

Lebanon VA 5K 2013

Age Group Results

Open 5K

Race Date
May 25, 2013

Female Open Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Jessica Lightner		322	32	13	21:43.7	21:49.9	7:02/M
2	Gredda Schreffler	New Cumberland	84	35	14	22:11.2	22:13.1	7:10/M
3	Hanna Froehlich		251	25	25	23:22.1	23:34.4	7:36/M

Male Open Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Daniel Neiswender		227	17	1	19:00.2	19:00.9	6:08/M
2	Steve J Koch		195	52	2	19:27.0	19:29.3	6:17/M
3	Anthony Dejesus		301	26	3	19:45.2	19:46.8	6:23/M

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Age Group Results

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Race Date
May 25, 2013

No Age Given

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Michael O'Ddea		331		156	32:30.4	32:37.2	10:31/M

Female Under 10

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Julia Cream		274	9	153	32:21.8	32:46.6	10:34/M
2	* Madelyn Lowe		46	7	177	33:55.0	34:06.9	11:00/M
3	* Elizabeth Lowe		45	7	181	34:09.6	34:21.8	11:05/M
4	* Isabella Korell		257	7	222	40:37.9	40:57.2	13:13/M
5	Natalie Laster		326	9	225	40:45.2	40:55.1	13:12/M
6	Carissa Scheirer		152	7	232	41:40.3	41:47.5	13:29/M
7	Kristen Donmoyer		210	9	257	1:02:22.8	1:02:22.8	20:07/M

Male Under 10

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Connor Durand		308	9	117	29:46.6	29:52.2	9:38/M
2	* Maxwell Stewart		96	9	118	29:47.0	29:56.2	9:39/M
3	* Jonathan Cowsette		59	9	151	32:18.1	32:33.5	10:30/M
4	* Nathan Henson		180	9	226	40:49.9	40:55.0	13:12/M
5	Brett Ulrich		20	9	231	41:37.5	42:02.7	13:34/M
6	Chase Ulrich		19	6	235	41:48.8	42:15.3	13:38/M
7	Ethan Henson		181	7	253	54:50.8	55:08.4	17:47/M

Female 10 to 14

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Bridget Bozman		218	11	121	29:49.4	30:14.8	9:45/M
2	* Grace Guenther		286	10	163	32:57.3	33:10.8	10:42/M
3	* Hannah Malmer		276	13	169	33:15.6	33:45.4	10:53/M
4	* Danielle Nelson		173	14	176	33:51.3	34:01.9	10:58/M
5	Sarah Wikel		207	12	186	34:28.1	34:43.1	11:12/M
6	Rachel Wikel		208	14	187	34:28.4	34:43.1	11:12/M
7	Hannah Williams		340	14	193	34:50.0	35:14.0	11:22/M
8	Felicia Getz		300	12	221	40:34.2	40:54.0	13:12/M
9	Camille Cowsette		57	13	229	41:02.0	41:15.9	13:18/M
10	Livi Jeffries		192	12	238	42:46.1	43:11.5	13:56/M
11	Lexi Jeffries		191	14	241	43:26.2	43:52.9	14:09/M
12	Kayla Henson		179	13	252	53:52.3	54:03.3	17:26/M

Male 10 to 14

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Derin Klick		263	13	11	21:08.2	21:10.4	6:50/M
2	* Matthew O'Connor		67	14	24	23:11.6	23:16.8	7:30/M
3	* Michael O'Connor	Mechanicsburg	68	14	37	24:53.0	24:58.7	8:03/M
4	* Luke Foster		77	13	72	27:16.8	27:19.2	8:49/M
5	Lucas Winslow		302	11	77	27:32.6	27:33.5	8:53/M
6	Luke Williams		338	10	111	29:26.4	29:51.8	9:38/M
7	Erik Williams		337	12	120	29:49.0	30:14.7	9:45/M
8	Ryan Woelfling		313	13	122	29:56.0	30:08.2	9:43/M
9	Ben Stewart		95	13	135	31:22.4	31:33.0	10:11/M
10	Jonas Cream		275	11	138	31:26.8	31:51.6	10:16/M
11	Ian Scheirer		153	10	150	32:11.6	32:12.4	10:23/M
12	Austin Durand		341	12	210	38:22.8	38:37.2	12:27/M
13	Nelson Joseph		174	12	211	38:23.6	38:37.7	12:27/M

