

Frozen Foot 5K 2014 RC 1

Race Date

January 19, 2014

Overall Finish List

5K

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
1	Tim Getz	Lancaster PA	141	25	M	1 Top Fin	16:26.8	16:27.0	5:18/M	
2	Daryl Weaver	Lititz PA	515	40	M	1 Top Fin	16:48.8	16:49.2	5:25/M	
3	Brady Witt	York Springs PA	503	17	M	1 15-19	17:44.9	17:44.9	5:43/M	
4	Evan Sandt	Conestoga PA	348	44	M	1 40-44	17:52.2	17:52.5	5:46/M	
5	Kurt Degoede		78	44	M	2 40-44	18:42.0	18:42.8	6:02/M	
6	Timothy Ebersole	Middletown PA	93	33	M	1 30-34	19:02.9	19:04.6	6:08/M	
7	David Bibiloni	Lancaster PA	26	36	M	1 35-39	19:10.9	19:12.7	6:11/M	
8	Don Wagner	Lititz PA	446	46	M	1 45-49	19:29.4	19:30.1	6:17/M	
9	Matt Stephens	Elizabethtown PA	491	17	M	2 15-19	19:31.0	19:32.0	6:18/M	
10	Christopher Scharf		357	13	M	1 1-14	19:34.2	19:34.5	6:19/M	
11	Kyle Daily	Elizabethtown PA	72	33	M	2 30-34	19:57.7	19:58.7	6:26/M	
12	Glenn Mohler		550	52	M	1 50-54	20:02.3	20:06.0	6:28/M	
13	Charles Scharf	Elizabethtown PA	356	13	M	2 1-14	20:04.5	20:04.6	6:28/M	
14	Adam Cless		552	28	M	1 25-29	20:18.9	20:27.4	6:33/M	
15	James Dibble	Middletown PA	84	29	M	2 25-29	20:22.8	20:25.7	6:34/M	
16	Laura Latchford	Palmyra PA	522	45	F	1 Top Fin	20:24.1	20:25.1	6:35/M	
17	Shawn Beeler	Elizabethtown PA	22	43	M	3 40-44	20:26.1	20:29.3	6:35/M	
18	Jeff Stouch	Mount Joy PA	417	54	M	2 50-54	20:26.8	20:26.8	6:35/M	
19	Aidan Toomey	Millersville PA	435	14	M	3 1-14	20:37.3	20:40.6	6:39/M	
20	Bob Porambo	Elizabethtown PA	309	33	M	3 30-34	20:37.4	20:41.4	6:39/M	
21	Jeffrey Slade	Lebanon PA	388	28	M	3 25-29	20:38.9	20:41.9	6:39/M	
22	Victor Alvarez	Elizabethtown PA	6	41	M	4 40-44	20:39.7	20:42.1	6:40/M	
23	Jeff Becker	Lititz PA	20	28	M	4 25-29	20:39.9	20:42.3	6:40/M	
24	Kara Mueser	Mount Joy PA	542	18	F	1 Top Fin	20:40.3	20:41.8	6:40/M	
25	Jeff Dill	Mount Joy PA	85	31	M	4 30-34	20:45.9	20:52.7	6:42/M	
26	Greg Lavelle	Lancaster PA	224	42	M	5 40-44	20:48.9	20:50.8	6:43/M	
27	Erin Mullican		524	17	F	1 15-19	20:53.6	20:55.1	6:44/M	
28	Corey Thudium	Lancaster PA	433	23	M	1 20-24	20:56.4	21:04.2	6:45/M	
29	Wyatt Eaton	York PA	91	26	M	5 25-29	21:03.2	21:04.7	6:47/M	
30	Bob McEvoy	Etown PA	254	44	M	6 40-44	21:08.2	21:15.6	6:49/M	
31	Derek Geib	Manheim PA	547	24	M	2 20-24	21:09.9	21:14.1	6:49/M	
32	Devin Moyer	Dover PA	274	36	M	2 35-39	21:16.1	21:17.5	6:52/M	
