PA	415	7	F	9 1-10	29:46.8	30:58.2	9:36/M
560	Michelle Franks	Mohnton PA	489	33	F	85 30-39	29:46.8	30:58.2	9:36/M
561	Kaia Becker	elizabethtown PA	79	12	F	45 11-14	29:47.3	31:23.5	9:36/M
562	Quin Minnick	Manheim PA	1138	13	M	43 11-14	29:49.0	31:18.5	9:37/M
563	Tanya Fritz	myerstown PA	504	28	F	76 19-29	29:49.4	30:24.7	9:37/M
564	Brandi Gipe	Myerstown PA	597	32	F	86 30-39	29:49.7	30:25.2	9:37/M
565	Jay King	Manheim PA	883	0	M	1 0-0	29:50.0	31:15.3	9:37/M
566	Ethan Hershey	Lititz PA	727	10	M	17 1-10	29:52.2	30:46.7	9:38/M
567	Charlotte Droege	Mount Joy PA	385	32	F	87 30-39	29:52.4	31:03.9	9:38/M
568	Allison Gehman	Mount Joy PA	555	30	F	88 30-39	29:52.4	30:51.0	9:38/M
569	Samantha Schaeffer	Lititz PA	1425	16	F	25 15-18	29:53.8	31:17.3	9:38/M
570	Sarah Zimmerman	Ephrata PA	1872	32	F	89 30-39	29:55.8	30:46.8	9:39/M
571	Daniel Hershey	Lititz PA	725	41	M	47 40-49	29:55.9	30:50.6	9:39/M
572	Jeffrey Cochran	Lititz PA	278	44	M	48 40-49	29:56.0	30:15.8	9:39/M
573	Eileen Giaco	Manheim PA	1963	51	F	17 50-59	29:56.5	31:20.3	9:39/M
574	Megan Wood	Lititz PA	1817	19	F	77 19-29	29:57.1	30:47.0	9:40/M
575	Lisa Winters	Lititz PA	1800	40	F	36 40-49	29:58.3	30:49.8	9:40/M
576	Mindy Miller	Lititz PA	1135	34	F	90 30-39	29:59.0	30:47.6	9:40/M
577	Jackson Trout	Lancaster PA	1668	14	M	44 11-14	30:00.0	30:17.4	9:41/M
578	Jeremiah Pacheco	Manheim PA	1257	16	M	25 15-18	30:00.8	31:23.0	9:41/M
579	Melanie Donnelly	Lancaster PA	375	38	F	91 30-39	30:01.2	31:31.4	9:41/M
580	Wayne Mutata	lancaster PA	1193	27	M	66 19-29	30:01.8	31:31.8	9:41/M
581	Erin Cornack	Lancaster PA	1918	31	F	92 30-39	30:03.6	31:00.3	9:42/M
582	John Heins	Lancaster PA	1917	26	M	67 19-29	30:04.8	31:02.0	9:42/M
583	Ethan Earhart	Lancaster PA	397	9	M	18 1-10	30:04.9	31:18.1	9:42/M
584	Taylor Zewe	Hershey PA	1863	15	F	26 15-18	30:05.8	31:56.8	9:42/M
585	Courtney Weaver	Mt. Joy PA	1742	16	F	27 15-18	30:06.4	30:31.7	9:43/M
586	Anne-Marie Charland	Elizabethtown PA	255	38	F	93 30-39	30:06.9	30:40.3	9:43/M
587	Greta Bornmann	elizabethtown PA	137	8	F	10 1-10	30:07.7	30:40.4	9:43/M
588	Samuel Fields	Lancaster PA	460	9	M	19 1-10	30:07.7	31:22.0	9:43/M
589	Erin Treese	Ephrata PA	1664	26	F	78 19-29	30:08.1	31:04.2	9:43/M
590	Kristina Baker	Columbia PA	43	44	F	37 40-49	30:09.5	31:22.2	9:44/M
591	Christopher Fields	Lancaster PA	459	34	M	53 30-39	30:09.6	31:23.7	9:44/M
592	Abigail Landis	Manheim PA	951	16	F	28 15-18	30:10.9	30:51.2	9:44/M
593	Elizabeth Landis	Manheim PA	955	18	F	29 15-18	30:11.6	30:51.2	9:44/M
594	kim navikas	millersville PA	1204	47	F	38 40-49	30:11.7	31:25.9	9:44/M
595	Lauren Leitzel	Lititz PA	976	26	F	79 19-29	30:11.8	30:46.9	9:44/M
596	Megan Achey	Oley PA	5	26	F	80 19-29	30:12.2	30:56.0	9:45/M
597	Amy Iddings	Lititz PA	817	39	F	94 30-39	30:12.2	31:43.2	9:45/M
598	Chantal Chaplain	New Cumberland PA	254	32	F	95 30-39	30:12.4	31:49.8	9:45/M
599	Joanna Hull	Mount Gettna PA	805	26	F	81 19-29	30:12.5	30:42.9	9:45/M
600	Michele Heffner	Elizabethtown PA	706	41	F	39 40-49	30:12.6	30:44.2	9:45/M
601	Kelcey Yeager	Manheim PA	1821	20	F	82 19-29	30:12.7	31:35.4	9:45/M
602	Nicole Vracarich	Lititz PA	1710	29	F	83 19-29	30:12.8	31:04.3	9:45/M
603	Ryan Hoffman	Manheim PA	763	10	M	20 1-10	30:13.7	32:39.8	9:45/M

Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
604	Julie Kostecky	Wormleysburg PA	914	46	F	40 40-49	30:14.5	31:52.4	9:45/M
605	Kristen Gruber	Lititz PA	650	28	F	84 19-29	30:16.1	31:26.5	9:46/M
606	Ashley Zuver	Reading PA	1880	26	F	85 19-29	30:16.6	32:48.8	9:46/M
607	Vanessa Earhart	Lancaster PA	398	38	F	96 30-39	30:17.4	31:30.6	9:46/M
608	Amanda Fuller	Myerstown PA	516	36	F	97 30-39	30:17.5	30:29.3	9:46/M
609	Eric McGallicher	Manheim PA	1090	44	M	49 40-49	30:17.8	31:27.3	9:46/M
610	Jenna Zahm	Columbia PA	1843	29	F	86 19-29	30:18.3	30:44.7	9:46/M
611	Jeff Feeman	Strasburg PA	451	24	M	68 19-29	30:18.4	32:12.2	9:46/M
612	Michael Ebersole	York PA	402	28	M	69 19-29	30:18.5	32:29.0	9:46/M
613	Mike Reed	Manheim PA	1347	36	M	54 30-39	30:18.9	31:53.5	9:46/M
614	Savannah Heisey	Manheim PA	713	12	F	46 11-14	30:20.4	30:36.4	9:47/M
615	Tara Petrilli	Lancaster PA	1295	50	F	18 50-59	30:20.7	31:24.8	9:47/M
616	Lynnsey Smith	Lancaster PA	1542	26	F	87 19-29	30:21.3	31:40.3	9:47/M
617	Brent Adams	manheim PA	7	21	M	70 19-29	30:21.8	32:18.9	9:47/M
618	Jacob Heffner	Elizabethtown PA	705	13	M	45 11-14	30:24.4	30:56.5	9:48/M
619	Nelson Torres	York PA	1660	28	M	71 19-29	30:24.5	30:53.3	9:48/M
620	Glenda Klaassen	Ephrata PA	896	52	F	19 50-59	30:27.7	31:02.3	9:49/M
621	Scott Wengrenovich	Lancaster PA	1766	27	F	88 19-29	30:27.9	31:42.6	9:49/M
622	Kelly Brown	Millersville PA	169	46	F	41 40-49	30:28.2	31:33.9	9:50/M
623	Matthew McCafferty	Lancaster PA	1074	29	M	72 19-29	30:28.7	33:01.6	9:50/M
624	Emily Harris	Lancaster PA	681	24	F	89 19-29	30:29.0	33:01.4	9:50/M
625	Jennifer Lauris	lititz PA	959	41	F	42 40-49	30:29.2	31:42.9	9:50/M
626	Rachael Kelly	New Holland PA	867	39	F	98 30-39	30:31.6	31:30.2	9:51/M
627	Nathan Robbins	Lititz PA	1380	11	M	46 11-14	30:32.6	32:19.9	9:51/M
628	Lance Klaassen	ephrata PA	897	25	M	73 19-29	30:33.1	31:06.6	9:51/M
629	catherine hill	Lancaster PA	749	37	F	99 30-39	30:34.1	33:06.4	9:52/M
630	Clayton Good	Manheim PA	612	52	M	20 50-59	30:35.4	32:48.5	9:52/M
631	Melissa Gibble	Lititz PA	587	14	F	47 11-14	30:35.6	32:05.0	9:52/M
632	Angela Kehler	Lititz PA	858	26	F	90 19-29	30:37.5	31:33.1	9:53/M
633	Megan Hensley	Ephrata PA	718	36	F	100 30-39	30:37.8	32:53.0	9:53/M
634	Ellen Vogt	Landisville PA	1705	34	F	101 30-39	30:38.0	30:55.5	9:53/M
635	Teri McGillis	lititz PA	1093	55	F	20 50-59	30:38.3	31:39.7	9:53/M
636	Kaitie Ciano	lititz PA	262	12	F	48 11-14	30:39.5	31:30.3	9:53/M
637	Glen Beiler	Akron PA	1930	55	M	21 50-59	30:39.5	33:35.7	9:53/M
638	Brian Fasnacht	Manheim PA	1993	25	M	74 19-29	30:40.1	32:26.8	9:54/M
639	Alexis Ream	Columbia PA	1335	12	F	49 11-14	30:40.5	31:16.7	9:54/M
640	Sullivan Herritt	Lititz PA	721	14	F	50 11-14	30:40.6	32:09.5	9:54/M
641	Haven Barley	Columbia PA	60	9	F	11 1-10	30:40.8	31:16.8	9:54/M
642	Kimberly Matthews	Manheim PA	1066	32	F	102 30-39	30:40.9	32:23.7	9:54/M
643	Ted Horton	Lincoln University PA	781	53	M	22 50-59	30:41.4	32:08.2	9:54/M
644	Bree Kelly	elizabethtown PA	863	41	F	43 40-49	30:41.4	32:19.8	9:54/M
645	Michele Conrad	Willow Street PA	299	47	F	44 40-49	30:41.5	32:08.2	9:54/M
646	Amy Barley	Columbia PA	58	40	F	45 40-49	30:41.5	31:17.1	9:54/M
647	Travis Fisher	Manheim PA	469	20	M	75 19-29	30:43.3	32:22.3	9:55/M
648	Natalie Snyder	Manheim PA	1554	23	F	91 19-29	30:44.1	32:57.5	9:55/M
649	Nate Snyder	Manheim PA	1555	52	M	23 50-59	30:44.3	32:57.5	9:55/M
650	Selena Troop	Columbia PA	1666	30	F	103 30-39	30:44.7	31:32.6	9:55/M
651	Savannah Ford	Manheim PA	479	19	F	92 19-29	30:45.9	32:25.1	9:55/M
652	Jennifer Miller	Mount Joy PA	1127	34	F	104 30-39	30:46.3	32:02.8	9:55/M
653	Clarissa Baxter	Ephrata PA	67	29	F	93 19-29	30:46.6	32:36.9	9:55/M
654	Riley McGallicher	Manheim PA	1092	11	M	47 11-14	30:48.0	31:44.8	9:56/M
655	Jamie Phillips	Lebanon PA	1304	24	F	94 19-29	30:48.5	32:11.8	9:56/M
656	Eli Schramm	Marietta PA	1442	19	M	76 19-29	30:48.9	31:56.9	9:56/M
657	Katie Koser	Mount Joy PA	912	18	F	30 15-18	30:49.6	31:57.1	9:56/M
658	Roxann Koser	Mount Joy PA	913	45	F	46 40-49	30:50.4	31:57.2	9:57/M
659	Cang Phan	Lancaster PA	1296	65	M	5 60-69	30:51.0	32:37.7	9:57/M
660	Michelle Labrecque	Ephrata PA	936	45	F	47 40-49	30:52.8	31:54.5	9:57/M
661	Lisa Jackson	Levittown PA	826	44	F	48 40-49	30:52.9	31:54.5	9:57/M
662	Jasmine Garcia	Elizabethtown PA	536	11	F	51 11-14	30:53.2	33:12.3	9:58/M
663	Emmy Varner	Manheim PA	1687	11	F	52 11-14	30:53.6	33:12.3	9:58/M
664	Katrina Wenger	Lititz PA	1762	20	F	95 19-29	30:54.2	31:33.1	9:58/M
665	Tracey Bertin	Manheim PA	96	40	F	49 40-49	30:55.5	31:51.9	9:58/M
666	Juliet Pletcher	Mount Wolf PA	1312	27	F	96 19-29	30:56.0	32:06.2	9:59/M
667	Stuart Page	York PA	1267	28	M	77 19-29	30:57.1	31:33.6	9:59/M
668	Andreanna Vasquez	Mount Joy PA	1693	14	F	53 11-14	30:57.4	32:38.8	9:59/M
669	Julie Page	York PA	1266	26	F	97 19-29	30:57.5	31:33.6	9:59/M
670	Lisa Vasquez	Mount Joy PA	1695	44	F	50 40-49	30:57.8	32:39.6	9:59/M

Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
671	Alison Stoltzfus	manheim PA	1603	18	F	31 15-18	30:58.8	31:37.1	9:59/M
672	Nicholas Wee	Manheim PA	1755	12	M	48 11-14	30:59.4	31:13.1	10:00/M
673	Aimee Geier	lancaster PA	572	24	F	98 19-29	30:59.5	31:21.0	10:00/M
674	Roger Petrilli	Lancaster PA	1294	45	M	50 40-49	31:01.0	32:05.1	10:00/M
675	Lily Hahn	Elizabethtown PA	658	13	F	54 11-14	31:03.4	32:22.0	10:01/M
676	Cherith Shaffer	Manheim PA	1467	29	F	99 19-29	31:04.8	32:09.7	10:01/M
677	Mary Camara	Fair Haven VT	227	27	F	100 19-29	31:05.6	32:17.1	10:02/M
678	Allison Hahn	Elizabethtown PA	657	43	F	51 40-49	31:05.8	32:24.3	10:02/M
679	SUSAN CONNORS	LANCASTER PA	293	60	F	2 60-69	31:07.8	32:54.7	10:02/M
680	Valerie Smoker	Ephrata PA	1546	26	F	101 19-29	31:10.7	33:01.3	10:03/M
681	Conner Edgell	Ephrata PA	406	15	M	26 15-18	31:11.4	32:09.9	10:04/M
682	Megan Criste	Lancaster PA	311	12	F	55 11-14	31:11.9	32:12.3	10:04/M
683	Kaitlin Deck	Lancaster PA	336	12	F	56 11-14	31:12.2	32:12.4	10:04/M
684	Tom Stager	Manheim PA	1574	32	M	55 30-39	31:13.0	32:08.7	10:04/M
685	Kent Hartzler	Manheim PA	688	41	F	52 40-49	31:13.7	32:45.8	10:04/M
686	Mackenzie Winfree	Lebanon PA	1797	25	F	102 19-29	31:13.9	32:09.0	10:04/M
687	Kayla Hummer	lititz PA	807	23	F	103 19-29	31:14.3	32:07.8	10:05/M
688	Tiffany Thomas	Columbia PA	1651	30	F	105 30-39	31:14.5	34:20.1	10:05/M
689	Fred Hauck	Lancaster PA	696	60	M	6 60-69	31:15.0	32:23.2	10:05/M
690	Olivia Pagliaro	Hummelstown PA	1268	14	F	57 11-14	31:15.4	33:09.7	10:05/M
691	Shawna Nale	Harrisburg PA	1201	28	F	104 19-29	31:16.2	32:02.5	10:05/M
692	Logan Conrad	Elizabethtown PA	298	10	M	21 1-10	31:16.5	32:37.7	10:05/M
693	Kelsey Wenger	Lititz PA	1764	18	F	32 15-18	31:17.4	31:55.3	10:05/M
694	Lizzie Wash		1986	14	F	58 11-14	31:17.4	32:46.6	10:05/M
695	Trevor Brubaker	Manheim PA	186	21	M	78 19-29	31:18.6	32:28.3	10:06/M
696	Amber Speicher	Etters PA	1564	19	F	105 19-29	31:18.7	32:28.2	10:06/M
697	Joni Hauck	Lancaster PA	697	57	F	21 50-59	31:19.9	32:23.0	10:06/M
698	Grace Kramer	Lancaster PA	1889	17	F	33 15-18	31:20.6	31:56.2	10:06/M
699	Andrew Thomas	Columbia PA	1649	29	M	79 19-29	31:21.1	33:23.3	10:07/M
700	Michelle Flynn	Palmyra PA	476	24	F	106 19-29	31:21.4	32:08.6	10:07/M
701	Peter Brubaker	Mount Joy PA	182	14	M	49 11-14	31:21.8	32:05.9	10:07/M
702	Casie Price	Marietta PA	1317	41	F	53 40-49	31:21.8	32:42.2	10:07/M
703	George Burkholder	Lancaster PA	207	54	M	24 50-59	31:21.9	32:04.9	10:07/M
704	Christina Nale	palmyra PA	1200	24	F	107 19-29	31:22.3	32:09.2	10:07/M
705	Lindsay Mills	Landisville PA	1137	32	F	106 30-39	31:23.4	32:47.6	10:07/M
706	Hannah Sipe	Brownstown PA	1887	19	F	108 19-29	31:23.7	31:59.3	10:07/M
707	Kelly Slayton	Etters PA	1532	39	F	107 30-39	31:24.1	32:26.9	10:08/M
708	Tony Brubaker	Mount Joy PA	185	42	M	51 40-49	31:24.1	32:08.5	10:08/M
709	Andrea Famous	Mount Joy PA	442	39	F	108 30-39	31:27.2	33:08.2	10:09/M
710	Scott Slayton	Etters PA	1533	39	M	56 30-39	31:27.3	32:30.0	10:09/M
711	Karen Conrad	Elizabethtown PA	297	42	F	54 40-49	31:27.9	32:49.2	10:09/M
712	Tavan Schoenberger	Elizabethtown PA	1928	8	M	22 1-10	31:29.7	33:06.3	10:09/M
713	Maddy Barbush	Manheim PA	54	12	F	59 11-14	31:32.3	31:45.5	10:10/M
714	Nicholas Hamilton	Pine Grove PA	671	20	M	80 19-29	31:35.5	33:12.8	10:11/M
715	Angie Eichelberger	Lancaster PA	1952	35	F	109 30-39	31:35.5	33:16.3	10:11/M
716	Halina Dorofee	lititz PA	376	16	F	34 15-18	31:35.6	32:35.0	10:11/M
717	Tami Dombach	mount joy PA	371	40	F	55 40-49	31:35.8	33:14.2	10:11/M
718	Jon Wile	Columbia PA	1791	37	M	57 30-39	31:35.8	33:52.7	10:11/M
719	Melissa Schaefer	Lancaster PA	1424	35	F	110 30-39	31:36.0	33:16.6	10:12/M
720	Ethan Wile	Columbia PA	1790	11	M	50 11-14	31:36.8	33:53.5	10:12/M
721	Matt Smoker	Manheim PA	1545	34	M	58 30-39	31:37.7	33:07.9	10:12/M
722	Shane Matthews	Manheim PA	1067	39	M	59 30-39	31:38.2	33:53.0	10:12/M
723	Ann Patton	Scottsdale AZ	1276	52	F	22 50-59	31:38.5	33:14.3	10:12/M
724	Ashley Deck	Lancaster PA	331	13	F	60 11-14	31:38.8	33:10.2	10:12/M
725	Deborah Deck	Lancaster PA	334	44	F	56 40-49	31:38.9	33:10.2	10:12/M
726	Anna Granger	Lancaster PA	630	9	F	12 1-10	31:40.0	32:49.7	10:13/M
727	Tammy Myer	Manheim PA	1196	41	F	57 40-49	31:40.1	31:58.3	10:13/M
728	Hannah Kowalski	Manheim PA	915	13	F	61 11-14	31:40.6	32:33.7	10:13/M
729	Audrey Miller	Manheim PA	1967	11	F	62 11-14	31:40.9	32:34.1	10:13/M
730	Connor Brooks	Manheim PA	160	11	M	51 11-14	31:41.1	33:30.6	10:13/M
731	Jennifer Hooven	Lancaster PA	776	26	F	109 19-29	31:42.3	33:57.5	10:14/M
732	Missey Booth Leed	East Petersburg PA	133	40	F	58 40-49	31:44.6	33:26.0	10:14/M
733	Tyler Duffy	Lancaster PA	391	39	M	60 30-39	31:45.2	32:44.0	10:15/M
734	Julie Good	Manheim PA	615	51	F	23 50-59	31:45.8	33:46.0	10:15/M
735	LESLEY AGNEW	LANCASTER PA	14	35	F	111 30-39	31:46.4	33:07.6	10:15/M
736	Bobby Bailey	Manheim PA	37	41	M	52 40-49	31:46.6	32:54.7	10:15/M
737	Leann Yoder	Myerstown PA	1828	40	F	59 40-49	31:48.4	33:20.7	10:15/M