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Female 15 to 19

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Molly Foster		76	16	36	24:48.9	24:51.3	8:01/M	
2	* Bailey Robertson		246	15	41	25:42.4	25:46.0	8:19/M	
3	* Chandelle Keller		312	15	78	27:40.6	27:58.4	9:01/M	
4	* Cacia Cowsette		58	15	110	29:24.3	29:37.2	9:33/M	
5	Erika Stamm		247	19	119	29:47.1	29:54.5	9:39/M	
6	Morgan Wolye-Ritts		311	18	132	30:51.9	31:00.7	10:00/M	
7	Lindsey E Boyer		132	19	143	31:55.2	32:15.0	10:24/M	
8	Paige Stewart		94	15	188	34:28.6	34:51.8	11:15/M	
9	Kiersten Doster		166	19	201	36:00.4	36:17.8	11:42/M	
10	Adrienne N Yoder		80	18	251	52:54.5	53:18.3	17:12/M	
11	Samantha Henson		178	15	254	54:51.2	55:01.2	17:45/M	

Male 15 to 19

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Tyler McFeaters		240	16	4	20:08.9	20:13.0	6:31/M	
2	* Linus Morales		107	16	10	21:08.1	21:10.4	6:50/M	
3	* Ethan Jacobsen		187	17	43	25:45.3	25:48.4	8:19/M	

Female 20 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Keely Schlegel		163	22	45	25:48.3	26:04.6	8:25/M	
2	* Kelly Newswanger		112	29	52	26:18.2	26:30.1	8:33/M	
3	* Katie Keeney		88	24	59	26:39.0	26:56.3	8:41/M	
4	* Audrea M Ulrich		119	27	61	26:45.3	26:45.3	8:38/M	
5	* Laura Fitzpatrick		223	28	67	26:58.6	27:11.4	8:46/M	
6	Casey Krause		258	24	80	27:49.8	27:59.8	9:02/M	
7	Danielle Keel		298	24	89	28:05.9	28:16.6	9:07/M	
8	Amy Jo Lescisko		85	28	97	28:36.0	28:50.1	9:18/M	
9	Stacy Garber		199	28	103	29:11.0	29:26.9	9:30/M	
10	Natalie Groff		198	28	104	29:11.1	29:26.8	9:30/M	
11	Stephanie Lehman		184	26	105	29:13.1	29:17.9	9:27/M	
12	Tanya Shirey		252	27	106	29:18.1	29:31.6	9:31/M	
13	Jana Stachowicz		128	29	107	29:18.2	29:34.8	9:32/M	
14	Alyssa Defazio		137	25	113	29:30.7	29:44.4	9:35/M	
15	Alisha Martin		148	26	142	31:43.9	31:47.5	10:15/M	
16	Megan Snyder		130	22	152	32:18.6	32:39.3	10:32/M	
17	Rebecca L Kremer		175	22	160	32:46.0	32:52.2	10:36/M	
18	Jennifer Roof		101	27	161	32:47.7	32:58.2	10:38/M	
19	Sarah Reed		292	22	162	32:54.0	33:13.8	10:43/M	
20	Aimee Klopp		232	29	171	33:21.0	33:26.5	10:47/M	
21	Kelly Spandra		116	22	180	34:08.6	34:15.0	11:03/M	
22	Meghan Sierocinski	Lancaster	34	24	182	34:10.4	34:30.6	11:08/M	
23	Courtney Weninger		56	21	190	34:33.0	34:46.0	11:13/M	
24	Elizabeth Shulby		51	27	191	34:42.9	35:01.7	11:18/M	
25	Kristin Hamer		113	21	200	35:59.8	36:18.4	11:43/M	
26	Tara Stamm		250	21	250	49:44.1	50:15.0	16:13/M	
27	Mary-Catheri Jacobsen		186	20	255	55:06.9	55:29.8	17:54/M	

