

Race Date

March 15, 2014

Run 4 Luck

Age Group Results

4 Mile

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Isaac Bryan	Upland	296	25	1	19:49.1	19:49.7	4:57/M

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Christina Argueta		507	25	7	22:25.3	22:26.4	5:37/M

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Male No Age given

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Andrew Herr		1023	0	189	32:50.0	34:03.0	8:31/M

Female No Age Given

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Megan May	Lancaster	1217	0	305	36:20.5	37:24.4	9:21/M
2	Patricia Herr		1027	0	369	38:09.0	39:21.3	9:50/M

Male Under 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Zach Hartz	Lititz	1125	11	99	30:03.5	30:10.6	7:33/M
2	* Nicholas Russinko	Lancaster	223	14	107	30:18.3	30:29.9	7:37/M
3	* Matthew Russinko	Lancaster	224	11	109	30:20.4	30:31.6	7:38/M
4	Evan Jacobs	Mount Joy	112	11	127	30:47.5	31:15.1	7:49/M
5	Liam Badger	Lancaster	291	11	225	34:06.2	34:16.9	8:34/M
6	Ben Havens		1319	12	243	34:36.7	35:56.0	8:59/M
7	Eric Hockley	East Petersburg	100	17	280	35:39.5	36:00.3	9:00/M
8	Colin Peters	Mountville	402	8	294	36:02.1	36:16.8	9:04/M
9	Ryan Maietta	Lititz	1266	9	409	39:33.9	39:39.9	9:55/M
10	Luke Hadley	Lancaster	1009	10	488	42:16.0	43:00.2	10:45/M
11	Jonathan Mellinger	Willow Street	460	8	534	44:21.4	44:37.3	11:09/M
12	Jimmy Roche		1343	15	614	50:53.5	51:51.5	12:58/M
13	Connor Looper		525	11	631	52:25.8	53:47.0	13:27/M
14	Jackson Leherr		502	10	634	53:44.1	53:52.8	13:28/M

Female Under 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Siena Gates		1331	13	46	27:23.0	27:25.0	6:51/M
2	* Jacqueline Boben	Lancaster	16	14	65	28:19.8	28:21.2	7:05/M
3	* Kira Jenkins	Lancaster	359	13	118	30:39.9	31:18.9	7:50/M
4	Arden Morgan	Lancaster	178	11	195	32:58.0	33:19.9	8:20/M
5	Hillary Burkholder	Lancaster	1048	16	198	33:02.3	33:26.5	8:22/M
6	Jenna Flatley	Lancaster	71	12	261	35:10.3	35:32.3	8:53/M
7	Ally Rowe	Millersville	220	16	269	35:25.0	36:00.0	9:00/M
8	Isabel Gleason	Lancaster	84	14	272	35:28.0	36:36.0	9:09/M
9	Maggie Walker	Mountville	441	14	276	35:29.4	35:43.3	8:56/M
10	Katherine Gaalswyk	Lancaster	332	7	304	36:20.1	37:24.2	9:21/M
11	Emma Hamaker	Conestoga	345	12	354	37:32.3	37:59.2	9:30/M
12	Hannah Motter		1139	15	363	37:54.4	38:47.9	9:42/M
13	Arianna Lutz		470	11	414	39:47.6	40:05.0	10:01/M
14	Carleigh Roche		1344	12	475	41:54.4	42:32.5	10:38/M
15	Carrie Moore	Conestoga	174	13	558	45:48.1	47:05.2	11:46/M
16	Kasey Buchmoyer	Marietta	297	13	622	51:47.3	52:03.9	13:01/M
17	Kate Kmiecak	Lancaster	366	11	624	51:51.1	52:37.9	13:09/M
18	Sophia Lutz		468	9	643	55:19.9	55:37.4	13:54/M
19	Maddison Burke		467	9	645	55:20.1	55:37.5	13:54/M
20	Katerina Anders	Lancaster	1224	15	665	1:00:55.6	1:00:55.6	15:14/M
21	Alexis Verden		482	11	681	1:05:17.6	1:05:54.8	16:29/M

Male 18 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Stan Berkow		505	24	2	20:04.1	20:04.9	5:01/M
2	* Bobby Longenecker		508	29	4	21:22.2	21:23.0	5:21/M
3	* Drew Nesbitt	Lancaster	1122	29	5	21:26.8	21:27.5	5:22/M
4	Andrew Groff		1322	19	6	22:16.0	22:16.8	5:34/M
5	Kenneth Smiley	Lancaster	238	29	16	24:43.4	24:45.8	6:11/M
6	Shaun Frankel		1341	26	19	25:18.2	25:21.3	6:20/M

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									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
7	Brian Petraco	Lancaster	204	25	22	25:29.8	25:31.4	6:23/M		
8	Jonathan Pombo	Columbia	1253	27	29	26:09.3	26:27.9	6:37/M		
9	Ben Jordan	West Chester	123	28	34	26:28.9	26:33.0	6:38/M		
10	Scott Cartwright	Stevens	1229	25	35	26:32.1	26:50.3	6:43/M		
11	Alex Lockley		516	22	67	28:33.3	28:45.4	7:11/M		
12	Jared Fox	Denver	1226	21	76	28:49.8	29:06.1	7:17/M		
13	Matthew Koehler	Stevens	367	28	88	29:16.9	29:21.0	7:20/M		
14	Kevin Fenninger	Lancaster	69	25	90	29:29.2	30:34.5	7:39/M		
15	Ronnie Frey	Myerstown	1225	23	104	30:14.3	30:30.1	7:38/M		
16	Adam Foreman	Cleona	1014	26	108	30:20.2	31:58.4	8:00/M		
17	Mike Walker	Mechanicsburg	1133	28	113	30:26.5	30:38.6	7:40/M		
18	Eric Eshleman	Lancaster	63	27	130	30:58.8	31:07.8	7:47/M		
19	Tom Leddy		495	24	146	31:30.2	31:32.2	7:53/M		
20	Steve Kindler	Camp Hill	130	28	159	31:48.8	32:20.9	8:05/M		
21	Kyle Fenninger	Paradise	318	25	161	31:51.7	32:58.6	8:15/M		
22	Tyler Eberly	Lititz	53	20	192	32:53.1	33:19.8	8:20/M		
23	Matt Dietrich		1348	25	203	33:08.3	33:39.7	8:25/M		
24	Brian Murphy	Lititz	1076	29	211	33:25.8	33:43.2	8:26/M		
25	Kevin Ramer	Landisville	1140	25	218	33:42.8	34:01.3	8:30/M		
26	Zane Rudy	Lancaster	221	23	251	34:58.3	35:59.4	9:00/M		
27	Dan Herrmann	Lititz	1115	27	260	35:08.0	36:18.0	9:05/M		
28	Ryan David	Lancaster	309	29	308	36:31.3	37:27.9	9:22/M		
29	Brent Hostetter		520	22	311	36:38.1	36:44.8	9:11/M		
30	Joe Czerniakowski	Hummelstown	1058	29	321	36:46.6	37:43.5	9:26/M		
31	Andrew Wilson	Exton	278	26	371	38:15.3	39:09.0	9:47/M		
32	Adam Hartman	Elizabethtown	347	27	395	39:18.9	40:57.5	10:14/M		
33	Brent Nankerville	Ephrata	1132	24	401	39:30.1	40:13.0	10:03/M		
34	Steven Overly	Willow Street	1107	26	422	40:10.9	41:00.8	10:15/M		
35	Derek Hollister	Mount Joy	1254	27	450	40:58.8	41:18.2	10:20/M		
36	Antoine Cotard	Lancaster	37	28	454	41:01.7	41:29.9	10:22/M		
37	Aaron Brustad	Lancaster	1119	29	581	47:30.7	48:34.3	12:09/M		
38	Derek Husser	Millersville	356	28	611	50:31.6	51:56.3	12:59/M		
39	Kenneth Acevedo	Lancaster	1166	24	619	51:33.5	52:58.9	13:15/M		
40	Jeff Fischer		1260	28	650	57:04.5	58:35.5	14:39/M		
41	Jeremy Mann	Manheim	152	28	652	57:34.9	58:26.4	14:37/M		
42	Andrew Wick	Mount Joy	449	27	678	1:05:04.7	1:05:47.1	16:27/M		
43	Andrew McCollin	Berwick	377	28	679	1:05:06.9	1:05:48.6	16:27/M		