Race Date  
May 31, 2014

# Rock N Glow 2014

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
738	Nathan Leed	East Petersburg PA	967	15	M	27 15-18	31:48.4	33:29.9	10:15/M
739	Chad Fisher	LEOLA PA	465	26	M	81 19-29	31:48.9	32:57.4	10:15/M
740	Courtney Zimmerman	Lititz PA	1865	47	F	60 40-49	31:49.8	32:49.2	10:16/M
741	Wendi Stoltzfus	Gainsville FL	1999	26	F	110 19-29	31:50.0	34:20.1	10:16/M
742	Anh Liang	Lititz PA	988	42	F	61 40-49	31:50.1	32:49.5	10:16/M
743	Judith Ring	Hatboro PA	1369	46	F	62 40-49	31:52.3	32:45.0	10:17/M
744	Henry Nikolet	Mount Joy PA	1227	16	M	28 15-18	31:52.4	32:45.1	10:17/M
745	Aaron Cassel	Manheim PA	245	7	M	23 1-10	31:52.5	33:26.6	10:17/M
746	Claudia Pennington	Manheim PA	1287	29	F	111 19-29	31:53.1	34:35.9	10:17/M
747	Kendra Martin	Lancaster PA	1051	29	F	112 19-29	31:53.5	33:59.8	10:17/M
748	Gina Martin	Ephrata PA	1045	31	F	112 30-39	31:54.4	34:00.6	10:17/M
749	mindy benjamin	Levittown PA	88	37	F	113 30-39	31:55.6	32:37.9	10:18/M
750	Shannon Ginder	Manheim PA	593	40	F	63 40-49	31:55.8	32:37.8	10:18/M
751	Dave Cassel	Manheim PA	247	44	M	53 40-49	31:56.4	33:30.6	10:18/M
752	Erin Mowrer	Mount Joy PA	1172	36	F	114 30-39	31:56.5	32:35.0	10:18/M
753	Karen Humma	Lititz PA	806	49	F	64 40-49	31:57.6	32:10.0	10:18/M
754	Emily Leibley	Manheim PA	970	16	F	35 15-18	31:57.9	32:48.7	10:18/M
755	Shay Long	Annville PA	997	39	F	115 30-39	31:59.4	34:03.5	10:19/M
756	Carrie Bornmann	elizabethstown PA	136	44	F	65 40-49	31:59.7	32:32.4	10:19/M
757	Jamie Nissley	Elizabethstown PA	1230	27	M	82 19-29	32:00.1	32:37.1	10:19/M
758	Joseph Anavitate	Lancaster PA	23	31	M	61 30-39	32:02.4	32:13.4	10:20/M
759	Mandy Emley	Seven Valleys PA	420	39	F	116 30-39	32:04.2	32:51.0	10:21/M
760	Derek Crouse	Palmyra PA	314	23	M	83 19-29	32:05.0	33:36.8	10:21/M
761	Janelle Witmer	Manheim PA	1807	30	F	117 30-39	32:05.8	33:55.2	10:21/M
762	Nathan Brandt	Manheim PA	148	18	M	29 15-18	32:09.2	32:18.5	10:22/M
763	Walter Portillo	York PA	1316	16	M	30 15-18	32:09.3	33:40.0	10:22/M
764	Christine Binkley	New Holland PA	99	40	F	66 40-49	32:10.2	33:08.5	10:23/M
765	Drew Easteadt	Elizabethstown PA	399	11	M	52 11-14	32:10.7	33:08.8	10:23/M
766	Andrea Dissler	Lititz PA	365	49	F	67 40-49	32:10.8	33:13.7	10:23/M
767	Andria Sharpe	Lancaster PA	1471	54	F	24 50-59	32:11.5	33:22.5	10:23/M
768	Robert Honeybone	Ephrata PA	773	46	M	54 40-49	32:11.6	34:20.5	10:23/M
769	Jose Garcia	york PA	538	38	M	62 30-39	32:11.9	34:26.5	10:23/M
770	Tracy Easteadt	Elizabethstown PA	400	36	F	118 30-39	32:13.5	33:11.5	10:24/M
771	Gabriel Damon	manheim PA	322	12	M	53 11-14	32:15.8	33:48.9	10:24/M
772	Angela Landis	Columbia PA	953	32	F	119 30-39	32:16.1	34:42.9	10:25/M
773	Colleen DeHart	Manheim PA	339	28	F	113 19-29	32:16.4	35:33.4	10:25/M
774	Grace Cassel	Manheim PA	248	10	F	13 1-10	32:16.9	33:50.6	10:25/M
775	Concetta Alpers	Lancaster PA	18	55	F	25 50-59	32:17.4	32:28.0	10:25/M
776	Cheryl Etkin	Lancaster PA	433	35	F	120 30-39	32:20.6	33:29.9	10:26/M
777	Jasmeng Lo	Leola PA	1933	17	F	36 15-18	32:21.4	34:11.1	10:26/M
778	Jodi Reddig	Denver PA	1341	51	F	26 50-59	32:22.9	33:24.4	10:26/M
779	Melissa Petersheim	Manheim PA	1293	43	F	68 40-49	32:23.1	33:57.4	10:27/M
780	Eric Etkin	Lancaster PA	434	37	M	63 30-39	32:23.2	33:32.1	10:27/M
781	Shirley Kufera	Jarrettsville MD	931	45	F	69 40-49	32:24.1	33:46.0	10:27/M
782	Ashley Kufera	Lancaster PA	929	22	F	114 19-29	32:24.4	33:46.1	10:27/M
783	Hailey Clouser	Grantville PA	274	11	F	63 11-14	32:25.6	34:19.9	10:27/M
784	Kaitlyn Stewart	DENVER PA	1593	17	F	37 15-18	32:26.5	35:40.0	10:28/M
785	Kimberly Kirchner	Manheim PA	895	39	F	121 30-39	32:26.7	34:22.8	10:28/M
786	Julia Zewe	Hershey PA	1861	11	F	64 11-14	32:27.1	34:21.8	10:28/M
787	Avery Kirchner	Manheim PA	893	6	M	24 1-10	32:27.1	34:23.0	10:28/M
788	Kati Meyer	Manheim PA	1118	15	F	38 15-18	32:27.5	33:32.0	10:28/M
789	Marie Good	Elm PA	619	40	F	70 40-49	32:29.7	33:35.6	10:29/M
790	Tiana Webb	Lititz PA	1882	30	F	122 30-39	32:30.5	34:34.9	10:29/M
791	Kevin Perigo	Lititz PA	1936	33	M	64 30-39	32:31.2	34:36.4	10:29/M
792	Erin Perigo	Lititz PA	1937	31	F	123 30-39	32:31.5	34:35.7	10:29/M
793	Karen Siegrist	Manheim PA	1518	37	F	124 30-39	32:33.1	34:27.3	10:30/M
794	Raina zawalsn	Manheim PA	1997	12	F	65 11-14	32:34.7	32:45.7	10:30/M
795	Denise Redcay	Mount Joy PA	1337	42	F	71 40-49	32:35.0	33:43.8	10:31/M
796	Gretchen Zeamer	Manheim PA	1849	43	F	72 40-49	32:35.0	34:29.8	10:31/M
797	Phillip Meck	Manheim PA	1987	39	M	65 30-39	32:35.2	34:52.7	10:31/M
798	Jodi Gaudlip	Lititz PA	550	39	F	125 30-39	32:35.9	34:02.4	10:31/M
799	Isabel Mejia	Lititz PA	1105	11	F	66 11-14	32:36.8	33:29.0	10:31/M
800	Courtney Helm	Lancaster PA	1934	24	F	115 19-29	32:37.0	34:53.0	10:31/M
801	DJ Warihay	manheim PA	1733	9	M	25 1-10	32:37.2	34:53.0	10:31/M
802	Avery Hupp	Lebanon PA	808	11	F	67 11-14	32:37.8	34:47.8	10:31/M
803	Carrie Meyer	Manheim PA	1117	39	F	126 30-39	32:39.0	33:43.8	10:32/M
804	Kathleen Walter	Landisville PA	1726	44	F	73 40-49	32:39.0	33:58.7	10:32/M

Race Date  
May 31, 2014

# Rock N Glow 2014

## Overall Finish List

5K

Place	-----Total-----								
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
805	John Monk Jr	Jonestown PA	1146	48	M	55 40-49	32:39.2	34:19.3	10:32/M
806	Jackie Frye	Hummelstown PA	511	47	F	74 40-49	32:39.2	34:19.2	10:32/M
807	Heather Soistmann	Edgewater CO	1892	46	F	75 40-49	32:39.2	33:59.0	10:32/M
808	Jennie Raudenbush	Schuylkill Haven PA	1330	52	F	27 50-59	32:39.5	34:46.9	10:32/M
809	Jennifer Mejia	Lititz PA	1106	44	F	76 40-49	32:40.0	33:33.7	10:32/M
810	Dustin Frey	Kirkwood PA	498	24	M	84 19-29	32:40.1	35:20.5	10:32/M
811	Carson Brooks	Manheim PA	159	10	M	26 1-10	32:43.7	34:33.0	10:33/M
812	Anika Braun-Dullaues	Manheim PA	151	17	F	39 15-18	32:44.0	34:16.6	10:34/M
813	Ellie Mosher	Mount Joy PA	1165	8	F	14 1-10	32:44.1	32:51.9	10:34/M
814	LACI NELSON	MOUNT JOY PA	1215	7	F	15 1-10	32:45.8	32:53.3	10:34/M
815	Jo Kerrek	Lititz PA	873	48	F	77 40-49	32:46.2	33:17.6	10:34/M
816	Caroline Lawrence	Lancaster PA	964	46	F	78 40-49	32:46.6	33:36.4	10:34/M
817	Dave Houser	Harrisburg PA	792	49	M	56 40-49	32:47.1	33:41.7	10:35/M
818	Tiffany Bressler	Dillsburg PA	156	28	F	116 19-29	32:47.3	33:41.8	10:35/M
819	Jeff Burton	Lancaster PA	216	37	M	66 30-39	32:48.6	35:25.5	10:35/M
820	Jessica Farnish	Marietta PA	443	27	F	117 19-29	32:48.9	33:32.2	10:35/M
821	Tracy Krushinski	lititz PA	928	44	F	79 40-49	32:49.2	33:44.4	10:35/M
822	Taylor Hocker	Manheim PA	757	15	F	40 15-18	32:49.2	34:11.5	10:35/M
823	Samantha Johns	Richaland PA	833	22	F	118 19-29	32:49.5	34:46.7	10:35/M
824	Ellie Krushinski	Lititz PA	927	11	F	68 11-14	32:49.5	33:44.5	10:35/M
825	Michelle Stone	Manheim PA	1607	43	M	57 40-49	32:50.3	34:58.5	10:35/M
826	Michael Shirk	East Earl PA	1504	26	M	85 19-29	32:50.6	34:07.4	10:35/M
827	Tammy Brown	Ephrata PA	173	42	F	80 40-49	32:51.5	34:38.2	10:36/M
828	Kay R	Mount Joy PA	1325	42	F	81 40-49	32:51.5	33:14.2	10:36/M
829	Emma Beamesderfer	Manheim PA	71	16	F	41 15-18	32:51.8	35:08.6	10:36/M
830	Madison Hartzler	Manheim PA	690	10	F	16 1-10	32:51.8	34:25.6	10:36/M
831	Amy Raudenbush	Ephrata PA	1329	42	F	82 40-49	32:52.0	34:38.3	10:36/M
832	Emily Stoltzfus	manheim PA	1604	15	F	42 15-18	32:52.2	35:08.9	10:36/M
833	Stephanie Hartzler	Manhiem PA	691	41	F	83 40-49	32:53.2	34:25.4	10:36/M
834	Carla Shirk	East Earl PA	1502	26	F	119 19-29	32:53.6	34:10.3	10:36/M
835	Robert Marquette	Manheim PA	1035	50	M	25 50-59	32:53.8	33:09.3	10:36/M
836	Gayle Merkt	Elizabethtown PA	1114	41	F	84 40-49	32:54.0	33:59.2	10:37/M
837	Jessica Widrick	Columbia PA	1992	41	F	85 40-49	32:54.7	33:59.9	10:37/M
838	Michael Schreiber	York PA	1443	40	M	58 40-49	32:55.3	33:36.8	10:37/M
839	Michael Khounenorath	Landisville PA	876	14	M	54 11-14	32:55.3	34:39.5	10:37/M
840	John Brooks	Manheim PA	161	39	M	67 30-39	32:55.5	34:45.3	10:37/M
841	Fawn Davies	Elizabethtown PA	327	45	F	86 40-49	32:56.3	34:00.7	10:37/M
842	Samantha Heisey		1994	27	F	120 19-29	32:57.4	34:20.5	10:38/M
843	Madeline Rice	Lancaster PA	1364	25	F	121 19-29	32:58.0	35:06.2	10:38/M
844	Melissa Gonzalez	Lebanon PA	608	23	F	122 19-29	32:58.1	34:21.2	10:38/M
845	Mackenzie Ridilla	Mt Joy PA	1367	9	F	17 1-10	33:01.4	34:39.6	10:39/M
846	Cassandra Christoffel	Lancaster PA	259	10	F	18 1-10	33:01.5	34:39.9	10:39/M
847	Regina Scanlin	Marietta PA	1423	38	F	127 30-39	33:02.2	36:13.5	10:39/M
848	Janet Christoffel	Lancaster PA	260	43	F	87 40-49	33:02.6	34:41.3	10:39/M
849	Michelle Quino-Drescher	Elizabethtown PA	1324	49	F	88 40-49	33:03.0	33:55.1	10:40/M
850	Ashley Sinniger	Manheim PA	1525	29	F	123 19-29	33:03.6	34:32.5	10:40/M
851	Michele Goss	Manheim PA	628	42	F	89 40-49	33:04.7	35:22.9	10:40/M
852	Ryan Neff	Manheim PA	1209	39	M	68 30-39	33:05.3	34:52.0	10:40/M
853	Matthew Goss	Manheim PA	627	43	M	59 40-49	33:05.6	35:24.4	10:40/M
854	Kristen Stager	Plamyra PA	1989	33	F	128 30-39	33:05.7	34:01.8	10:40/M
855	Kaylee Neff	Manheim PA	1208	9	F	19 1-10	33:05.8	34:51.8	10:40/M
856	Lisa Ayers	Annaville PA	34	42	F	90 40-49	33:07.4	34:22.6	10:41/M
857	Jeff Kramer	Camp Hill PA	918	51	M	26 50-59	33:09.3	35:05.7	10:42/M
858	Brenda Eichelberger	Elizabethtown PA	410	53	F	28 50-59	33:11.2	34:07.1	10:42/M
859	Lucas Baker	Willow Street PA	44	12	M	55 11-14	33:11.6	34:15.4	10:42/M
860	Amy Zewe	Hershey PA	1860	41	F	91 40-49	33:13.4	35:08.5	10:43/M
861	Renee Clouser	Grantville PA	276	43	F	92 40-49	33:13.5	35:08.6	10:43/M
862	Jennifer Gehman	Ephrata PA	559	26	F	124 19-29	33:15.3	35:17.5	10:44/M
863	James Trout	Lancaster PA	1669	11	M	56 11-14	33:16.1	33:33.3	10:44/M
864	Doretta Hess	Lancaster PA	735	37	F	129 30-39	33:16.4	33:42.5	10:44/M
865	Tom Fromuth	Lancaster PA	505	55	M	27 50-59	33:17.1	33:34.9	10:44/M
866	Jacey Gish	Manheim PA	599	34	F	130 30-39	33:18.4	34:27.2	10:45/M
867	Cameron Evans	Manheim PA	436	9	M	27 1-10	33:20.3	34:22.3	10:45/M
868	Ashley Evans	Manheim PA	435	38	F	131 30-39	33:20.4	34:22.7	10:45/M
869	Chelsea Martin	Elizabethtown PA	1040	24	F	125 19-29	33:20.6	34:39.9	10:45/M
870	Steve Skiles	Manheim PA	1529	40	M	60 40-49	33:21.8	33:50.3	10:45/M
871	Brie Skiles	Manheim PA	1527	10	F	20 1-10	33:22.2	33:51.2	10:46/M

