

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	Mark Oles		1443	36	M	1 Top Fin	17:17.3	17:17.3	5:35/M
2	Bryson Long		763	19	M	1 19-29	17:55.1	17:55.1	5:47/M
3	Jordan Shimer	Manheim PA	1162	18	M	1 15-18	17:55.7	17:55.7	5:47/M
4	Alec Luscher		785	15	M	2 15-18	17:59.0	17:59.0	5:48/M
5	Nathan Lachman		718	16	M	3 15-18	18:13.9	18:13.9	5:53/M
6	Jonathon Garcia		435	16	M	4 15-18	18:38.2	18:38.2	6:01/M
7	Steve Gergely		459	35	M	1 30-39	18:48.0	18:48.0	6:04/M
8	Bob Porambo	Elizabethtown PA	1023	32	M	2 30-39	18:58.6	18:58.6	6:07/M
9	Nathan Boyer	Manheim	94	14	M	1 11-14	19:27.4	19:27.4	6:16/M
10	Jason Gamble	Harrisburg	432	34	M	3 30-39	19:33.1	19:33.1	6:18/M
11	Dwight Eichelberger		311	51	M	1 50-59	19:38.8	19:38.8	6:20/M
12	Galen Fitzkee		378	14	M	2 11-14	19:45.3	19:45.3	6:22/M
13	Scott Hankle		511	42	M	1 40-49	19:46.6	19:46.6	6:23/M
14	Eric Pavlik		996	19	M	2 19-29	19:47.8	19:47.8	6:23/M
15	Clayton Bouchard		90	40	M	2 40-49	19:48.3	19:48.3	6:23/M
16	Jesse Grube		495	19	M	3 19-29	20:13.7	20:13.7	6:31/M
17	Krista Nikolaus		952	40	F	1 40-49	20:15.3	20:15.3	6:32/M
18	Brent Kreider		713	42	M	3 40-49	20:25.5	20:25.5	6:35/M
19	Chris Hamilton		508	21	M	4 19-29	20:25.9	20:25.9	6:35/M
20	Matt Dietrich		1525	24	M	5 19-29	20:32.2	20:32.2	6:37/M
21	Tom Sheaffer		1151	45	M	4 40-49	20:34.7	20:34.7	6:38/M
22	Abby Landis		724	24	F	1 19-29	20:39.7	21:23.1	6:40/M
23	Scott Miller		877	48	M	5 40-49	20:43.2	20:43.2	6:41/M
24	David Dise		277	16	M	5 15-18	20:46.9	20:46.9	6:42/M
25	Robert Iosue		623	21	M	6 19-29	20:52.4	20:52.4	6:44/M
26	Sarah Forgione		390	39	F	1 30-39	20:54.6	20:54.6	6:45/M
27	Jay DeHart		235	28	M	7 19-29	20:56.5	20:56.5	6:45/M
28	Meg Griffith		489	26	F	2 19-29	21:05.2	21:05.2	6:48/M
29	Philip Rhodes		1065	27	M	8 19-29	21:07.1	21:07.1	6:49/M
30	Brandon Kauffman		654	17	M	6 15-18	21:11.8	21:11.8	6:50/M
31	Adam Buchmoyer		130	28	M	9 19-29	21:11.8	21:11.8	6:50/M
32	Mike Korom		693	30	M	4 30-39	21:20.4	21:20.4	6:53/M
33	Heath Dietrich		260	38	M	5 30-39	21:28.3	21:28.3	6:55/M
34	Michael Heckendorn		533	34	M	6 30-39	21:36.8	21:36.8	6:58/M
35	Kyle Weaver		1342	30	M	7 30-39	21:37.7	21:37.7	6:58/M
36	Michael Long		1514	40	M	6 40-49	21:40.5	21:40.5	6:59/M
37	Niko Gavala		443	12	M	3 11-14	21:46.8	21:46.8	7:01/M
38	Joshua Sawyer		1117	26	M	10 19-29	21:47.6	21:55.6	7:02/M
39	Adrienne Bruch		124	12	F	1 11-14	21:48.6	21:48.6	7:02/M
40	Gavin Tragis		1296	13	M	4 11-14	21:52.1	21:52.1	7:03/M
41	Chris Roye		1088	24	M	11 19-29	21:55.3	24:15.8	7:04/M
42	Nathan Oates		969	37	M	8 30-39	21:57.1	21:57.1	7:05/M
43	Ray Truex		1473	41	M	7 40-49	21:57.9	21:57.9	7:05/M
44	Bella Forgione		391	11	F	2 11-14	21:59.0	21:59.0	7:05/M
45	Ethan McNaughton		848	25	M	12 19-29	22:05.4	22:05.4	7:07/M
46	joy epler		328	43	F	2 40-49	22:06.4	22:06.4	7:08/M
47	Andy Blascovich	Harrisburg PA	73	33	M	9 30-39	22:09.5	22:09.5	7:09/M
48	Aaron Schwartz		1129	33	M	10 30-39	22:10.1	22:10.1	7:09/M
49	Josh Nelson		938	35	M	11 30-39	22:13.0	22:13.0	7:10/M
50	Jenna Ferris		367	15	F	1 15-18	22:13.9	22:13.9	7:10/M
51	Lauren Gahres		424	29	F	3 19-29	22:16.5	22:16.5	7:11/M
52	Jon Kumher		715	20	M	13 19-29	22:18.2	22:18.2	7:12/M
53	Emma Rogers		1076	13	F	3 11-14	22:20.6	22:20.6	7:12/M
54	Jenni Oates		970	32	F	2 30-39	22:25.5	22:25.5	7:14/M
55	Greg Farmer		354	28	M	14 19-29	22:26.9	22:26.9	7:14/M
56	Austin Nelson		939	11	M	5 11-14	22:29.0	22:47.7	7:15/M
57	Brian Consylman		196	23	M	15 19-29	22:30.6	22:30.6	7:15/M
58	Beth Ferris		366	44	F	3 40-49	22:32.2	22:32.2	7:16/M
59	Carly Youngeberg		1416	22	F	4 19-29	22:35.3	22:35.3	7:17/M
60	Jordan Esbenshade		337	16	M	7 15-18	22:35.9	22:35.9	7:17/M
61	Mallory Sunderland		1271	12	F	4 11-14	22:39.7	22:39.7	7:18/M
62	Brian Von Stetten		1318	43	M	8 40-49	22:40.0	22:47.9	7:19/M
63	Jason Ibach		617	36	M	13 30-39	22:42.1	22:42.1	7:19/M
64	Chris Hiestand		560	32	M	12 30-39	22:42.1	22:42.1	7:19/M
65	Joel Harnly		518	19	M	16 19-29	22:44.7	22:44.7	7:20/M
66	Cory Fisher		373	20	M	17 19-29	22:46.3	22:46.3	7:21/M
67	Eric Moffet		889	34	M	14 30-39	22:48.5	22:48.5	7:21/M

Race Date  
June 01, 2013

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## Overall Finish List

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Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
68	Colton Sauder	Manheim PA	1110	23	M	18 19-29	22:51.2	22:51.2	7:22/M
69	John Meck		852	20	M	19 19-29	22:55.4	22:55.4	7:24/M
70	Kate Dickow		257	12	F	5 11-14	22:56.7	22:56.7	7:24/M
71	Pam Snavely		1205	43	F	4 40-49	23:01.9	23:01.9	7:25/M
72	Adam Forry		392	36	M	15 30-39	23:03.2	23:03.2	7:26/M
73	John Hosler		590	15	M	8 15-18	23:05.9	25:26.1	7:27/M
74	Priscilla Caliz		150	27	F	5 19-29	23:09.0	23:52.0	7:28/M
75	IAN BURKHOLDER		142	15	M	9 15-18	23:09.5	23:09.5	7:28/M
76	Felicia Chririco		176	43	F	5 40-49	23:11.6	23:11.6	7:29/M
77	Nathan Musser		924	18	M	10 15-18	23:12.2	23:12.2	7:29/M
78	Heidi Metzler		867	21	F	6 19-29	23:12.7	23:12.7	7:29/M
79	Corby Burkholder		140	35	M	16 30-39	23:12.9	23:12.9	7:29/M
80	Alexandra Stairs		1222	31	F	3 30-39	23:16.3	23:16.3	7:30/M
81	Ben Coolbeth		1502	14	M	6 11-14	23:19.4	23:19.4	7:31/M
82	Steve Douple		292	41	M	9 40-49	23:20.3	23:20.3	7:32/M
83	John Trovato		1306	32	M	1 30-39	23:21.1	23:21.1	7:32/M
84	David Goff		470	41	M	10 40-49	23:26.7	23:26.7	7:34/M
85	Hayden Milchanowski		873	7	M	1 1-10	23:27.6	23:27.6	7:34/M
86	Jason Irwin		1445	17	M	11 15-18	23:28.5	23:45.0	7:34/M
87	Madison Mohr		892	15	F	2 15-18	23:28.8	23:28.8	7:34/M
88	Jaide Epler		329	12	F	6 11-14	23:29.1	23:29.1	7:35/M
89	David Zug		1487	29	M	20 19-29	23:31.2	23:31.2	7:35/M
90	Michael Hamilton		506	15	M	12 15-18	23:33.0	23:33.0	7:36/M
91	Loren Kreider		1450	40	M	11 40-49	23:42.6	23:42.6	7:39/M
92	Brayden Clair		183	14	M	7 11-14	23:43.6	23:43.6	7:39/M
93	Scott Zerkowski		1428	50	M	2 50-59	23:45.0	23:45.0	7:40/M
94	Jen Garman		436	35	F	4 30-39	23:45.6	23:45.6	7:40/M
95	Robert Pavlik		998	15	M	13 15-18	23:48.6	23:48.6	7:41/M
96	William Zeamer		1420	43	M	12 40-49	23:50.4	23:50.4	7:41/M
97	Wave Mosher		903	34	M	17 30-39	23:51.2	23:51.2	7:42/M
98	jason oswald		982	39	M	18 30-39	23:56.2	23:56.2	7:43/M
99	Kelly Zeigler		1425	34	F	5 30-39	23:56.4	23:56.4	7:43/M
100	Stephen Haldeman		503	25	M	21 19-29	23:58.2	23:58.2	7:44/M
101	Laura Brenner		105	22	F	7 19-29	23:59.7	23:59.7	7:44/M
102	Matthew Davis		229	33	M	19 30-39	24:00.9	24:00.9	7:45/M
103	Alex Morales		898	13	M	8 11-14	24:01.0	25:52.3	7:45/M
104	Garret Olson		979	23	M	22 19-29	24:07.7	24:07.7	7:47/M
105	Scott Huber		598	40	M	13 40-49	24:10.8	24:10.8	7:48/M
106	Trevor Brubaker		123	20	M	23 19-29	24:14.2	24:14.2	7:49/M
107	Michael Gaffney		422	29	M	24 19-29	24:16.4	25:04.9	7:50/M
108	Kurt Kessler		1497	21	M	25 19-29	24:20.7	24:40.2	7:51/M
109	Carly Leitzel		747	21	F	8 19-29	24:21.3	24:40.1	7:51/M
110	Charlotte Longenecker		765	27	F	9 19-29	24:22.3	24:22.3	7:52/M
111	Barry Zug		1437	44	M	14 40-49	24:22.6	25:48.3	7:52/M
112	Rory Frey		405	20	M	26 19-29	24:25.7	24:25.7	7:53/M
113	Jason Barlup	Newport PA	41	34	M	20 30-39	24:29.1	25:00.9	7:54/M
114	Joe Henderson Jr.		543	28	M	27 19-29	24:29.3	24:29.3	7:54/M
115	Kole Dorwart		288	15	M	14 15-18	24:29.7	24:46.6	7:54/M
116	Jonathan Hess		555	36	M	21 30-39	24:30.7	24:30.7	7:54/M
117	Caroline Huyard		613	42	F	6 40-49	24:31.4	24:31.4	7:55/M
118	Brad Landis		1449	38	M	22 30-39	24:32.2	24:32.2	7:55/M
119	Blake Jacyszyn		627	12	M	9 11-14	24:39.8	24:39.8	7:57/M
120	Chantel Huyard		612	16	F	3 15-18	24:42.0	24:42.0	7:58/M
121	Melissa Otto		984	43	F	7 40-49	24:42.2	24:42.2	7:58/M
122	Justin Lane		725	25	M	28 19-29	24:42.4	24:42.4	7:58/M
123	Craig Griffith		488	54	M	3 50-59	24:44.2	24:44.2	7:59/M
124	Micah Johnston		637	25	M	29 19-29	24:46.4	24:57.6	7:59/M
125	Jimmy Pohl		1021	25	M	30 19-29	24:46.8	24:46.8	7:59/M
126	Corinna Good		477	20	F	10 19-29	24:50.8	24:50.8	8:01/M
127	Janelle Peters		1003	20	F	11 19-29	24:50.9	24:50.9	8:01/M
128	Charis Diinger		267	15	F	4 15-18	24:51.5	24:51.5	8:01/M
129	Halle Funk		416	14	F	7 11-14	24:51.5	24:51.5	8:01/M
130	Eric Zeigler		1426	35	M	23 30-39	24:52.7	24:52.7	8:01/M
131	Duane Evans		344	46	M	15 40-49	24:52.9	24:52.9	8:01/M
132	Barbara Still	Newport PA	1242	34	F	6 30-39	24:53.5	25:28.1	8:02/M
133	Anthony Brusk	Ephrata PA	125	46	M	16 40-49	24:53.9	24:53.9	8:02/M
134	Sadie Moore		896	26	F	12 19-29	24:56.7	24:56.7	8:03/M

Race Date  
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## Overall Finish List

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Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
135	Tara Koch		688	35	F	7 30-39	24:58.7	24:58.7	8:03/M
136	Zachary Rowe		1086	31	M	24 30-39	25:02.6	25:09.9	8:05/M
137	Stephanie Newswanger		945	35	F	8 30-39	25:05.2	25:05.2	8:05/M
138	Austin Snyder		1214	12	M	10 11-14	25:06.3	25:06.3	8:06/M
139	Christina Gavala		441	14	F	8 11-14	25:06.4	25:06.4	8:06/M
140	Michael Fegley		362	25	M	31 19-29	25:07.9	25:07.9	8:06/M
141	Josh Gordon		479	30	M	25 30-39	25:09.1	25:09.1	8:07/M
142	Heather Stoner	Elizabethtown PA	1254	44	F	8 40-49	25:12.2	25:12.2	8:08/M
143	Elizabeth Neifert		936	39	F	9 30-39	25:12.3	25:12.3	8:08/M
144	Brittany Stoll		1245	19	F	13 19-29	25:14.8	25:14.8	8:08/M
145	Anna Moffitt		1523	0	F	1 0-0	25:15.6	27:10.9	8:09/M
146	Katie Nissley		953	25	F	14 19-29	25:15.9	25:15.9	8:09/M
147	Patrick Sasse		1109	33	M	26 30-39	25:17.7	25:17.7	8:09/M
148	Ryan Neff		935	38	M	27 30-39	25:18.2	25:32.3	8:10/M
149	Allison Reifsnnyder		1057	25	F	15 19-29	25:19.0	25:19.0	8:10/M
150	Cody Miller		885	28	M	32 19-29	25:20.7	25:20.7	8:10/M
151	Melody Sue Ream		1045	42	F	9 40-49	25:21.3	25:21.3	8:11/M
152	Audrey Caleca		149	37	F	10 30-39	25:23.3	26:25.8	8:11/M
153	Michael Smith		1199	20	M	33 19-29	25:23.9	25:23.9	8:11/M
154	Evan Esh		1507	16	M	15 15-18	25:24.0	25:24.0	8:12/M
155	Missy Harbach		513	38	F	11 30-39	25:24.4	25:24.4	8:12/M
156	Luke Redcay		1049	9	M	2 1-10	25:25.3	25:34.7	8:12/M
157	Samantha Irwin		1444	23	F	16 19-29	25:26.6	25:43.9	8:12/M
158	Audrey Seldomridge		1131	28	F	17 19-29	25:26.7	25:26.7	8:12/M
159	Bob Campbell		1517	61	M	1 60-69	25:26.7	25:26.7	8:12/M
160	Jaime Coble		188	31	F	12 30-39	25:27.1	25:27.1	8:13/M
161	Casey Hess		554	34	F	13 30-39	25:27.5	25:27.5	8:13/M
162	Erica Hollenbaugh		577	27	F	18 19-29	25:28.8	25:28.8	8:13/M
163	Samantha Blanck		72	31	F	14 30-39	25:28.9	25:28.9	8:13/M
164	Beth Kirchner		680	26	F	19 19-29	25:28.9	25:28.9	8:13/M
165	Miranda Shirk	Ephrata PA	1165	27	F	20 19-29	25:29.7	25:29.7	8:13/M
166	Mitchell Martin		821	12	M	11 11-14	25:31.6	25:55.9	8:14/M
167	Dennis Hosler		591	42	M	17 40-49	25:32.0	26:01.1	8:14/M
168	Jason Hertzog		550	34	M	28 30-39	25:32.9	26:34.5	8:14/M
169	Kevin Krause		700	27	M	34 19-29	25:33.5	25:49.0	8:15/M
170	Domenick Longo		768	26	M	35 19-29	25:34.2	25:34.2	8:15/M
171	Justin Reynolds		1062	42	M	18 40-49	25:35.1	25:35.1	8:15/M
172	Jared Decker		231	22	M	36 19-29	25:35.2	25:35.2	8:15/M
173	Katherine Diller		270	17	F	5 15-18	25:36.0	25:36.0	8:15/M
174	Hillary Snavelly		1204	24	F	21 19-29	25:37.9	25:37.9	8:16/M
175	Chase Moyer		909	20	M	37 19-29	25:38.1	25:38.1	8:16/M
176	Manda Strickler		1262	22	F	22 19-29	25:38.8	27:59.7	8:16/M
177	Kevin Peachey		999	25	M	38 19-29	25:39.6	25:39.6	8:16/M
178	Robin Loercher		759	53	F	1 50-59	25:41.0	25:41.0	8:17/M
179	Jill Gamble	Harrisburg	431	32	F	15 30-39	25:42.9	25:42.9	8:17/M
180	Maria DeNunzio		249	18	F	6 15-18	25:43.1	25:43.1	8:18/M
181	Matthew Rogers		1077	26	M	39 19-29	25:43.6	25:43.6	8:18/M
182	Kyle Zeamer		1422	15	M	16 15-18	25:44.0	28:10.0	8:18/M
183	Jon Gavala		1519	21	M	40 19-29	25:44.4	25:44.4	8:18/M
184	Samantha Johnston		638	25	F	23 19-29	25:44.9	25:55.4	8:18/M
185	Ben Weaver		1343	14	M	12 11-14	25:45.0	26:04.9	8:18/M
186	Madalyn Hosler		589	13	F	9 11-14	25:45.2	25:45.2	8:18/M
187	Jordan Mitchell		888	17	F	7 15-18	25:46.9	25:46.9	8:19/M
188	Maria Delgado		241	40	F	10 40-49	25:48.9	25:48.9	8:19/M
189	Colin Martin		815	15	M	17 15-18	25:49.8	26:00.4	8:20/M
190	Erika Deeter		233	34	F	16 30-39	25:49.9	26:01.6	8:20/M
191	Tessa Torborg		1293	31	F	17 30-39	25:52.8	25:52.8	8:21/M
192	Jennifer Nikolaus		951	38	F	18 30-39	25:54.5	25:54.5	8:21/M
193	Rick Gehman		448	29	M	41 19-29	25:55.0	25:55.0	8:22/M
194	Ellen Vogt	Landisville PA	1317	33	F	19 30-39	25:59.8	25:59.8	8:23/M
195	Erin Long	Palmyra	764	24	F	24 19-29	26:02.4	26:02.4	8:24/M
196	Ron Kreider		710	55	F	2 50-59	26:02.6	26:02.6	8:24/M
197	Eli Huyard		614	14	M	13 11-14	26:03.9	26:03.9	8:24/M
198	Glenn Nolt		956	63	M	2 60-69	26:04.6	26:13.4	8:25/M
199	Amanda Derosier		252	30	F	20 30-39	26:06.4	26:06.4	8:25/M
200	Brian Karsnitz	York PA	649	51	M	4 50-59	26:06.8	27:06.2	8:25/M
201	Austin Nolt		958	17	M	18 15-18	26:07.5	26:25.7	8:25/M