Female 18 to 29

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Emily Dubs		496	24	17	24:55.0	24:57.6	6:14/M		
2	* Jamie McCollum		497	25	20	25:22.4	25:25.2	6:21/M		
3	* Yolanda Eckerty	Lancaster	55	26	40	26:58.9	26:58.9	6:45/M		
4	Ashley Singer	Lititz	424	27	44	27:17.8	27:20.7	6:50/M		
5	Kelsi Chuprinski	Muncy	32	23	45	27:19.2	27:24.6	6:51/M		
6	Ann Berkow		503	21	51	27:40.4	27:42.6	6:56/M		
7	Sarah Tull	Lancaster	436	26	60	28:03.2	28:38.8	7:10/M		
8	Abby Landis	Ephrata	1219	25	78	28:57.0	30:53.2	7:43/M		
9	Lisa McDonald	Lancaster	1238	29	83	29:02.1	29:06.0	7:17/M		
10	Mallory Weiss	Lancaster	1239	29	91	29:30.8	29:54.3	7:29/M		
11	Ashley Engle	Manheim	1078	22	96	29:46.1	29:53.2	7:28/M		
12	Kelsey Cislo	Lancaster	1074	24	97	29:56.1	30:12.8	7:33/M		
13	Priscilla Caliz	Ephrata	1221	27	103	30:12.6	32:08.8	8:02/M		
14	Rebecca Shertzer	East Petersburg	234	25	112	30:23.6	31:08.7	7:47/M		
15	Katie Weber	Mountville	269	28	116	30:38.7	30:50.9	7:43/M		
16	Lindsay Schwartz		1338	28	117	30:39.6	30:42.9	7:41/M		
17	Katelin Hess	Columbia	1303	26	119	30:40.7	30:53.8	7:43/M		
18	Caroline Baker	Lancaster	5	28	123	30:43.5	30:50.6	7:43/M		
19	Elizabeth Melamed	Lancaster	1142	28	128	30:48.3	31:08.8	7:47/M		
20	Jessica Klube	Lancaster	131	28	149	31:34.5	31:43.5	7:56/M		
21	Crystal Illigasch	Lancaster	108	26	150	31:37.5	31:48.7	7:57/M		
22	Kristen Snoke	Landisville	239	27	153	31:40.8	31:50.4	7:58/M		
23	Patricia Hoen	Alexandria	1220	26	170	32:21.8	33:38.8	8:25/M		
24	Amandy McQuate		518	25	172	32:25.0	32:41.3	8:10/M		
25	Samantha Johnston	Lititz	119	25	174	32:29.6	33:04.5	8:16/M		
26	Rebecca Kutz	East Petersburg	140	24	176	32:31.2	32:40.0	8:10/M		
27	Jenna Henault	Lititz	95	26	177	32:32.2	32:52.0	8:13/M		
28	Amanda Turner	Lititz	1192	29	179	32:34.6	32:54.3	8:14/M		
29	Marie Harbold	Millersville	91	26	181	32:36.2	33:15.1	8:19/M		
30	Jennifer Peterson	Mount Wolf	203	26	200	33:04.1	34:15.2	8:34/M		
31	Katie Silvis	Richmond	421	23	207	33:19.0	34:07.6	8:32/M		

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4 Mile

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Female 18 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
32	Courtney Murphy	Lititz	1079	27	220	33:54.3	34:11.7	8:33/M
33	Jeannine Medon	Lancaster	381	26	227	34:07.6	34:46.3	8:42/M
34	Carissa **need Dommel	Lancaster	1156	29	228	34:07.9	34:54.6	8:44/M
35	Nicki Jordan	West Chester	124	27	231	34:18.8	34:24.7	8:36/M
36	Rebecca Moore	Harrisburg	175	27	241	34:31.7	35:26.8	8:52/M
37	Amber Sullenberger	Camp Hill	253	26	246	34:53.0	35:48.0	8:57/M
38	April Johnson	Landisville	117	29	247	34:57.4	35:17.2	8:49/M
39	Nicole Kindler	Camp Hill	129	27	252	35:00.3	35:49.4	8:57/M
40	Jillian Anthony	Muncy	1246	25	256	35:06.6	35:58.3	9:00/M
41	Amy Bollinger	Lancaster	1008	27	265	35:17.1	36:12.4	9:03/M
42	Patricia Frey	Myerstown	1230	21	270	35:27.0	35:46.3	8:57/M
43	Kayla Valdes	Lancaster	264	24	278	35:35.4	36:36.2	9:09/M
44	Emma Rovnak	East Petersburg	218	24	279	35:35.8	36:35.9	9:09/M
45	Danielle Degroft	Lancaster	1136	27	281	35:44.4	36:24.0	9:06/M
46	Angela **captai Bauman	Lancaster	1235	29	310	36:37.3	37:02.1	9:16/M
47	Kate Hostetter		519	22	312	36:38.3	36:44.5	9:11/M
48	Samantha Holker	Landisville	1121	24	333	36:59.2	37:55.2	9:29/M
49	Ariel Weaver		1347	22	338	37:09.9	37:40.8	9:25/M
50	Amanda Kenneff	Annville	128	27	339	37:12.2	37:41.5	9:25/M
51	Laura Molitoris	West Grove	169	20	340	37:14.2	37:18.9	9:20/M
52	Courtney Stahl	Marietta	244	24	357	37:42.8	38:21.7	9:35/M
53	Victoria Aston	Columbia	1302	23	358	37:44.3	37:58.8	9:30/M
54	Olivia Keller	Columbia	1304	23	359	37:45.3	37:58.8	9:30/M
55	Andrea Cote	Lancaster	38	24	370	38:14.2	38:19.1	9:35/M
56	Kelly Walker	Mechanicsburg	1129	27	376	38:26.9	39:16.0	9:49/M
57	Ashley Zalewski	Lancaster	284	25	380	38:35.6	39:42.5	9:56/M
58	Nicole Vracarich	Lititz	267	29	385	38:54.9	39:45.7	9:56/M
59	Alexi Frey	Myerstown	1228	18	391	39:15.3	39:34.2	9:54/M
60	Michelle Grosenick	Allentown	90	26	393	39:17.0	40:00.7	10:00/M
61	Melissa Hartman	Elizabethtown	346	28	396	39:19.3	40:57.5	10:14/M
62	Amanda Martin	Stevens	1039	29	398	39:22.0	39:42.1	9:56/M
63	Brittney Brown	Lancaster	27	25	415	39:49.7	40:20.2	10:05/M
64	Sarah Gagliardi	Lancaster	77	27	418	39:50.9	40:36.3	10:09/M
65	Candace Arena		1321	29	434	40:25.3	40:54.9	10:14/M
66	Erin Platt	New Providence	205	28	439	40:38.4	41:02.6	10:16/M
67	Rian Seibert	Lancaster	1306	27	445	40:50.4	41:05.7	10:16/M
68	Dana Caldoro		493	27	446	40:51.1	41:06.3	10:17/M
69	Erin Miller	Columbia	1305	26	447	40:51.5	41:06.1	10:17/M
70	Zoe Horan	Lancaster	352	28	452	40:59.5	42:28.5	10:37/M
71	Sara Toven	York	261	26	453	41:00.4	41:58.4	10:30/M
72	Kristen Paporello	Lancaster	399	26	456	41:10.9	41:21.6	10:20/M
73	Sarah Deysher	Elizabethtown	48	27	457	41:11.2	41:21.5	10:20/M
74	Janet Fisher	Lancaster	1044	26	462	41:16.1	41:59.8	10:30/M
75	Amanda Wick	Mount Joy	274	26	466	41:37.0	42:18.0	10:35/M
76	Laura Brenner	Lancaster	25	22	470	41:46.0	43:13.7	10:48/M
77	Marian Suor	Lititz	255	23	474	41:54.0	42:50.9	10:43/M
78	Kim Pombo	Columbia	1252	27	483	42:07.0	42:27.1	10:37/M
79	Kristy Rineer		1327	20	485	42:10.9	42:56.4	10:44/M
80	Amber Czerniakowski	Hummelstown	1055	28	491	42:16.7	43:20.8	10:50/M
81	Aislinn Rooney	Lancaster	413	26	496	42:20.3	43:16.9	10:49/M
82	Emily Starner	Lancaster	246	28	498	42:22.5	43:30.9	10:53/M
83	Jayne Sensenig		512	23	506	42:54.5	44:12.7	11:03/M
84	Elizabeth Stoesz		1335	25	510	43:02.0	43:45.7	10:56/M
85	Sarah Horstmann	Hockessin	353	26	513	43:14.0	43:53.1	10:58/M
86	Kacie Wetzell	Lancaster	273	29	517	43:25.8	43:28.0	10:52/M
87	Mary Nolt	Mount Joy	1251	27	519	43:42.0	44:01.1	11:00/M
88	Kailey Fesenmyer		1026	23	521	43:43.9	44:56.0	11:14/M
89	Stephanie Martin		1323	24	523	43:46.4	44:56.1	11:14/M
90	Kristin Chester	Lancaster	1124	24	525	43:51.7	44:48.0	11:12/M
91	Tania Hodgins	New Oxford	101	29	527	43:58.5	45:00.2	11:15/M
92	Jessica Farnish		1025	27	539	44:29.5	45:41.7	11:25/M
93	Laura McEltherney	Stevens	1127	21	541	44:30.1	45:38.1	11:25/M
94	Ashlee Stolz	Wernersville	1172	27	548	44:51.2	45:17.7	11:19/M
95	Mallory Raub	Millersville	211	22	550	45:11.0	46:28.5	11:37/M
96	Kristin Moore	Conestoga	173	20	556	45:46.9	47:04.3	11:46/M
97	Colleen Miller	Dallastown	166	23	563	46:15.3	46:38.6	11:40/M
98	Erica Hettler	Hummelstown	1244	29	568	46:22.1	47:14.8	11:49/M
99	Jennifer Hollister	Mount Joy	1250	27	578	47:04.9	47:23.2	11:51/M
100	Emily Adams	Lancaster	1123	28	582	47:31.7	48:34.8	12:09/M
101	Allison James	Lancaster	115	25	592	48:00.1	49:03.4	12:16/M
102	Jillian Tallarico	Lancaster	463	26	593	48:01.5	48:30.0	12:08/M
103	Alicia Gray	Lancaster	89	23	602	48:44.6	49:35.5	12:24/M
104	Lynn Rhoades	East Earl	214	25	615	51:11.4	52:06.8	13:02/M
105	Sarai Hartnett	Lancaster	1169	27	625	51:51.2	53:17.0	13:19/M
106	Sarah Kuhn	Lancaster	1170	25	626	51:53.0	53:18.6	13:20/M
107	Andrea Pugliese	Manheim	1168	26	627	51:54.9	53:16.6	13:19/M