33	Ed Flick	Mount Joy PA	478	51	M	3 50-54	21:16.6	21:19.6	6:52/M	
34	Tony Rose	Palmyra	335	43	M	7 40-44	21:18.8	21:23.3	6:52/M	
35	Jim Mulligan	Hershey PA	537	57	M	1 55-59	21:25.0	21:26.9	6:55/M	
36	Michael Clapper	Lancaster PA	61	48	M	2 45-49	21:25.5	21:31.8	6:55/M	
37	Dwight Eichelberger	Rd PA	94	52	M	4 50-54	21:26.8	21:37.5	6:55/M	
38	Bob Kennedy	Elizabethtown PA	192	46	M	3 45-49	21:32.1	21:34.9	6:57/M	
39	Justin Riddle		575	33	M	5 30-34	21:34.3	21:57.4	6:57/M	
40	Peter Gasper	Marietta PA	548	50	M	5 50-54	21:36.3	21:44.9	6:58/M	
41	Chad Enck	Carlisle PA	97	38	M	3 35-39	21:37.5	21:41.1	6:58/M	
42	Chris Ginder		143	16	M	3 15-19	21:39.3	21:40.0	6:59/M	
43	Richard Beasley	Harrisburg PA	19	29	M	6 25-29	21:39.7	21:42.7	6:59/M	
44	Sarah Wolfe	Lancaster PA	464	34	F	1 30-34	21:41.1	21:43.6	7:00/M	
45	Elisabeth Schlincher		536	21	F	1 20-24	21:41.2	21:42.4	7:00/M	
46	David Mann	Lebanon PA	241	49	M	4 45-49	21:42.5	21:51.1	7:00/M	
47	Jessica Kozlowski	Manheim PA	516	27	F	1 25-29	21:44.7	21:46.6	7:01/M	
48	Justin Hirst	Elizabethtown AL	171	33	M	6 30-34	21:58.8	22:04.6	7:05/M	
49	Nick Frantz		120	28	M	7 25-29	22:02.0	22:02.7	7:06/M	
50	Andrew Hivner	Mount Laurel NJ	502	30	M	7 30-34	22:06.3	22:19.5	7:08/M	
51	Richard Sievers	Elizabethtown PA	385	55	M	2 55-59	22:07.9	22:12.1	7:08/M	
52	Joel Valvo	Palmyra PA	442	36	M	4 35-39	22:09.7	22:13.1	7:09/M	
53	Michael Landis	Lebanon PA	219	43	M	8 40-44	22:11.3	22:19.7	7:09/M	
54	David Toomey	Millersville PA	436	49	M	5 45-49	22:12.4	22:15.3	7:10/M	
55	Rick Dickerson		541	51	M	6 50-54	22:14.0	22:22.0	7:10/M	
56	Jarrold Kulp		214	46	M	6 45-49	22:15.6	22:18.7	7:11/M	
57	Joe Miller	Hummelstown PA	544	48	M	7 45-49	22:16.0	22:20.7	7:11/M	
58	Karl Feucht	Elizabethtown PA	107	34	M	8 30-34	22:18.0	22:25.7	7:12/M	
59	Tom Himmelsbach	Landisville PA	533	50	M	7 50-54	22:22.6	22:25.1	7:13/M	
60	David Buckwalter		48	14	M	4 1-14	22:26.8	22:27.6	7:14/M	
61	Katelyn Deibler	Mount Joy PA	80	16	F	2 15-19	22:27.4	22:29.6	7:15/M	
62	Kevin Karmosky		188	48	M	8 45-49	22:29.7	22:32.9	7:15/M	
63	Jeff McCloud	Elizabethtown PA	251	43	M	9 40-44	22:29.9	22:36.1	7:15/M	
64	Rick Sauder	Bainbridge PA	352	45	M	9 45-49	22:32.8	22:51.1	7:16/M	
65	Matthew Sauder		351	16	M	4 15-19	22:33.0	22:51.0	7:16/M	
66	Ally Billmyer	Hershey PA	28	25	F	2 25-29	22:40.6	22:44.9	7:19/M	
67	Michele Lachance		218	41	F	1 40-44	22:41.3	22:44.5	7:19/M	

