

3rd Annual Alzheimers Awareness 5K

Age Group Results

5K Race

Race Date
April 20, 2013

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Amanda Kane		78	26	4	21:19.2	21:20.7	6:53/M

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5K Race

Female 0 and under

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jen Fry		118	0	40	28:02.1	28:24.2	9:10/M
2	* Traci Schaeffer		119	0	96	42:46.2	43:08.9	13:55/M

Female 15 to 19

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kate Risser	Annville	67	16	33	27:10.9	27:19.0	8:49/M
2	* Maria Kelly		112	17	46	28:44.5	28:51.4	9:18/M

Female 20 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kristin Shoop		135	22	8	22:34.9	22:38.2	7:18/M
2	* Rachel Flynn		17	23	24	25:03.7	25:09.1	8:07/M
3	* Andrea Lumbatis		44	29	28	26:09.9	26:15.6	8:28/M
4	Ashley Kane		79	29	29	26:23.7	26:25.8	8:31/M
5	Olivia Snyder		18	22	32	26:43.1	26:47.3	8:38/M
6	Dawn Shutt	palmyra	109	25	56	31:12.3	31:16.3	10:05/M
7	Carlene Bryson		61	25	59	31:29.0	31:46.8	10:15/M
8	Holly Bobasky		128	24	70	33:31.1	33:42.5	10:52/M
9	Krystal Bryson		59	27	72	33:41.8	33:59.1	10:58/M
10	Chelsea Larson		106	28	73	34:01.5	34:17.7	11:04/M
11	Katie Griffin		5	24	76	35:12.4	35:18.4	11:23/M
12	Erika Peavy		32	22	78	35:16.0	35:19.7	11:24/M
13	Rebeka Progin		72	23	85	37:12.5	37:16.0	12:01/M
14	Meghan Frazier		48	28	92	39:37.5	39:58.9	12:54/M
15	Stephanie Loveall		147	21	113	51:28.3	51:28.3	16:36/M
16	Shauna Edwards		62	22	117	52:27.0	52:36.0	16:58/M
17	Renee Walker		104	27	120	52:57.0	53:18.1	17:12/M
18	Carla Bryson		60	29	122	53:40.6	53:59.9	17:25/M
19	Robyn Kantola		1	25	123	55:04.4	55:20.9	17:51/M

Female 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Audrey Caleca		144	37	20	24:33.5	24:39.2	7:57/M
2	* Catherine Koons		83	36	27	25:26.1	25:35.0	8:15/M
3	* Angela Krall		12	35	34	27:18.5	27:21.6	8:49/M
4	Alyssa Crum	Palmyra	54	33	42	28:32.9	28:36.9	9:14/M
5	Tiffany Kiscadden	Palmyra	27	31	43	28:36.4	28:39.3	9:15/M
6	Samantha Paschal	Lititz	68	34	48	28:47.3	28:59.8	9:21/M
7	Heidi Stauffer		90	35	62	31:42.1	32:03.1	10:20/M
8	Kathi Shambaugh	Shermans dale	103	36	63	32:35.0	32:40.0	10:32/M
9	Kim Weddle		22	34	69	33:27.9	33:36.4	10:50/M
10	Stephanie Frazier	Stephens City	47	34	79	35:01.7	35:22.1	11:25/M
11	Beth Boger		65	37	98	43:48.6	43:58.5	14:11/M
12	Michelle Trostle		50	38	103	45:30.6	45:52.7	14:48/M
13	Heather Strausser		56	36	105	48:59.6	49:04.7	15:50/M
14	Dorothy Ague	Lebanon	16	36	110	49:32.0	49:32.0	15:59/M

Female 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Rebecca Nauman		29	47	30	26:31.9	26:37.4	8:35/M
2	* Jennifer Stillier	Harrisburg	40	40	31	26:36.6	26:45.2	8:38/M
3	* Tracy Krushinsk		143	43	37	27:58.0	28:03.8	9:03/M
4	Jaunine Fouche	Mt. Gretna	14	44	44	28:44.9	28:47.6	9:17/M
5	Amy Zewe		150	40	52	29:35.1	29:45.3	9:36/M
6	April Clark	Palmyra	21	45	57	31:12.1	31:23.4	10:07/M
7	Kitty Mingus		76	43	58	31:20.8	31:27.2	10:09/M

