

Female No Age Given

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Anna Moffitt		1523	0	144	25:15.6	27:10.9	8:09/M
2	Sarah Sylvia	Manheim	1279	0	323	28:18.3	28:18.3	9:08/M
3	Megan Harley		1527	0	583	31:38.0	33:25.3	10:12/M
4	Adella Houck		595	0	670	32:54.1	32:54.1	10:37/M
5	Pam Furlow	Newmanstown	419	0	827	35:35.7	37:27.5	11:29/M
6	Amelia Neusatz		941	0	930	37:31.9	39:28.4	12:06/M
7	Keeli Looper		1476	0	1247	45:09.7	47:54.6	14:34/M

Female 1 to 10

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Aubrey Williamson		1371	8	245	26:52.0	26:52.0	8:40/M
2	Jessica Williamson		1370	10	360	28:46.1	29:09.4	9:17/M
3	Olivia Sunderland		1272	9	369	28:50.8	28:50.8	9:18/M
4	Hope Boldizar		80	10	427	29:37.2	29:52.2	9:33/M
5	Lily Clinton		187	8	542	31:06.1	31:48.2	10:02/M
6	Riley Gruber		498	8	655	32:37.1	33:19.1	10:31/M
7	Samantha Eisenhofer		313	6	725	33:46.2	34:51.5	10:54/M
8	Katie Eisenhofer		315	9	728	33:47.9	34:52.4	10:54/M
9	Madison Sangrey		1105	10	744	33:59.4	35:20.9	10:58/M
10	Olivia Thomas		1286	10	777	34:42.1	35:29.7	11:12/M
11	Anna Smale		1187	10	875	36:23.8	36:51.3	11:44/M
12	Emma Graybill		485	10	894	36:41.2	37:04.6	11:50/M
13	EMMA DAMON		222	9	929	37:31.3	38:38.7	12:06/M
14	Lydia Smale		1186	8	948	37:50.4	39:09.4	12:12/M
15	Makena Snyder		1215	9	1010	38:49.4	39:57.8	12:31/M
16	Grace Cassel		169	9	1011	38:49.6	39:57.8	12:31/M
17	Dana Setlock		1139	9	1097	40:19.2	42:50.2	13:00/M
18	Olivia Stone		1253	10	1205	43:38.3	45:11.4	14:05/M
19	Olissa Clingenpeel		185	8	1212	43:56.3	45:56.8	14:10/M
20	Hannah Brusk		126	7	1224	44:09.3	46:43.7	14:15/M
21	Caitlin Piehl		1016	7	1305	49:27.3	51:12.2	15:57/M
22	Kylie Brown		112	6	1328	51:31.7	52:27.2	16:37/M
23	Kaylay Miller		1485	8	1339	51:59.8	54:36.7	16:46/M
24	Katie Becker		54	7	1383	57:36.1	59:25.0	18:35/M
25	Madison Purdue		1032	7	1385	57:44.2	59:31.4	18:37/M

Female 11 to 14

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Adrienne Bruch		124	12	39	21:48.6	21:48.6	7:02/M
2	Bella Forgione		391	11	44	21:59.0	21:59.0	7:05/M
3	Emma Rogers		1076	13	53	22:20.6	22:20.6	7:12/M
4	Mallory Sunderland		1271	12	61	22:39.7	22:39.7	7:18/M
5	Kate Dickow		257	12	70	22:56.7	22:56.7	7:24/M
6	Jaide Epler		329	12	87	23:29.1	23:29.1	7:35/M
7	Halle Funk		416	14	128	24:51.5	24:51.5	8:01/M
8	Christina Gavala		441	14	138	25:06.4	25:06.4	8:06/M
9	Madalyn Hosler		589	13	185	25:45.2	25:45.2	8:18/M
10	Keerston Underkoffler		1465	13	218	26:21.3	26:21.3	8:30/M
11	Alicia Underkoffler		1466	11	223	26:25.0	26:25.0	8:31/M
12	Dana Hostetter		593	14	237	26:41.2	29:07.9	8:36/M
13	Ashlee Evans		346	12	247	26:54.8	26:54.8	8:41/M
14	Alexis Hosler		588	11	257	27:05.6	27:12.7	8:44/M
15	Madalyn Nelson		940	13	263	27:09.7	27:09.7	8:45/M
16	Sharri Kambesis		645	13	285	27:35.9	27:35.9	8:54/M
17	Jordyn Stoner		1255	13	288	27:39.2	27:39.2	8:55/M
18	Kimberly Bucher	Elizabethtown	128	13	300	27:52.5	27:52.5	8:59/M
19	Olivia Dill	Annville	268	11	320	28:15.8	28:15.8	9:07/M
20	Hannah Barbush		38	13	344	28:33.6	28:33.6	9:13/M
21	Elizabeth Ebersole		302	13	361	28:46.8	28:46.8	9:17/M
22	Audrey Schlosser		1122	13	394	29:10.8	29:10.8	9:25/M
23	Rachel VanBlargan		1315	13	395	29:12.9	30:16.3	9:25/M
24	Kayla Eller		317	14	452	29:54.6	30:02.2	9:39/M
25	Katie Weaver		1336	14	470	30:10.5	31:18.0	9:44/M
26	Joanna Niesley	Marietta	950	14	484	30:21.5	31:06.7	9:47/M
27	Lily Doerschuk		283	13	487	30:23.0	31:40.0	9:48/M
28	Katie Ashley		25	14	507	30:40.5	31:24.9	9:54/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 11 to 14

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
29	Lydia Brubaker		122	14	508	30:40.6	31:25.7	9:54/M
30	Emma Lown		776	13	537	31:03.4	32:17.6	10:01/M
31	Heidi Strausbaugh		1260	13	548	31:08.3	32:14.0	10:03/M
32	Julee Wells	Elizabethtown	1351	11	554	31:13.1	31:13.1	10:04/M
33	Madison Hoffman		572	11	557	31:13.7	31:13.7	10:04/M
34	Melissa Gibble		462	13	581	31:34.9	31:34.9	10:11/M
35	Katherine Chapman		171	13	584	31:39.1	31:39.1	10:13/M
36	Lillian Durbin		300	12	594	31:46.0	31:46.0	10:15/M
37	Elizabeth Wash		1331	13	596	31:46.1	31:46.1	10:15/M
38	Rebekah Gerace		457	11	602	31:49.4	31:49.4	10:16/M
39	Lisa Schaefer	Harrisburg	1118	12	609	31:59.1	32:17.3	10:19/M
40	Jenna Flatley		380	12	611	31:59.1	32:17.3	10:19/M
41	Morgan Wenger		1354	12	623	32:08.1	32:53.6	10:22/M
42	Kelli Lyn Kreider		711	12	624	32:08.4	32:53.7	10:22/M
43	Maisie Dorwart		286	12	650	32:29.4	32:36.9	10:29/M
44	Alayna Kauffman		652	12	688	33:16.6	33:45.7	10:44/M
45	Holly Musser		921	13	691	33:25.8	34:09.7	10:47/M
46	Maddie Musser		922	14	718	33:43.6	34:27.9	10:53/M
47	Megan Sangrey		1104	12	734	33:54.8	35:23.1	10:56/M
48	Aislyn Evans		348	12	743	33:59.2	35:20.8	10:58/M
49	Maddy Barbush		39	11	745	34:00.1	35:17.8	10:58/M
50	Alyssa Meisl		858	13	795	35:04.3	36:45.6	11:19/M
51	Abby Yoder		1405	13	796	35:05.5	37:14.5	11:19/M
52	Hannah Kowalski		1491	12	854	36:02.3	37:39.2	11:37/M
53	Allison Cassel		168	12	881	36:27.7	37:37.4	11:45/M
54	Leah Graybill		484	12	893	36:40.9	37:04.7	11:50/M
55	Callie Heistand		540	14	913	37:02.0	37:11.7	11:57/M
56	Jade Trovinger		1308	12	932	37:35.9	37:44.0	12:07/M
57	Ligeia Stern		1238	11	939	37:40.8	37:40.8	12:09/M
58	Ally Alleman		11	14	951	37:52.5	39:07.5	12:13/M
59	Virginia Dubbs		1464	11	984	38:22.3	38:34.5	12:23/M
60	Hayleigh Sauder		1113	11	988	38:26.6	38:52.5	12:24/M
61	Erika Mann		798	14	994	38:31.3	40:12.9	12:25/M
62	Megan Brubaker		120	11	1025	39:03.2	40:42.0	12:36/M
63	Emily Carpenter		160	12	1052	39:34.2	41:30.9	12:46/M
64	Kati Meyer		872	14	1122	40:49.4	43:00.4	13:10/M
65	Kessie Luscher		784	14	1153	41:47.4	42:49.3	13:29/M
66	Emily Williamson		1369	12	1200	43:33.1	43:58.8	14:03/M
67	Lauren Wolf		1459	14	1201	43:34.0	44:08.6	14:03/M
68	Sarah Elias		1452	13	1203	43:34.7	44:08.7	14:03/M
69	Victoria Graybill		486	14	1218	44:01.7	45:30.6	14:12/M

Female 15 to 18

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Jenna Ferris		367	15	50	22:13.9	22:13.9	7:10/M
2	Madison Mohr		892	15	86	23:28.8	23:28.8	7:34/M
3	Chantel Huyard		612	16	119	24:42.0	24:42.0	7:58/M
4	Charis Diinger		267	15	127	24:51.5	24:51.5	8:01/M
5	Katherine Diller		270	17	172	25:36.0	25:36.0	8:15/M
6	Maria DeNunzio		249	18	179	25:43.1	25:43.1	8:18/M
7	Jordan Mitchell		888	17	186	25:46.9	25:46.9	8:19/M
8	Shelby Hontz		581	18	201	26:08.4	26:26.6	8:26/M
9	Khalee Kreider		708	17	204	26:10.2	26:10.2	8:26/M
10	Alexa Evans		343	16	246	26:54.1	26:54.1	8:41/M
11	Kirsten Myer		928	15	268	27:17.3	27:24.6	8:48/M
12	Abby Wagner		1321	15	275	27:28.9	27:37.7	8:52/M
13	Brigette Fittery		375	16	301	27:52.6	27:52.6	8:59/M
14	Kristen Musser		918	15	357	28:44.1	28:44.1	9:16/M
15	Tara Raasch		1035	15	359	28:45.3	28:45.3	9:16/M
16	McKenzie Pavlik		997	17	371	28:52.7	28:52.7	9:19/M
17	Cassidy Petersheim		1005	17	378	29:00.1	29:00.1	9:21/M
18	Hannah Schlosser		1121	15	393	29:10.8	29:10.8	9:25/M
19	Sierra Stoltzfus		1249	15	400	29:15.7	30:21.8	9:26/M
20	Abby Landis		723	15	415	29:30.7	30:18.9	9:31/M
21	Samantha Lindenmyth		756	16	420	29:34.5	30:33.6	9:32/M
22	Corryn Wolgemuth		1391	15	435	29:43.5	32:10.3	9:35/M
23	Hadassah Huyard		610	18	437	29:43.9	29:43.9	9:35/M
24	Emily Doerschuk		282	15	439	29:43.9	32:10.4	9:35/M
25	Melanie Stauffer		1226	18	485	30:21.8	31:21.8	9:47/M
26	Emily Good		474	16	486	30:21.9	31:07.3	9:47/M
27	Megan Wood		1398	18	492	30:26.2	31:26.8	9:49/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 15 to 18

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
28	Amy Kochel		689	17	494	30:28.1	31:28.7	9:50/M
29	Novella Fisher		372	18	500	30:33.5	30:43.7	9:51/M
30	Abby Sauder		1115	15	511	30:43.9	31:18.9	9:55/M
31	Valerie Mummau		912	15	513	30:44.3	31:18.9	9:55/M
32	Taylor Mohr		891	17	520	30:51.8	30:51.8	9:57/M
33	Nicole Serfass		1137	17	558	31:13.8	33:38.3	10:04/M
34	Daniella Mazzeo		831	18	576	31:32.8	32:03.5	10:10/M
35	Lexie Way		1332	18	577	31:33.4	32:04.5	10:11/M
36	Sara Ober		973	15	640	32:19.5	32:19.5	10:25/M
37	Julie McFarland		838	16	643	32:21.1	32:56.1	10:26/M
38	Renata Lulakova		780	18	682	33:14.3	33:52.8	10:43/M
39	Meghan Maisano		790	17	687	33:16.4	33:45.9	10:44/M
40	Katie Koser		695	17	709	33:40.2	34:31.6	10:52/M
41	Smita Groff		490	15	789	34:53.7	35:02.8	11:15/M
42	Alandra Santos		1108	15	817	35:25.2	36:42.9	11:25/M
43	DANIELLE OBER		972	16	818	35:25.9	36:43.5	11:25/M
44	Leah Boyer	Manheim	93	16	820	35:26.1	36:43.4	11:26/M
45	Kara Steffy		1231	15	835	35:42.8	36:16.7	11:31/M
46	Mandy Metzler		868	15	877	36:26.2	36:35.6	11:45/M
47	Emily Zimmerman		1431	17	887	36:36.0	38:33.5	11:48/M
48	Jordan Crills		205	18	888	36:36.5	37:37.8	11:48/M
49	Kendra Lefever		739	15	914	37:02.2	37:12.5	11:57/M
50	Brianna Dent		248	15	924	37:13.5	37:13.5	12:00/M
51	Courtney Moore		895	17	936	37:39.3	39:10.6	12:09/M
52	Brianna Alleman		10	16	950	37:52.4	39:07.4	12:13/M
53	Miranda Hess		551	16	959	37:57.6	39:07.8	12:15/M
54	Jennifer Reeves	Pine Grove	1056	16	981	38:21.5	38:21.5	12:22/M
55	Dana Haldeman		504	17	1048	39:32.5	41:33.1	12:45/M
56	Karisa Joy Riker		1069	17	1049	39:32.9	41:32.8	12:45/M
57	Delaney Byrne		146	18	1064	39:52.0	40:57.2	12:52/M
58	Savanna Sexton		1143	18	1067	39:54.7	41:57.6	12:52/M
59	Krystal Huber		600	18	1071	39:59.5	42:01.2	12:54/M
60	Kari Evans		345	18	1102	40:23.3	41:00.6	13:02/M
61	Molly Mount		905	16	1103	40:23.4	42:25.6	13:02/M
62	Emily Morrison	Myerstown	901	18	1113	40:40.7	42:44.6	13:07/M
63	Kayla Farrell		355	15	1130	41:02.3	41:32.5	13:14/M
64	Caroline Novak		964	17	1191	43:09.1	43:09.1	13:55/M
65	Olivia Novak		963	15	1192	43:09.2	43:09.2	13:55/M
66	Ceara Merkey		864	17	1208	43:40.6	44:03.6	14:05/M
67	Megan Harper		519	17	1209	43:41.3	44:03.8	14:05/M
68	Olivia Giovingo		468	18	1266	46:13.9	47:53.4	14:55/M
69	Laura Feeser		360	17	1301	48:58.7	50:59.9	15:48/M
70	Corinne Enck		321	17	1302	48:58.8	51:00.0	15:48/M
71	Alexandra Ebersole		304	16	1322	51:08.0	51:36.7	16:30/M
72	Kass Tragis		1297	15	1395	1:02:56.9	1:04:45.7	20:18/M