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Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
68	Zach Mundorff	York PA	277	24	M	3 20-24	22:45.3	22:48.1	7:20/M
69	Nikolas Roesner	Mechanicsburg PA	330	12	M	5 1-14	22:45.8	22:51.3	7:20/M
70	Don Acker	Lancaster PA	2	56	M	3 55-59	22:45.9	22:47.0	7:20/M
71	Patrick Ward	Conestoga PA	448	35	M	5 35-39	22:46.4	22:50.3	7:21/M
72	Andrew Carroll	PA	55	41	M	10 40-44	22:47.7	22:57.8	7:21/M
73	Derek Flick	Mount Joy PA	479	17	M	5 15-19	22:49.8	23:06.6	7:22/M
74	Luke Strayer	Elizabethtown PA	510	18	M	6 15-19	22:49.9	23:05.9	7:22/M
75	Benjamin Myers	Elizabethtown PA	281	32	M	9 30-34	22:54.1	22:59.4	7:23/M
76	Steven Rutter	Elizabethtown PA	345	51	M	8 50-54	22:56.7	22:59.7	7:24/M
77	Meghann Pierdon	Bainbridge PA	306	34	F	2 30-34	22:57.3	23:02.5	7:24/M
78	Jacob Smith	Lititz PA	393	10	M	6 1-14	22:59.1	23:00.4	7:25/M
79	Lon Flaud Jr	Lancaster PA	109	40	M	11 40-44	22:59.3	23:08.1	7:25/M
80	Crystal Roesner	Mechanicsburg PA	535	42	F	2 40-44	23:04.0	23:09.2	7:26/M
81	Michael Frantz	Bainbridge PA	119	14	M	7 1-14	23:04.0	23:04.9	7:26/M
82	Matthew Overmoyer	Elizabethtown PA	298	17	M	7 15-19	23:11.8	23:28.1	7:29/M
83	Don Helms	Hummelstown PA	474	48	M	10 45-49	23:11.8	23:25.2	7:29/M
84	Nicolette Bell	Enola PA	23	32	F	3 30-34	23:12.2	23:23.3	7:29/M
85	Mark Clapper	Elizabethtown PA	60	39	M	6 35-39	23:14.3	23:16.5	7:30/M
86	Jodi Olympia	Hummelstown PA	294	42	F	3 40-44	23:19.0	23:22.7	7:31/M
87	Tommy Bildheiser	Lebanon PA	508	10	M	8 1-14	23:19.4	23:24.3	7:31/M
88	Mike Baylor	Morgantown PA	18	37	M	7 35-39	23:26.7	23:45.2	7:34/M
89	David Kruft		573	46	M	11 45-49	23:29.0	23:29.0	7:35/M
90	Nicholas Rossi	Elizabethtown PA	540	31	M	10 30-34	23:32.1	23:56.3	7:35/M
91	John Olko		293	45	M	12 45-49	23:33.3	23:48.2	7:36/M
92	Andrew Sholly	Palmyra PA	378	36	M	8 35-39	23:34.3	23:48.2	7:36/M
93	David Mull	Palmyra PA	276	43	M	12 40-44	23:36.5	23:45.4	7:37/M
94	Karin Laszakovits		220	38	F	1 35-39	23:36.5	23:43.8	7:37/M
95	John Gates	PA	137	42	M	13 40-44	23:38.6	23:46.8	7:37/M
96	Mike Brubaker	Mt. Joy PA	39	47	M	13 45-49	23:42.0	23:49.1	7:39/M
97	Greg Orris	Palmyra PA	296	44	M	14 40-44	23:46.1	23:50.9	7:40/M
98	Wesley Bucher	Elizabethtown PA	43	47	M	14 45-49	23:47.3	23:58.7	7:40/M
99	Ryan Sheidy		366	38	M	9 35-39	23:47.4	23:52.0	7:40/M
100	Eric Koehler	Lancaster PA	203	46	M	15 45-49	23:54.3	23:58.0	7:43/M
101	Keith Shreiner	Elizabethtown PA	381	53	M	9 50-54	24:00.2	24:08.8	7:45/M
102	Jim Tabor	Carlisle PA	428	36	M	10 35-39	24:01.8	24:06.1	7:45/M
103	Dave Merkt	Elizabethtown PA	261	43	M	15 40-44	24:06.1	24:16.9	7:46/M
104	Jenna Gerstenblith	Millersville PA	521	27	F	3 25-29	24:11.5	24:21.2	7:48/M
105	Derrick Snyder	PA	397	30	M	11 30-34	24:14.6	24:44.4	7:49/M
106	Stephanie Book	Manheim PA	36	37	F	2 35-39	24:18.1	24:24.3	7:50/M
107	Chason Forshey		482	14	M	9 1-14	24:24.0	25:07.5	7:52/M
108	Tom Riley	Elizabethtown PA	519	50	M	10 50-54	24:24.9	24:28.7	7:52/M
109	Jeremy Wise	Hbg PA	463	25	M	8 25-29	24:25.8	24:38.0	7:53/M
110	Kelly Peake	Hanover PA	303	34	F	4 30-34	24:30.3	24:50.1	7:54/M
111	Michael Heider	Lancaster PA	165	51	M	11 50-54	24:30.4	24:50.5	7:54/M
112	Mark Laufer	Mountville PA	223	56	M	4 55-59	24:32.1	24:52.1	7:55/M
113	Ronald Kratz	Mt. Joy PA	209	48	M	16 45-49	24:32.2	24:46.8	7:55/M
114	John Bucher	Elizabethtown PA	40	17	M	8 15-19	24:32.4	24:48.2	7:55/M
115	Noel Garman	Lititz PA	133	39	F	3 35-39	24:35.3	24:53.3	7:56/M
116	Holly Kahler	Lititz PA	186	35	F	4 35-39	24:35.5	24:53.2	7:56/M
117	David Wagner	Myerstown PA	504	59	M	5 55-59	24:36.0	25:06.6	7:56/M
118	Tim Hinegardner	Lebanon PA	500	46	M	17 45-49	24:36.3	24:39.6	7:56/M
119	Isaiah Hornberger	Ephrata PA	175	10	M	10 1-14	24:37.6	24:42.3	7:56/M
120	Brian Lownsbery		526	45	M	18 45-49	24:37.7	24:54.1	7:56/M
121	Peter O'Donoghue	Mountville PA	300	52	M	12 50-54	24:39.0	24:41.5	7:57/M
122	Scott Shertzer	Lancaster PA	374	42	M	16 40-44	24:43.2	24:52.5	7:58/M
123	Heidi Hershey	Palmyra PA	166	45	F	1 45-49	24:45.6	25:15.9	7:59/M
124	Kevin Kleinfelder	Lebanon PW	199	52	M	13 50-54	24:46.8	25:10.5	7:59/M
125	Gary Gehret		139	57	M	6 55-59	24:49.5	24:59.5	8:00/M
126	Sil Simpson	Lancaster PA	507	63	M	1 60-69	24:49.8	24:56.3	8:00/M
127	Albert Kurtz	Dover PA	215	66	M	2 60-69	24:50.5	24:53.0	8:01/M
128	Mary Brubaker		579	19	F	3 15-19	24:51.0	24:51.0	8:01/M
129	Darren Bowman	Lititz PA	37	46	M	19 45-49	24:51.3	24:59.4	8:01/M
130	Ron Fink	Elizabethtown PA	108	46	M	20 45-49	25:01.9	25:11.4	8:04/M
131	Jennifer Nikolaus	Mount Joy PA	288	39	F	5 35-39	25:03.5	25:07.7	8:05/M
132	Evan Hamilton	New Cumberland PA	159	27	M	9 25-29	25:04.8	25:21.4	8:05/M
133	Dakota Frantz	Bainbridge PA	116	11	M	11 1-14	25:06.5	25:07.9	8:06/M
134	Daniel Cramer		70	35	M	11 35-39	25:08.2	25:25.0	8:06/M