Male 20 to 29

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Bill McShane		235	26	5	20:09.4	20:10.9	6:30/M	
2	* Patrick McShane		188	23	6	20:12.4	20:14.6	6:32/M	
3	* Ryan Foster		75	20	7	20:15.8	20:16.3	6:32/M	
4	* Andrew Lehig		28	25	2	21:17.8	21:19.1	6:53/M	
5	* Direlle Stauffer		217	21	31	23:55.6	24:02.9	7:45/M	
6	Keith Rolon		283	27	40	25:31.7	25:34.2	8:15/M	
7	Travis Doster		89	23	55	26:25.8	26:42.5	8:37/M	
8	Peter Keller		214	20	65	26:56.1	27:12.9	8:46/M	
9	Nate Petley		243	23	76	27:28.5	27:42.2	8:56/M	
10	Caden Strause		161	20	82	27:52.5	28:10.0	9:05/M	
11	Tyler Spears		248	21	94	28:20.6	28:52.4	9:19/M	

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Race Date
May 25, 2013

Male 20 to 29

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
12	Lou Magnotta		129	28	108	29:18.5	29:35.1	9:33/M
13	William Echenroth		332	23	131	30:49.5	30:56.3	9:59/M
14	Jacob Light		131	21	144	31:55.4	32:15.3	10:24/M
15	Andrew Koman		97	22	179	34:08.2	34:14.5	11:03/M
16	Brent Stoltzfus		114	23	198	35:38.1	35:56.2	11:35/M
17	Andrew Hess		344	23	212	38:49.6	39:16.6	12:40/M
18	Cody Fenstermacher		29	28	26	40:14.5	40:33.0	13:05/M
19	Patrick Moyer		249	20	237	42:32.0	43:03.0	13:53/M

Female 30 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Michele Margut		25	38	35	24:45.0	24:50.4	8:01/M
2	* Heather Ulrich		321	38	62	26:46.0	26:53.5	8:40/M
3	* Shelby Margut		245	35	68	27:01.0	27:07.6	8:45/M
4	* Janelle Gechter		270	35	69	27:07.0	27:19.2	8:49/M
5	* Lynn Rohal		197	35	81	27:51.7	28:15.4	9:07/M
6	Jennifer O'Neill		134	33	87	27:57.9	28:06.5	9:04/M
7	Vanessa Henson		177	36	93	28:19.3	28:28.6	9:11/M
8	Carie Reigel		81	34	98	28:40.5	28:54.2	9:19/M
9	Sheree Blomeier		203	37	99	28:42.4	28:55.1	9:20/M
10	Toni Mehaffey		72	38	133	30:52.3	31:02.5	10:01/M
11	Lisa Steiner		145	38	139	31:30.8	31:41.1	10:13/M
12	Jennifer Lovell		273	39	140	31:35.4	31:43.4	10:14/M
13	Julia Smeltzer		324	33	165	33:01.0	33:28.2	10:48/M
14	Petra Laster		170	36	166	33:05.0	33:15.0	10:44/M
15	Margeau Cream		277	31	170	33:15.8	33:45.5	10:53/M
16	Ashli Shay		329	30	172	33:36.4	33:58.4	10:57/M
17	Michelle Kercher		327	35	175	33:50.7	33:57.9	10:57/M
18	Rosene Lehman		98	34	178	34:01.2	34:20.3	11:05/M
19	Wendy Wolfe		212	39	184	34:25.9	34:46.1	11:13/M
20	Jen Bashore		100	37	185	34:27.3	34:42.9	11:12/M
21	Sarah Harchuska		201	33	194	34:57.6	35:18.1	11:23/M
22	Kim Weddle		82	34	196	35:21.4	35:38.3	11:30/M
23	Jodi Hunt		133	33	197	35:28.1	35:48.1	11:33/M
24	Kristy Schucker		24	38	199	35:39.1	35:54.8	11:35/M
25	Crystal Gaffney	Hummelstown	39	31	203	36:14.2	36:47.3	11:52/M
26	Audra Cowsette		60	37	208	37:41.3	37:55.7	12:14/M
27	Bonnie J Henry		213	34	21	37:45.4	38:09.9	12:18/M
28	Harmonie Dohner		271	31	22	37:46.0	38:10.4	12:19/M
29	Harmony Donmoyer		211	33	23	39:18.6	39:38.1	12:47/M
30	Theresa Bozman		219	36	215	39:26.2	39:52.8	12:52/M
31	Ruth Ulrich		18	33	234	41:48.1	42:16.0	13:38/M

