

February 16, 2014

Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	Daryl Weaver	Lititz PA	540	40	M	1 Top Fin	16:47.7	16:50.6	5:25/M
2	Drew Nesbitt	Lancaster PA	541	28	M	1 25-29	17:04.5	17:07.3	5:30/M
3	Tim Getz	Lancaster PA	165	25	M	2 25-29	17:18.8	17:21.8	5:35/M
4	Brady Wilt	York Springs PA	539	17	M	1 15-19	17:52.7	17:55.5	5:46/M
5	Evan Sandt	Conestoga PA	400	44	M	1 Top Fin	17:58.6	18:01.5	5:48/M
6	Emily Shertz	Jonestown PA	537	34	F	1 Top Fin	18:21.0	18:24.4	5:55/M
7	Kurt DeGoede		88	44	M	1 40-44	18:31.9	18:35.2	5:58/M
8	David Bibiloni	Lancaster PA	27	36	M	1 35-39	18:51.8	18:54.9	6:05/M
9	Timothy Ebersole	Middletown PA	108	33	M	1 30-34	19:20.6	19:25.7	6:14/M
10	Christopher Scharf		409	13	M	1 1-14	19:34.6	19:38.0	6:19/M
11	Charles Scharf	Elizabethtown PA	408	13	M	2 1-14	19:50.6	19:54.4	6:24/M
12	Don Wagner	Lititz PA	503	46	M	1 45-49	19:53.8	19:57.2	6:25/M
13	Bob Porambo	Elizabethtown PA	360	33	M	2 30-34	19:54.1	19:58.1	6:25/M
14	Josiah Kratz	Mt. Joy PA	244	15	M	2 15-19	19:56.5	20:10.8	6:26/M
15	Shawn Beeler	Elizabethtown PA	22	43	M	2 40-44	20:15.9	20:21.3	6:32/M
16	James Dibble	Middletown PA	98	29	M	3 25-29	20:18.6	20:29.6	6:33/M
17	Corey Thudium	Lancaster PA	489	23	M	1 20-24	20:32.8	20:42.7	6:37/M
18	Kyle Daily	Elizabethtown PA	82	33	M	3 30-34	20:42.4	20:46.8	6:41/M
19	Jason Weimer	East Petersburg PA	545	43	M	3 40-44	20:43.3	20:47.8	6:41/M
20	Devin Moyer	Dover PA	319	36	M	2 35-39	20:53.5	20:58.3	6:44/M
21	Jeff Becker	Lititz PA	20	28	M	4 25-29	20:57.8	21:07.1	6:45/M
22	Jeff Stouch	Mount Joy PA	474	54	M	1 50-54	21:06.0	21:09.1	6:48/M
23	Aidan Toomey	Millersville PA	491	14	M	3 1-14	21:06.4	21:14.1	6:48/M
24	Jeffrey Slade	Lebanon PA	442	28	M	5 25-29	21:16.7	21:24.6	6:52/M
25	Michael Clapper	Lancaster PA	68	48	M	2 45-49	21:21.0	21:32.2	6:53/M
26	Tony Rose	Palmyra	386	43	M	4 40-44	21:21.6	21:27.5	6:53/M
27	Greg Lavelle	Lancaster PA	264	42	M	5 40-44	21:23.4	21:29.9	6:54/M
28	Rick Sauder	Bainbridge PA	404	45	M	3 45-49	21:27.8	21:42.3	6:55/M
29	Bob McEvoy	Etown PA	297	44	M	6 40-44	21:28.6	21:38.4	6:55/M
30	Ed Flick	Mount Joy PA	125	51	M	2 50-54	21:30.3	21:34.0	6:56/M
31	Austin Shirk	Elizabethtown PA	536	16	M	3 15-19	21:37.8	21:46.7	6:58/M
32	Nick Frantz		139	28	M	6 25-29	21:38.0	21:40.9	6:59/M
33	Derek Geib	Manheim PA	160	24	M	2 20-24	21:39.5	21:43.4	6:59/M
34	Justin Hirst	Elizabethtown AL	202	33	M	4 30-34	21:39.8	21:50.1	6:59/M
35	Jim Armbrust	Camp Hill PA	10	37	M	3 35-39	21:40.8	21:45.3	6:59/M
36	David Mann	Lebanon PA	283	49	M	4 45-49	21:41.1	21:53.2	7:00/M
37	Jereme Wells	Elizabethtown PA	553	17	M	4 15-19	21:44.4	21:55.9	7:01/M
38	Wyatt Eaton	York PA	106	26	M	7 25-29	21:47.7	21:52.3	7:02/M
39	Dwight Eichelberger	Rd PA	109	52	M	3 50-54	21:51.4	22:15.4	7:03/M
40	Richard Sievers	Elizabethtown PA	437	55	M	1 55-59	21:54.9	22:05.5	7:04/M
41	Luke Strayer	Elizabethtown PA	476	18	M	5 15-19	21:58.7	22:07.2	7:05/M
42	Peter Gasper	Marietta PA	156	50	M	4 50-54	22:05.9	22:09.6	7:07/M
43	Joe Miller	Hummelstown PA	308	48	M	5 45-49	22:07.7	22:14.4	7:08/M
44	Kevin Karmosky		219	48	M	6 45-49	22:11.4	22:16.5	7:09/M
45	Michael Frantz	Bainbridge PA	138	14	M	4 1-14	22:16.9	22:20.3	7:11/M
46	David Buckwalter		54	14	M	5 1-14	22:19.5	22:23.3	7:12/M
47	Jarrod Kulp		253	46	M	7 45-49	22:22.1	22:27.5	7:13/M
48	Joel Valvo	Palmyra PA	498	36	M	4 35-39	22:26.2	22:31.7	7:14/M
49	Richard Beasley	Harrisburg PA	19	29	M	8 25-29	22:31.1	22:35.4	7:16/M
50	Don Helms	Hummelstown PA	193	48	M	8 45-49	22:31.1	22:43.4	7:16/M
51	Chad Enck	Carlisle PA	113	38	M	5 35-39	22:31.3	22:36.5	7:16/M
52	Ally Billmyer	Hershey PA	31	25	F	1 25-29	22:37.8	22:43.3	7:18/M
53	Tom Himmelsbach		200	50	M	5 50-54	22:37.9	22:42.3	7:18/M
54	Andrew Hivner	Mount Laurel NJ	203	30	M	5 30-34	22:40.8	22:50.8	7:19/M
55	Katelyn Deibler	Mount Joy PA	90	16	F	1 15-19	22:43.0	22:49.9	7:20/M
56	David Toomey	Millersville PA	492	49	M	9 45-49	22:44.1	22:51.9	7:20/M
57	Greg Yohn	Elizabethtown PA	529	36	M	6 35-39	22:45.6	22:53.9	7:20/M
58	Jeff McCloud	Elizabethtown PA	294	43	M	7 40-44	22:45.8	22:57.7	7:20/M
59	Michael Landis	Lebanon PA	258	43	M	8 40-44	22:50.7	23:02.9	7:22/M
60	Ryan Sheidy		420	38	M	7 35-39	22:52.3	23:04.3	7:23/M
61	Derrick Snyder	PA	452	30	M	6 30-34	22:52.7	23:00.6	7:23/M
62	Rick Dickerson		99	51	M	6 50-54	22:53.7	23:07.7	7:23/M
63	Matthew Sauder		403	16	M	6 15-19	22:55.6	23:10.0	7:24/M
64	Michele Lachance		257	41	F	1 Top Fin	22:55.7	23:01.0	7:24/M
65	Andrew Carroll	PA	62	41	M	9 40-44	22:58.6	23:19.0	7:25/M
66	Bill Stahr	The Plains VA	548	53	M	7 50-54	22:59.5	23:04.7	7:25/M
67	Bob Kennedy	Elizabethtown PA	225	46	M	10 45-49	23:00.7	23:14.5	7:25/M