January 19, 2014

Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
135	Madison Saltsburg		346	10	F	1 1-14	25:13.6	25:28.1	8:08/M
136	Timothy Sullivan	Hummelstown PA	420	49	M	21 45-49	25:14.2	25:45.7	8:08/M
137	Nick Rose	Millersville PA	520	27	M	10 25-29	25:17.7	25:27.1	8:09/M
138	Jennifer Kristich	Palmyra PA	211	38	F	6 35-39	25:19.7	25:24.8	8:10/M
139	Adam Flurry	Lancaster PA	110	27	M	11 25-29	25:20.7	25:26.4	8:10/M
140	Nat McCloud	Elizabethtown PA	252	13	M	12 1-14	25:21.9	25:31.1	8:11/M
141	Rich Evans	Lancaster PA	101	26	M	12 25-29	25:27.1	25:34.4	8:13/M
142	Laura Sholly	Palmyra PA	379	36	F	7 35-39	25:28.1	25:42.0	8:13/M
143	John Haldeman	Lancaster PA	158	42	M	17 40-44	25:29.5	25:36.3	8:13/M
144	Michael Bass	Greenwood DE	17	41	M	18 40-44	25:30.0	25:35.5	8:14/M
145	Sarah Sylvia	Manheim PA	425	34	F	5 30-34	25:30.2	25:47.4	8:14/M
146	Heather Stoner	Elizabethtown PA	416	45	F	2 45-49	25:32.0	25:40.3	8:14/M
147	Nic Gaspich		577	13	M	13 1-14	25:33.4	25:33.4	8:15/M
148	Crissy Stoeffler	Elizabethtown PA	414	31	F	6 30-34	25:39.1	25:55.9	8:16/M
149	Shane Hentz		530	19	M	9 15-19	25:42.1	26:20.6	8:17/M
150	Keith Rodgers	Lancaster PA	324	28	M	13 25-29	25:44.8	26:33.1	8:18/M
151	Riley Myers		285	10	M	14 1-14	25:47.3	26:24.6	8:19/M
152	Amy Hotley	Mocksville NC	483	42	F	4 40-44	25:49.4	25:57.5	8:20/M
153	Amy Siegrist		384	31	F	7 30-34	25:51.8	26:08.8	8:20/M
154	Brianne Thomas	Hummelstown PA	432	23	F	2 20-24	25:54.0	26:09.6	8:21/M
155	Amy Koerner	Columbia PA	204	31	F	8 30-34	25:54.5	26:01.4	8:21/M
156	Tom Blanck	Manheim PA	33	57	M	7 55-59	26:01.8	26:21.1	8:24/M
157	Rebecca Niehaus	Lancaster PA	287	21	F	3 20-24	26:02.1	26:07.0	8:24/M
158	Mike Fausnacht	Elizabethtown PA	102	60	M	3 60-69	26:02.2	26:16.9	8:24/M
159	Leah Yingling	Elizabethtown PA	468	29	F	4 25-29	26:02.9	26:33.2	8:24/M
160	Robert Klingseisen	Lancaster PA	497	49	M	22 45-49	26:17.4	26:19.7	8:29/M
161	Deb Riley	Elizabethtown PA	518	51	F	1 50-54	26:18.1	26:22.2	8:29/M
162	Steve Stoll		545	43	M	19 40-44	26:24.1	26:35.6	8:31/M
163	Jen Ross	New Holland PA	336	34	F	9 30-34	26:32.9	26:51.7	8:34/M
164	Mark Murr	Manheim PA	280	43	M	20 40-44	26:41.3	27:05.9	8:36/M
165	Gary Fuhrman	Lebanon PA	124	39	M	12 35-39	26:43.0	27:09.9	8:37/M
166	Shelly Latsha	Mechanicsburg PA	222	46	F	3 45-49	26:44.1	27:18.3	8:37/M
167	Beth Forry		114	48	F	4 45-49	26:45.4	27:12.5	8:38/M
168	Eric Shenk	Mount Joy PA	368	44	M	21 40-44	26:45.7	27:09.1	8:38/M
169	Mary Oliveira	Enola PA	291	42	F	5 40-44	26:48.5	27:12.2	8:39/M
170	Tim Kramer	Spring Grove PA	206	40	M	22 40-44	26:49.8	27:25.3	8:39/M
171	Dave Mullican		523	53	M	14 50-54	26:50.4	27:18.9	8:39/M
172	Julia Wren	Hershey PA	466	17	F	4 15-19	26:50.4	27:10.4	8:39/M
173	Tracy Easteadt	Elizabethtown PA	90	36	F	8 35-39	26:50.6	27:13.5	8:39/M
174	Denise Valentine	Elizabethtown PA	441	41	F	6 40-44	26:50.8	27:13.4	8:39/M
175	Madison Teter	Elizabethtown PA	489	9	F	2 1-14	26:54.1	27:04.7	8:41/M
176	John Bidlack	Timonium MD	27	31	M	12 30-34	26:55.3	27:20.6	8:41/M
177	Tom Bildheiser	Lebanon PA	509	40	M	23 40-44	26:56.8	27:02.1	8:41/M
178	Owen Shay	Mount Gretna PA	498	10	M	15 1-14	26:57.3	27:02.1	8:42/M
179	Rebecca Hoyle	Wayne PA	179	35	F	9 35-39	26:59.0	27:05.4	8:42/M
180	Susan Cohen	Hummelstown PA	66	37	F	10 35-39	27:02.9	27:52.0	8:43/M
181	Jared Alvarez	Elizabethtown PA	4	12	M	16 1-14	27:04.4	27:16.4	8:44/M
182	Stephanie Sherk	Elizabethtown PA	373	34	F	10 30-34	27:05.4	27:14.9	8:44/M
183	Jim Doyle	Lancaster PA	86	68	M	4 60-69	27:09.3	27:24.0	8:45/M
184	Tim Merkt	Elizabethtown PA	263	41	M	24 40-44	27:09.5	27:19.7	8:45/M
185	Amber Sullenberger	Camp Hill PA	419	26	F	5 25-29	27:11.2	27:47.9	8:46/M
186	Brian Frey	Lancaster PA	123	42	M	25 40-44	27:12.7	27:30.3	8:46/M
187	Anna Forry		113	16	F	5 15-19	27:12.8	27:40.3	8:46/M
188	Michael Putt		314	54	M	15 50-54	27:13.1	27:45.7	8:47/M
189	Abby Cless		555	33	F	11 30-34	27:21.3	27:29.4	8:49/M
190	Allison Hahn	Elizabethtown PA	156	42	F	7 40-44	27:22.5	27:36.5	8:50/M
191	Gregg Sweigert	Lititz PA	423	32	M	13 30-34	27:24.8	27:50.2	8:50/M
192	Richard Troutman	Manheim PA	439	65	M	5 60-69	27:25.5	27:46.8	8:51/M
193	William Krieger	Mount Joy PA	513	53	M	16 50-54	27:27.7	27:43.1	8:51/M
194	Greg Grove	Elizabethtown PA	152	47	M	23 45-49	27:31.3	27:55.9	8:53/M
195	Madeleine Weaver	Leola PA	453	14	F	3 1-14	27:31.7	27:58.1	8:53/M
196	Bunny O'Connor	PA	299	29	F	6 25-29	27:32.8	27:53.5	8:53/M
197	Scott Ramsey	PA	316	24	M	4 20-24	27:33.4	27:48.2	8:53/M
198	Christine Foreman	Hummelstown PA	112	54	F	2 50-54	27:34.4	27:45.6	8:54/M
199	Laura Stephan	Lancaster PA	410	44	F	8 40-44	27:35.0	27:47.8	8:54/M
200	Scott Stephan	Lancaster PA	411	47	M	24 45-49	27:35.1	27:48.2	8:54/M
201	William Polizzotto	Dover PA	496	39	M	13 35-39	27:35.2	27:48.3	8:54/M