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Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
108	Johanna Black	Conestoga	1167	22	628	51:57.1	53:18.6	13:20/M
109	Rebecca Hartnett	Lancaster	1165	23	642	55:06.7	56:31.1	14:08/M
110	Yaritza Rodriguez	Lancaster	217	27	646	55:34.4	56:39.7	14:10/M
111	Jen Mann	Manheim	151	28	653	57:36.0	58:27.4	14:37/M
112	Sara Burke	Columbia	302	21	654	58:09.4	59:19.0	14:50/M
113	Ashley Mercado		1313	29	661	58:59.8	59:17.9	14:49/M
114	Megan Cronin		1339	27	680	1:05:17.4	1:06:14.0	16:34/M
115	Jasmyne King-Smith	Lancaster	1098	27	690	1:09:35.8	1:10:14.1	17:34/M

Male 30 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Justin Krebs		500	39	3	20:20.4	20:21.1	5:05/M
2	* Justin Geissinger	Lancaster	80	33	8	22:49.0	22:50.3	5:43/M
3	* Mark Oles	Lancaster	395	37	9	22:52.6	22:53.9	5:43/M
4	Eric Sollenberger		517	38	10	23:16.0	23:16.5	5:49/M
5	Jared Schnapf	Lancaster	416	33	12	23:57.7	23:58.4	6:00/M
6	Phil Lapp	Lancaster	142	36	13	24:01.2	24:01.8	6:00/M
7	Andy Martin		521	34	14	24:10.6	24:13.9	6:03/M
8	Nathan Shufan	Harrisburg	235	32	21	25:27.6	25:31.1	6:23/M
9	Dave Gordon		1237	37	23	25:34.4	25:42.0	6:26/M
10	Jay Rhoads	Columbia	215	31	24	25:38.2	25:52.2	6:28/M
11	Dimitri Papadimitriou	Lancaster	398	36	28	26:06.5	26:10.0	6:33/M
12	Nathan Baxter	Lancaster	1144	30	31	26:17.0	26:28.9	6:37/M
13	Kevin Ember	Lancaster	62	32	36	26:38.5	26:52.9	6:43/M
14	Ian Maffett	Willow Street	1178	32	38	26:45.5	26:51.4	6:43/M
15	Nate Wingert	Lancaster	452	37	41	27:03.4	27:07.2	6:47/M
16	Ryan Horan	Lancaster	351	32	47	27:28.5	28:58.8	7:15/M
17	Bizhko Anaioliy		1308	36	48	27:29.2	27:31.1	6:53/M
18	Brad Mosteller	Quarryville	179	37	49	27:34.9	27:42.3	6:56/M
19	Rance Kirsch		478	30	56	27:54.4	28:34.2	7:09/M
20	Michael Cawley	Lancaster	304	31	59	28:01.8	28:06.5	7:02/M
21	Fred Schmidt		476	37	62	28:09.4	28:12.0	7:03/M
22	Brian Mullen	East Petersburg	389	37	63	28:15.4	28:17.8	7:04/M
23	Andy Sholly	Palmyra	419	36	64	28:17.7	28:43.1	7:11/M
24	Kc Fleming	Lancaster	1045	30	77	28:51.3	28:55.2	7:14/M
25	Theodore Williams	Lancaster	276	36	79	28:57.4	29:01.6	7:15/M
26	Ryan Miller	Hershey	474	30	80	28:58.4	29:36.8	7:24/M
27	Kevin Sonon	Denver	1175	35	86	29:15.3	29:39.6	7:25/M
28	Dave Garpstas		1328	32	95	29:44.4	30:33.3	7:38/M
29	Jeff Martin	Womelsdorf	1041	38	100	30:04.7	30:24.3	7:36/M
30	David McCabe	Landisville	1062	37	101	30:04.9	30:28.1	7:37/M
31	Brian McHugh	Lancaster	1017	33	105	30:16.2	31:06.2	7:47/M
32	Pat Sellers		523	39	120	30:41.5	31:17.8	7:49/M
33	Doug Brenneman	York	23	39	122	30:42.6	30:46.9	7:42/M
34	Jerry Egan	Millersville	57	38	126	30:47.0	31:58.7	8:00/M
35	Alan Harpster	Ephrata	92	38	131	30:59.4	31:51.8	7:58/M
36	Nathan Lutz	Columbia	148	34	133	31:04.8	31:18.5	7:50/M
37	Elam Glick	Lancaster	337	37	137	31:10.1	32:04.8	8:01/M
38	Eric Biddle	Salem	293	35	141	31:14.8	31:59.7	8:00/M
39	Tom Fleckenstein	Columbia	73	30	148	31:34.1	31:49.0	7:57/M
40	Kevin Gallen	Yardley	334	36	151	31:38.2	32:00.2	8:00/M
41	Joe Capen		1231	30	154	31:45.1	32:27.3	8:07/M
42	Derik Fife	York	1236	32	156	31:45.7	32:09.9	8:02/M
43	Troy Gadberry	Mountville	1211	36	157	31:45.7	31:49.8	7:57/M
44	Joseph Petruso	Lancaster	403	37	163	31:53.7	32:05.9	8:01/M
45	Nick Aubitz		1324	31	167	32:16.5	32:33.6	8:08/M
46	Ryan Boyd		492	34	187	32:39.7	32:51.1	8:13/M
47	Gary Gagliardi	Lancaster	78	31	190	32:51.8	33:34.1	8:24/M
48	Kris Murphy	Lancaster	182	33	191	32:52.7	33:07.0	8:17/M
49	Eric Barr	York	7	39	193	32:53.7	33:00.3	8:15/M
50	Clay Rundell	Lancaster	1102	39	201	33:06.0	33:34.5	8:24/M
51	Leo Disanto	Mountville	313	33	222	34:04.9	35:30.4	8:53/M
52	Matt Johnson	Mountville	360	33	223	34:05.0	35:30.3	8:53/M
53	John Trainor	Norristown	1282	32	229	34:09.2	35:59.7	9:00/M
54	Kurt Iobst		511	37	232	34:19.3	34:37.0	8:39/M
55	Eric Lingenfelter	Lititz	1267	39	273	35:28.3	35:33.2	8:53/M
56	Adam Aston	Columbia	290	31	288	35:52.4	36:11.2	9:03/M
57	Jeff Peters	Mountville	400	37	295	36:02.1	36:16.4	9:04/M
58	Christian Lancaster		484	34	314	36:39.4	37:10.6	9:18/M
59	Thong Sisay		1325	39	315	36:39.5	38:16.4	9:34/M
60	Sergio Salazar	Lancaster	1085	31	319	36:43.9	37:55.3	9:29/M