Female 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1 *	Abby Landis		724	24	22	20:39.7	21:23.1	6:40/M
2	Meg Griffith		489	26	28	21:05.2	21:05.2	6:48/M
3	Lauren Gahres		424	29	51	22:16.5	22:16.5	7:11/M
4	Carly Youngeberg		1416	22	59	22:35.3	22:35.3	7:17/M
5	Priscilla Caliz		150	27	74	23:09.0	23:52.0	7:28/M
6	Heidi Metzler		867	21	78	23:12.7	23:12.7	7:29/M
7	Laura Brenner		105	22	100	23:59.7	23:59.7	7:44/M
8	Carly Leitzel		747	21	108	24:21.3	24:40.1	7:51/M
9	Charlotte Longenecker		765	27	109	24:22.3	24:22.3	7:52/M
10	Corinna Good		477	20	125	24:50.8	24:50.8	8:01/M
11	Janelle Peters		1003	20	126	24:50.9	24:50.9	8:01/M
12	Sadie Moore		896	26	133	24:56.7	24:56.7	8:03/M
13	Brittany Stoll		1245	19	143	25:14.8	25:14.8	8:08/M
14	Katie Nissley		953	25	145	25:15.9	25:15.9	8:09/M
15	Allison Reifsnnyder		1057	25	148	25:19.0	25:19.0	8:10/M
16	Samantha Irwin		1444	23	156	25:26.6	25:43.9	8:12/M
17	Audrey Seldomridge		1131	28	157	25:26.7	25:26.7	8:12/M
18	Erica Hollenbaugh		577	27	161	25:28.8	25:28.8	8:13/M
19	Beth Kirchner		680	26	163	25:28.9	25:28.9	8:13/M
20	Miranda Shirk	Ephrata	1165	27	164	25:29.7	25:29.7	8:13/M
21	Hillary Snavely		1204	24	173	25:37.9	25:37.9	8:16/M
22	Manda Strickler		1262	22	175	25:38.8	27:59.7	8:16/M
23	Samantha Johnston		638	25	183	25:44.9	25:55.4	8:18/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
24	Erin Long	Palmyra	764	24	194	26:02.4	26:02.4	8:24/M
25	Courtney Harris		522	23	208	26:12.6	26:12.6	8:27/M
26	Sarah Worobey		1401	24	217	26:19.8	28:01.4	8:29/M
27	Jhett Mummert		1453	29	221	26:23.0	26:23.0	8:31/M
28	Chelsea Allman		12	28	234	26:37.6	26:37.6	8:35/M
29	Colleen DeHart		236	27	239	26:47.0	26:47.0	8:38/M
30	Shawn Hontz		582	22	244	26:50.8	27:10.2	8:39/M
31	Nicole Swinehart		1277	24	250	27:00.0	27:07.9	8:43/M
32	Cari Cinamella		180	29	278	27:31.0	27:31.0	8:53/M
33	Stephanie Fleck		383	29	289	27:40.3	27:40.3	8:55/M
34	Sarah Hamilton		509	29	297	27:49.2	28:03.6	8:58/M
35	Brittney Hix		563	28	299	27:51.1	28:05.9	8:59/M
36	Amy Delozier		244	29	303	27:55.2	30:15.4	9:00/M
37	Kourtney Balmer		33	19	305	27:56.2	29:30.2	9:01/M
38	Amanda Burns		144	24	311	28:03.7	28:34.1	9:03/M
39	Samantha Moffitt		1524	20	313	28:05.3	30:00.8	9:04/M
40	Tanya Disney	Pine Grove	279	21	321	28:17.3	28:17.3	9:07/M
41	Jenna Zahm		1419	28	324	28:18.7	28:54.8	9:08/M
42	Ashlee Miller		874	28	325	28:19.0	28:54.9	9:08/M
43	Amanda Shinsky		1164	24	326	28:20.1	29:13.8	9:08/M
44	Emily Stehman		1237	24	332	28:26.8	29:05.4	9:10/M
45	Carolyn Kensingler		673	23	334	28:27.1	29:04.4	9:11/M
46	Kara Newcomer	Lancaster	943	26	335	28:27.4	28:27.4	9:11/M
47	Jennifer Crossley		207	24	349	28:38.4	28:45.9	9:14/M
48	Eden Barbush		40	29	362	28:48.3	28:48.3	9:17/M
49	Caitlin Musser		917	19	372	28:54.6	29:32.6	9:19/M
50	Monica Billig		70	26	381	29:00.7	29:31.3	9:21/M
51	Aubrey Husser		609	26	384	29:01.9	29:31.8	9:22/M
52	Julie Reinert		1058	28	388	29:04.2	29:46.8	9:23/M
53	Brittany Kirby		679	24	392	29:06.8	29:28.8	9:23/M
54	Lauren Wilson		1373	20	396	29:13.1	29:40.6	9:25/M
55	Emilee Rhubright		1066	19	398	29:13.5	29:40.9	9:25/M
56	Suzanna Martin		825	24	406	29:21.6	30:33.3	9:28/M
57	Elizabeth Maldonado		791	23	408	29:25.1	29:48.4	9:29/M
58	Jennifer Roof		1081	27	412	29:27.3	30:11.6	9:30/M
59	Cheryl Carper		161	29	417	29:31.3	29:53.5	9:31/M
60	Katey Kreider		705	27	419	29:33.1	31:11.4	9:32/M
61	Jamie Wolf		1387	28	421	29:35.0	29:50.2	9:33/M
62	Drew Wilson		1376	29	423	29:35.2	29:35.2	9:33/M
63	Kristen Paporello		990	25	425	29:36.2	30:19.2	9:33/M
64	Lauren Shaffner		1145	26	426	29:36.4	31:00.9	9:33/M
65	Jessica Trimble		1298	27	432	29:39.8	29:39.8	9:34/M
66	Hannah Esh		1506	19	438	29:43.9	29:43.9	9:35/M
67	Betty Pompell		1022	23	440	29:43.9	29:43.9	9:35/M
68	Jodi Stuber		1264	28	441	29:45.4	30:55.9	9:36/M
69	Melissa Mealy		850	29	446	29:47.8	29:47.8	9:36/M
70	Kaitlin Behmer		58	24	451	29:54.2	30:28.6	9:39/M
71	Amanda Husser		607	26	454	29:57.0	30:27.9	9:40/M
72	Kirsten Yeager		1403	21	458	29:59.2	31:39.2	9:40/M
73	Kristin Stauffer		1467	23	468	30:08.5	31:23.9	9:43/M
74	Caitlin Murphy		914	26	476	30:16.0	30:23.3	9:46/M
75	Sara Yanavitch		1402	24	489	30:24.3	30:24.3	9:48/M
76	Sara Delp		245	20	501	30:33.6	31:39.3	9:51/M
77	Melanie Gehman		451	19	504	30:36.0	30:36.0	9:52/M
78	Valerie Smoker		1202	25	516	30:47.6	31:04.6	9:56/M
79	Clarissa Baxter		47	28	524	30:52.4	31:09.0	9:57/M
80	Melissa Hannum		1512	25	527	30:53.8	32:31.7	9:58/M
81	Amanda Martin		805	28	532	30:58.7	30:58.7	9:59/M
82	Janelle Garber	Elizabethtown	434	24	541	31:05.7	31:05.7	10:02/M
83	Rachel Clinton		186	29	543	31:06.7	31:48.9	10:02/M
84	Ann Horner		584	26	544	31:06.9	31:06.9	10:02/M
85	Rachel Yurchak		1418	20	549	31:08.5	32:35.3	10:03/M
86	Angela Kehler		666	25	551	31:09.7	31:44.0	10:03/M
87	Erin Staab		1221	25	552	31:10.4	31:44.4	10:03/M
88	Amanda Hilderbrandt		1499	21	555	31:13.3	31:13.3	10:04/M
89	Shawna Nale		932	27	560	31:18.0	31:50.5	10:06/M
90	Sarah Wilson		1375	25	561	31:18.8	33:00.5	10:06/M
91	Lindsey McNaughton		1470	26	562	31:18.9	32:15.2	10:06/M
92	Natalie Snyder		1209	22	565	31:24.7	31:38.7	10:08/M
93	Tristen Gutshall		1478	22	567	31:28.5	33:21.9	10:09/M
94	Emalyn Phillips		1011	25	571	31:32.2	32:33.0	10:10/M
95	Chelsea Evans		341	28	572	31:32.4	32:16.6	10:10/M
96	Ashley Sinniger		1180	28	575	31:32.6	31:41.8	10:10/M
97	Deanna Graaf		482	25	578	31:33.6	32:34.5	10:11/M
98	Elyse Smith		1193	22	582	31:35.0	32:10.1	10:11/M
99	Jessica Sweeney		1275	25	585	31:39.3	31:59.1	10:13/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
100	Lindsey Sobeck		1216	29	590	31:44.1	33:17.1	10:14/M
101	Michele Achey		1	29	592	31:44.4	33:17.7	10:14/M
102	Megan Horst	Mount Joy	586	28	595	31:46.0	32:03.6	10:15/M
103	Briana Wisler		1380	26	599	31:48.2	32:47.7	10:15/M
104	Audrey Landis		721	23	603	31:49.5	32:47.9	10:16/M
105	Mary Dippner		272	20	606	31:50.3	31:57.6	10:16/M
106	Samantha Johns		634	21	607	31:50.3	32:50.9	10:16/M
107	Valerie Stauffer		1228	27	612	31:59.4	31:59.4	10:19/M
108	Christin McNaughton		849	24	637	32:18.4	34:08.5	10:25/M
109	Lynn Economos		307	23	638	32:18.4	34:08.5	10:25/M
110	Joanne Burkholder		143	26	639	32:19.1	32:52.4	10:25/M
111	Kaila Ober		974	20	641	32:19.7	32:19.7	10:25/M
112	Allison Gehman		444	29	644	32:22.0	32:56.3	10:26/M
113	Katrina Crouse		209	25	647	32:28.5	32:28.5	10:28/M
114	Paige Service		1138	24	658	32:38.9	32:38.9	10:32/M
115	Jill Hershey		548	27	661	32:40.8	34:01.2	10:32/M
116	Claudia Pennington		1001	28	662	32:44.2	33:47.0	10:34/M
117	Bailey Tshudy	Lancaster	1312	25	665	32:47.3	33:16.8	10:35/M
118	Jennifer Stumpf		1265	21	666	32:47.4	33:18.0	10:35/M
119	Kristie Cain		148	27	672	32:57.5	32:57.5	10:38/M
120	Ashley Brennehan		104	27	674	33:03.9	33:03.9	10:40/M
121	Katrina Smith		1200	24	677	33:07.1	34:49.0	10:41/M
122	Michelle Flynn		387	23	679	33:08.5	33:42.0	10:41/M
123	Christina Nale		931	23	680	33:08.8	33:41.7	10:41/M
124	Crystal Pennell		1000	25	683	33:14.8	33:14.8	10:43/M
125	Branka Simeunovic		1179	29	693	33:26.9	35:07.0	10:47/M
126	Brenda Boitson		78	29	696	33:28.5	35:17.9	10:48/M
127	Jessica Campbell		153	19	697	33:32.1	33:32.1	10:49/M
128	Rebecca Baldwin		32	21	698	33:32.2	33:32.2	10:49/M
129	Katrina Rynier		1099	24	703	33:37.2	34:10.6	10:51/M
130	Amanda Kenneff		672	27	711	33:40.8	33:53.8	10:52/M
131	Beth Trovato		1305	23	714	33:41.4	34:56.7	10:52/M
132	Laurie Olsen	Manheim	978	29	716	33:42.8	34:56.7	10:52/M
133	Ashely Trovato		1304	27	719	33:44.7	33:44.7	10:53/M
134	Gabrielle Sanfilippo		1103	23	727	33:47.1	33:47.1	10:54/M
135	Kyle Russell		1093	29	739	33:56.8	36:05.2	10:57/M
136	Katie Leisey		744	20	746	34:02.2	34:23.0	10:59/M
137	Jennifer Gehman		452	23	747	34:03.9	35:53.6	10:59/M
138	Amanda Eby		305	25	749	34:08.1	34:08.1	11:01/M
139	Steph Martin		823	28	750	34:08.1	34:08.1	11:01/M
140	Maggie Portzline		1024	20	753	34:11.5	35:00.0	11:02/M
141	Jolene Gehman		450	28	755	34:14.7	36:05.4	11:03/M
142	Brittany Wimer		1377	29	763	34:25.1	34:40.8	11:06/M
143	Trisha Weaver		1338	27	765	34:27.5	35:26.2	11:07/M
144	Diana Shenk	Manheim	1160	21	767	34:28.8	35:26.7	11:07/M
145	Melissa Stehman		1236	22	768	34:30.3	35:28.1	11:08/M
146	Tami Shea		1147	29	779	34:42.9	36:49.9	11:12/M
147	Cheryl Ginder		466	25	783	34:46.5	35:25.3	11:13/M
148	Megan Gangemi		433	28	785	34:50.3	36:28.7	11:14/M
149	Abigail Augustine		26	27	788	34:51.3	36:28.9	11:15/M
150	Heidi Witmer	Marietta	1381	28	792	34:58.8	36:19.6	11:17/M
151	Mckenzie Groff		492	20	799	35:07.6	36:13.4	11:20/M
152	Katelynn Harner		516	19	800	35:07.7	37:20.8	11:20/M
153	Beth Hershey		546	25	804	35:12.1	37:00.7	11:21/M
154	Amanda Nissley		954	24	806	35:18.2	35:56.1	11:23/M
155	Courtney Kready		702	24	811	35:22.0	36:51.2	11:25/M
156	Jennifer McKinley		844	26	812	35:22.8	35:22.8	11:25/M
157	Kristen Gruber		496	27	813	35:22.9	35:22.9	11:25/M
158	Katlyn Eckman		306	22	814	35:24.2	37:13.1	11:25/M
159	Sara Breneman	Mount Joy	102	25	816	35:24.8	35:46.4	11:25/M
160	Alexandra Jackson		626	23	821	35:27.1	36:11.6	11:26/M
161	Jessica Toner	Wrightsville	1292	27	822	35:27.4	36:11.1	11:26/M
162	Kristi Bradfield		96	26	824	35:28.9	36:45.9	11:26/M
163	Shauna Buchmoyer		131	26	825	35:29.5	36:25.6	11:27/M
164	Abby Ober		971	28	826	35:32.9	35:56.6	11:28/M
165	Jaclyn Kain		644	25	841	35:47.1	37:38.5	11:33/M
166	Lauren Martinez		826	29	847	35:54.6	37:07.7	11:35/M
167	Melissa Groff		494	28	852	35:56.0	37:41.0	11:35/M
168	Marla Shenberger		1159	20	862	36:14.8	37:03.0	11:41/M
169	Megan Gehman		445	25	863	36:14.9	37:06.7	11:41/M
170	Laura Wanenchak		1325	25	865	36:15.8	37:08.4	11:42/M
171	Katie Nolt		957	24	866	36:16.5	37:09.0	11:42/M
172	Amanda Specht		1218	26	869	36:17.9	37:56.1	11:42/M
173	Ashley Kimmich Glessner		676	29	874	36:21.1	36:21.1	11:44/M
174	Kelly Stoltzfus		1247	28	884	36:30.7	36:46.5	11:46/M
175	Samantha Martin		811	21	886	36:32.8	36:32.8	11:47/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
176	Joscelynn Martin		809	23	890	36:37.1	37:37.8	11:49/M
177	Elizabeth Horning		585	28	895	36:42.5	38:26.1	11:50/M
178	Gretchen Smith		1192	29	898	36:44.5	38:24.7	11:51/M
179	Laura Houck		1495	27	899	36:44.6	36:44.6	11:51/M
180	Victoria Houpt		596	20	902	36:45.7	37:51.4	11:51/M
181	Renelle Martin		822	26	903	36:46.9	38:37.8	11:52/M
182	Stephanie Moyer		907	29	905	36:49.5	38:14.3	11:53/M
183	Christie Nagy		930	28	910	36:57.9	38:51.0	11:55/M
184	Lauren Rambo		1040	23	926	37:21.4	39:29.6	12:03/M
185	Jin On	Harrisburg	980	22	927	37:21.8	39:29.8	12:03/M
186	Rebekah Heim		539	22	935	37:38.8	38:50.4	12:08/M
187	Julie Strosser		1263	26	938	37:40.2	39:40.1	12:09/M
188	Kelly Diller		269	29	943	37:48.4	38:47.1	12:12/M
189	Jessica Leed		736	20	958	37:56.5	39:06.6	12:14/M
190	Emmily Longenecker		766	28	962	38:01.7	39:00.9	12:16/M
191	Ashley Upton		1313	24	969	38:06.4	39:48.8	12:17/M
192	Heather Esbenshade		333	20	973	38:08.1	38:44.8	12:18/M
193	Adrienne Buchmoyer		132	20	974	38:09.1	39:45.4	12:18/M
194	Michelle Martin		810	23	978	38:16.5	39:29.1	12:21/M
195	Julie Connors		195	26	980	38:20.0	40:18.8	12:22/M
196	Shannon Knauss		684	27	987	38:25.0	38:25.0	12:24/M
197	Sarah Hostetter	Willow Street	594	26	998	38:35.4	39:27.1	12:27/M
198	Allison Richard		1515	22	1005	38:39.8	39:41.1	12:28/M
199	Trina Piaskowski		1012	28	1015	38:57.5	41:39.5	12:34/M
200	Holly Rettew		1061	23	1019	39:00.6	39:08.4	12:35/M
201	Tireany Leaman		735	24	1020	39:00.7	39:22.1	12:35/M
202	Alicia Statts		1225	27	1032	39:13.9	40:45.1	12:39/M
203	Kelly Bomberger		83	26	1035	39:22.5	40:52.7	12:42/M
204	Mattie Leid		743	26	1039	39:24.2	41:22.5	12:43/M
205	Kayla Furnia		421	22	1050	39:33.1	40:33.9	12:45/M
206	Carli Klick	Hershey	682	29	1061	39:37.6	40:10.2	12:47/M
207	Dani Zurin		1438	25	1070	39:59.1	41:28.1	12:54/M
208	Kristina Mcallister		833	24	1073	40:00.0	41:28.2	12:54/M
209	Alicia Huber		601	21	1075	40:00.9	42:02.8	12:54/M
210	Rose Rice		1067	27	1079	40:02.7	41:45.7	12:55/M
211	Jordyn Crossley		208	20	1080	40:03.0	41:45.1	12:55/M
212	Emily Hertzler		549	24	1082	40:05.9	40:57.9	12:56/M
213	Cheyenne Sexton		1144	20	1083	40:06.0	42:09.2	12:56/M
214	Keri Crouse		212	22	1087	40:10.3	41:38.5	12:57/M
215	Amy Logan		761	25	1094	40:17.5	42:26.2	13:00/M
216	Alisa Esbenshade		335	19	1104	40:23.8	41:00.7	13:02/M
217	Kelli Evans		347	20	1105	40:24.0	41:00.7	13:02/M
218	Stacey Wolverton		1395	24	1106	40:24.4	41:51.1	13:02/M
219	Felicia Cruz		215	19	1114	40:41.4	42:31.2	13:07/M
220	Megan Achey		2	25	1115	40:42.4	42:16.4	13:08/M
221	Marissa Boldizar		79	25	1116	40:44.6	42:11.2	13:08/M
222	Kathryn Jones		639	23	1117	40:45.7	41:09.4	13:09/M
223	Carley Rambler		1037	22	1119	40:47.7	42:51.6	13:09/M
224	Allyson Hamilton		507	29	1123	40:52.2	40:52.2	13:11/M
225	Rebecca Hogan		573	22	1126	40:58.4	41:21.8	13:13/M
226	Lisa Dise		275	29	1128	41:00.1	43:30.2	13:14/M
227	Danielle Gundrum		499	28	1133	41:09.2	42:22.6	13:16/M
228	Lyndsay Ross		1082	25	1134	41:11.3	42:07.2	13:17/M
229	Andrea Pugliese		1031	25	1135	41:11.4	42:07.1	13:17/M
230	Yessenia Lefever		741	26	1136	41:11.4	42:08.9	13:17/M
231	Ashley Wharton		1358	29	1145	41:25.8	43:54.5	13:22/M
232	Courtney Koerner		690	22	1146	41:27.3	41:27.3	13:22/M
233	Lauren Melusky		859	29	1154	41:53.4	41:53.4	13:31/M
234	Emily Erisman		332	21	1155	41:58.3	43:40.4	13:32/M
235	Rebecca Camacho		152	19	1156	42:01.1	43:59.1	13:33/M
236	Ashley Kundravi		1505	25	1158	42:09.6	43:55.3	13:36/M
237	Rachel Daddezio		217	26	1167	42:23.4	43:22.5	13:40/M
238	Kristi Dietrich		261	28	1178	42:42.5	45:10.6	13:46/M
239	Amanda Hake		1474	26	1182	42:50.4	43:28.8	13:49/M
240	Jennifer Slaymaker		1182	28	1186	42:54.3	45:23.5	13:50/M
241	Maddy Novak		966	19	1189	43:08.9	43:08.9	13:55/M
242	Amber Ort		981	25	1193	43:14.2	44:39.3	13:57/M
243	Jennifer Jefferson		631	28	1196	43:22.6	45:07.2	13:59/M
244	Kristine Verna		1316	20	1199	43:30.7	45:44.3	14:02/M
245	Jamey Knisely		687	24	1204	43:35.6	46:05.8	14:04/M
246	Jessica Harrigan		521	19	1207	43:39.9	44:11.3	14:05/M
247	Amanda Small		1188	26	1211	43:52.6	45:39.5	14:09/M
248	Jennifer Pickel		1014	25	1213	43:57.9	45:44.4	14:11/M
249	Renee Reely		1055	20	1215	43:59.4	45:36.6	14:11/M
250	Samantha Faulstick		357	25	1221	44:02.2	45:41.1	14:12/M
251	Dana Wiker		1364	23	1225	44:11.2	45:51.8	14:15/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 19 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
252	Samantha Geesey		1479	28	1228	44:13.8	46:42.8	14:16/M
253	Jennifer Nickle		949	26	1237	44:22.7	44:22.7	14:19/M
254	Rachel Marino	Middletown	800	22	1240	44:32.4	46:40.4	14:22/M
255	Emily Johns		635	26	1252	45:21.1	45:21.1	14:38/M
256	Teresa Centini		170	27	1253	45:24.3	45:24.3	14:39/M
257	Sabrina Hensel		544	21	1256	45:30.1	47:15.6	14:41/M
258	Arlene Lexa		755	22	1257	45:30.3	47:15.5	14:41/M
259	Tara Book		86	23	1260	45:43.0	47:44.9	14:45/M
260	Lisa Smalley		1189	26	1269	46:36.9	48:15.6	15:02/M
261	Jessica Schell		1120	20	1277	47:24.1	49:24.7	15:17/M
262	Rachel Hollar		576	19	1279	47:26.7	49:58.3	15:18/M
263	Rebecca Hollar		575	22	1280	47:27.3	49:58.7	15:18/M
264	Samantha Faith		352	22	1281	47:27.8	49:58.9	15:18/M
265	Sheena Fellenbaum		364	28	1282	47:40.0	47:40.0	15:23/M
266	Danielle Wernitz		1357	27	1287	48:22.5	50:41.9	15:36/M
267	Justin Rickabaugh		1489	25	1289	48:26.8	48:26.8	15:37/M
268	Julianne Kauffman		650	23	1290	48:27.7	48:37.9	15:38/M
269	Amy Novack		962	29	1295	48:36.8	50:56.0	15:41/M
270	Megan Long		762	22	1315	50:24.9	51:54.8	16:15/M
271	Taylor Martin		812	19	1324	51:09.3	51:09.3	16:30/M
272	Juliet Pletcher		1020	26	1327	51:15.5	51:44.3	16:32/M
273	Melissa Keim		667	28	1331	51:39.4	51:39.4	16:40/M
274	Aleks Swavely		1273	26	1334	51:41.4	54:13.9	16:40/M
275	Alix Ingoglia		620	25	1340	52:33.0	53:47.3	16:57/M
276	Amy Dullinger		297	28	1348	53:16.9	53:34.9	17:11/M
277	Jordan McEvoy		836	21	1349	53:42.8	55:56.3	17:19/M
278	Theresa Smith	Mount Wolf	1197	29	1355	53:46.2	54:15.8	17:21/M
279	Kaitlin McGuire		842	28	1359	54:02.7	56:22.7	17:26/M
280	Lisa Witmer		1383	27	1360	54:16.4	56:47.4	17:30/M
281	Taylor Goss		481	19	1363	54:30.1	55:20.4	17:35/M
282	Kristen Troxell		1309	29	1364	54:32.1	56:57.6	17:35/M
283	Nicole Bicksler		69	25	1366	54:33.6	56:57.1	17:36/M
284	Natsha Jones		640	24	1369	55:10.4	57:13.2	17:48/M
285	Amanda Buckel		134	28	1372	55:37.0	56:44.1	17:56/M
286	Kimberle Keener		664	27	1379	57:06.4	59:38.9	18:25/M
287	Shelby Hawthorne		530	29	1386	57:45.2	59:48.7	18:38/M