Male 30 to 39

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jarrod Zeliniske		164	33	8	20:38.7	20:40.1	6:40/M
2	* Ryan Pugliese		293	32	18	22:31.5	22:32.3	7:16/M
3	* Jesse M Ulrich		17	33	19	22:33.5	22:36.8	7:17/M
4	* Ricardo Rodriguez		237	36	21	22:50.9	22:53.5	7:23/M
5	* Adam E Reed		139	33	26	23:28.3	23:30.9	7:35/M
6	Jeff Boehler		342	33	50	26:04.9	26:07.6	8:25/M
7	Anthony Rolol		333	37	56	26:27.4	26:30.9	8:33/M
8	Nick Batdorf		330	31	57	26:27.4	26:50.9	8:39/M
9	Kristopher Harchuska		202	35	83	27:52.9	28:12.1	9:06/M
10	Ed McGrath		306	37	91	28:11.6	28:34.0	9:13/M
11	Justin Remsnyder		272	35	6	29:00.6	29:09.7	9:24/M
12	Jeff Zeliniske		242	31	116	29:41.1	29:43.3	9:35/M
13	Stacey Rolon		334	34	123	29:56.2	30:14.8	9:45/M
14	Ryan Ulrich		320	39	147	32:02.1	32:09.7	10:22/M
15	Dave Drahovsky		325	35	189	34:31.1	34:45.0	11:13/M
16	Chris Henson		176	32	17	34:52.3	35:26.4	11:26/M
17	Jon Gaffney	Hummelstown	40	31	202	36:13.7	36:47.0	11:52/M
18	Anthony Cowsette		55	38	228	41:01.5	41:16.3	13:19/M

Lebanon VA 5K 2013

Age Group Results

Open 5K

Race Date
May 25, 2013

Female 40 to 49

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Mannehe Kaczmarek		262	40	42	25:44.6	25:48.9	8:19/M
2	* Susan Bailey		157	43	53	26:18.6	26:27.2	8:32/M
3	* Greta Young		42	45	58	26:28.1	26:37.6	8:35/M
4	* Kristen Nelson	Myerstown	255	40	60	26:40.2	26:49.5	8:39/M
5	* Lori Breisch	Lebanon	156	48	64	26:53.9	26:59.2	8:42/M
6	Colleen Toal		269	47	79	27:46.9	27:58.7	9:01/M
7	Jennifer Rhoads		296	41	86	27:56.7	28:04.2	9:03/M
8	Kim Webber	Lebanon	144	43	96	28:34.0	28:43.7	9:16/M
9	Betsy Dorsey		295	45	109	29:24.0	29:41.6	9:35/M
10	Gretchen Neiswender		226	42	112	29:29.2	30:01.2	9:41/M
11	Deb Schneiner		280	49	125	30:05.3	30:15.4	9:45/M
12	Brenda Balmer		289	44	134	30:54.9	31:09.7	10:03/M
13	Kathleen Lancaster-Lerch		287	40	145	31:57.3	32:21.2	10:26/M
14	Sharon Keller		216	46	148	32:05.7	32:34.1	10:30/M
15	Lisa Wolfe-Ritts		23	41	149	32:06.3	32:15.0	10:24/M
16	Andrea Durand		310	42	155	32:26.1	32:53.5	10:36/M
17	Leslie Doeing		124	49	157	32:34.9	32:46.5	10:34/M
18	Beth Readler		285	40	164	32:59.4	33:12.0	10:43/M
19	Elizabeth Strause		160	43	9	35:20.8	35:43.0	11:31/M
20	Lynne Lowe		44	45	19	35:39.1	35:51.9	11:34/M
21	Stacey Morales		106	44	206	37:05.3	37:18.4	12:02/M
22	Lisa Ayers		294	42	207	37:11.2	37:25.9	12:04/M
23	Catherine Ma Smith		31	45	214	39:03.1	39:15.2	12:40/M
24	Christine Williams		339	46	216	39:26.3	39:52.9	12:52/M
25	Wendy Hollen		281	43	219	40:21.8	40:49.4	13:10/M
26	Tammy Gingrich		87	43	220	40:25.0	40:46.2	13:09/M
27	Gwen Scheirer		256	41	224	40:42.2	40:50.7	13:10/M
28	Lynda Hasper		260	46	27	40:46.7	41:13.2	13:18/M
29	Tracey Hornberger		41	49	239	43:00.8	43:07.9	13:55/M
30	Kristin Jeffries		190	43	240	43:13.8	43:41.0	14:05/M
31	Jennifer Deprospo		120	43	242	43:56.8	44:17.4	14:17/M