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Female 40 to 49

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
8	Judy Fellinger		81	46	68	33:19.5	33:25.7	10:47/M	
9	Sue Fies	Palmyra	127	47	71	33:32.8	33:44.0	10:53/M	
10	Jennifer Reilly	Harrisburg	11	40	74	34:26.3	34:39.4	11:11/M	
11	Cheryl Heverling	Palmyra	52	48	83	35:43.6	36:06.5	11:39/M	
12	Colleen Knutsen	Palmyra	33	48	88	38:16.7	38:40.2	12:28/M	
13	Stacy Sachais	Ringwood	57	43	90	39:33.8	39:44.4	12:49/M	
14	Cori Swidorsky		58	43	91	39:34.1	39:44.9	12:49/M	
15	Elaine Marx	Palmyra	53	47	99	44:12.4	44:31.6	14:22/M	
16	Traci Risser	Annvilke	66	48	100	44:12.7	44:32.0	14:22/M	
17	Donna Daub	Stevens	36	46	107	48:42.1	49:09.7	15:51/M	
18	Cherie Edwards	Lebanon	64	47	116	52:27.0	52:35.9	16:58/M	
19	Barb Richway		129	40	121	52:57.2	53:18.3	17:12/M	

Female 50 to 59

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Kris Cassidy		145	55	38	28:05.3	28:12.9	9:06/M	
2 *	Tina Lumbatis		20	54	45	28:42.5	28:47.7	9:17/M	
3 *	Lauren Dungan-Shope		136	54	49	29:18.3	29:24.7	9:29/M	
4	Debbie Zullo		63	57	50	29:33.9	29:41.1	9:35/M	
5	Kelly Mense	Palmyra	3	51	53	30:50.9	30:58.0	9:59/M	
6	Deb Kreiser		13	54	64	32:53.5	32:57.2	10:38/M	
7	Susan Hein		31	56	75	34:51.3	35:08.5	11:20/M	
8	Karen Peavy		24	50	77	35:15.9	35:19.5	11:24/M	
9	Susan Alger		43	56	81	35:55.2	36:01.8	11:37/M	
10	Deb Kauffman	Lebanon	45	53	82	35:40.6	36:03.6	11:38/M	
11	Cindy Skinner	Palmyra	2	55	94	40:23.0	40:32.8	13:05/M	
12	Donna Zvorsky	Elizabethtown	37	59	106	48:42.2	49:09.7	15:51/M	
13	Renee Shuey		55	57	108	49:05.8	49:11.1	15:52/M	
14	Deborah Walmer		110	53	109	49:15.2	49:24.8	15:56/M	
15	Belinda Bryson		74	55	112	50:20.5	50:37.8	16:20/M	
16	Donna OBlock		30	58	115	51:30.4	51:46.4	16:42/M	
17	Cindy Risser		99	52	127	55:43.1	56:15.0	18:09/M	

Female 60 and over

								-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1 *	Jackie Parker		113	61	65	32:52.0	32:59.6	10:38/M	
2 *	Joey Shambaugh	Shermans Dale	4	60	66	32:55.2	33:00.3	10:39/M	
3 *	Arlene Mikesell		15	65	118	52:27.4	52:36.4	16:58/M	

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Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Taylor McGarrity		115	17	1	19:22.5	19:24.0	6:15/M

3rd Annual Alzheimers Awareness 5K

Age Group Results

5K Race

Race Date
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Male 1 to 14

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Anthony Frattarole	Annville	34	14	3	20:29.4	20:37.4	6:39/M
2	* Jordan Seyfert		141	14	9	22:48.8	22:57.3	7:24/M
3	* Nick Morder		94	11	39	28:12.9	28:16.2	9:07/M
4	Ethan Boger		125	10	97	43:48.8	43:58.4	14:11/M