Race Date  
June 01, 2013

# Rock N Glow 2013

## Overall Finish List

5K

Place						-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
202	Shelby Hontz		581	18	F	8 15-18	26:08.4	26:26.6	8:26/M
203	Donovan Carrero		163	10	M	3 1-10	26:09.6	26:09.6	8:26/M
204	David Carrero		164	32	M	29 30-39	26:10.0	26:10.0	8:26/M
205	Khalee Kreider		708	17	F	9 15-18	26:10.2	26:10.2	8:26/M
206	Melissa Nolt		959	40	F	11 40-49	26:11.0	26:30.8	8:27/M
207	Matthew Burkholder		141	39	M	30 30-39	26:11.1	26:11.1	8:27/M
208	Sarah Wolfe		1388	34	F	21 30-39	26:12.0	26:20.5	8:27/M
209	Courtney Harris		522	23	F	25 19-29	26:12.6	26:12.6	8:27/M
210	Tonya Daecher		218	30	F	22 30-39	26:13.0	26:13.0	8:27/M
211	Isaac Muhr		910	18	M	19 15-18	26:13.5	26:13.5	8:27/M
212	Jim Knauss		685	56	M	5 50-59	26:13.6	26:13.6	8:27/M
213	Adrian Shelley		1154	40	M	19 40-49	26:15.2	26:15.2	8:28/M
214	Tim Hartel		523	37	M	31 30-39	26:16.7	27:42.6	8:28/M
215	Jason Hondru		579	36	M	32 30-39	26:17.0	26:17.0	8:29/M
216	Stacy Hondru		578	35	F	23 30-39	26:17.1	26:17.1	8:29/M
217	Mark Murr	Manheim PA	915	42	M	20 40-49	26:18.8	27:22.8	8:29/M
218	Sarah Worobey		1401	24	F	26 19-29	26:19.8	28:01.4	8:29/M
219	Keerston Underkoffler		1465	13	F	10 11-14	26:21.3	26:21.3	8:30/M
220	Debra Woods		1399	51	F	3 50-59	26:22.1	26:22.1	8:30/M
221	Dave Hockley		567	48	M	21 40-49	26:22.9	26:49.8	8:30/M
222	Jhett Mummert		1453	29	F	27 19-29	26:23.0	26:23.0	8:31/M
223	Keith Myers		1508	51	M	6 50-59	26:24.7	26:49.5	8:31/M
224	Alicia Underkoffler		1466	11	F	11 11-14	26:25.0	26:25.0	8:31/M
225	Jacqueline Woolford	Hershey PA	1400	37	F	24 30-39	26:25.8	26:25.8	8:31/M
226	Bess Blinebury		77	33	F	25 30-39	26:26.4	26:26.4	8:32/M
227	Scott Bowser		91	43	M	22 40-49	26:26.9	26:26.9	8:32/M
228	Kelly Lutz		786	43	F	12 40-49	26:28.3	26:43.7	8:32/M
229	Joshua Mitchell		887	25	M	42 19-29	26:30.4	28:51.2	8:33/M
230	Pamela Bucher	Elizabethtown PA	127	45	F	13 40-49	26:31.1	26:31.1	8:33/M
231	Harrison Myer		1468	16	M	20 15-18	26:32.0	28:54.2	8:34/M
232	Lynn Rohal		1079	35	F	26 30-39	26:32.1	26:40.7	8:34/M
233	Nicholas Troutman		1302	27	M	43 19-29	26:32.8	27:36.6	8:34/M
234	Tracey Campbell		154	40	F	14 40-49	26:36.5	26:36.5	8:35/M
235	Chelsea Allman		12	28	F	28 19-29	26:37.6	26:37.6	8:35/M
236	Shane Loercher		760	28	M	44 19-29	26:38.2	26:38.2	8:35/M
237	April Golembeski		472	30	F	27 30-39	26:38.6	26:38.6	8:35/M
238	Dana Hostetter		593	14	F	12 11-14	26:41.2	29:07.9	8:36/M
239	Cordell Musser		925	47	M	23 40-49	26:46.4	27:50.4	8:38/M
240	Colleen DeHart		236	27	F	29 19-29	26:47.0	26:47.0	8:38/M
241	Michelle Klein		681	39	F	28 30-39	26:47.5	27:53.9	8:38/M
242	Candace DeBord		230	31	F	29 30-39	26:47.7	26:47.7	8:38/M
243	Tim Merkt	Elizabethtown PA	866	40	M	24 40-49	26:48.1	27:13.1	8:39/M
244	Ron Kreider		709	55	M	7 50-59	26:50.6	26:50.6	8:39/M
245	Shawn Hontz		582	22	F	30 19-29	26:50.8	27:10.2	8:39/M
246	Aubrey Williamson		1371	8	F	1 1-10	26:52.0	26:52.0	8:40/M
247	Alexa Evans		343	16	F	10 15-18	26:54.1	26:54.1	8:41/M
248	Ashlee Evans		346	12	F	13 11-14	26:54.8	26:54.8	8:41/M
249	Bernadette Sheaffer		1150	45	F	15 40-49	26:57.1	27:22.2	8:42/M
250	Angela Warner		1330	36	F	30 30-39	26:58.3	27:54.8	8:42/M
251	Nicole Swinehart		1277	24	F	31 19-29	27:00.0	27:07.9	8:43/M
252	Matt Robinson		1074	31	M	33 30-39	27:01.2	29:01.5	8:43/M
253	Jessica Barlup	Newport PA	42	34	F	31 30-39	27:03.5	27:39.2	8:44/M
254	Zack Zeamer		1423	15	M	21 15-18	27:03.6	27:22.0	8:44/M
255	Ryan Hewett		559	19	M	45 19-29	27:05.1	28:24.9	8:44/M
256	Deb Loser		771	50	F	4 50-59	27:05.3	27:05.3	8:44/M
257	William Betancourt		67	10	M	4 1-10	27:05.6	27:05.6	8:44/M
258	Alexis Hosler		588	11	F	14 11-14	27:05.6	27:12.7	8:44/M
259	Tony Loser		772	45	M	25 40-49	27:05.7	27:05.7	8:44/M
260	Nico Thompson		1287	26	M	46 19-29	27:06.8	28:19.7	8:45/M
261	Daniel Suereth		1269	34	M	34 30-39	27:07.6	27:07.6	8:45/M
262	Ted Gavala		442	50	M	8 50-59	27:08.9	27:08.9	8:45/M
263	Mark Dietrich		264	21	M	47 19-29	27:09.7	27:36.8	8:45/M
264	Madalyn Nelson		940	13	F	15 11-14	27:09.7	27:09.7	8:45/M
265	Deirdre Kohr	York PA	691	49	F	16 40-49	27:10.6	28:11.0	8:46/M
266	Holly Schlosser		1124	34	F	32 30-39	27:11.4	27:23.7	8:46/M
267	Joe Dietrich		262	31	M	35 30-39	27:13.1	27:40.4	8:47/M
268	Bryan Zeamer		1421	42	M	26 40-49	27:16.8	27:35.4	8:48/M

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Place						-----Total-----			
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
269	Kirsten Myer		928	15	F	11 15-18	27:17.3	27:24.6	8:48/M
270	Barry Garner		1493	35	M	36 30-39	27:19.5	27:47.0	8:49/M
271	Justin Wolfemuth		1389	40	M	27 40-49	27:24.6	27:38.6	8:50/M
272	Cristy Bagley		28	31	F	33 30-39	27:25.1	27:25.1	8:51/M
273	Eric Hockley		568	16	M	22 15-18	27:25.5	27:54.4	8:51/M
274	Denise Stauffer		1227	55	F	5 50-59	27:27.8	27:27.8	8:51/M
275	Kelly Brown		110	45	F	17 40-49	27:28.2	28:39.5	8:52/M
276	Abby Wagner		1321	15	F	12 15-18	27:28.9	27:37.7	8:52/M
277	Renee Adair		1456	34	F	34 30-39	27:29.1	27:29.1	8:52/M
278	Missy Jeanes		630	34	F	35 30-39	27:30.6	27:30.6	8:52/M
279	Cari Cinamella		180	29	F	32 19-29	27:31.0	27:31.0	8:53/M
280	Stephanie Depugh		250	38	F	36 30-39	27:31.2	27:31.2	8:53/M
281	Allen Dise		276	52	M	9 50-59	27:31.4	28:15.5	8:53/M
282	Jarod Heming		541	32	M	37 30-39	27:31.8	27:31.8	8:53/M
283	Janelle Carper		162	35	F	37 30-39	27:32.8	27:32.8	8:53/M
284	Brent Suereth	Harrisburg	1268	34	M	38 30-39	27:33.7	27:33.7	8:53/M
285	Lasanta		730	0	M	1 0-0	27:35.4	27:52.7	8:54/M
286	Sharri Kambesis		645	13	F	16 11-14	27:35.9	27:35.9	8:54/M
287	Jennifer Detter		254	42	F	18 40-49	27:35.9	28:02.0	8:54/M
288	Matthew Mahonski		788	37	M	39 30-39	27:38.1	28:14.3	8:55/M
289	Jordyn Stoner		1255	13	F	17 11-14	27:39.2	27:39.2	8:55/M
290	Stephanie Fleck		383	29	F	33 19-29	27:40.3	27:40.3	8:55/M
291	John Kegarise		665	63	M	3 60-69	27:42.4	27:42.4	8:56/M
292	TALI RIVERA		1073	32	M	40 30-39	27:44.7	29:19.1	8:57/M
293	Susan Miller	Elizabethtown PA	884	37	F	38 30-39	27:45.9	29:07.9	8:57/M
294	Taura Thompson		1289	37	F	39 30-39	27:46.4	27:46.4	8:57/M
295	Quinlan Kaufmann		659	9	M	5 1-10	27:47.3	27:56.8	8:58/M
296	Josiah Nauman		934	13	M	14 11-14	27:48.4	27:58.2	8:58/M
297	Clinton Witmer		1382	26	M	48 19-29	27:48.5	28:08.8	8:58/M
298	Sarah Hamilton		509	29	F	34 19-29	27:49.2	28:03.6	8:58/M
299	jennifer Gallagher		430	36	F	40 30-39	27:50.6	28:13.0	8:59/M
300	Brittney Hix		563	28	F	35 19-29	27:51.1	28:05.9	8:59/M
301	Kimberly Bucher	Elizabethtown PA	128	13	F	18 11-14	27:52.5	27:52.5	8:59/M
302	Brigette Fittery		375	16	F	13 15-18	27:52.6	27:52.6	8:59/M
303	Rachael Kelly		670	38	F	41 30-39	27:54.5	27:54.5	9:00/M
304	Amy Delozier		244	29	F	36 19-29	27:55.2	30:15.4	9:00/M
305	Patrick Rohal		1078	39	M	41 30-39	27:55.5	28:05.8	9:00/M
306	Kourtney Balmer		33	19	F	37 19-29	27:56.2	29:30.2	9:01/M
307	Corinne Nulton		968	32	F	42 30-39	27:56.3	28:17.6	9:01/M
308	Lisa Williams		1368	44	F	19 40-49	28:01.1	28:01.1	9:02/M
309	Neely Spicer		1219	38	F	43 30-39	28:02.7	30:19.0	9:03/M
310	Melissa Funk		418	33	F	44 30-39	28:03.2	28:30.0	9:03/M
311	Stacie Labuski		717	41	F	20 40-49	28:03.7	29:19.8	9:03/M
312	Amanda Burns		144	24	F	38 19-29	28:03.7	28:34.1	9:03/M
313	Andrew Frey		407	10	M	6 1-10	28:05.0	28:31.5	9:04/M
314	Samantha Moffitt		1524	20	F	39 19-29	28:05.3	30:00.8	9:04/M
315	Andrew Hamilton		505	26	M	49 19-29	28:07.2	28:25.6	9:04/M
316	Timothy Martin		817	26	M	50 19-29	28:10.8	28:10.8	9:05/M
317	Kevin Iddings		619	39	M	42 30-39	28:11.3	28:46.4	9:05/M
318	Patti Newcomer		944	41	F	21 40-49	28:11.6	28:23.6	9:05/M
319	Kimberlee Frerichs		403	32	F	45 30-39	28:14.2	28:14.2	9:06/M
320	Joseph Burns		145	25	M	51 19-29	28:14.9	28:47.0	9:06/M
321	Olivia Dill	Annaville PA	268	11	F	19 11-14	28:15.8	28:15.8	9:07/M
322	Tanya Disney	Pine Grove	279	21	F	40 19-29	28:17.3	28:17.3	9:07/M
323	Chris Martin		818	34	F	46 30-39	28:17.6	28:41.9	9:07/M
324	Sarah Sylvia	Manheim PA	1279	0	F	2 0-0	28:18.3	28:18.3	9:08/M
325	Jenna Zahm		1419	28	F	41 19-29	28:18.7	28:54.8	9:08/M
326	Ashlee Miller		874	28	F	42 19-29	28:19.0	28:54.9	9:08/M
327	Amanda Shinsky		1164	24	F	43 19-29	28:20.1	29:13.8	9:08/M
328	Inessa Steele		1230	34	F	47 30-39	28:21.6	29:45.9	9:09/M
329	Paul Carnes		156	29	M	52 19-29	28:21.7	30:41.7	9:09/M
330	Michael Brown		113	17	M	23 15-18	28:23.6	28:41.7	9:09/M
331	Kristin Frey		406	39	F	48 30-39	28:23.8	28:49.6	9:09/M
332	Walter Newcomer	Manheim PA	1481	57	M	10 50-59	28:26.5	28:26.5	9:10/M
333	Emily Stehman		1237	24	F	44 19-29	28:26.8	29:05.4	9:10/M
334	Kristopher Bleecher	Mount Joy PA	76	36	M	43 30-39	28:26.9	28:26.9	9:10/M
335	Carolyn Kensinger		673	23	F	45 19-29	28:27.1	29:04.4	9:11/M