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Sarah Forgione		390	39	26	20:54.6	20:54.6	6:45/M
2	Jenni Oates		970	32	54	22:25.5	22:25.5	7:14/M
3	Alexandra Stairs		1222	31	80	23:16.3	23:16.3	7:30/M
4	Jen Garman		436	35	93	23:45.6	23:45.6	7:40/M
5	Kelly Zeigler		1425	34	98	23:56.4	23:56.4	7:43/M
6	Barbara Still	Newport	1242	34	131	24:53.5	25:28.1	8:02/M
7	Tara Koch		688	35	134	24:58.7	24:58.7	8:03/M
8	Stephanie Newswanger		945	35	136	25:05.2	25:05.2	8:05/M
9	Elizabeth Neifert		936	39	142	25:12.3	25:12.3	8:08/M
10	Audrey Caleca		149	37	151	25:23.3	26:25.8	8:11/M
11	Missy Harbach		513	38	154	25:24.4	25:24.4	8:12/M
12	Jaime Coble		188	31	159	25:27.1	25:27.1	8:13/M
13	Casey Hess		554	34	160	25:27.5	25:27.5	8:13/M
14	Samantha blanc		72	31	162	25:28.9	25:28.9	8:13/M
15	Jill Gamble	Harrisburg	431	32	178	25:42.9	25:42.9	8:17/M
16	Erika Deeter		233	34	189	25:49.9	26:01.6	8:20/M
17	Tessa Torborg		1293	31	190	25:52.8	25:52.8	8:21/M
18	Jennifer Nikolaus		951	38	191	25:54.5	25:54.5	8:21/M
19	Ellen Vogt	Landisville	1317	33	193	25:59.8	25:59.8	8:23/M
20	Amanda Derosier		252	30	198	26:06.4	26:06.4	8:25/M
21	Sarah Wolfe		1388	34	207	26:12.0	26:20.5	8:27/M
22	Tonya Daecher		218	30	209	26:13.0	26:13.0	8:27/M
23	Stacy Hondru		578	35	215	26:17.1	26:17.1	8:29/M
24	Jacqueline Woolford	Hershey	1400	37	224	26:25.8	26:25.8	8:31/M
25	Bess Blinebury		77	33	225	26:26.4	26:26.4	8:32/M
26	Lynn Rohal		1079	35	231	26:32.1	26:40.7	8:34/M
27	April Golembeski		472	30	236	26:38.6	26:38.6	8:35/M
28	Michelle Klein		681	39	240	26:47.5	27:53.9	8:38/M
29	Candace DeBord		230	31	241	26:47.7	26:47.7	8:38/M
30	Angela Warner		1330	36	249	26:58.3	27:54.8	8:42/M
31	Jessica Barlup	Newport	42	34	252	27:03.5	27:39.2	8:44/M
32	Holly Schlosser		1124	34	265	27:11.4	27:23.7	8:46/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
33	Cristy Bagley		28	31	271	27:25.1	27:25.1	8:51/M
34	Renee Adair		1456	34	276	27:29.1	27:29.1	8:52/M
35	Missy Jeanes		630	34	277	27:30.6	27:30.6	8:52/M
36	Stephanie Depugh		250	38	279	27:31.2	27:31.2	8:53/M
37	Janelle Carper		162	35	282	27:32.8	27:32.8	8:53/M
38	Susan Miller	Elizabethtown	884	37	292	27:45.9	29:07.9	8:57/M
39	Taura Thompson		1289	37	293	27:46.4	27:46.4	8:57/M
40	jennifer Gallagher		430	36	298	27:50.6	28:13.0	8:59/M
41	Rachael Kelly		670	38	302	27:54.5	27:54.5	9:00/M
42	Corinne Nulton		968	32	306	27:56.3	28:17.6	9:01/M
43	Neely Spicer		1219	38	308	28:02.7	30:19.0	9:03/M
44	Melissa Funk		418	33	309	28:03.2	28:30.0	9:03/M
45	Kimberlee Frerichs		403	32	318	28:14.2	28:14.2	9:06/M
46	Chris Martin		818	34	322	28:17.6	28:41.9	9:07/M
47	Inessa Steele		1230	34	327	28:21.6	29:45.9	9:09/M
48	Kristin Frey		406	39	330	28:23.8	28:49.6	9:09/M
49	Melissa Kreider		1451	31	339	28:28.9	28:37.5	9:11/M
50	Sheila Conley		192	31	341	28:29.6	28:29.6	9:11/M
51	Andrea Becker		55	34	342	28:31.1	29:08.9	9:12/M
52	Joy Weaver		1341	30	346	28:34.9	28:56.5	9:13/M
53	Mirta Beachy		48	30	347	28:36.0	29:17.7	9:14/M
54	Laura Malmer		792	30	351	28:39.5	30:02.1	9:15/M
55	Shannon Nowotarski		967	30	353	28:40.1	29:05.9	9:15/M
56	Karen Garner		1492	34	365	28:50.1	29:16.8	9:18/M
57	Cristy Becker		52	34	375	28:57.8	29:20.7	9:20/M
58	Christy Manetta		793	39	386	29:03.0	29:29.4	9:22/M
59	Julie Keim		668	32	387	29:04.1	29:12.5	9:23/M
60	Teri Witter		1384	38	389	29:04.8	29:29.7	9:23/M
61	Lisa Colino		190	36	390	29:05.4	29:46.4	9:23/M
62	Naomi Kraenbring	Columbia	697	36	391	29:06.4	30:00.2	9:23/M
63	Rebecca Brubaker	Mount Joy	117	38	399	29:13.8	30:03.9	9:25/M
64	Nancy Stoltzfus		1248	39	409	29:25.7	30:31.7	9:29/M
65	Sarah Gage		423	37	410	29:25.7	30:08.9	9:29/M
66	Chantel Bouchard		89	39	416	29:30.9	29:30.9	9:31/M
67	Nay Saechao		1101	32	424	29:35.4	30:18.3	9:33/M
68	Sarah Sheetz		1152	32	434	29:43.2	30:45.9	9:35/M
69	Michelle Wolfersberger		1390	31	442	29:47.3	29:47.3	9:36/M
70	Jaime Shoenfelt		1172	36	443	29:47.4	30:48.8	9:36/M
71	emily kauffman		651	38	445	29:47.6	30:16.1	9:36/M
72	Jo Brindley		107	37	447	29:50.6	32:34.7	9:37/M
73	Jennifer Miller	Palmyra	879	33	449	29:50.8	30:10.5	9:37/M
74	Maria Myer		927	38	450	29:52.3	30:28.8	9:38/M
75	Nicole Ronco		1080	31	460	29:59.7	30:54.1	9:40/M
76	sue ludwig		779	37	461	29:59.9	30:19.9	9:40/M
77	Gretchen Reasner	Lancaster	1046	36	474	30:14.5	30:14.5	9:45/M
78	heather ott		983	36	475	30:14.6	30:14.6	9:45/M
79	Michele Santana		1106	35	481	30:17.8	31:28.8	9:46/M
80	Laura Marks		801	36	482	30:18.0	30:25.1	9:46/M
81	Holly Whitmire		1361	32	493	30:27.3	32:05.6	9:49/M
82	Lisa Winters		1379	39	502	30:34.7	31:30.2	9:52/M
83	Jill Starr		1224	32	512	30:44.2	31:23.0	9:55/M
84	Jennifer Kaufmann		658	38	523	30:52.3	31:06.5	9:57/M
85	Carrie Wiles		1366	33	525	30:52.9	31:05.3	9:57/M
86	Connie Berk		63	37	528	30:55.1	30:55.1	9:58/M
87	Amanda Minnich		886	30	533	31:00.3	32:12.5	10:00/M
88	Gwen Callahan		151	38	534	31:01.4	31:01.4	10:00/M
89	Shannon Ginder		465	39	535	31:02.3	31:02.3	10:01/M
90	Grace Seda		1130	30	536	31:03.0	31:18.3	10:01/M
91	Alejandra Martin		819	34	538	31:03.8	31:03.8	10:01/M
92	Carisa Martin		806	32	539	31:04.3	31:04.3	10:01/M
93	Melissa Hess		553	35	545	31:07.4	31:47.3	10:02/M
94	Candace Sandberg		1475	39	550	31:09.3	31:09.3	10:03/M
95	Erin Mowrer	Mount Joy	906	35	556	31:13.6	31:13.6	10:04/M
96	Amy Good		475	37	587	31:42.9	32:35.2	10:14/M
97	Danielle Reist		1059	35	588	31:43.9	33:28.5	10:14/M
98	Trina Meinnert	Denver	854	32	589	31:44.0	32:16.5	10:14/M
99	Erin Farmer		353	33	597	31:46.4	33:19.0	10:15/M
100	Jamie Heckendorn		534	32	598	31:47.3	33:32.8	10:15/M
101	Heather Johnson		636	34	608	31:56.2	32:58.5	10:18/M
102	Shannon Ibach		616	35	614	32:03.1	32:03.1	10:20/M
103	Sarah Lopez		769	38	620	32:05.9	34:00.3	10:21/M
104	Kelly Sentz Brenneman		1134	33	631	32:14.1	33:50.7	10:24/M
105	Shelly Chmil		175	37	642	32:19.9	32:29.8	10:25/M
106	Fran Pistone		1019	38	646	32:28.2	34:24.5	10:28/M
107	Michelle Park		991	38	652	32:32.7	32:43.7	10:30/M
108	Colleen Gergely		458	35	653	32:32.9	35:07.9	10:30/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
109	Michelle Gruber		497	36	656	32:37.3	33:19.5	10:31/M
110	Kim Weddle		1346	34	659	32:40.1	34:34.2	10:32/M
111	Gina Martin		816	30	664	32:45.2	34:06.2	10:34/M
112	Stephanie Gates		439	30	667	32:48.0	32:56.1	10:35/M
113	Tracey Bertin		66	39	671	32:54.7	34:29.2	10:37/M
114	Courtney Miller	Lititz	882	37	676	33:06.3	34:42.8	10:41/M
115	Jen Patrick		993	39	678	33:08.2	34:44.3	10:41/M
116	Cathlyn Weidman		1347	39	685	33:16.3	33:44.4	10:44/M
117	Dyna Wood		1397	37	689	33:21.0	35:01.1	10:45/M
118	Christine Binkley		71	39	692	33:25.9	33:25.9	10:47/M
119	Evelyn Shank		1146	39	695	33:28.0	34:37.0	10:48/M
120	Jenine Nicholas		948	32	702	33:36.8	33:36.8	10:50/M
121	Denice Weaver		1335	39	704	33:39.2	35:33.0	10:51/M
122	Pamela Dupont		298	30	722	33:45.2	35:53.9	10:53/M
123	Nesha Frank		400	35	723	33:45.2	34:34.8	10:53/M
124	Nedra Heeter		537	36	724	33:46.0	34:34.4	10:54/M
125	Lynda Baker		31	34	726	33:46.9	35:41.4	10:54/M
126	Ellie Eisenhofer		314	34	729	33:48.4	34:53.3	10:54/M
127	Stacy Smith		1194	35	731	33:51.9	34:00.9	10:55/M
128	Alli Morey Erickson		900	30	737	33:55.5	35:48.1	10:56/M
129	Rachel White		1359	37	742	33:58.4	34:45.5	10:57/M
130	Steph Hynick		615	35	754	34:13.0	36:23.2	11:02/M
131	Amanda Ludwig		778	33	760	34:21.7	34:33.9	11:05/M
132	Jill Sturgis		1267	39	761	34:22.2	34:34.9	11:05/M
133	Christine Santiago		1107	34	764	34:25.5	35:41.8	11:06/M
134	Jana Hitchcock		562	36	771	34:36.6	36:42.2	11:10/M
135	Sara Thomas		1285	34	778	34:42.5	35:29.9	11:12/M
136	Lindsey Fouch		396	30	780	34:43.2	36:59.6	11:12/M
137	Brandi Hupp		605	31	781	34:45.0	35:55.7	11:13/M
138	Crystal Good		476	32	784	34:46.9	35:24.9	11:13/M
139	Becky Harnish		517	31	787	34:51.0	35:13.6	11:15/M
140	Kendra Stouch		1257	30	798	35:07.3	37:22.9	11:20/M
141	Amanda Brandt		97	32	805	35:15.1	36:21.6	11:22/M
142	Krista Artley		20	38	807	35:18.9	36:17.3	11:23/M
143	Lisa Smith		1201	38	808	35:19.6	37:03.3	11:24/M
144	Tina Sauder		1114	37	819	35:26.1	37:14.2	11:26/M
145	Sarah Tash	West Chester	1282	30	830	35:38.2	36:05.3	11:30/M
146	Jill Zimmerman		1433	39	833	35:40.1	36:35.1	11:30/M
147	Danielle Martin		813	39	837	35:43.8	35:55.4	11:31/M
148	Cheryl Etkin		340	34	840	35:47.1	36:44.1	11:33/M
149	Rebecka Jones		641	34	843	35:50.2	37:41.6	11:34/M
150	Nicole Hoffer		571	34	844	35:52.8	36:54.8	11:34/M
151	Mandy Emley		319	38	845	35:53.3	35:53.3	11:35/M
152	Elaine Hamm		510	36	846	35:53.4	36:48.7	11:35/M
153	Jen Garner		437	37	851	35:55.7	36:33.4	11:35/M
154	Shai Hoffer		570	33	859	36:08.8	37:10.1	11:39/M
155	Kim Martin		803	31	867	36:17.6	37:42.1	11:42/M
156	Barbara Wilson		1374	35	868	36:17.7	37:56.0	11:42/M
157	Sonya Widders		1363	34	870	36:18.8	37:43.8	11:43/M
158	Hong Tran-Speros		1504	36	873	36:21.1	38:05.7	11:44/M
159	Tara Groff		491	32	878	36:27.3	36:54.9	11:45/M
160	Debra Kraybill		701	38	879	36:27.6	36:27.6	11:45/M
161	Kimberly Matthews		828	30	883	36:30.3	38:04.6	11:46/M
162	Laura Lopez		770	32	885	36:30.8	36:46.7	11:46/M
163	Regina Fleager		382	35	889	36:36.9	38:00.6	11:48/M
164	Amy Iddings		618	38	892	36:37.8	37:13.3	11:49/M
165	Jamie Martin		808	31	896	36:42.9	38:13.2	11:50/M
166	Janelle Kramer		698	34	909	36:56.4	38:01.4	11:55/M
167	Marianne English		327	33	911	36:58.5	38:51.5	11:55/M
168	Christy Miller		1458	38	912	37:00.6	37:41.4	11:56/M
169	Myka Piatt		1013	37	915	37:02.4	38:52.0	11:57/M
170	Lisa Burke		137	39	918	37:04.7	38:13.6	11:57/M
171	Angie Barbush		36	38	919	37:05.2	38:24.0	11:58/M
172	Nicole Wolf		1386	38	920	37:06.5	37:26.3	11:58/M
173	Tiffany Richer		1068	32	923	37:10.6	39:03.8	11:59/M
174	AMANDA DAMON		220	39	931	37:32.3	38:40.2	12:06/M
175	Nickie Fasnacht		356	39	934	37:37.1	37:37.1	12:08/M
176	Kelly Lastinger		731	39	949	37:52.1	39:14.4	12:13/M
177	Debbie Smale		1184	38	955	37:55.2	39:14.7	12:14/M
178	Doreen DiScuillo		274	37	956	37:56.0	40:07.9	12:14/M
179	Sarah Drehoble		294	35	957	37:56.5	38:54.6	12:14/M
180	Erin Cramer	Lancaster	204	35	963	38:01.9	39:24.5	12:16/M
181	Jennifer Weatherell		1334	39	965	38:04.9	39:14.8	12:17/M
182	Alli Stover		1258	33	966	38:05.7	39:27.8	12:17/M
183	Corrine Frymyer		413	31	967	38:05.9	39:15.0	12:17/M
184	Trisha Wolpert		1394	32	972	38:07.3	39:53.0	12:18/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 30 to 39