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Race Date

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Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
202	Nakomis Maher	Hummelstown PA	240	52	F	3 50-54	27:40.5	27:47.3	8:55/M
203	Christian Gervasi		568	13	M	17 1-14	27:41.7	27:48.5	8:56/M
204	Lisa Brubaker		578	44	F	9 40-44	27:41.7	27:41.7	8:56/M
205	Mark Greenholt		148	46	M	25 45-49	27:44.3	28:20.7	8:57/M
206	Jerry Schaber	Elizabethtown PA	354	33	M	14 30-34	27:44.3	28:00.6	8:57/M
207	Kathrine Rineer	Halifax PA	321	37	F	11 35-39	27:46.1	28:09.8	8:57/M
208	Pamela Bucher	Elizabethtown PA	42	45	F	5 45-49	27:47.1	28:05.6	8:58/M
209	Kiera Destefano	Elizabethtown PA	484	9	F	4 1-14	27:50.2	28:00.9	8:59/M
210	James Smith	Elizabethtown PA	394	36	M	14 35-39	27:50.3	28:23.7	8:59/M
211	Mike Destafano	Elizabethtown PA	485	41	M	26 40-44	27:50.3	28:01.2	8:59/M
212	Donald Loser	Marietta PA	236	51	M	17 50-54	27:51.8	27:57.5	8:59/M
213	Paulo Oliveira	Enola PA	292	41	M	27 40-44	27:51.9	28:18.3	8:59/M
214	Amanda Shaffer	Mount Joy PA	364	32	F	12 30-34	27:54.5	28:21.8	9:00/M
215	Stacy Marsilio	Marietta PA	242	43	F	10 40-44	27:57.6	28:18.0	9:01/M
216	Tina Munkittrick	Mechanicsburg PA	278	42	F	11 40-44	27:57.7	28:18.0	9:01/M
217	Rebecca Moore	Harrisburg PA	270	27	F	7 25-29	28:02.4	28:39.2	9:03/M
218	Kelly Mullican		525	23	F	4 20-24	28:06.3	28:34.7	9:04/M
219	Lindsay Norris	Elizabethtown PA	289	31	F	13 30-34	28:06.7	28:12.8	9:04/M
220	Amanda Flurry	Lancaster PA	111	27	F	8 25-29	28:07.2	28:14.0	9:04/M
221	Jonathan Roesner		534	10	M	18 1-14	28:11.8	28:32.7	9:05/M
222	Samantha Stackhouse	Elizabethtown PA	405	13	F	5 1-14	28:13.2	28:49.7	9:06/M
223	Darielle Christman	Alburtis PA	59	22	F	5 20-24	28:19.4	28:29.6	9:08/M
224	David Shipley		376	50	M	18 50-54	28:20.1	28:51.6	9:08/M
225	Dawn Prozzo	Toms River NJ	313	49	F	6 45-49	28:20.3	28:28.8	9:08/M
226	Jodie Stark	Holtwood PA	407	31	F	14 30-34	28:23.4	28:52.0	9:09/M
227	John Arnold	Lebanon PA	549	64	M	6 60-69	28:26.6	28:48.4	9:10/M
228	Jennifer Overmoyer		297	42	F	12 40-44	28:27.4	28:45.4	9:11/M
229	Kelcey Bucks	Lebanon PA	47	32	F	15 30-34	28:32.3	28:59.6	9:12/M
230	Colette Wilson		461	47	F	7 45-49	28:35.2	28:41.8	9:13/M
231	Patrick Mitchell	Lebanon PA	265	39	M	15 35-39	28:37.6	28:59.3	9:14/M
232	Mireille Cottle	Elizabethtown PA	69	45	F	8 45-49	28:44.8	29:05.1	9:16/M
233	Scott Duncanson	Camp Hill PA	87	51	M	19 50-54	28:44.9	29:02.6	9:16/M
234	Sheri Rice	Lititz PA	320	43	F	13 40-44	28:45.7	29:08.5	9:16/M
235	Melanie Heneny	Mount Gretna PA	562	36	F	12 35-39	28:45.9	29:02.1	9:16/M
236	Jayce Truskey	Dauphin PA	506	11	M	19 1-14	28:51.7	29:23.7	9:18/M
237	Shawn Miller	Elizabethtown PA	481	37	M	16 35-39	28:53.4	29:09.6	9:19/M
238	Chantal Chaplain	New Cumberland PA	58	31	F	16 30-34	28:59.1	29:06.0	9:21/M
239	Angel Pritts	Wrightsville PA	311	31	F	17 30-34	29:04.4	29:11.8	9:23/M
240	Bob Hivner	Landisville PA	501	55	M	8 55-59	29:05.6	29:24.9	9:23/M
241	Adam Smith	York PA	389	34	M	15 30-34	29:06.4	29:39.2	9:23/M
242	Kelly Cudnohufsky	Mechanicsburg PA	71	50	F	4 50-54	29:12.1	29:29.4	9:25/M
243	Barb Kennedy	Elizabethtown PA	191	47	F	9 45-49	29:15.8	29:22.2	9:26/M
244	Anne Garber	Elizabethtown PA	129	38	F	13 35-39	29:16.1	29:32.9	9:26/M
245	Wendell Buckwalter		49	50	M	20 50-54	29:16.8	29:36.0	9:26/M
246	Susan Truxal	Lancaster PA	440	62	F	1 60-69	29:20.7	29:26.3	9:28/M
247	Joanne Platt	Lane PA	307	42	F	14 40-44	29:21.3	29:30.3	9:28/M
248	Kimberly Bucher	Elizabethtown PA	41	13	F	6 1-14	29:21.6	29:38.7	9:28/M
249	Michele Byers	Lancaster PA	561	37	F	14 35-39	29:22.4	29:53.2	9:28/M
250	Charlene Ferrick	Palmyra PA	106	43	F	15 40-44	29:22.5	29:49.2	9:28/M
251	Nicole Hardy	Manheim PA	162	29	F	9 25-29	29:24.5	29:55.7	9:29/M
252	Sara Carroll	Lancaster PA	56	36	F	15 35-39	29:25.7	29:36.0	9:29/M
253	Jeannine Hohman	Lititz PA	174	48	F	10 45-49	29:26.7	29:36.9	9:30/M
254	Mandy Schlegel	Columbia PA	359	0	F	1 0-0	29:28.8	29:50.7	9:30/M
255	Tanya Stauffer	Lititz PA	409	36	F	16 35-39	29:32.3	30:05.4	9:32/M
256	Mary Verdelli	Hbg PA	444	35	F	17 35-39	29:34.9	29:47.8	9:32/M
257	Matthew Angstadt	Hummelstown PA	8	37	M	17 35-39	29:43.6	30:14.0	9:35/M
258	Jessica Schaber	Elizabethtown PA	355	33	F	18 30-34	29:44.3	29:58.4	9:35/M
259	Leslie Heindel		566	41	F	16 40-44	29:44.4	29:51.6	9:35/M
260	Nichole Feldenzer	Palmyra PA	105	40	F	17 40-44	29:45.6	30:12.1	9:36/M
261	Howard Wilson	Mechanicsburg PA	462	43	M	28 40-44	29:50.8	30:31.0	9:37/M
262	Bill Linker	York PA	231	45	M	26 45-49	29:53.6	30:16.9	9:38/M
263	Corey Schreffler	Middletown PA	361	36	M	18 35-39	29:54.8	30:27.2	9:39/M
264	Margaret Saunders	Lancaster PA	353	57	F	1 55-59	29:55.0	30:22.7	9:39/M
265	Kimber Mitzel		266	36	F	18 35-39	29:55.0	30:11.3	9:39/M
266	Jeanine Santoro		349	34	F	19 30-34	29:55.1	30:12.3	9:39/M
267	Jodi Myers	Lewistown PA	284	41	F	18 40-44	29:58.6	30:43.3	9:40/M
268	Ariel Eland	Princeton Junction	96	21	F	6 20-24	30:00.1	30:10.7	9:41/M