Male 40 to 49

								-----Total-----
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Greg Underkoffler		234	43	9	21:00.9	21:01.8	6:47/M
2	* David Hedge		335	41	15	22:13.4	22:19.3	7:12/M
3	* Travis Hess		169	40	17	22:22.9	22:27.3	7:15/M
4	* Michael Snyder		241	49	3	22:39.6	22:45.7	7:20/M
5	* Jarrod Kulp		123	46	20	22:40.0	22:43.3	7:20/M
6	Jack Bretz	Lebanon	194	48	22	23:07.9	23:16.4	7:30/M
7	Alfredo Rivera	Lebanon	48	47	23	23:11.6	23:17.9	7:31/M
8	Michael Landis	Lebanon	61	42	27	23:36.7	23:42.9	7:39/M
9	Kevin Doeing		125	49	28	23:42.4	23:45.2	7:40/M
10	David Mull	Palmyra	102	42	30	23:50.1	24:06.5	7:46/M
11	Steven Neiswender	Lebanon	225	43	32	24:16.3	24:23.1	7:52/M
12	David Mann	Lebanon	236	49	33	24:20.9	24:28.4	7:54/M
13	Jeff Winslow		303	49	38	24:54.8	24:56.6	8:03/M
14	Bradley Hess		238	40	39	25:05.3	25:09.1	8:07/M
15	Dave Oswald		254	40	4	25:37.1	25:46.9	8:19/M
16	Bob Klingseisen	Lancaster	32	49	3	25:46.4	25:50.3	8:20/M
17	Scott L McFeaters		239	45	44	25:47.4	25:55.1	8:22/M
18	Brian Frey	Lancaster	63	42	2	25:54.1	26:03.3	8:24/M
19	Dustin Strickler		264	43	48	25:58.5	26:01.6	8:24/M
20	Lee Lebbon	Lebanon	136	45	49	26:00.3	26:10.7	8:26/M
21	Richard Jeffries		189	40	51	26:06.3	26:26.2	8:32/M
22	Anthony Burns		150	42	54	26:21.6	26:25.2	8:31/M
23	Gidraf Nginye		336	41	70	27:09.8	27:21.8	8:49/M
24	Dean Bozman		220	40	73	27:20.7	27:43.9	8:56/M
25	Clinton Fern		162	47	74	27:22.5	27:51.1	8:59/M
26	Daniel Zavadak		115	49	92	28:13.7	28:18.3	9:08/M
27	Robert Breisch	Lebanon	155	43	95	28:32.4	28:36.8	9:14/M
28	Todd Snook		30	48	101	29:01.1	29:11.6	9:25/M
29	Brian Hudock		233	44	114	29:32.1	29:53.0	9:38/M
30	Bill Eisenhour		266	40	126	30:08.4	30:11.5	9:44/M
31	Gregory Stark		279	45	7	30:12.4	30:23.5	9:48/M
32	Chad Rhoads		297	41	11	30:28.2	30:35.4	9:52/M
33	Harlan J Doster Jr		167	49	4	30:45.2	31:14.6	10:05/M
34	Carlos Cream		278	45	136	31:23.6	31:53.1	10:17/M
35	Marshall Deasy		288	44	8	31:57.4	32:21.8	10:26/M
36	Dale Getz		299	49	9	32:10.6	32:30.2	10:29/M
37	Gilber Durand		309	45	12	32:47.4	32:53.2	10:36/M

Lebanon VA 5K 2013

Age Group Results

Open 5K

Race Date
May 25, 2013

Male 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
38	Richard Gingrich		86	43	5	32:56.9	33:18.6	10:45/M
39	Jay E Martin		109	48	183	34:18.1	34:47.1	11:13/M
40	Glenn Wikel		206	41	223	40:38.8	40:53.8	13:11/M
41	David Scheirer		151	49	233	41:47.7	41:47.7	13:29/M
42	Eric Jacobsen		185	48	10	55:07.4	55:29.8	17:54/M