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## Overall Finish List

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Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
336	Kara Newcomer	Lancaster PA	943	26	F	46 19-29	28:27.4	28:27.4	9:11/M
337	Brett Mccoy		834	18	M	24 15-18	28:27.5	28:27.5	9:11/M
338	Charlene Ferrick	Palmyra	365	43	F	22 40-49	28:27.9	28:27.9	9:11/M
339	Dustin Trimble		1299	27	M	53 19-29	28:28.6	28:28.6	9:11/M
340	Melissa Kreider		1451	31	F	49 30-39	28:28.9	28:37.5	9:11/M
341	Jeremy Hershey		547	33	M	44 30-39	28:29.5	28:29.5	9:11/M
342	Sheila Conley		192	31	F	50 30-39	28:29.6	28:29.6	9:11/M
343	Andrea Becker		55	34	F	51 30-39	28:31.1	29:08.9	9:12/M
344	Maria Cummings-Miler		216	41	F	23 40-49	28:31.6	29:47.8	9:12/M
345	Hannah Barbush		38	13	F	20 11-14	28:33.6	28:33.6	9:13/M
346	Justin Barbush		37	38	M	45 30-39	28:34.4	28:34.4	9:13/M
347	Joy Weaver		1341	30	F	52 30-39	28:34.9	28:56.5	9:13/M
348	Mirta Beachy		48	30	F	53 30-39	28:36.0	29:17.7	9:14/M
349	Justin Foreman		389	29	M	54 19-29	28:37.3	29:16.4	9:14/M
350	Jennifer Crossley		207	24	F	47 19-29	28:38.4	28:45.9	9:14/M
351	Michele Flatley	Lancaster PA	379	41	F	24 40-49	28:38.4	29:03.1	9:14/M
352	Laura Malmer		792	30	F	54 30-39	28:39.5	30:02.1	9:15/M
353	Wendy Fry	Mount Joy PA	411	40	F	25 40-49	28:39.7	29:34.0	9:15/M
354	Shannon Nowotarski		967	30	F	55 30-39	28:40.1	29:05.9	9:15/M
355	Ken Beachy		49	33	M	46 30-39	28:40.5	29:22.7	9:15/M
356	Beth Karpel	Mount Joy PA	647	41	F	26 40-49	28:40.8	29:34.7	9:15/M
357	Alissa Hockley	East Petersburg PA	566	47	F	27 40-49	28:41.7	29:07.4	9:15/M
358	Kristen Musser		918	15	F	14 15-18	28:44.1	28:44.1	9:16/M
359	Tina Snyder		1208	49	F	28 40-49	28:45.3	28:45.3	9:16/M
360	Tara Raasch		1035	15	F	15 15-18	28:45.3	28:45.3	9:16/M
361	Jessica Williamson		1370	10	F	2 1-10	28:46.1	29:09.4	9:17/M
362	Elizabeth Ebersole		302	13	F	21 11-14	28:46.8	28:46.8	9:17/M
363	Eden Barbush		40	29	F	48 19-29	28:48.3	28:48.3	9:17/M
364	Ben Keefer		662	32	M	47 30-39	28:49.3	30:15.2	9:18/M
365	Elaine Brenner		1513	48	F	29 40-49	28:50.0	28:57.3	9:18/M
366	Karen Garner		1492	34	F	56 30-39	28:50.1	29:16.8	9:18/M
367	Thomas Ginder		464	39	M	48 30-39	28:50.7	28:50.7	9:18/M
368	Michael Dorris		285	34	M	49 30-39	28:50.7	28:50.7	9:18/M
369	Chris Shimer		1163	49	M	28 40-49	28:50.7	29:14.6	9:18/M
370	Olivia Sunderland		1272	9	F	3 1-10	28:50.8	28:50.8	9:18/M
371	JoAnn Sunderland		1270	40	F	30 40-49	28:51.7	28:51.7	9:18/M
372	McKenzie Pavlik		997	17	F	16 15-18	28:52.7	28:52.7	9:19/M
373	Caitlin Musser		917	19	F	49 19-29	28:54.6	29:32.6	9:19/M
374	Jason Colino		1461	8	M	7 1-10	28:56.1	29:37.7	9:20/M
375	Tom Stone		1251	42	M	29 40-49	28:57.1	30:13.7	9:20/M
376	Cristy Becker		52	34	F	57 30-39	28:57.8	29:20.7	9:20/M
377	Kim Hostetter		592	42	F	31 40-49	28:58.3	29:58.4	9:21/M
378	Juanita Sauder		1111	41	F	32 40-49	28:58.7	29:58.7	9:21/M
379	Cassidy Petersheim		1005	17	F	17 15-18	29:00.1	29:00.1	9:21/M
380	Andy Lumas		781	28	M	55 19-29	29:00.2	29:31.3	9:21/M
381	Kendra Feigert		363	40	F	33 40-49	29:00.6	30:01.1	9:21/M
382	Monica Billig		70	26	F	50 19-29	29:00.7	29:31.3	9:21/M
383	Sue Senter	Manheim PA	1133	50	F	6 50-59	29:01.7	30:12.1	9:22/M
384	Derek Husser		608	28	M	56 19-29	29:01.9	29:31.8	9:22/M
385	Aubrey Husser		609	26	F	51 19-29	29:01.9	29:31.8	9:22/M
386	Chad Waite		1322	28	M	57 19-29	29:02.6	29:02.6	9:22/M
387	Christy Manetta		793	39	F	58 30-39	29:03.0	29:29.4	9:22/M
388	Julie Keim		668	32	F	59 30-39	29:04.1	29:12.5	9:23/M
389	Julie Reinert		1058	28	F	52 19-29	29:04.2	29:46.8	9:23/M
390	Teri Witter		1384	38	F	60 30-39	29:04.8	29:29.7	9:23/M
391	Lisa Colino		190	36	F	61 30-39	29:05.4	29:46.4	9:23/M
392	Naomi Kraenbring	Columbia PA	697	36	F	62 30-39	29:06.4	30:00.2	9:23/M
393	Brittany Kirby		679	24	F	53 19-29	29:06.8	29:28.8	9:23/M
394	Hannah Schlosser		1121	15	F	18 15-18	29:10.8	29:10.8	9:25/M
395	Audrey Schlosser		1122	13	F	22 11-14	29:10.8	29:10.8	9:25/M
396	Rachel VanBlargan		1315	13	F	23 11-14	29:12.9	30:16.3	9:25/M
397	Lauren Wilson		1373	20	F	54 19-29	29:13.1	29:40.6	9:25/M
398	John VanBlargan		1314	44	M	30 40-49	29:13.1	30:16.4	9:25/M
399	Emilee Rhubright		1066	19	F	55 19-29	29:13.5	29:40.9	9:25/M
400	Rebecca Brubaker	Mount Joy PA	117	38	F	63 30-39	29:13.8	30:03.9	9:25/M
401	Sierra Stoltzfus		1249	15	F	19 15-18	29:15.7	30:21.8	9:26/M
402	Paula Gallagher		428	42	F	34 40-49	29:19.1	29:19.1	9:27/M

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## Overall Finish List

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Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
403	Wendy McKelvy		843	50	F	7 50-59	29:19.6	29:19.6	9:27/M
404	Jaunine Fouche	Mt. Gretna PA	397	44	F	35 40-49	29:19.7	29:19.7	9:27/M
405	Laura Kreider		712	40	F	36 40-49	29:19.9	29:28.3	9:27/M
406	Stephen Yoder		1406	41	M	31 40-49	29:21.0	29:43.2	9:28/M
407	Suzanna Martin		825	24	F	56 19-29	29:21.6	30:33.3	9:28/M
408	Don DeHart		234	39	M	50 30-39	29:22.9	30:57.5	9:28/M
409	Elizabeth Maldonado		791	23	F	57 19-29	29:25.1	29:48.4	9:29/M
410	Nancy Stoltzfus		1248	39	F	64 30-39	29:25.7	30:31.7	9:29/M
411	Sarah Gage		423	37	F	65 30-39	29:25.7	30:08.9	9:29/M
412	Zachary Reed		1052	12	M	15 11-14	29:26.3	29:59.8	9:30/M
413	Jennifer Roof		1081	27	F	58 19-29	29:27.3	30:11.6	9:30/M
414	Mary McGallicher		839	41	F	37 40-49	29:28.5	30:50.4	9:30/M
415	Deborah Pagano		987	45	F	38 40-49	29:28.5	30:50.5	9:30/M
416	Abby Landis		723	15	F	20 15-18	29:30.7	30:18.9	9:31/M
417	Chantel Bouchard		89	39	F	66 30-39	29:30.9	29:30.9	9:31/M
418	Cheryl Carper		161	29	F	59 19-29	29:31.3	29:53.5	9:31/M
419	Nancy Husser		606	52	F	8 50-59	29:33.1	30:05.4	9:32/M
420	Katey Kreider		705	27	F	60 19-29	29:33.1	31:11.4	9:32/M
421	Samantha Lindenmyth		756	16	F	21 15-18	29:34.5	30:33.6	9:32/M
422	Jamie Wolf		1387	28	F	61 19-29	29:35.0	29:50.2	9:33/M
423	Anton Allsop		13	35	M	51 30-39	29:35.2	29:35.2	9:33/M
424	Drew Wilson		1376	29	F	62 19-29	29:35.2	29:35.2	9:33/M
425	Nay Saechao		1101	32	F	67 30-39	29:35.4	30:18.3	9:33/M
426	Kristen Paporello		990	25	F	63 19-29	29:36.2	30:19.2	9:33/M
427	Lauren Shaffner		1145	26	F	64 19-29	29:36.4	31:00.9	9:33/M
428	Hope Boldizar		80	10	F	4 1-10	29:37.2	29:52.2	9:33/M
429	Mark Boldizar		81	47	M	32 40-49	29:37.8	29:52.1	9:33/M
430	Shane Matthews		827	38	M	52 30-39	29:38.0	29:38.0	9:34/M
431	Owen Carpenter		159	10	M	8 1-10	29:38.0	31:33.8	9:34/M
432	Brenda Balmer		34	44	F	39 40-49	29:38.3	31:13.4	9:34/M
433	Jessica Trimble		1298	27	F	65 19-29	29:39.8	29:39.8	9:34/M
434	Michael Hewett		558	48	M	33 40-49	29:41.8	31:01.8	9:35/M
435	Sarah Sheetz		1152	32	F	68 30-39	29:43.2	30:45.9	9:35/M
436	Corryn Wolgemuth		1391	15	F	22 15-18	29:43.5	32:10.3	9:35/M
437	Ann Ash		24	52	F	9 50-59	29:43.8	30:07.9	9:35/M
438	Hadassah Huyard		610	18	F	23 15-18	29:43.9	29:43.9	9:35/M
439	Hannah Esh		1506	19	F	66 19-29	29:43.9	29:43.9	9:35/M
440	Emily Doerschuk		282	15	F	24 15-18	29:43.9	32:10.4	9:35/M
441	Betty Pompell		1022	23	F	67 19-29	29:43.9	29:43.9	9:35/M
442	Jodi Stuber		1264	28	F	68 19-29	29:45.4	30:55.9	9:36/M
443	Michelle Wolfersberger		1390	31	F	69 30-39	29:47.3	29:47.3	9:36/M
444	Jaime Shoenfelt		1172	36	F	70 30-39	29:47.4	30:48.8	9:36/M
445	Joel Kauffman		653	37	M	53 30-39	29:47.6	30:16.0	9:36/M
446	emily kauffman		651	38	F	71 30-39	29:47.6	30:16.1	9:36/M
447	Melissa Mealy		850	29	F	69 19-29	29:47.8	29:47.8	9:36/M
448	Jo Brindley		107	37	F	72 30-39	29:50.6	32:34.7	9:37/M
449	Doris Wolpert		1393	54	F	10 50-59	29:50.7	30:56.8	9:37/M
450	Jennifer Miller	Palmyra PA	879	33	F	73 30-39	29:50.8	30:10.5	9:37/M
451	Maria Myer		927	38	F	74 30-39	29:52.3	30:28.8	9:38/M
452	Kaitlin Behmer		58	24	F	70 19-29	29:54.2	30:28.6	9:39/M
453	Kayla Eller		317	14	F	24 11-14	29:54.6	30:02.2	9:39/M
454	Lori Switzer		1278	49	F	40 40-49	29:56.8	30:52.7	9:39/M
455	Amanda Husser		607	26	F	71 19-29	29:57.0	30:27.9	9:40/M
456	Dale Clingenpeel		1480	50	M	11 50-59	29:57.7	29:57.7	9:40/M
457	Sue Keller		669	48	F	41 40-49	29:57.8	31:26.7	9:40/M
458	Tyler Manley		796	16	M	25 15-18	29:58.6	29:58.6	9:40/M
459	Kirsten Yeager		1403	21	F	72 19-29	29:59.2	31:39.2	9:40/M
460	Mike Winters		1378	39	M	54 30-39	29:59.6	30:56.2	9:40/M
461	Nicole Ronco		1080	31	F	75 30-39	29:59.7	30:54.1	9:40/M
462	sue ludwig		779	37	F	76 30-39	29:59.9	30:19.9	9:40/M
463	Jami Karr		648	48	F	42 40-49	30:01.4	30:01.4	9:41/M
464	Tammi Hessen		556	41	F	43 40-49	30:01.5	30:01.5	9:41/M
465	Tonya Manley		794	40	F	44 40-49	30:02.3	30:19.6	9:41/M
466	Terry Weaver		1337	44	M	34 40-49	30:03.3	31:09.6	9:42/M
467	Matthew Schlosser		1123	44	M	35 40-49	30:05.2	30:05.2	9:42/M
468	Shawn Serfass		1136	45	M	36 40-49	30:06.7	32:28.3	9:43/M
469	Kristin Stauffer		1467	23	F	73 19-29	30:08.5	31:23.9	9:43/M

Race Date  
June 01, 2013

# Rock N Glow 2013

## Overall Finish List

5K

Place						-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
470	Chris Hupp		604	31	M	55 30-39	30:10.4	31:20.4	9:44/M
471	Katie Weaver		1336	14	F	25 11-14	30:10.5	31:18.0	9:44/M
472	Karen Eberly	Elizabethtown PA	301	46	F	45 40-49	30:11.5	32:07.9	9:44/M
473	Larry Yoder		1408	64	M	4 60-69	30:12.5	30:33.8	9:45/M
474	Jeffrey Cochran	Lititz PA	189	43	M	37 40-49	30:13.3	31:17.7	9:45/M
475	Gretchen Reasner	Lancaster PA	1046	36	F	77 30-39	30:14.5	30:14.5	9:45/M
476	heather ott		983	36	F	78 30-39	30:14.6	30:14.6	9:45/M
477	Caitlin Murphy		914	26	F	74 19-29	30:16.0	30:23.3	9:46/M
478	Fred Hauck		529	59	M	12 50-59	30:16.0	30:47.2	9:46/M
479	Jen Coryell		202	40	F	46 40-49	30:16.3	30:42.7	9:46/M
480	Adam Zurin		1439	26	M	58 19-29	30:16.6	31:44.2	9:46/M
481	Marty Newswanger		946	39	M	56 30-39	30:17.3	30:49.8	9:46/M
482	Michele Santana		1106	35	F	79 30-39	30:17.8	31:28.8	9:46/M
483	Laura Marks		801	36	F	80 30-39	30:18.0	30:25.1	9:46/M
484	Robert Zeigler		1427	23	M	59 19-29	30:19.3	30:55.4	9:47/M
485	Joanna Niesley	Marietta PA	950	14	F	26 11-14	30:21.5	31:06.7	9:47/M
486	Melanie Stauffer		1226	18	F	25 15-18	30:21.8	31:21.8	9:47/M
487	Emily Good		474	16	F	26 15-18	30:21.9	31:07.3	9:47/M
488	Lily Doerschuk		283	13	F	27 11-14	30:23.0	31:40.0	9:48/M
489	Arlene Sterner		1239	58	F	11 50-59	30:23.4	31:27.8	9:48/M
490	Sara Yanavitch		1402	24	F	75 19-29	30:24.3	30:24.3	9:48/M
491	Nicole Eisenbach		312	40	F	47 40-49	30:24.9	30:24.9	9:48/M
492	Dylan Berkheiser		64	17	M	26 15-18	30:25.4	30:43.9	9:49/M
493	Megan Wood		1398	18	F	27 15-18	30:26.2	31:26.8	9:49/M
494	Holly Whitmire		1361	32	F	81 30-39	30:27.3	32:05.6	9:49/M
495	Amy Kochel		689	17	F	28 15-18	30:28.1	31:28.7	9:50/M
496	Mary Beth Oles		1442	42	F	48 40-49	30:30.6	32:33.2	9:50/M
497	Jason Landis		722	26	M	60 19-29	30:31.7	31:31.7	9:51/M
498	Cade Ginder		1462	13	M	16 11-14	30:32.8	30:32.8	9:51/M
499	Denise Moyer		908	49	F	49 40-49	30:32.9	30:32.9	9:51/M
500	Amy Deiderick		238	41	F	50 40-49	30:33.4	30:33.4	9:51/M
501	Novella Fisher		372	18	F	29 15-18	30:33.5	30:43.7	9:51/M
502	Sara Delp		245	20	F	76 19-29	30:33.6	31:39.3	9:51/M
503	Lisa Winters		1379	39	F	82 30-39	30:34.7	31:30.2	9:52/M
504	Chris Glick		469	44	F	51 40-49	30:35.6	31:59.1	9:52/M
505	Melanie Gehman		451	19	F	77 19-29	30:36.0	30:36.0	9:52/M
506	Eanice Metzler		870	54	F	12 50-59	30:36.7	31:34.9	9:52/M
507	Tara Petrilli		1006	49	F	52 40-49	30:38.0	31:07.8	9:53/M
508	Katie Ashley		25	14	F	28 11-14	30:40.5	31:24.9	9:54/M
509	Lydia Brubaker		122	14	F	29 11-14	30:40.6	31:25.7	9:54/M
510	Greg Obetz		976	24	M	61 19-29	30:42.4	31:17.6	9:54/M
511	Rachel Schmuck	Ephrata PA	1125	41	F	53 40-49	30:43.8	32:43.2	9:55/M
512	Abby Sauder		1115	15	F	30 15-18	30:43.9	31:18.9	9:55/M
513	Jill Starr		1224	32	F	83 30-39	30:44.2	31:23.0	9:55/M
514	Valerie Mummau		912	15	F	31 15-18	30:44.3	31:18.9	9:55/M
515	Kathy Fausnacht	Ephrata PA	359	40	F	54 40-49	30:44.3	32:43.9	9:55/M
516	Joni Hauck		528	56	F	13 50-59	30:47.3	31:18.7	9:56/M
517	Valerie Smoker		1202	25	F	78 19-29	30:47.6	31:04.6	9:56/M
518	Mary Terrson		1284	48	F	55 40-49	30:48.8	32:17.2	9:56/M
519	Thomas Kaufmann		657	37	M	57 30-39	30:50.2	31:04.9	9:57/M
520	Rob Leitch		746	40	M	38 40-49	30:51.7	32:25.4	9:57/M
521	Taylor Mohr		891	17	F	32 15-18	30:51.8	30:51.8	9:57/M
522	Mindy Levitan		753	41	F	56 40-49	30:52.0	32:26.3	9:57/M
523	Chad Newswanger		947	22	M	62 19-29	30:52.2	32:33.3	9:57/M
524	Jennifer Kaufmann		658	38	F	84 30-39	30:52.3	31:06.5	9:57/M
525	Clarissa Baxter		47	28	F	79 19-29	30:52.4	31:09.0	9:57/M
526	Carrie Wiles		1366	33	F	85 30-39	30:52.9	31:05.3	9:57/M
527	Colleen Shreiner		1173	40	F	57 40-49	30:53.7	31:04.8	9:58/M
528	Mellissa Hannum		1512	25	F	80 19-29	30:53.8	32:31.7	9:58/M
529	Connie Berk		63	37	F	86 30-39	30:55.1	30:55.1	9:58/M
530	Adam Smerick		1190	32	M	58 30-39	30:55.4	31:49.8	9:58/M
531	Amy Eshleman		1486	43	F	58 40-49	30:55.7	32:00.6	9:58/M
532	Jay King		677	51	M	13 50-59	30:58.1	32:18.3	9:59/M
533	Amanda Martin		805	28	F	81 19-29	30:58.7	30:58.7	9:59/M
534	Amanda Minnich		886	30	F	87 30-39	31:00.3	32:12.5	10:00/M
535	Gwen Callahan		151	38	F	88 30-39	31:01.4	31:01.4	10:00/M
536	Shannon Ginder		465	39	F	89 30-39	31:02.3	31:02.3	10:01/M