## Frozen Foot 5K 2014 RC 2

Race Date

February 16, 2014

Overall Finish List

5K

Place			-----Total-----						
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
68	David Kruff		251	46	M	11 45-49	23:12.5	23:31.9	7:29/M
69	Andrew Sholly	Palmyra PA	431	36	M	8 35-39	23:14.0	23:29.3	7:30/M
70	Nikolas Roesner	Mechanicsburg PA	381	12	M	6 1-14	23:17.6	23:24.1	7:31/M
71	Patrick Ward	Conestoga PA	505	35	M	9 35-39	23:18.4	23:27.3	7:31/M
72	Don Acker	Lancaster PA	1	56	M	2 55-59	23:19.2	23:23.4	7:31/M
73	Scott Shertzer	Lancaster PA	427	42	M	10 40-44	23:24.9	23:34.0	7:33/M
74	Steven Rutter	Elizabethtown PA	397	51	M	8 50-54	23:25.7	23:37.1	7:33/M
75	Derek Flick	Mount Joy PA	124	17	M	7 15-19	23:26.9	23:35.1	7:34/M
76	Jodi Olympia	Hummelstown PA	343	42	F	1 40-44	23:27.1	23:33.1	7:34/M
77	Lon Flauid Jr	Lancaster PA	123	40	M	11 40-44	23:28.7	23:41.2	7:34/M
78	Benjamin Myers	Elizabethtown PA	329	32	M	7 30-34	23:29.4	23:39.9	7:35/M
79	Mark Clapper	Elizabethtown PA	67	39	M	10 35-39	23:29.7	23:34.4	7:35/M
80	Crystal Roesner	Mechanicsburg PA	379	42	F	2 40-44	23:30.8	23:37.3	7:35/M
81	Meghann Pierdon	Bainbridge PA	357	34	F	1 30-34	23:31.7	23:42.3	7:35/M
82	Kristopher Bleecher	Mount Joy PA	37	37	M	11 35-39	23:35.5	23:42.9	7:36/M
83	John Gates	Manheim PA	532	42	M	12 40-44	23:40.8	23:45.9	7:38/M
84	Karen Young	Boyd MD	546	45	F	1 45-49	23:42.0	23:48.3	7:39/M
85	Chason Forshey		133	14	M	7 1-14	23:48.4	24:05.7	7:41/M
86	Holly Kahler	Lititz PA	216	35	F	1 35-39	23:58.1	24:05.6	7:44/M
87	arthur sullivan		556	63	M	1 60-69	23:59.8	23:59.8	7:44/M
88	Jodie Eck	Harrisburg PA	549	46	F	2 45-49	24:02.8	24:13.2	7:45/M
89	Karin Laszakovits		259	38	F	2 35-39	24:07.1	24:17.0	7:47/M
90	Katie Ross	New Holland PA	389	15	F	2 15-19	24:07.2	24:25.9	7:47/M
91	Mike Baylor	Morgantown PA	18	37	M	12 35-39	24:08.4	24:30.3	7:47/M
92	Tom Bildheiser	Lebanon PA	29	40	M	13 40-44	24:09.2	24:37.0	7:47/M
93	Mike Brubaker	Mt. Joy PA	44	47	M	12 45-49	24:13.4	24:33.9	7:49/M
94	Noel Garman	Lititz PA	153	39	F	3 35-39	24:16.2	24:23.7	7:50/M
95	Heidi Hershey	Palmyra PA	195	45	F	3 45-49	24:17.5	24:40.2	7:50/M
96	Kevin Kleinfelter	Lebanon PW	233	52	M	9 50-54	24:17.9	24:30.9	7:50/M
97	Greg Orris	Palmyra PA	345	44	M	14 40-44	24:17.9	24:30.5	7:50/M
98	David Mull	Palmyra PA	321	43	M	15 40-44	24:18.6	24:33.8	7:50/M
99	Mark Laufer	Mountville PA	263	56	M	3 55-59	24:22.9	24:35.4	7:52/M
100	Kelly Peake	Hanover PA	352	34	F	2 30-34	24:26.0	24:53.7	7:53/M