Female 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Carol Varano	Harrisburg	15	54	71	27:10.9	27:20.6	8:49/M
2	* Debra K Smith		6	55	102	29:04.6	29:17.9	9:27/M
3	* Nancy Levasseur		126	57	137	31:26.0	31:34.5	10:11/M
4	* Barbara Sierocinski		33	53	154	32:23.0	32:45.0	10:34/M
5	* Kathy Hummer		146	58	158	32:41.6	32:45.2	10:34/M
6	Linda Bare		316	51	159	32:43.2	32:47.6	10:35/M
7	Cindy Heck		122	51	173	33:37.1	33:42.4	10:52/M
8	Lori Koch		196	50	174	33:45.0	33:58.1	10:57/M
9	Peg Long		110	56	205	36:56.6	37:19.8	12:02/M
10	Linda Swanger		159	59	236	42:23.9	42:40.3	13:46/M
11	Donna Cikovic	Myerstown	229	52	244	44:07.5	44:28.5	14:21/M
12	Nancy Mellinger		305	57	245	44:07.6	44:29.2	14:21/M
13	Cyndi Campbell-Samu		182	58	246	44:08.4	44:26.4	14:20/M

Male 50 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Dave Mowery		204	50	12	21:20.3	21:22.8	6:54/M
2	* Scott Ott		193	51	16	22:22.3	22:24.1	7:14/M
3	* Michael Oconnor		66	56	2	23:36.4	23:36.4	7:37/M
4	* Gary Varano		16	59	29	23:46.4	23:48.7	7:41/M
5	* John Homan		304	51	34	24:40.2	24:41.5	7:58/M
6	Dan Morra	Middletown	7	56	47	25:57.9	26:05.7	8:25/M
7	Keith Templin	Lebanon	183	57	63	26:46.2	26:55.3	8:41/M
8	Bill Jenkins		140	52	4	26:53.4	26:57.3	8:42/M
9	James D Bray		4	59	66	26:57.9	27:03.7	8:44/M
10	Rick Schlarb		261	52	3	27:12.5	27:18.1	8:48/M
11	Michael Rusll		318	59	75	27:24.9	27:32.8	8:53/M
12	Johan Berger		138	50	88	27:59.4	28:23.6	9:09/M
13	Patrick Kercher		35	57	90	28:10.5	28:15.7	9:07/M
14	Joseph Morales		108	50	7	28:18.4	28:30.9	9:12/M
15	Glenn E Ulrich		11	56	5	28:27.2	28:45.1	9:16/M
16	Mark Wakefield	Palmyra	49	51	129	30:30.0	30:44.7	9:55/M
17	Michael A Walsh		37	59	130	30:42.7	30:55.8	9:58/M
18	John Robinson		224	54	141	31:42.0	31:55.8	10:18/M
19	Joel Keller		215	50	146	32:00.6	32:31.1	10:29/M
20	Ruben Perez		149	57	167	33:10.2	33:14.4	10:43/M
21	Rick Showers	Lebanon	2	59	168	33:11.1	33:28.0	10:48/M
22	Bob Stewart		93	50	192	34:48.0	35:12.5	11:21/M
23	Frank Wallace		328	55	204	36:28.1	36:56.7	11:55/M
24	Mickey Hess		343	54	213	38:55.1	39:23.3	12:42/M
25	John Batdorf		135	58	25	40:01.2	40:33.6	13:05/M
26	Bob Long	Myerstown	5	56	227	41:01.4	41:18.9	13:19/M
27	Dale Hilbolt		105	56	248	48:44.0	49:09.1	15:51/M
28	Dale A Yoder		79	51	29	52:53.6	53:18.6	17:12/M

Female 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Athanasia Johnson		222	61	127	30:10.9	30:18.4	9:46/M
2	* Ann Duvang		317	63	128	30:17.5	30:24.1	9:48/M
3	* Pam Umble		267	61	195	35:16.3	35:33.5	11:28/M
4	* Terry Ernst		142	64	217	39:33.8	40:00.3	12:54/M
5	* Bert Heisey		117	60	243	43:57.6	44:18.5	14:17/M
6	Karen Savage		268	60	247	45:46.4	46:04.6	14:52/M

Lebanon VA 5K 2013

Age Group Results

Open 5K

Race Date
May 25, 2013

Female 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
7	Joanne Emig		259	61	256	58:24.7	58:53.6	19:00/M