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
185	Tiffany Enck		320	39	985	38:22.8	40:55.5	12:23/M	
186	Amanda Sauder		1112	31	989	38:27.1	38:53.0	12:24/M	
187	Janine Graybill		483	39	991	38:29.4	38:52.4	12:25/M	
188	Arin Youndt		1412	34	992	38:29.7	39:58.7	12:25/M	
189	Christy Shirk		1169	38	993	38:30.8	39:52.8	12:25/M	
190	Renee Skiles		1181	34	995	38:32.9	39:45.0	12:26/M	
191	Kelly Gordon		478	30	996	38:33.9	39:12.9	12:26/M	
192	Carrie Connelly		193	33	997	38:34.8	39:13.7	12:26/M	
193	Wanda Deiter		240	36	999	38:35.9	39:27.3	12:27/M	
194	Debra Cooley		198	31	1003	38:38.5	39:40.9	12:28/M	
195	Maureen Yoder		1409	37	1008	38:47.5	40:56.9	12:31/M	
196	Sherri Harlan		514	34	1009	38:49.1	40:20.8	12:31/M	
197	Angelina Fegley		361	32	1016	38:57.7	41:40.4	12:34/M	
198	Liz Snyder		1212	38	1017	38:59.0	40:07.1	12:35/M	
199	Veronica Dippner		271	31	1022	39:01.5	39:09.7	12:35/M	
200	Heather Burke		138	34	1027	39:07.2	40:57.9	12:37/M	
201	April Warhay		1329	33	1029	39:08.3	40:26.6	12:37/M	
202	Christina Carroll		165	37	1034	39:16.1	41:15.3	12:40/M	
203	Elizabeth Rowe		1087	31	1036	39:23.4	40:25.6	12:42/M	
204	Susan Confer		191	33	1041	39:25.4	40:11.5	12:43/M	
205	Jeanine Morales		897	39	1043	39:26.0	41:23.7	12:43/M	
206	Carey Carpenter		157	37	1054	39:34.6	41:31.4	12:46/M	
207	Susanne Rhoades		1063	34	1057	39:35.4	42:03.0	12:46/M	
208	Stephanie Blauch		75	34	1060	39:36.5	40:09.9	12:46/M	
209	Megan Carver		166	34	1065	39:52.7	40:51.9	12:52/M	
210	Sarah Bellman		1448	31	1076	40:00.9	42:02.4	12:54/M	
211	Sherry Jenkins		633	38	1077	40:02.1	41:13.9	12:55/M	
212	Tara Martin		802	37	1078	40:02.6	41:14.2	12:55/M	
213	Sue Angelo		16	32	1081	40:04.4	41:37.4	12:55/M	
214	Missy Forry		393	35	1085	40:07.9	42:23.8	12:56/M	
215	Kristen Weaver		1333	30	1086	40:08.9	42:25.1	12:57/M	
216	Emily Mahonski		789	34	1091	40:15.0	40:50.9	12:59/M	
217	Lorinda Willner		1372	39	1093	40:17.4	41:53.5	13:00/M	
218	Becky Wile		1365	36	1095	40:18.5	42:33.2	13:00/M	
219	Kirsten Deeds		232	30	1110	40:34.7	42:23.3	13:05/M	
220	Carrie Meyer		871	38	1124	40:53.7	43:04.9	13:11/M	
221	Carrie Bonanno		85	35	1127	40:59.2	43:11.2	13:13/M	
222	Marisa Tocci		1291	38	1129	41:01.1	41:11.7	13:14/M	
223	Nicole Hockenberry		565	33	1131	41:06.5	43:01.1	13:15/M	
224	Kim Jarvis		629	39	1137	41:12.2	42:09.8	13:17/M	
225	Amber Shirk		1167	30	1138	41:14.0	42:31.3	13:18/M	
226	Kate Kendall		671	36	1142	41:22.8	43:17.2	13:21/M	
227	Christine Leonard		750	39	1148	41:33.2	42:03.6	13:24/M	
228	Tammy Rutherford	Elizabethtown	1096	39	1149	41:36.3	42:41.5	13:25/M	
229	Nicole Gehman		447	31	1152	41:43.3	43:33.3	13:27/M	
230	Kelly Walsh		1323	30	1159	42:10.3	43:19.9	13:36/M	
231	Emily Dullen		296	36	1160	42:10.3	44:45.5	13:36/M	
232	Beth Faehling		350	33	1161	42:10.3	43:19.7	13:36/M	
233	Christine Fromm		410	31	1162	42:10.5	43:55.4	13:36/M	
234	Holly Rugh		1089	30	1166	42:20.7	45:05.1	13:39/M	
235	Amanda Kowalski		696	33	1169	42:25.3	42:55.9	13:41/M	
236	Erin Layser		733	38	1171	42:40.1	44:01.7	13:46/M	
237	Ursula Hohman		574	37	1173	42:40.4	42:40.4	13:46/M	
238	Amy Keefer		661	30	1177	42:42.4	45:10.5	13:46/M	
239	Becky Leedy		737	38	1180	42:46.6	44:49.8	13:48/M	
240	Pam Thompson		1288	30	1187	42:58.2	43:57.5	13:52/M	
241	Tara Novak		965	39	1190	43:08.9	43:08.9	13:55/M	
242	Jill Razzano		1044	39	1195	43:22.0	45:06.4	13:59/M	
243	Mary Weissenborn	Harrisburg	1349	34	1197	43:29.5	45:08.6	14:02/M	
244	Danielle Adams Williamson		7	39	1202	43:34.0	43:59.2	14:03/M	
245	Allisha Fulk		414	32	1206	43:39.3	44:11.1	14:05/M	
246	Shannon Kimble		675	31	1219	44:02.0	45:30.9	14:12/M	
247	Jessica Jackson		624	33	1220	44:02.0	45:53.1	14:12/M	
248	Kate Tragis		1295	37	1223	44:05.6	45:43.4	14:13/M	
249	Jackie Steed		1229	33	1227	44:13.5	46:45.2	14:16/M	
250	Kimberly Quickle		1034	37	1229	44:14.0	46:45.7	14:16/M	
251	Jennifer Buchter		133	38	1231	44:15.3	45:38.0	14:16/M	
252	Alicia Nauman		933	39	1232	44:15.6	45:56.3	14:16/M	
253	Stacia Gilchrist		463	31	1238	44:27.3	45:36.9	14:20/M	
254	Andrea Bucher		129	34	1243	44:46.3	46:58.7	14:26/M	
255	Kelly Bailey		29	35	1245	45:02.7	46:58.6	14:32/M	
256	Sheri Yohe		1410	39	1263	46:07.5	48:34.6	14:53/M	
257	Tanya Stark-Beakes		1223	31	1267	46:17.3	48:38.9	14:56/M	
258	Jessica Sauder		1116	33	1268	46:28.0	47:50.4	14:59/M	
259	Ada Sheaffer		1149	30	1288	48:26.5	48:26.5	15:37/M	
260	Marsha Hatton		527	32	1291	48:30.8	49:44.6	15:39/M	