101	Brian Lownsbery		279	45	M	13 45-49	24:26.5	24:45.7	7:53/M
102	Jeremy Wise	Hbg PA	521	25	M	9 25-29	24:27.5	24:35.9	7:53/M
103	Timothy Sullivan	Hummelstown PA	477	49	M	14 45-49	24:29.9	24:50.8	7:54/M
104	Keith Shreiner	Elizabethtown PA	433	53	M	10 50-54	24:34.1	24:46.9	7:55/M
105	Jenna Gerstenblith	Millersville PA	163	27	F	2 25-29	24:35.5	25:12.1	7:56/M
106	Eric Koehler	Lancaster PA	238	46	M	15 45-49	24:38.5	25:01.7	7:57/M
107	Ronald Kratz	Mt. Joy PA	246	48	M	16 45-49	24:44.4	25:03.1	7:59/M
108	Peter O'Donoghue	Mountville PA	349	52	M	11 50-54	24:54.4	25:00.4	8:02/M
109	Ron Fink	Elizabethtown PA	122	46	M	17 45-49	24:58.5	25:12.3	8:03/M
110	Darren Bowman	Lititz PA	40	46	M	18 45-49	25:04.4	25:22.2	8:05/M
111	Albert Kurtz	Dover PA	254	66	M	2 60-69	25:05.4	25:14.5	8:05/M
112	Michael Bass	Greenwood DE	17	41	M	16 40-44	25:08.3	25:15.5	8:06/M
113	John Haldeman	Lancaster PA	183	42	M	17 40-44	25:10.7	25:29.4	8:07/M
114	James Hostetter	Holtwood PA	210	38	M	13 35-39	25:16.4	25:26.9	8:09/M
115	Madeleine Weaver	Leola PA	510	14	F	1 1-14	25:21.0	25:38.5	8:11/M
116	Adam Flurry	Lancaster PA	126	27	M	10 25-29	25:27.3	25:58.0	8:13/M
117	Jennifer Nikolaus	Mount Joy PA	337	39	F	4 35-39	25:31.0	25:43.8	8:14/M
118	Sil Simpson	Lancaster PA	439	63	M	3 60-69	25:35.5	25:46.5	8:15/M
119	Dakota Frantz	Bainbridge PA	135	11	M	8 1-14	25:37.8	25:41.2	8:16/M
120	Anna Forry		131	16	F	3 15-19	25:40.3	26:02.8	8:17/M
121	Steve Romano	Lititz PA	383	45	M	19 45-49	25:42.1	25:53.3	8:17/M
122	Nick Rose	Millersville PA	385	27	M	11 25-29	25:45.2	26:22.8	8:18/M
123	Laura Sholly	Palmyra PA	432	36	F	5 35-39	25:45.4	26:01.3	8:18/M
124	Amy Koerner	Columbia PA	239	31	F	3 30-34	25:47.5	26:17.1	8:19/M
125	Mary Brubaker		43	19	F	4 15-19	25:47.8	26:10.9	8:19/M
126	Angel Pritts	Wrightsville PA	362	31	F	4 30-34	25:51.1	26:16.1	8:20/M
127	Michael Silvestrini	Lancaster PA	438	30	M	8 30-34	26:02.2	26:50.9	8:24/M
128	Jennifer Kristich	Palmyra PA	249	38	F	6 35-39	26:09.5	26:27.1	8:26/M
129	Beth Forry		132	48	F	4 45-49	26:13.4	26:35.6	8:27/M
130	Scott Kennedy	Middletown PA	228	42	M	18 40-44	26:14.3	26:33.3	8:28/M
131	Madison Saltsburg		398	10	F	2 1-14	26:26.0	26:50.7	8:32/M
132	Gary Fuhrman	Lebanon PA	143	39	M	14 35-39	26:26.2	27:04.5	8:32/M
133	Mike Fausnacht	Elizabethtown PA	118	60	M	4 60-69	26:27.4	26:43.7	8:32/M
134	Amy Schreffler	Middletown PA	413	33	F	5 30-34	26:27.5	27:09.8	8:32/M