Run 4 Luck

Age Group Results

4 Mile

Race Date
March 15, 2014

Male 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
61	Jason Jones	Lititz	122	38	323	36:48.7	37:16.1	9:19/M
62	Dennis Fisher II	Columbia	322	32	332	36:59.1	37:39.9	9:25/M
63	Jonathan Leddy	Columbia	370	34	334	37:00.6	37:40.1	9:25/M
64	Hayden McDevitt	Lititz	1131	34	342	37:17.5	37:59.0	9:30/M
65	Jeff Newswanger	Mountville	391	33	344	37:20.2	38:59.5	9:45/M
66	Matt Finney	Reading	1171	30	349	37:27.2	37:52.8	9:28/M
67	Sam Hamaker	Conestoga	344	36	353	37:32.2	37:59.2	9:30/M
68	Shawn Sweigart	Lancaster	257	31	375	38:26.9	39:11.0	9:48/M
69	Thomas Burke		469	31	397	39:19.8	39:38.8	9:55/M
70	Matthew Bryner	Lancaster	28	37	425	40:14.9	40:55.6	10:14/M
71	Todd Kirchner	Lancaster	362	35	428	40:18.7	41:01.5	10:15/M
72	Jarod Staub	Lancaster	247	32	431	40:22.7	40:33.4	10:08/M
73	Jay Zimmerman	Ephrata	287	33	468	41:42.7	42:31.5	10:38/M
74	Jeremy Quinn		1337	37	481	42:00.2	42:31.7	10:38/M
75	Jason Breidenstein	Reading	1174	30	497	42:20.3	42:45.7	10:41/M
76	Matt Landis		1316	39	554	45:29.1	45:38.8	11:25/M
77	Patric Nephin	Manheim	188	34	577	46:55.3	47:55.3	11:59/M
78	Perry Fischer	Columbia	1259	32	594	48:03.2	49:33.4	12:23/M
79	Brian Sherwood	Brookhaven	1298	36	599	48:15.4	49:33.6	12:23/M
80	Christopher David	Lancaster	311	31	606	49:24.5	50:19.0	12:35/M
81	Steve Tentylo	Hummelstown	1249	34	616	51:18.4	52:11.4	13:03/M
82	Adam Bricker	Landisville	26	33	630	52:16.3	53:38.1	13:25/M
83	Anthony Lynan		509	35	640	54:23.5	56:02.7	14:01/M
84	Jason Jacobs	Lancaster	113	34	657	58:25.4	59:58.3	15:00/M
85	Paul Skozilas	Mechanicsburg	1134	33	693	1:23:12.0	1:24:12.9	21:03/M

Female 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Brooke Magni		471	31	18	25:06.9	25:08.2	6:17/M
2	* Christine Geiselman	York	335	31	27	25:55.7	25:58.1	6:30/M
3	* Lauren Finn	Lancaster	1199	38	30	26:16.8	26:20.7	6:35/M
4	Stacey Wilson	Lancaster	1294	39	33	26:26.8	27:01.1	6:45/M
5	Rebecca Hayes	Lancaster	349	31	61	28:08.7	28:11.4	7:03/M
6	Brady Crone	York	40	39	66	28:21.8	28:29.5	7:07/M
7	Billie Jo Heistand	Wrightsville	94	35	68	28:36.0	28:42.6	7:11/M
8	Alexandra Stairs	Lancaster	1191	32	82	29:01.3	29:11.4	7:18/M
9	Eileen Calkins	Lancaster	303	33	84	29:03.3	29:17.1	7:19/M
10	Amy Schultz	Lancaster	229	37	89	29:23.4	29:31.7	7:23/M
11	Amy Redding	Columbia	212	37	94	29:37.6	29:50.3	7:28/M
12	Maryanne Degrasse	Lancaster	42	31	102	30:09.9	30:15.5	7:34/M
13	Stacey Shafer	Lancaster	231	37	106	30:17.6	30:24.7	7:36/M
14	Heather Reiner	York	213	35	110	30:22.0	30:36.0	7:39/M
15	Jennifer Nikolaus		194	39	121	30:42.4	30:53.9	7:43/M
16	Andrea Giffing	Lancaster	81	35	132	31:03.7	31:33.9	7:53/M
17	Amy Hartz	Leola	1120	38	138	31:10.4	31:18.0	7:50/M
18	Beth Ann Conway	Elizabethtown	35	37	144	31:25.8	31:41.3	7:55/M
19	Monica Malady	Mountville	1097	35	147	31:32.4	32:09.4	8:02/M
20	Chandra Capen		1232	30	155	31:45.3	32:27.0	8:07/M
21	Erika Deeter	Manheim	1196	35	162	31:51.8	31:56.4	7:59/M
22	Amanda Stickler	Wrightsville	428	35	165	32:09.9	33:02.9	8:16/M
23	Melissa Roark	Quarryville	216	33	168	32:17.1	32:20.7	8:05/M
24	Aimee Grant	Lancaster	338	31	169	32:19.4	33:17.9	8:19/M
25	Kate Wood	Lancaster	453	33	171	32:23.7	32:40.9	8:10/M
26	Cindy Jenkins	Lancaster	1126	39	175	32:30.6	33:09.7	8:17/M
27	Jen Kauffman		1340	34	182	32:36.6	34:12.2	8:33/M
28	Angela Lutz	Columbia	465	36	183	32:37.0	32:54.8	8:14/M
29	Lisa Colino	Landisville	1195	37	184	32:37.8	33:06.8	8:17/M
30	Angel Pritts	Wrightsville	1189	31	188	32:49.1	33:50.5	8:28/M
31	Abby Cless	Columbia	305	33	196	32:58.4	33:05.9	8:16/M
32	Amy Wertman	Lancaster	448	35	202	33:06.4	33:10.2	8:18/M
33	Jennifer Eby	Landisville	1198	37	208	33:21.8	33:50.1	8:28/M
34	Joy Weaver	Lititz	446	31	210	33:25.2	33:49.0	8:27/M
35	Jen Boyer	Lititz	1285	32	213	33:34.7	34:48.6	8:42/M
36	Elspeth Moffatt	Lancaster	168	35	217	33:39.0	34:50.1	8:43/M
37	Teresa Skidmore	Lititz	1206	34	221	34:00.1	35:10.7	8:48/M
38	Lauren Engle	Lancaster	317	34	226	34:07.2	34:43.7	8:41/M
39	Jenine Nicholas	Lancaster	1204	33	230	34:13.4	35:23.8	8:51/M
40	Laura Maffett		472	32	235	34:25.1	34:36.0	8:39/M
41	Sara Carroll	Lancaster	29	36	236	34:25.7	35:02.8	8:46/M
42	Marjorie Droege	Columbia	315	34	238	34:27.8	34:40.3	8:40/M
43	Anna Mitchell	Lancaster	1095	32	240	34:31.0	34:48.6	8:42/M