Race Date  
June 01, 2013

# Rock N Glow 2013

## Overall Finish List

5K

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
537	Grace Seda		1130	30	F	90 30-39	31:03.0	31:18.3	10:01/M
538	Emma Lown		776	13	F	30 11-14	31:03.4	32:17.6	10:01/M
539	Alejandra Martin		819	34	F	91 30-39	31:03.8	31:03.8	10:01/M
540	Carisa Martin		806	32	F	92 30-39	31:04.3	31:04.3	10:01/M
541	Michael Manley		795	43	M	39 40-49	31:05.2	31:31.5	10:02/M
542	Janelle Garber	Elizabethtown PA	434	24	F	82 19-29	31:05.7	31:05.7	10:02/M
543	Lily Clinton		187	8	F	5 1-10	31:06.1	31:48.2	10:02/M
544	Rachel Clinton		186	29	F	83 19-29	31:06.7	31:48.9	10:02/M
545	Ann Horner		584	26	F	84 19-29	31:06.9	31:06.9	10:02/M
546	Melissa Hess		553	35	F	93 30-39	31:07.4	31:47.3	10:02/M
547	Jonathan Hess		552	39	M	59 30-39	31:07.5	31:47.4	10:02/M
548	Ethan Lown		777	11	M	17 11-14	31:08.2	32:22.7	10:03/M
549	Heidi Strausbaugh		1260	13	F	31 11-14	31:08.3	32:14.0	10:03/M
550	Rachel Yurchak		1418	20	F	85 19-29	31:08.5	32:35.3	10:03/M
551	Candace Sandberg		1475	39	F	94 30-39	31:09.3	31:09.3	10:03/M
552	Angela Kehler		666	25	F	86 19-29	31:09.7	31:44.0	10:03/M
553	Erin Staab		1221	25	F	87 19-29	31:10.4	31:44.4	10:03/M
554	Trevor Manley		797	12	M	18 11-14	31:10.5	31:27.9	10:03/M
555	Julee Wells	Elizabethtown PA	1351	11	F	32 11-14	31:13.1	31:13.1	10:04/M
556	Amanda Hilderbrandt		1499	21	F	88 19-29	31:13.3	31:13.3	10:04/M
557	Erin Mowrer	Mount Joy PA	906	35	F	95 30-39	31:13.6	31:13.6	10:04/M
558	Madison Hoffman		572	11	F	33 11-14	31:13.7	31:13.7	10:04/M
559	Nicole Serfass		1137	17	F	33 15-18	31:13.8	33:38.3	10:04/M
560	Steve Diem		258	42	M	40 40-49	31:15.7	32:43.4	10:05/M
561	Shawna Nale		932	27	F	89 19-29	31:18.0	31:50.5	10:06/M
562	Sarah Wilson		1375	25	F	90 19-29	31:18.8	33:00.5	10:06/M
563	Lindsey McNaughton		1470	26	F	91 19-29	31:18.9	32:15.2	10:06/M
564	Rick Lown	Elizabethtown PA	774	46	M	41 40-49	31:20.9	32:35.1	10:06/M
565	Nate Snyder		1210	51	M	14 50-59	31:23.9	31:38.6	10:07/M
566	Natalie Snyder		1209	22	F	92 19-29	31:24.7	31:38.7	10:08/M
567	Jill Evans		342	45	F	59 40-49	31:25.2	32:01.7	10:08/M
568	Tristen Gutshall		1478	22	F	93 19-29	31:28.5	33:21.9	10:09/M
569	Isaac Dorwart		289	13	M	19 11-14	31:29.7	31:29.7	10:09/M
570	Kristine Bashore		44	46	F	60 40-49	31:30.2	31:46.2	10:10/M
571	Dave Hahn		501	41	M	42 40-49	31:31.5	31:44.8	10:10/M
572	Emalyn Phillips		1011	25	F	94 19-29	31:32.2	32:33.0	10:10/M
573	Chelsea Evans		341	28	F	95 19-29	31:32.4	32:16.6	10:10/M
574	Adam Stipe		1243	30	M	60 30-39	31:32.4	32:16.1	10:10/M
575	Jeremy Carpenter		158	37	M	61 30-39	31:32.6	33:28.7	10:10/M
576	Ashley Sinniger		1180	28	F	96 19-29	31:32.6	31:41.8	10:10/M
577	Daniella Mazzeo		831	18	F	34 15-18	31:32.8	32:03.5	10:10/M
578	Lexie Way		1332	18	F	35 15-18	31:33.4	32:04.5	10:11/M
579	Deanna Graaf		482	25	F	97 19-29	31:33.6	32:34.5	10:11/M
580	Dashaun Neville		942	15	M	27 15-18	31:34.0	31:52.2	10:11/M
581	Mike Whalen		1500	65	M	5 60-69	31:34.7	32:27.7	10:11/M
582	Melissa Gobble		462	13	F	34 11-14	31:34.9	31:34.9	10:11/M
583	Elyse Smith		1193	22	F	98 19-29	31:35.0	32:10.1	10:11/M
584	Megan Harley		1527	0	F	3 0-0	31:38.0	33:25.3	10:12/M
585	Katherine Chapman		171	13	F	35 11-14	31:39.1	31:39.1	10:13/M
586	Jessica Sweeney		1275	25	F	99 19-29	31:39.3	31:59.1	10:13/M
587	Susan Zigner		1429	43	F	61 40-49	31:41.7	33:35.6	10:13/M
588	Amy Good		475	37	F	96 30-39	31:42.9	32:35.2	10:14/M
589	Danielle Reist		1059	35	F	97 30-39	31:43.9	33:28.5	10:14/M
590	Trina Meinnert	Denver PA	854	32	F	98 30-39	31:44.0	32:16.5	10:14/M
591	Lindsey Soback		1216	29	F	100 19-29	31:44.1	33:17.1	10:14/M
592	Kevin Harley		1529	0	M	2 0-0	31:44.4	33:31.9	10:14/M
593	Michele Achey		1	29	F	101 19-29	31:44.4	33:17.7	10:14/M
594	Brian Tash	West Chester PA	1283	30	M	62 30-39	31:45.9	32:10.8	10:15/M
595	Lillian Durbin		300	12	F	36 11-14	31:46.0	31:46.0	10:15/M
596	Megan Horst	Mount Joy PA	586	28	F	102 19-29	31:46.0	32:03.6	10:15/M
597	Elizabeth Wash		1331	13	F	37 11-14	31:46.1	31:46.1	10:15/M
598	Erin Farmer		353	33	F	99 30-39	31:46.4	33:19.0	10:15/M
599	Jamie Heckendorn		534	32	F	100 30-39	31:47.3	33:32.8	10:15/M
600	Briana Wisler		1380	26	F	103 19-29	31:48.2	32:47.7	10:15/M
601	Gwen Coy		203	47	F	62 40-49	31:48.4	32:58.9	10:15/M
602	Mary Miller	San Ramon CA	878	48	F	63 40-49	31:48.6	34:03.5	10:15/M
603	Rebekah Gerace		457	11	F	38 11-14	31:49.4	31:49.4	10:16/M

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
604	Audrey Landis		721	23	F	104 19-29	31:49.5	32:47.9	10:16/M
605	Duane Sanders		1509	55	M	15 50-59	31:49.9	32:15.9	10:16/M
606	Michael Gerace		456	42	M	43 40-49	31:50.1	31:50.1	10:16/M
607	Mary Dippner		272	20	F	105 19-29	31:50.3	31:57.6	10:16/M
608	Samantha Johns		634	21	F	106 19-29	31:50.3	32:50.9	10:16/M
609	Heather Johnson		636	34	F	101 30-39	31:56.2	32:58.5	10:18/M
610	Lisa Schaefer	Harrisburg PA	1118	12	F	39 11-14	31:59.1	32:17.3	10:19/M
611	Loren Esbenshade		336	27	M	63 19-29	31:59.1	32:41.8	10:19/M
612	Jenna Flatley		380	12	F	40 11-14	31:59.1	32:17.3	10:19/M
613	Valerie Stauffer		1228	27	F	107 19-29	31:59.4	31:59.4	10:19/M
614	Joey Kreider		707	33	M	63 30-39	32:02.9	33:27.1	10:20/M
615	Shannon Ibach		616	35	F	102 30-39	32:03.1	32:03.1	10:20/M
616	Zach Steffy		1233	12	M	20 11-14	32:03.3	32:36.8	10:20/M
617	Richard Pavlik		994	45	M	44 40-49	32:05.0	32:52.0	10:21/M
618	Kristian Citko		1457	9	M	9 1-10	32:05.2	34:35.5	10:21/M
619	Joseph Citko		181	44	M	45 40-49	32:05.4	34:35.7	10:21/M
620	James Stouch		1256	42	M	46 40-49	32:05.5	32:52.0	10:21/M
621	Sarah Lopez		769	38	F	103 30-39	32:05.9	34:00.3	10:21/M
622	Jodi Reddig		1050	50	F	14 50-59	32:07.8	32:34.0	10:22/M
623	Jayne Pavlik		995	46	F	64 40-49	32:08.0	32:57.7	10:22/M
624	Morgan Wenger		1354	12	F	41 11-14	32:08.1	32:53.6	10:22/M
625	Kelli Lyn Kreider		711	12	F	42 11-14	32:08.4	32:53.7	10:22/M
626	Andrew Cooley		199	32	M	64 30-39	32:10.1	33:13.0	10:23/M
627	Tamra Nonnenocher		961	52	F	15 50-59	32:10.5	32:10.5	10:23/M
628	Luke Sposito		1516	20	M	64 19-29	32:11.3	34:35.1	10:23/M
629	Jeffrey Wenger		1353	44	M	47 40-49	32:11.6	32:57.6	10:23/M
630	Lynelle Wenger		1352	43	F	65 40-49	32:11.9	32:57.6	10:23/M
631	Tucker Prime		1027	18	M	28 15-18	32:11.9	34:36.1	10:23/M
632	Kelly Sentz Brenneman		1134	33	F	104 30-39	32:14.1	33:50.7	10:24/M
633	Tom Sweeney		1276	28	M	65 19-29	32:14.4	32:33.8	10:24/M
634	Jen Barbusca		35	41	F	66 40-49	32:14.5	32:55.1	10:24/M
635	Virginia Murphy	Palmyra PA	913	42	F	67 40-49	32:16.4	33:41.7	10:25/M
636	Carrie Clair		182	40	F	68 40-49	32:16.8	32:16.8	10:25/M
637	Kelli Erb		330	42	F	69 40-49	32:17.1	33:07.3	10:25/M
638	Christin McNaughton		849	24	F	108 19-29	32:18.4	34:08.5	10:25/M
639	Lynn Economos		307	23	F	109 19-29	32:18.4	34:08.5	10:25/M
640	Joanne Burkholder		143	26	F	110 19-29	32:19.1	32:52.4	10:25/M
641	Sara Ober		973	15	F	36 15-18	32:19.5	32:19.5	10:25/M
642	Kaila Ober		974	20	F	111 19-29	32:19.7	32:19.7	10:25/M
643	Shelly Chmil		175	37	F	105 30-39	32:19.9	32:29.8	10:25/M
644	Julie McFarland		838	16	F	37 15-18	32:21.1	32:56.1	10:26/M
645	Allison Gehman		444	29	F	112 19-29	32:22.0	32:56.3	10:26/M
646	David Delong		243	44	M	48 40-49	32:25.4	34:32.5	10:27/M
647	Fran Pistone		1019	38	F	106 30-39	32:28.2	34:24.5	10:28/M
648	Katrina Crouse		209	25	F	113 19-29	32:28.5	32:28.5	10:28/M
649	Denise Redcay		1047	41	F	70 40-49	32:29.0	32:57.3	10:29/M
650	Eric Redcay		1048	37	M	65 30-39	32:29.2	32:57.1	10:29/M
651	Maisie Dorwart		286	12	F	43 11-14	32:29.4	32:36.9	10:29/M
652	Kevin Bomberger		84	39	M	66 30-39	32:30.1	33:59.7	10:29/M
653	Michelle Park		991	38	F	107 30-39	32:32.7	32:43.7	10:30/M
654	Colleen Gergely		458	35	F	108 30-39	32:32.9	35:07.9	10:30/M
655	Nate Brandt		98	17	M	29 15-18	32:33.8	32:49.9	10:30/M
656	Riley Gruber		498	8	F	6 1-10	32:37.1	33:19.1	10:31/M
657	Michelle Gruber		497	36	F	109 30-39	32:37.3	33:19.5	10:31/M
658	Brady McNaughton		1469	28	M	66 19-29	32:38.1	33:35.9	10:32/M
659	Paige Service		1138	24	F	114 19-29	32:38.9	32:38.9	10:32/M
660	Kim Weddle		1346	34	F	110 30-39	32:40.1	34:34.2	10:32/M
661	Gayle Huber		599	41	F	71 40-49	32:40.2	32:53.1	10:32/M
662	Jill Hershey		548	27	F	115 19-29	32:40.8	34:01.2	10:32/M
663	Claudia Pennington		1001	28	F	116 19-29	32:44.2	33:47.0	10:34/M
664	Ted Melusky		860	44	M	49 40-49	32:45.0	32:45.0	10:34/M
665	Gina Martin		816	30	F	111 30-39	32:45.2	34:06.2	10:34/M
666	Bailey Tshudy	Lancaster PA	1312	25	F	117 19-29	32:47.3	33:16.8	10:35/M
667	Jennifer Stumpf		1265	21	F	118 19-29	32:47.4	33:18.0	10:35/M
668	Stephanie Gates		439	30	F	112 30-39	32:48.0	32:56.1	10:35/M
669	Mitch Detwiler		255	13	M	21 11-14	32:48.2	34:16.9	10:35/M
670	Tara Fotheringill		395	43	F	72 40-49	32:49.8	33:06.1	10:35/M