Race Date  
February 16, 2014

# Frozen Foot 5K 2014 RC 2

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
135	Kent Bitting		33	41	M	19 40-44	26:31.3	27:13.6	8:33/M
136	Evan Megoulas	Palmyra PA	303	16	M	8 15-19	26:31.3	26:37.1	8:33/M
137	John Bidlack	Timonium MD	28	31	M	9 30-34	26:31.8	26:56.3	8:33/M
138	Tim Merkt	Elizabethtown PA	307	41	M	20 40-44	26:32.7	27:00.0	8:34/M
139	Sarah Sylvia	Manheim PA	482	34	F	6 30-34	26:38.5	27:07.0	8:35/M
140	Beth Roberts		375	47	F	5 45-49	26:38.7	26:44.7	8:35/M
141	Steve Stoll		473	43	M	21 40-44	26:40.6	26:49.6	8:36/M
142	Robert Klingseisen	Lancaster PA	235	49	M	20 45-49	26:40.9	26:50.9	8:36/M
143	Jennifer Shultz	Mount Joy PA	435	44	F	3 40-44	26:43.6	27:01.0	8:37/M
144	Crissy Stoeffler	Elizabethtown PA	471	31	F	7 30-34	26:43.7	27:01.4	8:37/M
145	Riley Myers		333	10	M	9 1-14	26:45.6	27:01.1	8:38/M
146	Shane Hentz		194	19	M	9 15-19	26:47.6	27:26.6	8:38/M
147	Alana Krieger	Mount Joy PA	535	20	F	1 20-24	26:50.4	27:08.1	8:39/M
148	Paul Hostetter	Willow Street PA	211	30	M	10 30-34	26:52.6	27:03.5	8:40/M
149	Shelly Latsha	Mechanicsburg PA	262	46	F	6 45-49	26:54.1	27:29.6	8:41/M
150	Rebecca Niehaus	Lancaster PA	336	21	F	2 20-24	26:55.1	27:02.4	8:41/M
151	James Smith	Elizabethtown PA	448	36	M	15 35-39	26:55.8	27:30.5	8:41/M
152	Shawn Miller	Elizabethtown PA	309	37	M	16 35-39	26:56.1	27:15.3	8:41/M
153	Megan Newnam		335	23	F	3 20-24	26:56.7	27:08.9	8:41/M
154	Christian Gervasi		164	13	M	10 1-14	27:00.1	27:25.4	8:43/M
155	Michael Heider	Lancaster PA	192	51	M	12 50-54	27:09.7	27:23.8	8:45/M
156	William Krieger	Mount Joy PA	248	53	M	13 50-54	27:13.3	27:30.4	8:47/M
157	Michael Putt		364	54	M	14 50-54	27:14.4	27:42.4	8:47/M
158	Jared Alvarez	Elizabethtown PA	3	12	M	11 1-14	27:22.1	27:35.7	8:50/M
159	Susan Cohen	Hummelstown PA	76	37	F	7 35-39	27:22.4	28:00.7	8:50/M
160	Victor Alvarez	Elizabethtown PA	5	41	M	22 40-44	27:22.6	27:36.0	8:50/M
161	Jim Doyle	Lancaster PA	101	68	M	5 60-69	27:22.7	27:41.0	8:50/M
162	Laura Stephan	Lancaster PA	465	44	F	4 40-44	27:24.5	27:37.2	8:50/M
163	Julia Wren	Hershey PA	524	17	F	5 15-19	27:30.6	27:50.9	8:52/M
164	Eric Shenk	Mount Joy PA	422	44	M	23 40-44	27:36.1	27:55.7	8:54/M
165	Lisa Brubaker		42	44	F	5 40-44	27:39.0	28:02.0	8:55/M
166	Harrison Eichelberger	Elizabethtown PA	550	14	M	12 1-14	27:49.6	27:58.9	8:58/M
167	Kyra Buettner	Elizabethtown PA	542	15	F	6 15-19	27:49.8	27:58.8	8:58/M
168	Mark Murr	Manheim PA	328	43	M	24 40-44	27:53.7	28:36.2	9:00/M
169	Jonathan Roesner		380	10	M	13 1-14	28:00.4	28:26.5	9:02/M
170	Brian Frey	Lancaster PA	142	42	M	25 40-44	28:00.9	28:15.7	9:02/M
171	Ariel Eland	Princeton Junction	112	21	F	4 20-24	28:17.9	28:41.6	9:07/M
172	Emily Spencer	New Holland PA	458	20	F	5 20-24	28:20.6	28:42.5	9:08/M
173	Jen Ross	New Holland PA	387	34	F	8 30-34	28:21.6	28:50.4	9:09/M
174	Patrick Mitchell	Lebanon PA	311	39	M	17 35-39	28:23.5	28:38.1	9:09/M
175	Tammy Forrey	Lancaster PA	130	39	F	8 35-39	28:24.5	28:37.4	9:10/M
176	Tim Kramer	Spring Grove PA	243	40	M	26 40-44	28:25.3	29:12.2	9:10/M
177	Gregg Sweigert	Lititz PA	480	32	M	11 30-34	28:25.5	29:02.7	9:10/M
178	Nicole Hardy	Manheim PA	188	29	F	3 25-29	28:26.8	28:59.5	9:10/M
179	Melody Enck		114	0	F	1 0-0	28:35.1	29:09.4	9:13/M
180	Mark Greenholt		172	46	M	21 45-49	28:35.6	29:15.7	9:13/M
181	William Linker	York PA	273	45	M	22 45-49	28:38.7	28:49.7	9:14/M
182	Mary Verdelli	Hbg PA	500	35	F	9 35-39	28:40.1	28:48.8	9:15/M
183	Colette Wilson		519	47	F	7 45-49	28:43.7	29:04.9	9:16/M
184	Greg Grove	Elizabethtown PA	177	47	M	23 45-49	28:44.2	29:14.4	9:16/M
185	Mitch Romig	Mount Joy PA	384	29	M	12 25-29	28:45.0	29:07.2	9:16/M
186	Kristie Cliff	Lancaster PA	74	38	F	10 35-39	28:45.0	29:08.8	9:16/M
187	Wallace Rejrat	Wynnewood PA	368	28	M	13 25-29	28:48.9	29:20.3	9:17/M
188	Darielle Christman	Alburtis PA	66	22	F	6 20-24	28:55.9	29:19.1	9:20/M
189	Sylvana Gregg		173	13	F	3 1-14	28:58.8	29:32.3	9:21/M
190	Travis Hershey		198	11	M	14 1-14	29:00.1	29:31.7	9:21/M
191	Kimberly Bucher	Elizabethtown PA	46	13	F	4 1-14	29:01.0	29:10.6	9:22/M
192	John Arnold	Lebanon PA	11	64	M	6 60-69	29:01.4	29:18.5	9:22/M
193	Corey Schreffler	Middletown PA	414	36	M	18 35-39	29:01.6	29:44.0	9:22/M
194	Christ Megoulas		302	55	M	4 55-59	29:01.8	29:10.1	9:22/M
195	Sara Carroll	Lancaster PA	63	36	F	11 35-39	29:04.6	29:25.5	9:23/M
196	Jerry Schaber	Elizabethtown PA	406	33	M	12 30-34	29:05.1	29:24.2	9:23/M
197	Sheri Rice	Lititz PA	370	43	F	6 40-44	29:06.8	29:21.5	9:23/M
198	Jeannine Hohman	Lititz PA	207	48	F	8 45-49	29:07.1	29:46.6	9:24/M
199	Bob Hivner	Landisville PA	204	55	M	5 55-59	29:07.3	29:22.1	9:24/M
200	Paulo Oliveira	Enola PA	341	41	M	27 40-44	29:07.4	29:41.6	9:24/M
201	Stephanie Flynn	Elizabethtown PA	544	31	F	9 30-34	29:13.4	29:36.6	9:25/M