Run 4 Luck

Age Group Results

4 Mile

Race Date
March 15, 2014

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
44	Candace Debold		479	32	244	34:42.3	34:52.9	8:43/M
45	Christine O'Neill	York	396	37	250	34:58.1	35:03.8	8:46/M
46	Kristi Forster	Lancaster	75	34	253	35:02.6	35:28.8	8:52/M
47	Sheila Wenger	Ephrata	1222	32	255	35:06.6	36:24.7	9:06/M
48	Lindsay Gerner	Millersville	1243	36	257	35:06.8	36:22.0	9:06/M
49	Jewelene Ament	Millersville	1241	38	258	35:06.9	36:22.2	9:06/M
50	Alison Illig	Lititz	107	31	263	35:15.6	35:19.0	8:50/M
51	Keri Straub	Lancaster	429	30	264	35:15.8	35:18.9	8:50/M
52	Emily Siegrist	Columbia	1099	31	266	35:18.5	36:53.0	9:13/M
53	Becky Wile	Columbia	1207	37	275	35:29.1	35:57.9	8:59/M
54	Courtney Brenneman	York	22	37	277	35:33.4	35:38.5	8:55/M
55	Claudia Grim	Lancaster	1200	39	282	35:46.3	36:34.0	9:09/M
56	Leslie Golomb	Lancaster	1185	32	283	35:48.5	36:24.7	9:06/M
57	Karen Muckenthaler	Lancaster	180	39	285	35:50.2	36:03.4	9:01/M
58	Carrie Wilson	Lancaster	450	37	292	35:59.5	36:21.0	9:05/M
59	Melissa Miller	Lancaster	1349	35	293	36:01.4	36:01.4	9:00/M
60	Joy Meley	Lancaster	164	39	296	36:09.7	37:20.0	9:20/M
61	Gina Steigerwalt	Manchester	1258	35	297	36:12.5	37:17.3	9:19/M
62	Erin Battaglia		488	34	298	36:13.3	36:50.9	9:13/M
63	Tracy Krick	Lancaster	138	31	299	36:13.8	37:20.2	9:20/M
64	Lija Stoltzfus	Lancaster	252	34	300	36:14.2	37:20.6	9:20/M
65	Sandra Anson	East Earl	1179	37	303	36:18.0	37:18.1	9:20/M
66	Megan Jones	Lititz	120	32	307	36:28.6	36:56.3	9:14/M
67	Maureen O'Donnell	Philadelphia	393	38	317	36:42.3	37:04.2	9:16/M
68	Maria Clark	Lancaster	1193	34	324	36:49.2	37:21.9	9:20/M
69	Elizabeth Albright	Lancaster	1	35	326	36:52.6	37:01.3	9:15/M
70	Megan Colabrese	Washington	1018	36	327	36:54.7	37:44.3	9:26/M
71	Ashley Swartz	Lancaster	1086	31	329	36:56.3	38:07.4	9:32/M
72	Lisa Atkins	Lititz	1182	36	330	36:57.2	37:31.8	9:23/M
73	Kate Zimmerman	Lancaster	286	34	336	37:02.5	37:18.6	9:20/M
74	Angela Meyers	Mount Joy	1063	36	343	37:19.5	37:41.5	9:25/M
75	Katherine Mullen	East Petersburg	388	36	346	37:21.8	37:56.0	9:29/M
76	Michele Byers		515	37	348	37:23.9	37:32.6	9:23/M
77	Tara Trout	Denver	262	36	351	37:27.3	37:39.5	9:25/M
78	Carisa Martin	Womelsdorf	1043	33	352	37:31.3	37:51.5	9:28/M
79	Carolyn Hernandez	Lancaster	1202	37	355	37:32.8	38:08.7	9:32/M
80	Ashley Westphal	Lancaster	272	33	366	38:01.7	38:24.3	9:36/M
81	Kathlene Nicotra		498	36	372	38:17.1	39:37.7	9:54/M
82	Melissa Melton	Lancaster	165	38	373	38:20.0	38:37.0	9:39/M
83	Kristen Sweigart	Lancaster	258	30	377	38:27.3	39:10.5	9:48/M
84	Amanda Grosh		1318	32	378	38:28.7	39:45.3	9:56/M
85	Leslie Clancy	York	34	32	384	38:42.8	39:40.8	9:55/M
86	Alyssum Staner	Manchester	1038	31	386	39:03.9	40:23.5	10:06/M
87	Shannon Walker	Dover	1035	33	387	39:04.0	40:23.5	10:06/M
88	Sarah Gagae	Landisville	1184	38	388	39:07.0	39:37.7	9:54/M
89	Julia McCarthy	Lancaster	376	30	389	39:14.0	40:00.6	10:00/M
90	Amanda McCauley	Lancaster	161	34	390	39:14.3	40:19.9	10:05/M
91	Jennifer Krauser	Landisville	1187	38	392	39:16.4	39:43.2	9:56/M
92	Michele Achey	Mt. Joy	1071	30	394	39:18.3	39:48.6	9:57/M
93	Aftan Fisher	Lancaster	1016	30	404	39:31.4	40:18.6	10:05/M
94	Jamie Sonon	Denver	1173	34	408	39:33.1	39:56.2	9:59/M
95	Melissa Kelly	Willow Street	126	36	413	39:42.6	40:30.8	10:08/M
96	Aimee Pavlesich-Earley	Lancaster	457	38	416	39:50.3	40:30.8	10:08/M
97	Erin Zohn	Washington Boro	1208	35	417	39:50.5	40:16.8	10:04/M
98	Vanessa Garcia	Lancaster	79	31	419	39:58.0	41:09.1	10:17/M
99	Abby Spangler	Peach Bottom	242	35	420	40:07.1	40:56.3	10:14/M
100	Justine Colvin	Lancaster	1082	33	423	40:12.0	40:20.6	10:05/M
101	Melissa Murphy	Lancaster	183	36	424	40:13.5	41:05.8	10:16/M
102	Leslie Mann	Lancaster	461	39	426	40:15.0	40:15.0	10:04/M
103	Megan Shumaker		1350	33	429	40:21.2	41:07.1	10:17/M
104	Emily Reeher	Lancaster	1297	38	430	40:22.2	41:46.4	10:27/M
105	Jill Cochran	Lancaster	1194	38	441	40:41.6	41:07.7	10:17/M
106	Amber Thompson		1329	32	444	40:48.7	41:30.1	10:23/M
107	Addie Bird	Newmanstown	1176	35	458	41:12.9	41:44.1	10:26/M
108	Lin Scheurich	Willow Street	1103	37	459	41:13.2	42:14.4	10:34/M
109	Jessica Fikkert	Lancaster	319	31	460	41:13.3	42:14.7	10:34/M
110	Katie Keister	Lititz	125	31	461	41:14.0	41:55.8	10:29/M
111	Mary Papadimitriou	Lancaster	397	37	465	41:33.7	42:12.5	10:33/M
112	Jessica Blackburn	Manchester	295	35	467	41:39.0	41:46.3	10:27/M
113	Jamie Martin	Stevens	1040	32	472	41:49.0	42:07.7	10:32/M
114	Sara Keister	Etters	1037	34	477	41:55.6	43:15.6	10:49/M
115	Amie Shellenberger	Columbia	1042	32	478	41:56.2	42:14.2	10:34/M
116	Maura Hiatt	New Providence	350	32	484	42:10.1	42:43.1	10:41/M
117	Jean Velez	Columbia	439	35	486	42:13.2	43:53.7	10:58/M
118	Kimya Miles	Mt. Wolf	1188	34	487	42:13.9	43:54.0	10:59/M
119	Samantha O'Hara	Lancaster	1205	31	490	42:16.6	43:56.4	10:59/M

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
120	Nicole Reinking	Lancaster	407	34	493	42:20.0	42:33.3	10:38/M
121	Andrea Fox	Lancaster	326	37	494	42:20.1	42:33.5	10:38/M
122	Avital Spiegel	Brookhaven	1292	34	500	42:27.0	43:42.1	10:56/M
123	Dawn Baldwin	Lancaster	6	31	502	42:35.6	43:09.1	10:47/M
124	Sarah Zimmerman	Ephrata	285	32	503	42:40.5	43:30.8	10:53/M
125	Tiffany Rahman	Lancaster	207	31	505	42:50.0	43:32.5	10:53/M
126	Jamie Lovern	Willow Street	373	36	509	43:00.6	43:15.6	10:49/M
127	Alisa Hershey	Lancaster	96	32	511	43:06.6	43:21.7	10:50/M
128	Jennifer Emert	Washington	316	30	515	43:23.1	44:30.5	11:08/M
129	Annie Hennen		1022	36	518	43:27.9	44:11.9	11:03/M
130	Elizabeth Crespo	Wrightsville	308	36	520	43:43.0	44:51.9	11:13/M
131	Lisa Rhinehart	Etters	1032	32	522	43:45.5	45:03.2	11:16/M
132	Maura Trainor		1287	31	528	44:00.5	45:13.8	11:18/M
133	Heather Neary	Lititz	187	38	537	44:26.1	45:42.0	11:26/M
134	Brooke Gerlach	Ephrata	1072	37	542	44:31.4	45:01.3	11:15/M
135	Rebecca Walck	Mountville	268	31	543	44:38.4	45:32.5	11:23/M
136	Carrie Quinn		1336	37	544	44:43.9	45:16.1	11:19/M
137	Brandi Spoon	Dover	1033	32	545	44:44.9	46:05.2	11:31/M
138	Holy Wolfe	Wellsville	1034	31	546	44:47.3	46:05.2	11:31/M
139	Pam Egan	Millersville	58	38	551	45:11.1	46:28.4	11:37/M
140	Sondra Thomas	Strasburg	259	31	552	45:21.5	45:42.1	11:26/M
141	Pam Koulavong	Lancaster	134	31	557	45:47.0	46:12.7	11:33/M
142	Amy Woodward	Lancaster	282	30	560	45:59.8	46:28.2	11:37/M
143	Tammi Nolt	Millersville	392	33	561	46:09.6	46:23.5	11:36/M
144	Jamie McFarland	Red Lion	162	32	567	46:21.4	46:44.7	11:41/M
145	Heather Richards		1351	33	569	46:22.2	47:08.3	11:47/M
146	Kimberly Patten	Lititz	200	33	572	46:37.7	47:19.7	11:50/M
147	Heather Biddle	Salem	294	30	574	46:47.4	47:31.3	11:53/M
148	Shannon Denhof	Newark	312	34	575	46:47.5	47:31.0	11:53/M
149	Kerri Kirchner	Lancaster	363	30	583	47:32.1	48:15.0	12:04/M
150	Megan Sillers	Lancaster	236	30	589	47:58.8	49:02.5	12:16/M
151	Jennifer Kenny	Elizabethtown	361	35	591	47:59.7	49:26.0	12:22/M
152	Melissa Fern-Stauffer	Lancaster	1245	34	600	48:35.5	49:30.3	12:23/M
153	Renee Bowman	Red Lion	1031	33	604	49:13.2	50:31.8	12:38/M
154	Trina Rehnberg	Lancaster	1093	32	607	49:41.2	49:41.2	12:25/M
155	Jessica Donns		1326	31	609	49:56.6	50:29.8	12:37/M
156	Michelle George	Lancaster	336	39	618	51:24.7	52:22.3	13:06/M
157	Cara Eisemann	Lancaster	1269	36	621	51:43.6	51:57.1	12:59/M
158	Lindsey Paparo	East Earl	199	31	623	51:49.9	52:38.2	13:10/M
159	Chrissy Buchmoyer	Marietta	1080	39	632	52:36.8	52:54.2	13:14/M
160	Shannon Young	Lancaster	283	32	633	53:17.8	54:33.2	13:38/M
161	Melissa Lynan		510	36	639	54:22.7	56:02.5	14:01/M
162	Natalie Blazer		475	30	644	55:20.0	55:45.7	13:56/M
163	Jennifer Jacobs	Lancaster	110	35	656	58:22.2	59:55.4	14:59/M
164	Ashley Mansfield	Lancaster	153	31	659	58:43.3	59:35.0	14:54/M
165	Meredith Baxter	Lancaster	1147	31	666	1:01:17.1	1:02:18.0	15:35/M
166	Jennifer Murr	Colora	184	39	670	1:01:46.6	1:01:46.6	15:27/M
167	Jessica Herr	Lancaster	1084	30	673	1:02:23.2	1:03:30.9	15:53/M
168	Martha Reisinger	Lancaster	1005	39	675	1:02:37.6	1:03:53.7	15:58/M
169	Patricia Sullivan	Philadelphia	1300	37	677	1:04:37.3	1:06:02.2	16:31/M
170	Jaime Weaver	Quarryville	1087	35	682	1:06:56.8	1:08:04.7	17:01/M
171	Melanie Richards	Lititz	1275	34	691	1:09:41.9	1:11:11.7	17:48/M