# Rock N Glow 2014

Race Date

May 31, 2014

## Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
872	Lauren Menapace	Willow Street PA	1112	34	F	132 30-39	33:23.3	34:17.7	10:46/M
873	Jill Shultz	Strasburg PA	1514	34	F	133 30-39	33:23.5	34:17.3	10:46/M
874	Julie Bare	Strasburg PA	56	33	F	134 30-39	33:24.2	34:18.0	10:46/M
875	Emma Hudson	Marietta PA	1962	14	F	69 11-14	33:24.6	35:14.9	10:46/M
876	Virginia Dubbs	manheim PA	388	13	F	70 11-14	33:24.8	34:50.1	10:46/M
877	Lauren Gatesman	Mechanicsburg PA	548	14	F	71 11-14	33:25.0	35:14.9	10:47/M
878	Garry Dubbs	manheim PA	387	45	M	61 40-49	33:26.1	34:51.1	10:47/M
879	Lety Monroy	Conestoga PA	1972	45	F	93 40-49	33:26.7	34:45.2	10:47/M
880	Carla Stoltzfus	Leola PA	1983	29	F	126 19-29	33:28.1	35:31.1	10:48/M
881	Alisa Hershey	Lancaster PA	722	33	F	135 30-39	33:28.3	34:46.1	10:48/M
882	Steve Stoltzfus	Leola PA	1982	34	M	69 30-39	33:28.5	35:31.3	10:48/M
883	candace brown		165	25	F	127 19-29	33:28.9	34:16.2	10:48/M
884	Ashley Kimmich Glessner	Washington Boro PA	879	30	F	136 30-39	33:29.0	34:17.1	10:48/M
885	Lisa Read	Morgantown PA	1334	33	F	137 30-39	33:29.1	35:36.9	10:48/M
886	KIM DICOSTANZO	ELIZABETHTOWN	354	52	F	29 50-59	33:29.5	34:21.8	10:48/M
887	Jessica Dunlap	Peach Bottom PA	393	33	F	138 30-39	33:31.3	35:38.8	10:49/M
888	Kimberly Kerstetter	Manheim PA	874	29	F	128 19-29	33:32.4	34:33.4	10:49/M
889	Zachary Melhorn	manheim PA	1109	12	M	57 11-14	33:32.5	34:36.2	10:49/M
890	Melissa Melhorn	manheim PA	1108	39	F	139 30-39	33:32.5	34:36.1	10:49/M
891	Jayne Pavlik	Manheim PA	1280	47	F	94 40-49	33:32.7	35:42.6	10:49/M
892	Lauren Miller	Manheim PA	1130	22	F	129 19-29	33:32.9	33:47.1	10:49/M
893	Kristy Schwartz	Manheim PA	1445	33	F	140 30-39	33:33.7	34:34.5	10:49/M
894	Kari Nye	Manheim PA	1240	33	F	141 30-39	33:34.8	34:35.3	10:50/M
895	Stephanie Blocher	Lancaster PA	115	43	F	95 40-49	33:35.4	34:26.5	10:50/M
896	Alia Hill	township of	747	16	F	43 15-18	33:35.6	34:57.3	10:50/M
897	Russel Montchal	Manheim PA	1150	45	M	62 40-49	33:36.0	35:44.5	10:50/M
898	Diane Funk	Manheim PA	521	44	F	96 40-49	33:36.0	34:48.2	10:50/M
899	Deanette Yoder	Myerstown PA	1825	44	F	97 40-49	33:36.2	35:08.3	10:50/M
900	Megan Strickland	Gilbertsville PA	1617	19	F	130 19-29	33:36.6	34:58.6	10:50/M
901	Daphne Fry	Manheim PA	508	45	F	98 40-49	33:37.0	35:46.8	10:51/M
902	Kayleen Wenger	Lititz PA	1763	15	F	44 15-18	33:38.6	34:18.7	10:51/M
903	Dustin Conrad	Elizabethtown PA	295	38	M	70 30-39	33:39.4	35:01.6	10:51/M
904	Jaycen Conrad	Elizabethtown PA	296	8	M	28 1-10	33:40.1	35:01.3	10:52/M
905	Caleb Garcia	Elizabethtown PA	535	9	M	29 1-10	33:41.5	36:07.1	10:52/M
906	Rebecca Balsbaugh	Lebanon PA	48	24	F	131 19-29	33:43.2	34:17.6	10:53/M
907	Kate Greiner	Lebanon PA	636	23	F	132 19-29	33:43.4	34:17.8	10:53/M
908	Aislenn Hill	township of	746	19	F	133 19-29	33:44.5	35:05.7	10:53/M
909	Teresa Crego	New Holland PA	310	33	F	142 30-39	33:45.8	35:47.8	10:53/M
910	John Silver	Parquesburg PA	1522	71	M	1 70-99	33:47.1	35:23.4	10:54/M
911	Olissa Clingenpeel	Manheim PA	271	9	F	21 1-10	33:47.6	35:14.9	10:54/M
912	Bonnie Reppert	Manheim PA	1991	61	F	3 60-69	33:47.7	34:58.9	10:54/M
913	Marcia Clingenpeel	Manheim PA	270	51	F	30 50-59	33:48.3	35:16.8	10:54/M
914	Nicole Schomp	Lebanon PA	1438	42	F	99 40-49	33:50.4	35:44.3	10:55/M
915	Steph Barr	Lebanon PA	1893	40	F	100 40-49	33:50.6	35:44.1	10:55/M
916	Katie Kollhoff	Marietta PA	908	36	F	143 30-39	33:50.9	34:36.8	10:55/M
917	Nicole Danz	Lebanon PA	1894	41	F	101 40-49	33:50.9	35:45.4	10:55/M
918	Adam Crockett	Hummelstown PA	1958	38	M	71 30-39	33:51.0	35:43.8	10:55/M
919	Jasmine Heisey	Mount Joy PA	708	26	F	134 19-29	33:51.3	35:21.3	10:55/M
920	Jennifer Crockett	Hummelstown PA	1957	30	F	144 30-39	33:51.6	35:44.5	10:55/M
921	Rebecca Horn	Lancaster PA	778	40	F	102 40-49	33:52.9	35:33.0	10:55/M
922	BLAKE Weaver	Manheim PA	1741	9	M	30 1-10	33:54.7	35:27.6	10:56/M
923	Courtney Miller	Lititz PA	1124	38	F	145 30-39	33:55.3	35:20.8	10:56/M
924	Jen Patrick	Manheim PA	1273	40	F	103 40-49	33:55.7	35:21.2	10:56/M
925	ALEXIS HOSLER	Lititz PA	782	12	F	72 11-14	33:55.9	34:00.2	10:56/M
926	Kristen Bittner	Manheim PA	105	14	F	73 11-14	33:56.9	34:01.0	10:57/M
927	Taylor Sell	Manheim PA	1450	14	F	74 11-14	33:57.1	34:01.3	10:57/M
928	Jaime Hetsko	Mout Joy PA	743	36	F	146 30-39	33:57.3	35:39.5	10:57/M
929	Candace Sandberg	Lancaster PA	1413	40	F	104 40-49	33:57.4	35:39.6	10:57/M
930	Mallori Sapovchak	Lancaster PA	1417	29	F	135 19-29	33:58.3	36:36.6	10:57/M
931	Travis Jones	Millersville PA	838	26	M	86 19-29	33:58.8	36:36.8	10:57/M
932	Julio Garcia	Elizabethtown PA	539	39	M	72 30-39	34:00.3	36:26.7	10:58/M
933	Trevor Hoffman	Manheim PA	764	7	M	31 1-10	34:00.8	36:26.4	10:58/M
934	Erin Barley	Lancaster PA	59	29	F	136 19-29	34:01.1	35:31.3	10:58/M
935	Priya Desai	Manheim PA	350	15	F	45 15-18	34:01.6	35:00.6	10:58/M
936	Mike Gerhard	Manheim PA	578	63	M	7 60-69	34:01.6	35:36.9	10:58/M
937	Katie Jeanes	Lititz PA	828	0	F	2 0-0	34:01.8	36:01.1	10:58/M
938	Missy Jeanes	Lititz PA	829	35	F	147 30-39	34:04.0	36:03.4	10:59/M

Race Date  
May 31, 2014

# Rock N Glow 2014

## Overall Finish List

5K

Place	-----Total-----								
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
939	Kristen Schattgen	East Petersburg PA	1427	37	F	148 30-39	34:04.6	35:44.9	10:59/M
940	Brianna Redcay	Ephrata PA	1336	25	F	137 19-29	34:05.0	35:36.6	11:00/M
941	Lyndon Girvin	Mountville PA	598	54	M	28 50-59	34:05.3	34:45.5	11:00/M
942	Jeff Kauffman	Lancaster PA	847	57	M	29 50-59	34:05.4	34:45.6	11:00/M
943	Kelly Hester	Lancaster PA	1996	14	F	75 11-14	34:05.6	35:25.7	11:00/M
944	Kassandra Bennett	Landisville PA	1995	15	F	46 15-18	34:05.9	35:26.2	11:00/M
945	Kristi Bradfield	Landisville PA	146	27	F	138 19-29	34:06.2	35:19.7	11:00/M
946	Robert Biddle	Manheim PA	97	33	M	73 30-39	34:06.4	35:35.2	11:00/M
947	Valerie Biddle	Manheim PA	98	35	F	149 30-39	34:06.4	35:35.0	11:00/M
948	Nathan Brubaker	Mount Joy PA	181	12	M	58 11-14	34:07.4	34:51.2	11:00/M
949	Joe Frego	Willow Street PA	494	11	M	59 11-14	34:07.8	35:11.2	11:00/M
950	Josh Stoltzfus	Narvon PA	1903	27	M	87 19-29	34:10.0	36:39.3	11:01/M
951	Jean Robbins	Lititz PA	1377	39	F	150 30-39	34:10.2	35:57.6	11:01/M
952	Cynthia Setlock	Manheim PA	1460	44	F	105 40-49	34:10.4	36:46.1	11:01/M
953	Megan Scheffey	Lancaster PA	1428	29	F	139 19-29	34:10.8	35:42.5	11:01/M
954	Susan Ford	Manheim PA	480	52	F	31 50-59	34:11.0	36:22.6	11:02/M
955	Pat Weaver	Manheim PA	1750	49	F	106 40-49	34:11.5	37:01.3	11:02/M
956	Angie Munkittrick	Lititz PA	1178	37	F	151 30-39	34:12.1	35:07.5	11:02/M
957	Faith Moore	lititz PA	1155	50	F	32 50-59	34:13.2	35:13.3	11:02/M
958	Evelyn Shank	landisville PA	1469	40	F	107 40-49	34:14.2	35:41.7	11:03/M
959	Scott Neff	Lancaster PA	1925	47	M	63 40-49	34:14.3	35:01.8	11:03/M
960	Kelly Trout	Lancaster PA	1670	47	F	108 40-49	34:14.6	34:31.0	11:03/M
961	Victoria Moreno	manheim PA	1160	11	F	76 11-14	34:15.2	34:23.2	11:03/M
962	Cheryl Heverling	Palmyra PA	744	50	F	33 50-59	34:15.2	36:35.4	11:03/M
963	Taylor Bloom	Manheim PA	117	10	F	22 1-10	34:15.3	34:23.3	11:03/M
964	Kayla Haldeman	Manheim PA	666	26	F	140 19-29	34:16.0	36:15.5	11:03/M
965	Jack Frego	Willow Street PA	492	9	M	32 1-10	34:17.8	35:21.5	11:04/M
966	Lori Dietrich	Lancaster PA	358	40	F	109 40-49	34:17.9	34:34.7	11:04/M
967	Colleen Ciano	Lititz PA	261	43	F	110 40-49	34:18.6	35:09.7	11:04/M
968	Sue Fisher	Quarryville PA	468	50	F	34 50-59	34:20.5	35:56.7	11:05/M
969	Charlene Urban	Lancaster PA	1680	51	F	35 50-59	34:20.8	36:43.2	11:05/M
970	Rachel King	Manheim PA	887	11	F	77 11-14	34:20.9	35:43.9	11:05/M
971	Mary Dippner	ronks PA	363	21	F	141 19-29	34:21.0	35:23.6	11:05/M
972	Kim Adams	Lititz PA	10	55	F	36 50-59	34:21.7	35:18.2	11:05/M
973	Jennifer Loose	East Petersburg PA	999	30	F	152 30-39	34:21.7	36:32.6	11:05/M
974	Maggie Nemith	Lititz PA	1217	31	F	153 30-39	34:21.8	35:18.0	11:05/M
975	Amanda Burton	Lancaster PA	215	33	F	154 30-39	34:24.4	35:33.5	11:06/M
976	Keri Crouse	Palmyra PA	316	23	F	142 19-29	34:25.3	35:55.9	11:06/M
977	Matthew Hill	Lancaster PA	750	31	M	74 30-39	34:27.0	36:18.2	11:07/M
978	Cale Moore	Manheim PA	1152	8	F	23 1-10	34:27.0	35:54.7	11:07/M
979	NICHOLE CANDELARIA	LITITZ PA	232	27	F	143 19-29	34:27.1	36:18.5	11:07/M
980	Mark Murr	Manheim PA	1182	43	M	64 40-49	34:27.4	34:46.1	11:07/M
981	Danielle Sharp	Mount Joy PA	1470	25	F	144 19-29	34:29.1	35:58.9	11:07/M
982	Catherine Moran	Marietta PA	1158	13	F	78 11-14	34:30.5	35:46.1	11:08/M
983	Margie Moran	Marietta PA	1159	44	F	111 40-49	34:30.7	35:46.2	11:08/M
984	Clayton Smoker	Lebanon PA	1941	9	M	33 1-10	34:31.2	35:17.8	11:08/M
985	Conrad Smoker	Lebanon PA	1943	35	M	75 30-39	34:31.4	35:18.0	11:08/M
986	Mike Buller	Manheim PA	203	45	M	65 40-49	34:32.2	36:06.0	11:08/M
987	Jeff Bare	Mount Joy PA	55	62	M	8 60-69	34:33.1	36:03.3	11:09/M
988	Jim Shaffer	Mount Joy PA	1468	44	M	66 40-49	34:37.1	35:44.6	11:10/M
989	Adrianna Hoff	Norristown PA	760	29	F	145 19-29	34:38.1	36:58.4	11:10/M
990	Kristin Shearer	Mount Joy PA	1480	26	F	146 19-29	34:38.7	35:36.4	11:10/M
991	CHRISTINA MARTIN	LITITZ PA	1041	48	F	112 40-49	34:39.6	36:05.7	11:11/M
992	Jade Trovinger	Manheim PA	1675	13	F	79 11-14	34:41.7	35:20.8	11:11/M
993	Craig Martin	Lititz PA	1044	50	M	30 50-59	34:41.7	36:06.4	11:11/M
994	Mackenzie Stewart	Lititz PA	1595	11	F	80 11-14	34:42.2	37:46.1	11:12/M
995	Michael Colosi, Jr	Lancaster PA	287	6	F	24 1-10	34:43.1	37:03.8	11:12/M
996	Michael Colosi	Lancaster PA	288	38	M	76 30-39	34:43.4	37:04.2	11:12/M
997	Rose Ward	Columbia PA	1730	62	F	4 60-69	34:44.4	36:12.5	11:12/M
998	Jake Harbach	Manheim PA	675	12	M	60 11-14	34:45.4	37:34.1	11:13/M
999	Matthew LaFrance	Lebanon PA	944	29	M	88 19-29	34:45.8	36:41.8	11:13/M
1000	ADRIAN SHELLEY	MANHEIM PA	1482	41	M	67 40-49	34:46.0	37:35.0	11:13/M
1001	Makenna Gehman	Akron PA	563	8	F	25 1-10	34:46.1	37:14.1	11:13/M
1002	Veronica Dippner	New Holland PA	364	32	F	155 30-39	34:46.4	35:49.3	11:13/M
1003	Rick Gehman	Akron PA	566	30	M	77 30-39	34:46.9	37:14.6	11:13/M
1004	Laurie Gettis	Manheim PA	583	32	M	78 30-39	34:47.4	37:08.6	11:13/M
1005	Konisha Beamesderfer	manheim PA	76	20	F	147 19-29	34:48.0	35:52.4	11:14/M