## Frozen Foot 5K 2014 RC 2

Race Date

February 16, 2014

Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
202	Scott Duncanson	Camp Hill PA	102	51	M	15 50-54	29:16.5	29:34.7	9:26/M
203	Jeff Myers	Mount Joy PA	331	65	M	7 60-69	29:18.5	29:38.7	9:27/M
204	Owen Shay	Mount Gretna PA	419	10	M	15 1-14	29:19.2	29:46.0	9:27/M
205	Karen Eberly	Elizabethtown PA	107	46	F	9 45-49	29:19.6	29:42.9	9:27/M
206	Lindsay Norris	Elizabethtown PA	338	31	F	10 30-34	29:19.8	29:42.8	9:27/M
207	Richard Troutman	Manheim PA	495	65	M	8 60-69	29:22.2	29:52.0	9:28/M
208	Sarah Myers	Lewistown PA	334	13	F	5 1-14	29:34.6	29:50.5	9:32/M
209	Samantha Stackhouse	Elizabethtown PA	460	13	F	6 1-14	29:36.4	30:14.5	9:33/M
210	Susan Truxal	Lancaster PA	496	62	F	1 60-69	29:39.5	29:45.5	9:34/M
211	Steve Whitebread	Enola PA	517	40	M	28 40-44	29:39.9	30:15.6	9:34/M
212	Kelcey Bucks	Lebanon PA	53	32	F	11 30-34	29:43.0	30:17.9	9:35/M
213	Adam Smith	York PA	443	34	M	13 30-34	29:46.9	30:22.0	9:36/M
214	Nate Degoede	Mt. Joy PA	89	13	M	16 1-14	29:49.1	30:22.3	9:37/M
215	Aaron Lee	Marietta PA	266	32	M	14 30-34	29:50.4	30:32.3	9:37/M
216	Anne Garber	Elizabethtown PA	148	38	F	12 35-39	29:57.5	30:29.6	9:40/M
217	Jeanine Santoro		401	34	F	12 30-34	30:00.9	30:32.7	9:41/M
218	Jodi Myers	Lewistown PA	332	41	F	7 40-44	30:03.3	30:20.0	9:42/M
219	Roger Smith	Hershey PA	450	49	M	24 45-49	30:06.8	30:46.3	9:43/M
220	Donald Loser	Marietta PA	275	51	M	16 50-54	30:11.2	30:25.8	9:44/M
221	Jasmine Garcia	Elizabethtown PA	150	11	F	7 1-14	30:11.8	30:48.2	9:44/M
222	Nichole Feldenzer	Palmyra PA	119	40	F	8 40-44	30:12.5	30:53.2	9:45/M
223	Kevin Hake		182	41	M	29 40-44	30:14.4	31:01.6	9:45/M
224	Kelly Cudnohufsky	Mechanicsburg PA	81	50	F	1 50-54	30:14.7	30:43.7	9:45/M
225	Zachary Shenk	Elizabethtown PA	423	35	M	19 35-39	30:16.1	30:50.2	9:46/M
226	Bethany Babb		13	26	F	4 25-29	30:21.6	30:49.5	9:47/M
227	Wendell Buckwalter		55	50	M	17 50-54	30:23.1	30:45.1	9:48/M
228	Hugh Darlington	Elizabethtown PA	84	57	M	6 55-59	30:25.0	30:43.5	9:49/M
229	Evan Smith		446	11	M	17 1-14	30:26.2	30:55.3	9:49/M
230	Dylan Sites	Marietta PA	441	42	M	30 40-44	30:26.4	31:00.1	9:49/M
231	Curtis Smith		445	53	M	18 50-54	30:27.2	30:56.4	9:49/M
232	Gisselle Talley	Ephrata PA	486	44	F	9 40-44	30:32.7	30:58.2	9:51/M
233	Michele Stackhouse	Elizabethtown PA	459	44	F	10 40-44	30:32.8	31:11.2	9:51/M
234	Joanne Platt	Lane PA	358	42	F	11 40-44	30:36.5	31:00.2	9:52/M
235	Cristina Pennino	Lancaster PA	355	26	F	5 25-29	30:37.6	31:09.5	9:53/M
236	Jill Freedman	Hummelstown PA	140	33	F	13 30-34	30:37.7	31:19.6	9:53/M
237	Margaret Saunders	Lancaster PA	405	57	F	1 55-59	30:38.2	30:54.6	9:53/M
238	Ann Ash	East Earl PA	538	53	F	2 50-54	30:42.8	31:02.9	9:54/M
239	Eric Hoerner		205	55	M	7 55-59	30:53.1	31:17.1	9:58/M
240	Amanda Flurry	Lancaster PA	127	27	F	6 25-29	30:55.3	31:26.0	9:58/M
241	Jenefer Linker	York PA	272	31	F	14 30-34	30:59.4	31:22.1	10:00/M
242	Danielle Myers	Lancaster PA	330	27	F	7 25-29	31:00.7	31:23.3	10:00/M
243	Nakomis Maher	Hummelstown PA	282	52	F	3 50-54	31:01.5	31:18.9	10:00/M
244	Jan Gaspich	Palmyra PA	157	49	F	10 45-49	31:06.2	31:47.6	10:02/M
245	Jessica Schaber	Elizabethtown PA	407	33	F	15 30-34	31:06.7	31:25.1	10:02/M
246	Michael Masorti	Elizabethtown PA	289	39	M	20 35-39	31:17.7	31:42.9	10:05/M
247	Crystal Pennell		353	26	F	8 25-29	31:18.6	31:28.2	10:06/M
248	Jennifer Ross	PA	388	36	F	13 35-39	31:19.0	31:37.7	10:06/M
249	Anne Masorti	Elizabethtown PA	288	38	F	14 35-39	31:19.8	31:44.8	10:06/M
250	Mary Oliveira	Enola PA	340	42	F	12 40-44	31:21.7	31:55.4	10:07/M
251	Kenneth Gall	Marietta PA	145	53	M	19 50-54	31:22.2	31:42.0	10:07/M
252	Dawn Spencer	New Holland PA	457	51	F	4 50-54	31:23.3	31:44.9	10:07/M
253	Penny Sheppard	Hummelstown PA	426	44	F	13 40-44	31:26.7	32:05.8	10:08/M
254	Barb Kennedy	Elizabethtown PA	224	47	F	11 45-49	31:31.3	31:57.8	10:10/M
255	Michelle Saltsburg	Dillsburg PA	399	43	F	14 40-44	31:36.6	32:01.2	10:12/M
256	Stephanie Gingrich	Ephrata PA	169	46	F	12 45-49	31:37.8	32:31.1	10:12/M
257	Michelle Kennedy	Middletown PA	227	39	F	15 35-39	31:38.4	32:06.4	10:12/M
258	Michele Byers	Lancaster PA	57	37	F	16 35-39	31:38.7	31:47.2	10:12/M
259	Meghan Stalebrink	Hummelstown PA	461	39	F	17 35-39	31:44.7	32:23.8	10:14/M
260	Kenneth Senft	Harrisburg PA	416	42	M	31 40-44	31:48.7	32:24.2	10:15/M
261	Stephanie Gehman		158	34	F	16 30-34	31:49.2	32:15.1	10:16/M
262	Amy Good		170	38	F	18 35-39	31:49.4	32:15.4	10:16/M
263	Karra Black	Lancaster PA	36	28	F	9 25-29	31:51.1	32:17.7	10:16/M
264	Barbara Raifsnider		365	51	F	5 50-54	32:01.7	32:26.4	10:20/M
265	Tony Eisenberger	Lancaster PA	111	45	M	25 45-49	32:04.1	32:47.4	10:21/M
266	Florence McAvoy	Myerstown PA	292	30	F	17 30-34	32:04.2	32:38.6	10:21/M
267	Katie Penney	Harrisburg PA	354	30	F	18 30-34	32:07.4	32:35.9	10:22/M
268	Lauren Hershey	Palmyra PA	196	13	F	8 1-14	32:11.9	32:44.9	10:23/M