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Dan Nephin	Lancaster	390	46	15	24:25.1	24:27.2	6:07/M
2	* Marc Spencer	Palmyra	1061	45	25	25:42.2	26:03.4	6:31/M
3	* Tim Woolford		1317	45	39	26:56.5	26:58.2	6:45/M
4	Keith Kempinski		473	47	42	27:09.3	27:12.1	6:48/M
5	Eric Gates		1330	43	43	27:10.4	27:12.6	6:48/M
6	Marc Buckwalter	Lititz	298	43	50	27:35.2	27:48.0	6:57/M
7	Jim Davis	Lititz	41	43	52	27:41.4	27:52.3	6:58/M
8	Lawrence Gray		1307	43	53	27:41.9	27:51.4	6:58/M
9	Steve Skrocki	Reading	237	48	70	28:39.5	28:50.4	7:13/M
10	Brian Hartz	Lititz	1114	41	72	28:45.5	28:51.9	7:13/M
11	Brian Beears		514	41	74	28:48.6	29:03.4	7:16/M
12	Rene Munoz	Lancaster	181	45	81	28:59.5	29:02.4	7:16/M
13	Eric Koehler	Lancaster	1291	47	87	29:16.6	30:39.8	7:40/M
14	Marcus Grimm	Lancaster	1233	43	92	29:32.6	29:54.2	7:29/M
15	Lon Flaud Jr	Lancaster	1247	41	93	29:37.1	29:52.3	7:28/M
16	Jack Bretz	Lebanon	1049	48	111	30:22.8	31:00.0	7:45/M

Run 4 Luck

Age Group Results

4 Mile

Race Date
March 15, 2014

Male 40 to 49

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
17	Steven Bowman	Lancaster	20	41	114	30:28.5	31:54.5	7:59/M		
18	Jeremy Trout	Denver	1109	43	124	30:43.8	30:55.6	7:44/M		
19	Kevin Weber	Millersville	447	46	125	30:46.1	31:59.0	8:00/M		
20	David French	Lancaster	1209	40	136	31:09.4	31:29.3	7:52/M		
21	David Corey	Lititz	36	44	139	31:11.0	31:26.4	7:52/M		
22	Matt Daly	Lancaster	1064	40	143	31:21.2	31:34.2	7:54/M		
23	Travis Eberly	Lititz	52	47	145	31:28.1	31:54.5	7:59/M		
24	Rob Jones		1012	45	158	31:47.8	32:08.9	8:02/M		
25	David Devitry	Marietta	47	42	166	32:11.7	32:17.8	8:04/M		
26	Dustin Strickler		499	43	180	32:34.9	32:46.8	8:12/M		
27	Travis Hess	Lititz	97	40	186	32:39.4	33:21.5	8:20/M		
28	Todd Werner	Cranford	271	42	197	32:58.6	34:18.3	8:35/M		
29	Todd Reinhart	Lancaster	1234	41	212	33:26.2	35:22.6	8:51/M		
30	Paul Russinko	Lancaster	222	43	224	34:05.7	34:16.9	8:34/M		
31	Brian Markley	Lancaster	155	42	237	34:25.8	34:54.4	8:44/M		
32	Troy Mitchell	Lancaster	1091	41	242	34:32.7	34:50.3	8:43/M		
33	James Book	New Providence	18	47	245	34:51.8	35:44.7	8:56/M		
34	Gene Redfield	Lititz	1053	45	259	35:08.0	35:24.2	8:51/M		
35	Jeff Gleason	Lancaster	83	48	271	35:27.9	36:35.9	9:09/M		
36	David Mowrer	Columbia	386	49	289	35:52.4	36:11.9	9:03/M		
37	Daryl Gerlach	Ephrata	1073	42	291	35:56.0	36:03.8	9:01/M		
38	Kevin Flatley	Lancaster	323	43	316	36:40.8	37:05.2	9:16/M		
39	Michael Sullivan		1346	42	345	37:21.3	38:44.0	9:41/M		
40	Alberto Flores	Millersville	325	44	347	37:23.9	38:36.5	9:39/M		
41	Keith Graves	Lancaster	86	45	356	37:37.9	37:46.5	9:27/M		
42	Andrew Olenik	Lancaster	195	42	360	37:48.1	37:57.9	9:29/M		
43	Steve Urry	Downingtown	1052	42	364	37:55.5	38:32.7	9:38/M		
44	Tony Eisenberger	Lancaster	1065	46	383	38:41.1	39:29.1	9:52/M		
45	Kyle McCarty	Ephrata	159	42	399	39:23.3	40:43.6	10:11/M		
46	John Wimer	York	279	48	407	39:32.5	40:53.8	10:13/M		
47	Scott Maietta	Lititz	1263	43	410	39:34.3	39:40.2	9:55/M		
48	Mark Raub	Strasburg	1108	44	421	40:10.4	41:00.6	10:15/M		
49	Greg Uptegraph	Lititz	438	46	448	40:51.8	41:07.5	10:17/M		
50	Mike Pyle	Lititz	1116	42	479	41:59.4	42:39.7	10:40/M		
51	Jeffery White	Lancaster	1301	43	499	42:26.3	43:42.1	10:56/M		
52	Brian Guistwhite	Etters	343	44	507	42:56.9	43:30.3	10:53/M		
53	Mike Swayne	Quarryville	256	41	526	43:54.3	44:56.7	11:14/M		
54	Scott Stephan	Lancaster	427	48	530	44:04.7	44:25.6	11:06/M		
55	Michael Groff	Lancaster	1290	41	555	45:39.0	45:44.0	11:26/M		
56	Brett Sheaffer Sheaffer	Lancaster	232	46	559	45:54.1	47:00.5	11:45/M		
57	Jack Braas	Lancaster	1130	42	566	46:18.0	47:27.4	11:52/M		
58	Bryan Pontz	Lititz	1051	41	573	46:47.1	47:33.3	11:53/M		
59	J C Remsberg		1320	47	598	48:14.8	49:33.6	12:23/M		
60	Shad Sahm	Denver	1077	41	601	48:43.3	50:02.7	12:31/M		
61	Vicki Sauders	Lancaster	227	49	664	59:42.1	1:00:12.8	15:03/M		