Male 15 to 19

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kevin Cole	Palmyra	146	15	2	19:34.1	19:35.3	6:19/M
2	* Tramaul Ford		126	18	12	22:54.5	23:12.2	7:29/M
3	* Evan Megoulas	Palmyra	9	15	25	25:21.0	25:22.6	8:11/M
4	Michael Stine		154	18	102	44:58.8	45:09.1	14:34/M

Male 20 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Paul Deysher		19	24	7	22:29.6	22:33.9	7:16/M
2	* Brooks Tomazin		134	24	11	23:00.5	23:02.4	7:26/M
3	* Glenn Weaver, Jr.		133	29	15	22:59.7	23:22.9	7:32/M
4	Mark Stone		131	27	16	23:12.3	23:29.0	7:35/M
5	Jonathan Bryson		152	23	18	23:54.3	24:11.9	7:48/M
6	Michell Richway		130	20	19	24:23.4	24:37.1	7:56/M
7	Brent Walker		84	26	22	24:42.1	24:54.0	8:02/M
8	Zach Yeager		149	25	26	25:19.0	25:23.5	8:11/M
9	Phillip Barnett		105	23	47	28:46.6	28:51.7	9:18/M
10	James Bryson		111	25	80	35:30.7	35:47.6	11:33/M
11	Michael Joppy		77	22	86	37:12.5	37:16.0	12:01/M
12	Richard Bivens		148	24	114	51:28.4	51:28.4	16:36/M
13	Kaine Richway		132	22	119	52:44.6	53:05.6	17:07/M
14	Mark Risser		87	29	125	55:36.9	56:09.2	18:07/M
15	Jay Risser Jr.		102	25	126	55:37.3	56:09.7	18:07/M

Male 30 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Joel Valvo	Palmyra	28	35	13	23:10.1	23:12.4	7:29/M
2	* Joshua Hoffman		108	30	14	23:04.0	23:15.1	7:30/M
3	* Randy Kleabir		120	30	17	23:23.4	23:29.5	7:35/M
4	Brian Stauffer		89	36	93	39:41.7	40:03.0	12:55/M
5	Michael Trostle		49	35	104	45:30.6	45:52.9	14:48/M

Male 40 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jarrod Kulp		25	46	5	21:32.8	21:34.6	6:57/M
2	* Paul Fellingner		82	44	6	22:06.4	22:09.9	7:09/M
3	* Jonathan Richway		80	41	10	22:49.5	23:00.8	7:25/M
4	Kerry Bart		142	40	21	24:43.6	24:46.4	7:59/M
5	Henry Andersen		107	45	23	24:54.7	25:02.9	8:05/M
6	Bob Kulp		140	49	36	27:38.0	27:42.6	8:56/M
7	Jeff Cochran		41	42	41	28:14.0	28:26.0	9:10/M
8	Keith Morder		91	40	55	31:12.4	31:15.7	10:05/M
9	Rafel Tappouni		124	42	60	31:31.0	31:47.8	10:15/M
10	Louis Rossi, Jr.		138	42	84	36:16.9	36:39.0	11:49/M
11	Beth Rossi		137	44	87	37:35.1	37:57.1	12:15/M
12	Travis Haak		153	40	101	44:58.4	45:08.8	14:34/M

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Male 50 to 59

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Christ Megoulas	Palmyra	8	55	35	27:33.6	27:35.7	8:54/M
2	* Dave Fridey		151	52	51	29:34.0	29:44.6	9:35/M
3	* Abram Bryson		116	56	89	38:56.0	39:20.8	12:41/M
4	Carl Bryson		117	53	111	50:09.0	50:34.5	16:19/M
5	Jay Risser Sr.		100	56	124	55:24.3	55:57.4	18:03/M

Male 60 and over

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	* Brad Westhafer	Mechanicsburg	75	61	54	30:59.9	31:09.3	10:03/M
2	* George Henning	Hershey	139	64	61	31:35.0	31:52.7	10:17/M
3	* Alan Gelenberg		26	68	67	32:48.9	33:00.8	10:39/M
4	N. Clair Clawser		35	67	95	40:50.9	40:57.3	13:13/M