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
261	Jennifer Zimmerman		1434	34	1296	48:37.1	50:56.2	15:41/M
262	Angela Sohnleitner		1217	37	1299	48:54.8	48:54.8	15:46/M
263	Amy Piehl		1015	39	1306	49:27.6	51:12.4	15:57/M
264	Rebecca Durbin		299	38	1313	50:24.5	52:14.3	16:15/M
265	Kendra Brown		111	31	1329	51:33.7	52:29.1	16:38/M
266	Nikole Rhodes		1064	31	1333	51:40.8	54:13.4	16:40/M
267	Julia Klus		683	31	1341	52:54.3	55:37.3	17:04/M
268	Shannon Young		1413	31	1343	53:09.8	53:17.5	17:09/M
269	MARCY Carl		155	31	1347	53:16.1	54:47.9	17:11/M
270	Michele Werder		1520	38	1351	53:43.6	53:50.8	17:20/M
271	Amy Nolt		960	39	1365	54:32.9	56:44.8	17:35/M
272	Tera Hoxworth		597	31	1370	55:12.0	57:13.3	17:48/M
273	Aubrey Tam		1280	33	1374	56:01.7	58:32.7	18:04/M
274	Danelle Nelson		937	33	1375	56:30.9	59:11.6	18:14/M
275	Misty Mosher		904	33	1381	57:10.7	59:52.6	18:26/M
276	Kristin Purdue		1033	35	1384	57:44.1	59:31.2	18:37/M
277	Julie Freed		402	34	1387	57:45.7	59:49.1	18:38/M
278	Stacy Sloat		1183	30	1391	58:01.9	1:00:06.1	18:43/M
279	Megan Becker	Lititz	56	36	1392	58:04.7	59:53.6	18:44/M
280	Dawn Moreno		899	39	1393	1:02:27.4	1:04:40.3	20:09/M

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Krista Nikolaus		952	40	17	20:15.3	20:15.3	6:32/M
2	joy epler		328	43	46	22:06.4	22:06.4	7:08/M
3	Beth Ferris		366	44	58	22:32.2	22:32.2	7:16/M
4	Pam Snavelly		1205	43	71	23:01.9	23:01.9	7:25/M
5	Felicia Chirico		176	43	76	23:11.6	23:11.6	7:29/M
6	Caroline Huyard		613	42	116	24:31.4	24:31.4	7:55/M
7	Melissa Otto		984	43	120	24:42.2	24:42.2	7:58/M
8	Heather Stoner	Elizabethtown	1254	44	141	25:12.2	25:12.2	8:08/M
9	Melody Sue Ream		1045	42	150	25:21.3	25:21.3	8:11/M
10	Maria Delgado		241	40	187	25:48.9	25:48.9	8:19/M
11	Melissa Nolt		959	40	205	26:11.0	26:30.8	8:27/M
12	Kelly Lutz		786	43	227	26:28.3	26:43.7	8:32/M
13	Pamela Bucher	Elizabethtown	127	45	229	26:31.1	26:31.1	8:33/M
14	Tracey Campbell		154	40	233	26:36.5	26:36.5	8:35/M
15	Bernadette Sheaffer		1150	45	248	26:57.1	27:22.2	8:42/M
16	Deirdre Kohr	York	691	49	264	27:10.6	28:11.0	8:46/M
17	Kelly Brown		110	45	274	27:28.2	28:39.5	8:52/M
18	Jennifer Dettler		254	42	286	27:35.9	28:02.0	8:54/M
19	Lisa Williams		1368	44	307	28:01.1	28:01.1	9:02/M
20	Stacie Labuski		717	41	310	28:03.7	29:19.8	9:03/M
21	Patti Newcomer		944	41	317	28:11.6	28:23.6	9:05/M
22	Charlene Ferrick	Palmyra	365	43	337	28:27.9	28:27.9	9:11/M
23	Maria Cummings-Miler		216	41	343	28:31.6	29:47.8	9:12/M
24	Michele Flatley	Lancaster	379	41	350	28:38.4	29:03.1	9:14/M
25	Wendy Fry	Mount Joy	411	40	352	28:39.7	29:34.0	9:15/M
26	Beth Karpel	Mount Joy	647	41	355	28:40.8	29:34.7	9:15/M
27	Alissa Hockley	East Petersburg	566	47	356	28:41.7	29:07.4	9:15/M
28	Tina Snyder		1208	49	358	28:45.3	28:45.3	9:16/M
29	Elaine Brenner		1513	48	364	28:50.0	28:57.3	9:18/M
30	JoAnn Sunderland		1270	40	370	28:51.7	28:51.7	9:18/M
31	Kim Hostetter		592	42	376	28:58.3	29:58.4	9:21/M
32	Juanita Sauder		1111	41	377	28:58.7	29:58.7	9:21/M
33	Kendra Feigert		363	40	380	29:00.6	30:01.1	9:21/M
34	Paula Gallagher		428	42	401	29:19.1	29:19.1	9:27/M
35	Jaunine Fouche	Mt. Gretna	397	44	403	29:19.7	29:19.7	9:27/M
36	Laura Kreider		712	40	404	29:19.9	29:28.3	9:27/M
37	Mary McGallicher		839	41	413	29:28.5	30:50.4	9:30/M
38	Deborah Pagano		987	45	414	29:28.5	30:50.5	9:30/M
39	Brenda Balmer		34	44	431	29:38.3	31:13.4	9:34/M
40	Lori Switzer		1278	49	453	29:56.8	30:52.7	9:39/M
41	Sue Keller		669	48	456	29:57.8	31:26.7	9:40/M
42	Jami Karr		648	48	462	30:01.4	30:01.4	9:41/M
43	Tammi Hessen		556	41	463	30:01.5	30:01.5	9:41/M
44	Tonya Manley		794	40	464	30:02.3	30:19.6	9:41/M
45	Karen Eberly	Elizabethtown	301	46	471	30:11.5	32:07.9	9:44/M
46	Jen Coryell		202	40	478	30:16.3	30:42.7	9:46/M
47	Nicole Eisenbach		312	40	490	30:24.9	30:24.9	9:48/M
48	Mary Beth Oles		1442	42	495	30:30.6	32:33.2	9:50/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
49	Denise Moyer		908	49	498	30:32.9	30:32.9	9:51/M
50	Amy Deiderick		238	41	499	30:33.4	30:33.4	9:51/M
51	Chris Glick		469	44	503	30:35.6	31:59.1	9:52/M
52	Tara Petrilli		1006	49	506	30:38.0	31:07.8	9:53/M
53	Rachel Schmuck	Ephrata	1125	41	510	30:43.8	32:43.2	9:55/M
54	Kathy Fausnacht	Ephrata	359	40	514	30:44.3	32:43.9	9:55/M
55	Mary Terrson		1284	48	517	30:48.8	32:17.2	9:56/M
56	Mindy Levitan		753	41	521	30:52.0	32:26.3	9:57/M
57	Colleen Shreiner		1173	40	526	30:53.7	31:04.8	9:58/M
58	Amy Eshleman		1486	43	530	30:55.7	32:00.6	9:58/M
59	Jill Evans		342	45	566	31:25.2	32:01.7	10:08/M
60	Kristine Bashore		44	46	569	31:30.2	31:46.2	10:10/M
61	Susan Zigner		1429	43	586	31:41.7	33:35.6	10:13/M
62	Gwen Coy		203	47	600	31:48.4	32:58.9	10:15/M
63	Mary Miller	San Ramon	878	48	601	31:48.6	34:03.5	10:15/M
64	Jayne Pavlik		995	46	622	32:08.0	32:57.7	10:22/M
65	Lynelle Wenger		1352	43	629	32:11.9	32:57.6	10:23/M
66	Jen Barbusca		35	41	633	32:14.5	32:55.1	10:24/M
67	Virginia Murphy	Palmyra	913	42	634	32:16.4	33:41.7	10:25/M
68	Carrie Clair		182	40	635	32:16.8	32:16.8	10:25/M
69	Kelli Erb		330	42	636	32:17.1	33:07.3	10:25/M
70	Denise Redcay		1047	41	648	32:29.0	32:57.3	10:29/M
71	Gayle Huber		599	41	660	32:40.2	32:53.1	10:32/M
72	Tara Fotheringill		395	43	669	32:49.8	33:06.1	10:35/M
73	Gayle Merkt	Elizabethtown	865	40	681	33:14.1	34:21.1	10:43/M
74	Fawn Davies	Elizabethtown	227	44	694	33:27.5	34:34.6	10:47/M
75	Jennifer Leitch		745	40	705	33:39.9	34:51.8	10:51/M
76	Roxann Koser		694	44	706	33:39.9	34:31.6	10:51/M
77	Suzi Harman		515	49	708	33:40.1	33:40.1	10:52/M
78	Buffy Shirk		1170	42	712	33:41.2	34:37.3	10:52/M
79	Carla Douple		291	41	735	33:54.9	33:54.9	10:56/M
80	Andrea Dissler		280	48	748	34:05.7	34:32.5	11:00/M
81	Karen Mazich	Harrisburg	830	49	751	34:10.7	35:00.1	11:01/M
82	Beth Miller		880	44	759	34:20.3	34:20.3	11:05/M
83	Mary Schuchman		1127	45	769	34:32.8	36:00.3	11:08/M
84	Kristina Baker		30	43	770	34:34.1	35:45.6	11:09/M
85	Kirsten Kormos		692	42	772	34:38.7	34:38.7	11:10/M
86	Melissa Petersheim		1004	42	775	34:40.5	35:48.2	11:11/M
87	Michelle Wagner		1320	45	790	34:53.8	34:53.8	11:15/M
88	Lisa Yoder		1404	46	797	35:06.9	37:15.6	11:19/M
89	Denise Hoak		564	48	801	35:07.8	37:21.2	11:20/M
90	Tammy Shelley		1155	41	810	35:20.7	37:21.4	11:24/M
91	Jill Edgell		308	44	823	35:27.4	37:11.4	11:26/M
92	Melinda Daugherty		225	40	828	35:37.1	37:53.0	11:29/M
93	Amy McMinn		847	41	834	35:40.4	36:18.0	11:30/M
94	Stacy Crispeno	Lititz	206	43	839	35:46.1	37:12.2	11:32/M
95	Renee Shirk		1168	40	849	35:55.1	37:06.9	11:35/M
96	Crystal Bratina		100	49	850	35:55.6	36:19.5	11:35/M
97	Stacey King		678	48	855	36:03.3	37:22.3	11:38/M
98	Lisa Ayers	Annville	27	41	856	36:05.4	37:40.5	11:38/M
99	Tammy Wood		1396	46	880	36:27.7	37:40.2	11:45/M
100	Candace Good		473	40	904	36:48.4	38:01.3	11:52/M
101	Alejandra Hansen		512	41	916	37:02.6	37:16.1	11:57/M
102	Faith Moore		894	49	917	37:04.2	38:35.5	11:57/M
103	Lily Doerschuk		281	41	922	37:07.4	38:25.8	11:58/M
104	Heather Gallagher		427	40	933	37:36.9	37:36.9	12:08/M
105	Maria Mazzeo		832	45	937	37:39.5	38:11.3	12:09/M
106	PAula Trump		1311	44	940	37:42.8	39:13.5	12:10/M
107	Cheryl Heverling	Palmyra	557	49	944	37:48.6	39:25.0	12:12/M
108	Rochelle Meiskey		856	40	970	38:06.6	39:28.8	12:17/M
109	Karen Esbenshade		334	41	971	38:07.0	38:45.4	12:18/M
110	Deb Randler		1041	44	976	38:09.5	39:00.5	12:18/M
111	Marlin Markles		1501	47	977	38:10.4	40:21.4	12:19/M
112	Jennifer Fittery		374	40	983	38:22.3	40:55.3	12:23/M
113	Christine Shimer	Manheim	1161	46	1000	38:36.1	40:18.1	12:27/M
114	Maria Rivas-Cruz		1072	49	1001	38:36.4	40:31.0	12:27/M
115	Leslie Bennett		61	44	1002	38:38.4	38:59.8	12:28/M
116	Pamela ODonnell		977	45	1012	38:49.9	40:46.9	12:31/M
117	Sharon Fridy		408	40	1014	38:54.5	40:15.8	12:33/M
118	Wendy Stover		1259	43	1018	38:59.8	40:29.4	12:35/M
119	Beth Rossi	Palmyra	1083	44	1023	39:01.9	40:34.5	12:35/M
120	Sabrina Delong	Hershey	242	43	1031	39:12.6	41:18.6	12:39/M
121	Candace Sexton		1142	42	1033	39:14.1	41:17.0	12:39/M
122	Beth Stombaugh		1250	44	1037	39:23.5	41:22.4	12:42/M
123	Teresa Rineer		1070	40	1042	39:25.8	40:11.4	12:43/M
124	Gretchen Leibley		742	47	1051	39:33.8	41:51.2	12:45/M