Female 40 to 49

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Laura Heilman	Bethesda	1295	43	54	27:43.1	27:48.4	6:57/M		
2	* Sabina Minney	Lancaster	383	44	69	28:38.5	28:41.1	7:10/M		
3	* Barbara Boben	Lancaster	15	49	75	28:49.6	28:53.8	7:13/M		
4	Elaine Jones	Lancaster	121	44	85	29:03.8	29:14.1	7:19/M		
5	Karalyn Kempinski	Lititz	1054	41	129	30:54.1	31:07.4	7:47/M		
6	Michelle Spitko	Conestoga	1111	44	135	31:08.8	31:20.4	7:50/M		
7	Joy Phelan	Conestoga	404	44	140	31:11.5	31:44.0	7:56/M		
8	Michele Emenheiser	Mount Joy	1183	44	142	31:17.7	31:29.2	7:52/M		
9	Tawni Martin	Lititz	374	42	152	31:39.0	31:53.1	7:58/M		
10	Christine Mathers	Lititz	1265	40	160	31:49.0	31:54.1	7:59/M		
11	Cynthia Moyer	Annville	387	49	164	32:06.6	32:40.3	8:10/M		
12	Amy Houck	Columbia	103	40	178	32:33.7	32:44.1	8:11/M		
13	Andrea Morgan	Lancaster	177	46	194	32:57.5	33:19.7	8:20/M		
14	Debbie Soper	Leola	241	43	199	33:03.7	33:19.2	8:20/M		
15	Gretchen Newcomer	York	192	44	206	33:10.6	33:36.6	8:24/M		
16	Christina Dissinger	Lititz	50	49	214	33:35.5	34:37.1	8:39/M		
17	Erika Robinson		1332	45	215	33:35.7	33:54.4	8:29/M		
18	Kristin Troop		1333	43	216	33:36.1	33:54.3	8:29/M		
19	Connie Buckwalter	Lititz	1112	43	219	33:49.4	34:04.7	8:31/M		
20	Heather Boyle	Hummelstown	21	43	233	34:19.7	34:39.1	8:40/M		
21	Arlissa Hoover	Hummelstown	102	41	234	34:20.2	34:39.2	8:40/M		
22	Amy Fasano	Lancaster	66	43	239	34:30.7	35:39.5	8:55/M		
23	Monica Eberly	Lititz	54	43	248	34:57.7	35:24.9	8:51/M		

Run 4 Luck

Age Group Results

4 Mile

Race Date
March 15, 2014

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
24	Anne Dellosso	Lancaster	44	41	249	34:58.0	35:30.3	8:53/M
25	Clara Moore	Lancaster	172	47	254	35:05.3	35:12.1	8:48/M
26	Kathleen Riordan	Lancaster	412	45	262	35:14.7	35:54.7	8:59/M
27	Valerie Ellsworth	Manheim	60	43	267	35:19.1	35:53.4	8:58/M
28	Jan Havemann	Lititz	348	48	287	35:51.7	36:01.4	9:00/M
29	Bronwyn Lingenfelter	Lititz	1262	40	290	35:54.4	36:00.7	9:00/M
30	Kathleen McGraw	Hummelstown	1060	41	302	36:15.3	36:38.5	9:10/M
31	Laura Stephan	Lancaster	249	44	313	36:39.3	37:02.2	9:16/M
32	Michele Flatley	Lancaster	70	42	318	36:42.6	37:05.1	9:16/M
33	Alissa Hockley	East Petersburg	99	48	320	36:44.8	37:07.7	9:17/M
34	Janet Christoffel	Lancaster	1177	43	325	36:49.3	37:22.1	9:21/M
35	Bethany Eaton	York	51	42	335	37:00.7	37:25.4	9:21/M
36	Angela Depew	Lititz	45	40	337	37:04.5	37:38.4	9:25/M
37	Patty Hartzell	Lancaster	93	49	350	37:27.2	38:01.3	9:30/M
38	Alicia Logan	Lititz	524	41	361	37:50.8	38:26.2	9:37/M
39	Kelly Engle	Manheim	1075	49	365	37:57.6	38:28.5	9:37/M
40	Cindy Book	New Providence	19	46	367	38:06.1	38:58.4	9:45/M
41	Cassandra Smithson	Lancaster	1070	46	381	38:37.2	39:22.4	9:51/M
42	Christie Peiffer	Marietta	202	41	400	39:28.6	40:20.1	10:05/M
43	Kristen Curtis	Lancaster	456	44	403	39:31.4	40:42.9	10:11/M
44	Deanna French	Lancaster	1181	41	405	39:31.5	39:58.4	10:00/M
45	Kelly Grube	Wrightsville	342	47	406	39:31.6	40:53.2	10:13/M
46	Elisabeth Yaelingh-Scoffins	Lancaster	455	46	427	40:17.7	41:31.1	10:23/M
47	Suzanne Lefever	Lititz	371	42	433	40:24.6	41:02.5	10:16/M
48	Beth Elbon	Lititz	489	44	435	40:29.3	41:06.5	10:17/M
49	Donna Patterson	Lititz	1312	45	436	40:29.5	40:54.8	10:14/M
50	Mary Matalon	Lancaster	157	48	438	40:38.2	40:58.8	10:15/M
51	Lori Uptegraph	Lititz	437	45	449	40:52.4	41:07.1	10:17/M
52	Michele Hatt-Ciemiewicz	Sinking Spring	1083	47	463	41:26.6	42:01.1	10:30/M
53	Elaine Brenner	Lancaster	24	49	469	41:45.2	43:12.9	10:48/M
54	Deb Frailey	Lancaster	1213	48	471	41:46.3	43:17.3	10:49/M
55	Becky Nguyen	Lancaster	1159	44	473	41:52.5	43:08.7	10:47/M
56	Kathleen Benefiel	York Haven	1036	43	476	41:55.1	43:15.4	10:49/M
57	Kelly Pyle	Lititz	1128	42	480	41:59.8	42:39.5	10:40/M
58	Maria Hadley	Lancaster	1001	40	489	42:16.0	43:00.4	10:45/M
59	Mary Beth Oles	Lancaster	394	42	495	42:20.2	42:33.6	10:38/M
60	Patricia Motter	Lititz	1137	47	508	42:58.6	43:51.4	10:58/M
61	Lety Monroy	Conestoga	384	44	512	43:06.7	43:21.9	10:50/M
62	Natalie McGuire	Willow Street	378	41	514	43:21.8	44:49.9	11:12/M
63	Pam Light	Denver	145	41	516	43:24.6	44:17.2	11:04/M
64	Kristie Maietta	Lititz	1264	41	524	43:48.1	43:54.1	10:59/M
65	Becky Horn	Lititz	1028	40	532	44:10.9	44:55.2	11:14/M
66	Lorraine Mellinger	Willow Street	459	49	533	44:21.0	44:37.9	11:09/M
67	Rachel Proulx	Lititz	406	43	535	44:25.3	45:41.9	11:25/M
68	Mikki Paul	Lititz	201	42	536	44:26.0	45:42.2	11:26/M
69	Amy Flores	Millersville	324	43	553	45:24.9	46:42.9	11:41/M
70	Danielle Magee	East Earl	150	42	564	46:16.0	47:16.0	11:49/M
71	Deborah Purcell	Mount Wolf	206	41	585	47:45.9	48:51.1	12:13/M
72	Dina Hess	Mount Joy	98	42	586	47:53.3	49:03.5	12:16/M
73	Stephanie Weaver	New Holland	445	41	596	48:10.7	49:31.5	12:23/M
74	Michelle Luther	Lititz	1203	44	597	48:13.2	49:55.6	12:29/M
75	Kelly Sullivan	Lititz	480	42	603	48:44.9	50:05.0	12:31/M
76	Joyce Graham	Lebanon	85	46	605	49:17.1	49:58.4	12:30/M
77	Tammy Arnst	Strasburg	3	44	610	50:30.6	50:55.7	12:44/M
78	Lorinda Willner	Lancaster	277	40	629	52:00.2	52:49.3	13:12/M
79	Courtney Barry	Lancaster	8	42	635	53:44.5	55:10.3	13:48/M
80	Jennifer Diaz	Lancaster	1242	40	636	53:44.6	55:10.7	13:48/M
81	Tiffany Leherr	Lancaster	501	47	637	53:45.2	53:54.3	13:29/M
82	Christine Kmiecjak	Lancaster	365	44	638	54:07.2	54:53.6	13:43/M
83	Lisa Kauffman	Lancaster	1212	45	641	54:34.2	56:11.2	14:03/M
84	Laura Ranieri	Lancaster	477	46	651	57:09.8	57:38.4	14:25/M
85	Lizette Anders	Lancaster	1223	43	662	59:19.1	1:00:53.5	15:13/M
86	Janet Evans	Lancaster	64	49	663	59:36.5	1:01:06.6	15:17/M
87	Keeli Looper	Denver	372	44	667	1:01:39.4	1:03:00.3	15:45/M
88	Kathie Berkheimer	New Cumberland	292	44	674	1:02:34.7	1:02:34.7	15:39/M
89	Jennifer Yurchak	Lancaster	1299	42	676	1:04:36.8	1:06:01.6	16:30/M
90	Lorraine Kreider	Willow Street	368	42	683	1:08:00.0	1:09:28.6	17:22/M
91	Tami Anderson	Middletown	1106	43	684	1:08:00.7	1:09:29.0	17:22/M
92	Rebecca Scalse	Newmanstown	228	46	686	1:08:49.1	1:10:20.4	17:35/M
93	Sapinna Verden	Lititz	483	41	689	1:09:21.4	1:09:59.3	17:30/M