Male 60 to 69

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Edward R Lecates		158	68	2	25:12.1	25:14.3	8:08/M
2	* Kenneth Horst		165	61	46	25:51.2	25:59.4	8:23/M
3	* Robert E Madeira		10	66	4	27:34.2	27:46.3	8:57/M
4	* Richard Troutman	Manheim	104	65	5	27:35.6	27:59.4	9:02/M
5	* Glenn Nolt		62	63	84	27:53.0	28:15.3	9:07/M
6	John Levasseur		127	64	85	27:54.9	28:03.1	9:03/M
7	Jack Modesto		307	65	6	28:11.0	28:34.1	9:13/M
8	James Dohner		284	63	8	29:04.9	29:04.9	9:23/M
9	Greg Gaffney	Hummelstown	47	66	7	29:24.4	29:51.3	9:38/M
10	Raymond S Lambert		52	64	115	29:34.2	29:51.1	9:38/M
11	John Arnold	Lebanon	168	63	9	29:36.7	29:47.4	9:36/M
12	David Moodhart		323	60	10	29:53.2	29:58.0	9:40/M
13	David Clark		291	60	124	29:57.9	30:03.5	9:42/M
14	Brad Westhafer		314	61	8	32:24.7	32:40.8	10:32/M
15	Tony Cikovic		230	64	14	32:57.2	33:16.9	10:44/M
16	Donald E Beatty		9	65	15	33:00.9	33:20.3	10:45/M
17	Frederick J Rowe		228	67	16	33:49.5	34:00.7	10:58/M
18	Jack Schlegel		53	65	20	37:08.4	37:24.1	12:04/M
19	Gregory Lang		319	64	13	40:41.7	40:52.1	13:11/M
20	N. Clair Clawser		141	67	230	41:32.8	41:48.4	13:29/M

Female 70 to 79

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kum Ye Tarapchak	Grantville	13	79	209	38:18.2	38:23.0	12:23/M
2	* Carol Lebo	Myerstown	121	70	218	39:43.9	39:58.6	12:54/M
3	* Carolyn Wakefield		209	70	249	48:44.7	49:10.0	15:52/M

Male 70 to 79

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jack Whitcomb	Williamstown	92	76	5	27:47.1	27:50.3	8:59/M
2	* Fred Richter		253	70	100	28:47.6	28:53.5	9:19/M
3	* Terry J Derk		143	71	6	28:59.9	29:03.9	9:22/M
4	* Gregory Sr Kerek		78	74	13	32:50.8	32:55.7	10:37/M
5	Joe Klein		65	74	10	33:28.1	33:44.3	10:53/M
6	Patrick Murray		73	70	11	33:50.8	34:12.2	11:02/M
7	David L Ori		14	70	24	39:40.9	40:08.3	12:57/M
8	Richard McCullough	Lititz	99	79	28	41:28.6	41:44.1	13:28/M

Male 80 to 89

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Bob Horst	Lancaster	83	82	12	35:24.4	35:30.5	11:27/M
2	* Lee P McMIndes		12	81	6	36:55.8	37:01.6	11:56/M
3	* Dizk Green		315	82	14	47:16.5	47:37.8	15:22/M

Lebanon VA 5K 2013

Age Group Results

Army

Race Date
May 25, 2013

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Mary Alice Wagner		265	53	18	35:31.8	35:49.8	11:33/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Christopher Dundore		103	33	1	23:36.8	23:40.7	7:38/M

Lebanon VA 5K 2013

Age Group Results

Navy

Race Date
May 25, 2013

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Michael E Smith		118	54	1	20:35.6	20:37.3	6:39/M

Lebanon VA 5K 2013

Age Group Results

Marines

Race Date
May 25, 2013

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Chuck Brooking		38	49	1	21:38.5	21:40.1	6:59/M

Lebanon VA 5K 2013

Age Group Results

Air Force

Race Date
May 25, 2013

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Jessica Freiwald		91	34	3	25:49.2	25:52.8	8:21/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Andrew Lowe		43	41	1	21:55.3	21:56.3	7:05/M

Lebanon VA 5K 2013

Age Group Results

Coast Guard

Race Date
May 25, 2013

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Jim Wright	Lebanon	3	54	1	31:25.7	31:37.6	10:12/M