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## Overall Finish List

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Place						-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
671	Adella Houck		595	0	F	4 0-0	32:54.1	32:54.1	10:37/M
672	Tracey Bertin		66	39	F	113 30-39	32:54.7	34:29.2	10:37/M
673	Kristie Cain		148	27	F	119 19-29	32:57.5	32:57.5	10:38/M
674	Matt Prusch		1030	34	M	67 30-39	33:02.2	33:10.9	10:39/M
675	Ashley Brenneman		104	27	F	120 19-29	33:03.9	33:03.9	10:40/M
676	Lynn Mohr		890	54	F	16 50-59	33:04.6	33:32.7	10:40/M
677	Courtney Miller	Lititz PA	882	37	F	114 30-39	33:06.3	34:42.8	10:41/M
678	Katrina Smith		1200	24	F	121 19-29	33:07.1	34:49.0	10:41/M
679	Jen Patrick		993	39	F	115 30-39	33:08.2	34:44.3	10:41/M
680	Michelle Flynn		387	23	F	122 19-29	33:08.5	33:42.0	10:41/M
681	Christina Nale		931	23	F	123 19-29	33:08.8	33:41.7	10:41/M
682	Gayle Merkt	Elizabethtown PA	865	40	F	73 40-49	33:14.1	34:21.1	10:43/M
683	Renata Lulakova		780	18	F	38 15-18	33:14.3	33:52.8	10:43/M
684	Crystal Pennell		1000	25	F	124 19-29	33:14.8	33:14.8	10:43/M
685	Brandon Russum		1095	21	M	67 19-29	33:15.9	33:53.0	10:44/M
686	Cathlyn Weidman		1347	39	F	116 30-39	33:16.3	33:44.4	10:44/M
687	Jason Weidman		1348	35	M	68 30-39	33:16.4	33:44.7	10:44/M
688	Meghan Maisano		790	17	F	39 15-18	33:16.4	33:45.9	10:44/M
689	Alayna Kauffman		652	12	F	44 11-14	33:16.6	33:45.7	10:44/M
690	Dyna Wood		1397	37	F	117 30-39	33:21.0	35:01.1	10:45/M
691	Jamey Shirk		1171	42	M	50 40-49	33:23.2	34:20.2	10:46/M
692	Holly Musser		921	13	F	45 11-14	33:25.8	34:09.7	10:47/M
693	Christine Binkley		71	39	F	118 30-39	33:25.9	33:25.9	10:47/M
694	Branka Simeunovic		1179	29	F	125 19-29	33:26.9	35:07.0	10:47/M
695	Fawn Davies	Elizabethtown PA	227	44	F	74 40-49	33:27.5	34:34.6	10:47/M
696	Evelyn Shank		1146	39	F	119 30-39	33:28.0	34:37.0	10:48/M
697	Brenda Boitson		78	29	F	126 19-29	33:28.5	35:17.9	10:48/M
698	Jessica Campbell		153	19	F	127 19-29	33:32.1	33:32.1	10:49/M
699	Rebecca Baldwin		32	21	F	128 19-29	33:32.2	33:32.2	10:49/M
700	Jamie Nissley		955	26	M	68 19-29	33:33.1	34:28.1	10:49/M
701	Robert Burkey		139	34	M	69 30-39	33:33.7	35:24.2	10:49/M
702	Tanner Prime		1028	15	M	30 15-18	33:36.3	36:01.8	10:50/M
703	Jenine Nicholas		948	32	F	120 30-39	33:36.8	33:36.8	10:50/M
704	Katrina Rynier		1099	24	F	129 19-29	33:37.2	34:10.6	10:51/M
705	Denice Weaver		1335	39	F	121 30-39	33:39.2	35:33.0	10:51/M
706	Jennifer Leitch		745	40	F	75 40-49	33:39.9	34:51.8	10:51/M
707	Roxann Koser		694	44	F	76 40-49	33:39.9	34:31.6	10:51/M
708	Mike Gerhard		461	62	M	6 60-69	33:39.9	35:33.6	10:51/M
709	Suzi Harman		515	49	F	77 40-49	33:40.1	33:40.1	10:52/M
710	Katie Koser		695	17	F	40 15-18	33:40.2	34:31.6	10:52/M
711	Taylor Brown		114	20	M	69 19-29	33:40.5	33:52.3	10:52/M
712	Amanda Kenneff		672	27	F	130 19-29	33:40.8	33:53.8	10:52/M
713	Buffy Shirk		1170	42	F	78 40-49	33:41.2	34:37.3	10:52/M
714	Nevin Brown		115	23	M	70 19-29	33:41.3	33:52.4	10:52/M
715	Beth Trovato		1305	23	F	131 19-29	33:41.4	34:56.7	10:52/M
716	JOHN TROVATO	Manheim PA	1303	57	M	16 50-59	33:41.9	34:56.7	10:52/M
717	Laurie Olsen	Manheim PA	978	29	F	132 19-29	33:42.8	34:56.7	10:52/M
718	Cathy Pinkerton		1018	54	F	17 50-59	33:43.4	34:38.6	10:53/M
719	Maddie Musser		922	14	F	46 11-14	33:43.6	34:27.9	10:53/M
720	Ashely Trovato		1304	27	F	133 19-29	33:44.7	33:44.7	10:53/M
721	Drexton Frank		401	8	M	10 1-10	33:44.9	34:34.9	10:53/M
722	Adam Manz		799	26	M	71 19-29	33:45.1	34:18.3	10:53/M
723	Pamela Dupont		298	30	F	122 30-39	33:45.2	35:53.9	10:53/M
724	Nesha Frank		400	35	F	123 30-39	33:45.2	34:34.8	10:53/M
725	Nedra Heeter		537	36	F	124 30-39	33:46.0	34:34.4	10:54/M
726	Samantha Eisenhofer		313	6	F	7 1-10	33:46.2	34:51.5	10:54/M
727	Lynda Baker		31	34	F	125 30-39	33:46.9	35:41.4	10:54/M
728	Gabrielle Sanfilippo		1103	23	F	134 19-29	33:47.1	33:47.1	10:54/M
729	Katie Eisenhofer		315	9	F	8 1-10	33:47.9	34:52.4	10:54/M
730	Ellie Eisenhofer		314	34	F	126 30-39	33:48.4	34:53.3	10:54/M
731	Dylan Jacyszyn		628	10	M	11 1-10	33:48.7	33:48.7	10:54/M
732	Stacy Smith		1194	35	F	127 30-39	33:51.9	34:00.9	10:55/M
733	Nathan Frohm		409	37	M	70 30-39	33:52.6	34:39.6	10:55/M
734	Johnathan Smale		1185	12	M	22 11-14	33:54.1	35:14.6	10:56/M
735	Megan Sangrey		1104	12	F	47 11-14	33:54.8	35:23.1	10:56/M
736	Carla Double		291	41	F	79 40-49	33:54.9	33:54.9	10:56/M
737	Tim Erickson		331	30	M	71 30-39	33:55.3	35:48.0	10:56/M

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## Overall Finish List

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Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
738	Alli Morey Erickson		900	30	F	128 30-39	33:55.5	35:48.1	10:56/M
739	Kyle Russell		1094	29	M	72 19-29	33:55.8	36:05.0	10:56/M
740	Kyle Russell		1093	29	F	135 19-29	33:56.8	36:05.2	10:57/M
741	Hugh Montgomery		893	16	M	31 15-18	33:56.9	34:13.5	10:57/M
742	Matthew Dietrich		263	29	M	73 19-29	33:58.0	36:26.4	10:57/M
743	Rachel White		1359	37	F	129 30-39	33:58.4	34:45.5	10:57/M
744	Aislyn Evans		348	12	F	48 11-14	33:59.2	35:20.8	10:58/M
745	Madison Sangrey		1105	10	F	9 1-10	33:59.4	35:20.9	10:58/M
746	Maddy Barbush		39	11	F	49 11-14	34:00.1	35:17.8	10:58/M
747	Katie Leisey		744	20	F	136 19-29	34:02.2	34:23.0	10:59/M
748	Jennifer Gehman		452	23	F	137 19-29	34:03.9	35:53.6	10:59/M
749	Andrea Dissler		280	48	F	80 40-49	34:05.7	34:32.5	11:00/M
750	Amanda Eby		305	25	F	138 19-29	34:08.1	34:08.1	11:01/M
751	Steph Martin		823	28	F	139 19-29	34:08.1	34:08.1	11:01/M
752	Karen Mazich	Harrisburg PA	830	49	F	81 40-49	34:10.7	35:00.1	11:01/M
753	Brad Heeter		536	36	M	72 30-39	34:11.0	34:59.7	11:02/M
754	Maggie Portzline		1024	20	F	140 19-29	34:11.5	35:00.0	11:02/M
755	Steph Hynick		615	35	F	130 30-39	34:13.0	36:23.2	11:02/M
756	Jolene Gehman		450	28	F	141 19-29	34:14.7	36:05.4	11:03/M
757	Rose Ward	Columbia PA	1326	61	F	1 60-69	34:18.2	34:38.4	11:04/M
758	Teri McGillis		841	56	F	18 50-59	34:18.5	35:20.3	11:04/M
759	Gilbert Hartley		524	70	M	1 70-99	34:19.6	34:42.1	11:04/M
760	Beth Miller		880	44	F	82 40-49	34:20.3	34:20.3	11:05/M
761	Amanda Ludwig		778	33	F	131 30-39	34:21.7	34:33.9	11:05/M
762	Jill Sturgis		1267	39	F	132 30-39	34:22.2	34:34.9	11:05/M
763	GABE DAMON		221	11	M	23 11-14	34:22.2	35:30.1	11:05/M
764	Brittany Wimer		1377	29	F	142 19-29	34:25.1	34:40.8	11:06/M
765	Christine Santiago		1107	34	F	133 30-39	34:25.5	35:41.8	11:06/M
766	Trisha Weaver		1338	27	F	143 19-29	34:27.5	35:26.2	11:07/M
767	Luke Groff		493	16	M	32 15-18	34:27.8	35:32.3	11:07/M
768	Diana Shenk	Manheim PA	1160	21	F	144 19-29	34:28.8	35:26.7	11:07/M
769	Melissa Stehman		1236	22	F	145 19-29	34:30.3	35:28.1	11:08/M
770	Mary Schuchman		1127	45	F	83 40-49	34:32.8	36:00.3	11:08/M
771	Kristina Baker		30	43	F	84 40-49	34:34.1	35:45.6	11:09/M
772	Jana Hitchcock		562	36	F	134 30-39	34:36.6	36:42.2	11:10/M
773	Kirsten Kormos		692	42	F	85 40-49	34:38.7	34:38.7	11:10/M
774	Thomas Daugherty		226	39	M	73 30-39	34:39.7	36:54.2	11:11/M
775	Juanita Kreider		706	50	F	19 50-59	34:39.8	36:04.5	11:11/M
776	Melissa Petersheim		1004	42	F	86 40-49	34:40.5	35:48.2	11:11/M
777	Michael Shea		1148	28	M	74 19-29	34:41.6	36:50.2	11:11/M
778	Olivia Thomas		1286	10	F	10 1-10	34:42.1	35:29.7	11:12/M
779	Sara Thomas		1285	34	F	135 30-39	34:42.5	35:29.9	11:12/M
780	Tami Shea		1147	29	F	146 19-29	34:42.9	36:49.9	11:12/M
781	Lindsey Fouch		396	30	F	136 30-39	34:43.2	36:59.6	11:12/M
782	Brandi Hupp		605	31	F	137 30-39	34:45.0	35:55.7	11:13/M
783	Conner Zeamer		1424	12	M	24 11-14	34:45.6	35:03.5	11:13/M
784	Cheryl Ginder		466	25	F	147 19-29	34:46.5	35:25.3	11:13/M
785	Crystal Good		476	32	F	138 30-39	34:46.9	35:24.9	11:13/M
786	Megan Gangemi		433	28	F	148 19-29	34:50.3	36:28.7	11:14/M
787	Jimmy Flowers		386	30	M	74 30-39	34:50.6	36:28.6	11:14/M
788	Becky Harnish		517	31	F	139 30-39	34:51.0	35:13.6	11:15/M
789	Abigail Augustine		26	27	F	149 19-29	34:51.3	36:28.9	11:15/M
790	Smita Groff		490	15	F	41 15-18	34:53.7	35:02.8	11:15/M
791	Michelle Wagner		1320	45	F	87 40-49	34:53.8	34:53.8	11:15/M
792	Craig Martin		807	49	M	51 40-49	34:54.8	36:14.7	11:15/M
793	Heidi Witmer	Marietta PA	1381	28	F	150 19-29	34:58.8	36:19.6	11:17/M
794	Dan Brenner		106	32	M	75 30-39	34:59.9	37:40.0	11:17/M
795	Tony Basselgia		45	25	M	75 19-29	35:00.1	35:33.8	11:17/M
796	Alyssa Meisl		858	13	F	50 11-14	35:04.3	36:45.6	11:19/M
797	Abby Yoder		1405	13	F	51 11-14	35:05.5	37:14.5	11:19/M
798	Lisa Yoder		1404	46	F	88 40-49	35:06.9	37:15.6	11:19/M
799	Kendra Stouch		1257	30	F	140 30-39	35:07.3	37:22.9	11:20/M
800	Mckenzie Groff		492	20	F	151 19-29	35:07.6	36:13.4	11:20/M
801	Katelynn Harner		516	19	F	152 19-29	35:07.7	37:20.8	11:20/M
802	Denise Hoak		564	48	F	89 40-49	35:07.8	37:21.2	11:20/M
803	Judy Lentz		749	57	F	20 50-59	35:10.6	35:52.3	11:21/M
804	Matthew Brittain		108	27	M	76 19-29	35:11.2	36:57.5	11:21/M

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Overall Finish List

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Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
805	Beth Hershey		546	25	F	153 19-29	35:12.1	37:00.7	11:21/M
806	Amanda Brandt		97	32	F	141 30-39	35:15.1	36:21.6	11:22/M
807	Amanda Nissley		954	24	F	154 19-29	35:18.2	35:56.1	11:23/M
808	Krista Artley		20	38	F	142 30-39	35:18.9	36:17.3	11:23/M
809	Lisa Smith		1201	38	F	143 30-39	35:19.6	37:03.3	11:24/M
810	Joe Meisenbach		855	23	M	77 19-29	35:19.9	35:56.2	11:24/M
811	Tammy Shelley		1155	41	F	90 40-49	35:20.7	37:21.4	11:24/M
812	Courtney Kready		702	24	F	155 19-29	35:22.0	36:51.2	11:25/M
813	Jennifer McKinley		844	26	F	156 19-29	35:22.8	35:22.8	11:25/M
814	Kristen Gruber		496	27	F	157 19-29	35:22.9	35:22.9	11:25/M
815	Katlyn Eckman		306	22	F	158 19-29	35:24.2	37:13.1	11:25/M
816	Michael Breneman	Mount Joy PA	101	24	M	78 19-29	35:24.6	35:46.5	11:25/M
817	Sara Breneman	Mount Joy PA	102	25	F	159 19-29	35:24.8	35:46.4	11:25/M
818	Alandra Santos		1108	15	F	42 15-18	35:25.2	36:42.9	11:25/M
819	DANIELLE OBER		972	16	F	43 15-18	35:25.9	36:43.5	11:25/M
820	Tina Sauder		1114	37	F	144 30-39	35:26.1	37:14.2	11:26/M
821	Leah Boyer	Manheim	93	16	F	44 15-18	35:26.1	36:43.4	11:26/M
822	Alexandra Jackson		626	23	F	160 19-29	35:27.1	36:11.6	11:26/M
823	Jessica Toner	Wrightsville PA	1292	27	F	161 19-29	35:27.4	36:11.1	11:26/M
824	Jill Edgell		308	44	F	91 40-49	35:27.4	37:11.4	11:26/M
825	Kristi Bradford		96	26	F	162 19-29	35:28.9	36:45.9	11:26/M
826	Shauna Buchmoyer		131	26	F	163 19-29	35:29.5	36:25.6	11:27/M
827	Abby Ober		971	28	F	164 19-29	35:32.9	35:56.6	11:28/M
828	Pam Furlow	Newmanstown	419	0	F	5 0-0	35:35.7	37:27.5	11:29/M
829	Melinda Daugherty		225	40	F	92 40-49	35:37.1	37:53.0	11:29/M
830	Justin Furnia		420	25	M	79 19-29	35:38.0	36:40.0	11:30/M
831	Sarah Tash	West Chester PA	1282	30	F	145 30-39	35:38.2	36:05.3	11:30/M
832	Shane Huyard		611	22	M	80 19-29	35:38.7	36:51.5	11:30/M
833	John Phillips		1009	0	M	3 0-0	35:39.4	35:53.8	11:30/M
834	Jill Zimmerman		1433	39	F	146 30-39	35:40.1	36:35.1	11:30/M
835	Amy Mcminn		847	41	F	93 40-49	35:40.4	36:18.0	11:30/M
836	Kara Steffy		1231	15	F	45 15-18	35:42.8	36:16.7	11:31/M
837	Cheryl Dohner		284	55	F	21 50-59	35:43.1	36:59.6	11:31/M
838	Danielle Martin		813	39	F	147 30-39	35:43.8	35:55.4	11:31/M
839	Albert Martin		814	43	M	52 40-49	35:44.1	35:54.9	11:32/M
840	Stacy Crispeno	Lititz PA	206	43	F	94 40-49	35:46.1	37:12.2	11:32/M
841	Cheryl Etkin		340	34	F	148 30-39	35:47.1	36:44.1	11:33/M
842	Jaelyn Kain		644	25	F	165 19-29	35:47.1	37:38.5	11:33/M
843	Garrett Pennington		1002	31	M	76 30-39	35:48.8	36:52.1	11:33/M
844	Rebecca Jones		641	34	F	149 30-39	35:50.2	37:41.6	11:34/M
845	Nicole Hoffer		571	34	F	150 30-39	35:52.8	36:54.8	11:34/M
846	Mandy Emley		319	38	F	151 30-39	35:53.3	35:53.3	11:35/M
847	Elaine Hamm		510	36	F	152 30-39	35:53.4	36:48.7	11:35/M
848	Lauren Martinez		826	29	F	166 19-29	35:54.6	37:07.7	11:35/M
849	David Heberling		532	45	M	53 40-49	35:54.7	36:08.2	11:35/M
850	Renee Shirk		1168	40	F	95 40-49	35:55.1	37:06.9	11:35/M
851	Crystal Bratina		100	49	F	96 40-49	35:55.6	36:19.5	11:35/M
852	Jen Garner		437	37	F	153 30-39	35:55.7	36:33.4	11:35/M
853	Melissa Groff		494	28	F	167 19-29	35:56.0	37:41.0	11:35/M
854	Peggy Boone		88	58	F	22 50-59	36:01.9	36:01.9	11:37/M
855	Hannah Kowalski		1491	12	F	52 11-14	36:02.3	37:39.2	11:37/M
856	Stacey King		678	48	F	97 40-49	36:03.3	37:22.3	11:38/M
857	Lisa Ayers	Annaville PA	27	41	F	98 40-49	36:05.4	37:40.5	11:38/M
858	Tim Seifert		1446	37	M	77 30-39	36:06.9	38:08.1	11:39/M
859	Rose Gehman		449	54	F	23 50-59	36:08.1	36:50.1	11:39/M
860	Shai Hoffer		570	33	F	154 30-39	36:08.8	37:10.1	11:39/M
861	Jason Fleager		381	34	M	78 30-39	36:12.3	37:36.1	11:41/M
862	Kody Kreiser		714	16	M	33 15-18	36:13.5	38:15.7	11:41/M
863	Marla Shenberger		1159	20	F	168 19-29	36:14.8	37:03.0	11:41/M
864	Megan Gehman		445	25	F	169 19-29	36:14.9	37:06.7	11:41/M
865	David Hull		603	28	M	81 19-29	36:15.4	37:41.6	11:42/M
866	Laura Wanenchak		1325	25	F	170 19-29	36:15.8	37:08.4	11:42/M
867	Katie Nolt		957	24	F	171 19-29	36:16.5	37:09.0	11:42/M
868	Kim Martin		803	31	F	155 30-39	36:17.6	37:42.1	11:42/M
869	Barbara Wilson		1374	35	F	156 30-39	36:17.7	37:56.0	11:42/M
870	Amanda Specht		1218	26	F	172 19-29	36:17.9	37:56.1	11:42/M
871	Sonya Widders		1363	34	F	157 30-39	36:18.8	37:43.8	11:43/M