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
125	Lori Shirk		1166	48	1053	39:34.5	40:51.3	12:46/M
126	Carole DeInnocentiis		239	46	1056	39:35.0	41:03.1	12:46/M
127	Jennifer Mentzer		861	40	1058	39:35.5	42:03.3	12:46/M
128	Jennifer Doyle		293	42	1066	39:54.3	41:59.9	12:52/M
129	Rhonda Renwick		1060	42	1068	39:54.7	41:59.8	12:52/M
130	Ruth Baughman		46	47	1069	39:55.2	42:00.5	12:53/M
131	Maria Lauris		732	44	1089	40:14.5	40:14.5	12:59/M
132	Sandy Fauser		358	41	1090	40:14.8	42:17.8	12:59/M
133	Cynthia Setlock		1140	43	1099	40:19.4	42:50.5	13:00/M
134	Leigh Zimmerman		1435	41	1101	40:20.7	42:18.4	13:01/M
135	Andrea Lown	Elizabethtown	775	43	1108	40:31.7	41:46.0	13:04/M
136	Dawn Chrisman		177	43	1109	40:31.9	42:38.3	13:04/M
137	Jodi Rambler		1038	40	1118	40:47.3	42:51.3	13:09/M
138	Suzanne Smith		1191	46	1121	40:49.3	42:44.7	13:10/M
139	Heidi Gutshall		500	41	1132	41:06.5	43:01.3	13:15/M
140	Kerri Green		487	44	1139	41:20.2	41:20.2	13:20/M
141	Maureen Beiler		60	45	1140	41:20.3	43:00.0	13:20/M
142	Monica Elbert	Lancaster	316	44	1141	41:20.6	42:59.8	13:20/M
143	Lori Eelman		310	48	1147	41:30.4	42:50.4	13:23/M
144	Laura Lachman		719	49	1157	42:06.7	44:37.4	13:35/M
145	Kathy Snader		1203	48	1163	42:16.2	42:16.2	13:38/M
146	Sam Droke-Dickinson		295	40	1164	42:20.1	44:39.0	13:39/M
147	Stephanie Weaver		1339	40	1170	42:39.3	45:22.8	13:45/M
148	Karen Musser		916	45	1174	42:40.5	43:39.7	13:46/M
149	Jennifer Yurchak		1417	41	1179	42:43.6	43:30.9	13:47/M
150	Sherry Wilkinson	Elizabethtown	1367	44	1181	42:49.9	43:55.2	13:49/M
151	Audrey Hosler		587	42	1184	42:54.0	44:26.6	13:50/M
152	Chris Myer		926	49	1185	42:54.1	44:26.7	13:50/M
153	Lisa Yost		1411	49	1210	43:45.5	44:38.8	14:07/M
154	Bela Desai		253	44	1214	43:59.1	45:36.4	14:11/M
155	Linda Zimmerman		1432	45	1217	44:01.6	45:42.0	14:12/M
156	Lisa Kowalski		1490	42	1222	44:05.3	45:43.1	14:13/M
157	Wendy Serfass		1135	46	1230	44:14.9	46:40.7	14:16/M
158	Beth Shultz		1177	41	1233	44:17.0	46:54.6	14:17/M
159	Diane Funk		415	43	1234	44:17.6	44:56.6	14:17/M
160	Stacey Sensenig		1132	46	1235	44:17.7	44:56.8	14:17/M
161	Michelle Stone		1252	42	1236	44:22.1	45:55.9	14:19/M
162	Kathy Prime		1026	47	1246	45:06.8	47:30.0	14:33/M
163	Laura Meisl		857	41	1248	45:10.5	45:34.4	14:34/M
164	Debra Dietrich		259	46	1250	45:13.9	46:44.2	14:35/M
165	Jen Goff		471	41	1251	45:14.4	46:25.4	14:35/M
166	Mitzi Headings		531	49	1255	45:25.0	46:19.3	14:39/M
167	Cyndi Snyder		1211	41	1262	46:07.0	48:34.6	14:53/M
168	Denine Ward		1328	49	1265	46:13.8	47:38.6	14:55/M
169	Lori Painter		989	46	1272	46:59.7	49:17.3	15:09/M
170	Donna Daub	Stevens	223	46	1275	47:23.9	49:47.6	15:17/M
171	Christina Phillips		1008	47	1283	47:40.7	49:47.8	15:23/M
172	Georgiana Figueroa		370	44	1293	48:32.3	50:54.8	15:39/M
173	Shawn Loughran		773	45	1297	48:50.0	51:33.0	15:45/M
174	Sandra Musser		920	44	1298	48:54.2	50:37.7	15:46/M
175	Lena Pinard		1017	46	1300	48:54.9	48:54.9	15:46/M
176	Marisol Cruz		214	42	1319	51:07.9	53:22.2	16:29/M
177	Julie Ebersole		303	46	1320	51:07.9	51:36.7	16:29/M
178	Darla Musser		923	44	1323	51:09.2	51:09.2	16:30/M
179	Michele Shelly		1157	48	1325	51:13.6	53:18.0	16:31/M
180	Kim Corwin		201	47	1335	51:45.4	53:09.1	16:42/M
181	Yiota Gavala		440	44	1336	51:51.7	54:00.0	16:44/M
182	Michele Stipe		1244	49	1350	53:43.4	55:51.2	17:20/M
183	Kim McEvoy		837	45	1352	53:43.6	55:57.8	17:20/M
184	Kim Musser		919	49	1353	53:45.3	55:59.4	17:20/M
185	Lisa Deickman		237	46	1354	53:46.1	54:16.0	17:21/M
186	Lynne Dougherty		290	46	1356	53:47.5	56:00.1	17:21/M
187	Karen Brandt		99	46	1357	53:52.7	56:12.0	17:23/M
188	Stephanie Berkheiser		65	44	1358	53:53.1	56:11.2	17:23/M
189	Carolyn Benton		1531	47	1362	54:18.7	56:46.5	17:31/M
190	Charlene Goss		480	44	1368	55:01.5	55:52.1	17:45/M
191	Melanie Smith		1198	41	1373	56:00.4	58:32.8	18:04/M
192	Tara Reed		1051	40	1376	56:42.7	59:23.8	18:17/M
193	Sherri Steffy		1232	41	1377	56:43.2	59:23.8	18:18/M
194	Lori Flowers		384	43	1388	57:47.6	59:05.9	18:38/M
195	Stephanie Sheidy		1153	45	1390	58:01.4	1:00:05.5	18:43/M
196	Tammy Miller		881	42	1394	1:02:38.0	1:04:47.9	20:12/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Female 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Robin Loercher		759	53	177	25:41.0	25:41.0	8:17/M
2	Ron Kreider		710	55	195	26:02.6	26:02.6	8:24/M
3	Debra Woods		1399	51	219	26:22.1	26:22.1	8:30/M
4	Deb Loser		771	50	255	27:05.3	27:05.3	8:44/M
5	Denise Stauffer		1227	55	273	27:27.8	27:27.8	8:51/M
6	Sue Senter	Manheim	1133	50	382	29:01.7	30:12.1	9:22/M
7	Wendy McKelvy		843	50	402	29:19.6	29:19.6	9:27/M
8	Nancy Husser		606	52	418	29:33.1	30:05.4	9:32/M
9	Ann Ash		24	52	436	29:43.8	30:07.9	9:35/M
10	Doris Wolpert		1393	54	448	29:50.7	30:56.8	9:37/M
11	Arlene Sterner		1239	58	488	30:23.4	31:27.8	9:48/M
12	Eanice Metzler		870	54	505	30:36.7	31:34.9	9:52/M
13	Joni Hauck		528	56	515	30:47.3	31:18.7	9:56/M
14	Jodi Reddig		1050	50	621	32:07.8	32:34.0	10:22/M
15	Tamra Nonnenocher		961	52	626	32:10.5	32:10.5	10:23/M
16	Lynn Mohr		890	54	675	33:04.6	33:32.7	10:40/M
17	Cathy Pinkerton		1018	54	717	33:43.4	34:38.6	10:53/M
18	Teri McGillis		841	56	757	34:18.5	35:20.3	11:04/M
19	Juanita Kreider		706	50	774	34:39.8	36:04.5	11:11/M
20	Judy Lentz		749	57	802	35:10.6	35:52.3	11:21/M
21	Cheryl Dohner		284	55	836	35:43.1	36:59.6	11:31/M
22	Peggy Boone		88	58	853	36:01.9	36:01.9	11:37/M
23	Rose Gehman		449	54	858	36:08.1	36:50.1	11:39/M
24	Deb Kauffman	Lebanon	655	53	871	36:19.2	37:55.2	11:43/M
25	Linda Espenshade	Lancaster	338	51	876	36:25.8	37:36.2	11:45/M
26	Erica Keene		663	50	891	36:37.6	38:32.0	11:49/M
27	Lu Ann Fahndrich		351	52	897	36:44.1	38:20.4	11:51/M
28	lisa fogg-evans		388	51	906	36:50.1	38:18.1	11:53/M
29	Sharon Gainer		425	50	908	36:53.4	36:53.4	11:54/M
30	SUSAN CONNORS		194	59	968	38:06.3	40:06.3	12:17/M
31	Charlotte Martin		824	51	1004	38:38.6	39:00.0	12:28/M
32	Deb Ruhl		1092	55	1006	38:44.7	39:21.5	12:30/M
33	Susan Gehman		446	55	1044	39:26.2	41:24.0	12:43/M
34	Joanne Mercer		862	52	1059	39:36.2	41:35.1	12:46/M
35	Gail Swartz		1447	57	1088	40:11.5	42:14.1	12:58/M
36	Melissa Ark	Harrisburg	17	52	1098	40:19.2	42:46.1	13:00/M
37	Jodi Shenberger		1158	50	1107	40:28.5	41:16.8	13:03/M
38	Renee Jurell		642	53	1112	40:40.6	42:28.4	13:07/M
39	Sharon Dietz		265	56	1144	41:24.3	43:08.0	13:21/M
40	Barbara Charles		174	52	1175	42:42.1	45:00.2	13:46/M
41	Connie Hake		502	56	1183	42:51.4	43:29.5	13:49/M
42	Katrina Miller		876	50	1188	43:05.7	43:58.3	13:54/M
43	Marci Clingenpeel		184	50	1216	44:00.1	45:59.3	14:12/M
44	Kathleen Kurtz		716	50	1226	44:13.2	46:47.4	14:16/M
45	Kathy Phillips		1010	54	1244	44:57.9	46:53.8	14:30/M
46	Donna Sahrhage		1102	54	1258	45:33.9	47:54.2	14:42/M
47	Laurie Adair		3	56	1259	45:38.9	45:38.9	14:43/M
48	Linda Denlinger		246	55	1271	46:59.5	49:18.0	15:09/M
49	Donna Zvorsky	Elizabethtown	1440	59	1274	47:18.8	49:42.6	15:15/M
50	Cindy Frey		404	50	1276	47:24.0	49:25.0	15:17/M
51	Donna Chrzanowski		179	50	1284	48:07.2	50:46.3	15:31/M
52	Terry Young		1414	58	1285	48:21.9	50:46.4	15:36/M
53	Terri Enck		322	59	1304	49:23.1	51:48.7	15:56/M
54	Linda Karns		646	50	1308	50:05.1	52:22.2	16:09/M
55	Audrey Brosey		109	58	1310	50:06.4	52:22.7	16:10/M
56	Diane Knepp		686	55	1311	50:12.8	52:22.9	16:12/M
57	cheryl hartnett		525	52	1312	50:16.3	52:37.5	16:13/M
58	Anne Chapman		172	51	1314	50:24.8	52:14.6	16:15/M
59	Karen Lewis		754	52	1317	50:38.3	52:56.2	16:20/M
60	Doreen Obetz		975	53	1318	50:38.5	52:56.0	16:20/M
61	Janet Pritchett		1029	50	1321	51:07.9	53:22.2	16:29/M
62	Sharon Rambler		1036	52	1326	51:13.7	53:18.2	16:31/M
63	Mary Jacob		1510	54	1332	51:39.4	51:39.4	16:40/M
64	Janet Trovato		1307	57	1337	51:51.9	54:00.1	16:44/M
65	Katie Yoder		1407	50	1345	53:12.0	55:22.4	17:10/M
66	Kim Miller		883	50	1361	54:17.9	56:48.4	17:31/M
67	Margaret Gasparich		438	55	1380	57:07.2	59:40.4	18:25/M

Female 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Rose Ward	Columbia	1326	61	756	34:18.2	34:38.4	11:04/M

Race Date
June 01, 2013

Rock N Glow 2013
Age Group Results

5K

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
2	Brenda Huddle		602	64	1264	46:08.2	48:35.2	14:53/M
3	Donna Gerhard		460	62	1307	50:04.9	52:22.6	16:09/M
4	Lyn Geib		455	61	1309	50:05.4	52:22.2	16:09/M
5	Mindy McKonly		845	62	1344	53:11.8	55:22.2	17:09/M
6	Kathie Ingoglia		621	60	1346	53:15.9	54:30.6	17:11/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Mark Oles		1443	36	1	17:17.3	17:17.3	5:35/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

No Age given

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Lasanta		730	0	284	27:35.4	27:52.7	8:54/M
2	Kevin Harley		1529	0	591	31:44.4	33:31.9	10:14/M
3	John Phillips		1009	0	832	35:39.4	35:53.8	11:30/M
4	Conner Looper		1477	0	1241	44:32.8	47:18.0	14:22/M

Male 1 to 10

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Hayden Milchanowski		873	7	84	23:27.6	23:27.6	7:34/M
2	Luke Redcay		1049	9	155	25:25.3	25:34.7	8:12/M
3	Donovan Carrero		163	10	202	26:09.6	26:09.6	8:26/M
4	William Betancourt		67	10	256	27:05.6	27:05.6	8:44/M
5	Quinlan Kaufmann		659	9	294	27:47.3	27:56.8	8:58/M
6	Andrew Frey		407	10	312	28:05.0	28:31.5	9:04/M
7	Jason Colino		1461	8	373	28:56.1	29:37.7	9:20/M
8	Owen Carpenter		159	10	430	29:38.0	31:33.8	9:34/M
9	Kristian Citko		1457	9	617	32:05.2	34:35.5	10:21/M
10	Drexton Frank		401	8	720	33:44.9	34:34.9	10:53/M
11	Dylan Jacyszyn		628	10	730	33:48.7	33:48.7	10:54/M
12	Nevin Rutherford		1097	9	941	37:45.7	38:52.9	12:11/M
13	Ryland Fittery		377	9	979	38:18.2	40:51.4	12:21/M
14	DJ Warihay		1460	8	1030	39:08.3	40:26.6	12:37/M
15	Daniel Brubaker		121	8	1047	39:28.3	41:07.0	12:44/M
16	Jack Longenecker		1511	9	1072	39:59.9	41:02.9	12:54/M
17	Ethan Wile		1518	10	1092	40:17.3	42:32.3	13:00/M

Male 11 to 14

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Nathan Boyer	Manheim	94	14	9	19:27.4	19:27.4	6:16/M
2	Galen Fitzkee		378	14	12	19:45.3	19:45.3	6:22/M
3	Niko Gavala		443	12	37	21:46.8	21:46.8	7:01/M
4	Gavin Tragus		1296	13	40	21:52.1	21:52.1	7:03/M
5	Austin Nelson		939	11	56	22:29.0	22:47.7	7:15/M
6	Ben Coolbeth		1502	14	81	23:19.4	23:19.4	7:31/M
7	Brayden Clair		183	14	91	23:43.6	23:43.6	7:39/M
8	Alex Morales		898	13	102	24:01.0	25:52.3	7:45/M
9	Blake Jacyszyn		627	12	118	24:39.8	24:39.8	7:57/M
10	Austin Snyder		1214	12	137	25:06.3	25:06.3	8:06/M
11	Mitchell Martin		821	12	165	25:31.6	25:55.9	8:14/M
12	Ben Weaver		1343	14	184	25:45.0	26:04.9	8:18/M
13	Eli Huyard		614	14	196	26:03.9	26:03.9	8:24/M
14	Josiah Nauman		934	13	295	27:48.4	27:58.2	8:58/M
15	Zachary Reed		1052	12	411	29:26.3	29:59.8	9:30/M
16	Cade Ginder		1462	13	497	30:32.8	30:32.8	9:51/M
17	Ethan Lown		777	11	547	31:08.2	32:22.7	10:03/M
18	Trevor Manley		797	12	553	31:10.5	31:27.9	10:03/M
19	Isaac Dorwart		289	13	568	31:29.7	31:29.7	10:09/M
20	Zach Steffy		1233	12	615	32:03.3	32:36.8	10:20/M
21	Mitch Detwiler		255	13	668	32:48.2	34:16.9	10:35/M
22	Johnathan Smale		1185	12	733	33:54.1	35:14.6	10:56/M
23	GABE DAMON		221	11	762	34:22.2	35:30.1	11:05/M
24	Conner Zeamer		1424	12	782	34:45.6	35:03.5	11:13/M
25	Justin Brubaker		119	12	1024	39:03.1	40:42.0	12:36/M
26	Alexander Weaver		1340	14	1028	39:07.8	41:53.2	12:37/M