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Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
269	Kevin Hake		157	41	M	29 40-44	30:05.1	30:41.0	9:42/M
270	Jennifer Truskey	Harrisburg PA	517	47	F	11 45-49	30:06.3	30:38.9	9:43/M
271	Wallace Rejrat	Wynnewood PA	318	28	M	14 25-29	30:11.6	30:37.4	9:44/M
272	Travis Hershey		572	11	M	20 1-14	30:13.0	30:44.1	9:45/M
273	Kristie Cliff	Lancaster PA	64	38	F	19 35-39	30:18.6	30:28.2	9:46/M
274	Sylvana Gregg		571	13	F	7 1-14	30:19.0	30:49.0	9:47/M
275	Roger Smith	Hershey PA	396	49	M	27 45-49	30:19.6	30:53.3	9:47/M
276	Mitch Romig	Mount Joy PA	333	29	M	15 25-29	30:20.5	30:31.4	9:47/M
277	Michele Stackhouse	Elizabethtown PA	404	44	F	19 40-44	30:22.2	30:59.3	9:48/M
278	Gary Garbacik	Camp Hill PA	128	45	M	28 45-49	30:23.4	30:50.0	9:48/M
279	Danielle Garbacik	Camp Hill PA	127	16	F	6 15-19	30:23.5	30:49.7	9:48/M
280	Zachary Shenk	Elizabethtown PA	369	35	M	19 35-39	30:24.8	30:57.1	9:48/M
281	Eric Hoerner		172	55	M	9 55-59	30:25.2	30:50.6	9:49/M
282	Justine Colvin	Lancaster PA	67	33	F	20 30-34	30:32.3	31:02.4	9:51/M
283	Jeff Myers	Mount Joy PA	283	65	M	7 60-69	30:32.5	30:50.0	9:51/M
284	Dawn Spencer	New Holland PA	402	51	F	5 50-54	30:34.6	31:05.9	9:52/M
285	Amy Good		146	38	F	20 35-39	30:34.8	30:51.1	9:52/M
286	Emily Spencer	New Holland PA	403	20	F	7 20-24	30:34.9	31:06.1	9:52/M
287	Dylan Sites	Marietta PA	493	42	M	30 40-44	30:43.1	31:16.5	9:55/M
288	Shannon Alvarez		5	35	F	21 35-39	30:44.7	30:57.6	9:55/M
289	Crystal Pennell		546	26	F	10 25-29	30:46.1	30:59.1	9:55/M
290	Jaime Shoenfelt	Manheim PA	377	37	F	22 35-39	30:47.3	30:55.0	9:56/M
291	Erin Ruhl	Lebanon PA	339	32	F	21 30-34	30:48.3	31:17.4	9:56/M
292	Sarah Mabe		239	37	F	23 35-39	30:49.2	31:01.7	9:56/M
293	Michelle Saltsburg	Dillsburg PA	347	43	F	20 40-44	30:50.0	31:04.8	9:57/M
294	Dave Wheeler	Mount Joy PA	487	48	M	29 45-49	30:53.9	31:17.1	9:58/M
295	Kenneth Senft	Harrisburg PA	363	42	M	31 40-44	30:55.5	31:07.3	9:58/M
296	Jenefer Linker	York PA	232	31	F	22 30-34	30:55.8	31:18.8	9:58/M
297	Hugh Darlington	Elizabethtown PA	74	57	M	10 55-59	30:56.9	31:15.7	9:59/M
298	Audrey Hoffmann	Elizabethtown PA	173	27	F	11 25-29	30:58.2	31:28.4	9:59/M
299	Danielle Myers	Lancaster PA	282	27	F	12 25-29	30:59.0	31:21.5	10:00/M
300	Gisselle Talley	Ephrata PA	429	44	F	21 40-44	31:03.4	31:42.0	10:01/M
301	Tony Eisenberger	Lancaster PA	95	45	M	30 45-49	31:06.4	31:41.4	10:02/M
302	Aaron Lee	Marietta PA	226	32	M	16 30-34	31:07.8	31:23.3	10:02/M
303	Steven Barraclough	Elizabethtown PA	16	47	M	31 45-49	31:08.6	31:29.7	10:03/M
304	Julio Garcia	Elizabethtown PA	131	38	M	20 35-39	31:10.2	31:25.9	10:03/M
305	Rachael Rodgers	Lancaster PA	326	28	F	13 25-29	31:10.9	31:58.6	10:03/M
306	Penny Sheppard	Hummelstown PA	372	44	F	22 40-44	31:12.9	32:03.4	10:04/M
307	Meghan Stalebrink	Hummelstown PA	406	39	F	24 35-39	31:13.3	32:03.1	10:04/M
308	Stephanie Gingrich	Ephrata PA	145	46	F	12 45-49	31:19.8	32:05.0	10:06/M
309	Vanessa Kilby	Palmyra PA	198	37	F	25 35-39	31:21.5	31:32.3	10:07/M
310	Jennifer Ross	PA	337	36	F	26 35-39	31:24.7	31:50.6	10:08/M
311	Katie Ross	New Holland PA	338	15	F	7 15-19	31:24.9	31:50.5	10:08/M
312	Kenneth Gall	Marietta PA	126	53	M	21 50-54	31:27.4	31:46.1	10:09/M
313	Cassandra Smithson	Lancaster PA	499	46	F	13 45-49	31:28.1	32:02.7	10:09/M
314	Bruce Whiteley		460	64	M	8 60-69	31:34.0	32:01.0	10:11/M
315	Anne Masorti	Elizabethtown PA	246	38	F	27 35-39	31:34.3	32:10.8	10:11/M
316	Michael Masorti	Elizabethtown PA	247	39	M	21 35-39	31:34.5	32:10.8	10:11/M
317	Tammy Forrey	Lancaster PA	476	39	F	28 35-39	31:35.1	32:09.1	10:11/M
318	Matthew Forrey		569	40	M	32 40-44	31:35.3	32:10.1	10:11/M
319	Amanda Ruth	Lebanon PA	341	31	F	23 30-34	31:35.3	32:03.5	10:11/M
320	Karra Black	Lancaster PA	32	28	F	14 25-29	31:36.7	31:58.0	10:12/M
321	Kenneth Stauffer		408	40	M	33 40-44	31:39.5	32:02.6	10:13/M
322	Patricia Rodgers		325	44	F	23 40-44	31:44.3	32:09.1	10:14/M
323	Shay Long	Annaville PA	235	39	F	29 35-39	31:51.1	32:20.8	10:16/M
324	David Black	Elizabethtown PA	560	52	M	22 50-54	31:51.7	32:13.4	10:16/M
325	Lauren Hershey	Palmyra PA	167	13	F	8 1-14	31:52.0	32:22.8	10:17/M
326	Gregory Kerek	Lancaster PA	531	75	M	1 70-99	32:01.1	32:09.7	10:20/M
327	Barbara Raifsnider		315	51	F	6 50-54	32:04.3	32:14.0	10:21/M
328	Beth Rinehart	Mount Joy PA	322	36	F	30 35-39	32:14.3	32:26.5	10:24/M
329	Shawn McLaughin		528	48	M	32 45-49	32:19.5	32:50.6	10:25/M
330	Jennifer Andrus	Marietta PA	7	32	F	24 30-34	32:19.6	32:34.7	10:25/M
331	Virginia Murphy	Palmyra PA	279	43	F	24 40-44	32:19.8	32:45.5	10:25/M
332	Mary Karoly		189	44	F	25 40-44	32:20.5	32:46.3	10:26/M
333	Erin Mowrer	Mount Joy PA	273	36	F	31 35-39	32:23.2	32:53.9	10:27/M
334	Janet Wendler		532	64	F	2 60-69	32:24.8	32:58.8	10:27/M
335	Brian Shank	Wrightsville PA	365	41	M	34 40-44	32:29.8	32:41.9	10:29/M