Place							-----Total-----		
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
872	Deb Kauffman	Lebanon	655	53	F	24 50-59	36:19.2	37:55.2	11:43/M
873	Chris Gallagher		429	26	M	82 19-29	36:20.5	36:30.9	11:43/M
874	Hong Tran-Speros		1504	36	F	158 30-39	36:21.1	38:05.7	11:44/M
875	Ashley Kimmich Glessner		676	29	F	173 19-29	36:21.1	36:21.1	11:44/M
876	Anna Smale		1187	10	F	11 1-10	36:23.8	36:51.3	11:44/M
877	Linda Espenshade	Lancaster PA	338	51	F	25 50-59	36:25.8	37:36.2	11:45/M
878	Mandy Metzler		868	15	F	46 15-18	36:26.2	36:35.6	11:45/M
879	Tara Groff		491	32	F	159 30-39	36:27.3	36:54.9	11:45/M
880	Debra Kraybill		701	38	F	160 30-39	36:27.6	36:27.6	11:45/M
881	Tammy Wood		1396	46	F	99 40-49	36:27.7	37:40.2	11:45/M
882	Allison Cassel		168	12	F	53 11-14	36:27.7	37:37.4	11:45/M
883	Kevin Wolgemuth		1392	25	M	83 19-29	36:27.7	37:29.9	11:45/M
884	Kimberly Matthews		828	30	F	161 30-39	36:30.3	38:04.6	11:46/M
885	Kelly Stoltzfus		1247	28	F	174 19-29	36:30.7	36:46.5	11:46/M
886	Laura Lopez		770	32	F	162 30-39	36:30.8	36:46.7	11:46/M
887	Samantha Martin		811	21	F	175 19-29	36:32.8	36:32.8	11:47/M
888	Emily Zimmerman		1431	17	F	47 15-18	36:36.0	38:33.5	11:48/M
889	Jordan Crills		205	18	F	48 15-18	36:36.5	37:37.8	11:48/M
890	Regina Fleager		382	35	F	163 30-39	36:36.9	38:00.6	11:48/M
891	Joscelynn Martin		809	23	F	176 19-29	36:37.1	37:37.8	11:49/M
892	Erica Keene		663	50	F	26 50-59	36:37.6	38:32.0	11:49/M
893	Amy Iddings		618	38	F	164 30-39	36:37.8	37:13.3	11:49/M
894	Leah Graybill		484	12	F	54 11-14	36:40.9	37:04.7	11:50/M
895	Emma Graybill		485	10	F	12 1-10	36:41.2	37:04.6	11:50/M
896	Elizabeth Horning		585	28	F	177 19-29	36:42.5	38:26.1	11:50/M
897	Jamie Martin		808	31	F	165 30-39	36:42.9	38:13.2	11:50/M
898	Lu Ann Fahndrich		351	52	F	27 50-59	36:44.1	38:20.4	11:51/M
899	Gretchen Smith		1192	29	F	178 19-29	36:44.5	38:24.7	11:51/M
900	Laura Houck		1495	27	F	179 19-29	36:44.6	36:44.6	11:51/M
901	Christopher Taylor		1496	29	M	84 19-29	36:44.7	36:44.7	11:51/M
902	Doran Brown		116	42	M	54 40-49	36:45.2	38:01.1	11:51/M
903	Victoria Houpt		596	20	F	180 19-29	36:45.7	37:51.4	11:51/M
904	Renelle Martin		822	26	F	181 19-29	36:46.9	38:37.8	11:52/M
905	Candace Good		473	40	F	100 40-49	36:48.4	38:01.3	11:52/M
906	Stephanie Moyer		907	29	F	182 19-29	36:49.5	38:14.3	11:53/M
907	lisa fogg-evans		388	51	F	28 50-59	36:50.1	38:18.1	11:53/M
908	Brian Phillips		1007	50	M	17 50-59	36:51.3	38:56.9	11:53/M
909	Sharon Gainer		425	50	F	29 50-59	36:53.4	36:53.4	11:54/M
910	Janelle Kramer		698	34	F	166 30-39	36:56.4	38:01.4	11:55/M
911	Christie Nagy		930	28	F	183 19-29	36:57.9	38:51.0	11:55/M
912	Marianne English		327	33	F	167 30-39	36:58.5	38:51.5	11:55/M
913	Christy Miller		1458	38	F	168 30-39	37:00.6	37:41.4	11:56/M
914	Callie Heistand		540	14	F	55 11-14	37:02.0	37:11.7	11:57/M
915	Kendra Lefever		739	15	F	49 15-18	37:02.2	37:12.5	11:57/M
916	Myka Piatt		1013	37	F	169 30-39	37:02.4	38:52.0	11:57/M
917	Alejandra Hansen		512	41	F	101 40-49	37:02.6	37:16.1	11:57/M
918	Faith Moore		894	49	F	102 40-49	37:04.2	38:35.5	11:57/M
919	Lisa Burke		137	39	F	170 30-39	37:04.7	38:13.6	11:57/M
920	Angie Barbush		36	38	F	171 30-39	37:05.2	38:24.0	11:58/M
921	Nicole Wolf		1386	38	F	172 30-39	37:06.5	37:26.3	11:58/M
922	Matthew Wolf		1385	38	M	79 30-39	37:06.8	37:26.3	11:58/M
923	Lily Doerschuk		281	41	F	103 40-49	37:07.4	38:25.8	11:58/M
924	Tiffany Richer		1068	32	F	173 30-39	37:10.6	39:03.8	11:59/M
925	Brianna Dent		248	15	F	50 15-18	37:13.5	37:13.5	12:00/M
926	James Gehman		454	30	M	80 30-39	37:13.8	38:55.4	12:00/M
927	Lauren Rambo		1040	23	F	184 19-29	37:21.4	39:29.6	12:03/M
928	Jin On	Harrisburg PA	980	22	F	185 19-29	37:21.8	39:29.8	12:03/M
929	Nate Wagner		1319	32	M	81 30-39	37:25.3	39:51.4	12:04/M
930	EMMA DAMON		222	9	F	13 1-10	37:31.3	38:38.7	12:06/M
931	Amelia Neusatz		941	0	F	6 0-0	37:31.9	39:28.4	12:06/M
932	AMANDA DAMON		220	39	F	174 30-39	37:32.3	38:40.2	12:06/M
933	Jade Trovinger		1308	12	F	56 11-14	37:35.9	37:44.0	12:07/M
934	Heather Gallagher		427	40	F	104 40-49	37:36.9	37:36.9	12:08/M
935	Nickie Fasnacht		356	39	F	175 30-39	37:37.1	37:37.1	12:08/M
936	Rebekah Heim		539	22	F	186 19-29	37:38.8	38:50.4	12:08/M
937	Courtney Moore		895	17	F	51 15-18	37:39.3	39:10.6	12:09/M
938	Maria Mazzeo		832	45	F	105 40-49	37:39.5	38:11.3	12:09/M

# Rock N Glow 2013

## Overall Finish List

5K

Race Date  
June 01, 2013

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
939	Julie Strosser		1263	26	F	187 19-29	37:40.2	39:40.1	12:09/M
940	Ligeia Stern		1238	11	F	57 11-14	37:40.8	37:40.8	12:09/M
941	PAula Trump		1311	44	F	106 40-49	37:42.8	39:13.5	12:10/M
942	Nevin Rutherford		1097	9	M	12 1-10	37:45.7	38:52.9	12:11/M
943	Gerald Rutherford	Elizabethtown PA	1098	41	M	55 40-49	37:45.8	38:52.7	12:11/M
944	Kelly Diller		269	29	F	188 19-29	37:48.4	38:47.1	12:12/M
945	Cheryl Heverling	Palmyra	557	49	F	107 40-49	37:48.6	39:25.0	12:12/M
946	Jamison Swayne		1274	17	M	34 15-18	37:48.7	38:04.7	12:12/M
947	Darnell Bungy		136	22	M	85 19-29	37:49.4	39:29.4	12:12/M
948	Tim Schoenenberger		1126	45	M	56 40-49	37:50.1	40:33.3	12:12/M
949	Lydia Smale		1186	8	F	14 1-10	37:50.4	39:09.4	12:12/M
950	Kelly Lastinger		731	39	F	176 30-39	37:52.1	39:14.4	12:13/M
951	Brianna Alleman		10	16	F	52 15-18	37:52.4	39:07.4	12:13/M
952	Ally Alleman		11	14	F	58 11-14	37:52.5	39:07.5	12:13/M
953	Paul Gingrich Jr		467	37	M	82 30-39	37:52.7	38:32.7	12:13/M
954	Brett Jackson		625	37	M	83 30-39	37:53.4	39:44.9	12:13/M
955	Frank DiScuillo		273	43	M	57 40-49	37:54.6	40:06.6	12:14/M
956	Debbie Smale		1184	38	F	177 30-39	37:55.2	39:14.7	12:14/M
957	Doreen DiScuillo		274	37	F	178 30-39	37:56.0	40:07.9	12:14/M
958	Sarah Drehoble		294	35	F	179 30-39	37:56.5	38:54.6	12:14/M
959	Jessica Leed		736	20	F	189 19-29	37:56.5	39:06.6	12:14/M
960	Miranda Hess		551	16	F	53 15-18	37:57.6	39:07.8	12:15/M
961	Mark Setlock		1141	42	M	58 40-49	37:58.1	40:29.7	12:15/M
962	Edward Kreibick		703	35	M	84 30-39	38:00.3	39:27.0	12:15/M
963	Emmily Longenecker		766	28	F	190 19-29	38:01.7	39:00.9	12:16/M
964	Erin Cramer	Lancaster PA	204	35	F	180 30-39	38:01.9	39:24.5	12:16/M
965	Eric Etkin		339	36	M	85 30-39	38:04.9	39:31.4	12:17/M
966	Jennifer Weatherell		1334	39	F	181 30-39	38:04.9	39:14.8	12:17/M
967	Alli Stover		1258	33	F	182 30-39	38:05.7	39:27.8	12:17/M
968	Corrine Frymyer		413	31	F	183 30-39	38:05.9	39:15.0	12:17/M
969	SUSAN CONNORS		194	59	F	30 50-59	38:06.3	40:06.3	12:17/M
970	Ashley Upton		1313	24	F	191 19-29	38:06.4	39:48.8	12:17/M
971	Rochelle Meiskey		856	40	F	108 40-49	38:06.6	39:28.8	12:17/M
972	Karen Esbenshade		334	41	F	109 40-49	38:07.0	38:45.4	12:18/M
973	Trisha Wolpert		1394	32	F	184 30-39	38:07.3	39:53.0	12:18/M
974	Heather Esbenshade		333	20	F	192 19-29	38:08.1	38:44.8	12:18/M
975	Adrienne Buchmoyer		132	20	F	193 19-29	38:09.1	39:45.4	12:18/M
976	Gregory Cooley		197	27	M	86 19-29	38:09.1	39:44.9	12:18/M
977	Deb Randler		1041	44	F	110 40-49	38:09.5	39:00.5	12:18/M
978	Marlin Markles		1501	47	F	111 40-49	38:10.4	40:21.4	12:19/M
979	Michelle Martin		810	23	F	194 19-29	38:16.5	39:29.1	12:21/M
980	Ryland Fittery		377	9	M	13 1-10	38:18.2	40:51.4	12:21/M
981	Julie Connors		195	26	F	195 19-29	38:20.0	40:18.8	12:22/M
982	Jennifer Reeves	Pine Grove	1056	16	F	54 15-18	38:21.5	38:21.5	12:22/M
983	Gary Dubbs		1463	47	M	59 40-49	38:22.2	38:34.5	12:23/M
984	Jennifer Fittery		374	40	F	112 40-49	38:22.3	40:55.3	12:23/M
985	Virginia Dubbs		1464	11	F	59 11-14	38:22.3	38:34.5	12:23/M
986	Tiffany Enck		320	39	F	185 30-39	38:22.8	40:55.5	12:23/M
987	Lee Barshinger		43	72	M	2 70-99	38:24.9	39:44.0	12:23/M
988	Shannon Knauss		684	27	F	196 19-29	38:25.0	38:25.0	12:24/M
989	Hayleigh Sauder		1113	11	F	60 11-14	38:26.6	38:52.5	12:24/M
990	Amanda Sauder		1112	31	F	186 30-39	38:27.1	38:53.0	12:24/M
991	Derek Crouse		213	22	M	87 19-29	38:28.2	39:56.2	12:25/M
992	Janine Graybill		483	39	F	187 30-39	38:29.4	38:52.4	12:25/M
993	Arin Youndt		1412	34	F	188 30-39	38:29.7	39:58.7	12:25/M
994	Christy Shirk		1169	38	F	189 30-39	38:30.8	39:52.8	12:25/M
995	Erika Mann		798	14	F	61 11-14	38:31.3	40:12.9	12:25/M
996	Renee Skiles		1181	34	F	190 30-39	38:32.9	39:45.0	12:26/M
997	Kelly Gordon		478	30	F	191 30-39	38:33.9	39:12.9	12:26/M
998	Carrie Connelly		193	33	F	192 30-39	38:34.8	39:13.7	12:26/M
999	Sarah Hostetter	Willow Street PA	594	26	F	197 19-29	38:35.4	39:27.1	12:27/M
1000	Wanda Deiter		240	36	F	193 30-39	38:35.9	39:27.3	12:27/M
1001	Christine Shimer	Manheim PA	1161	46	F	113 40-49	38:36.1	40:18.1	12:27/M
1002	Maria Rivas-Cruz		1072	49	F	114 40-49	38:36.4	40:31.0	12:27/M
1003	Leslie Bennett		61	44	F	115 40-49	38:38.4	38:59.8	12:28/M
1004	Debra Cooley		198	31	F	194 30-39	38:38.5	39:40.9	12:28/M
1005	Charlotte Martin		824	51	F	31 50-59	38:38.6	39:00.0	12:28/M

Race Date  
June 01, 2013

Rock N Glow 2013  
Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
1006	Allison Richard		1515	22	F	198 19-29	38:39.8	39:41.1	12:28/M
1007	Deb Ruhl		1092	55	F	32 50-59	38:44.7	39:21.5	12:30/M
1008	Les Ruhl		1091	45	M	60 40-49	38:45.5	39:21.9	12:30/M
1009	Maureen Yoder		1409	37	F	195 30-39	38:47.5	40:56.9	12:31/M
1010	Sherrri Harlan		514	34	F	196 30-39	38:49.1	40:20.8	12:31/M
1011	Makena Snyder		1215	9	F	15 1-10	38:49.4	39:57.8	12:31/M
1012	Grace Cassel		169	9	F	16 1-10	38:49.6	39:57.8	12:31/M
1013	Pamela ODonnell		977	45	F	116 40-49	38:49.9	40:46.9	12:31/M
1014	Dave Cassel		167	43	M	61 40-49	38:53.0	40:02.4	12:33/M
1015	Sharon Fridy		408	40	F	117 40-49	38:54.5	40:15.8	12:33/M
1016	Trina Piaskowski		1012	28	F	199 19-29	38:57.5	41:39.5	12:34/M
1017	Angelina Fegley		361	32	F	197 30-39	38:57.7	41:40.4	12:34/M
1018	Liz Snyder		1212	38	F	198 30-39	38:59.0	40:07.1	12:35/M
1019	Wendy Stover		1259	43	F	118 40-49	38:59.8	40:29.4	12:35/M
1020	Holly Rettew		1061	23	F	200 19-29	39:00.6	39:08.4	12:35/M
1021	Tireany Leaman		735	24	F	201 19-29	39:00.7	39:22.1	12:35/M
1022	Louis Rossi	Palmyra	1084	42	M	62 40-49	39:01.0	40:34.9	12:35/M
1023	Veronica Dippner		271	31	F	199 30-39	39:01.5	39:09.7	12:35/M
1024	Beth Rossi	Palmyra	1083	44	F	119 40-49	39:01.9	40:34.5	12:35/M
1025	Justin Brubaker		119	12	M	25 11-14	39:03.1	40:42.0	12:36/M
1026	Megan Brubaker		120	11	F	62 11-14	39:03.2	40:42.0	12:36/M
1027	Brian Corwin		200	45	M	63 40-49	39:05.9	40:40.6	12:36/M
1028	Heather Burkey		138	34	F	200 30-39	39:07.2	40:57.9	12:37/M
1029	Alexander Weaver		1340	14	M	26 11-14	39:07.8	41:53.2	12:37/M
1030	April Warhay		1329	33	F	201 30-39	39:08.3	40:26.6	12:37/M
1031	DJ Warhay		1460	8	M	14 1-10	39:08.3	40:26.6	12:37/M
1032	Sabrina Delong	Hershey PA	242	43	F	120 40-49	39:12.6	41:18.6	12:39/M
1033	Alicia Statts		1225	27	F	202 19-29	39:13.9	40:45.1	12:39/M
1034	Candace Sexton		1142	42	F	121 40-49	39:14.1	41:17.0	12:39/M
1035	Christina Carroll		165	37	F	202 30-39	39:16.1	41:15.3	12:40/M
1036	Kelly Bomberger		83	26	F	203 19-29	39:22.5	40:52.7	12:42/M
1037	Elizabeth Rowe		1087	31	F	203 30-39	39:23.4	40:25.6	12:42/M
1038	Beth Stombaugh		1250	44	F	122 40-49	39:23.5	41:22.4	12:42/M
1039	Matthew Morton		902	40	M	64 40-49	39:24.0	41:03.1	12:43/M
1040	Mattie Leid		743	26	F	204 19-29	39:24.2	41:22.5	12:43/M
1041	Bryan Fetro		368	49	M	65 40-49	39:25.2	41:05.2	12:43/M
1042	Susan Confer		191	33	F	204 30-39	39:25.4	40:11.5	12:43/M
1043	Teresa Rineer		1070	40	F	123 40-49	39:25.8	40:11.4	12:43/M
1044	Jeanine Morales		897	39	F	205 30-39	39:26.0	41:23.7	12:43/M
1045	Susan Gehman		446	55	F	33 50-59	39:26.2	41:24.0	12:43/M
1046	Jeff Snyder		1213	41	M	66 40-49	39:27.2	40:36.0	12:44/M
1047	David Brubaker		118	42	M	67 40-49	39:28.1	41:07.1	12:44/M
1048	Daniel Brubaker		121	8	M	15 1-10	39:28.3	41:07.0	12:44/M
1049	Dana Haldeman		504	17	F	55 15-18	39:32.5	41:33.1	12:45/M
1050	Karisa Joy Riker		1069	17	F	56 15-18	39:32.9	41:32.8	12:45/M
1051	Kayla Furnia		421	22	F	205 19-29	39:33.1	40:33.9	12:45/M
1052	Gretchen Leibley		742	47	F	124 40-49	39:33.8	41:51.2	12:45/M
1053	Emily Carpenter		160	12	F	63 11-14	39:34.2	41:30.9	12:46/M
1054	Lori Shirk		1166	48	F	125 40-49	39:34.5	40:51.3	12:46/M
1055	Carey Carpenter		157	37	F	206 30-39	39:34.6	41:31.4	12:46/M
1056	Taylor Jurell		643	22	M	88 19-29	39:35.0	41:23.0	12:46/M
1057	Carole DeInnocentiis		239	46	F	126 40-49	39:35.0	41:03.1	12:46/M
1058	Susanne Rhoades		1063	34	F	207 30-39	39:35.4	42:03.0	12:46/M
1059	Jennifer Mentzer		861	40	F	127 40-49	39:35.5	42:03.3	12:46/M
1060	Joanne Mercer		862	52	F	34 50-59	39:36.2	41:35.1	12:46/M
1061	Stephanie Blauch		75	34	F	208 30-39	39:36.5	40:09.9	12:46/M
1062	Carli Klick	Hershey PA	682	29	F	206 19-29	39:37.6	40:10.2	12:47/M
1063	Bob Hasty		526	56	M	18 50-59	39:47.4	39:47.4	12:50/M
1064	Randy Zimmerman		1430	41	M	68 40-49	39:50.0	41:48.3	12:51/M
1065	Delaney Byrne		146	18	F	57 15-18	39:52.0	40:57.2	12:52/M
1066	Megan Carver		166	34	F	209 30-39	39:52.7	40:51.9	12:52/M
1067	Jennifer Doyle		293	42	F	128 40-49	39:54.3	41:59.9	12:52/M
1068	Savanna Sexton		1143	18	F	58 15-18	39:54.7	41:57.6	12:52/M
1069	Rhonda Renwick		1060	42	F	129 40-49	39:54.7	41:59.8	12:52/M
1070	Ruth Baughman		46	47	F	130 40-49	39:55.2	42:00.5	12:53/M
1071	Dani Zurin		1438	25	F	207 19-29	39:59.1	41:28.1	12:54/M
1072	Krystal Huber		600	18	F	59 15-18	39:59.5	42:01.2	12:54/M