## Frozen Foot 5K 2014 RC 2

Race Date

February 16, 2014

Overall Finish List

5K

Place			-----Total-----						
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
269	Kasey Lee	Marietta PA	267	28	F	10 25-29	32:11.9	32:53.8	10:23/M
270	Michael McGowan	Lancaster PA	299	38	M	21 35-39	32:12.7	32:54.1	10:23/M
271	Danielle Garbacik	Camp Hill PA	146	16	F	7 15-19	32:12.8	32:53.8	10:23/M
272	Gary Garbacik	Camp Hill PA	147	45	M	26 45-49	32:13.5	32:54.6	10:24/M
273	Fawn Davies	Elizabethtown PA	86	45	F	13 45-49	32:13.6	32:45.5	10:24/M
274	Gayle Merkt	Elizabethtown PA	306	41	F	15 40-44	32:14.1	32:45.9	10:24/M
275	Steven Barraclough	Elizabethtown PA	16	47	M	27 45-49	32:14.5	32:39.4	10:24/M
276	Michele Hiester	Harrisburg PA	199	43	F	16 40-44	32:17.6	32:53.7	10:25/M
277	Gregory Kerek	Lancaster PA	231	75	M	1 70-99	32:18.8	33:11.1	10:25/M
278	Cassandra Smithson	Lancaster PA	451	46	F	14 45-49	32:19.9	33:03.4	10:25/M
279	Melissa Hackman	Ephrata PA	551	31	F	19 30-34	32:24.3	32:55.3	10:27/M
280	Erin Mowrer	Mount Joy PA	318	36	F	19 35-39	32:24.4	32:31.6	10:27/M
281	Kelsey Greiner		174	14	F	9 1-14	32:42.6	33:26.9	10:33/M
282	Lori Sheneman	Mechanicsburg PA	421	34	F	20 30-34	32:43.6	33:21.0	10:33/M
283	Lydia Babb	Harrisburg PA	14	23	F	7 20-24	32:43.9	33:11.8	10:33/M
284	Brian Shank	Wrightsville PA	418	41	M	32 40-44	32:46.3	33:07.8	10:34/M
285	Amanda Ruth	Lebanon PA	393	31	F	21 30-34	32:48.0	33:02.1	10:35/M
286	Cara Krodel	Lebanon PA	250	27	F	11 25-29	32:51.3	33:29.6	10:36/M
287	Tommy Bildheiser	Lebanon PA	30	10	M	18 1-14	32:56.6	33:24.5	10:37/M
288	Jennifer Andrus	Marietta PA	6	32	F	22 30-34	33:00.5	33:18.9	10:39/M
289	Sydney Weaver	Leola PA	512	10	F	10 1-14	33:04.8	33:25.0	10:40/M
290	Laurel Kratz	Mount Joy PA	543	48	F	15 45-49	33:07.1	33:49.2	10:41/M
291	Amy Shipley		428	43	F	17 40-44	33:07.2	33:42.2	10:41/M
292	Sarah Mabe		281	37	F	20 35-39	33:07.4	33:42.6	10:41/M
293	Melanie Morrow	Harrisburg PA	317	46	F	16 45-49	33:07.5	33:52.4	10:41/M
294	Meggan Swisher	Mechanicsburg PA	481	37	F	21 35-39	33:08.9	33:54.1	10:41/M
295	Megan Byers		554	25	F	12 25-29	33:10.4	33:10.4	10:42/M
296	Shay Long	Annaville PA	274	39	F	22 35-39	33:17.5	33:50.2	10:44/M
297	Jamie Heckendorn		190	0	F	2 0-0	33:20.0	33:50.4	10:45/M
298	Mary Karoly		220	44	F	18 40-44	33:21.8	33:55.3	10:45/M
299	Jeff Kramer		241	51	M	20 50-54	33:22.1	34:01.1	10:46/M
300	Linda Lownsbery	Elizabethtown PA	280	44	F	19 40-44	33:22.8	34:07.7	10:46/M
301	Mary Susan Weidman		514	61	F	2 60-69	33:27.1	34:08.6	10:47/M