Run 4 Luck

Age Group Results

4 Mile

Race Date
March 15, 2014

Male 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Bill Boben	Lancaster	14	50	11	23:36.5	23:37.1	5:54/M
2	* Doug Arndt	Strasburg	2	56	26	25:52.8	25:55.2	6:29/M
3	* Patrick Lafferty	Lancaster	369	58	32	26:17.5	26:18.8	6:35/M
4	Brian Mitchell		485	53	37	26:41.9	26:44.6	6:41/M
5	Gerald Fox	Denver	327	51	55	27:51.0	28:07.5	7:02/M
6	Tom Smith		1315	51	57	27:56.1	28:47.4	7:12/M
7	Andrew Charles	Lancaster	30	52	58	27:57.3	28:30.9	7:08/M
8	Paul Howes	Lancaster	104	51	71	28:43.8	28:56.2	7:14/M
9	Tom A Leddy		494	57	73	28:48.2	28:49.9	7:12/M
10	Rich Edwards		1311	52	98	30:03.5	30:11.3	7:33/M
11	Bob Herman		486	59	115	30:36.0	30:38.2	7:40/M
12	Roger Gordon	Mount Joy	1067	51	134	31:08.3	31:24.7	7:51/M
13	Ronald Suski	Middletown	431	55	205	33:09.7	33:33.3	8:23/M
14	Dave Hummel		481	58	209	33:23.5	34:03.1	8:31/M
15	Paul Jacobs	Mount Joy	111	51	268	35:23.2	35:51.4	8:58/M
16	Alan Jacobs	Mount Joy	109	54	274	35:28.6	36:38.7	9:10/M
17	Dave Hughes	Lititz	1296	54	286	35:51.2	36:01.0	9:00/M
18	Leo Newcomer	Lititz	191	59	301	36:14.4	36:57.8	9:14/M
19	Keith Templin	Lebanon	1050	58	309	36:33.5	37:09.2	9:17/M
20	Ralph Simpson	Millersville	423	56	362	37:52.2	38:24.7	9:36/M
21	Louis Matalon	Lancaster	158	52	437	40:37.9	40:58.8	10:15/M
22	Tim Sauders	Lancaster	226	52	451	40:59.0	41:29.1	10:22/M
23	Terry Lukehart	Lancaster	1068	56	464	41:32.6	42:20.3	10:35/M
24	Mark Bellavia	Lancaster	10	54	540	44:29.6	45:04.8	11:16/M
25	Jim Bernieri	Lancaster	11	52	547	44:47.3	45:53.3	11:28/M
26	James Fulkerson	Lancaster	76	56	590	47:59.5	49:26.1	12:22/M
27	David Husser	Manheim	355	51	613	50:32.1	51:55.8	12:59/M
28	Douglas Thomas	Lancaster	433	50	617	51:24.5	52:22.3	13:06/M
29	Larry Weit	Lancaster	1216	50	685	1:08:27.8	1:10:06.2	17:32/M

Female 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Deb Loser	Mannheim	147	50	173	32:25.0	33:26.9	8:22/M
2	* Georgine Spengler	Lititz	243	52	185	32:39.0	32:48.7	8:12/M
3	* Kaye Mede	Lancaster	163	57	204	33:09.2	33:16.4	8:19/M
4	Anette Panas		1288	55	322	36:47.0	37:18.9	9:20/M
5	Linda Till	Mt Joy	260	56	328	36:54.7	38:09.3	9:32/M
6	Ann Ash	East Earl	1240	53	331	36:58.0	37:58.5	9:30/M
7	Joann Rowe	Millersville	219	50	341	37:15.4	37:50.2	9:28/M
8	Barbara Sierocinski	Lancaster	420	54	368	38:07.4	38:17.6	9:34/M
9	Cindy Bomberger	Lancaster	1066	52	374	38:20.7	39:06.1	9:47/M
10	Linda Peifer		522	53	379	38:33.7	39:10.2	9:48/M
11	Linda Lines		490	51	382	38:39.0	39:11.2	9:48/M
12	Linda Simpson	Millersville	422	56	402	39:31.0	40:04.2	10:01/M
13	Lori Frey	Myerstown	1227	50	411	39:34.8	39:53.7	9:58/M
14	Florence Terdeman	Glendale	432	56	432	40:24.6	40:53.4	10:13/M
15	Diane Summers	Lancaster	254	52	440	40:41.6	42:14.0	10:34/M
16	Marilyn Kreider	Lititz	137	55	442	40:42.0	42:14.0	10:34/M
17	Maureen Leader	Lancaster	143	51	443	40:45.0	41:31.9	10:23/M
18	Lori Gray	Lancaster	88	55	455	41:09.5	41:33.8	10:23/M
19	Daral Boles	Lancaster	17	55	492	42:19.1	43:03.9	10:46/M
20	Jill Repoley	Stevens	408	51	529	44:03.4	44:43.4	11:11/M
21	Lori Rineer	Pequea	410	51	531	44:08.7	44:53.7	11:13/M
22	Karen Baughman	Quarryville	9	58	538	44:27.0	44:52.1	11:13/M
23	Julianne Cusick	Lititz	1286	55	549	45:06.4	46:55.8	11:44/M
24	Judy Phipps	Ephrata	405	50	562	46:11.3	46:58.7	11:45/M
25	Christine Fake	Lititz	65	50	565	46:18.0	47:05.0	11:46/M
26	Kelly Fedi		487	52	570	46:27.1	47:05.6	11:46/M
27	Nancy Vardjan	Oley	265	55	576	46:52.8	48:23.5	12:06/M
28	Jackie Winter	Lititz	280	56	580	47:16.3	48:11.9	12:03/M
29	Theresa Taylor	Strasburg	1104	59	584	47:41.4	47:41.4	11:55/M
30	Jodi Shenberger	Strasburg	233	51	587	47:54.0	48:44.6	12:11/M
31	Shannon Knorr	Windsor	132	51	595	48:07.9	49:00.7	12:15/M
32	Merry Jo Edwards		1310	53	608	49:41.4	50:29.8	12:37/M
33	Nancy Husser	Manheim	357	53	612	50:31.8	51:56.5	12:59/M
34	Marilyn Stein	Lancaster	248	55	620	51:40.5	52:19.4	13:05/M
35	Christine Burke	Columbia	301	55	655	58:11.0	59:19.8	14:50/M
36	Donna Sahrhage	Lancaster	225	55	660	58:45.3	59:38.9	14:55/M
37	Tracy Rennecker	Millersville	1015	54	669	1:01:43.2	1:01:43.2	15:26/M
38	Sharon Roche		1342	53	687	1:09:07.6	1:10:34.5	17:39/M
39	Sharon Lopez		1345	53	692	1:09:59.1	1:11:20.9	17:50/M

Male 60 and over

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Roger Mooris	Lancaster	176	67	501	42:28.4	43:27.6	10:52/M	
2	* Frederick Vos	Lancaster	266	60	579	47:10.8	48:00.6	12:00/M	
3	* Mark James	Lancaster	114	61	588	47:58.7	49:03.4	12:16/M	
4	Phil Golden	Lancaster	1162	62	647	56:02.1	57:02.1	14:16/M	
5	Larry Gray		87	74	648	56:09.8	57:00.3	14:15/M	
6	Bill Rennecker		491	68	668	1:01:42.3	1:01:42.3	15:26/M	
7	William Spitzer	Lancaster	1021	66	672	1:02:04.6	1:03:11.7	15:48/M	
8	William Richards	Stevens	1278	66	688	1:09:14.1	1:10:43.5	17:41/M	

Female 60 and over

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Nancy Bradley	Lancaster	1148	60	284	35:49.6	35:59.9	9:00/M	
2	* Ann Moore	Lancaster	385	67	306	36:25.4	36:42.0	9:11/M	
3	* Georgia Dishongh	Columbia	464	61	412	39:41.1	40:50.0	10:13/M	
4	Linda Krick	Ephrata	139	61	482	42:01.2	43:07.7	10:47/M	
5	Bessie McCauley	Lancaster	160	60	504	42:49.3	43:55.0	10:59/M	
6	Nancy Myers	Columbia	186	60	571	46:34.8	47:27.9	11:52/M	
7	Elsie Gilliland	Lititz	82	71	649	56:11.4	56:40.9	14:10/M	
8	Kathleen Oles	Lancaster	197	70	658	58:28.7	59:03.0	14:46/M	
9	Mary Spitzer	Lancaster	1020	63	671	1:02:04.5	1:03:10.8	15:48/M	