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Place		City	Bib No	Age	Gend	AG Place	-----Total-----		Pace
Overall	Name						Chip Time	Gun Time	
1073	Jack Longenecker		1511	9	M	16 1-10	39:59.9	41:02.9	12:54/M
1074	Kristina Mcallister		833	24	F	208 19-29	40:00.0	41:28.2	12:54/M
1075	Doug Alexander		8	32	M	86 30-39	40:00.3	42:02.7	12:54/M
1076	Alicia Huber		601	21	F	209 19-29	40:00.9	42:02.8	12:54/M
1077	Sarah Bellman		1448	31	F	210 30-39	40:00.9	42:02.4	12:54/M
1078	Sherry Jenkins		633	38	F	211 30-39	40:02.1	41:13.9	12:55/M
1079	Tara Martin		802	37	F	212 30-39	40:02.6	41:14.2	12:55/M
1080	Rose Rice		1067	27	F	210 19-29	40:02.7	41:45.7	12:55/M
1081	Jordyn Crossley		208	20	F	211 19-29	40:03.0	41:45.1	12:55/M
1082	Sue Angelo		16	32	F	213 30-39	40:04.4	41:37.4	12:55/M
1083	Emily Hertzler		549	24	F	212 19-29	40:05.9	40:57.9	12:56/M
1084	Cheyenne Sexton		1144	20	F	213 19-29	40:06.0	42:09.2	12:56/M
1085	Josh Forry		394	34	M	87 30-39	40:06.1	42:22.0	12:56/M
1086	Missy Forry		393	35	F	214 30-39	40:07.9	42:23.8	12:56/M
1087	Kristen Weaber		1333	30	F	215 30-39	40:08.9	42:25.1	12:57/M
1088	Keri Crouse		212	22	F	214 19-29	40:10.3	41:38.5	12:57/M
1089	Gail Swartz		1447	57	F	35 50-59	40:11.5	42:14.1	12:58/M
1090	Maria Lauris		732	44	F	131 40-49	40:14.5	40:14.5	12:59/M
1091	Sandy Fauser		358	41	F	132 40-49	40:14.8	42:17.8	12:59/M
1092	Emily Mahonski		789	34	F	216 30-39	40:15.0	40:50.9	12:59/M
1093	Ethan Wile		1518	10	M	17 1-10	40:17.3	42:32.3	13:00/M
1094	Lorinda Willner		1372	39	F	217 30-39	40:17.4	41:53.5	13:00/M
1095	Amy Logan		761	25	F	215 19-29	40:17.5	42:26.2	13:00/M
1096	Becky Wile		1365	36	F	218 30-39	40:18.5	42:33.2	13:00/M
1097	David Ark	Harrisburg PA	18	52	M	19 50-59	40:18.6	42:45.8	13:00/M
1098	Dana Setlock		1139	9	F	17 1-10	40:19.2	42:50.2	13:00/M
1099	Melissa Ark	Harrisburg PA	17	52	F	36 50-59	40:19.2	42:46.1	13:00/M
1100	Cynthia Setlock		1140	43	F	133 40-49	40:19.4	42:50.5	13:00/M
1101	Bob Long		1503	56	M	20 50-59	40:20.4	40:27.6	13:01/M
1102	Leigh Zimmerman		1435	41	F	134 40-49	40:20.7	42:18.4	13:01/M
1103	Kari Evans		345	18	F	60 15-18	40:23.3	41:00.6	13:02/M
1104	Molly Mount		905	16	F	61 15-18	40:23.4	42:25.6	13:02/M
1105	Alisa Esbenshade		335	19	F	216 19-29	40:23.8	41:00.7	13:02/M
1106	Kelli Evans		347	20	F	217 19-29	40:24.0	41:00.7	13:02/M
1107	Stacey Wolverton		1395	24	F	218 19-29	40:24.4	41:51.1	13:02/M
1108	Jodi Shenberger		1158	50	F	37 50-59	40:28.5	41:16.8	13:03/M
1109	Andrea Lown	Elizabethtown PA	775	43	F	135 40-49	40:31.7	41:46.0	13:04/M
1110	Dawn Chrisman		177	43	F	136 40-49	40:31.9	42:38.3	13:04/M
1111	Kirsten Deeds		232	30	F	219 30-39	40:34.7	42:23.3	13:05/M
1112	Chris Lunden		782	25	M	89 19-29	40:38.4	43:21.8	13:06/M
1113	Renee Jurell		642	53	F	38 50-59	40:40.6	42:28.4	13:07/M
1114	Emily Morrison	Myerstown	901	18	F	62 15-18	40:40.7	42:44.6	13:07/M
1115	Felicia Cruz		215	19	F	219 19-29	40:41.4	42:31.2	13:07/M
1116	Megan Achey		2	25	F	220 19-29	40:42.4	42:16.4	13:08/M
1117	Marissa Boldizar		79	25	F	221 19-29	40:44.6	42:11.2	13:08/M
1118	Kathryn Jones		639	23	F	222 19-29	40:45.7	41:09.4	13:09/M
1119	Jodi Rambler		1038	40	F	137 40-49	40:47.3	42:51.3	13:09/M
1120	Carley Rambler		1037	22	F	223 19-29	40:47.7	42:51.6	13:09/M
1121	Mason Shelly		1156	22	M	90 19-29	40:48.3	42:52.0	13:10/M
1122	Suzanne Smith		1191	46	F	138 40-49	40:49.3	42:44.7	13:10/M
1123	Kati Meyer		872	14	F	64 11-14	40:49.4	43:00.4	13:10/M
1124	Allyson Hamilton		507	29	F	224 19-29	40:52.2	40:52.2	13:11/M
1125	Carrie Meyer		871	38	F	220 30-39	40:53.7	43:04.9	13:11/M
1126	Ian Anderson		14	23	M	91 19-29	40:58.1	41:21.8	13:13/M
1127	Rebecca Hogan		573	22	F	225 19-29	40:58.4	41:21.8	13:13/M
1128	Carrie Bonanno		85	35	F	221 30-39	40:59.2	43:11.2	13:13/M
1129	Lisa Dise		275	29	F	226 19-29	41:00.1	43:30.2	13:14/M
1130	Marisa Tocci		1291	38	F	222 30-39	41:01.1	41:11.7	13:14/M
1131	Kayla Farrell		355	15	F	63 15-18	41:02.3	41:32.5	13:14/M
1132	Nicole Hockenberry		565	33	F	223 30-39	41:06.5	43:01.1	13:15/M
1133	Heidi Gutshall		500	41	F	139 40-49	41:06.5	43:01.3	13:15/M
1134	Danielle Gundrum		499	28	F	227 19-29	41:09.2	42:22.6	13:16/M
1135	Lyndsay Ross		1082	25	F	228 19-29	41:11.3	42:07.2	13:17/M
1136	Andrea Pugliese		1031	25	F	229 19-29	41:11.4	42:07.1	13:17/M
1137	Yessenia Lefever		741	26	F	230 19-29	41:11.4	42:08.9	13:17/M
1138	Kim Jarvis		629	39	F	224 30-39	41:12.2	42:09.8	13:17/M
1139	Amber Shirk		1167	30	F	225 30-39	41:14.0	42:31.3	13:18/M

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Overall Finish List

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Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1140	Kerri Green		487	44	F	140 40-49	41:20.2	41:20.2	13:20/M
1141	Maureen Beiler		60	45	F	141 40-49	41:20.3	43:00.0	13:20/M
1142	Monica Elbert	Lancaster PA	316	44	F	142 40-49	41:20.6	42:59.8	13:20/M
1143	Kate Kendall		671	36	F	226 30-39	41:22.8	43:17.2	13:21/M
1144	David Dietz		266	57	M	21 50-59	41:23.2	43:07.4	13:21/M
1145	Sharon Dietz		265	56	F	39 50-59	41:24.3	43:08.0	13:21/M
1146	Ashley Wharton		1358	29	F	231 19-29	41:25.8	43:54.5	13:22/M
1147	Courtney Koerner		690	22	F	232 19-29	41:27.3	41:27.3	13:22/M
1148	Lori Eelman		310	48	F	143 40-49	41:30.4	42:50.4	13:23/M
1149	Christine Leonard		750	39	F	227 30-39	41:33.2	42:03.6	13:24/M
1150	Tammy Rutherford	Elizabethtown PA	1096	39	F	228 30-39	41:36.3	42:41.5	13:25/M
1151	Gary Myer		929	49	M	69 40-49	41:39.7	43:12.8	13:26/M
1152	Brandon Beyer		68	25	M	92 19-29	41:43.0	43:07.1	13:27/M
1153	Nicole Gehman		447	31	F	229 30-39	41:43.3	43:33.3	13:27/M
1154	Kessie Luscher		784	14	F	65 11-14	41:47.4	42:49.3	13:29/M
1155	Lauren Melusky		859	29	F	233 19-29	41:53.4	41:53.4	13:31/M
1156	Emily Erisman		332	21	F	234 19-29	41:58.3	43:40.4	13:32/M
1157	Rebecca Camacho		152	19	F	235 19-29	42:01.1	43:59.1	13:33/M
1158	Laura Lachman		719	49	F	144 40-49	42:06.7	44:37.4	13:35/M
1159	Ashley Kundravi		1505	25	F	236 19-29	42:09.6	43:55.3	13:36/M
1160	Kelly Walsh		1323	30	F	230 30-39	42:10.3	43:19.9	13:36/M
1161	Emily Dullen		296	36	F	231 30-39	42:10.3	44:45.5	13:36/M
1162	Beth Faehling		350	33	F	232 30-39	42:10.3	43:19.7	13:36/M
1163	Christine Fromm		410	31	F	233 30-39	42:10.5	43:55.4	13:36/M
1164	Kathy Snader		1203	48	F	145 40-49	42:16.2	42:16.2	13:38/M
1165	Sam Droke-Dickinson		295	40	F	146 40-49	42:20.1	44:39.0	13:39/M
1166	Aaron Rugh		1090	33	M	88 30-39	42:20.6	45:05.2	13:39/M
1167	Holly Rugh		1089	30	F	234 30-39	42:20.7	45:05.1	13:39/M
1168	Rachel Daddezio		217	26	F	237 19-29	42:23.4	43:22.5	13:40/M
1169	Bryan Collins		1471	36	M	89 30-39	42:23.9	43:22.6	13:40/M
1170	Amanda Kowalski		696	33	F	235 30-39	42:25.3	42:55.9	13:41/M
1171	Stephanie Weaver		1339	40	F	147 40-49	42:39.3	45:22.8	13:45/M
1172	Erin Laysen		733	38	F	236 30-39	42:40.1	44:01.7	13:46/M
1173	Jeffery White		1360	42	M	70 40-49	42:40.2	43:30.8	13:46/M
1174	Ursula Hohman		574	37	F	237 30-39	42:40.4	42:40.4	13:46/M
1175	Karen Musser		916	45	F	148 40-49	42:40.5	43:39.7	13:46/M
1176	Barbara Charles		174	52	F	40 50-59	42:42.1	45:00.2	13:46/M
1177	Adam Charles		173	29	M	93 19-29	42:42.3	45:00.3	13:46/M
1178	Amy Keefer		661	30	F	238 30-39	42:42.4	45:10.5	13:46/M
1179	Kristi Dietrich		261	28	F	238 19-29	42:42.5	45:10.6	13:46/M
1180	Jennifer Yurchak		1417	41	F	149 40-49	42:43.6	43:30.9	13:47/M
1181	Becky Leedy		737	38	F	239 30-39	42:46.6	44:49.8	13:48/M
1182	Sherry Wilkinson	Elizabethtown PA	1367	44	F	150 40-49	42:49.9	43:55.2	13:49/M
1183	Amanda Hake		1474	26	F	239 19-29	42:50.4	43:28.8	13:49/M
1184	Connie Hake		502	56	F	41 50-59	42:51.4	43:29.5	13:49/M
1185	Audrey Hosler		587	42	F	151 40-49	42:54.0	44:26.6	13:50/M
1186	Chris Myer		926	49	F	152 40-49	42:54.1	44:26.7	13:50/M
1187	Jennifer Slaymaker		1182	28	F	240 19-29	42:54.3	45:23.5	13:50/M
1188	Pam Thompson		1288	30	F	240 30-39	42:58.2	43:57.5	13:52/M
1189	Katrina Miller		876	50	F	42 50-59	43:05.7	43:58.3	13:54/M
1190	Maddy Novak		966	19	F	241 19-29	43:08.9	43:08.9	13:55/M
1191	Tara Novak		965	39	F	241 30-39	43:08.9	43:08.9	13:55/M
1192	Caroline Novak		964	17	F	64 15-18	43:09.1	43:09.1	13:55/M
1193	Olivia Novak		963	15	F	65 15-18	43:09.2	43:09.2	13:55/M
1194	Amber Ort		981	25	F	242 19-29	43:14.2	44:39.3	13:57/M
1195	Jason Jefferson		632	28	M	94 19-29	43:21.3	45:07.1	13:59/M
1196	Jill Razzano		1044	39	F	242 30-39	43:22.0	45:06.4	13:59/M
1197	Jennifer Jefferson		631	28	F	243 19-29	43:22.6	45:07.2	13:59/M
1198	Mary Weissenborn	Harrisburg PA	1349	34	F	243 30-39	43:29.5	45:08.6	14:02/M
1199	Evan Miller		875	20	M	95 19-29	43:30.4	45:44.1	14:02/M
1200	Kristine Verna		1316	20	F	244 19-29	43:30.7	45:44.3	14:02/M
1201	Emily Williamson		1369	12	F	66 11-14	43:33.1	43:58.8	14:03/M
1202	Lauren Wolf		1459	14	F	67 11-14	43:34.0	44:08.6	14:03/M
1203	Danielle Adams Williamson		7	39	F	244 30-39	43:34.0	43:59.2	14:03/M
1204	Sarah Elias		1452	13	F	68 11-14	43:34.7	44:08.7	14:03/M
1205	Jamey Knisely		687	24	F	245 19-29	43:35.6	46:05.8	14:04/M
1206	Olivia Stone		1253	10	F	18 1-10	43:38.3	45:11.4	14:05/M