302	Rachel Kratz	Spring City PA	245	25	F	13 25-29	33:29.4	34:13.9	10:48/M
303	adrienne byers		555	28	F	14 25-29	33:29.6	33:29.6	10:48/M
304	Yehl Andrew	Elizabethtown PA	533	25	M	14 25-29	33:29.9	34:13.9	10:48/M
305	John Yohe	Dover PA	528	79	M	2 70-99	33:32.7	34:24.1	10:49/M
306	Jill Fuhrman	Lebanon PA	144	39	F	23 35-39	33:33.1	34:13.5	10:49/M
307	Audrey Hoffmann	Elizabethtown PA	206	27	F	15 25-29	33:36.6	34:31.6	10:50/M
308	Marlene Weaver	Leola PA	511	39	F	24 35-39	33:37.5	33:57.5	10:51/M
309	Amy Addams	Elizabethtown PA	552	48	F	17 45-49	33:41.5	34:06.2	10:52/M
310	Caroline Lawrence	PA	265	45	F	18 45-49	33:44.1	34:12.9	10:53/M
311	Kelly Muldowney	Lancaster PA	320	35	F	25 35-39	34:01.3	34:51.3	10:58/M
312	Joanne Burkholder	Newmanstown PA	56	27	F	16 25-29	34:01.7	34:32.0	10:58/M
313	Tanya Kramer	Spring Grove PA	242	41	F	20 40-44	34:03.4	34:51.4	10:59/M
314	Kiera Destefano	Elizabethtown PA	94	9	F	11 1-14	34:04.6	34:30.1	10:59/M
315	Rose Ward	Columbia PA	506	62	F	3 60-69	34:11.8	34:27.8	11:02/M
316	Melissa Greiner	Elizabethtown PA	175	43	F	21 40-44	34:23.5	35:08.3	11:05/M
317	Scott Stephan	Lancaster PA	466	47	M	28 45-49	34:27.7	34:47.3	11:07/M
318	Chet Szczepanski	Elizabethtown PA	483	63	M	9 60-69	34:31.0	34:48.2	11:08/M
319	Diana Young		530	30	F	23 30-34	34:33.8	35:01.0	11:09/M
320	Mark Bellavia		24	53	M	21 50-54	34:36.1	34:56.9	11:10/M
321	Barbara Bensur	Lancaster PA	25	63	F	4 60-69	34:42.2	35:27.4	11:12/M
322	Miranda Hershey	Palmyra PA	197	17	F	8 15-19	34:42.5	35:15.4	11:12/M
323	David Towery	Annaville PA	493	42	M	33 40-44	34:47.2	35:27.0	11:13/M
324	Ashley Bucks	Hershey PA	51	28	F	17 25-29	34:51.1	35:26.3	11:15/M
325	Lauren Kochel	Harrisburg PA	237	28	F	18 25-29	34:59.7	35:45.7	11:17/M
326	Bob Horst	Lancaster PA	209	83	M	3 70-99	35:15.5	35:23.4	11:22/M
327	Jan Webb	Middletown PA	513	33	F	24 30-34	35:19.8	36:02.5	11:24/M
328	Jennifer Towery	Annaville PA	494	43	F	22 40-44	35:23.8	36:03.4	11:25/M
329	Suzanne Szczepanski	Elizabethtown PA	484	58	F	2 55-59	35:24.1	35:40.4	11:25/M
330	Suzi Harman	Mountville PA	189	49	F	19 45-49	35:36.9	36:09.0	11:29/M
331	Joel Ernst	East Petersburg PA	116	37	M	22 35-39	35:40.5	35:55.3	11:30/M
332	Mike Destafano	Elizabethtown PA	93	41	M	34 40-44	35:44.0	36:10.5	11:32/M
333	Shannon Alvarez		4	35	F	26 35-39	35:44.7	36:11.0	11:32/M
334	Judith Mondschein	Hummelstown PA	315	59	F	3 55-59	35:46.0	36:30.4	11:32/M
335	Valerie Stewart	Elizabethtown PA	470	36	F	27 35-39	35:52.3	36:44.8	11:34/M