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Overall Finish List

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Place			-----Total-----						
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
336	Steve Whitebread	Enola PA	459	40	M	35 40-44	32:30.1	32:42.2	10:29/M
337	Sue Ittleson	Palmyra PA	181	37	F	32 35-39	32:30.1	33:03.5	10:29/M
338	Gayle Merkt	Elizabethtown PA	262	41	F	26 40-44	32:32.6	33:02.4	10:30/M
339	Michele Hiester	Harrisburg PA	169	43	F	27 40-44	32:32.8	32:44.7	10:30/M
340	Gregg Robertson	Hershey PA	323	64	M	9 60-69	32:33.0	33:05.0	10:30/M
341	Marlene Weaver	Leola PA	454	39	F	33 35-39	32:33.6	33:01.6	10:30/M
342	Christine Smith		390	24	F	8 20-24	32:39.1	33:14.5	10:32/M
343	John Yohe	Dover PA	470	79	M	2 70-99	32:41.8	33:17.6	10:33/M
344	Amber Thompson		543	32	F	25 30-34	32:44.2	33:17.4	10:34/M
345	Mark Bellavia		24	53	M	23 50-54	32:58.4	33:20.9	10:38/M
346	Rose Ward	Columbia PA	449	62	F	3 60-69	32:59.7	33:07.1	10:38/M
347	Tanya Kramer	Spring Grove PA	205	41	F	28 40-44	33:02.9	33:38.5	10:39/M
348	Amy Shipley		375	43	F	29 40-44	33:06.7	33:38.8	10:41/M
349	Lydia Babb	Harrisburg PA	14	23	F	9 20-24	33:19.3	33:42.9	10:45/M
350	Kelly Muldowney	Lancaster PA	275	35	F	34 35-39	33:35.6	34:17.2	10:50/M
351	Jan Gaspich	Palmyra PA	574	49	F	14 45-49	33:37.9	34:10.2	10:51/M
352	Lori Sheneman	Mechanicsburg PA	367	34	F	26 30-34	33:38.5	33:52.0	10:51/M
353	Caroline Lawrence	PA	225	45	F	15 45-49	33:39.5	34:13.8	10:51/M
354	Cara Krodel	Lebanon PA	212	27	F	15 25-29	33:40.4	34:04.4	10:52/M
355	Jill Freedman	Hummelstown PA	121	33	F	27 30-34	33:43.1	34:16.0	10:53/M
356	Adrienne Byers		564	27	F	16 25-29	33:43.4	33:43.4	10:53/M
357	Megan Byers		565	25	F	17 25-29	33:43.6	33:43.6	10:53/M
358	Mary Susan Weidman		457	61	F	4 60-69	33:43.7	34:16.5	10:53/M
359	Jeff Kramer		529	51	M	24 50-54	33:44.7	34:22.9	10:53/M
360	Karen Bramley	Hummelstown PA	38	49	F	16 45-49	33:52.4	34:12.5	10:55/M
361	Melanie Morrow	Harrisburg PA	272	46	F	17 45-49	33:58.7	34:38.1	10:57/M
362	Meggan Swisher	Mechanicsburg PA	424	37	F	35 35-39	33:59.3	34:38.7	10:58/M
363	Jan Webb	Middletown PA	456	33	F	28 30-34	34:04.3	34:35.9	10:59/M
364	Melissa Greiner	Elizabethtown PA	150	43	F	30 40-44	34:07.2	34:32.7	11:00/M
365	Sarah Myers	Lewistown PA	286	13	F	9 1-14	34:07.5	34:52.8	11:00/M
366	Linda Lownsbery	Elizabethtown PA	527	44	F	31 40-44	34:07.9	34:24.9	11:00/M
367	Rachel Kratz	Spring City PA	208	25	F	18 25-29	34:10.8	34:52.9	11:01/M
368	Fawn Davies	Elizabethtown PA	76	45	F	18 45-49	34:11.5	34:41.3	11:02/M
369	Jason Garman	Lititz PA	132	40	M	36 40-44	34:13.8	34:32.8	11:02/M
370	Lisa Ayers	Annaville PA	12	42	F	32 40-44	34:18.1	34:38.8	11:04/M
371	Kelsey Greiner		149	14	F	10 1-14	34:19.5	34:44.9	11:04/M
372	Michelle Barraclough		15	43	F	33 40-44	34:19.8	34:55.1	11:04/M
373	Erin Antrim	Mount Joy PA	9	24	F	10 20-24	34:27.1	35:03.2	11:07/M
374	Judith Mondschein	Hummelstown PA	268	59	F	2 55-59	34:31.2	35:14.8	11:08/M
375	Suzanne Szczepanski	Elizabethtown PA	427	58	F	3 55-59	34:31.9	35:01.0	11:08/M
376	Barbara Bensus	Lancaster PA	495	63	F	5 60-69	34:35.1	35:08.5	11:09/M
377	Joanne Burkholder	Newmanstown PA	50	27	F	19 25-29	34:52.5	35:17.9	11:15/M
378	Emma Blyler	Elizabethtown PA	492	10	F	11 1-14	34:52.9	35:04.7	11:15/M
379	Chet Szczepanski	Elizabethtown PA	426	63	M	10 60-69	34:57.7	35:26.5	11:16/M
380	Cristina Pennino	Lancaster PA	304	26	F	20 25-29	35:05.7	35:33.2	11:19/M
381	Suzi Harman	Mountville PA	163	49	F	19 45-49	35:06.2	35:33.4	11:19/M
382	Valerie Stewart	Elizabethtown PA	413	36	F	36 35-39	35:06.9	35:45.4	11:19/M
383	David Towery	Annaville PA	437	42	M	37 40-44	35:07.9	35:47.9	11:20/M
384	Ashley Bucks	Hershey PA	477	28	F	21 25-29	35:10.6	35:38.0	11:21/M
385	David Demmy	Marietta PA	82	49	M	33 45-49	35:13.0	36:02.6	11:22/M
386	Kailah Ginder	Mount Joy PA	144	17	F	8 15-19	35:14.6	35:24.4	11:22/M
387	Kasey Lee	Marietta PA	227	28	F	22 25-29	35:14.7	35:30.2	11:22/M
388	Joel Ernst	East Petersburg PA	100	37	M	22 35-39	35:16.4	35:16.4	11:23/M
389	Miranda Hershey	Palmyra PA	168	17	F	9 15-19	35:18.5	35:49.2	11:23/M
390	Jodi Zook	Manheim PA	473	36	F	37 35-39	35:27.3	35:53.8	11:26/M
391	Jennifer Towery	Annaville PA	438	43	F	34 40-44	35:28.3	36:07.8	11:26/M
392	Mandy Stahl	Middletown PA	475	35	F	38 35-39	35:35.1	36:07.2	11:29/M
393	Bob Horst	Lancaster PA	176	83	M	3 70-99	35:44.7	35:50.5	11:32/M
394	Steve Stouffer	Elizabethtown PA	512	57	M	11 55-59	35:53.3	35:58.7	11:35/M
395	Judi Snyder	Annaville PA	398	44	F	35 40-44	35:54.4	36:23.9	11:35/M
396	Sydney Weaver	Leola PA	455	10	F	12 1-14	36:01.6	36:29.4	11:37/M
397	Ed Klinedinst		200	50	M	25 50-54	36:03.8	36:11.5	11:38/M
398	Lauren Destefano	Elizabethtown PA	486	11	F	13 1-14	36:14.8	36:26.4	11:41/M
399	Judy Anttonen	Millersville PA	10	72	F	1 70-99	36:34.6	36:56.4	11:48/M
400	Karen Eberly	Elizabethtown PA	92	46	F	20 45-49	36:47.4	37:08.7	11:52/M
401	Matt Sinkovitz	Carlisle PA	387	30	M	17 30-34	36:54.2	37:12.6	11:54/M
402	Jessica Katz	Timonium MD	190	29	F	23 25-29	37:03.9	37:32.1	11:57/M