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Place						-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
1207	Allisha Fulk		414	32	F	245 30-39	43:39.3	44:11.1	14:05/M
1208	Jessica Harrigan		521	19	F	246 19-29	43:39.9	44:11.3	14:05/M
1209	Ceara Merkey		864	17	F	66 15-18	43:40.6	44:03.6	14:05/M
1210	Megan Harper		519	17	F	67 15-18	43:41.3	44:03.8	14:05/M
1211	Lisa Yost		1411	49	F	153 40-49	43:45.5	44:38.8	14:07/M
1212	Amanda Small		1188	26	F	247 19-29	43:52.6	45:39.5	14:09/M
1213	Olissa Clingenpeel		185	8	F	19 1-10	43:56.3	45:56.8	14:10/M
1214	Jennifer Pickel		1014	25	F	248 19-29	43:57.9	45:44.4	14:11/M
1215	Bela Desai		253	44	F	154 40-49	43:59.1	45:36.4	14:11/M
1216	Renee Reely		1055	20	F	249 19-29	43:59.4	45:36.6	14:11/M
1217	Marci Clingenpeel		184	50	F	43 50-59	44:00.1	45:59.3	14:12/M
1218	Linda Zimmerman		1432	45	F	155 40-49	44:01.6	45:42.0	14:12/M
1219	Victoria Graybill		486	14	F	69 11-14	44:01.7	45:30.6	14:12/M
1220	Shannon Kimble		675	31	F	246 30-39	44:02.0	45:30.9	14:12/M
1221	Jessica Jackson		624	33	F	247 30-39	44:02.0	45:53.1	14:12/M
1222	Samantha Faulstick		357	25	F	250 19-29	44:02.2	45:41.1	14:12/M
1223	Lisa Kowalski		1490	42	F	156 40-49	44:05.3	45:43.1	14:13/M
1224	Kate Tragis		1295	37	F	248 30-39	44:05.6	45:43.4	14:13/M
1225	Hannah Brusik		126	7	F	20 1-10	44:09.3	46:43.7	14:15/M
1226	Dana Wiker		1364	23	F	251 19-29	44:11.2	45:51.8	14:15/M
1227	Kathleen Kurtz		716	50	F	44 50-59	44:13.2	46:47.4	14:16/M
1228	Jackie Steed		1229	33	F	249 30-39	44:13.5	46:45.2	14:16/M
1229	Samantha Geesey		1479	28	F	252 19-29	44:13.8	46:42.8	14:16/M
1230	Kimberly Quickle		1034	37	F	250 30-39	44:14.0	46:45.7	14:16/M
1231	Wendy Serfass		1135	46	F	157 40-49	44:14.9	46:40.7	14:16/M
1232	Jennifer Buchter		133	38	F	251 30-39	44:15.3	45:38.0	14:16/M
1233	Alicia Nauman		933	39	F	252 30-39	44:15.6	45:56.3	14:16/M
1234	Beth Shultz		1177	41	F	158 40-49	44:17.0	46:54.6	14:17/M
1235	Diane Funk		415	43	F	159 40-49	44:17.6	44:56.6	14:17/M
1236	Stacey Sensenig		1132	46	F	160 40-49	44:17.7	44:56.8	14:17/M
1237	Michelle Stone		1252	42	F	161 40-49	44:22.1	45:55.9	14:19/M
1238	Jennifer Nickle		949	26	F	253 19-29	44:22.7	44:22.7	14:19/M
1239	Stacia Gilchrist		463	31	F	253 30-39	44:27.3	45:36.9	14:20/M
1240	Ken Edwards		309	43	M	71 40-49	44:27.9	45:37.0	14:20/M
1241	Rachel Marino	Middletown	800	22	F	254 19-29	44:32.4	46:40.4	14:22/M
1242	Conner Looper		1477	0	M	4 0-0	44:32.8	47:18.0	14:22/M
1243	Scott Funk		417	46	M	72 40-49	44:41.8	45:21.9	14:25/M
1244	Andrea Bucher		129	34	F	254 30-39	44:46.3	46:58.7	14:26/M
1245	Kathy Phillips		1010	54	F	45 50-59	44:57.9	46:53.8	14:30/M
1246	Kelly Bailey		29	35	F	255 30-39	45:02.7	46:58.6	14:32/M
1247	Kathy Prime		1026	47	F	162 40-49	45:06.8	47:30.0	14:33/M
1248	Keeli Looper		1476	0	F	7 0-0	45:09.7	47:54.6	14:34/M
1249	Laura Meisl		857	41	F	163 40-49	45:10.5	45:34.4	14:34/M
1250	Tom Sposito		1220	50	M	22 50-59	45:11.3	47:34.1	14:35/M
1251	Debra Dietrich		259	46	F	164 40-49	45:13.9	46:44.2	14:35/M
1252	Jen Goff		471	41	F	165 40-49	45:14.4	46:25.4	14:35/M
1253	Emily Johns		635	26	F	255 19-29	45:21.1	45:21.1	14:38/M
1254	Teresa Centini		170	27	F	256 19-29	45:24.3	45:24.3	14:39/M
1255	Jerri May		829	60	M	7 60-69	45:24.4	46:18.8	14:39/M
1256	Mitzi Headings		531	49	F	166 40-49	45:25.0	46:19.3	14:39/M
1257	Sabrina Hensel		544	21	F	257 19-29	45:30.1	47:15.6	14:41/M
1258	Arlene Lexa		755	22	F	258 19-29	45:30.3	47:15.5	14:41/M
1259	Donna Sahrhage		1102	54	F	46 50-59	45:33.9	47:54.2	14:42/M
1260	Laurie Adair		3	56	F	47 50-59	45:38.9	45:38.9	14:43/M
1261	Tara Book		86	23	F	259 19-29	45:43.0	47:44.9	14:45/M
1262	Robert Book		87	49	M	73 40-49	45:43.1	47:44.8	14:45/M
1263	Cyndi Snyder		1211	41	F	167 40-49	46:07.0	48:34.6	14:53/M
1264	Sheri Yohe		1410	39	F	256 30-39	46:07.5	48:34.6	14:53/M
1265	Brenda Huddle		602	64	F	2 60-69	46:08.2	48:35.2	14:53/M
1266	Denine Ward		1328	49	F	168 40-49	46:13.8	47:38.6	14:55/M
1267	Olivia Giovingo		468	18	F	68 15-18	46:13.9	47:53.4	14:55/M
1268	Tanya Stark-Beakes		1223	31	F	257 30-39	46:17.3	48:38.9	14:56/M
1269	Jessica Sauder		1116	33	F	258 30-39	46:28.0	47:50.4	14:59/M
1270	Lisa Smalley		1189	26	F	260 19-29	46:36.9	48:15.6	15:02/M
1271	Ronald Daub		224	47	M	74 40-49	46:50.4	49:14.7	15:06/M
1272	Linda Denlinger		246	55	F	48 50-59	46:59.5	49:18.0	15:09/M
1273	Lori Painter		989	46	F	169 40-49	46:59.7	49:17.3	15:09/M

Place						-----Total-----			
Overall	Name	City	Bib No	Age	Gender	AG Place	Chip Time	Gun Time	Pace
1274	Edward Denlinger		247	56	M	23 50-59	47:00.4	49:18.6	15:10/M
1275	Donna Zvorsky	Elizabethtown PA	1440	59	F	49 50-59	47:18.8	49:42.6	15:15/M
1276	Donna Daub	Stevens PA	223	46	F	170 40-49	47:23.9	49:47.6	15:17/M
1277	Cindy Frey		404	50	F	50 50-59	47:24.0	49:25.0	15:17/M
1278	Jessica Schell		1120	20	F	261 19-29	47:24.1	49:24.7	15:17/M
1279	Gregory Luscher		783	55	M	24 50-59	47:24.6	49:25.6	15:17/M
1280	Rachel Hollar		576	19	F	262 19-29	47:26.7	49:58.3	15:18/M
1281	Rebecca Hollar		575	22	F	263 19-29	47:27.3	49:58.7	15:18/M
1282	Samantha Faith		352	22	F	264 19-29	47:27.8	49:58.9	15:18/M
1283	Sheena Fellenbaum		364	28	F	265 19-29	47:40.0	47:40.0	15:23/M
1284	Christina Phillips		1008	47	F	171 40-49	47:40.7	49:47.8	15:23/M
1285	Donna Chrzanowski		179	50	F	51 50-59	48:07.2	50:46.3	15:31/M
1286	Terry Young		1414	58	F	52 50-59	48:21.9	50:46.4	15:36/M
1287	John Young		1415	60	M	8 60-69	48:22.3	50:46.5	15:36/M
1288	Danielle Wertz		1357	27	F	266 19-29	48:22.5	50:41.9	15:36/M
1289	Ada Sheaffer		1149	30	F	259 30-39	48:26.5	48:26.5	15:37/M
1290	Justin Rickabaugh		1489	25	F	267 19-29	48:26.8	48:26.8	15:37/M
1291	Julianne Kauffman		650	23	F	268 19-29	48:27.7	48:37.9	15:38/M
1292	Marsha Hatton		527	32	F	260 30-39	48:30.8	49:44.6	15:39/M
1293	Jospeh Figueroa		371	59	M	25 50-59	48:32.2	50:54.9	15:39/M
1294	Georgiana Figueroa		370	44	F	172 40-49	48:32.3	50:54.8	15:39/M
1295	Zach Christian		178	15	M	35 15-18	48:32.8	50:43.3	15:39/M
1296	Amy Novack		962	29	F	269 19-29	48:36.8	50:56.0	15:41/M
1297	Jennifer Zimmerman		1434	34	F	261 30-39	48:37.1	50:56.2	15:41/M
1298	Shawn Loughran		773	45	F	173 40-49	48:50.0	51:33.0	15:45/M
1299	Sandra Musser		920	44	F	174 40-49	48:54.2	50:37.7	15:46/M
1300	Angela Sohnleitner		1217	37	F	262 30-39	48:54.8	48:54.8	15:46/M
1301	Lena Pinard		1017	46	F	175 40-49	48:54.9	48:54.9	15:46/M
1302	Laura Feeser		360	17	F	69 15-18	48:58.7	50:59.9	15:48/M
1303	Corinne Enck		321	17	F	70 15-18	48:58.8	51:00.0	15:48/M
1304	Dennise Enck		323	60	M	9 60-69	49:22.7	51:48.4	15:55/M
1305	Terri Enck		322	59	F	53 50-59	49:23.1	51:48.7	15:56/M
1306	Caitlin Piehl		1016	7	F	21 1-10	49:27.3	51:12.2	15:57/M
1307	Amy Piehl		1015	39	F	263 30-39	49:27.6	51:12.4	15:57/M
1308	Donna Gerhard		460	62	F	3 60-69	50:04.9	52:22.6	16:09/M
1309	Linda Karns		646	50	F	54 50-59	50:05.1	52:22.2	16:09/M
1310	Lyn Geib		455	61	F	4 60-69	50:05.4	52:22.2	16:09/M
1311	Audrey Brosey		109	58	F	55 50-59	50:06.4	52:22.7	16:10/M
1312	Diane Knepp		686	55	F	56 50-59	50:12.8	52:22.9	16:12/M
1313	cheryl hartnett		525	52	F	57 50-59	50:16.3	52:37.5	16:13/M
1314	Rebecca Durbin		299	38	F	264 30-39	50:24.5	52:14.3	16:15/M
1315	Anne Chapman		172	51	F	58 50-59	50:24.8	52:14.6	16:15/M
1316	Megan Long		762	22	F	270 19-29	50:24.9	51:54.8	16:15/M
1317	John Trimble		1300	40	M	75 40-49	50:25.1	50:25.1	16:16/M
1318	Karen Lewis		754	52	F	59 50-59	50:38.3	52:56.2	16:20/M
1319	Doreen Obetz		975	53	F	60 50-59	50:38.5	52:56.0	16:20/M
1320	Marisol Cruz		214	42	F	176 40-49	51:07.9	53:22.2	16:29/M
1321	Julie Ebersole		303	46	F	177 40-49	51:07.9	51:36.7	16:29/M
1322	Janet Pritchett		1029	50	F	61 50-59	51:07.9	53:22.2	16:29/M
1323	Alexandra Ebersole		304	16	F	71 15-18	51:08.0	51:36.7	16:30/M
1324	Darla Musser		923	44	F	178 40-49	51:09.2	51:09.2	16:30/M
1325	Taylor Martin		812	19	F	271 19-29	51:09.3	51:09.3	16:30/M
1326	Michele Shelly		1157	48	F	179 40-49	51:13.6	53:18.0	16:31/M
1327	Sharon Rambler		1036	52	F	62 50-59	51:13.7	53:18.2	16:31/M
1328	Juliet Pletcher		1020	26	F	272 19-29	51:15.5	51:44.3	16:32/M
1329	Kylie Brown		112	6	F	22 1-10	51:31.7	52:27.2	16:37/M
1330	Kendra Brown		111	31	F	265 30-39	51:33.7	52:29.1	16:38/M
1331	Nick Corwin		1494	15	M	36 15-18	51:36.2	52:59.7	16:39/M
1332	Melissa Keim		667	28	F	273 19-29	51:39.4	51:39.4	16:40/M
1333	Mary Jacob		1510	54	F	63 50-59	51:39.4	51:39.4	16:40/M
1334	Nikole Rhodes		1064	31	F	266 30-39	51:40.8	54:13.4	16:40/M
1335	Aleks Swavely		1273	26	F	274 19-29	51:41.4	54:13.9	16:40/M
1336	Kim Corwin		201	47	F	180 40-49	51:45.4	53:09.1	16:42/M
1337	Yiota Gavala		440	44	F	181 40-49	51:51.7	54:00.0	16:44/M
1338	Janet Trovato		1307	57	F	64 50-59	51:51.9	54:00.1	16:44/M
1339	Todd Miller		1484	43	M	76 40-49	51:59.6	54:36.6	16:46/M
1340	Kaylay Miller		1485	8	F	23 1-10	51:59.8	54:36.7	16:46/M

Race Date  
June 01, 2013

# Rock N Glow 2013

## Overall Finish List

5K

Place		-----Total-----							
Overall	Name	City	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1341	Alix Ingoglia		620	25	F	275 19-29	52:33.0	53:47.3	16:57/M
1342	Julia Klus		683	31	F	267 30-39	52:54.3	55:37.3	17:04/M
1343	Doug Young		1521	31	M	90 30-39	53:01.0	53:40.7	17:06/M
1344	Shannon Young		1413	31	F	268 30-39	53:09.8	53:17.5	17:09/M
1345	Mindy McKonly		845	62	F	5 60-69	53:11.8	55:22.2	17:09/M
1346	Katie Yoder		1407	50	F	65 50-59	53:12.0	55:22.4	17:10/M
1347	Kathie Ingoglia		621	60	F	6 60-69	53:15.9	54:30.6	17:11/M
1348	MARCY Carl		155	31	F	269 30-39	53:16.1	54:47.9	17:11/M
1349	Amy Dullinger		297	28	F	276 19-29	53:16.9	53:34.9	17:11/M
1350	Fritz Werder		1522	42	M	6 40-49	53:41.3	53:41.3	17:19/M
1351	Jordan McEvoy		836	21	F	277 19-29	53:42.8	55:56.3	17:19/M
1352	Michele Stipe		1244	49	F	182 40-49	53:43.4	55:51.2	17:20/M
1353	Michele Werder		1520	38	F	270 30-39	53:43.6	53:50.8	17:20/M
1354	Kim McEvoy		837	45	F	183 40-49	53:43.6	55:57.8	17:20/M
1355	Kim Musser		919	49	F	184 40-49	53:45.3	55:59.4	17:20/M
1356	Lisa Deickman		237	46	F	185 40-49	53:46.1	54:16.0	17:21/M
1357	Theresa Smith	Mount Wolf PA	1197	29	F	278 19-29	53:46.2	54:15.8	17:21/M
1358	Lynne Dougherty		290	46	F	186 40-49	53:47.5	56:00.1	17:21/M
1359	Karen Brandt		99	46	F	187 40-49	53:52.7	56:12.0	17:23/M
1360	Stephanie Berkheiser		65	44	F	188 40-49	53:53.1	56:11.2	17:23/M
1361	Kaitlin McGuire		842	28	F	279 19-29	54:02.7	56:22.7	17:26/M
1362	Lisa Witmer		1383	27	F	280 19-29	54:16.4	56:47.4	17:30/M
1363	Kim Miller		883	50	F	66 50-59	54:17.9	56:48.4	17:31/M
1364	Carolyn Benton		1531	47	F	189 40-49	54:18.7	56:46.5	17:31/M
1365	Taylor Goss		481	19	F	281 19-29	54:30.1	55:20.4	17:35/M
1366	Kristen Troxell		1309	29	F	282 19-29	54:32.1	56:57.6	17:35/M
1367	Amy Nolt		960	39	F	271 30-39	54:32.9	56:44.8	17:35/M
1368	Nicole Bicksler		69	25	F	283 19-29	54:33.6	56:57.1	17:36/M
1369	Timothy Troxell		1310	30	M	91 30-39	54:37.2	57:03.3	17:37/M
1370	Charlene Goss		480	44	F	190 40-49	55:01.5	55:52.1	17:45/M
1371	Natsha Jones		640	24	F	284 19-29	55:10.4	57:13.2	17:48/M
1372	Tera Hoxworth		597	31	F	272 30-39	55:12.0	57:13.3	17:48/M
1373	Jason Heilman		538	36	M	92 30-39	55:24.2	56:56.1	17:52/M
1374	Amanda Buckel		134	28	F	285 19-29	55:37.0	56:44.1	17:56/M
1375	Melanie Smith		1198	41	F	191 40-49	56:00.4	58:32.8	18:04/M
1376	Aubrey Tam		1280	33	F	273 30-39	56:01.7	58:32.7	18:04/M
1377	Danelle Nelson		937	33	F	274 30-39	56:30.9	59:11.6	18:14/M
1378	Tara Reed		1051	40	F	192 40-49	56:42.7	59:23.8	18:17/M
1379	Sherri Steffy		1232	41	F	193 40-49	56:43.2	59:23.8	18:18/M
1380	Todd Steffy		1234	41	M	77 40-49	56:47.0	59:23.4	18:19/M
1381	Kimberle Keener		664	27	F	286 19-29	57:06.4	59:38.9	18:25/M
1382	Margaret Gasparich		438	55	F	67 50-59	57:07.2	59:40.4	18:25/M
1383	Misty Mosher		904	33	F	275 30-39	57:10.7	59:52.6	18:26/M
1384	Earl Benton	Ephrata PA	62	49	M	78 40-49	57:28.3	57:28.3	18:32/M
1385	Katie Becker		54	7	F	24 1-10	57:36.1	59:25.0	18:35/M
1386	Kristin Purdue		1033	35	F	276 30-39	57:44.1	59:31.2	18:37/M
1387	Madison Purdue		1032	7	F	25 1-10	57:44.2	59:31.4	18:37/M
1388	Shelby Hawthorne		530	29	F	287 19-29	57:45.2	59:48.7	18:38/M
1389	Julie Freed		402	34	F	277 30-39	57:45.7	59:49.1	18:38/M
1390	Lori Flowers		384	43	F	194 40-49	57:47.6	59:05.9	18:38/M
1391	Tim Flowers		385	33	M	93 30-39	57:48.9	59:06.0	18:39/M
1392	Stephanie Sheidy		1153	45	F	195 40-49	58:01.4	1:00:05.5	18:43/M
1393	Stacy Sloat		1183	30	F	278 30-39	58:01.9	1:00:06.1	18:43/M
1394	Megan Becker	Lititz PA	56	36	F	279 30-39	58:04.7	59:53.6	18:44/M
1395	Dawn Moreno		899	39	F	280 30-39	1:02:27.4	1:04:40.3	20:09/M
1396	Tammy Miller		881	42	F	196 40-49	1:02:38.0	1:04:47.9	20:12/M
1397	Kass Tragis		1297	15	F	72 15-18	1:02:56.9	1:04:45.7	20:18/M