Male 15 to 18

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jordan Shimer	Manheim	1162	18	3	17:55.7	17:55.7	5:47/M
2	Alec Luscher		785	15	4	17:59.0	17:59.0	5:48/M
3	Nathan Lachman		718	16	5	18:13.9	18:13.9	5:53/M
4	Jonathon Garcia		435	16	6	18:38.2	18:38.2	6:01/M
5	David Dise		277	16	24	20:46.9	20:46.9	6:42/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Male 15 to 18

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
6	Brandon Kauffman		654	17	30	21:11.8	21:11.8	6:50/M		
7	Jordan Esbenshade		337	16	60	22:35.9	22:35.9	7:17/M		
8	John Hosler		590	15	73	23:05.9	25:26.1	7:27/M		
9	IAN BURKHOLDER		142	15	75	23:09.5	23:09.5	7:28/M		
10	Nathan Musser		924	18	77	23:12.2	23:12.2	7:29/M		
11	Jason Irwin		1445	17	85	23:28.5	23:45.0	7:34/M		
12	Michael Hamilton		506	15	89	23:33.0	23:33.0	7:36/M		
13	Robert Pavlik		998	15	94	23:48.6	23:48.6	7:41/M		
14	Kole Dorwart		288	15	114	24:29.7	24:46.6	7:54/M		
15	Evan Esh		1507	16	153	25:24.0	25:24.0	8:12/M		
16	Kyle Zeamer		1422	15	181	25:44.0	28:10.0	8:18/M		
17	Colin Martin		815	15	188	25:49.8	26:00.4	8:20/M		
18	Austin Nolt		958	17	200	26:07.5	26:25.7	8:25/M		
19	Isaac Muhr		910	18	210	26:13.5	26:13.5	8:27/M		
20	Harrison Myer		1468	16	230	26:32.0	28:54.2	8:34/M		
21	Zack Zeamer		1423	15	253	27:03.6	27:22.0	8:44/M		
22	Eric Hockley		568	16	272	27:25.5	27:54.4	8:51/M		
23	Michael Brown		113	17	329	28:23.6	28:41.7	9:09/M		
24	Brett Mccoy		834	18	336	28:27.5	28:27.5	9:11/M		
25	Tyler Manley		796	16	457	29:58.6	29:58.6	9:40/M		
26	Dylan Berkheiser		64	17	491	30:25.4	30:43.9	9:49/M		
27	Dashaun Neville		942	15	579	31:34.0	31:52.2	10:11/M		
28	Tucker Prime		1027	18	630	32:11.9	34:36.1	10:23/M		
29	Nate Brandt		98	17	654	32:33.8	32:49.9	10:30/M		
30	Tanner Prime		1028	15	701	33:36.3	36:01.8	10:50/M		
31	Hugh Montgomery		893	16	740	33:56.9	34:13.5	10:57/M		
32	Luke Groff		493	16	766	34:27.8	35:32.3	11:07/M		
33	Kody Kreiser		714	16	861	36:13.5	38:15.7	11:41/M		
34	Jamison Swayne		1274	17	945	37:48.7	38:04.7	12:12/M		
35	Zach Christian		178	15	1294	48:32.8	50:43.3	15:39/M		
36	Nick Corwin		1494	15	1330	51:36.2	52:59.7	16:39/M		

Male 19 to 29

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Bryson Long		763	19	2	17:55.1	17:55.1	5:47/M		
2	Eric Pavlik		996	19	14	19:47.8	19:47.8	6:23/M		
3	Jesse Grube		495	19	16	20:13.7	20:13.7	6:31/M		
4	Chris Hamilton		508	21	19	20:25.9	20:25.9	6:35/M		
5	Matt Dietrich		1525	24	20	20:32.2	20:32.2	6:37/M		
6	Robert Iosue		623	21	25	20:52.4	20:52.4	6:44/M		
7	Jay DeHart		235	28	27	20:56.5	20:56.5	6:45/M		
8	Philip Rhodes		1065	27	29	21:07.1	21:07.1	6:49/M		
9	Adam Buchmoyer		130	28	31	21:11.8	21:11.8	6:50/M		
10	Joshua Sawyer		1117	26	38	21:47.6	21:55.6	7:02/M		
11	Chris Roye		1088	24	41	21:55.3	24:15.8	7:04/M		
12	Ethan McNaughton		848	25	45	22:05.4	22:05.4	7:07/M		
13	Jon Kumher		715	20	52	22:18.2	22:18.2	7:12/M		
14	Greg Farmer		354	28	55	22:26.9	22:26.9	7:14/M		
15	Brian Consylman		196	23	57	22:30.6	22:30.6	7:15/M		
16	Joel Harnly		518	19	65	22:44.7	22:44.7	7:20/M		
17	Cory Fisher		373	20	66	22:46.3	22:46.3	7:21/M		
18	Colton Sauder	Manheim	1110	23	68	22:51.2	22:51.2	7:22/M		
19	John Meck		852	20	69	22:55.4	22:55.4	7:24/M		
20	David Zug		1487	29	88	23:31.2	23:31.2	7:35/M		
21	Stephen Haldeman		503	25	99	23:58.2	23:58.2	7:44/M		
22	Garret Olson		979	23	103	24:07.7	24:07.7	7:47/M		
23	Trevor Brubaker		123	20	105	24:14.2	24:14.2	7:49/M		
24	Michael Gaffney		422	29	106	24:16.4	25:04.9	7:50/M		
25	Kurt Kessler		1497	21	107	24:20.7	24:40.2	7:51/M		
26	Rory Frey		405	20	111	24:25.7	24:25.7	7:53/M		
27	Joe Henderson Jr.		543	28	113	24:29.3	24:29.3	7:54/M		
28	Justin Lane		725	25	121	24:42.4	24:42.4	7:58/M		
29	Micah Johnston		637	25	123	24:46.4	24:57.6	7:59/M		
30	Jimmy Pohl		1021	25	124	24:46.8	24:46.8	7:59/M		
31	Michael Fegley		362	25	139	25:07.9	25:07.9	8:06/M		
32	Cody Miller		885	28	149	25:20.7	25:20.7	8:10/M		
33	Michael Smith		1199	20	152	25:23.9	25:23.9	8:11/M		
34	Kevin Krause		700	27	168	25:33.5	25:49.0	8:15/M		
35	Domenick Longo		768	26	169	25:34.2	25:34.2	8:15/M		
36	Jared Decker		231	22	171	25:35.2	25:35.2	8:15/M		
37	Chase Moyer		909	20	174	25:38.1	25:38.1	8:16/M		

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Male 19 to 29

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
38	Kevin Peachey		999	25	176	25:39.6	25:39.6	8:16/M		
39	Matthew Rogers		1077	26	180	25:43.6	25:43.6	8:18/M		
40	Jon Gavala		1519	21	182	25:44.4	25:44.4	8:18/M		
41	Rick Gehman		448	29	192	25:55.0	25:55.0	8:22/M		
42	Joshua Mitchell		887	25	228	26:30.4	28:51.2	8:33/M		
43	Nicholas Troutman		1302	27	232	26:32.8	27:36.6	8:34/M		
44	Shane Loercher		760	28	235	26:38.2	26:38.2	8:35/M		
45	Ryan Hewett		559	19	254	27:05.1	28:24.9	8:44/M		
46	Nico Thompson		1287	26	259	27:06.8	28:19.7	8:45/M		
47	Mark Dietrich		264	21	262	27:09.7	27:36.8	8:45/M		
48	Clinton Witmer		1382	26	296	27:48.5	28:08.8	8:58/M		
49	Andrew Hamilton		505	26	314	28:07.2	28:25.6	9:04/M		
50	Timothy Martin		817	26	315	28:10.8	28:10.8	9:05/M		
51	Joseph Burns		145	25	319	28:14.9	28:47.0	9:06/M		
52	Paul Carnes		156	29	328	28:21.7	30:41.7	9:09/M		
53	Dustin Trimble		1299	27	338	28:28.6	28:28.6	9:11/M		
54	Justin Foreman		389	29	348	28:37.3	29:16.4	9:14/M		
55	Andy Lumas		781	28	379	29:00.2	29:31.3	9:21/M		
56	Derek Husser		608	28	383	29:01.9	29:31.8	9:22/M		
57	Chad Waite		1322	28	385	29:02.6	29:02.6	9:22/M		
58	Adam Zurin		1439	26	479	30:16.6	31:44.2	9:46/M		
59	Robert Zeigler		1427	23	483	30:19.3	30:55.4	9:47/M		
60	Jason Landis		722	26	496	30:31.7	31:31.7	9:51/M		
61	Greg Obetz		976	24	509	30:42.4	31:17.6	9:54/M		
62	Chad Newswanger		947	22	522	30:52.2	32:33.3	9:57/M		
63	Loren Esbenshade		336	27	610	31:59.1	32:41.8	10:19/M		
64	Luke Sposito		1516	20	627	32:11.3	34:35.1	10:23/M		
65	Tom Sweeney		1276	28	632	32:14.4	32:33.8	10:24/M		
66	Brady McNaughton		1469	28	657	32:38.1	33:35.9	10:32/M		
67	Brandon Russum		1095	21	684	33:15.9	33:53.0	10:44/M		
68	Jamie Nissley		955	26	699	33:33.1	34:28.1	10:49/M		
69	Taylor Brown		114	20	710	33:40.5	33:52.3	10:52/M		
70	Nevin Brown		115	23	713	33:41.3	33:52.4	10:52/M		
71	Adam Manz		799	26	721	33:45.1	34:18.3	10:53/M		
72	Kyle Russell		1094	29	738	33:55.8	36:05.0	10:56/M		
73	Matthew Dietrich		263	29	741	33:58.0	36:26.4	10:57/M		
74	Michael Shea		1148	28	776	34:41.6	36:50.2	11:11/M		
75	Tony Basselgia		45	25	794	35:00.1	35:33.8	11:17/M		
76	Matthew Brittain		108	27	803	35:11.2	36:57.5	11:21/M		
77	Joe Meisenbach		855	23	809	35:19.9	35:56.2	11:24/M		
78	Michael Breneman	Mount Joy	101	24	815	35:24.6	35:46.5	11:25/M		
79	Justin Furnia		420	25	829	35:38.0	36:40.0	11:30/M		
80	Shane Huyard		611	22	831	35:38.7	36:51.5	11:30/M		
81	David Hull		603	28	864	36:15.4	37:41.6	11:42/M		
82	Chris Gallagher		429	26	872	36:20.5	36:30.9	11:43/M		
83	Kevin Wolgemuth		1392	25	882	36:27.7	37:29.9	11:45/M		
84	Christopher Taylor		1496	29	900	36:44.7	36:44.7	11:51/M		
85	Darnell Bungy		136	22	946	37:49.4	39:29.4	12:12/M		
86	Gregory Cooley		197	27	975	38:09.1	39:44.9	12:18/M		
87	Derek Crouse		213	22	990	38:28.2	39:56.2	12:25/M		
88	Taylor Jurell		643	22	1055	39:35.0	41:23.0	12:46/M		
89	Chris Lunden		782	25	1111	40:38.4	43:21.8	13:06/M		
90	Mason Shelly		1156	22	1120	40:48.3	42:52.0	13:10/M		
91	Ian Anderson		14	23	1125	40:58.1	41:21.8	13:13/M		
92	Brandon Beyer		68	25	1151	41:43.0	43:07.1	13:27/M		
93	Adam Charles		173	29	1176	42:42.3	45:00.3	13:46/M		
94	Jason Jefferson		632	28	1194	43:21.3	45:07.1	13:59/M		
95	Evan Miller		875	20	1198	43:30.4	45:44.1	14:02/M		

Male 30 to 39

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Steve Gergely		459	35	7	18:48.0	18:48.0	6:04/M		
2	Bob Porambo	Elizabethtown	1023	32	8	18:58.6	18:58.6	6:07/M		
3	Jason Gamble	Harrisburg	432	34	10	19:33.1	19:33.1	6:18/M		
4	Mike Korom		693	30	32	21:20.4	21:20.4	6:53/M		
5	Heath Dietrich		260	38	33	21:28.3	21:28.3	6:55/M		
6	Michael Heckendorn		533	34	34	21:36.8	21:36.8	6:58/M		
7	Kyle Weaver		1342	30	35	21:37.7	21:37.7	6:58/M		
8	Nathan Oates		969	37	42	21:57.1	21:57.1	7:05/M		
9	Andy Blascovich	Harrisburg	73	33	47	22:09.5	22:09.5	7:09/M		
10	Aaron Schwartz		1129	33	48	22:10.1	22:10.1	7:09/M		