Frozen Foot 5K 2014 RC 1

Race Date

January 19, 2014

Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
403	Misty Hine	Camp Hill PA	170	46	F	21 45-49	37:09.1	37:22.6	11:59/M
404	Cheri Yohe		469	51	F	7 50-54	37:14.8	37:49.8	12:01/M
405	Kim Guyer	Mechanicsburg PA	154	44	F	36 40-44	37:20.5	37:58.2	12:03/M
406	Gina Leed	Ephrata PA	228	45	F	22 45-49	37:28.5	37:53.4	12:05/M
407	Jeffrey Cochran	Lititz PA	65	43	M	38 40-44	37:31.3	37:55.7	12:06/M
408	Lauren Kochel	Harrisburg PA	202	28	F	24 25-29	37:42.2	38:07.7	12:10/M
409	Megan Becker	Lititz PA	21	28	F	25 25-29	38:13.6	38:55.7	12:20/M
410	Ralph Detrick	Elizabethtown PA	83	73	M	4 70-99	38:13.9	38:51.9	12:20/M
411	Jung On		539	21	M	5 20-24	38:39.3	39:08.3	12:28/M
412	Jin On	Harrisburg PA	295	23	F	11 20-24	38:39.6	39:08.6	12:28/M
413	Michael Santoro	Shrewsbury PA	350	35	M	23 35-39	38:44.7	39:01.4	12:30/M
414	Melissa Powell	Harrisburg PA	310	30	F	29 30-34	38:53.1	39:26.4	12:33/M
415	Pamela Smith	Hershey PA	395	52	F	8 50-54	38:58.7	39:38.3	12:34/M
416	Alli Stover	York PA	418	34	F	30 30-34	39:01.2	39:36.1	12:35/M
417	Allison Chadwick	Lancaster PA	57	33	F	31 30-34	39:01.4	39:36.6	12:35/M
418	Rochelle Meiskey	Columbia PA	260	41	F	37 40-44	39:09.3	39:43.9	12:38/M
419	Amy Lewis	Columbia PA	230	34	F	32 30-34	39:10.0	39:44.7	12:38/M
420	Mary Lott		237	53	M	26 50-54	39:10.3	39:39.6	12:38/M
421	Louise Darlington	Elizabethtown PA	75	53	F	9 50-54	39:13.2	39:32.0	12:39/M
422	Colleen Knutsen	Palmyra PA	201	49	F	23 45-49	39:31.9	40:08.3	12:45/M
423	Jeanine Heckman	Annville PA	576	45	F	24 45-49	39:43.7	40:19.6	12:49/M
424	Steve Romano	Lititz PA	332	45	M	34 45-49	39:54.6	40:04.7	12:52/M
425	Kim Romano	Lititz PA	331	44	F	38 40-44	39:54.9	40:05.2	12:52/M
426	Andi Wagner		445	30	F	33 30-34	40:19.2	40:49.4	13:00/M
427	Kristin Dzurko	Harrisburg PA	89	34	F	34 30-34	41:01.3	41:18.8	13:14/M
428	Karen Dzurko	Harrisburg PA	88	63	F	6 60-69	41:13.9	41:32.0	13:18/M
429	John Frantz		117	60	M	11 60-69	41:28.7	41:30.1	13:23/M
430	Richard McCullough	Lititz PA	253	80	M	5 70-99	41:48.2	42:08.7	13:29/M
431	Beth Krebs	Lancaster PA	210	43	F	39 40-44	41:51.8	42:11.5	13:30/M
432	Ashley Mercado	Lancaster PA	570	29	F	26 25-29	41:59.5	42:30.5	13:33/M
433	Deb Vanek		443	56	F	4 55-59	42:05.0	42:46.9	13:35/M
434	Mary Weissenborn	Harrisburg PA	458	35	F	39 35-39	42:40.0	43:17.5	13:46/M
435	Heidi Kenton	Greenwood DE	196	37	F	40 35-39	43:00.2	43:28.2	13:52/M
436	Zoe Kenton	Greenwood DE	197	10	F	14 1-14	43:00.5	43:28.4	13:52/M
437	Alex Mayer	Akron PA	248	24	M	6 20-24	44:04.6	45:21.1	14:13/M
438	Tamara Campbell	Lancaster PA	54	46	F	25 45-49	44:05.3	45:21.6	14:13/M
439	Gina Pronesti	Harrisburg PA	312	39	F	41 35-39	44:42.1	45:02.1	14:25/M
440	Maureen Grumbine		153	45	F	26 45-49	44:56.3	45:21.1	14:30/M
441	Judy Swarthout		422	64	F	7 60-69	45:33.3	46:00.6	14:42/M
442	Nora Haefele	Stowe PA	155	56	F	5 55-59	45:34.1	46:15.6	14:42/M
443	Heidi Bingeman	Lebanon PA	29	48	F	27 45-49	45:43.4	46:04.0	14:45/M
444	Emma Teter	Elizabethtown PA	488	7	F	15 1-14	45:56.9	46:17.7	14:49/M
445	Heather Teter	Elizabethtown PA	490	43	F	40 40-44	45:57.6	46:18.2	14:49/M
446	Andrea Long		551	38	F	42 35-39	46:14.7	46:36.7	14:55/M
447	Elsie Gilliland	Lititz PA	142	71	F	2 70-99	46:35.7	46:59.6	15:02/M
448	Joseph Haney	Middletown PA	161	42	M	39 40-44	47:13.1	47:13.1	15:14/M
449	Stephanie Geib	Manheim PA	538	52	F	10 50-54	47:23.7	48:11.2	15:17/M
450	Ronald Stettler		567	48	M	35 45-49	47:25.6	48:13.3	15:18/M
451	Nevin Rutherford		343	9	M	21 1-14	47:35.2	47:57.3	15:21/M
452	Gerald Rutherford	Elizabethtown PA	342	41	M	40 40-44	47:37.6	48:00.0	15:22/M
453	Kelly Monaghan	Elizabethtown PA	494	37	F	43 35-39	48:19.4	49:11.5	15:35/M
454	Carolina Russo-Holding	Elizabethtown PA	340	33	F	35 30-34	48:37.5	49:07.2	15:41/M
455	Debra Portzline		558	50	F	11 50-54	48:50.4	49:36.8	15:45/M
456	Chad Feeser	Carlisle PA	103	29	M	16 25-29	48:51.9	49:41.7	15:45/M
457	Larry Portzline		559	52	M	27 50-54	48:52.5	49:39.0	15:46/M
458	Russ Abbitt	Virginia Beach VA	511	53	M	28 50-54	48:52.9	49:39.4	15:46/M
459	Laura Feeser	Carlisle PA	104	26	F	27 25-29	49:21.4	50:10.8	15:55/M
460	Carlie Klick		563	29	F	28 25-29	49:29.9	50:07.4	15:58/M
461	Kyrianna Frantz		118	12	F	16 1-14	50:11.1	51:03.1	16:11/M
462	Nick Keller		556	9	M	22 1-14	51:45.3	51:59.5	16:42/M
463	Amy Frantz		115	55	F	6 55-59	51:51.5	52:43.8	16:44/M
464	Ali Keller	Mount Wolf PA	557	37	F	44 35-39	51:54.9	52:09.7	16:45/M
465	Jen Cless		554	27	F	29 25-29	51:56.6	52:11.6	16:45/M
466	Sharon Cless	Mountville PA	553	59	F	7 55-59	52:04.7	52:19.5	16:48/M
467	Joan Leedom	Elizabethtown PA	229	61	F	8 60-69	53:06.8	53:49.9	17:08/M
468	Patty Dangler		73	61	F	9 60-69	53:06.9	53:49.9	17:08/M