# Frozen Foot 5K 2014 RC 2

Race Date

February 16, 2014

## Overall Finish List

**5K**

Place								-----Total-----		
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>	
336	Michael Santoro	Shrewsbury PA	402	35	M	23 35-39	35:57.6	36:28.6	11:36/M	
337	Judy Anttonen	Millersville PA	9	72	F	1 70-99	35:57.9	36:11.0	11:36/M	
338	David Demmy	Marietta PA	92	49	M	29 45-49	35:59.3	36:51.6	11:36/M	
339	Lauren Destefano	Elizabethtown PA	95	11	F	12 1-14	36:04.5	36:30.1	11:38/M	
340	Ed Klinedinst		234	50	M	22 50-54	36:25.4	36:42.3	11:45/M	
341	Melissa Powell	Harrisburg PA	361	30	F	25 30-34	36:30.4	37:16.1	11:46/M	
342	Judi Snyder	Annaville PA	453	44	F	23 40-44	36:31.2	37:03.9	11:47/M	
343	Julio Garcia	Elizabethtown PA	151	38	M	24 35-39	36:39.7	37:16.4	11:49/M	
344	Caleb Garcia		149	8	M	19 1-14	36:40.8	37:17.0	11:50/M	
345	Karen Bramley	Hummelstown PA	41	49	F	20 45-49	36:52.2	37:22.0	11:54/M	
346	Alli Stover	York PA	475	34	F	26 30-34	37:17.0	37:47.4	12:02/M	
347	Michelle Barraclough		15	43	F	24 40-44	37:18.9	37:56.4	12:02/M	
348	Mary Lott		276	53	M	23 50-54	37:21.8	37:46.3	12:03/M	
349	Mandy Stahl	Middletown PA	547	35	F	28 35-39	37:23.3	38:06.7	12:04/M	
350	Cheri Yohe		527	51	F	6 50-54	37:25.6	38:16.7	12:04/M	
351	Zoe Kenton	Greenwood DE	230	10	F	13 1-14	38:03.2	38:19.8	12:16/M	
352	Heidi Kenton	Greenwood DE	229	37	F	29 35-39	38:03.3	38:19.7	12:16/M	
353	Kelly Monaghan	Elizabethtown PA	314	37	F	30 35-39	38:05.8	38:55.6	12:17/M	
354	Misty Hine	Camp Hill PA	201	46	F	21 45-49	38:09.7	38:46.9	12:18/M	
355	Gina Leed	Ephrata PA	268	45	F	22 45-49	38:21.9	38:52.9	12:22/M	
356	Pamela Smith	Hershey PA	449	52	F	7 50-54	38:36.0	39:16.7	12:27/M	
357	Ralph Detrick	Elizabethtown PA	96	73	M	4 70-99	38:47.0	39:33.0	12:31/M	
358	Jessica Katz	Timonium MD	221	29	F	19 25-29	38:50.9	39:20.1	12:32/M	
359	Colleen Knutsen	Palmyra PA	236	49	F	23 45-49	39:00.2	39:46.6	12:35/M	
360	Kim Guyer	Mechanicsburg PA	179	44	F	25 40-44	39:07.7	39:57.9	12:37/M	
361	Louise Darlington	Elizabethtown PA	85	53	F	8 50-54	39:09.4	39:26.7	12:38/M	
362	Rochelle Meiskey	Columbia PA	304	41	F	26 40-44	39:27.6	39:58.0	12:44/M	
363	Kristin Dzurko	Harrisburg PA	104	34	F	27 30-34	40:01.2	40:48.6	12:55/M	
364	Kim Romano	Lititz PA	382	44	F	27 40-44	40:10.2	40:31.8	12:57/M	
365	Karen Dzurko	Harrisburg PA	103	63	F	5 60-69	40:11.3	40:58.6	12:58/M	
366	Linette Geib	Lancaster PA	161	35	F	31 35-39	40:24.9	41:00.5	13:02/M	
367	Megan Becker	Lititz PA	21	28	F	20 25-29	40:48.7	41:35.3	13:10/M	
368	Brian Condron	Lancaster PA	78	69	M	10 60-69	41:13.7	41:47.0	13:18/M	
369	John Frantz		136	60	M	11 60-69	41:42.8	41:46.4	13:27/M	
370	Deb Vanek		499	56	F	4 55-59	41:53.9	42:34.3	13:31/M	
371	Ashley Mayer	Akron PA	291	19	F	9 15-19	43:18.5	44:02.4	13:58/M	
372	Alex Mayer	Akron PA	290	24	M	3 20-24	43:22.0	44:06.3	13:59/M	
373	Tamara Campbell	Lancaster PA	61	46	F	24 45-49	43:22.7	44:06.6	13:59/M	
374	Richard McCullough	Lititz PA	296	80	M	5 70-99	43:40.3	44:02.4	14:05/M	
375	Ronald Stettler		468	48	M	30 45-49	44:16.2	44:52.9	14:17/M	
376	Stephanie Geib	Manheim PA	162	52	F	9 50-54	44:16.7	44:52.7	14:17/M	
377	Judy Swarthout		479	64	F	6 60-69	44:21.3	44:52.7	14:18/M	
378	Gina Pronesti	Harrisburg PA	363	39	F	32 35-39	45:22.0	45:44.6	14:38/M	