# Rock N Glow 2014

Race Date

May 31, 2014

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1006	Kelsey Starner	manheim PA	135	14	F	81 11-14	34:48.0	35:52.5	11:14/M
1007	Gavin Shaw	Quarryville PA	1473	8	M	34 1-10	34:49.4	37:33.7	11:14/M
1008	April Rineer	Conestoga PA	1368	36	F	156 30-39	34:50.2	37:05.9	11:14/M
1009	Aeron Fisher	manheim PA	464	16	M	31 15-18	34:53.8	35:11.5	11:15/M
1010	Jennifer Taylor	Lancaster PA	1643	29	F	148 19-29	34:54.3	37:14.1	11:15/M
1011	Ben Keener	Marietta PA	851	12	M	61 11-14	34:55.0	37:09.5	11:16/M
1012	Ryan Keener	Marietta PA	854	37	M	79 30-39	34:55.3	37:10.3	11:16/M
1013	Travis Shaw	Quarryville PA	1474	38	M	80 30-39	34:55.9	37:40.0	11:16/M
1014	J. Connor Sprout	Quarryville PA	1567	11	M	62 11-14	34:56.0	37:39.7	11:16/M
1015	Megan Brown	Lancaster PA	172	38	F	157 30-39	34:56.1	36:56.6	11:16/M
1016	Garrett Pennington	Manheim PA	1288	31	M	81 30-39	34:56.9	37:39.3	11:16/M
1017	Ashlie Enck	Lititz PA	421	28	F	149 19-29	34:57.6	35:19.1	11:16/M
1018	Dayana Wagner	Quarryville PA	1714	14	F	82 11-14	35:00.7	36:58.1	11:17/M
1019	Hailey Wagner	Quarryville PA	1716	14	F	83 11-14	35:01.3	36:58.0	11:18/M
1020	Jenna Heisey	Manheim PA	710	26	F	150 19-29	35:02.3	37:02.2	11:18/M
1021	Alicia Statts	manheim PA	1580	27	F	151 19-29	35:03.2	36:03.2	11:18/M
1022	Patricia Motter	Lancaster PA	1171	47	F	113 40-49	35:04.8	37:13.2	11:19/M
1023	Courtney Moore	lititz PA	1154	18	F	47 15-18	35:05.4	36:03.3	11:19/M
1024	Justin Brubaker	Lititz PA	178	13	M	63 11-14	35:05.5	37:14.3	11:19/M
1025	David Brubaker	Lititz PA	176	43	M	68 40-49	35:06.3	37:15.6	11:19/M
1026	Daniel Brubaker	Lititz PA	175	9	M	35 1-10	35:07.3	37:15.7	11:20/M
1027	Danielle Rupp	Kennett Square PA	1403	29	F	152 19-29	35:10.6	35:36.8	11:21/M
1028	Clinton Witmer	Elizabethtown PA	1806	27	M	89 19-29	35:11.2	36:50.9	11:21/M
1029	Courtney Fahndrich	Kennett Square PA	439	25	F	153 19-29	35:12.5	35:37.0	11:21/M
1030	Doug Westgate	Quarryville PA	1778	43	M	69 40-49	35:13.9	37:12.3	11:22/M
1031	Deidy Wagner	Quarryville PA	1715	14	F	84 11-14	35:14.3	37:12.3	11:22/M
1032	Tina Raybold	Elizabethtown PA	1333	40	F	114 40-49	35:15.2	37:54.0	11:22/M
1033	David Dietz	Lititz PA	326	58	M	31 50-59	35:16.9	37:57.2	11:23/M
1034	Holly Musser	mount joy PA	1186	14	F	85 11-14	35:19.0	37:14.3	11:24/M
1035	Maddie Musser	Mount Joy PA	1190	14	F	86 11-14	35:19.2	37:14.3	11:24/M
1036	Russell Monti	East Petersburg PA	1151	30	M	82 30-39	35:19.8	37:54.7	11:24/M
1037	Lauren Eriksen	East Petersburg PA	431	30	F	158 30-39	35:20.0	37:54.5	11:24/M
1038	Brandi Cooper	lititz PA	304	27	F	154 19-29	35:20.8	37:23.7	11:24/M
1039	Shikha Thapa	Lititz PA	1648	37	F	159 30-39	35:21.2	35:32.0	11:24/M
1040	Justin Lana	Lititz PA	949	31	M	83 30-39	35:21.6	35:31.8	11:24/M
1041	Felicia Cruz	Indiana PA	318	20	F	155 19-29	35:23.0	37:18.3	11:25/M
1042	Monica Wagner	Quarryville PA	1720	34	F	160 30-39	35:23.7	37:06.7	11:25/M
1043	Megan Brubaker	Lititz PA	180	12	F	87 11-14	35:23.8	37:32.7	11:25/M
1044	Autumn Carl	Elizabethtown PA	239	39	F	161 30-39	35:30.3	37:03.6	11:27/M
1045	Laura Lopez	Lancaster PA	1001	33	F	162 30-39	35:30.6	38:02.5	11:27/M
1046	Kelly Stoltzfus	Lancaster PA	1605	29	F	156 19-29	35:31.2	38:02.5	11:27/M
1047	Jennifer Roof	Lebanon PA	1394	28	F	157 19-29	35:33.5	36:39.8	11:28/M
1048	Corrie Reed	Manheim PA	1344	32	F	163 30-39	35:33.9	36:40.2	11:28/M
1049	Kate Martin	New Holland PA	1049	31	F	164 30-39	35:36.6	38:58.1	11:29/M
1050	Jillian Tweet	Jonestown PA	1678	33	F	165 30-39	35:36.7	38:58.1	11:29/M
1051	Lisa Henderson	Manheim PA	715	27	F	158 19-29	35:36.8	37:30.6	11:29/M
1052	Joe Meisenbach	Mount Joy PA	1101	24	M	90 19-29	35:42.1	37:26.2	11:31/M
1053	Amanda Nissley	Manheim PA	1228	25	F	159 19-29	35:42.4	37:26.2	11:31/M
1054	Molly Heisey	Manheim PA	712	36	F	166 30-39	35:43.3	36:10.7	11:31/M
1055	Kelly Sweigart	East Earl PA	1634	22	F	160 19-29	35:44.2	37:23.0	11:32/M
1056	Jena Beamesderfer	Manheim PA	73	13	F	88 11-14	35:45.3	38:36.7	11:32/M
1057	Dean Beamesderfer	Manheim PA	69	45	M	70 40-49	35:45.5	38:37.3	11:32/M
1058	ASHLEY Kowalski	Manheim PA	1881	17	F	48 15-18	35:49.0	38:11.5	11:33/M
1059	Olivia Faulhaber	Manheim PA	448	10	F	26 1-10	35:49.9	37:53.0	11:33/M
1060	Thomas Jeanes	Lititz PA	830	8	M	36 1-10	35:50.8	37:46.3	11:34/M
1061	Dylan Hershey	Lititz PA	726	8	M	37 1-10	35:51.0	37:45.5	11:34/M
1062	Lindsey Salsbury	Lancaster PA	1411	29	F	161 19-29	35:51.0	37:05.0	11:34/M
1063	Eric Jeanes	Lititz PA	827	37	M	84 30-39	35:51.1	37:46.2	11:34/M
1064	Melinda Hershey	Lititz PA	730	38	F	167 30-39	35:51.3	37:46.0	11:34/M
1065	Kim Cox	Manheim PA	308	38	F	168 30-39	35:52.5	36:01.0	11:34/M
1066	Judi Snyder	Annaville PA	1553	44	F	115 40-49	35:53.1	37:58.5	11:35/M
1067	Michelle Fisher	Mount Joy PA	467	23	F	162 19-29	35:54.0	37:34.0	11:35/M
1068	Alanna Apperson	Elizabethtown PA	28	24	F	163 19-29	35:54.6	37:57.6	11:35/M
1069	Diane Bates	Akron PA	65	60	F	5 60-69	35:54.8	37:55.7	11:35/M
1070	Carla Double	Manheim PA	379	42	F	116 40-49	35:54.8	37:13.5	11:35/M
1071	Pat Tocci	Lititz PA	1659	44	M	71 40-49	35:55.8	38:33.5	11:35/M
1072	Stephanie Martin	Elizabethtown PA	1058	30	F	169 30-39	35:56.3	37:59.6	11:35/M



# Rock N Glow 2014

## Overall Finish List

5K

Race Date  
May 31, 2014

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
	1073	Melissa Stehman	Manheim PA	1586	23	F	164 19-29	35:56.5	37:41.0	11:35/M
	1074	Erin Shipley	Lancaster PA	1498	8	F	27 1-10	35:58.4	36:48.8	11:36/M
	1075	Lee Barshinger	Manheim PA	63	74	M	2 70-99	35:59.0	37:10.7	11:36/M
	1076	Amy Shipley	Lancaster PA	1497	44	F	117 40-49	36:00.6	36:50.8	11:37/M
	1077	Brady Marnoch	Ephrata PA	1028	8	M	38 1-10	36:01.2	38:36.2	11:37/M
	1078	Olivia Stone	Manheim PA	1608	11	F	89 11-14	36:03.1	37:42.4	11:38/M
	1079	Tracey Selvaggio	Manheim PA	1452	32	F	170 30-39	36:03.2	37:24.1	11:38/M
	1080	Jenay Ryan	Lititz PA	1408	36	F	171 30-39	36:03.8	37:24.3	11:38/M
	1081	Lahla Grube	Manheim PA	649	59	F	37 50-59	36:04.5	39:15.6	11:38/M
	1082	Scott Illyes	Lebanon PA	822	30	M	85 30-39	36:04.5	38:15.9	11:38/M
	1083	Donna Delcollo	Lancaster PA	344	57	F	38 50-59	36:05.0	38:21.3	11:38/M
	1084	Rehgan Hupp	Lebanon PA	811	13	F	90 11-14	36:06.2	38:16.9	11:39/M
	1085	Mackenzie Illyes	Lebanon PA	821	11	F	91 11-14	36:06.6	38:17.2	11:39/M
	1086	Elise Gift	Lititz PA	590	7	F	28 1-10	36:07.1	38:07.9	11:39/M
	1087	Charissa Gift	Lititz PA	589	36	F	172 30-39	36:07.9	38:08.5	11:39/M
	1088	Alexa Gift	Lititz PA	588	8	F	29 1-10	36:08.1	38:08.7	11:39/M
	1089	Trisha Weaver	Manheim PA	1752	28	F	165 19-29	36:09.9	37:58.1	11:40/M
	1090	Diana Shenk	Manheim PA	1489	22	F	166 19-29	36:10.0	37:58.1	11:40/M
	1091	Brenda Faulhaber	Manheim PA	445	45	F	118 40-49	36:11.6	38:15.0	11:40/M
	1092	Sharon Dietz	Lititz PA	359	57	F	39 50-59	36:11.7	38:51.9	11:40/M
	1093	Samantha Maillie	Elkton MD	1018	19	F	167 19-29	36:12.2	37:03.6	11:41/M
	1094	Jen Wagner	Quarryville PA	1717	38	F	173 30-39	36:13.5	38:11.8	11:41/M
	1095	Kaitlyn Wagner	Quarryville PA	1718	14	F	92 11-14	36:14.0	38:11.5	11:41/M
	1096	Kendra Jones	manheim PA	835	15	F	49 15-18	36:14.6	36:27.2	11:41/M
	1097	Jade Bair	Manheim PA	40	16	F	50 15-18	36:14.9	36:27.3	11:41/M
	1098	Sam Wagner	Quarryville PA	1721	14	F	93 11-14	36:14.9	38:11.6	11:41/M
	1099	Todd Good	Elm PA	624	42	M	72 40-49	36:15.2	37:21.5	11:42/M
	1100	Simone Perez	Lancaster PA	1289	26	F	168 19-29	36:15.2	37:15.8	11:42/M
	1101	Chrissie Enck	Manheim PA	1998	44	F	119 40-49	36:17.8	37:37.6	11:42/M
	1102	Adam Marnoch	ephrata PA	1027	38	M	86 30-39	36:21.7	38:56.2	11:44/M
	1103	Jenna Black	Ephrata PA	106	15	F	51 15-18	36:22.4	37:11.0	11:44/M
	1104	Jodi Stuber	Camp Hill PA	1620	29	F	169 19-29	36:23.8	36:49.2	11:44/M
	1105	Adam Wiekrykas	Owings Mills MD	1785	7	M	39 1-10	36:24.6	36:49.8	11:45/M
	1106	G. Ryan Rutt	Lancaster PA	1406	29	M	91 19-29	36:25.1	38:36.3	11:45/M
	1107	Ann Stevens	Lancaster PA	1591	40	F	120 40-49	36:25.2	38:05.0	11:45/M
	1108	Jessica Horning	Ephrata PA	779	28	F	170 19-29	36:25.7	37:21.3	11:45/M
	1109	Sarah Rutt	Lancaster PA	1407	29	F	171 19-29	36:25.8	38:36.3	11:45/M
	1110	Jessica Wisniewski	Manheim PA	1803	33	F	174 30-39	36:26.1	37:21.8	11:45/M
	1111	Lisa Johanning	Lancaster PA	832	37	F	175 30-39	36:26.7	38:06.6	11:45/M
	1112	Lauren Ernst	Elizabethtown PA	432	35	F	176 30-39	36:26.8	38:48.7	11:45/M
	1113	Kelly Lastinger	Manheim PA	956	40	F	121 40-49	36:27.3	37:29.4	11:45/M
	1114	Lindsey Miller	East Petersburg PA	1131	18	F	52 15-18	36:29.7	37:09.4	11:46/M
	1115	Emily Bollinger	Reinholds PA	123	19	F	172 19-29	36:29.9	37:09.6	11:46/M
	1116	Susan Taylor	reinholds PA	1644	50	F	40 50-59	36:31.1	37:17.4	11:47/M
	1117	Drew Keener	Marietta PA	853	10	M	40 1-10	36:31.8	38:46.4	11:47/M
	1118	Tom NyeSmith	Elizabethtown PA	1245	47	M	73 40-49	36:32.4	37:41.0	11:47/M
	1119	Janelle Martin	Manheim PA	1046	18	F	53 15-18	36:32.7	37:42.5	11:47/M
	1120	Melissa Kuhar	Kirkwood PA	932	26	F	173 19-29	36:32.9	37:30.5	11:47/M
	1121	Mark Setlock	Manheim PA	1461	43	M	74 40-49	36:33.1	39:09.7	11:47/M
	1122	Ashley NyeSmith	Elizabethtown PA	1241	12	F	94 11-14	36:33.4	37:41.2	11:47/M
	1123	Lindsey Zeranko	Ephrata PA	1856	30	F	177 30-39	36:33.8	37:25.7	11:47/M
	1124	Tony Zeranko	Ephrata PA	1857	30	M	87 30-39	36:33.8	37:25.8	11:47/M
	1125	Cynthia Keener	Marietta PA	852	36	F	178 30-39	36:34.6	38:48.9	11:48/M
	1126	Suzanna Huyard	Leola PA	816	25	F	174 19-29	36:36.3	38:39.8	11:48/M
	1127	Hannah Fouche	Mount Gretna PA	487	17	F	54 15-18	36:36.4	37:05.5	11:48/M
	1128	Shane Huyard	Leola PA	815	23	M	92 19-29	36:37.2	38:40.0	11:49/M
	1129	Nickie Fasnacht	Mount Joy PA	444	40	F	122 40-49	36:37.4	37:25.0	11:49/M
	1130	Carson NyeSmith	Elizabethtown PA	1243	8	M	41 1-10	36:40.7	37:48.7	11:50/M
	1131	Autumn NyeSmith	Elizabethtown PA	1242	10	F	30 1-10	36:41.3	37:49.8	11:50/M
	1132	Pam NyeSmith	Elizabethtown PA	1244	43	F	123 40-49	36:42.2	37:49.8	11:50/M
	1133	Christine Hinkle	Manheim PA	752	46	F	124 40-49	36:43.8	38:23.2	11:51/M
	1134	Clinton Dixon	Manheim PA	366	46	M	75 40-49	36:44.3	38:23.6	11:51/M
	1135	Angela Stoudt	Manheim PA	1614	31	F	179 30-39	36:44.6	37:39.7	11:51/M
	1136	Amy McMinn	Lancaster PA	1097	42	F	125 40-49	36:44.8	38:14.2	11:51/M
	1137	Alice Geisel	Manheim PA	573	53	F	41 50-59	36:46.0	38:44.9	11:52/M
	1138	Abigail Reed	Manheim PA	1343	9	F	31 1-10	36:46.5	38:58.8	11:52/M
	1139	Tara Reed	Manheim PA	1349	41	F	126 40-49	36:46.7	38:59.1	11:52/M

Race Date  
May 31, 2014

# Rock N Glow 2014

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1140	Addison Doerschuk	Manheim PA	367	9	F	32 1-10	36:46.9	38:59.2	11:52/M
1141	Albert Hanna	Lancaster PA	673	15	M	32 15-18	36:49.5	38:56.7	11:53/M
1142	Lexi Kohler	Manheim PA	905	13	F	95 11-14	36:50.1	39:09.9	11:53/M
1143	Kyle Sturgis	Lititz PA	1623	9	M	42 1-10	36:51.2	39:53.9	11:53/M
1144	Kyle Staffieri	Conestoga PA	1572	24	M	93 19-29	36:51.5	39:45.8	11:53/M
1145	Debra Kauffman	Lebanon PA	846	54	F	42 50-59	36:52.2	39:12.6	11:54/M
1146	Mason Ludwig	Lititz PA	1009	11	M	64 11-14	36:52.5	39:54.3	11:54/M
1147	Jen Garner	Manheim PA	542	38	F	180 30-39	36:54.6	38:24.3	11:54/M
1148	Paula Lucy	Ephrata PA	1004	38	F	181 30-39	36:54.7	37:43.2	11:54/M
1149	John Pogorzelski	Manheim PA	1313	44	M	76 40-49	36:54.8	37:12.9	11:54/M
1150	Lu Ann Fahndrich	Mount Joy PA	441	53	F	43 50-59	36:57.3	37:22.2	11:55/M
1151	Madison Cox	anheim PA	309	9	F	33 1-10	36:59.3	37:07.9	11:56/M
1152	Tonia Washington	Harrisburg PA	1736	44	F	127 40-49	37:00.4	37:27.4	11:56/M
1153	Koby Gehman	denver PA	561	24	M	94 19-29	37:05.6	37:52.4	11:58/M
1154	Peaches Gehman	denver PA	565	59	F	44 50-59	37:06.3	37:52.5	11:58/M
1155	Scott Sturgis	Lititz PA	1624	38	M	88 30-39	37:06.8	40:09.5	11:58/M
1156	Gavin Sturgis	Lititz PA	1621	6	M	43 1-10	37:07.4	40:09.7	11:58/M
1157	Megan Reisch	Lititz PA	1356	36	F	182 30-39	37:07.5	41:37.7	11:58/M
1158	Jill Sturgis	Lititz PA	1622	40	F	128 40-49	37:07.5	40:09.6	11:58/M
1159	Jasmine Blue	york PA	119	23	F	175 19-29	37:14.6	39:47.8	12:01/M
1160	Rebecca Gatesman	Mechanicsburg PA	549	46	F	129 40-49	37:15.7	38:49.1	12:01/M
1161	Loghan Shelly	Manheim PA	1485	9	F	34 1-10	37:15.8	39:52.7	12:01/M
1162	Emma Heffley	Lititz PA	704	11	F	96 11-14	37:16.2	39:52.8	12:01/M
1163	Nikkole Amber	Menheim PA	20	27	F	176 19-29	37:17.0	39:47.6	12:02/M
1164	Ken Kowalski	Manheim PA	916	48	M	77 40-49	37:17.8	38:39.4	12:02/M
1165	Lisa Kowalski	Manheim PA	917	43	F	130 40-49	37:17.9	38:39.5	12:02/M
1166	Michelle Bartlett	Levittown PA	64	34	F	183 30-39	37:19.4	38:50.5	12:02/M
1167	Brady Sprout	Quarryville PA	1566	8	M	44 1-10	37:19.4	40:03.8	12:02/M
1168	Joe Giandalia	Wrightsville PA	585	53	M	32 50-59	37:22.5	40:14.7	12:03/M
1169	Chrissy Shaw	Quarryville PA	1472	36	F	184 30-39	37:25.3	40:09.8	12:04/M
1170	Diana Hess	Lititz PA	734	48	F	131 40-49	37:26.5	40:03.1	12:05/M
1171	EJ Shelly	Manheim PA	1484	6	M	45 1-10	37:26.5	40:03.0	12:05/M
1172	Laura King	Manheim PA	884	8	F	35 1-10	37:29.6	38:56.3	12:05/M
1173	Tim King	Manheim PA	889	48	M	78 40-49	37:30.1	38:56.7	12:06/M
1174	Kristi Sprout	Quarryville PA	1569	36	F	185 30-39	37:31.1	40:15.0	12:06/M
1175	Hannah Packer	Lititz PA	1258	8	F	36 1-10	37:36.4	39:05.2	12:08/M
1176	Stacey Bernstein	Lititz PA	1916	38	F	186 30-39	37:37.0	39:05.4	12:08/M
1177	Maena Packer	Lititz PA	1260	36	F	187 30-39	37:37.0	39:05.5	12:08/M
1178	Tiff Buck	Reading PA	195	27	F	177 19-29	37:37.4	39:44.7	12:08/M
1179	Cynthia Tatman	Lancaster PA	1641	41	F	132 40-49	37:38.3	40:11.2	12:08/M
1180	Lisa Reinert	Brownstown PA	1355	28	F	178 19-29	37:38.4	39:45.9	12:08/M
1181	Melandy Lo	Leola PA	1932	19	F	179 19-29	37:39.2	39:28.6	12:09/M
1182	Carolyn Vigilante	Lebanon PA	1701	27	F	180 19-29	37:40.4	38:00.4	12:09/M
1183	Isaac Ludwig	Lititz PA	1007	6	M	46 1-10	37:41.0	40:43.2	12:09/M
1184	Amanda Ludwig	Lititz PA	1005	34	F	188 30-39	37:41.1	40:43.1	12:09/M
1185	Louis Rossi	Palmyra PA	1397	43	M	79 40-49	37:42.7	40:02.7	12:10/M
1186	Theresa Fackler	Lancaster PA	438	46	F	133 40-49	37:43.2	39:57.1	12:10/M
1187	Beth Rossi	Palmyra PA	1396	45	F	134 40-49	37:43.3	40:03.0	12:10/M
1188	Jon Baker	Willow Street PA	42	43	M	80 40-49	37:43.3	38:56.0	12:10/M
1189	Kate Fritz	Lancaster PA	503	30	F	189 30-39	37:43.3	38:20.4	12:10/M
1190	Connie Stokem	Mountville PA	1602	46	F	135 40-49	37:43.3	39:57.0	12:10/M
1191	Madison Baker	Willow Street PA	45	9	F	37 1-10	37:43.7	38:55.9	12:10/M
1192	Laura Houck	lancaster PA	791	28	F	181 19-29	37:43.8	38:21.1	12:10/M
1193	Casey Cosgrove	Manheim PA	306	25	F	182 19-29	37:44.8	39:10.3	12:10/M
1194	Heidi Schumaker	Myerstown PA	1444	24	F	183 19-29	37:45.5	38:38.8	12:11/M
1195	Greg Beniston Jr	Lebanon PA	87	34	M	89 30-39	37:46.1	38:38.9	12:11/M
1196	Will Orr	Lancaster PA	1951	9	M	47 1-10	37:46.5	38:47.7	12:11/M
1197	Paul Ganster	East Petersburg PA	533	38	M	90 30-39	37:48.1	40:31.1	12:12/M
1198	Lauri Hawthorne	elizabethtown PA	700	37	F	190 30-39	37:49.6	39:27.9	12:12/M
1199	Shawn Kelly	elizabethtown PA	868	45	M	81 40-49	37:51.7	39:29.9	12:13/M
1200	Jett Kelly	elizabethtown PA	865	11	M	65 11-14	37:52.1	39:28.8	12:13/M
1201	Kelli Erb	Manheim PA	430	43	F	136 40-49	37:53.2	40:02.7	12:13/M
1202	Kari Hess	Manheim PA	739	32	F	191 30-39	37:54.9	39:38.4	12:14/M
1203	Stephanie Geib	Manheim PA	570	53	F	45 50-59	37:56.6	39:43.1	12:14/M
1204	Brianna Vasquez	Mount Joy PA	1694	14	F	97 11-14	37:56.9	39:39.2	12:14/M
1205	Shawn Vasquez	Mount Joy PA	1692	43	M	82 40-49	37:58.3	39:40.6	12:15/M
1206	BRITNEY DILUCIA	MANHEIM PA	361	22	F	184 19-29	37:59.3	39:01.4	12:15/M