Rock N Glow 2013

Age Group Results

5K

Race Date
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Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
11	Josh Nelson		938	35	49	22:13.0	22:13.0	7:10/M
12	Chris Hiestand		560	32	64	22:42.1	22:42.1	7:19/M
13	Jason Ibach		617	36	63	22:42.1	22:42.1	7:19/M
14	Eric Moffet		889	34	67	22:48.5	22:48.5	7:21/M
15	Adam Forry		392	36	72	23:03.2	23:03.2	7:26/M
16	Corby Burkholder		140	35	79	23:12.9	23:12.9	7:29/M
17	John Trovato		1306	32	1	23:21.1	23:21.1	7:32/M
18	Wave Mosher		903	34	96	23:51.2	23:51.2	7:42/M
19	jason oswald		982	39	97	23:56.2	23:56.2	7:43/M
20	Matthew Davis		229	33	101	24:00.9	24:00.9	7:45/M
21	Jason Barlup	Newport	41	34	112	24:29.1	25:00.9	7:54/M
22	Jonathan Hess		555	36	115	24:30.7	24:30.7	7:54/M
23	Brad Landis		1449	38	117	24:32.2	24:32.2	7:55/M
24	Eric Zeigler		1426	35	129	24:52.7	24:52.7	8:01/M
25	Zachary Rowe		1086	31	135	25:02.6	25:09.9	8:05/M
26	Josh Gordon		479	30	140	25:09.1	25:09.1	8:07/M
27	Patrick Sasse		1109	33	146	25:17.7	25:17.7	8:09/M
28	Ryan Neff		935	38	147	25:18.2	25:32.3	8:10/M
29	Jason Hertzog		550	34	167	25:32.9	26:34.5	8:14/M
30	David Carrero		164	32	203	26:10.0	26:10.0	8:26/M
31	Matthew Burkholder		141	39	206	26:11.1	26:11.1	8:27/M
32	Tim Hartel		523	37	213	26:16.7	27:42.6	8:28/M
33	Jason Hondru		579	36	214	26:17.0	26:17.0	8:29/M
34	Matt Robinson		1074	31	251	27:01.2	29:01.5	8:43/M
35	Daniel Suereth		1269	34	260	27:07.6	27:07.6	8:45/M
36	Joe Dietrich		262	31	266	27:13.1	27:40.4	8:47/M
37	Barry Garner		1493	35	269	27:19.5	27:47.0	8:49/M
38	Jarod Heming		541	32	281	27:31.8	27:31.8	8:53/M
39	Brent Suereth	Harrisburg	1268	34	283	27:33.7	27:33.7	8:53/M
40	Matthew Mahonski		788	37	287	27:38.1	28:14.3	8:55/M
41	TALI RIVERA		1073	32	291	27:44.7	29:19.1	8:57/M
42	Patrick Rohal		1078	39	304	27:55.5	28:05.8	9:00/M
43	Kevin Iddings		619	39	316	28:11.3	28:46.4	9:05/M
44	Kristopher Bleecher	Mount Joy	76	36	333	28:26.9	28:26.9	9:10/M
45	Jeremy Hershey		547	33	340	28:29.5	28:29.5	9:11/M
46	Justin Barbush		37	38	345	28:34.4	28:34.4	9:13/M
47	Ken Beachy		49	33	354	28:40.5	29:22.7	9:15/M
48	Ben Keefer		662	32	363	28:49.3	30:15.2	9:18/M
49	Thomas Ginder		464	39	366	28:50.7	28:50.7	9:18/M
50	Michael Dorris		285	34	367	28:50.7	28:50.7	9:18/M
51	Don DeHart		234	39	407	29:22.9	30:57.5	9:28/M
52	Anton Allsop		13	35	422	29:35.2	29:35.2	9:33/M
53	Shane Matthews		827	38	429	29:38.0	29:38.0	9:34/M
54	Joel Kauffman		653	37	444	29:47.6	30:16.0	9:36/M
55	Mike Winters		1378	39	459	29:59.6	30:56.2	9:40/M
56	Chris Hupp		604	31	469	30:10.4	31:20.4	9:44/M
57	Marty Newswanger		946	39	480	30:17.3	30:49.8	9:46/M
58	Thomas Kaufmann		657	37	518	30:50.2	31:04.9	9:57/M
59	Adam Smerick		1190	32	529	30:55.4	31:49.8	9:58/M
60	Jonathan Hess		552	39	546	31:07.5	31:47.4	10:02/M
61	Adam Stipe		1243	30	573	31:32.4	32:16.1	10:10/M
62	Jeremy Carpenter		158	37	574	31:32.6	33:28.7	10:10/M
63	Brian Tash	West Chester	1283	30	593	31:45.9	32:10.8	10:15/M
64	Joey Kreider		707	33	613	32:02.9	33:27.1	10:20/M
65	Andrew Cooley		199	32	625	32:10.1	33:13.0	10:23/M
66	Eric Redcay		1048	37	649	32:29.2	32:57.1	10:29/M
67	Kevin Bomberger		84	39	651	32:30.1	33:59.7	10:29/M
68	Matt Prusch		1030	34	673	33:02.2	33:10.9	10:39/M
69	Jason Weidman		1348	35	686	33:16.4	33:44.7	10:44/M
70	Robert Burkey		139	34	700	33:33.7	35:24.2	10:49/M
71	Nathan Frohm		409	37	732	33:52.6	34:39.6	10:55/M
72	Tim Erickson		331	30	736	33:55.3	35:48.0	10:56/M
73	Brad Heeter		536	36	752	34:11.0	34:59.7	11:02/M
74	Thomas Daugherty		226	39	773	34:39.7	36:54.2	11:11/M
75	Jimmy Flowers		386	30	786	34:50.6	36:28.6	11:14/M
76	Dan Brenner		106	32	793	34:59.9	37:40.0	11:17/M
77	Garrett Pennington		1002	31	842	35:48.8	36:52.1	11:33/M
78	Tim Seifert		1446	37	857	36:06.9	38:08.1	11:39/M
79	Jason Fleager		381	34	860	36:12.3	37:36.1	11:41/M
80	Matthew Wolf		1385	38	921	37:06.8	37:26.3	11:58/M
81	James Gehman		454	30	925	37:13.8	38:55.4	12:00/M
82	Nate Wagner		1319	32	928	37:25.3	39:51.4	12:04/M
83	Paul Gingrich Jr		467	37	952	37:52.7	38:32.7	12:13/M
84	Brett Jackson		625	37	953	37:53.4	39:44.9	12:13/M
85	Edward Kreibick		703	35	961	38:00.3	39:27.0	12:15/M
86	Eric Etkin		339	36	964	38:04.9	39:31.4	12:17/M

Rock N Glow 2013

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5K

Race Date
June 01, 2013

Male 30 to 39

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
-----Total-----								
87	Doug Alexander		8	32	1074	40:00.3	42:02.7	12:54/M
88	Josh Forry		394	34	1084	40:06.1	42:22.0	12:56/M
89	Aaron Rugh		1090	33	1165	42:20.6	45:05.2	13:39/M
90	Bryan Collins		1471	36	1168	42:23.9	43:22.6	13:40/M
91	Doug Young		1521	31	1342	53:01.0	53:40.7	17:06/M
92	Timothy Troxell		1310	30	1367	54:37.2	57:03.3	17:37/M
93	Jason Heilman		538	36	1371	55:24.2	56:56.1	17:52/M
94	Tim Flowers		385	33	1389	57:48.9	59:06.0	18:39/M

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
-----Total-----								
1	* Scott Hankle		511	42	13	19:46.6	19:46.6	6:23/M
2	Clayton Bouchard		90	40	15	19:48.3	19:48.3	6:23/M
3	Brent Kreider		713	42	18	20:25.5	20:25.5	6:35/M
4	Tom Sheaffer		1151	45	21	20:34.7	20:34.7	6:38/M
5	Scott Miller		877	48	23	20:43.2	20:43.2	6:41/M
6	Michael Long		1514	40	36	21:40.5	21:40.5	6:59/M
7	Ray Truex		1473	41	43	21:57.9	21:57.9	7:05/M
8	Brian Von Stetten		1318	43	62	22:40.0	22:47.9	7:19/M
9	Steve Douple		292	41	82	23:20.3	23:20.3	7:32/M
10	David Goff		470	41	83	23:26.7	23:26.7	7:34/M
11	Loren Kreider		1450	40	90	23:42.6	23:42.6	7:39/M
12	William Zeamer		1420	43	95	23:50.4	23:50.4	7:41/M
13	Scott Huber		598	40	104	24:10.8	24:10.8	7:48/M
14	Barry Zug		1437	44	110	24:22.6	25:48.3	7:52/M
15	Duane Evans		344	46	130	24:52.9	24:52.9	8:01/M
16	Anthony Brusk	Ephrata	125	46	132	24:53.9	24:53.9	8:02/M
17	Dennis Hosler		591	42	166	25:32.0	26:01.1	8:14/M
18	Justin Reynolds		1062	42	170	25:35.1	25:35.1	8:15/M
19	Adrian Shelley		1154	40	212	26:15.2	26:15.2	8:28/M
20	Mark Murr	Manheim	915	42	216	26:18.8	27:22.8	8:29/M
21	Dave Hockley		567	48	220	26:22.9	26:49.8	8:30/M
22	Scott Bowser		91	43	226	26:26.9	26:26.9	8:32/M
23	Cordell Musser		925	47	238	26:46.4	27:50.4	8:38/M
24	Tim Merkt	Elizabethtown	866	40	242	26:48.1	27:13.1	8:39/M
25	Tony Loser		772	45	258	27:05.7	27:05.7	8:44/M
26	Bryan Zeamer		1421	42	267	27:16.8	27:35.4	8:48/M
27	Justin Wolfemuth		1389	40	270	27:24.6	27:38.6	8:50/M
28	Chris Shimer		1163	49	368	28:50.7	29:14.6	9:18/M
29	Tom Stone		1251	42	374	28:57.1	30:13.7	9:20/M
30	John VanBargan		1314	44	397	29:13.1	30:16.4	9:25/M
31	Stephen Yoder		1406	41	405	29:21.0	29:43.2	9:28/M
32	Mark Boldizar		81	47	428	29:37.8	29:52.1	9:33/M
33	Michael Hewett		558	48	433	29:41.8	31:01.8	9:35/M
34	Terry Weaver		1337	44	465	30:03.3	31:09.6	9:42/M
35	Matthew Schlosser		1123	44	466	30:05.2	30:05.2	9:42/M
36	Shawn Serfass		1136	45	467	30:06.7	32:28.3	9:43/M
37	Jeffrey Cochran	Lititz	189	43	473	30:13.3	31:17.7	9:45/M
38	Rob Leitch		746	40	519	30:51.7	32:25.4	9:57/M
39	Michael Manley		795	43	540	31:05.2	31:31.5	10:02/M
40	Steve Diem		258	42	559	31:15.7	32:43.4	10:05/M
41	Rick Lown	Elizabethtown	774	46	563	31:20.9	32:35.1	10:06/M
42	Dave Hahn		501	41	570	31:31.5	31:44.8	10:10/M
43	Michael Gerace		456	42	605	31:50.1	31:50.1	10:16/M
44	Richard Pavlik		994	45	616	32:05.0	32:52.0	10:21/M
45	Joseph Citko		181	44	618	32:05.4	34:35.7	10:21/M
46	James Stouch		1256	42	619	32:05.5	32:52.0	10:21/M
47	Jeffrey Wenger		1353	44	628	32:11.6	32:57.6	10:23/M
48	David Delong		243	44	645	32:25.4	34:32.5	10:27/M
49	Ted Melusky		860	44	663	32:45.0	32:45.0	10:34/M
50	Jamey Shirk		1171	42	690	33:23.2	34:20.2	10:46/M
51	Craig Martin		807	49	791	34:54.8	36:14.7	11:15/M
52	Albert Martin		814	43	838	35:44.1	35:54.9	11:32/M
53	David Heberling		532	45	848	35:54.7	36:08.2	11:35/M
54	Doran Brown		116	42	901	36:45.2	38:01.1	11:51/M
55	Gerald Rutherford	Elizabethtown	1098	41	942	37:45.8	38:52.7	12:11/M
56	Tim Schoenenberger		1126	45	947	37:50.1	40:33.3	12:12/M
57	Frank DiScuillo		273	43	954	37:54.6	40:06.6	12:14/M
58	Mark Setlock		1141	42	960	37:58.1	40:29.7	12:15/M
59	Gary Dubbs		1463	47	982	38:22.2	38:34.5	12:23/M
60	Les Ruhl		1091	45	1007	38:45.5	39:21.9	12:30/M

Rock N Glow 2013

Age Group Results

5K

Race Date
June 01, 2013

Male 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
61	Dave Cassel		167	43	1013	38:53.0	40:02.4	12:33/M
62	Louis Rossi	Palmyra	1084	42	1021	39:01.0	40:34.9	12:35/M
63	Brian Corwin		200	45	1026	39:05.9	40:40.6	12:36/M
64	Matthew Morton		902	40	1038	39:24.0	41:03.1	12:43/M
65	Bryan Fetro		368	49	1040	39:25.2	41:05.2	12:43/M
66	Jeff Snyder		1213	41	1045	39:27.2	40:36.0	12:44/M
67	David Brubaker		118	42	1046	39:28.1	41:07.1	12:44/M
68	Randy Zimmerman		1430	41	1063	39:50.0	41:48.3	12:51/M
69	Gary Myer		929	49	1150	41:39.7	43:12.8	13:26/M
70	Jeffery White		1360	42	1172	42:40.2	43:30.8	13:46/M
71	Ken Edwards		309	43	1239	44:27.9	45:37.0	14:20/M
72	Scott Funk		417	46	1242	44:41.8	45:21.9	14:25/M
73	Robert Book		87	49	1261	45:43.1	47:44.8	14:45/M
74	Ronald Daub		224	47	1270	46:50.4	49:14.7	15:06/M
75	John Trimble		1300	40	1316	50:25.1	50:25.1	16:16/M
76	Todd Miller		1484	43	1338	51:59.6	54:36.6	16:46/M
77	Fritz Werder		1522	42	6	53:41.3	53:41.3	17:19/M
78	Todd Steffy		1234	41	1378	56:47.0	59:23.4	18:19/M
79	Earl Benton	Ephrata	62	49	1382	57:28.3	57:28.3	18:32/M

Male 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Dwight Eichelberger		311	51	11	19:38.8	19:38.8	6:20/M
2	Scott Zerkowski		1428	50	92	23:45.0	23:45.0	7:40/M
3	Craig Griffith		488	54	122	24:44.2	24:44.2	7:59/M
4	Brian Karsnitz	York	649	51	199	26:06.8	27:06.2	8:25/M
5	Jim Knauss		685	56	211	26:13.6	26:13.6	8:27/M
6	Keith Myers		1508	51	222	26:24.7	26:49.5	8:31/M
7	Ron Kreider		709	55	243	26:50.6	26:50.6	8:39/M
8	Ted Gavala		442	50	261	27:08.9	27:08.9	8:45/M
9	Allen Dise		276	52	280	27:31.4	28:15.5	8:53/M
10	Walter Newcomer	Manheim	1481	57	331	28:26.5	28:26.5	9:10/M
11	Dale Clingenpeel		1480	50	455	29:57.7	29:57.7	9:40/M
12	Fred Hauck		529	59	477	30:16.0	30:47.2	9:46/M
13	Jay King		677	51	531	30:58.1	32:18.3	9:59/M
14	Nate Snyder		1210	51	564	31:23.9	31:38.6	10:07/M
15	Duane Sanders		1509	55	604	31:49.9	32:15.9	10:16/M
16	JOHN TROVATO	Manheim	1303	57	715	33:41.9	34:56.7	10:52/M
17	Brian Phillips		1007	50	907	36:51.3	38:56.9	11:53/M
18	Bob Hasty		526	56	1062	39:47.4	39:47.4	12:50/M
19	David Ark	Harrisburg	18	52	1096	40:18.6	42:45.8	13:00/M
20	Bob Long		1503	56	1100	40:20.4	40:27.6	13:01/M
21	David Dietz		266	57	1143	41:23.2	43:07.4	13:21/M
22	Tom Sposito		1220	50	1249	45:11.3	47:34.1	14:35/M
23	Edward Denlinger		247	56	1273	47:00.4	49:18.6	15:10/M
24	Gregory Luscher		783	55	1278	47:24.6	49:25.6	15:17/M
25	Jospeh Figueroa		371	59	1292	48:32.2	50:54.9	15:39/M

Male 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Bob Campbell		1517	61	158	25:26.7	25:26.7	8:12/M
2	Glenn Nolt		956	63	197	26:04.6	26:13.4	8:25/M
3	John Kegarise		665	63	290	27:42.4	27:42.4	8:56/M
4	Larry Yoder		1408	64	472	30:12.5	30:33.8	9:45/M
5	Mike Whalen		1500	65	580	31:34.7	32:27.7	10:11/M
6	Mike Gerhard		461	62	707	33:39.9	35:33.6	10:51/M
7	Jerri May		829	60	1254	45:24.4	46:18.8	14:39/M
8	John Young		1415	60	1286	48:22.3	50:46.5	15:36/M
9	Dennise Enck		323	60	1303	49:22.7	51:48.4	15:55/M

Race Date
June 01, 2013

Rock N Glow 2013
Age Group Results

5K

Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	* Gilbert Hartley		524	70	758	34:19.6	34:42.1	11:04/M
2	Lee Barshinger		43	72	986	38:24.9	39:44.0	12:23/M