# Rock N Glow 2014

Race Date  
May 31, 2014

## Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
1207	Trina Piaskowski	Manheim PA	1307	29	F	185 19-29	38:07.3	41:14.3	12:18/M
1208	Caitlyn Moss	Hershey PA	1168	22	F	186 19-29	38:08.3	39:50.9	12:18/M
1209	Jennifer Slaymaker	Gap PA	1531	29	F	187 19-29	38:08.9	39:51.5	12:18/M
1210	Dana Wiker	Lititz PA	1786	24	F	188 19-29	38:10.7	39:34.0	12:19/M
1211	Easton Kellow	River Vale NJ	860	7	M	48 1-10	38:11.9	40:11.3	12:19/M
1212	Jill Freedman	Hummelstown PA	490	34	F	192 30-39	38:12.5	40:11.5	12:19/M
1213	Lila Kellow	river vale NJ	862	5	F	38 1-10	38:13.0	40:12.0	12:20/M
1214	Kimberly Kellow	River Vale NJ	861	36	F	193 30-39	38:13.0	40:12.0	12:20/M
1215	David Gatesman	Mechanicsburg PA	547	50	M	33 50-59	38:14.2	39:47.4	12:20/M
1216	Jodi Croll	Lititz PA	313	42	F	137 40-49	38:18.3	39:45.4	12:21/M
1217	Kim Buchanan	Lancaster PA	189	46	F	138 40-49	38:18.4	40:51.1	12:21/M
1218	Alison Patton	Elizabethtown PA	1275	23	F	189 19-29	38:19.0	40:51.5	12:22/M
1219	Robert Gantz	Jonestown PA	534	27	M	95 19-29	38:21.1	40:10.1	12:22/M
1220	Taylor Capizzi	Lititz PA	234	8	F	39 1-10	38:22.0	40:10.1	12:23/M
1221	Janelle Artz	Lebanon PA	29	24	F	190 19-29	38:23.2	38:57.1	12:23/M
1222	Lynn Micozzi	ANNVILLE PA	1120	47	F	139 40-49	38:25.1	39:50.4	12:24/M
1223	Isabel Thomas	Columbia PA	1650	28	F	191 19-29	38:25.4	40:34.3	12:24/M
1224	Robyn Bauder	Elizabethtown PA	66	53	F	46 50-59	38:25.6	39:28.9	12:24/M
1225	Jay Fulkrod	North Attleboro MA	514	11	M	66 11-14	38:26.8	39:02.2	12:24/M
1226	Addison Ames	Lancaster PA	1990	7	F	40 1-10	38:27.9	39:04.4	12:24/M
1227	Mary Tyler	Richland PA	1679	23	F	192 19-29	38:28.1	39:00.9	12:25/M
1228	Amanda Shinsky	Mount Joy PA	1495	25	F	193 19-29	38:29.1	39:05.4	12:25/M
1229	Laura Meisl	Lancaster PA	1104	42	F	140 40-49	38:30.0	39:57.8	12:25/M
1230	Alyssa Meisl	Lancaster PA	1103	14	F	98 11-14	38:30.0	39:58.0	12:25/M
1231	Anita Chanthavong	Landisville PA	253	29	F	194 19-29	38:30.2	40:14.3	12:25/M
1232	Delaney McCormick	Lancaster PA	1086	12	F	99 11-14	38:30.3	39:45.5	12:25/M
1233	Rose Gehman	Manheim PA	567	55	F	47 50-59	38:32.8	40:13.8	12:26/M
1234	Judy Lentz	Manheim PA	978	58	F	48 50-59	38:32.8	40:13.5	12:26/M
1235	Payton King	Lancaster PA	886	13	F	100 11-14	38:35.2	39:50.5	12:27/M
1236	Emily Good	Lancaster PA	614	37	F	194 30-39	38:35.9	39:45.2	12:27/M
1237	Michelle Bishop	Wrightsville PA	102	35	F	195 30-39	38:36.6	40:44.0	12:27/M
1238	Taylor Nolan	Columbia PA	1233	16	F	55 15-18	38:36.8	41:07.2	12:27/M
1239	Aubrey Hartman	Landisville PA	684	19	F	195 19-29	38:36.8	41:07.5	12:27/M
1240	Andrew Homick	Elizabethtown PA	770	30	M	91 30-39	38:36.9	40:53.5	12:27/M
1241	Ella Wolfe	Lancaster PA	1811	5	F	41 1-10	38:41.4	40:41.6	12:29/M
1242	Grace Monos	Landisville PA	1148	10	F	42 1-10	38:41.5	40:41.6	12:29/M
1243	Todd Monos	Landisville PA	1149	36	M	92 30-39	38:44.0	40:44.1	12:30/M
1244	Brett Barbush	Manheim PA	51	9	M	49 1-10	38:44.3	39:00.5	12:30/M
1245	Lorinda Willner	Lancaster PA	1792	40	F	141 40-49	38:46.1	40:11.9	12:30/M
1246	Joan Miller	Manheim PA	1968	45	F	142 40-49	38:46.1	40:42.7	12:30/M
1247	Janice Viola	Annandale VA	1966	45	F	143 40-49	38:46.5	40:43.0	12:30/M
1248	Missy Frey	windsor PA	500	35	F	196 30-39	38:46.7	40:53.0	12:30/M
1249	Kassidy Tragis	Manheim PA	1895	16	F	56 15-18	38:47.0	41:09.7	12:31/M
1250	Kai Hollingshead	Red Lion PA	768	9	M	50 1-10	38:47.6	40:54.1	12:31/M
1251	Kyla Benner	Mount Joy PA	1906	6	F	43 1-10	38:48.8	39:35.3	12:31/M
1252	Amy Benner	Mount Joy PA	1907	42	F	144 40-49	38:49.4	39:35.9	12:31/M
1253	Audra Lamb	Manheim PA	946	34	F	197 30-39	38:49.7	42:06.7	12:31/M
1254	Megan Senkowski	Lancaster PA	1454	36	F	198 30-39	38:49.7	40:50.3	12:31/M
1255	Ashley Miller	Reinholds PA	1123	22	F	196 19-29	38:49.9	39:46.6	12:31/M
1256	Lindsay Smith	Ephrata PA	1541	20	F	197 19-29	38:49.9	39:46.5	12:31/M
1257	Logan Groff	Mount Joy PA	645	8	M	51 1-10	38:50.4	39:43.0	12:32/M
1258	Dani Zuirn	Manheim PA	1879	26	F	198 19-29	38:50.5	40:09.5	12:32/M
1259	Sonny Callahan	Mount Joy PA	225	8	M	52 1-10	38:51.0	39:42.9	12:32/M
1260	Christina Carroll	Lancaster PA	243	38	F	199 30-39	38:51.2	40:38.4	12:32/M
1261	Reagan King	Lancaster PA	888	11	F	101 11-14	38:51.4	40:07.7	12:32/M
1262	Timothy Carroll	Lancaster PA	244	8	M	53 1-10	38:51.6	40:38.7	12:32/M
1263	Michele Stipe	Lititz PA	1598	50	F	49 50-59	38:53.1	40:33.5	12:33/M
1264	Sergio Palacios	York PA	1271	23	M	96 19-29	38:58.7	41:12.3	12:34/M
1265	Sarah Kuhn	Lancaster PA	933	26	F	199 19-29	38:59.1	39:33.4	12:35/M
1266	Sarai Hartnett	Lancaster PA	686	27	F	200 19-29	38:59.3	39:33.7	12:35/M
1267	Kara Schmidt	Manheim PA	1434	34	F	200 30-39	38:59.4	39:55.5	12:35/M
1268	Matthew Morton	Manheim PA	1164	41	M	83 40-49	39:00.0	40:01.5	12:35/M
1269	Johanna Black	conestoga PA	107	22	F	201 19-29	39:00.5	39:33.9	12:35/M
1270	Andrea Pugliese	Manheim PA	1322	26	F	202 19-29	39:00.6	39:33.8	12:35/M
1271	Kelli Martin	Lancaster PA	1050	32	F	201 30-39	39:01.9	39:56.9	12:35/M
1272	Tyler Steck	Mechanicsburg PA	1585	29	M	97 19-29	39:02.6	42:21.4	12:35/M
1273	Jennifer Steck	Mechanicsburg PA	1584	30	F	202 30-39	39:02.8	42:21.4	12:35/M

Race Date  
May 31, 2014

# Rock N Glow 2014

## Overall Finish List

5K

Place							-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace	
1274	Jake Kreider	Lancaster PA	922	24	M	98 19-29	39:06.9	40:59.0	12:37/M	
1275	Crystal Piaskowski	Lititz PA	1306	23	F	203 19-29	39:09.3	42:17.2	12:38/M	
1276	Ryan Bucks	Bethel PA	199	23	M	99 19-29	39:09.5	42:17.4	12:38/M	
1277	Alison Schoenberger	Lititz PA	1437	26	F	204 19-29	39:11.6	40:03.3	12:38/M	
1278	Josh Loose	east petersburg PA	1000	32	M	93 30-39	39:13.7	41:24.6	12:39/M	
1279	Valerie Stauffer	Lititz PA	1583	28	F	205 19-29	39:14.0	39:31.9	12:39/M	
1280	Lori Shirk	Ephrata PA	1503	49	F	145 40-49	39:19.3	40:54.7	12:41/M	
1281	Jennifer Fittery	Manheim PA	472	41	F	146 40-49	39:21.4	41:19.7	12:42/M	
1282	Katie Pine	Marietta PA	1308	28	F	206 19-29	39:21.8	41:51.8	12:42/M	
1283	Kristin Schanz	Lancaster PA	1426	28	F	207 19-29	39:21.9	41:52.1	12:42/M	
1284	Chase Kirchner	Manheim PA	894	6	M	54 1-10	39:23.7	41:20.2	12:42/M	
1285	Carrie Hatten	Curwensville PA	694	46	F	147 40-49	39:23.8	42:29.8	12:42/M	
1286	Sarah Good	Elm PA	621	15	F	57 15-18	39:24.6	40:28.2	12:43/M	
1287	Natalie Siegrist	Manheim PA	1519	8	F	44 1-10	39:24.6	40:28.3	12:43/M	
1288	Jean Martin	Ariville PA	1047	31	F	203 30-39	39:24.7	40:28.5	12:43/M	
1289	Norman Hatten	Manheim PA	695	53	M	34 50-59	39:24.8	42:29.7	12:43/M	
1290	Kelly Bailey	Manheim PA	38	36	F	204 30-39	39:24.9	40:28.9	12:43/M	
1291	N. Clair Clawser	Campbellt PA	267	68	M	9 60-69	39:26.2	39:53.3	12:43/M	
1292	Nichole Baer	Lancaster PA	36	29	F	208 19-29	39:29.1	41:49.8	12:44/M	
1293	Mike Rodnick	Saint Clair PA	1385	32	M	94 30-39	39:31.0	41:55.7	12:45/M	
1294	Kathryn Abercrombie	Pine Grove PA	1	24	F	209 19-29	39:31.3	41:55.9	12:45/M	
1295	Matthew Monroy	Conestoga PA	1976	13	M	67 11-14	39:32.6	42:08.7	12:45/M	
1296	Cole Jones	Lancaster PA	1975	10	M	55 1-10	39:33.0	42:09.4	12:45/M	
1297	Jonathan McCarthy	Manheim PA	1077	34	M	95 30-39	39:33.6	39:51.2	12:45/M	
1298	Tattiana Figueroa	Lancaster PA	462	13	F	102 11-14	39:33.8	41:29.3	12:45/M	
1299	Farrah Mittel	Manchester PA	1145	37	F	205 30-39	39:33.9	39:54.1	12:45/M	
1300	Kathy Perrier	Hummelstown PA	1290	47	F	148 40-49	39:34.0	42:44.4	12:46/M	
1301	Susan Weaver	Wyalusing PA	1751	45	F	149 40-49	39:34.3	39:53.9	12:46/M	
1302	Owen Kormos	Manheim PA	911	10	M	56 1-10	39:34.6	41:53.0	12:46/M	
1303	Kirsten Kormos	Manheim PA	910	43	F	150 40-49	39:34.7	41:53.1	12:46/M	
1304	Amy Addams	Elizabethtown PA	12	49	F	151 40-49	39:35.0	42:45.4	12:46/M	
1305	Heather Angeny	Hegins PA	25	32	F	206 30-39	39:35.4	42:00.8	12:46/M	
1306	Krystal Huber	Manheim PA	800	19	F	210 19-29	39:35.5	41:33.3	12:46/M	
1307	Doug Alexander	EAST PETERSBURG	16	33	M	96 30-39	39:37.6	41:35.8	12:47/M	
1308	Jay Hess	Manheim PA	737	66	M	10 60-69	39:41.9	41:33.8	12:48/M	
1309	Cicely Berkey	akron PA	92	31	F	207 30-39	39:44.2	41:55.7	12:49/M	
1310	Ella Deck	Lancaster PA	335	10	F	45 1-10	39:44.3	40:55.4	12:49/M	
1311	Megan Bailey	Manheim PA	39	15	F	58 15-18	39:44.3	40:48.9	12:49/M	
1312	Rick Stetler	Holtwood PA	1589	49	M	84 40-49	39:46.0	42:55.3	12:50/M	
1313	Angie Barbush	Manheim PA	50	39	F	208 30-39	39:49.2	42:36.1	12:51/M	
1314	Hannah Barbush	Manheim PA	52	14	F	103 11-14	39:49.6	42:36.4	12:51/M	
1315	Olivia Giovingo	Lancaster PA	596	19	F	211 19-29	39:52.2	41:15.5	12:52/M	
1316	Anthony Fulgenzi	Lititz PA	512	51	M	35 50-59	39:54.6	41:52.2	12:52/M	
1317	Kimberly Fulgenzi	Lititz PA	513	48	F	152 40-49	39:54.8	41:52.4	12:52/M	
1318	Niki Bloom	Manheim PA	116	40	F	153 40-49	39:55.2	40:05.3	12:53/M	
1319	Nikki Martin	Lititz PA	1053	16	F	59 15-18	39:55.3	42:03.2	12:53/M	
1320	Autumn Rhoads	Lancaster PA	1362	10	F	46 1-10	39:56.4	41:09.2	12:53/M	
1321	Sieana Roe	Lititz PA	1386	13	F	104 11-14	39:57.0	42:04.9	12:53/M	
1322	Christine Rhoads	Lancaster PA	1363	37	F	209 30-39	39:57.5	41:09.8	12:53/M	
1323	Leslie Spurrier	Lititz PA	1570	37	F	210 30-39	39:59.8	42:23.2	12:54/M	
1324	Elaine Burnett	lancaster PA	211	45	F	154 40-49	40:00.0	42:23.8	12:54/M	
1325	Pam King	Lancaster PA	885	38	F	211 30-39	40:01.1	41:08.5	12:55/M	
1326	Chantelle Delaney	Lancaster PA	343	41	F	155 40-49	40:01.1	41:09.0	12:55/M	
1327	Candace Sexton	elizabethtown PA	1463	43	F	156 40-49	40:02.2	42:36.4	12:55/M	
1328	Brooke Gerlach	Ephrata PA	580	38	F	212 30-39	40:03.5	42:08.4	12:55/M	
1329	Jenee Ganster	East Petersburg PA	532	34	F	213 30-39	40:04.7	42:47.7	12:55/M	
1330	Lynette Coon	Lancaster PA	303	32	F	214 30-39	40:05.6	42:15.5	12:56/M	
1331	Tiffany Enck	manheim PA	427	40	F	157 40-49	40:11.7	42:10.9	12:58/M	
1332	Makenna Enck	75 s snyder st PA	425	8	F	47 1-10	40:12.0	42:10.9	12:58/M	
1333	Whitney Crouse	Manheim PA	317	49	F	158 40-49	40:13.5	43:24.3	12:58/M	
1334	Amy Logan	Columbia PA	995	26	F	212 19-29	40:17.2	43:23.7	13:00/M	
1335	Pam Thompson	Marietta PA	1656	31	F	215 30-39	40:22.7	42:14.7	13:01/M	
1336	Jill Fulkrod	North Attleboro MA	515	35	F	216 30-39	40:22.7	42:14.8	13:01/M	
1337	PAula Trump	Lititz PA	1677	45	F	159 40-49	40:23.3	42:49.4	13:02/M	
1338	Baylee Sexton	elizabethtown PA	1462	13	F	105 11-14	40:24.8	42:59.2	13:02/M	
1339	Stephanie Roark	Akron PA	1376	38	F	217 30-39	40:25.5	41:18.4	13:02/M	
1340	Renee Reed	Manheim PA	1348	36	F	218 30-39	40:30.1	43:08.3	13:04/M	

Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
1341	Rachel Marino	Middletown PA	1025	23	F	213 19-29	40:30.2	40:48.4	13:04/M
1342	Leighann Walsh	Lancaster PA	1724	33	F	219 30-39	40:31.7	42:33.7	13:04/M
1343	Joshua Pavlik	Manheim PA	1281	24	M	100 19-29	40:32.0	42:41.3	13:05/M
1344	E Reid Pavlik	Manheim PA	1279	20	M	101 19-29	40:32.0	42:40.8	13:05/M
1345	Harry Kinard	Columbia PA	881	57	M	36 50-59	40:33.0	42:34.2	13:05/M
1346	Alicia LaFrance	Lebanon PA	940	26	F	214 19-29	40:36.9	42:33.0	13:06/M
1347	Pam Cassel	Manheim PA	249	42	F	160 40-49	40:37.3	42:11.4	13:06/M
1348	Kacey Stewart	Lebanon PA	1592	15	F	60 15-18	40:39.3	42:04.2	13:07/M
1349	Ally Roehm	Lititz PA	1387	25	F	215 19-29	40:40.4	41:51.3	13:07/M
1350	Jessica Oliveri	Lebanon PA	1251	20	F	216 19-29	40:42.5	42:57.2	13:08/M
1351	Jessica Grundza	Mount Joy PA	655	31	F	220 30-39	40:43.0	42:33.4	13:08/M
1352	Noy PHANKHAM	MANHEIM PA	1297	30	F	221 30-39	40:43.9	42:27.8	13:08/M
1353	ALICIA HUBER	EAST PETERSBURG	798	22	F	217 19-29	40:45.2	42:43.3	13:09/M
1354	Spencer Edgell	Ephrata PA	408	16	M	33 15-18	40:46.2	41:44.7	13:09/M
1355	Jessica Stillman	Elizabethtown PA	1597	36	F	222 30-39	40:49.4	43:03.7	13:10/M
1356	Ashley Brenneman	Mount Wolf PA	153	28	F	218 19-29	40:50.3	43:04.9	13:10/M
1357	Atlesa Ban	Stevens PA	49	25	F	219 19-29	40:53.9	42:09.6	13:11/M
1358	Chloe Enck	manheim PA	422	9	F	48 1-10	40:55.4	42:54.6	13:12/M
1359	Sami Levitan	Manheim PA	983	7	F	49 1-10	40:57.4	43:45.9	13:13/M
1360	Nicole Brewbaker	mechanicsburg PA	157	34	F	223 30-39	40:59.4	43:00.2	13:13/M
1361	Jennie Hinkle	Manheim PA	753	31	F	224 30-39	40:59.8	43:00.7	13:13/M
1362	Keisha McCauley	Manheim PA	1080	25	F	220 19-29	41:01.9	43:06.9	13:14/M
1363	Jennifer Seigle	East Petersburg PA	1447	26	F	221 19-29	41:04.5	43:38.3	13:15/M
1364	JESSICA GEHMAN	AKRON PA	560	31	F	225 30-39	41:05.7	43:07.7	13:15/M
1365	Colton Faulhaber	Manheim PA	446	10	M	57 1-10	41:06.0	43:09.4	13:15/M
1366	Kimberly Promutico	Denver PA	1320	33	F	226 30-39	41:08.1	43:39.7	13:16/M
1367	Beth Rodkey	Columbia PA	1384	35	F	227 30-39	41:08.9	42:44.3	13:16/M
1368	Rachael Levitan	Manheim PA	982	15	F	61 15-18	41:10.5	43:51.5	13:17/M
1369	Jeff Grazan	Middletown PA	632	54	M	37 50-59	41:11.0	43:01.5	13:17/M
1370	Wendy Grazan	Manheim PA	634	56	F	50 50-59	41:11.2	43:01.9	13:17/M
1371	Emma Levitan	Manheim PA	980	10	F	50 1-10	41:11.6	43:52.3	13:17/M
1372	Anne Phillips	Manheim PA	1300	57	F	51 50-59	41:14.7	43:59.8	13:18/M
1373	Alison LaFrance	Manheim PA	941	49	F	161 40-49	41:14.8	43:57.5	13:18/M
1374	Don Faulhaber	Manheim PA	447	49	M	85 40-49	41:17.3	43:21.3	13:19/M
1375	Maggie Ross	Hummelstown PA	1395	12	F	106 11-14	41:17.6	43:23.2	13:19/M
1376	Craig Hahnlen	Hershey PA	660	43	M	86 40-49	41:17.6	43:23.7	13:19/M
1377	Annie Hahnlen	Hershey PA	659	12	F	107 11-14	41:17.7	43:23.2	13:19/M
1378	Elizabeth Talley	Ephrata PA	1639	7	F	51 1-10	41:21.9	44:18.5	13:20/M
1379	Ed Wilson	Mount Joy PA	1926	56	M	38 50-59	41:22.1	44:18.9	13:21/M
1380	Joy Burchill	Landisville PA	204	53	F	52 50-59	41:24.1	43:32.9	13:21/M
1381	Redina Ebersole	York PA	403	28	F	222 19-29	41:28.9	43:43.5	13:23/M
1382	Allison Warihay	manheim PA	1731	7	F	52 1-10	41:31.3	43:53.1	13:24/M
1383	April Warihay	Manheim PA	1732	34	F	228 30-39	41:31.7	43:53.1	13:24/M
1384	Frank Sahd	Mountville PA	1409	53	M	39 50-59	41:32.2	44:25.9	13:24/M
1385	Randall Shull	Manheim PA	1511	41	M	87 40-49	41:36.0	42:41.3	13:25/M
1386	Isabella Chmil	Lititz PA	256	8	F	53 1-10	41:36.1	44:08.2	13:25/M
1387	Logan Shull	Manheim PA	1510	11	M	68 11-14	41:37.4	42:41.4	13:25/M
1388	Christine Cummings	Lititz PA	319	46	F	162 40-49	41:37.4	41:37.4	13:25/M
1389	Shelly Chmil	Lititz PA	257	38	F	229 30-39	41:39.1	44:11.6	13:26/M
1390	Emma Wile	Columbia PA	1789	9	F	54 1-10	41:39.8	43:56.0	13:26/M
1391	Becky Wile	Columbia PA	1788	37	F	230 30-39	41:39.8	43:55.9	13:26/M
1392	Gisselle Talley	Ephrata PA	1640	44	F	163 40-49	41:42.5	44:39.3	13:27/M
1393	Debbie Pelletier	Mount Joy PA	1286	50	F	53 50-59	41:44.2	43:45.4	13:28/M
1394	Jess Stetler	Holtwood PA	1588	22	F	223 19-29	41:45.2	44:54.7	13:28/M
1395	Derrick Foor	York PA	477	26	M	102 19-29	41:45.6	42:14.7	13:28/M
1396	Connie Huber	Holtwood PA	799	41	F	164 40-49	41:46.5	44:55.5	13:28/M
1397	Daniella Mazzeo	Landisville PA	1071	19	F	224 19-29	41:49.6	43:22.0	13:29/M
1398	Maria Mazzeo	Landisville PA	1072	46	F	165 40-49	41:49.8	43:22.5	13:29/M
1399	Ella Simmons	Lititz PA	1523	11	F	108 11-14	41:50.9	44:46.6	13:30/M
1400	Cynthia Moyer	Mount Joy PA	1173	40	F	166 40-49	41:51.2	42:39.0	13:30/M
1401	Micayla Moyer	Mount Joy PA	1174	7	F	55 1-10	41:51.6	42:39.2	13:30/M
1402	Bob Hasty	Manheim PA	693	57	M	40 50-59	41:52.1	42:32.5	13:30/M
1403	Andrea Bucher	Camp Hill PA	191	35	F	231 30-39	41:55.1	44:13.8	13:31/M
1404	Samantha Faulstick	Elizabethtown PA	449	26	F	225 19-29	41:57.0	43:57.2	13:32/M
1405	Cathy Maddox	manheim PA	1014	46	F	167 40-49	41:57.5	44:34.9	13:32/M
1406	Randi Boyd	Mount Joy PA	141	21	F	226 19-29	41:58.1	45:14.1	13:32/M
1407	Bela Desai	Manheim PA	349	45	F	168 40-49	41:58.6	42:58.8	13:32/M

Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1408	Judith Bitner	Mount Joy PA	104	45	F	169 40-49	41:58.7	45:14.0	13:32/M
1409	Heather Capizzi	Lititz PA	233	35	F	232 30-39	42:02.4	43:50.8	13:34/M
1410	Taylor Graham	New Holland PA	629	23	F	227 19-29	42:03.7	43:42.7	13:34/M
1411	Lillian Mitchell	Lancaster PA	1143	11	F	109 11-14	42:03.9	43:49.8	13:34/M
1412	Yiota GAVALA	MANHEIM PA	552	45	F	170 40-49	42:08.8	45:07.7	13:35/M
1413	Oliver Marvin	Lancaster PA	1063	12	M	69 11-14	42:09.5	43:22.1	13:36/M
1414	Matt Marvin	Lancaster PA	1062	44	M	88 40-49	42:09.8	43:22.4	13:36/M
1415	Erica Frye	York PA	510	17	F	62 15-18	42:10.2	44:39.6	13:36/M
1416	Ariana Jones	York PA	836	23	F	228 19-29	42:10.7	44:40.2	13:36/M
1417	Shari Varner	Manheim PA	1691	45	F	171 40-49	42:10.9	44:31.3	13:36/M
1418	Madeline LaFrance	Manheim PA	943	9	F	56 1-10	42:10.9	44:54.0	13:36/M
1419	Joseph LaFrance	Manheim PA	942	54	M	41 50-59	42:11.1	44:53.9	13:36/M
1420	Hannah Varner	Manheim PA	1688	6	F	57 1-10	42:11.1	44:31.5	13:36/M
1421	Sally Wentling	Cleona PA	1773	61	F	6 60-69	42:12.1	44:51.0	13:37/M
1422	Kayla Bennecoff	Lititz PA	89	10	F	58 1-10	42:12.2	45:08.4	13:37/M
1423	Stephanie Bennecoff	Lititz PA	90	37	F	233 30-39	42:12.2	45:08.1	13:37/M
1424	Marie Byler	Lancaster PA	218	35	F	234 30-39	42:12.4	43:08.3	13:37/M
1425	Jenn Simmons	Lititz PA	1524	43	F	172 40-49	42:13.0	45:08.2	13:37/M
1426	Carter Ludwig	Lititz PA	1006	9	M	58 1-10	42:13.2	45:16.0	13:37/M
1427	Jeff Ludwig	Lititz PA	1008	36	M	97 30-39	42:13.3	45:16.1	13:37/M
1428	Danielle Seibert	Lancaster PA	1446	37	F	235 30-39	42:16.0	45:07.2	13:38/M
1429	Meghan Boyer	Jonestown PA	142	31	F	236 30-39	42:17.7	44:06.8	13:38/M
1430	Heather Griesemer	Ephrata PA	637	27	F	229 19-29	42:18.0	44:06.8	13:39/M
1431	Katherine Brown	harrisburg PA	168	34	F	237 30-39	42:24.2	43:45.9	13:41/M
1432	Saline Yoder	Manheim PA	1829	27	F	230 19-29	42:24.6	43:45.6	13:41/M
1433	Brynn Trovinger	Manheim PA	188	11	F	110 11-14	42:27.8	45:09.4	13:42/M
1434	Amber Shirk	Hummelstown PA	1501	31	F	238 30-39	42:28.1	44:03.6	13:42/M
1435	Ian Bruce	Mt. Holly NJ	187	62	M	11 60-69	42:30.1	43:24.9	13:43/M
1436	Ryland Fittery	manheim PA	473	10	M	59 1-10	42:31.0	44:28.7	13:43/M
1437	Samara Richards	Lancaster PA	1365	33	F	239 30-39	42:31.5	43:06.4	13:43/M
1438	Danielle Sprankle	Manheim PA	1565	20	F	231 19-29	42:36.2	44:24.7	13:45/M
1439	Jesse Soto	Manheim PA	1557	21	F	232 19-29	42:36.4	44:24.9	13:45/M
1440	Tiffani Wolgemuth	Manheim PA	1814	28	F	233 19-29	42:36.7	45:06.1	13:45/M
1441	Serrina Weitzel	washington boro PA	1757	24	F	234 19-29	42:37.1	43:02.0	13:45/M
1442	Megan Hutchinson	washington boro PA	814	24	F	235 19-29	42:37.4	43:02.1	13:45/M
1443	Makayla Gingerich	washington boro PA	595	14	F	111 11-14	42:37.5	43:02.3	13:45/M
1444	Connie Drace	Mt. Joy PA	383	25	F	236 19-29	42:41.3	44:40.3	13:46/M
1445	Marisa Tocci	Lititz PA	1658	39	F	240 30-39	42:49.0	45:27.2	13:49/M
1446	Michael Link	Lititz PA	990	33	M	98 30-39	42:49.8	45:49.3	13:49/M
1447	Becky Link	Lititz PA	989	30	F	241 30-39	42:49.8	45:49.0	13:49/M
1448	Penny West	Lancaster PA	1775	52	F	54 50-59	42:52.0	43:58.1	13:50/M
1449	Ashley Smith	Ephrata PA	1538	25	F	237 19-29	42:53.4	43:34.2	13:50/M
1450	Laurie Gettis	Manheim PA	582	32	F	242 30-39	42:58.4	45:20.7	13:52/M
1451	Beth Kinard	Columbia PA	880	55	F	55 50-59	42:59.6	45:03.1	13:52/M
1452	Elaine Leech	Manheim PA	966	52	F	56 50-59	43:00.8	45:03.0	13:52/M
1453	Trish Tempalski	Manheim PA	1646	40	F	173 40-49	43:05.6	44:59.1	13:54/M
1454	Gianna Dietrich	Manheim PA	357	9	F	59 1-10	43:05.7	45:00.1	13:54/M
1455	Tess Wales	East Petersburg PA	1722	27	F	238 19-29	43:05.8	45:00.0	13:54/M
1456	Ava Tempalski	Manheim PA	1645	9	F	60 1-10	43:07.3	45:00.6	13:55/M
1457	Kevin Bookman	Manheim PA	131	51	M	42 50-59	43:10.7	43:37.2	13:55/M
1458	Sandy Bookman	Manheim PA	132	53	F	57 50-59	43:10.9	43:36.9	13:55/M
1459	Heather Trovinger	Manheim PA	1674	36	F	243 30-39	43:11.6	45:53.5	13:56/M
1460	Brandi Hupp	Lebanon PA	809	32	F	244 30-39	43:12.2	45:37.0	13:56/M
1461	Louise Staffieri	Manheim PA	1573	71	F	1 70-99	43:14.0	44:21.7	13:57/M
1462	Alicia Santiago	Manheim PA	1416	31	F	245 30-39	43:16.7	46:15.3	13:57/M
1463	Jennifer Gehman	ephrata PA	558	24	F	239 19-29	43:16.8	45:45.7	13:57/M
1464	Savannah Marnoch	Ephrata PA	1032	11	F	112 11-14	43:17.3	45:52.7	13:58/M
1465	Landon Gehman	Akron PA	562	5	M	60 1-10	43:17.7	45:46.7	13:58/M
1466	Jennifer Marnoch	Ephrata PA	1030	34	F	246 30-39	43:18.1	45:53.7	13:58/M
1467	Smith Gretchen	Manheim PA	1539	30	F	247 30-39	43:18.4	45:36.9	13:58/M
1468	Vanbrakle Maggie	Hershey PA	1684	16	F	63 15-18	43:18.9	45:37.5	13:58/M
1469	Valerie Westphal	lancaster PA	1780	50	F	58 50-59	43:19.7	45:46.9	13:58/M
1470	June Camara	Lititz PA	226	54	F	59 50-59	43:20.4	44:32.4	13:59/M
1471	Jewel Mast	Denver PA	1064	42	F	174 40-49	43:21.1	46:29.5	13:59/M
1472	Keeli Looper	Denver PA	1904	44	F	175 40-49	43:24.3	46:33.0	14:00/M
1473	Amanda Borden	manheim PA	134	35	F	248 30-39	43:27.7	46:03.3	14:01/M
1474	Heather Beamesderfer	manheim PA	72	37	F	249 30-39	43:27.8	46:03.3	14:01/M

Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1475	Jordan Beamesderfer	manheim PA	74	12	M	70 11-14	43:29.3	46:04.3	14:02/M
1476	Gregory Luscher	lititz PA	1012	56	M	43 50-59	43:29.4	44:32.4	14:02/M
1477	Jen Johanning	Manheim PA	831	39	F	250 30-39	43:30.3	46:15.8	14:02/M
1478	Lori Koncz	Lititz PA	909	43	F	176 40-49	43:30.9	46:16.2	14:02/M
1479	Leann Weaver	Manheim PA	1746	26	F	240 19-29	43:32.2	46:09.6	14:03/M
1480	Matt Weaver	Manheim PA	1748	28	M	103 19-29	43:33.0	46:10.3	14:03/M
1481	Ashley Lavenice	manheim PA	963	28	F	241 19-29	43:36.3	46:00.3	14:04/M
1482	Kathy Snader	Manheim PA	1547	49	F	177 40-49	43:40.0	45:02.7	14:05/M
1483	Kaley Reedy	Manheim PA	1350	22	F	242 19-29	43:41.1	45:03.1	14:05/M
1484	Donna Sahrhage	Lancaster PA	1410	55	F	60 50-59	43:43.0	45:52.4	14:06/M
1485	Dawn Lam	Mount Joy PA	945	15	F	64 15-18	43:43.6	46:39.2	14:06/M
1486	Melody Hubbard	Mount Joy PA	797	25	F	243 19-29	43:44.0	46:38.9	14:06/M
1487	Clare Funck	Mount Joy PA	519	50	F	61 50-59	43:44.3	46:39.4	14:06/M
1488	Veasna Nuon	Mount Joy PA	1239	48	F	178 40-49	43:45.3	46:41.1	14:07/M
1489	Miranda Phelan	Conestoga PA	1299	14	F	113 11-14	43:46.1	45:00.4	14:07/M
1490	Mollie Leitch	Lititz PA	973	11	F	114 11-14	43:46.2	45:00.7	14:07/M
1491	Sydnee Wolfe	Cornwall PA	1637	16	F	65 15-18	43:47.1	45:11.9	14:07/M
1492	Amy Lewis	columbia PA	984	34	F	251 30-39	43:49.4	46:50.5	14:08/M
1493	Wendy Binner	Cornwall PA	100	37	F	252 30-39	43:50.0	45:14.3	14:08/M
1494	Jason Hertzog	Leola PA	732	35	M	99 30-39	43:52.7	46:55.0	14:09/M
1495	Becky Hertzog	Leola PA	731	34	F	253 30-39	43:54.6	46:55.8	14:10/M
1496	Devin Zook	Leola PA	1874	9	M	61 1-10	44:02.7	46:04.7	14:12/M
1497	Kristyn Zook	Leola PA	1876	13	F	115 11-14	44:04.4	46:05.7	14:13/M
1498	Aaron Boas	Lancaster PA	121	24	M	104 19-29	44:07.0	46:13.3	14:14/M
1499	Cyndi Snyder	Lititz PA	1551	42	F	179 40-49	44:07.7	47:20.6	14:14/M
1500	Beth Krebs	Lancaster PA	921	43	F	180 40-49	44:07.8	45:50.1	14:14/M
1501	Brittany Ingold	Manheim PA	824	26	F	244 19-29	44:10.4	46:41.7	14:15/M
1502	Vicky Giandalia	Wrightsville PA	586	54	F	62 50-59	44:11.5	45:08.7	14:15/M
1503	Ashley Hilton	Manheim PA	751	27	F	245 19-29	44:20.5	47:09.9	14:18/M
1504	Alisha Ritter	Glen rock PA	1371	27	F	246 19-29	44:21.3	46:27.9	14:18/M
1505	Jasmine Ansell	Wrightsville PA	27	25	F	247 19-29	44:21.7	46:27.9	14:18/M
1506	BROOKE NELSON	MOUNT JOY PA	1212	5	F	61 1-10	44:21.8	45:57.2	14:18/M
1507	Adam Dommel	Manheim PA	372	31	M	100 30-39	44:23.9	46:50.1	14:19/M
1508	David Cox	manheim PA	307	45	M	89 40-49	44:24.7	44:33.3	14:19/M
1509	John Young	Manheim PA	1836	61	M	12 60-69	44:25.7	47:00.2	14:20/M
1510	Rod Sauder	manheim PA	1420	8	M	62 1-10	44:26.6	47:00.1	14:20/M
1511	Alex Vazquez	Lebanon PA	1698	41	M	90 40-49	44:28.0	47:17.6	14:21/M
1512	Beth Vazquez	Lebanon PA	1699	32	F	254 30-39	44:29.5	47:18.8	14:21/M
1513	Perry Good	Lititz PA	620	46	M	91 40-49	44:31.6	46:04.6	14:22/M
1514	Regina Dagen	Lancaster PA	321	46	F	181 40-49	44:32.5	47:41.5	14:22/M
1515	Karen Musser	ephrata PA	1187	46	F	182 40-49	44:37.4	46:44.4	14:24/M
1516	Debora Ruhl	Lititz PA	1400	56	F	63 50-59	44:38.3	47:26.3	14:24/M
1517	Danelle Nelson	Mount Joy PA	1213	34	F	255 30-39	44:41.9	46:17.1	14:25/M
1518	Sarah Bachman	Millersville PA	35	32	F	256 30-39	44:44.2	47:37.8	14:26/M
1519	Leo Bonanno	Manheim PA	129	7	M	63 1-10	44:45.5	47:45.9	14:26/M
1520	Will Galebach	Lancaster PA	530	32	M	101 30-39	44:46.4	47:43.2	14:26/M
1521	Belle Bonanno	Manheim PA	126	7	F	62 1-10	44:46.7	47:46.5	14:26/M
1522	Marge Kipe	Leola PA	891	60	F	7 60-69	44:47.2	47:43.3	14:27/M
1523	Connie Hake	Lancaster PA	662	57	F	64 50-59	44:47.5	47:35.6	14:27/M
1524	Carrie Bonanno	Manheim PA	127	36	F	257 30-39	44:47.8	47:47.3	14:27/M
1525	Anne Ramig	Lancaster PA	1326	32	F	258 30-39	44:48.2	47:45.1	14:27/M
1526	Herman Ramig	Lancaster PA	1327	69	M	13 60-69	44:50.3	47:46.3	14:28/M
1527	Katrina Miller	Salunga PA	1128	51	F	65 50-59	44:50.8	46:14.9	14:28/M
1528	Lisa Yost	Mountville PA	1833	50	F	66 50-59	44:54.2	46:17.9	14:29/M
1529	Erin Miller	Lebanon PA	1126	31	F	259 30-39	44:59.3	47:24.1	14:31/M
1530	Terry Young	Manheim PA	1838	59	F	67 50-59	45:04.3	47:39.3	14:32/M
1531	Carol Good	Lititz PA	611	46	F	183 40-49	45:05.3	46:38.6	14:33/M
1532	Bob Wentling	Cleona PA	1769	37	M	102 30-39	45:05.3	47:46.8	14:33/M
1533	Jean Townsley	mount joy PA	1661	19	F	248 19-29	45:05.6	46:33.7	14:33/M
1534	Elizabeth Stanley	mandan ND	1578	30	F	260 30-39	45:05.7	46:33.5	14:33/M
1535	Heather Hull	Manheim PA	804	30	F	261 30-39	45:06.7	48:26.1	14:33/M
1536	Natalie Winegarden	Mount Joy PA	1796	48	F	184 40-49	45:06.8	47:36.2	14:33/M
1537	David Hull	Manheim PW	803	29	M	105 19-29	45:06.8	48:26.2	14:33/M
1538	MARCY Carl	Lititz PA	240	32	F	262 30-39	45:14.6	48:28.9	14:35/M
1539	Scott Wengrenovich	Lancaster PA	1767	27	M	106 19-29	45:14.6	47:51.6	14:35/M
1540	Brady Lowman	Lititz PA	1003	6	M	64 1-10	45:14.7	48:28.8	14:35/M
1541	Kate Wentling	Cleona PA	1770	37	F	263 30-39	45:15.3	47:52.5	14:36/M

# Rock N Glow 2014

Race Date  
May 31, 2014

## Overall Finish List

**5K**

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
1542		Ashley Goshorn	East Stroudsburg PA	625	27	F	249 19-29	45:19.7	47:15.0	14:37/M
1543		Lori Gerhart	Mount Joy PA	579	55	F	68 50-59	45:27.1	48:19.3	14:40/M
1544		Amy Dullinger	Lititz PA	392	29	F	250 19-29	45:27.2	48:19.7	14:40/M
1545		Ashley Mansfield	Lancaster PA	1023	31	F	264 30-39	45:32.1	47:50.0	14:41/M
1546		Lauren Currey	Harrisburg PA	320	14	F	116 11-14	45:34.3	47:28.4	14:42/M
1547		Paige Zewe	Hershey PA	1862	13	F	117 11-14	45:34.8	47:28.6	14:42/M
1548		Gabby Fittery	manheim PA	471	8	F	63 1-10	45:34.9	48:15.7	14:42/M
1549		Audrey Landis	manheim PA	954	24	F	251 19-29	45:37.2	47:23.4	14:43/M
1550		Charlotte Fittery	manheim PA	470	64	F	8 60-69	45:38.2	48:18.2	14:43/M
1551		Jacki Weaver	Ephrata PA	1744	27	F	252 19-29	45:38.3	47:23.6	14:43/M
1552		Abby Stoner	Washington Boro PA	1610	11	F	118 11-14	45:42.0	47:59.5	14:45/M
1553		Kailey Stoner	Washington Boro PA	1611	12	F	119 11-14	45:42.5	47:59.7	14:45/M
1554		Shandra Stoner	Washington Boro PA	1612	42	F	185 40-49	45:43.9	48:00.5	14:45/M
1555		Cora VonStaden	Gettysburg PA	1709	29	F	253 19-29	45:45.8	46:17.3	14:45/M
1556		Cinda Kauffman	Mt. Joy PA	845	39	F	265 30-39	45:48.3	48:25.1	14:46/M
1557		Darla Musser	Manheim PA	1185	45	F	186 40-49	45:48.4	47:08.4	14:46/M
1558		Chris Bomberger	Mount Joy PA	124	34	F	266 30-39	45:48.6	48:24.9	14:46/M
1559		Elsie Gilliland	Lititz PA	591	71	F	2 70-99	45:52.9	46:35.7	14:48/M
1560		Mara Brady	Manheim PA	1979	10	F	64 1-10	45:59.3	47:19.7	14:50/M
1561		Mary Brady	Manheim PA	1978	40	F	187 40-49	45:59.5	47:19.7	14:50/M
1562		Valerie Morse	Manheim PA	1163	47	F	188 40-49	46:03.3	48:53.1	14:51/M
1563		Ariana Gehman	Akron PA	556	6	F	65 1-10	46:06.2	48:34.9	14:52/M
1564		Nicole Gehman	Akron PA	564	32	F	267 30-39	46:06.3	48:34.9	14:52/M
1565		Heather Hicks	Lititz PA	745	31	F	268 30-39	46:09.3	48:51.2	14:53/M
1566		Jerri May	Lancaster PA	1070	61	F	9 60-69	46:09.4	48:59.9	14:53/M
1567		Mitzi Headings	East Petersburg PA	701	50	F	69 50-59	46:09.8	49:00.2	14:53/M
1568		sandy roth	Reinholds PA	1398	48	F	189 40-49	46:09.8	48:51.8	14:53/M
1569		Michelle Suereth	Manheim PA	1626	29	F	254 19-29	46:13.6	48:44.3	14:55/M
1570		Genna Tripple	Mount joy PA	1665	10	F	66 1-10	46:14.0	48:14.7	14:55/M
1571		Jenny Baronsky	Mount joy PA	62	38	F	269 30-39	46:15.4	48:15.7	14:55/M
1572		Austin Zercher	East Petersburg PA	1858	7	M	65 1-10	46:30.3	47:48.0	15:00/M
1573		Jamie Loose	Ephrata PA	998	42	F	190 40-49	46:31.0	47:48.9	15:00/M
1574		JACKIE WILSON	LANCASTER PA	1795	51	F	70 50-59	46:37.1	47:42.4	15:02/M
1575		Georgiana Figueroa	Lancaster PA	461	45	F	191 40-49	46:43.9	49:55.6	15:04/M
1576		Carolina Russo-Holding	Elizabethtown PA	1404	33	F	270 30-39	46:46.7	48:52.1	15:05/M
1577		Scott Walsh	Lancaster PA	1725	37	M	103 30-39	46:50.5	48:52.7	15:06/M
1578		Hannah Eckerd	Lancaster PA	404	9	F	67 1-10	46:51.6	48:53.1	15:07/M
1579		Kristin Kober	Mt. Joy PA	903	40	F	192 40-49	47:02.1	48:19.9	15:10/M
1580		Dominick Bonanno	Manheim PA	128	10	M	66 1-10	47:07.2	50:08.1	15:12/M
1581		Alize Anavitate	Ephrata PA	22	13	F	120 11-14	47:17.3	47:58.4	15:15/M
1582		J Eileen Snavely	Manheim PA	1549	70	F	3 70-99	47:19.2	49:31.6	15:16/M
1583		Arlington Blantz	Manheim PA	112	34	M	104 30-39	47:22.0	50:10.4	15:17/M
1584		Jilly Zumba	Willow Street PA	1877	44	F	193 40-49	47:22.5	49:13.3	15:17/M
1585		Irina Blantz	Manheim PA	113	33	F	271 30-39	47:22.7	50:10.0	15:17/M
1586		Gabrielle StarGirl	Willow Street PA	1579	10	F	68 1-10	47:23.1	49:13.1	15:17/M
1587		Grace Gaia	Willow Street PA	529	11	F	121 11-14	47:23.3	49:13.1	15:17/M
1588		Maddie Frego	Willow Street PA	495	5	F	69 1-10	47:23.9	48:40.1	15:17/M
1589		Jeff Frego	Willow Street PA	493	48	M	92 40-49	47:24.0	48:40.0	15:17/M
1590		Emy Miller	Manheim PA	1125	61	F	10 60-69	47:29.9	50:18.1	15:19/M
1591		Sheri Yohe	Lancaster PA	1831	40	F	194 40-49	47:33.5	50:46.2	15:20/M
1592		Matt Yohe	Lancaster PA	1830	43	M	93 40-49	47:33.5	50:46.4	15:20/M
1593		Kristi Kreider	Lancaster PA	924	23	F	255 19-29	47:35.8	49:27.7	15:21/M
1594		Carolyn Clemens-Benton	Ephrata PA	269	48	F	195 40-49	47:39.7	51:00.0	15:22/M
1595		Earl Benton	Ephrata PA	91	50	M	44 50-59	47:39.9	51:00.0	15:22/M
1596		Randy Zimmerman	Ephrata PA	1871	42	M	94 40-49	47:42.3	49:32.1	15:23/M
1597		Abby Myer	mountville PA	1194	38	F	272 30-39	47:43.3	49:32.1	15:24/M
1598		Leigh Zimmerman	Ephrata PA	1870	42	F	196 40-49	47:43.5	49:32.4	15:24/M
1599		Standrick Patton	Columbia PA	1278	48	M	95 40-49	47:46.2	50:08.0	15:25/M
1600		Danielle Vitti	Lititz PA	1704	34	F	273 30-39	47:47.0	48:11.7	15:25/M
1601		Kristen Buller	Manheim PA	202	43	F	197 40-49	47:47.6	50:51.9	15:25/M
1602		Jennifer Zimmerman	Ephrata PA	1868	35	F	274 30-39	47:52.5	50:20.4	15:26/M
1603		Alli Stover	York PA	1615	34	F	275 30-39	47:54.1	48:23.3	15:27/M
1604		Amy Novack	Lancaster PA	1238	30	F	276 30-39	47:54.5	50:22.5	15:27/M
1605		Rochelle Meiskey	Columbia PA	1102	41	F	198 40-49	47:55.2	48:24.8	15:27/M
1606		Patrick Rohal	Landisville PA	1391	40	M	96 40-49	47:55.3	48:24.6	15:27/M
1607		Danielle Ober	Manheim PA	1247	17	F	66 15-18	47:56.7	50:55.0	15:28/M
1608		Shelby Hontz	Manheim PA	775	19	F	256 19-29	47:57.0	50:55.2	15:28/M



Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
1609	Shaniqua Troup	Lancaster PA	1667	26	F	257 19-29	47:57.7	50:31.4	15:28/M
1610	Brian Millaway	Lancaster PA	1970	28	M	107 19-29	48:03.3	50:32.5	15:30/M
1611	Debbie Aszmus	Lititz PA	31	41	F	199 40-49	48:05.7	48:28.7	15:31/M
1612	Adam Bonanno	Manheim PA	125	37	M	105 30-39	48:08.2	51:09.5	15:32/M
1613	Nina Bonanno	Manheim PA	130	11	F	122 11-14	48:08.6	51:09.1	15:32/M
1614	Dawn Hauser	Manheim PA	699	46	F	200 40-49	48:11.2	49:47.0	15:33/M
1615	McKenzie Pavlik	Manheim PA	1282	18	F	67 15-18	48:11.9	50:24.3	15:33/M
1616	Richard Pavlik	Manheim PA	1284	46	M	97 40-49	48:12.1	50:24.6	15:33/M
1617	Alyssa Fry	Manheim PA	507	15	F	68 15-18	48:12.5	50:24.4	15:33/M
1618	Adrian Bonnell	Manheim PA	1956	36	F	277 30-39	48:15.4	49:42.7	15:34/M
1619	Christine Colantoni	Lititz PA	279	44	F	201 40-49	48:24.2	48:48.1	15:37/M
1620	Luke Wentling	Cleona PA	1772	6	M	67 1-10	48:36.7	51:18.3	15:41/M
1621	Doreen Obetz	Manheim PA	1250	54	F	71 50-59	48:36.8	50:52.7	15:41/M
1622	Kensley Wentling	Cleona PA	1771	30	M	106 30-39	48:36.9	51:18.4	15:41/M
1623	Sandra Musser	Mount Joy PA	1192	45	F	202 40-49	48:40.0	51:13.6	15:42/M
1624	Lora Brasser	Lititz PA	150	25	F	258 19-29	48:43.2	50:01.6	15:43/M
1625	Michelle Caron	Lititz PA	242	34	F	278 30-39	48:43.4	50:01.7	15:43/M
1626	Sherri Wilcox	Manheim PA	1787	55	F	72 50-59	48:46.2	51:13.7	15:44/M
1627	Lori Painter	Lititz PA	1270	47	F	203 40-49	48:49.9	51:29.5	15:45/M
1628	cheryl hartnett	lancaster PA	685	53	F	73 50-59	48:52.4	52:08.9	15:46/M
1629	James Heisey	Elizabethtown PA	707	42	M	98 40-49	48:53.0	51:55.1	15:46/M
1630	Sandy Houser	Harrisburg PA	794	49	F	204 40-49	48:59.0	49:47.8	15:48/M
1631	Emily Mahonski	Ephrata PA	1016	35	F	279 30-39	48:59.9	51:17.5	15:48/M
1632	Cindy Deck	Landisville PA	332	48	F	205 40-49	49:01.5	51:46.1	15:49/M
1633	Kristy Stewart	stevens PA	1594	27	F	259 19-29	49:02.1	51:04.3	15:49/M
1634	Nate Sauder	manheim PA	1419	8	M	68 1-10	49:03.2	51:38.3	15:49/M
1635	Jasmyne King-Smith	Lancaster PA	890	27	F	260 19-29	49:03.5	51:37.1	15:49/M
1636	Kathi Frost	Carlisle PA	506	62	F	11 60-69	49:04.9	51:22.8	15:50/M
1637	Jessica Sauder	manheim PA	1418	34	F	280 30-39	49:05.1	51:38.7	15:50/M
1638	Janaya Smith	Lancaster PA	1540	10	F	70 1-10	49:06.4	51:36.5	15:50/M
1639	Brenda Dart	Manheim PA	325	44	F	206 40-49	49:09.8	51:38.4	15:51/M
1640	Angela Forwood	Manheim PA	486	41	F	207 40-49	49:26.2	52:04.2	15:57/M
1641	Kristyann Hodge	Lancaster PA	758	37	F	281 30-39	49:27.5	52:22.2	15:57/M
1642	Katherine Sienrukos	East Petersburg PA	1520	30	F	282 30-39	49:27.7	52:22.0	15:57/M
1643	Misty Mosher	Mount Joy PA	1166	34	F	283 30-39	49:28.3	51:03.2	15:57/M
1644	Ginger LaVenice Lefever	millersville PA	962	49	F	208 40-49	49:38.1	52:47.1	16:01/M
1645	Luree Miller	Akron PA	1132	26	F	261 19-29	49:45.4	52:45.3	16:03/M
1646	Salyiena Lo	Leola PA	1946	21	F	262 19-29	49:45.5	51:33.7	16:03/M
1647	Marilyn Graybill	Mount Joy PA	631	65	F	12 60-69	49:45.8	52:50.9	16:03/M
1648	Jean Heisey	Manheim PA	709	62	F	13 60-69	49:45.9	52:50.6	16:03/M
1649	Mackenzie Bosse	Marietta PA	138	24	F	263 19-29	49:46.2	52:50.6	16:03/M
1650	Erin Berry	Akron PA	94	26	F	264 19-29	49:46.5	52:45.9	16:03/M
1651	Patti Shearer	Mount Joy PA	1481	46	F	209 40-49	49:46.9	52:50.6	16:03/M
1652	Kevin Schell	Leola PA	1431	47	M	99 40-49	49:57.3	53:00.2	16:07/M
1653	David Painter	lititz PA	1269	47	M	100 40-49	49:58.3	52:38.4	16:07/M
1654	Wade Harnish	Manheim PA	679	38	M	107 30-39	49:59.8	52:41.1	16:07/M
1655	Heather Harnish	manheim PA	678	39	F	284 30-39	49:59.9	52:41.4	16:07/M
1656	Shawn McComsey	Mount Joy PA	1085	31	M	108 30-39	50:01.4	52:04.7	16:08/M
1657	Samantha Gray	Lancaster PA	1974	40	F	210 40-49	50:02.4	53:12.1	16:08/M
1658	Kiersten Monroy	Conestoga PA	1973	16	F	69 15-18	50:03.1	53:11.7	16:09/M
1659	Ana McComsey	Mount Joy PA	1084	27	F	265 19-29	50:11.2	52:15.2	16:11/M
1660	Lyn Geib	Manheim PA	569	62	F	14 60-69	50:16.9	52:03.4	16:13/M
1661	Donna Beamesderfer	Manheim PA	70	44	F	211 40-49	50:17.3	53:08.9	16:13/M
1662	Katie Beamesderfer	Manheim PA	75	23	F	266 19-29	50:17.4	53:08.6	16:13/M
1663	Linda Karns	Manheim PA	843	51	F	74 50-59	50:17.4	52:03.5	16:13/M
1664	Donna Gerhard	Manheim PA	577	63	F	15 60-69	50:17.8	52:04.0	16:13/M
1665	Audrey Brosey	Manheim PA	163	59	F	75 50-59	50:18.0	52:03.4	16:14/M
1666	Diane Knapp	Manheim PA	901	56	F	76 50-59	50:18.4	52:03.6	16:14/M
1667	Ellen Wright-Burkholder	Lancaster PA	1981	56	F	77 50-59	50:18.6	52:04.0	16:14/M
1668	Amanda Buckel	Manheim PA	196	29	F	267 19-29	50:19.8	53:10.2	16:14/M
1669	Lauren Dommel	Manheim PA	373	29	F	268 19-29	50:23.5	52:48.9	16:15/M
1670	Addison Dommel	Manheim PA	1988	6	F	71 1-10	50:23.5	52:49.2	16:15/M
1671	Doug Young	LANCASTER PA	1835	32	M	109 30-39	50:33.0	52:35.3	16:18/M
1672	Shannon Young	Lancaster PA	1837	32	F	285 30-39	50:33.9	52:35.7	16:18/M
1673	Bronson Young	Lancaster PA	1834	5	M	69 1-10	50:35.5	52:37.4	16:19/M
1674	Susan Sheaffer	Lancaster PA	1477	52	F	78 50-59	50:39.9	51:17.8	16:20/M
1675	Cindy Davis	Lancaster PA	328	50	F	79 50-59	50:44.7	51:24.2	16:22/M

Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1676	Mark Sheaffer	Lancaster PA	1476	56	M	45 50-59	50:45.1	51:23.7	16:22/M
1677	Martha Davis	Lancaster PA	329	50	F	80 50-59	50:46.1	51:25.6	16:23/M
1678	Meghan Brown	Washington PA	1960	32	F	286 30-39	51:03.1	52:57.1	16:28/M
1679	Allison Reifsnnyder	Manheim PA	1959	26	F	269 19-29	51:03.5	52:56.9	16:28/M
1680	Heather Colosi	Lancaster PA	286	36	F	287 30-39	51:10.5	53:29.5	16:30/M
1681	Ethan Caleca	Lititz PA	221	9	M	70 1-10	51:12.0	51:31.7	16:31/M
1682	Kelsie Hess	Manheim PA	740	25	F	270 19-29	51:23.3	54:20.1	16:35/M
1683	Shelby Weber	Mount Joy PA	1753	30	F	288 30-39	51:23.6	54:20.3	16:35/M
1684	Alison Meyers	lancaster PA	1119	27	F	271 19-29	51:23.9	54:17.3	16:35/M
1685	Teressa Accordino	Lancaster PA	3	26	F	272 19-29	51:24.4	54:17.7	16:35/M
1686	Valerie Ruhl	Manheim PA	1402	28	F	273 19-29	51:37.8	54:55.7	16:39/M
1687	Lauren Manaut	Ephrata PA	1020	26	F	274 19-29	51:39.1	54:56.2	16:40/M
1688	Ralph Westfield	Mount Joy PA	1776	59	M	46 50-59	51:45.8	54:11.2	16:42/M
1689	Cheyenne Marnoch	Ephrata PA	1029	13	F	123 11-14	51:57.0	54:33.2	16:45/M
1690	ROBIN VOLKER	LITITZ PA	1706	57	F	81 50-59	51:58.2	55:13.4	16:46/M
1691	Tina Stewart	DENVER PA	1596	45	F	212 40-49	51:58.5	55:13.1	16:46/M
1692	Stephanie Zimmerman	Manheim PA	1864	45	F	213 40-49	51:59.1	55:13.3	16:46/M
1693	Beverly George	Lancaster PA	574	40	F	214 40-49	51:59.6	53:15.5	16:46/M
1694	Dana Hostetter	Manheim PA	787	15	F	70 15-18	52:00.3	54:47.3	16:46/M
1695	Emily Doerschuk	Manheim PA	368	16	F	71 15-18	52:00.5	54:47.5	16:46/M
1696	Jennifer Kohler	Manheim PA	904	50	F	82 50-59	52:01.1	54:21.1	16:47/M
1697	Robin Greiner	Manheim PA	1935	55	F	83 50-59	52:15.6	54:32.6	16:51/M
1698	T Daniel Richards	Lancaster PA	1366	43	M	101 40-49	52:46.3	54:33.2	17:01/M
1699	Thomas Capizzi	Lititz PA	235	40	M	102 40-49	52:47.2	54:35.8	17:02/M
1700	Lynne Dougherty	Lititz PA	378	47	F	215 40-49	52:52.9	54:30.9	17:03/M
1701	Jordan McEvoy	Manheim PA	1087	22	F	275 19-29	52:53.0	54:30.5	17:04/M
1702	Becky Winters	windsor PA	1798	45	F	216 40-49	53:01.2	56:08.1	17:06/M
1703	Debra Ford	lititz PA	478	59	M	47 50-59	53:01.9	54:45.9	17:06/M
1704	Bobbi Hollingshead	Red Lion PA	767	31	F	289 30-39	53:02.1	56:08.6	17:06/M
1705	Ellen Souders	Lancaster PA	1558	55	F	84 50-59	53:02.2	54:46.3	17:06/M
1706	Jamie Sprout	Quarryville PA	1568	41	M	103 40-49	53:15.6	55:59.4	17:11/M
1707	Remy Colosi	Lancaster PA	289	6	F	72 1-10	53:27.6	53:27.6	17:15/M
1708	Gretta Brubaker	Lititz PA	177	7	F	73 1-10	53:48.9	56:45.3	17:21/M
1709	Chole Phillips	Manheim PA	1301	16	F	72 15-18	53:49.1	56:33.0	17:22/M
1710	Eric Phillips	Manheim PA	1302	55	M	48 50-59	53:51.4	56:35.8	17:22/M
1711	Jeannie Retherford	Elizabethtown PA	1359	60	F	16 60-69	53:53.5	56:58.8	17:23/M
1712	Kim Garner	Manheim PA	544	46	F	217 40-49	54:01.3	57:05.0	17:25/M
1713	Stephanie Garner	Manheim PA	545	16	F	73 15-18	54:01.6	57:05.4	17:25/M
1714	Kim McEvoy	Manheim PA	1088	45	F	218 40-49	54:03.3	55:40.7	17:26/M
1715	Kim Musser	Landisville PA	1188	50	F	85 50-59	54:03.3	55:41.0	17:26/M
1716	Leah Robbins	Lititz PA	1379	9	F	74 1-10	54:03.8	55:55.4	17:26/M
1717	Laura Wash	Lititz PA	1734	41	F	219 40-49	54:04.4	56:52.8	17:26/M
1718	Daisy Rivera	Ephrata PA	1372	32	F	290 30-39	54:05.1	54:45.9	17:27/M
1719	Kelly Hamill	manheim PA	668	32	F	291 30-39	54:05.3	57:09.2	17:27/M
1720	Adalyn Ober	Lititz PA	1248	9	F	75 1-10	54:06.2	55:57.9	17:27/M
1721	Sue Worthing	Lititz PA	1820	49	F	220 40-49	54:06.2	57:18.5	17:27/M
1722	Kathy Groff	Manheim PA	642	53	F	86 50-59	54:10.4	57:08.9	17:28/M
1723	Emma Adams	Lititz PA	8	4	F	76 1-10	54:11.1	56:16.8	17:29/M
1724	Hailee Adams	Lititz PA	9	7	F	77 1-10	54:11.4	56:16.5	17:29/M
1725	John Robbins	Lititz PA	1378	42	M	104 40-49	54:12.0	56:03.3	17:29/M
1726	Susie Colbert	Lititz PA	280	44	F	221 40-49	54:17.1	57:20.5	17:31/M
1727	Allison Lakehart-Childs	Lititz PA	1945	41	F	222 40-49	54:22.7	57:32.9	17:32/M
1728	Georgine Wood	lancaster PA	1816	54	F	87 50-59	54:23.8	57:34.1	17:33/M
1729	Alicia Mumma	Lebanon PA	1175	36	F	292 30-39	54:24.7	56:55.1	17:33/M
1730	Crystal Shaak	Lebanon PA	1466	33	F	293 30-39	54:24.7	56:54.8	17:33/M
1731	Stephanie Berkheiser	Manheim PA	1891	46	F	223 40-49	54:26.2	57:37.4	17:34/M
1732	Tracy Walter	Reinholds PA	1727	43	F	224 40-49	54:36.8	57:11.2	17:37/M
1733	Gina Greene	Akron PA	635	44	F	225 40-49	54:36.9	57:11.1	17:37/M
1734	Karen Brandt	Manheim PA	147	47	M	105 40-49	54:40.6	57:51.8	17:38/M
1735	Charlaine Redpath	Lititz PA	1342	39	F	294 30-39	54:50.8	55:09.6	17:41/M
1736	Elizabeth Rivera	Lancaster PA	1373	30	F	295 30-39	54:55.1	55:06.3	17:43/M
1737	Tracy Barley	Denver PA	61	50	F	88 50-59	55:05.5	57:10.0	17:46/M
1738	Brady Skiles	Manheim PA	1938	6	M	71 1-10	55:05.8	58:05.2	17:46/M
1739	Jill Luettgens	Lancaster PA	1010	48	F	226 40-49	55:06.0	57:10.4	17:46/M
1740	Renee Skiles	Manheim PA	1528	35	F	296 30-39	55:07.5	58:06.6	17:47/M
1741	Kathy Brubaker	Lititz PA	179	44	F	227 40-49	55:21.1	58:17.1	17:51/M
1742	Craig Fisher	manheim PA	466	53	M	49 50-59	55:27.4	56:50.0	17:53/M

Race Date  
May 31, 2014

Rock N Glow 2014  
Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1743	Olga Keepers	Lancaster PA	856	24	F	276 19-29	55:47.9	58:16.0	18:00/M
1744	Mary Kate Marrasso	Mechanicsburg PA	1036	23	F	277 19-29	55:48.1	58:15.9	18:00/M
1745	Toan Tran	Lancaster PA	1663	27	M	108 19-29	55:48.4	58:16.4	18:00/M
1746	Jennifer Mummert	Spring Grove PA	1177	35	F	297 30-39	56:08.6	58:53.4	18:06/M
1747	April McClucas	Elizabethtown PA	1082	34	F	298 30-39	56:08.7	58:53.4	18:06/M
1748	Victoria Monk	Jonestown PA	1147	45	F	228 40-49	56:30.3	59:38.2	18:14/M
1749	Matt Brown	Mount Joy PA	171	24	M	109 19-29	56:30.4	58:52.9	18:14/M
1750	Kim Brown	Mount Joy PA	170	50	F	89 50-59	56:30.4	58:53.8	18:14/M
1751	Cynthia Porta	Manheim PA	1315	58	F	90 50-59	56:48.3	59:39.3	18:19/M
1752	Brittany Wood	manheim PA	1815	27	F	278 19-29	56:54.6	59:44.7	18:21/M
1753	Robert Singer	Lititz PA	1920	87	M	3 70-99	56:59.1	1:00:11.5	18:23/M
1754	Gail Summy	Manheim PA	1627	60	F	17 60-69	57:12.2	1:00:13.2	18:27/M
1755	Yvonne Geib	Manheim PA	571	59	F	91 50-59	57:12.3	1:00:14.0	18:27/M
1756	Marsha Heisey	Elizabethtown PA	711	42	F	229 40-49	57:12.9	1:00:15.4	18:27/M
1757	Wendy Hake	Lancaster PA	663	50	F	92 50-59	57:21.3	1:00:13.8	18:30/M
1758	Tammy Blose	Lebanon PA	118	45	F	230 40-49	57:21.3	1:00:13.8	18:30/M
1759	Mattie Frey	Lancaster PA	499	19	F	279 19-29	57:22.5	1:00:15.5	18:30/M
1760	Adam Van Leer	Columbia PA	1681	34	M	110 30-39	57:29.4	59:56.8	18:33/M
1761	Ramey Diehl	Manheim PA	356	6	F	78 1-10	58:00.5	1:01:01.8	18:43/M
1762	Scott Christian	Mount Joy PA	258	52	M	50 50-59	58:01.8	1:01:03.8	18:43/M
1763	Angela Diehl	Manheim PA	355	37	F	299 30-39	58:06.7	1:01:07.2	18:45/M
1764	jennifer Gallagher	Reinholds PA	531	37	F	300 30-39	58:12.1	1:00:25.3	18:46/M
1765	Elli Zeamer	Mount Joy PA	1848	66	F	18 60-69	58:24.2	1:01:38.4	18:50/M
1766	Kelly Rodgers	Manheim PA	1383	40	F	231 40-49	58:25.5	1:01:39.5	18:51/M
1767	Jaclyn Griffith	Lancaster PA	640	33	F	301 30-39	58:33.1	1:01:27.5	18:53/M
1768	Betsy Cook	Columbia PA	301	55	F	93 50-59	58:33.6	1:01:27.2	18:53/M
1769	Kyron Delinko	reading PA	346	32	F	302 30-39	58:35.2	1:00:58.9	18:54/M
1770	Christine Hosler	Columbia PA	784	37	F	303 30-39	58:35.6	1:00:58.9	18:54/M
1771	Hostetter Matt	Mount Joy PA	790	26	M	110 19-29	58:53.1	1:01:59.4	19:00/M
1772	Hostetter Katrina	Mount Joy PA	788	31	F	304 30-39	58:54.2	1:02:01.1	19:00/M
1773	Jack Lammey	Adamstown PA	948	6	M	72 1-10	58:55.0	1:01:33.8	19:00/M
1774	Brackbill Conner	Mount Joy PA	290	12	M	71 11-14	58:55.2	1:02:00.7	19:00/M
1775	Bryson Brackbill	Mount Joy PA	144	8	M	73 1-10	58:57.1	1:02:02.4	19:01/M
1776	Tamara Werner	Ephrata PA	1774	32	F	305 30-39	59:07.5	1:01:46.3	19:04/M
1777	Michelle Dengler	Adamstown PA	348	33	F	306 30-39	59:07.9	1:01:46.0	19:04/M
1778	Jennifer Hershey	Lititz PA	729	42	F	232 40-49	59:48.2	1:02:42.3	19:17/M
1779	Ensinger Shauna	Lititz PA	428	43	F	233 40-49	59:48.7	1:02:42.0	19:17/M
1780	Amanda Pinkerton	Mount Joy PA	1309	25	F	280 19-29	1:01:18.5	1:04:31.9	19:46/M
1781	Martha Maney	Lititz PA	1919	55	F	94 50-59	1:01:19.1	1:04:31.3	19:47/M
1782	Cathy Hower	Manheim PA	796	54	F	95 50-59	1:01:56.5	1:04:16.6	19:59/M